

Great River Conference 10/18/2016

Varsity / JV Cross Country

Pine City Country Club

Results

Event 3 Girls 5k Run CC Varsity

Name	Year	School	Avg Mile	Finals	Points
Results - Women					
1 Ashli Webster	11	Pine City	7:01.0	21:48.00	1
2 Alaina Steele	9	Pine City	7:06.8	22:06.00	2
3 Marin Foss	11	Pine City	7:15.2	22:32.00	3
4 Grace Grubbs	9	Pine City	7:15.9	22:34.00	4
5 Lily Wilson	9	Pine City	7:16.2	22:35.00	5
6 Josefina Jager	11	Rush City	7:17.1	22:38.00	6
7 Amanda Otto	12	Braham	7:17.5	22:39.00	
8 Grace Langmade	11	Pine City	7:22.9	22:56.00	7
9 Alexis Thieman	10	Pine City	7:23.6	22:58.00	8
10 Brooke Nekowitsch	12	Rush City	7:24.2	23:00.00	9
11 Kalyn Nelson	11	East Central	7:28.1	23:12.00	
12 Molly Saboo	7	Mille Lacs	7:31.9	23:24.00	10
13 Sydney Fulcher	11	Rush City	7:36.5	23:38.00	11
14 Aiyanna Mitchell	7	Mille Lacs	7:39.7	23:48.00	12
15 Emma Jansen	8	East Central	7:42.9	23:58.00	
16 Megan Hagel	11	Mille Lacs	7:50.6	24:22.00	13
17 Greta Rundquist	7	Rush City	8:02.8	25:00.00	14
18 Isabelle Medina	9	Rush City	8:18.6	25:49.00	15
19 Mackenzie Warner	11	Braham	8:22.5	26:01.00	
20 Jessica Zmuda	12	Rush City	8:23.8	26:05.00	16
21 Selena Schmidt	9	Rush City	8:26.3	26:13.00	17
22 Kami Smith	7	Mille Lacs	8:40.2	26:56.00	18
23 Braelynn Harrington	8	Mille Lacs	8:50.2	27:27.00	19
24 Bella Nayquonabe	7	Mille Lacs	9:01.4	28:02.00	20

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Women											
1	Pine City	15	1	2	3	4	5	7	8		
	Total Time:	1:51:35.00									
	Average:	22:19.00									
2	Rush City	55	6	9	11	14	15	16	17		
	Total Time:	2:00:05.00									
	Average:	24:01.00									
3	Mille Lacs	72	10	12	13	18	19	20			
	Total Time:	2:05:57.00									
	Average:	25:11.40									



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Results

Event 4 Boys 5k Run CC Varsity

Name	Year	School	Avg Mile	Finals	Points
Results - Men					
1 Eli Grubbs	12	Pine City	5:50.6	18:09.00	1
2 Tommy Ryan	10	Pine City	5:55.7	18:25.00	2
3 Christian Patterson	12	Braham	5:56.3	18:27.00	3
4 Nate Webster	9	Pine City	5:57.0	18:29.00	4
5 Ashton Langworthy	9	Rush City	6:00.2	18:39.00	5
6 Derek Clementson	9	Pine City	6:01.8	18:44.00	6
7 Pen Sullivan	11	Braham	6:07.9	19:03.00	7
8 Brandon Wygonowski	12	Braham	6:08.3	19:04.00	8
9 Anderson Prater	10	Hinckley-Finlayson	6:09.5	19:08.00	
10 Craig Feist	10	East Central	6:10.2	19:10.00	
11 Noah Miller	9	Pine City	6:14.4	19:23.00	9
12 Calvin Engberg	11	Braham	6:23.1	19:50.00	10
13 Brodrick Larson	9	Rush City	6:23.7	19:52.00	11
14 Matt Papke	9	Rush City	6:26.6	20:01.00	12
15 TJ Rank	10	Pine City	6:27.6	20:04.00	13
16 Remington Steele	11	Pine City	6:27.9	20:05.00	14
17 Sanden Stepp	9	Rush City	6:28.9	20:08.00	15
18 Chad Fleischhacker	11	Rush City	6:31.4	20:16.00	16
19 Bryson Klar	9	East Central	6:32.1	20:18.00	
20 Tyler Thorvig	8	East Central	6:32.1	20:18.01	
21 Ryan Wyganowski	10	Braham	6:38.2	20:37.00	17
22 Derek Murphy	10	Rush City	6:40.4	20:44.00	18
23 Sam Hageman	9	Rush City	6:55.9	21:32.00	19

