

Section 7AA True Team - 5/7/24 Results

Girls 4x800 Relay Varsity

Finals

Team	Relay Finals	Pts
1 PROCTOR	'A' 9:47.51	36
1) Kleiman, Paisley 11	2) Bettendorf, Della 11	
3) Harnell, Lizzy 11	4) Blevins, Carlie 12	
2 HIBBING	'A' 9:50.01	33
1) Hertling, Tara 11	2) Kukowski, Avery 9	
3) Farnsworth, Hannah 9	4) Anderson, Jorie 12	
3 CHISAGO LAKES	'A' 10:22.34	30
1) Hallan, Lainey 12	2) Udem, Eleanor 12	
3) Hall, Kara 7	4) Kowarsch, Lauren 10	
4 PINE CITY	'A' 10:29.16	27
1) Liao, Peyton 8	2) Unverzagt, Allison 12	
3) Brown, Rachel 11	4) Rydberg, Arissa 12	
5 NORTH BRANCH	'A' 10:35.59	24
1) Dick, Derrian 11	2) Sway, Alexis 8	
3) Whitman, Madison 12	4) Kuhlman, Ella 11	
6 ESKO	'A' 10:50.12	21
1) Pearce, Aubrey 9	2) McKibbon, Ava 9	
3) Prenier, Ceilia 11	4) Hanson, Macy 11	
7 CLOQUET	'A' 10:53.84	18
1) Battaglia, Olivia 9	2) Nelson, Victoria 12	
3) Weix, Alli 9	4) Hughes, Lauren 10	
8 MORA	'A' 11:08.45	15
1) Fix, Amber 11	2) Halverson, Ada 10	
3) DeGracia, Annika 12	4) Anderson, Alice 10	
9 ROCK RIDGE	'A' 11:14.39	12
1) Johnson, Alice 7	2) Harley, Audrey 7	
3) Waldron, Makayla 11	4) Stark, Nora 10	
10 HERMANTOWN	'A' 11:35.44	9
1) Panichi, Morgan 9	2) LaLone, Ferrah 9	
3) DeVlieger, Alee 9	4) Wiese, Brooke 10	
11 DULUTH DENFELD	'A' 11:57.82	6
1) Robinson, Kyra 12	2) Beldo, Milla 12	
3) Anderson, Natylee 10	4) Larsen, Autumn 10	
12 GRAND RAPIDS	'A' 11:58.80	3
1) Reilly, Tess 9	2) Jackson, Lainie 9	
3) Basarich, Andrea 9	4) Metelak, Cora 7	

Boys 4x800 Relay Varsity

Finals

Team	Relay Finals	Pts
1 PINE CITY	'A' 8:34.74	36
1) Peetz, Braxton 11	2) Clementson, Weston 10	
3) Ausmus, Charlie 11	4) Fromm, Eli 11	
2 PROCTOR	'A' 8:52.77	33
1) Dobosenski, Ian 11	2) Ruth, Alex 12	
3) Wozniak, Elijah 12	4) Lenz, Santiago 12	
3 CLOQUET	'A' 8:54.17	30
1) Rothamel, Evan 9	2) Korby, Aiden 9	
3) Kazmierczak, Tim 9	4) Snesrud, Calvin 12	
4 ROCK RIDGE	'A' 9:04.43	27
1) Pellini, Luca 11	2) Amundson, Kaden 10	
3) Wudinich, Tyler 10	4) Peterson, Tristan 12	
5 MORA	'A' 9:06.47	24
1) Jacobson, Jonah 12	2) Axtell, Chase 10	
3) Smart, Dawson 10	4) Williams, Alex 12	
6 DULUTH DENFELD	'A' 9:09.29	21
1) Foldersi, William 12	2) Rock, Josh 11	
3) Oestereich, Bridger 10	4) Rosholt, Luke 12	
7 HIBBING	'A' 9:16.91	18
1) Walli, Jake 10	2) Murden, Taite 12	
3) Stevens, Oliver 12	4) Aune, Ethan 12	
8 CHISAGO LAKES	'A' 9:28.18	15
1) Jakoblich, Timothy 11	2) Payer, Noah 11	
3) Battles, Lincoln 10	4) Larsen, Remy 9	
9 HERMANTOWN	'A' 9:46.53	12
1) Blomquist, Noah 12	2) Breitreutz, Tyler 11	
3) Wilcox, Jordan 9	4) Warner, Zach 11	
10 NORTH BRANCH	'A' 9:49.16	9
1) Damiani, Nathanael 10	2) Damiani, Joseph 10	
3) Stelmack, William 8	4) Holmberg, Ethan 10	
11 ESKO	'A' 9:56.42	6
1) McKibbon, Braydon 11	2) Perich, Makoi 12	
3) Owens, Jacion 11	4) Randa, Jacob 12	
12 GRAND RAPIDS	'A' 10:12.90	3
1) Adler, Mason 11	2) Frost, Joel 10	
3) Van Drunen, caleb 9	4) Fairchild, Kale 10	

Girls 100m Hurdles Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Andreotti, Shaeyna	12	NORTH BRANCH	16.48	24
2	Nelson, Ellee	11	GRAND RAPIDS	17.00	23
3	Lilly, Gwendolyn	12	ESKO	17.02	22
4	Walker, Ella	12	PROCTOR	17.10	21
5	Lynch, Makenzie	9	CLOQUET	17.19	20
6	Bringgold, Ava	11	CHISAGO LAKES	17.50	19
7	Rantala, Maija	12	ROCK RIDGE	17.78	18
8	Polipnick, Brianna	12	NORTH BRANCH	17.93	17
9	Toivonen, Riley	12	GRAND RAPIDS	18.51	16
10	Hubbard, Lily	12	CHISAGO LAKES	18.72	15
11	Houglum, Nora	12	MORA	18.96	14
12	Friess, Nora	12	PROCTOR	18.99	13
13	Root, Teresa	10	PINE CITY	19.13	12
14	Shay, Addison	8	HIBBING	19.20	11
15	Tilberg, Hanna	9	MORA	19.42	10
16	Blaiser, Addison	10	PINE CITY	20.04	9
17	Bergman, Savanna	10	ROCK RIDGE	20.19	8
18	McIlvain, Grace	11	ESKO	20.50	7
19	Chandler, Alexis	10	HERMANTOWN	20.92	6
20	Robinson, Kyra	12	DULUTH DENFELD	21.39	5
21	Smith, Makena	11	CLOQUET	22.28	4
22	Scott, Eliza	9	HERMANTOWN	22.74	3
--	Ortiz, Hanley	8	HIBBING	FS	

Girls 100 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Eset, Dakota	11	NORTH BRANCH	13.04	24
2	Thorsen, Sophia	9	NORTH BRANCH	13.06	23
3	Moore, Zeija	7	DULUTH DENFELD	13.08	22
4	McConnell, Kaitlyn	11	ESKO	13.15	21
5	Barrett, Addyson	12	CHISAGO LAKES	13.48	20
6	Folksted, Sophie	10	PROCTOR	13.49	19
7	Roubinek, Lena	12	PINE CITY	13.51	18
8	Babich, Brynn	10	HIBBING	13.52	17
9	Avey, Isabella	10	CLOQUET	13.70	16
10	Smith, Bene'	11	CHISAGO LAKES	13.71	15
11	Eskeli, Hattie	9	HIBBING	13.81	14
12	Pueringer, Lexie	10	DULUTH DENFELD	13.83	13
13	Alzen, Alexxa	10	GRAND RAPIDS	13.96	12
14	Ennis, Parker	12	MORA	13.97	11
15	Will, Kaley	12	CLOQUET	14.18	10
16	Smith, Lily	11	PROCTOR	14.21	9
17	Clifford, Liberty	11	ESKO	14.25	8
18	Hollon, Kylie	7	PINE CITY	14.42	7
19	Wright, Gabby	11	MORA	14.43	6
20	Johnson, Miia	9	ROCK RIDGE	14.49	5
21	Kragthorpe, Ellie	9	GRAND RAPIDS	14.53	4
22	Maturi, Kayden	12	ROCK RIDGE	14.57	3
23	Oaks, Libby	9	HERMANTOWN	14.92	2
24	McDonald, Erica	12	HERMANTOWN	15.36	1

