

Foley Invite - 4/19/2022

4/19/2022

Results

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Sonju, Ellie	Glencoe-Silv	12.93 10
2 Kuechle, Brielle	Eden Valley-	13.20 8
3 Osborne, Piper	Foley	13.27 6
4 Kaping, Raina	Litchfield	13.33 5
5 Graham, Lydia	Foley	13.70 4
6 Christensen, Lily	Litchfield	13.75 3
7 Christianson, Brooklyn	Glencoe-Silv	13.86 2
8 Padilla, Erica	Legacy Chris	13.96 1
9 Roubinek, Lena	Pine City	13.97
10 Katter, Grace	Zimmerman	14.02
11 Palmieri, Ava	Spectrum	14.06
12 Thieman, Katey	Pine City	14.11
13 Theis, Jordyn	Eden Valley-	14.15
14 Burney, Alaina	Spectrum	14.21
15 Dahler, Ava	Foley	14.29
16 Davis, Catera	Eden Valley-	14.40
17 Pablos, Mireia	Staples-Motl	14.47
18 Kollie, Ashley	Spectrum	14.48
19 Posey, Sydney	Legacy Chris	14.50
20 Peterson, Emily	Litchfield	14.64
21 Bartle, Maddison	Staples-Motl	14.88
22 Larson, Gracie	Pine City	15.09
23 Dammann, Becky	Glencoe-Silv	15.12
24 Nalick, Jaisa	Legacy Chris	15.19
25 Marlette, Gianna	St Cloud Tec	15.28
26 Rodriguez, Iris	St Cloud Tec	15.35
27 Rotz, Marissa	Zimmerman	15.36
28 Gardas, Grace	Zimmerman	15.55
29 Poppler, Dani	Howard Lake-	15.87
30 Eyvindsson, Ayla	St Cloud Tec	16.12
31 Castelhort, Silvia	Staples-Motl	18.08
32 Mendoza, Clare	Howard Lake-	18.23

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Sonju, Ellie	Glencoe-Silv	27.15 10
2 Hunt, Madelyn	Eden Valley-	28.08 8
3 Osborne, Piper	Foley	28.15 6
4 Kaping, Raina	Litchfield	28.24 5
5 Dohrmann, Laura	Foley	28.55 4
6 Thieman, Summer	Pine City	28.68 3
7 Christensen, Lily	Litchfield	28.72 2
8 Moehrle, McKenna	Eden Valley-	29.03 1
9 Padilla, Erica	Legacy Chris	29.13
10 Christianson, Brooklyn	Glencoe-Silv	29.27
11 Klingelhofer, Abigail	Spectrum	29.60
12 Thorsten, Liz	Foley	29.81
13 Thieman, Katey	Pine City	30.04
14 Priolo, Alexis	Legacy Chris	30.32
15 Pablos, Mireia	Staples-Motl	30.81
16 Apps, Morgan	Spectrum	31.38

17 Ireland, Maggie	Howard Lake-	31.42
18 Haag, Carmen	Eden Valley-	31.42
19 DeMond, Chloe	Spectrum	31.44
20 Nalick, Jaisa	Legacy Chris	31.45
21 Omot, Marjwok	St Cloud Tec	31.78
22 Sohl, Eva	Litchfield	31.84
23 Betcher, Lauren	Glencoe-Silv	31.92
24 Swanson, Lauren	Zimmerman	31.94
25 Groetsch, Paige	St Cloud Tec	32.15
26 Macho, Morgan	Pine City	32.93
27 Kelly, Unity	Howard Lake-	33.19
28 Schlosser, Annie	Staples-Motl	33.88
29 Schwartz, Hayley	St Cloud Tec	34.29