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men											
1	Pine City	22	1	2	4	6	9	13	14		
	Total Time:	1:33:10.00									
	Average:	18:38.00									
2	Braham	45	3	7	8	10	17				
	Total Time:	1:37:01.00									
	Average:	19:24.20									
3	Rush City	59	5	11	12	15	16	18	19		
	Total Time:	1:38:56.00									
	Average:	19:47.20									



Great River Conference 10/18/2016
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Event 5 Girls 5k Run CC Junior Varsity

Name	Year School	Avg Mile	Finals	Points
Results - Women				
1 Abby Bennett	9 Hinckley-Finlayson	7:35.8	23:36.00	
2 Kaylee Pihoda	10 Pine City	7:42.9	23:58.00	
3 Jill Tomczyk	11 Pine City	8:17.3	25:45.00	
4 Janae Johnson	11 Pine City	8:25.7	26:11.00	
5 Summer Rockstroh	11 Pine City	8:35.4	26:41.00	
6 Mary Ellingson	10 Rush City	8:39.2	26:53.00	
7 Abi Novick	9 Rush City	9:01.7	28:03.00	
8 Julia Kawalek	10 Rush City	9:08.8	28:25.00	
9 Lydia Moe	12 Rush City	9:27.8	29:24.00	
10 Megan Hodena	11 Hinckley-Finlayson	9:36.2	29:50.00	
11 Tori Petry	9 East Central	9:37.2	29:53.00	
12 Autumn Clennon	9 East Central	9:38.1	29:56.00	
13 Elizabeth Meyer	10 Hinckley-Finlayson	10:59.2	34:08.00	



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Event 6 Boys 5k Run CC Junior Varsity

Name	Year School	Avg Mile	Finals	Points
Results - Men				
1 Jake Adams	10 Pine City	6:28.9	20:08.00	1
2 Austin Eckert	9 Pine City	6:30.8	20:14.00	2
3 Ryan Knudson	10 Hinckley-Finlayson	6:32.4	20:19.00	3
4 Nick Stolp	12 Pine City	6:32.7	20:20.00	4
5 Brock Bjerke	9 Hinckley-Finlayson	6:34.3	20:25.00	5
6 Dylan Mans	10 Hinckley-Finlayson	6:53.3	21:24.00	6
7 Koleman Lind	9 Pine City	6:59.8	21:44.00	7
8 Joseph Root	11 Pine City	7:07.2	22:07.00	8
9 Justin Stolp	10 Pine City	7:07.8	22:09.00	9
10 Jaiden Koecher	9 Rush City	7:11.3	22:20.00	10
11 Aaron Mulder	8 Hinckley-Finlayson	7:17.5	22:39.00	11
12 Howie Hodena	9 Hinckley-Finlayson	7:29.0	23:15.00	12
13 Jacob Barstad	9 Hinckley-Finlayson	7:33.2	23:28.00	13
14 Dominic Bergerson	10 Hinckley-Finlayson	7:34.2	23:31.00	14
15 Clayton Sparrow	9 Rush City	7:49.0	24:17.00	15
16 Josh Stenmo	9 Rush City	7:50.3	24:21.00	16
17 Zane Draper	12 Rush City	7:54.5	24:34.00	17
18 Matthew Long	9 Pine City	8:03.5	25:02.00	18
19 Kevin Murphy	9 Rush City	8:24.7	26:08.00	19

Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men										
1 Pine City	22	1	2	4	7	8	9	18		
Total Time: 1:44:33.00										
Average: 20:54.60										
2 Hinckley-Finlayson	37	3	5	6	11	12	13	14		
Total Time: 1:48:02.00										
Average: 21:36.40										
3 Rush City	77	10	15	16	17	19				
Total Time: 2:01:40.00										
Average: 24:20.00										