Boys 110m Hurdles Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Evers, Cody	12	PROCTOR	15.42	24
2	Christensen, Herschel	11	GRAND RAPIDS	15.86	23
3	Hecimovich, Luke	12	ROCK RIDGE	15.89	22
4	Rothe, Brody	11	NORTH BRANCH	16.31	21
5	Paulsen, Benjamin	12	CHISAGO LAKES	16.33	20
6	Pease, Cameron	12	PROCTOR	16.64	19
7	Wunner, Zach	10	HERMANTOWN	17.31	18
8	McMullen, Aaron	9	GRAND RAPIDS	17.35	17
9	Schmitz, Ben	9	ESKO	17.42	16
10	Lees, Azariah	11	CHISAGO LAKES	17.90	15
11	Elfundi, Adili	12	DULUTH DENFELD	18.18	14
12	Gatzke, Ray	12	PINE CITY	18.37	13
13	Lelm, Blake	12	NORTH BRANCH	18.49	12
14	Kruse, Michael	11	CLOQUET	18.50	11
15	Neari, Jake	11	ROCK RIDGE	18.86	10
16	Graddy, Jack	11	ESKO	19.68	9
17	Nelson, Adin	10	HIBBING	19.86	8
18	Nelson, Aiden	10	CLOQUET	20.00	7
19	Proulx, Antonin	10	HERMANTOWN	20.11	6
20	Plasman, Lucas	11	MORA	20.38	5
21	Grover, Timothy	10	DULUTH DENFELD	20.57	4
22	Noreen, James	10	PINE CITY	20.88	3
23	Kolecki, Michael	8	MORA	21.81	2
24	Marchetti, Joseph	10	HIBBING	22.28	1

Boys 100 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Wilson, Andrew	12	ROCK RIDGE	11.49	24
2	Johnson, Leo	11	ROCK RIDGE	11.58	23
3	Eskeli, Finn	11	HIBBING	11.81	22
4	Manns, Taye	11	DULUTH DENFELD	11.96	21
5	Peterson, Corban	10	HERMANTOWN	11.97	20
6	Tadiwanaishe, Taguta	11	GRAND RAPIDS	11.99	19
7	Nooyen, Derek	9	ESKO	12.04	18 (12.033)
8	Pogorelc, Thomas	12	GRAND RAPIDS	12.04	17 (12.039)
9	Stewart, Jace	12	ESKO	12.08	16
10	Hansen, Noah	11	CLOQUET	12.16	15
11	Aultman, Elijah	12	CLOQUET	12.20	14
12	Bailey, Ieuan	10	CHISAGO LAKES	12.29	13
13	Brockmueller, Lars	11	MORA	12.35	12
14	Grochowski, Drew	12	PROCTOR	12.36	11
15	Gherardi, Gino	9	HIBBING	12.38	10
16	Johnson, Grant	10	HERMANTOWN	12.41	9
17	Sway, Zachary	11	NORTH BRANCH	12.52	8
18	Busam, Anthony	10	PROCTOR	12.76	7
19	Doughty, Levi	9	MORA	12.77	6
20	Vruno, Christopher	9	CHISAGO LAKES	12.86	5
21	Beaver, Brody	12	NORTH BRANCH	12.87	4
22	Milliman, Daniel	11	PINE CITY	13.17	3
23	Johnson, Samuel	10	PINE CITY	13.21	2
--	Thomas, Keelijah	9	DULUTH DENFELD	FS	

Girls 4x200 Relay Varsity Finals

Team	Relay Finals	Pts
1 CHISAGO LAKES	'A' 1:50.69	36
1) Warren, Kendra 11	2) Stipe, Chelsea 9	
3) Griffin, Addison 9	4) Smith, Bene' 11	
2 PINE CITY	'A' 1:50.76	33
1) Roubinek, Lena 12	2) Lahti, Vivian 10	
3) Clepper, Mallory 10	4) Thieman, Summer 12	
3 ROCK RIDGE	'A' 1:51.84	30
1) Maturi, Kayden 12	2) Youngren, Addison 11	
3) Fink, Allison 11	4) Fultz, Lizzy 10	
4 PROCTOR	'A' 1:52.20	27
1) Lind, Chloe 12	2) Walker, Ella 12	
3) Folksted, Sophie 10	4) Hansen, Gianna 10	
5 CLOQUET	'A' 1:52.29	24
1) Senich, Rylee 11	2) Avey, Isabella 10	
3) Will, Kaley 12	4) Wick, Kennedy 11	
6 NORTH BRANCH	'A' 1:52.67	21
1) Smith, Avery 11	2) Kopp, Kailie 10	
3) Dick, Ella 10	4) Benedict, Sophia 11	
7 MORA	'A' 1:53.83	18
1) Schwinghamer, Lola 12	2) Wright, Gabby 11	
3) Anderson, Tayah 12	4) Ennis, Parker 12	
8 HERMANTOWN	'A' 1:54.03	15
1) Amundson, Campbell 11	2) Nicksich, Claire 10	
3) Nelson, Annika 11	4) Enemuoh, Adaeze 11	
9 ESKO	'A' 1:54.45	12
1) Lilly, Gwendolyn 12	2) Clifford, Liberty 11	
3) Kuklinski, Reese 11	4) Hanson, Whitney 10	
10 HIBBING	'A' 1:55.67	9
1) Moellering, Rylee 8	2) Mount, Haley 9	
3) Theien, Abigail 11	4) Petroske, Andrea 11	
11 DULUTH DENFELD	'A' 1:56.52	6
1) Nonnemacher, Grace 12	2) Pueringer, Lexie 10	
3) Miletich, Julia 11	4) Sershon, Jordyn 10	
12 GRAND RAPIDS	'A' 2:02.43	3
1) Morgan, Jada 11	2) Glass, Milan 10	
3) Opira, Keyanna 11	4) Toivonen, Riley 12	

Boys 4x200 Relay Varsity Finals

Team	Relay Finals	Pts
1 ESKO	'A' 1:32.97	36
1) Hipp, Spencer 12	2) Spindler, Dalton 12	
3) Perich, Makoi 12	4) Sturm, Ryan 12	
2 PROCTOR	'A' 1:33.87	33
1) Tabbert, Gavin 12	2) McPhee, Zak 12	
3) Evers, Cody 12	4) Pease, Cameron 12	
3 GRAND RAPIDS	'A' 1:34.31	30
1) Nichols, Michel 8	2) Johnson, Colton 12	
3) Tadiwanaishe, Taguta 11	4) Pogorelc, Thomas 12	
4 ROCK RIDGE	'A' 1:36.48	27
1) Wilson, Andrew 12	2) Johnson, Leo 11	
3) Cope-Robinson, Nolin 10	4) Williams, Max 12	
5 CLOQUET	'A' 1:36.67	24
1) Prosen, Emmet 12	2) Novy, James 10	
3) Johanson, Nashton 10	4) Heehn, Eli 9	
6 DULUTH DENFELD	'A' 1:37.15	21
1) Manns, Taye 11	2) Bergner, Deon 10	
3) Pearson, Luke 12	4) Thomas, Keelajah 9	
7 MORA	'A' 1:37.97	18
1) Schwarzbauer, Cole 11	2) Houglum, Jude 8	
3) Doughty, Levi 9	4) Brockmueller, Lars 11	
8 PINE CITY	'A' 1:38.91	15
1) McDaniel, Sawyer 11	2) Bergeron, Anthony 11	
3) Gatzke, Rudy 11	4) Gatzke, Ray 12	
9 HIBBING	'A' 1:39.08	12
1) Gherardi, Gino 9	2) McDonald, Mason 10	
3) Massich, Christian 12	4) Langner, Elias 11	
10 NORTH BRANCH	'A' 1:39.32	9
1) Anderson, Austin 12	2) Bahr, Nolan 9	
3) Beaver, Brody 12	4) Dragicevich, Michael 12	
11 CHISAGO LAKES	'A' 1:40.39	6
1) Bonds, Caiden 10	2) Froberg, Joseph 11	
3) Peterson, Henry 12	4) Phipps, Ryley 11	
12 HERMANTOWN	'A' 1:42.31	3
1) Dobinson, Sam 12	2) Kirchner, Devin 12	
3) Blomquist, Noah 12	4) Wise, Noah 10	