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 Kuechle, Ellie	Eden Valley-	58.32 10
2 Beier, Addie	Foley	1:02.52 8
3 Cruz, Reanna	Legacy Chris	1:03.44 6
4 Robinson, Aften	Staples-Motl	1:03.59 5
5 Elrod, Carli	Spectrum	1:04.02 4
6 Harmer, Makayla	Spectrum	1:05.00 3
7 Kimmel, Addisyn	Legacy Chris	1:05.51 2
8 Rudnitski, Adelyn	Foley	1:06.48 1
9 Becker, Ellie	Eden Valley-	1:07.34
10 Hayes, Natalie	Zimmerman	1:08.27
11 Ramirez-Rojas, Nancy	St Cloud Tec	1:09.00
12 Posey, Sydney	Legacy Chris	1:09.18
13 Latterell, Kaitlyn	Foley	1:10.58
14 Belsheim, Emma	Pine City	1:11.07
15 Burney, Alaina	Spectrum	1:11.33
16 Stommes, Kiera	Eden Valley-	1:12.14
17 Lahti, Vivian	Pine City	1:12.22
18 Moe, Sabina	Staples-Motl	1:12.43
19 Wanous, Olivia	Glencoe-Silv	1:14.08
20 Muniz, Aleatha	St Cloud Tec	1:14.48
21 Larson, Gracie	Pine City	1:15.03
22 Kelly, Unity	Howard Lake-	1:16.65
23 Caron, Brooke	Litchfield	1:19.83
24 Sievert, Anna	Glencoe-Silv	1:19.95
25 Huss, Emma	Howard Lake-	1:21.86
26 Swanson, Lauren	Zimmerman	1:23.32

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Zimpel, Hailee	Zimmerman	2:22.92 10
2 Kuechle, Brookelyn	Eden Valley-	2:28.08 8
3 LeSage, Madison	Howard Lake-	2:29.83 6
4 Robben, Ashley	Staples-Motl	2:33.30 5
5 Heppner, Paige	Legacy Chris	2:37.16 4
6 Baumann, Brooke	Howard Lake-	2:37.75 3
7 Anderson, Lydia	Foley	2:39.32 2
8 Sell, Ella	Pine City	2:39.65 1
9 Hanks, Natalie	Foley	2:39.82

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Results

Finals ... (Girls 800 Meter Run)

Name	School	Finals
10 Unverzagt, Allison	Pine City	2:40.42
11 Mortenson, Olivia	Eden Valley-	2:42.38
12 Norling, Jayse	Spectrum	2:43.51
13 Fasching, Ivy	Howard Lake-	2:44.55
14 Lindquist, Isabella	Legacy Chris	2:49.93
15 Zawacki, Mya	Foley	2:50.81
16 Person, Meisha	Spectrum	2:50.98
17 Ruhland, Katie	Eden Valley-	2:52.01
18 Murphy, Alaina	St Cloud Tec	2:54.76
19 Moe, Sabina	Staples-Motl	2:55.25
20 Lara, Tynisa	Litchfield	2:55.57
21 Gordon, Katy	Legacy Chris	2:56.43
22 Hermanson, Emma	Pine City	2:57.34
23 Stanina, Brianna	Zimmerman	2:58.42
24 Woefel, Abby	Litchfield	2:58.61
25 Dolezal, Sophie	Glencoe-Silv	2:59.17
26 Mikhaeil, Suhaila	Staples-Motl	3:00.37
27 Brinkmann, Erika	Glencoe-Silv	3:21.66

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Metcalf, Malayh	Glencoe-Silv	5:19.80 10
2 Boese, Hannah	Spectrum	5:22.90 8
3 Brownell, Audrey	Staples-Motl	5:36.53 6
4 Rusch, Stella	St Cloud Tec	5:44.71 5
5 Johnson, Eva	Pine City	5:50.17 4
6 Opsahl, Peyton	Zimmerman	5:59.53 3
7 Hernandez, Bella	Eden Valley-	6:02.33 2
8 Ziegler, Kala	Litchfield	6:06.91 1
9 Brown, Rachel	Pine City	6:06.94
10 Mikhaeil, Naila	Staples-Motl	6:06.95
11 Frantesl, Isabella	St Cloud Tec	6:07.27
12 Anderson, Abby	Litchfield	6:11.54
13 Beier, Addie	Foley	6:13.50
14 Peltz, Hailey	St Cloud Tec	6:18.26
15 Hermanson, Emma	Pine City	6:23.73
16 Jetson, Melanie	Howard Lake-	6:26.28
17 Sachs, Lillian	Foley	6:30.13
18 Berwald, Jordyn	Zimmerman	6:34.49
19 Braun, Kayla	Foley	6:42.67
20 Glinsek, Etta	Spectrum	6:46.29
21 Stel, Ava	Legacy Chris	6:46.71
22 Flaherty, Maria	Legacy Chris	6:47.59
23 Mattson, Samantha	Glencoe-Silv	6:48.27
24 Cichos, Addisyn	Staples-Motl	6:57.81
25 Dolezal, Kianna	Glencoe-Silv	7:01.42
26 Johnson, Haley	Zimmerman	7:16.38
27 Andersen, Jenna	Eden Valley-	7:21.53
28 Colestock, Anna	Legacy Chris	7:30.64
29 Cerezo, Eliza	Spectrum	7:39.93
30 Rhodes, Lillian	Eden Valley-	8:07.61