Great River Conference 10/18/2016

JH Cross Country

Pine City Country Club

Results

Event 1 Girls 3200 Meter Run CC Junior High

Name	Year	School	Avg Mile	Finals	Points
Results - Women					
1 Hallie Rootkie	8	Hinckley-Finlayson	7:23.1	14:41.00	1
2 Sophie Hodena	7	Hinckley-Finlayson	7:30.2	14:55.00	2
3 Carlee Stelter	7	Hinckley-Finlayson	7:38.7	15:12.00	3
4 Raechel Painovich	7	Hinckley-Finlayson	7:43.2	15:21.00	4
5 Beth Kemen	7	Pine City	7:55.8	15:46.00	5
6 Allison Cavallin	8	Pine City	7:58.8	15:52.00	6
7 Hannah Kopel	7	Braham	8:14.9	16:24.00	7
8 Emily Bradshaw	7	Hinckley-Finlayson	8:17.4	16:29.00	8
9 Nevaeh Merrill	6	Mille Lacs	8:20.4	16:35.00	
10 Emily Klar	7	Hinckley-Finlayson	8:26.0	16:46.00	
11 Killeen Prater	7	Hinckley-Finlayson	8:33.0	17:00.00	
12 Ashley Schmidt	7	Rush City	8:42.1	17:18.00	
13 Sam Ajax	6	Mille Lacs	8:50.6	17:35.00	
14 Hope Gregoire	7	Pine City	8:56.7	17:47.00	9
15 Evelyn Bombard	7	Braham	9:19.3	18:32.00	10
16 Madelyn Dutcher	8	Hinckley-Finlayson	9:20.3	18:34.00	
17 Tia Keranen	8	East Central	9:48.5	19:30.00	
18 Lilah Bergerson	8	Hinckley-Finlayson	10:49.8	21:32.00	
19 Madison Stone	7	Braham	11:16.5	22:25.00	11

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Women											
1	Hinckley-Finlayson	6	1	2	3	4	8				
	Total Time:	44:48.00									
	Average:	14:56.00									
2	Pine City	20	5	6	9						
	Total Time:	49:25.00									
	Average:	16:28.34									
3	Braham	28	7	10	11						
	Total Time:	57:21.00									
	Average:	19:07.00									



Great River Conference 10/18/2016
JH Cross Country
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Results

Event 2 Boys 3200 Meter Run CC Junior High

Name	Year	School	Avg Mile	Finals	Points
Results - Men					
1 Kevin Laman	8	Braham	6:16.7	12:29.00	1
2 Luke Widenstrom	8	Rush City	6:37.8	13:11.00	2
3 Brody Houston	7	Hinckley-Finlayson	6:44.4	13:24.00	3
4 Aidan Welch	7	Pine City	6:45.4	13:26.00	4
5 Jacob Kern	8	Braham	6:51.4	13:38.00	5
6 Lukas Struss	8	Pine City	6:51.9	13:39.00	6
7 Nick Medina	7	Rush City	7:00.0	13:55.00	7
8 Drake Willert	7	Pine City	7:00.5	13:56.00	8
9 Hunter Danielson	7	Pine City	7:05.0	14:05.00	9
10 Garrett Hosna	7	Hinckley-Finlayson	7:13.1	14:21.00	10
11 Joey Papke	7	Rush City	7:14.6	14:24.00	11
12 Kyle Bjork	8	Rush City	7:19.1	14:33.00	12
13 Dalton Paul	7	Rush City	7:35.7	15:06.00	13
14 Mason Nordrum	7	Rush City	7:49.3	15:33.00	
15 Bryce Roberts	7	Pine City	7:54.3	15:43.00	14
16 Garrett Engberg	8	Braham	8:07.9	16:10.00	15
17 Shane Lund	8	Braham	8:08.9	16:12.00	16
18 Luke MacDonald	8	Rush City	8:13.4	16:21.00	
19 Cory Nelson	8	Hinckley-Finlayson	8:14.9	16:24.00	17
20 Brayden Bombard	8	Pine City	8:17.4	16:29.00	
21 Ethean Wiechman	8	Pine City	8:33.5	17:01.00	
22 Luke Chapman		Hinckley-Finlayson	8:40.6	17:15.00	18
23 Isaac Puetz	8	Hinckley-Finlayson	8:46.6	17:27.00	19
24 Dawson LaFrance	7	East Central	8:48.6	17:31.00	
25 Cody Hansen	8	Braham	9:32.9	18:59.00	20

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Men											
1	Pine City	18	4	6	8	9	14				
	Total Time:	41:01.00									
	Average:	13:40.34									
2	Rush City	20	2	7	11	12	13				
	Total Time:	41:30.00									
	Average:	13:50.00									
3	Braham	21	1	5	15	16	20				
	Total Time:	42:17.00									
	Average:	14:05.67									



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Results

....Event 2 Boys 3200 Meter Run CC Junior High
4 Hinckley-Finlayson 30 3 10 17 18 19
Total Time: 44:09.00
Average: 14:43.00