Girls 1600 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Sullivan, Mileena	12	HIBBING	5:12.65	24
2 Hall, Annika	8	CHISAGO LAKES	5:15.59	23
3 Osmundson, Kaia	11	CHISAGO LAKES	5:19.53	22
4 Strukel, Jocelyn	12	HIBBING	5:26.75	21
5 Johnson, Eva	12	PINE CITY	5:39.06	20
6 Ruuska, Naiya	7	ESKO	5:39.73	19
7 Bettendorf, Della	11	PROCTOR	5:39.76	18
8 Witkowski, Ava	8	NORTH BRANCH	5:56.35	17
9 Stelmack, Lilly	7	NORTH BRANCH	5:57.50	16
10 Winbigler, Elsa	9	CLOQUET	5:58.92	15
11 Hermanson, Emma	12	PINE CITY	6:03.78	14
12 Jackson, Lainie	9	GRAND RAPIDS	6:12.30	13
13 Pearce, Aubrey	9	ESKO	6:17.19	12
14 Halverson, Ada	10	MORA	6:23.93	11
15 Johnson, Alice	7	ROCK RIDGE	6:24.40	10
16 Friess, Nessa	10	PROCTOR	6:24.89	9
17 Nelson, Victoria	12	CLOQUET	6:53.31	8
18 Larsen, Autumn	10	DULUTH DENFELD	6:54.59	7
19 Vega, Kailey	9	DULUTH DENFELD	6:55.52	6
20 Reilly, Tess	9	GRAND RAPIDS	7:00.46	5
21 Oaks, Libby	9	HERMANTOWN	7:12.50	4
22 Niskanen, Clara	10	MORA	7:52.08	3
23 Gunderson, Megan	11	HERMANTOWN	8:18.43	2

Boys 1600 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Kendall, Jackson	11	ROCK RIDGE	4:32.58	24
2	Killeen, Biruk	11	CHISAGO LAKES	4:34.96	23
3	Sylvester, Brenden	10	GRAND RAPIDS	4:36.63	22
4	Fromm, Eli	11	PINE CITY	4:46.60	21
5	Stumm, Jordan	11	NORTH BRANCH	4:46.83	20
6	Janezich, Brady	9	HIBBING	4:47.02	19
7	Aune, Casey	12	ROCK RIDGE	4:49.95	18
8	Witkowski, Andrew	10	NORTH BRANCH	4:54.14	17
9	Lucarelli, Cooper	9	HERMANTOWN	4:55.77	16
10	Rothamel, Evan	9	CLOQUET	4:56.92	15
11	Bottoms, Jack	9	HIBBING	4:58.45	14
12	Axtell, Chase	10	MORA	5:00.18	13
13	Ausmus, Charlie	11	PINE CITY	5:00.42	12
14	Berube, Ian	11	CLOQUET	5:04.08	11
15	Barton, Sam	12	GRAND RAPIDS	5:04.97	10
16	Osmundson, Kaden	10	CHISAGO LAKES	5:05.02	9
17	Wozniak, Elijah	12	PROCTOR	5:06.62	8
18	Olson, Aksel	10	MORA	5:22.10	7
19	Johnson, Alex	12	PROCTOR	5:24.80	6
20	Breitkreutz, Tyler	11	HERMANTOWN	5:32.44	5
21	Zigich, Elliot	8	ESKO	5:33.37	4
22	Oestereich, Bridger	10	DULUTH DENFELD	5:39.61	3
23	Kalwite, Bain	8	DULUTH DENFELD	5:40.15	2
24	McKibbon, Braydon	11	ESKO	5:40.36	1

Girls 4x100 Relay Varsity **Finals**

	Team	Relay Finals	Pts
1	CHISAGO LAKES	'A' 51.41	36
	1) Barrett, Addyson 12	2) Warren, Kendra 11	
	3) Griffin, Addison 9	4) Smith, Bene' 11	
2	ESKO	'A' 51.73	33
	1) Kuklinski, Reese 11	2) Hanson, Whitney 10	
	3) Lilly, Gwendolyn 12	4) McConnell, Kaitlyn 11	
3	NORTH BRANCH	'A' 52.94	30
	1) Smith, Avery 11	2) Kopp, Kailie 10	
	3) Dick, Ella 10	4) Benedict, Sophia 11	
4	CLOQUET	'A' 53.38	27
	1) Will, Kaley 12	2) Avey, Isabella 10	
	3) Senich, Rylee 11	4) Wick, Kennedy 11	
5	PROCTOR	'A' 53.61	24
	1) Smith, Lily 11	2) Walker, Peyton 9	
	3) Hieb, Addison 11	4) Johnson, Lauren 12	
6	HIBBING	'A' 53.75	21
	1) Moellering, Rylee 8	2) Mount, Haley 9	
	3) Petroske, Andrea 11	4) Eskeli, Hattie 9	
7	PINE CITY	'A' 53.80	18
	1) Hollon, Kylie 7	2) Larson, Gracie 10	
	3) Thieman, Katey 9	4) Roubinek, Lena 12	
8	DULUTH DENFELD	'A' 54.72	15
	1) Nonnemacher, Grace 12	2) Roufs, Claire 10	
	3) Bell, Uriah 10	4) Pueringer, Lexie 10	
9	ROCK RIDGE	'A' 55.05	12
	1) Hilde, Lennon 10	2) Roark, Sophie 10	
	3) Gelo, Lahna 9	4) Paulsen, Nina 9	
10	GRAND RAPIDS	'A' 56.18	9
	1) Morgan, Jada 11	2) Kragthorpe, Ellie 9	
	3) Opira, Keyanna 11	4) Alzen, Alexia 10	
11	HERMANTOWN	'A' 56.36	6
	1) Chandler, Alexis 10	2) Rapp, Nataleh 12	
	3) Madill, Lauren 12	4) Nelson, Annika 11	
12	MORA	'A' 58.26	3
	1) Heggernes, Adeline 8	2) Vrolijk, Veerle 12	
	3) Weixelmann, Sophie 10	4) Olson, Jane 9	

Boys 4x100 Relay Varsity Finals

Team	Relay Finals	Pts
1 ESKO	'A' 44.65	36
1) Sturm, Ryan 12	2) Spindler, Dalton 12	
3) Stewart, Jace 12	4) Owens, Jacion 11	
2 HERMANTOWN	'A' 45.66	33
1) Homstad, Tanner 10	2) Burg, Landon 10	
3) Johnson, Grant 10	4) Peterson, Corban 10	
3 DULUTH DENFELD	'A' 45.72	30
1) Manns, Taya 11	2) Thomas, Keeljah 9	
3) Pearson, Luke 12	4) Brooks, Mace 12	
4 ROCK RIDGE	'A' 45.91	27
1) Williams, Sawyer 11	2) Johnson, Leo 11	
3) Neari, Jake 11	4) Cope-Robinson, Nolin 10	
5 CLOQUET	'A' 46.55	24
1) Aultman, Elijah 12	2) Nelson, Aiden 10	
3) Johanson, Nashton 10	4) Hansen, Noah 11	
6 PROCTOR	'A' 46.62	21
1) Busam, Anthony 10	2) Avey, Terrence 10	
3) Coleman, Bruce 12	4) Grochowski, Drew 12	
7 GRAND RAPIDS	'A' 46.81	18
1) Nichols, Michel 8	2) Tadiwanaishe, Taguta 11	
3) Abbott, Andy 10	4) Sulzbach, Jayden 10	
8 NORTH BRANCH	'A' 46.92	15
1) Beaver, Brody 12	2) Dragicevich, Michael 12	
3) Sway, Zachary 11	4) Weber, Carson 12	
9 CHISAGO LAKES	'A' 47.92	12
1) Bailey, Ieuan 10	2) Pearson, Alan 12	
3) Froberg, Joseph 11	4) Bonds, Caiden 10	
10 MORA	'A' 48.46	9
1) Doughty, Levi 9	2) Nazarov, Daler 11	
3) Schroeder, Archer 11	4) Houglum, Jude 8	
11 HIBBING	'A' 48.82	6
1) Figueroa, Nehemiah 10	2) Hendrickson, Isaac 10	
3) Fosso, Tyler 12	4) Massich, Christian 12	
12 PINE CITY	'A' 49.38	3
1) Johnson, Samuel 10	2) Milliman, Daniel 11	
3) Johnsen, Tucker 10	4) Lord, Daimien 11	