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Metcalf, Malayh	Glencoe-Silv	11:58.17 10
2 Beck, Hope	Spectrum	11:58.65 8
3 Burton, Kyanna	Staples-Motl	12:00.31 6
4 Baker, Emily	Zimmerman	12:19.72 5
5 Anderson, Julia	Howard Lake-	12:29.28 4
6 Johnson, Eva	Pine City	12:32.34 3
7 Mikhaeil, Naila	Staples-Motl	12:58.09 2
8 Hernandez, Bella	Eden Valley-	12:59.32 1
9 Brown, Rachel	Pine City	13:07.78
10 Swanson, Claire	Zimmerman	13:30.72
11 Edison, Claire	Spectrum	13:36.51
12 Braun, Holly	Foley	13:42.40
13 Jennissen, Annelise	Foley	14:08.09
14 Muniz, Aleatha	St Cloud Tec	14:24.23
15 Peters, Lindsay	Zimmerman	14:39.47
16 Iverson, Adrianna	Litchfield	14:45.76
17 Donnay, Katheryn	Eden Valley-	14:54.22
18 Zellmann, Sadie	St Cloud Tec	15:03.30
19 Rinowski, Gabby	Spectrum	15:15.19
20 Brinkmann, Marissa	Glencoe-Silv	15:18.31
21 Jurek, Abbey	Foley	15:24.46
22 Boetel, Abigale	Glencoe-Silv	15:50.15
23 Rick, Whitney	Litchfield	17:51.09

Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Kuechle, Brielle	Eden Valley-	15.93 10
2 Schaefer, Nicole	Foley	16.57 8
3 Elrod, Carli	Spectrum	17.39 6
4 Paul, Arianna	Howard Lake-	17.68 5
5 Joyer, Riley	Litchfield	17.99 4
6 Ruschmeier, Zoe	Glencoe-Silv	18.80 3
7 Miller, Dorothy	Pine City	19.17 2
8 Marshall, Payton	St Cloud Tec	19.31 1
9 Christiaansen, Pieper	Zimmerman	19.44
10 Mueller, Madi	Eden Valley-	19.80
11 Weiland, Bailey	Staples-Motl	19.80
12 Warner, Kyra	Legacy Chris	20.54
13 Granlund, Ayda	Litchfield	20.55
14 Japke, Avery	Staples-Motl	20.70
15 Wuotila, Maya	Litchfield	20.77
16 Hensel, Noelle	Spectrum	20.78
17 Yi, Esther	Legacy Chris	20.84
18 Beaudry, Ava	Spectrum	20.86
19 Noska, Ronnie	Staples-Motl	21.18
20 Blaiser, Addison	Pine City	21.85
21 Brandt, Malin	St Cloud Tec	22.25
22 Olson, Alyssa	Pine City	22.57
23 Bieganeck, Madison	Glencoe-Silv	22.61
24 Nemeth, Annabelle	Foley	22.76
25 Oksa, Mackenzie	St Cloud Tec	22.76