Girls 400 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Thorsen, Sophia	9	NORTH BRANCH	59.73	24
2 Babich, Brynn	10	HIBBING	1:00.63	23
3 Esget, Dakota	11	NORTH BRANCH	1:01.45	22
4 Shepherd, Alexa	12	CLOQUET	1:02.44	21
5 Amundson, Campbell	11	HERMANTOWN	1:03.18	20
6 Loeb, Erin Soup	12	CLOQUET	1:03.19	19
7 Hansen, Gianna	10	PROCTOR	1:04.03	18
8 Undem, Eleanor	12	CHISAGO LAKES	1:05.10	17
9 Evans, Paige	11	PROCTOR	1:05.20	16
10 Figueroa, Gianna	11	HIBBING	1:05.41	15
11 Olson, Kaitlyn	11	GRAND RAPIDS	1:05.47	14
12 Kowarsch, Lauren	10	CHISAGO LAKES	1:06.15	13
13 Straub, Eilee	9	ESKO	1:06.42	12 (1:06.411)
14 Lahti, Vivian	10	PINE CITY	1:06.42	11 (1:06.415)
15 Anderson, Tayah	12	MORA	1:06.52	10
16 Liao, Peyton	8	PINE CITY	1:07.65	9
17 Fossun, Ahnika	10	DULUTH DENFELD	1:08.61	8
18 Haugen, Ana	10	DULUTH DENFELD	1:09.99	7
19 Stark, Mia	12	ROCK RIDGE	1:10.39	6
20 Wilcox, Jacinda	10	ROCK RIDGE	1:11.67	5
21 Harker, Katie	10	GRAND RAPIDS	1:12.08	4
22 Chandler, Alexis	10	HERMANTOWN	1:12.19	3
23 Yoder, Chloe	9	MORA	1:12.30	2
24 Koski, Britta	10	ESKO	1:12.38	1

Boys 400 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Strand, Simon	12	CHISAGO LAKES	52.32	24
2 Prosen, Emmet	12	CLOQUET	52.33	23
3 Hipp, Spencer	12	ESKO	52.95	22
4 Shepherd, Andrew	10	CLOQUET	53.02	21
5 Eskeli, Finn	11	HIBBING	53.18	20
6 Wilson, Andrew	12	ROCK RIDGE	53.50	19
7 Burg, Landon	10	HERMANTOWN	54.16	18
8 Strukel, Matt	9	HERMANTOWN	54.61	17
9 Foldesi, William	12	DULUTH DENFELD	54.68	16
10 McDaniel, Sawyer	11	PINE CITY	54.86	15
11 Gatzke, Rudy	11	PINE CITY	54.98	14
12 Pellini, Luca	11	ROCK RIDGE	55.15	13
13 Randa, Jacob	12	ESKO	55.54	12
14 Jacobson, Jonah	12	MORA	55.81	11
15 Grossmann, Anton	11	DULUTH DENFELD	56.06	10
16 Anderson, Austin	12	NORTH BRANCH	56.44	9
17 Langner, Elias	11	HIBBING	56.73	8
18 Cumow, Larson	11	GRAND RAPIDS	56.78	7
19 Fenton, Matthew	11	NORTH BRANCH	57.82	6
20 Phipps, Ryley	11	CHISAGO LAKES	57.97	5
21 Anderson, Ted	12	MORA	58.46	4
22 Kopacek, John	10	GRAND RAPIDS	58.77	3
23 Bamstorf, Thomas	12	PROCTOR	59.01	2
24 Ward, Kyle	12	PROCTOR	59.66	1

Girls 300m Hurdles Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Lynch, Makenzie	9	CLOQUET	46.98	24
2 Andreotti, Shaeyna	12	NORTH BRANCH	48.15	23
3 Bringgold, Ava	11	CHISAGO LAKES	48.26	22
4 Rydberg, Anissa	12	PINE CITY	49.19	21
5 Nelson, Elee	11	GRAND RAPIDS	51.39	20
6 Polipnick, Brianna	12	NORTH BRANCH	52.23	19
7 Pease, Ellie	9	PROCTOR	52.80	18
8 Anderson, Amelia	9	CHISAGO LAKES	53.67	17
9 Suominen, Kira	8	CLOQUET	53.79	16
10 Novak, Shelbie	10	ROCK RIDGE	54.44	15
11 Tilberg, Hanna	9	MORA	54.79	14
12 Shovein, Brecklyn	9	ESKO	54.81	13
13 Rantala, Maija	12	ROCK RIDGE	54.98	12 (54.980)
14 Farnsworth, Hannah	9	HIBBING	55.34	11
15 Kastenbauer, Elia	10	MORA	55.73	10
16 Shay, Addison	8	HIBBING	56.35	9
17 Robinson, Kyra	12	DULUTH DENFELD	56.58	8
18 Wiese, Brooke	10	HERMANTOWN	56.72	7
19 Trigas, Raya	9	PROCTOR	56.92	6
20 Blaiser, Addison	10	PINE CITY	56.98	5
21 Hoard, Aubrie	10	GRAND RAPIDS	58.30	4
22 Miletich, Ada	10	DULUTH DENFELD	58.77	3
23 Stevens, Samantha	11	HERMANTOWN	1:02.47	2 (54.971)
24 Mcllvain, Grace	11	ESKO	1:02.75	1

Boys 300m Hurdles Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Pease, Cameron	12	PROCTOR	39.59	24
2	Rothe, Brody	11	NORTH BRANCH	40.97	23
3	Paulsen, Benjamin	12	CHISAGO LAKES	41.66	22
4	Evers, Cody	12	PROCTOR	41.86	21
5	Kruse, Michael	11	CLOQUET	43.32	20
6	Gatzke, Ray	12	PINE CITY	44.37	19
7	Schmitz, Ben	9	ESKO	44.61	18
8	Hecimovich, Luke	12	ROCK RIDGE	44.64	17
9	Schwarzbauer, Cole	11	MORA	44.90	16
10	Elfundi, Adili	12	DULUTH DENFELD	45.38	15
11	Lokken, Zane	12	ROCK RIDGE	45.43	14
12	Nelson, Aiden	10	CLOQUET	45.53	13
13	McMullen, Aaron	9	GRAND RAPIDS	45.68	12
14	Graddy, Jack	11	ESKO	45.84	11
15	Reckmeyer, Adam	10	HIBBING	46.49	10
16	Bauer, Brock	11	DULUTH DENFELD	47.24	9
17	Lees, Azariah	11	CHISAGO LAKES	47.25	8
18	Wunner, Zach	10	HERMANTOWN	47.48	7
19	Lelm, Blake	12	NORTH BRANCH	47.93	6
20	Christensen, Colt	9	GRAND RAPIDS	49.10	5
21	Johnsen, Tucker	10	PINE CITY	49.31	4
22	Dennee, Owen	9	HERMANTOWN	50.16	3
23	Plasman, Lucas	11	MORA	50.87	2
24	Burkes, Kaelub	9	HIBBING	52.42	1

Boys 800 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Shepherd, Andrew	10	CLOQUET	2:02.56	24
2	Rosholt, Luke	12	DULUTH DENFELD	2:03.62	23
3	Aune, Casey	12	ROCK RIDGE	2:04.05	22
4	Sylvester, Brenden	10	GRAND RAPIDS	2:04.69	21
5	Killeen, Biruk	11	CHISAGO LAKES	2:05.24	20
6	Snesrud, Calvin	12	CLOQUET	2:05.39	19
7	Peetz, Braxton	11	PINE CITY	2:08.16	18
8	Stumm, Jordan	11	NORTH BRANCH	2:08.35	17
9	Clementson, Weston	10	PINE CITY	2:08.39	16
10	Williams, Alex	12	MORA	2:10.74	15
11	Arnhold, Lucas	11	HIBBING	2:12.35	14
12	Wudinich, Tyler	10	ROCK RIDGE	2:12.36	13
13	Lenz, Santiago	12	PROCTOR	2:14.41	12
14	Bottoms, Jack	9	HIBBING	2:15.18	11
15	Cumow, Larson	11	GRAND RAPIDS	2:16.20	10
16	Lucarelli, Cooper	9	HERMANTOWN	2:17.59	9
17	Schunk, Toby	10	PROCTOR	2:19.70	8
18	Osmundson, Kaden	10	CHISAGO LAKES	2:19.74	7
19	Stelmack, William	8	NORTH BRANCH	2:21.48	6
20	Strukel, Matt	9	HERMANTOWN	2:23.10	5
21	Ringler, Jakob	9	MORA	2:27.90	4
22	Graddy, Jack	11	ESKO	2:38.27	3
23	Buck, Gabe	12	DULUTH DENFELD	2:41.16	2
24	Nooyen, Derek	9	ESKO	2:57.60	1

Girls 800 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Hertling, Tara	11	HIBBING	2:22.72	24
2	Blevins, Carlie	12	PROCTOR	2:24.88	23
3	Osmundson, Kaia	11	CHISAGO LAKES	2:25.19	22
4	Anderson, Jorie	12	HIBBING	2:27.67	21
5	Kuhlman, Ella	11	NORTH BRANCH	2:29.04	20
6	Kleiman, Paisley	11	PROCTOR	2:30.00	19
7	Niksich, Claire	10	HERMANTOWN	2:30.35	18
8	Shepherd, Alexa	12	CLOQUET	2:31.39	17
9	Whitman, Madison	12	NORTH BRANCH	2:33.45	16
10	Stark, Nora	10	ROCK RIDGE	2:35.27	15
11	Loeb, Erin Soup	12	CLOQUET	2:36.51	14
12	Hallan, Lainey	12	CHISAGO LAKES	2:36.73	13
13	Unverzagt, Allison	12	PINE CITY	2:38.92	12
14	Sylvester, Whitney	12	GRAND RAPIDS	2:39.72	11
15	Jenkins, Kayla	11	GRAND RAPIDS	2:40.44	10
16	McKibbon, Ava	9	ESKO	2:40.50	9
17	Perreault, Peyton	11	PINE CITY	2:46.63	8
18	DeGracia, Annika	12	MORA	2:52.47	7
19	Harley, Audrey	7	ROCK RIDGE	2:56.34	6
20	Peterson, Eve	11	ESKO	2:59.14	5
21	DeVlieger, Alee	9	HERMANTOWN	3:02.59	4
22	Anderson, Natylee	10	DULUTH DENFELD	3:05.29	3

Girls 200 Meters Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Thorsen, Sophia	9	NORTH BRANCH	25.59	24
2	Esget, Dakota	11	NORTH BRANCH	26.58	23
3	Thieman, Summer	12	PINE CITY	26.74	22
4	Fultz, Lizzy	10	ROCK RIDGE	26.92	21
5	Barrett, Addyson	12	CHISAGO LAKES	27.04	20
6	Bringgold, Ava	11	CHISAGO LAKES	27.12	19
7	Babich, Brynn	10	HIBBING	27.28	18
8	Enemuoh, Adaeze	11	HERMANTOWN	27.67	17
9	Wick, Kennedy	11	CLOQUET	27.81	16
10	Fink, Allison	11	ROCK RIDGE	27.95	15 (27.942)
11	Eskeli, Hattie	9	HIBBING	27.95	14 (27.949)
12	Folksted, Sophie	10	PROCTOR	28.02	13
13	Schwinghamer, Lola	12	MORA	28.44	12
14	Alzen, Allexa	10	GRAND RAPIDS	28.47	11
15	Wright, Gabby	11	MORA	28.48	10
16	Senich, Rylee	11	CLOQUET	28.55	9
17	Roufs, Claire	10	DULUTH DENFELD	28.93	8
18	Sershon, Jordyn	10	DULUTH DENFELD	28.97	7
19	Johnson, Lauren	12	PROCTOR	29.45	6
20	Plante, Paiton	8	ESKO	29.52	5
21	Liao, Peyton	8	PINE CITY	29.76	4
22	Kuklinski, Reese	11	ESKO	30.04	3
23	Nelson, Annika	11	HERMANTOWN	30.07	2
24	Toivonen, Riley	12	GRAND RAPIDS	31.05	1

Boys 200 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1	Tabbert, Gavin	12 PROCTOR	23.03	24
2	Wilson, Andrew	12 ROCK RIDGE	23.25	23
3	Johnson, Leo	11 ROCK RIDGE	23.48	22
4	Hansen, Noah	11 CLOQUET	23.77	21
5	Pogorelc, Thomas	12 GRAND RAPIDS	23.89	20
6	Weber, Carson	12 NORTH BRANCH	24.47	19
7	Stewart, Jace	12 ESKO	24.50	18
8	Sway, Zachary	11 NORTH BRANCH	24.60	17
9	Brooks, Mace	12 DULUTH DENFELD	24.77	16
10	McDonald, Mason	10 HIBBING	24.78	15
11	Bergeron, Anthony	11 PINE CITY	24.82	14
12	Phipps, Ryley	11 CHISAGO LAKES	24.95	13
13	Gherardi, Gino	9 HIBBING	24.99	12
14	Bauer, Brock	11 DULUTH DENFELD	25.00	11
15	Brockmueller, Lars	11 MORA	25.06	10
16	Peterson, Corban	10 HERMANTOWN	25.15	9
17	Houglum, Jude	8 MORA	25.26	8
18	Aultman, Elijah	12 CLOQUET	25.31	7
19	Barnstorf, Jacob	12 PROCTOR	25.45	6
20	Underhill, Cohen	10 CHISAGO LAKES	25.46	5 (25.452)
21	Herman, Braden	12 ESKO	25.46	4 (25.458)
22	Lord, Daimien	11 PINE CITY	25.49	3
23	Abbott, Andy	10 GRAND RAPIDS	25.56	2
24	Kirchner, Devin	12 HERMANTOWN	25.68	1

Boys 3200 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1	Kendall, Jackson	11 ROCK RIDGE	10:35.23	24
2	Larsen, Remy	9 CHISAGO LAKES	10:41.51	23
3	Witkowski, Andrew	10 NORTH BRANCH	10:42.22	22
4	Janezich, Brady	9 HIBBING	10:45.14	21
5	Poenix, Zane	11 GRAND RAPIDS	10:49.20	20
6	Smart, Dawson	10 MORA	10:52.65	19
7	Johnson, Mathew	10 GRAND RAPIDS	10:54.05	18
8	Walli, Jake	10 HIBBING	10:56.29	17
9	Berube, Ian	11 CLOQUET	11:03.37	16
10	Damiani, Nathanael	10 NORTH BRANCH	11:22.04	15
11	Ovick, Ray	9 PINE CITY	11:26.51	14
12	Olson, Aksel	10 MORA	11:30.76	13
13	Gallagher, Aiden	12 PROCTOR	11:33.33	12
14	McDaniel, Noah	10 PINE CITY	11:34.24	11
15	Litterer, Alex	12 CHISAGO LAKES	11:35.61	10
16	Warner, Zach	11 HERMANTOWN	11:39.54	9
17	Kazmierczak, Tim	9 CLOQUET	11:41.55	8
18	Deluca, Noah	12 PROCTOR	11:41.91	7
19	Herbert, Silas	11 DULUTH DENFELD	11:42.65	6
20	Sabum, Jackson	12 DULUTH DENFELD	11:54.37	5
21	Zigich, Elliot	8 ESKO	12:07.49	4
22	Amundson, Kaden	10 ROCK RIDGE	12:11.79	3
23	Berglund, Caden	12 HERMANTOWN	13:06.90	2

Girls 3200 Meters Varsity Finals

Athlete	Yr	Team	Finals	Pts
1	Hall, Annika	8 CHISAGO LAKES	11:27.96	24
2	Sullivan, Mileena	12 HIBBING	11:33.58	23
3	Hamell, Lizzy	11 PROCTOR	11:35.43	22
4	Strukel, Jocelyn	12 HIBBING	11:51.20	21
5	LaLone, Ferrah	9 HERMANTOWN	12:01.13	20
6	Johnson, Eva	12 PINE CITY	12:15.64	19
7	Ruuska, Naiya	7 ESKO	12:33.43	18
8	Kowarsch, Lauren	10 CHISAGO LAKES	12:39.14	17
9	Brown, Rachel	11 PINE CITY	12:50.19	16
10	Witkowski, Ava	8 NORTH BRANCH	13:04.12	15
11	Stelmack, Lilly	7 NORTH BRANCH	13:07.65	14
12	Bettendorf, Rachel	9 PROCTOR	13:11.11	13
13	Sylvester, Whitney	12 GRAND RAPIDS	13:19.36	12
14	Winbigler, Elsa	9 CLOQUET	13:25.68	11
15	Wells, Lizzy	11 ESKO	13:34.77	10
16	Waldron, Makayla	11 ROCK RIDGE	13:39.45	9
17	Metelak, Cora	7 GRAND RAPIDS	13:55.02	8
18	Beldo, Milla	12 DULUTH DENFELD	14:07.21	7
19	Anderson, Alice	10 MORA	14:07.67	6
20	Papin, Addy	8 ROCK RIDGE	14:18.50	5
21	Panichi, Morgan	9 HERMANTOWN	15:06.99	4
22	Nelson, Adrianna	10 CLOQUET	15:25.56	3