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Results

Girls 300 Meter Hurdles

Name	School	Finals
Finals		
1 Schaefer, Nicole	Foley	49.37 10
2 Fager, Cecily	Legacy Chris	49.58 8
3 Zoller, Jocelyn	Eden Valley-	50.33 6
4 Aberra, Elianna	Spectrum	50.36 5
5 Paul, Arianna	Howard Lake-	51.08 4
6 Hahne, Nathalie	Staples-Motl	53.11 3
7 Rydberg, Arissa	Pine City	55.09 2
8 Kobliska, Jayce	Staples-Motl	55.45 1
9 Joyer, Riley	Litchfield	55.55
10 Mueller, Madi	Eden Valley-	56.55
11 Hensel, Noelle	Spectrum	57.03
12 Christiaansen, Pieper	Zimmerman	57.49
13 Warner, Kyra	Legacy Chris	57.92
14 Hiltner, Callie	Eden Valley-	58.07
15 Japke, Avery	Staples-Motl	58.95
16 Marshall, Payton	St Cloud Tec	59.30
17 Dengerud, Shelby	Litchfield	1:00.11
18 Olson, Alyssa	Pine City	1:01.13
19 Bieganek, Madison	Glencoe-Silv	1:01.93
20 Hattling, Emily	Spectrum	1:02.09
21 Blaiser, Addison	Pine City	1:02.58
22 Remus, Campbell	Legacy Chris	1:04.24
23 Gutknecht, Mariah	Glencoe-Silv	1:05.00
24 Zellmann, Sadie	St Cloud Tec	1:05.07

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Eden Valley-	A	53.26 10
2 St Cloud Tech	A	54.82 8
3 Foley	A	55.01 6
4 Pine City	A	55.50 5
5 Litchfield	A	56.02 4
6 Spectrum	A	56.65 3
1) Freeby, Zoe	2) Palmieri, Ava	
3) Klingelhofer, Abigail	4) Kollie, Ashley	
7 Legacy Chris	A	56.74 2
1) Priolo, Alexis	2) Padilla, Erica	
3) Nalick, Jaisa	4) Jacobson, Mariah	
8 Zimmerman	A	58.46 1
9 Glencoe-Silver Lake	A	59.28
10 Howard Lake-	A	1:02.26
11 Staples-Motley	A	1:04.28
1) Caminal Gimenez, Mariona	2) Olson, Corrine	
3) Schlosser, Annie	4) Castelhort, Silvia	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Eden Valley-	A	1:52.84 10
2 Foley	A	1:53.07 8
3 Pine City	A	1:55.42 6

4 Legacy Chris	A	1:55.61 5
1) Priolo, Alexis	2) Fager, Cecily	
3) Posey, Sydney	4) Cruz, Reanna	
5 Glencoe-Silver Lake	A	1:58.95 4
6 Zimmerman	A	2:01.52 3
7 St Cloud Tech	A	2:02.13 2
8 Staples-Motley	A	2:04.25 1
1) Bartle, Maddison	2) Kobliska, Jorja	
3) Weiland, Bailey	4) Noska, Ronnie	
9 Litchfield	A	2:09.54
--- Spectrum	A	DQ
1) Freeby, Zoe	2) DeMond, Chloe	
3) Kollie, Ashley	4) Palmieri, Ava	
--- Howard Lake-	A	DQ

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Eden Valley-	A	4:12.40 10
2 Spectrum	A	4:15.01 8
1) Harmer, Makayla	2) Beck, Grace	
3) Novotny, Molly	4) Aberra, Elianna	
3 Foley	A	4:19.60 6
4 Legacy Chris	A	4:26.52 5
1) Kimmel, Addisyn	2) Heppner, Paige	
3) Fager, Cecily	4) Cruz, Reanna	
5 Staples-Motley	A	4:27.34 4
1) Robinson, Aften	2) Robben, Ashley	
3) Hahne, Nathalie	4) Brownell, Audrey	
6 Howard Lake-	A	4:28.43 3
7 Pine City	A	4:34.67 2
8 Zimmerman	A	4:35.90 1
9 Litchfield	A	4:45.23
10 St Cloud Tech	A	4:45.45
11 Glencoe-Silver Lake	A	5:20.56

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Spectrum	A	9:56.41 10
1) Beck, Grace	2) Beck, Hope	
3) Novotny, Molly	4) Boese, Hannah	
2 Staples-Motley	A	10:03.11 8
1) Robinson, Aften	2) Robben, Ashley	
3) Burton, Kyanna	4) Brownell, Audrey	
3 Foley	A	10:34.09 6
4 Pine City	A	10:34.48 5
5 Eden Valley-	A	10:53.31 4
6 Howard Lake-	A	10:59.16 3
7 St Cloud Tech	A	11:07.73 2
8 Legacy Chris	A	11:20.07 1
1) Heppner, Paige	2) Lindquist, Isabella	
3) Kimmel, Addisyn	4) Gordon, Katy	
9 Litchfield	A	11:23.90
10 Glencoe-Silver Lake	A	12:11.47