Girls 4x400 Relay Varsity Finals

Team	Relay Finals	Pts
1 HIBBING	'A' 4:14.93	36
1) Hertling, Tara 11	2) Figueroa, Gianna 11	
3) Farnsworth, Hannah 9	4) Anderson, Jorie 12	
2 PROCTOR	'A' 4:16.13	33
1) Hansen, Gianna 10	2) Kleiman, Paisley 11	
3) Evans, Paige 11	4) Blevins, Carlie 12	
3 CLOQUET	'A' 4:16.64	30
4 NORTH BRANCH	'A' 4:16.98	27
5 PINE CITY	'A' 4:17.37	24
1) Thieman, Summer 12	2) Unverzagt, Allison 12	
3) Lahti, Vivian 10	4) Rydberg, Arissa 12	
6 CHISAGO LAKES	'A' 4:18.16	21
1) Stipe, Chelsea 9	2) Heinsch, Isabella 11	
3) Undem, Eleanor 12	4) Osmundson, Kaia 11	
7 ESKO	'A' 4:26.35	18
1) Prenier, Ceilia 11	2) McConnell, Kaitlyn 11	
3) Straub, Eilee 9	4) Hanson, Whitney 10	
8 GRAND RAPIDS	'A' 4:33.64	15
9 MORA	'A' 4:40.04	12
10 HERMANTOWN	'A' 4:41.26	9
1) Wiese, Brooke 10	2) Chapin, Kayla 9	
3) Nicksich, Claire 10	4) Amundson, Campbell 11	
11 ROCK RIDGE	'A' 4:41.44	6
1) Stark, Mia 12	2) Stark, Nora 10	
3) Johnson, Mia 9	4) Fultz, Lizzy 10	
12 DULUTH DENFELD	'A' 4:46.80	3

Boys 4x400 Relay Varsity Finals

Team	Relay Finals	Pts
1 ESKO	'A' 3:34.11	36
1) Randa, Jacob 12	2) Sturm, Ryan 12	
3) Spindler, Dalton 12	4) Hipp, Spencer 12	
2 PINE CITY	'A' 3:35.15	33
1) Gatzke, Rudy 11	2) Fromm, Eli 11	
3) Clementson, Weston 10	4) Bergeron, Anthony 11	
3 ROCK RIDGE	'A' 3:35.29	30
4 CLOQUET	'A' 3:37.01	27
1) Prosen, Emmet 12	2) Shepherd, Andrew 10	
3) Novy, James 10	4) Kruse, Michael 11	
5 DULUTH DENFELD	'A' 3:43.32	24
1) Foldesi, William 12	2) Garcia, Jude 12	
3) Grossmann, Anton 11	4) Rosholt, Luke 12	
6 NORTH BRANCH	'A' 3:44.74	21
7 HIBBING	'A' 3:46.56	18
1) McDonald, Mason 10	2) Arnold, Lucas 11	
3) Bottoms, Jack 9	4) Massich, Christian 12	
8 HERMANTOWN	'A' 3:47.12	15
9 CHISAGO LAKES	'A' 3:51.76	12
1) Osmundson, Kaden 10	2) Bonds, Caiden 10	
3) Jakoblich, Timothy 11	4) Killeen, Biruk 11	
10 MORA	'A' 3:54.92	9
11 GRAND RAPIDS	'A' 4:03.33	6
12 PROCTOR	'A' 4:04.05	3
1) Anderson, Trevor 10	2) Bachke, Gabe 11	
3) Barnstorf, Jacob 12	4) Avey, Terrence 10	

Girls Shot Put Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Carlson, Laura	11	CHISAGO LAKES	38-00.00	24
2 Kuklinski, Reese	11	ESKO	37-02.00	23
3 Roubinek, Lena	12	PINE CITY	34-01.00	22
4 Nolan, Bridget	12	MORA	33-11.00	21
5 Belrose, Gabby	12	HERMANTOWN	33-08.50	20
6 Lukenbill, Jenna	10	MORA	32-08.50	19
7 Johnson, Maya	9	ESKO	32-07.00	18
8 Tapani, Presley	11	PROCTOR	32-02.50	17
9 Eagle, Madison	8	CHISAGO LAKES	31-01.00	16
10 Lopez, Freya	10	CLOQUET	29-05.50	15
11 Roubinek, Myra	8	PINE CITY	29-04.00	14
12 Walto, Isabelle	11	HIBBING	28-08.50	13
13 Witty, Lola	10	PROCTOR	28-04.50	12
14 Maki, Brooklyn	9	NORTH BRANCH	28-02.00	11
15 Ellis, Ariana	11	HIBBING	28-00.50	10
16 Brula, Emily	12	GRAND RAPIDS	27-11.50	9
17 Demenge, Ahna	12	CLOQUET	27-10.50	8
18 Roen, Madison	10	ROCK RIDGE	27-04.00	7
19 Lord, Cora	11	HERMANTOWN	27-01.00	6
20 Minke, Jenna	9	NORTH BRANCH	26-10.00	5
21 Thomsen, Emma	12	GRAND RAPIDS	26-08.50	4
22 Vazques, Yazmin	11	ROCK RIDGE	25-10.00	3
23 Giron, Cesi	10	DULUTH DENFELD	23-05.00	2
24 Miner, Addison	10	DULUTH DENFELD	21-09.50	1

Boys Shot Put Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Shepherd, Aiden	12	HIBBING	49-00.00	24
2 Marchetti, Vincent	12	HIBBING	46-11.50	23
3 McClanahan, Devin	12	MORA	46-01.50	22
4 Sundquist, Mason	12	CLOQUET	45-07.00	21
5 Maegi, Curtis	11	MORA	44-10.50	20
6 Harker, Benjamin	12	GRAND RAPIDS	43-10.00	19
7 Cardoni, Marcello	11	CHISAGO LAKES	41-11.50	18
8 Boe, Ethan	10	ROCK RIDGE	41-08.00	17
9 McPhee, Zak	12	PROCTOR	41-07.50	16
10 Carlson, Logan	11	CHISAGO LAKES	41-05.50	15
11 Preston, Jace	12	PINE CITY	41-01.50	14
12 Gamble, Rajon	11	DULUTH DENFELD	39-10.50	13
13 Male, Braedyn	12	ESKO	39-10.50	12
14 Antonutti, Joey	12	ESKO	38-10.00	11
15 Brula, Brandon	9	GRAND RAPIDS	38-09.00	10
16 Luecken, Ian	12	ROCK RIDGE	37-11.00	9
17 Kolecki, Logan	11	PINE CITY	37-05.50	8
18 Manns, Tairell	10	DULUTH DENFELD	37-04.00	7
19 Dunaiki, Jacob	12	CLOQUET	36-09.50	6
20 Picconatto, Wyatt	12	HERMANTOWN	34-07.00	5
21 Thomsen, Everett	12	NORTH BRANCH	34-06.50	4
22 Roske, Jayden	12	NORTH BRANCH	34-04.50	3
23 Sherwood, Henry	10	HERMANTOWN	30-09.50	2
24 Monreal, Isaac	12	PROCTOR	29-09.50	1

Girls Discus Varsity Finals

Athlete	Yr	Team	Finals	Pts
1 Johnson, Maya	9	ESKO	102-10.00	24
2 Nolan, Bridget	12	MORA	94-08.00	23
3 Gunderson, Alex	12	ROCK RIDGE	89-05.00	22
4 Doughty, Lily	12	MORA	89-02.00	21
5 Thomsen, Emma	12	GRAND RAPIDS	88-03.00	20
6 Brula, Emily	12	GRAND RAPIDS	88-02.00	19
7 McKellar, Kadence	9	PINE CITY	83-00.00	18
8 Lord, Cora	11	HERMANTOWN	80-11.00	17
9 Walto, Isabelle	11	HIBBING	79-10.00	16
10 Lopez, Freya	10	CLOQUET	79-05.00	15
11 Johnson, Kyra	12	ESKO	79-02.00	14
12 Heinecke, Ilsa	12	CHISAGO LAKES	78-02.00	13
13 Minke, Jenna	9	NORTH BRANCH	77-02.00	12
14 Eagle, Madison	8	CHISAGO LAKES	76-05.00	11
15 Hedberg, Heidi	10	NORTH BRANCH	76-00.00	10
16 Rootkie, Lily	8	PINE CITY	75-00.00	9
17 Peterson, Malena	12	ROCK RIDGE	67-00.00	8
18 Tapani, Presley	11	PROCTOR	66-11.00	7
19 Tveiten, Annika	11	HERMANTOWN	66-06.00	6
20 Demenge, Ahna	12	CLOQUET	65-03.00	5
21 Giron, Cesi	10	DULUTH DENFELD	62-10.00	4
22 Gustavson, Greta	11	PROCTOR	59-06.00	3
23 Miner, Addison	10	DULUTH DENFELD	58-01.00	2
-- Ellis, Ariana	11	HIBBING	ND	