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Results

Girls High Jump				Girls Long Jump			
Name	School	Finals		Name	School	Finals	
Finals				Finals			
1	Becker, Ellie	Eden Valley-	5-02.00 10	1	Kuechle, Brielle	Eden Valley-	17-09.00 10
2	Greenwaldt, Bryn	Foley	J5-02.00 8	2	Paul, Arianna	Howard Lake-	16-10.00 8
3	Elrod, Carli	Spectrum	5-00.00 6	3	Paulsen, Samantha	Zimmerman	14-11.00 6
4	Baron, Madison	Foley	4-10.00 5	4	Hahne, Nathalie	Staples-Motl	14-08.00 5
5	Hansen, Greta	Litchfield	4-08.00 4	5	Ciarrochi, Grace	St Cloud Tec	14-07.50 4
6	Schutz, Katrina	Eden Valley-	J4-08.00 3	6	Novak, Emily	Foley	14-04.00 3
7	Volker, Raena	St Cloud Tec	J4-08.00 2	7	Peterson, Emily	Litchfield	14-02.00 2
8	Klingelhofer, Abigail	Spectrum	4-04.00 1	8	Tepley, Jackie	Howard Lake-	14-01.50 1
9	Hermanson, Kady	Pine City	J4-04.00	9	Aagaard, Abby	Pine City	13-11.00
10	Rotz, Marissa	Zimmerman	J4-04.00	10	Schultz, Jordan	Litchfield	13-09.50
11	Smith, Sarah	Spectrum	J4-04.00	11	Freeby, Zoe	Spectrum	13-08.50
12	Guggemos, Katelyn	Litchfield	J4-04.00	12	Paulson, Emma	Spectrum	13-06.50
13	Brownell, Audrey	Staples-Motl	4-02.00	13	Clepper, Mallory	Pine City	13-05.00
13	Hiltner, Josie	Eden Valley-	4-02.00	14	Benson, Jayna	St Cloud Tec	13-03.50
13	Oksa, Mackenzie	St Cloud Tec	4-02.00	15	Adkisson, Madeline	Foley	13-02.50
13	Wiley, Kiera	Zimmerman	4-02.00	16	Miller, Dorothy	Pine City	13-01.50
17	Huss, Emma	Howard Lake-	4-00.00	17	Mueller, Madi	Eden Valley-	13-01.00
17	Lease, Kierra	Litchfield	4-00.00	18	Funt, Abigail	Foley	13-00.50
17	Thorson, Victoria	Howard Lake-	4-00.00	19	Wanous, Olivia	Glencoe-Silv	12-10.50
17	Hallaway, McKenna	Glencoe-Silv	4-00.00	20	Krzmarick, Nicole	Howard Lake-	12-07.50
---	Caminal Gimenez, Marion	Staples-Motl	NH	21	Peterson, Abigail	St Cloud Tec	12-03.00
---	Japke, Avery	Staples-Motl	NH	22	Weiland, Bailey	Staples-Motl	11-06.50
---	Verdeck, Claire	Glencoe-Silv	NH	23	Dammann, Becky	Glencoe-Silv	11-01.00
---	Gutknecht, Mariah	Glencoe-Silv	NH	24	Caron, Brooke	Litchfield	10-09.50
---	Davidson, Grace	St Cloud Tec	NH	25	Sievert, Anna	Glencoe-Silv	10-05.50
---	Jurek, Abbey	Foley	NH	26	Kuechle, Ellie	Eden Valley-	9-02.00
Girls Pole Vault				Girls Triple Jump			
Name	School	Finals		Name	School	Finals	
Finals				Finals			
1	Fager, Cecily	Legacy Chris	11-00.00 10	1	Aberra, Elianna	Spectrum	34-03.50 10
2	Ruschmeier, Zoe	Glencoe-Silv	9-00.00 8	2	Elrod, Carli	Spectrum	32-00.00 8
3	Teicher, Leya	Eden Valley-	8-06.00 6	3	Moehrle, McKenna	Eden Valley-	31-05.00 6
4	Wheeler, Marley	Foley	8-00.00 5	4	Miller, Dorothy	Pine City	31-04.00 5
5	Metcalf, Malayh	Glencoe-Silv	7-06.00 3.5	5	Aagaard, Abby	Pine City	30-11.00 4
5	Kaping, Raina	Litchfield	7-06.00 3.5	6	Funt, Abigail	Foley	30-09.00 3
7	Sobania, Ann	Foley	J7-06.00 2	7	Ciarrochi, Grace	St Cloud Tec	30-03.50 2
8	Kelly, Unity	Howard Lake-	7-00.00 0.3	8	Hansen, Greta	Litchfield	30-03.00 1
8	Utecht, Katelyn	Eden Valley-	7-00.00 0.3	9	Novak, Emily	Foley	30-02.00
8	Swanson, Lauren	Zimmerman	7-00.00 0.3	10	Kobliska, Jayce	Staples-Motl	30-01.00
11	Adkisson, Madeline	Foley	J7-00.00	11	Millerbernd, Hallie	Howard Lake-	30-00.00
12	Larson, Gracie	Pine City	J7-00.00	12	Marohl, Ella	St Cloud Tec	29-11.50
13	DeMond, Chloe	Spectrum	J7-00.00	13	Hahne, Nathalie	Staples-Motl	29-00.00
---	Remus, Campbell	Legacy Chris	NH	14	Peterson, Abigail	St Cloud Tec	28-09.50
---	Zoller, Jocelyn	Eden Valley-	NH	15	Utecht, Katelyn	Eden Valley-	28-04.50
---	Thieman, Katey	Pine City	NH	16	Freeby, Zoe	Spectrum	28-00.00
---	Japke, Avery	Staples-Motl	NH	17	Schultz, Jordan	Litchfield	27-10.00
---	Person, Meisha	Spectrum	NH	18	Macho, Morgan	Pine City	27-08.00
---	Thiemann, Autumn	Howard Lake-	NH	19	Myers, Lexi	Eden Valley-	27-01.00
---	Ziegler, Kala	Litchfield	NH	20	Lease, Kierra	Litchfield	27-00.00
---	Poppler, Dani	Howard Lake-	NH				
---	Blaiser, Addison	Pine City	NH				

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Results

Finals ... (Girls Triple Jump)

Name	School	Finals
21 Noska, Ronnie	Staples-Motl	26-03.00
22 Wise, Ashley	Glencoe-Silv	23-09.00

Girls Shot Put

Name	School	Finals
Finals		
1 Fasching, Rebecca	Howard Lake-	33-11.00 10
2 Baseman, Jaelyn	Litchfield	33-09.50 8
3 Roubinek, Lena	Pine City	32-11.00 6
4 Duevel, Ella	Foley	30-09.50 5
5 Smetana, Maggie	Pine City	30-09.00 4
6 Hilbert, Kristen	Eden Valley-	30-08.00 3
7 Huber, Lily	St Cloud Tec	30-04.00 2
8 Paulsen, Samantha	Zimmerman	29-09.00 0.5
8 Hockban, Julia	Pine City	29-09.00 0.5
10 Theis, Jordyn	Eden Valley-	27-11.00
11 Struffert, Dana	Foley	27-05.00
12 Hull, Madysen	Staples-Motl	27-02.00
13 Schmidt, Grace	Litchfield	26-11.00
13 Trembath, Rayla	Zimmerman	26-11.00
15 Lewandowski, Abigial	Foley	26-10.00
16 Evans, Mallory	Eden Valley-	26-09.00
17 Olmos, Renata	Howard Lake-	26-06.00
18 Voss, Alaina	Glencoe-Silv	26-02.50
19 Hupalo, Tatum	Zimmerman	25-08.00
20 Jennissen, Grace	Staples-Motl	24-02.00
21 Juarez Ramirez, Lindsey	Glencoe-Silv	23-06.00
22 Trembath, Kiley	Spectrum	23-03.00
23 Jennissen, Josie	Staples-Motl	23-01.00
24 Anderson, Abby	Litchfield	22-07.50
25 Lemke, Jaqueline	Glencoe-Silv	22-07.00
26 McDonald, Grace	St Cloud Tec	22-06.00
27 Baumann, Hailey	Howard Lake-	20-09.00
28 Stel, Ava	Legacy Chris	20-05.00
29 Fischer, Natalie	Spectrum	19-07.00
30 Annen, Ella	Spectrum	19-00.00
31 Stone, Elizabeth	Legacy Chris	17-02.00