Boys Discus Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	McPhee, Zak	12	PROCTOR	155-01.00	24
2	Sundquist, Mason	12	CLOQUET	149-07.00	23
3	McClanahan, Devin	12	MORA	137-10.00	22
4	Shepherd, Aiden	12	HIBBING	135-10.00	21
5	Strand, Simon	12	CHISAGO LAKES	119-10.00	20
6	McKay, Addison	12	DULUTH DENFELD	118-08.00	19
7	Harker, Benjamin	12	GRAND RAPIDS	116-10.00	18
8	Kolecki, Logan	11	PINE CITY	114-06.00	17
9	Maegi, Curtis	11	MORA	111-06.00	16
10	Preston, Jace	12	PINE CITY	110-09.00	15
11	Frerich, Ben	10	CLOQUET	110-06.00	14
12	Carlson, Logan	11	CHISAGO LAKES	107-05.00	13
13	Hillman, Hudson	12	GRAND RAPIDS	107-04.00	12
14	Antonutti, Joey	12	ESKO	105-06.00	11
15	Marchetti, Vincent	12	HIBBING	103-10.00	10
16	Sherwood, Henry	10	HERMANTOWN	100-09.00	9
17	Luecken, Ian	12	ROCK RIDGE	98-11.00	8
18	Holmberg, Ethan	10	NORTH BRANCH	97-05.00	7
19	Picconatto, Wyatt	12	HERMANTOWN	97-05.00	6
20	Roske, Jayden	12	NORTH BRANCH	93-07.00	5
21	Ericksen, Trey	10	DULUTH DENFELD	93-03.00	4
22	Stella, Jack	11	ROCK RIDGE	92-01.00	3
23	Sunnarborg, Heath	10	ESKO	83-08.00	2
24	Scholz, Tim	9	PROCTOR	76-07.00	1

Boys High Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Schmitz, Ben	9	ESKO	5-10.00	24
2	Male, Braedyn	12	ESKO	5-10.00	23
3	Reckmeyer, Adam	10	HIBBING	5-08.00	21
3	Heehn, Eli	9	CLOQUET	5-08.00	21
3	Lelm, Blake	12	NORTH BRANCH	5-08.00	21
6	Siefert, Blake	11	CHISAGO LAKES	5-08.00	18
6	Grochowski, Drew	12	PROCTOR	5-08.00	18
6	McCallum, Willy	12	MORA	5-08.00	18
9	Homstad, Tanner	10	HERMANTOWN	5-06.00	16
10	Brockmueller, Lars	11	MORA	5-06.00	15
11	Grabow, Jacob	10	CHISAGO LAKES	5-06.00	14
12	Rock, Josh	11	DULUTH DENFELD	5-04.00	13
13	Nelson, Jacob	11	CLOQUET	5-04.00	12
14	Bolden, Evan	10	HIBBING	5-04.00	11
15	Povoledo, Pier	12	ROCK RIDGE	5-02.00	10
16	Cleveland, Trey	10	GRAND RAPIDS	5-02.00	9
17	Beaver, Brody	12	NORTH BRANCH	5-00.00	8
18	Hecimovich, Luke	12	ROCK RIDGE	5-00.00	7
19	Kirchner, Devin	12	HERMANTOWN	5-00.00	5.5
19	McDaniel, Sawyer	11	PINE CITY	5-00.00	5.5
21	Ovick, Ray	9	PINE CITY	5-00.00	3.5
21	Christensen, Colt	9	GRAND RAPIDS	5-00.00	3.5
23	Knight, Joel	9	PROCTOR	4-10.00	2

Girls High Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Bringgold, Ava	11	CHISAGO LAKES	5-00.00	24
2	Hubbard, Lily	12	CHISAGO LAKES	5-00.00	23
3	Pogolrek, Ginger	10	GRAND RAPIDS	5-00.00	22
4	Thorsen, Sophia	9	NORTH BRANCH	5-00.00	21
5	Root, Teresa	10	PINE CITY	4-10.00	19.5
5	Walker, Ella	12	PROCTOR	4-10.00	19.5
7	Benedict, Sophia	11	NORTH BRANCH	4-08.00	18
8	Johnson, Kyra	12	ESKO	4-08.00	17
9	Johnson, Olivia	11	HERMANTOWN	4-08.00	16
10	Kastenbauer, Ellia	10	MORA	4-06.00	14
10	Hermanson, Kady	9	PINE CITY	4-06.00	14
10	Roark, Sophie	10	ROCK RIDGE	4-06.00	14
13	Novak, Shelbie	10	ROCK RIDGE	4-06.00	11.5
13	Manninen, KelliJoy	11	PROCTOR	4-06.00	11.5
15	Eskeli, Hattie	9	HIBBING	4-06.00	10
16	Manning, Gianna	9	HIBBING	4-06.00	9
17	Senich, Rylee	11	CLOQUET	4-04.00	8
18	Suominen, Kira	8	CLOQUET	4-04.00	7
19	Kalkbrenner, Rylee	10	HERMANTOWN	4-04.00	6
20	Fratzke, Alyza	9	MORA	4-04.00	5
21	Clifford, Liberty	11	ESKO	4-02.00	4
22	Toivonen, Riley	12	GRAND RAPIDS	4-00.00	3

Girls Pole Vault Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Dick, Ella	10	NORTH BRANCH	10-06.00	24
2	Giese, Brooke	10	NORTH BRANCH	9-06.00	23
3	Smith, Bene'	11	CHISAGO LAKES	9-06.00	22
4	Larson, Catharine	11	CHISAGO LAKES	8-06.00	21
5	Larson, Gracie	10	PINE CITY	8-00.00	19
5	Thieman, Katey	9	PINE CITY	8-00.00	19
5	Langner, Alizah	11	HIBBING	8-00.00	19
8	Miletich, Julia	11	DULUTH DENFELD	7-06.00	17
9	Roark, Sophie	10	ROCK RIDGE	7-00.00	16
10	Harker, Katie	10	GRAND RAPIDS	7-00.00	15
11	Lindgren, Aleah	11	ESKO	6-06.00	14
12	Zika, Isabella	10	HIBBING	6-06.00	12.5
12	Basarich, Andrea	9	GRAND RAPIDS	6-06.00	12.5
14	Paulsen, Nina	9	ROCK RIDGE	6-00.00	11
15	Weix, Alli	9	CLOQUET	6-00.00	10
--	Kaecks, Finja	11	MORA	NH	
--	Tipple, Kaylee	11	ESKO	NH	
--	Oslin, Ella	10	MORA	NH	
--	Seafolk, Emmi	9	CLOQUET	NH	
--	Keller, Kylie	11	DULUTH DENFELD	NH	

Boys Pole Vault Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Guth, Trent	11	CHISAGO LAKES	13-00.00	24
2	Valento, Austin	11	HIBBING	12-09.00	23
3	Bear, Nathaniel	11	CHISAGO LAKES	12-00.00	22
4	Lord, Daimien	11	PINE CITY	11-00.00	21
5	Stenson, Wylie	10	HIBBING	11-00.00	20
6	Hipp, Spencer	12	ESKO	10-06.00	19
7	Rothe, Brody	11	NORTH BRANCH	9-06.00	18
8	Comer, Alexander	12	CLOQUET	9-06.00	16.5
8	Garcia, Jude	12	DULUTH DENFELD	9-06.00	16.5
10	Root, Noah	12	PINE CITY	8-06.00	15
11	Olson, Aksel	10	MORA	8-06.00	14
12	Williams, Sawyer	11	ROCK RIDGE	8-06.00	13
13	Zigich, Gavin	11	DULUTH DENFELD	8-00.00	12
14	Nichols, Michel	8	GRAND RAPIDS	7-06.00	10
14	Abbott, Andy	10	GRAND RAPIDS	7-06.00	10
14	Schafer, Beau	8	MORA	7-06.00	10
17	Russ-Selorio, Icen	9	CLOQUET	6-06.00	8
18	Stella, Jack	11	ROCK RIDGE	6-06.00	7
--	Stelmack, William	8	NORTH BRANCH	NH	