Girls Discus Throw

Name	School	Finals
Finals		
1 Duevel, Ella	Foley	100-06 10
2 Schmidt, Grace	Litchfield	100-01 8
3 Smetana, Maggie	Pine City	99-08 6
4 Rezac, Lauren	Foley	95-04 5
5 Klopp, Abby	Zimmerman	90-07 4
6 Baseman, Jaelyn	Litchfield	88-09 3
7 Struffert, Dana	Foley	88-07 2
8 Hull, Madysen	Staples-Motl	83-04 1
9 Kallio, Emma	Howard Lake-	82-10
10 Huber, Lily	St Cloud Tec	81-05
11 Koch, Lexi	Howard Lake-	81-00
12 McKellar, Chloe	Pine City	80-10
13 Hupalo, Tatum	Zimmerman	79-05

14 Myers, Lexi	Eden Valley-	79-04
15 Hilbert, Kristen	Eden Valley-	77-11
16 Jennissen, Grace	Staples-Motl	76-09
17 Voss, Alaina	Glencoe-Silv	76-00
18 Olmos, Renata	Howard Lake-	71-10
19 Lemke, Jaqueline	Glencoe-Silv	70-06
20 Mortenson, Olivia	Eden Valley-	65-03
21 Trembath, Rayla	Zimmerman	64-04
22 Hockban, Julia	Pine City	63-05
23 Jennissen, Josie	Staples-Motl	58-11
24 Fischer, Natalie	Spectrum	58-10
25 Boerema, Maggie	Litchfield	58-06
26 Cabak, Rayna	Spectrum	53-09
27 McDonald, Grace	St Cloud Tec	51-05
28 Neyers, Jenna	Glencoe-Silv	41-09
29 Trembath, Kiley	Spectrum	37-04

Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Spence, Caden	Zimmerman	11.18 10
2 Converse, Remington	Staples-Motl	11.59 8
3 Morris, Evan	Foley	11.67 6
4 Lahn, Blake	Zimmerman	11.68 5
5 Hansen, Cory	Staples-Motl	11.89 4
6 Pool, Luke	Zimmerman	11.94 3
7 Sorensen, Jairus	Spectrum	12.07 2
8 Fletcher, Demarius	St Cloud Tec	12.13 1
9 Lyrek, Bryce	Eden Valley-	12.15
10 Cain, Isaac	Howard Lake-	12.23
11 Maile, John	Eden Valley-	12.23
12 Prihoda, Ryan	Pine City	12.26
13 Kaczmarek, Sawyer	Glencoe-Silv	12.42
14 Brandt, Avandre	Staples-Motl	12.56
15 Suiter, Jesse	Spectrum	12.62
16 Martinez, Uriel	Glencoe-Silv	12.77
17 Imdieke, Joshua	St Cloud Tec	12.80
18 Novak, Tom	Foley	12.83
19 Oumar, Sheick	Legacy Chris	12.89
20 DeSmith, Arik	Litchfield	12.93
21 Imdieke, Jacob	St Cloud Tec	13.01
22 Gangl, Tanner	Spectrum	13.04
23 Johnsen, Tucker	Pine City	13.05
24 Christopherson, Liam	Howard Lake-	13.08
25 Ballard, William	Eden Valley-	13.16
26 Arandia, Miguel	Glencoe-Silv	13.24
27 Elwell, Jacob	Litchfield	13.41
28 Paulson, Cal	Legacy Chris	13.44
29 Betters, Frank	Pine City	13.64
30 Berry, Matthew	Legacy Chris	13.82
31 Zillmer, Keenan	Howard Lake-	14.65
32 Rojas-Espzna, Samuel	Litchfield	15.75