Girls Long Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Barrett, Addyson	12	CHISAGO LAKES	16-00.50	24
2	McConnell, Kaitlyn	11	ESKO	15-06.75	23
3	Fink, Allison	11	ROCK RIDGE	15-03.00	22
4	Whitman, Madison	12	NORTH BRANCH	15-01.50	21
5	Ennis, Parker	12	MORA	14-09.00	20
6	Nonnemacher, Grace	12	DULUTH DENFELD	14-09.00	19
7	Griffin, Addison	9	CHISAGO LAKES	14-07.00	18
8	Moellering, Rylee	8	HIBBING	14-06.75	17
9	Thieman, Katey	9	PINE CITY	14-04.25	16
10	Wilcox, Jacinda	10	ROCK RIDGE	14-03.50	15
11	Rydborg, Lexie	8	PINE CITY	14-02.50	14
12	Clifford, Liberty	11	ESKO	14-01.50	13
13	Dick, Derrian	11	NORTH BRANCH	14-01.00	12
14	Martineau, Ava	9	CLOQUET	14-00.25	11
15	Hoard, Aubrie	10	GRAND RAPIDS	13-11.75	10
16	Olson, Kaitlyn	11	GRAND RAPIDS	13-11.25	9
17	Wiese, Brooke	10	HERMANTOWN	13-09.50	8
18	Wick, Kennedy	11	CLOQUET	13-09.50	7
19	Talarico, Lillian	9	PROCTOR	13-07.00	6
20	Kalkbrenner, Rylee	10	HERMANTOWN	13-05.75	5
21	Olson, Jane	9	MORA	13-04.00	4
22	Williams, Amaria	12	DULUTH DENFELD	12-00.00	3
23	Mount, Haley	9	HIBBING	11-10.00	2
24	Lind, Chloe	12	PROCTOR	11-06.00	1

Girls Triple Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Ennis, Parker	12	MORA	33-00.50	24
2	Fink, Allison	11	ROCK RIDGE	33-00.00	23
3	Thieman, Katey	9	PINE CITY	32-00.00	22
4	Hanson, Whitney	10	ESKO	31-11.50	21
5	Maturi, Kayden	12	ROCK RIDGE	31-09.00	20
6	Appleby, Eden	11	CHISAGO LAKES	31-03.50	19
7	Warren, Kendra	11	CHISAGO LAKES	31-02.00	18
8	Hansen, Gianna	10	PROCTOR	31-02.00	17
9	Hertling, Tara	11	HIBBING	31-02.00	16
10	Liao, Peyton	8	PINE CITY	30-09.00	15
11	Avey, Isabella	10	CLOQUET	30-07.00	14
12	Dick, Ella	10	NORTH BRANCH	29-09.00	13
13	Kopp, Kailie	10	NORTH BRANCH	29-07.00	12
14	Talarico, Lillian	9	PROCTOR	28-09.00	11
15	Jenkins, Kayla	11	GRAND RAPIDS	28-07.00	10
16	Cooley, Brooklyn	8	HIBBING	28-05.50	9
17	Kalkbrenner, Rylee	10	HERMANTOWN	28-00.00	8
18	Houser, Chiara	11	ESKO	27-10.50	7
19	Anderson, Alice	10	MORA	27-08.00	6
20	Bruha, Hannah	11	GRAND RAPIDS	26-10.00	5
21	Suominen, Kira	8	CLOQUET	26-08.00	4
22	Bergerson, Anna	8	HERMANTOWN	25-07.00	3
--	Beldo, Milla	12	DULUTH DENFELD	ND	

Boys Long Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Perich, Makoi	12	ESKO	20-11.50	24
2	Spindler, Dalton	12	ESKO	20-02.00	23
3	Tadiwanaishe, Taguta	11	GRAND RAPIDS	19-04.50	22
4	Bergeron, Anthony	11	PINE CITY	19-00.25	21
5	Valento, Austin	11	HIBBING	18-11.00	20
6	Dobinson, Sam	12	HERMANTOWN	18-08.75	19
7	Homstad, Tanner	10	HERMANTOWN	18-07.50	18
8	Pearson, Luke	12	DULUTH DENFELD	18-03.50	17
9	Aultman, Elijah	12	CLOQUET	18-02.25	16
10	Sway, Zachary	11	NORTH BRANCH	18-00.50	15
11	Johnsen, Tucker	10	PINE CITY	17-07.25	14
12	Onuoha, Cedric	8	DULUTH DENFELD	17-06.25	13
13	Povoledo, Pier	12	ROCK RIDGE	17-03.25	12
14	Taff, Brady	10	NORTH BRANCH	17-03.00	11
15	Busam, Anthony	10	PROCTOR	17-02.00	10
16	Bailey, Joe	12	CLOQUET	17-01.50	9
17	Pearson, Alan	12	CHISAGO LAKES	17-01.00	8
18	Doughty, Levi	9	MORA	16-08.75	7
19	Vruno, Christopher	9	CHISAGO LAKES	16-04.50	6
20	Ringhofer, Reese	10	HIBBING	16-03.75	5
21	Williams, Sawyer	11	ROCK RIDGE	16-03.75	4
22	Houglum, Jude	8	MORA	16-02.00	3
23	Ruth, Alex	12	PROCTOR	15-03.00	2
--	Johnson, Colton	12	GRAND RAPIDS	ND	

Boys Triple Jump Varsity **Finals**

	Athlete	Yr	Team	Finals	Pts
1	Johnson, Colton	12	GRAND RAPIDS	43-05.50	24
2	Weber, Carson	12	NORTH BRANCH	41-03.00	23
3	Henagin, Shazae	11	CLOQUET	38-08.00	22
4	Schroeder, Archer	11	MORA	38-07.00	21
5	Siefert, Blake	11	CHISAGO LAKES	38-06.00	20
6	Grabow, Jacob	10	CHISAGO LAKES	37-08.75	19
7	Bailey, Joe	12	CLOQUET	37-02.00	18
8	Johnsen, Tucker	10	PINE CITY	37-00.00	17
9	Williams, Sawyer	11	ROCK RIDGE	36-11.50	16
10	Povoledo, Pier	12	ROCK RIDGE	36-05.00	15
11	Ruth, Alex	12	PROCTOR	36-03.00	14
12	Schlicht, Fynn	9	GRAND RAPIDS	35-10.50	13
13	Rock, Josh	11	DULUTH DENFELD	35-06.00	12
14	Gatzke, Ray	12	PINE CITY	35-04.25	11
15	Owens, Jacion	11	ESKO	34-10.00	10
16	Taff, Brady	10	NORTH BRANCH	34-09.50	9
17	Herman, Braden	12	ESKO	34-09.50	8
18	Powell, Finnley	12	DULUTH DENFELD	34-01.00	7
19	Wunner, Zach	10	HERMANTOWN	34-00.50	6
20	Abate, Evan	8	HIBBING	33-06.50	5
21	Johnson, Grant	10	HERMANTOWN	33-05.00	4
22	White, Lukas	10	PROCTOR	32-04.00	3
23	Ringhofer, Reese	10	HIBBING	31-09.25	2
24	Siems, Jayden	10	MORA	29-08.00	1

Team Scores

Section 7AA True Team - 5/7/24

Varsity

Boys (18 of 18 events completed)

1	Cloquet	536.5
2	Rock Ridge	523
3	Chisago Lakes	464
4	Hibbing	442
5	Esko	438
6	Grand Rapids	433.5
7	Pine City	431
8	North Branch	400
9	Duluth Denfeld	386.5
10	Mora	376
11	Proctor	373
12	Hermantown	307.5

Girls (18 of 18 events completed)

1	Chisago Lakes	654
2	North Branch	605
3	Pine City	510.5
4	Hibbing	498.5
5	Proctor	468
6	Esko	428
7	Cloquet	426
8	Rock Ridge	385.5
9	Grand Rapids	336.5
10	Mora	331
11	Hermantown	249
12	Duluth Denfeld	182