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Boys 200 Meter Dash

Name	School	Finals		
Finals				
1 Jones, Cam	Howard Lake-	24.08	10	
2 Morris, Evan	Foley	24.09	8	
3 Converse, Remington	Staples-Motl	24.16	6	
4 Hansen, Cory	Staples-Motl	24.37	5	
5 Hooper, Peyton	Eden Valley-	24.44	4	
6 Spence, Mason	Zimmerman	24.86	3	
7 Wisted, Carter	Foley	25.04	2	
8 Schmitz, Brayden	St Cloud Tec	25.16	1	
9 Fish, Charley	Eden Valley-	25.20		
10 Suiter, Jesse	Spectrum	25.30		
11 Mattick, Bjorn	St Cloud Tec	25.37		
12 Mutua, Dudley	Spectrum	25.56		
13 Neubauer, Gavin	Zimmerman	25.61		
14 Brinker, Josh	Pine City	26.04		
15 Heinks, Alexander	St Cloud Tec	26.18		
16 Brown, Hayden	Howard Lake-	26.24		
17 Chellin, Dominic	Litchfield	26.46		
18 Amberg, Kaeden	Glencoe-Silv	26.72		
19 Bertram, Tyler	Legacy Chris	27.06		
20 DeSmith, Arik	Litchfield	27.41		
21 Paulson, Cal	Legacy Chris	27.59		
22 Rasmussen, Jake	Pine City	27.64		
23 Miller, Elijah	Spectrum	27.66		
24 Rosenow, Haden	Eden Valley-	27.75		
25 Elwell, Jacob	Litchfield	28.05		
26 Betters, Frank	Pine City	28.35		
27 Vaale, Corbin	Zimmerman	28.57		
28 Sticha, Eaen	Foley	29.36		
29 Lindeman, Sawyer	Glencoe-Silv	29.48		

Boys 400 Meter Dash

Name	School	Finals		
Finals				
1 Kuehl, Lukas	Litchfield	54.67	10	
2 Bouley, Joel	Zimmerman	54.81	8	
3 Gottwalt, Andrew	St Cloud Tec	55.31	6	
4 Zoa, Dominic	Legacy Chris	55.80	5	
5 Gazdzik, Teagan	St Cloud Tec	55.98	4	
6 David, Chase	Foley	56.73	3	
7 Burau, Drew	Howard Lake-	56.90	2	
8 Helgeson, Preston	Howard Lake-	57.51	1	
9 Kadlec, Zach	Foley	58.15		
10 Dick, Domanic	Spectrum	58.27		
11 Klefsaas, Sivert	Staples-Motl	58.31		
12 Peetz, Braxton	Pine City	58.42		
13 Schueller, Rylan	Eden Valley-	59.69		
14 Larson, Cullen	Legacy Chris	1:00.08		
15 Urban, William	Glencoe-Silv	1:00.55		
16 Kleist, Makullen	Eden Valley-	1:00.73		
17 Topel, Xander	Spectrum	1:01.67		
18 Guarin, Isaac	St Cloud Tec	1:01.96		
19 Johnsen, Tucker	Pine City	1:03.14		

20 Karles, Isaiah	Howard Lake-	1:03.47		
21 Slinden, Elijah	Litchfield	1:03.57		
22 Rudzitis, Joren	Legacy Chris	1:04.31		
23 Novak, Tom	Foley	1:04.33		
24 Ganote, Landon	Pine City	1:04.50		
25 Arandia, Alexander	Glencoe-Silv	1:04.82		
26 Suiter, Jack	Spectrum	1:05.63		
27 Ortiz, Daniel	Staples-Motl	1:06.55		

Boys 800 Meter Run

Name	School	Finals		
Finals				
1 Hallaway, Connor	Glencoe-Silv	2:11.73	10	
2 Johnson, Riley	Spectrum	2:12.42	8	
3 Sundve, Gavyn	Litchfield	2:12.73	6	
4 Wick, Tyler	Zimmerman	2:13.68	5	
5 Fischer, Paul John	Spectrum	2:16.43	4	
6 Clementson, Weston	Pine City	2:17.03	3	
7 Jennissen, Zack	Foley	2:17.60	2	
8 Guggemos, Charlie	Howard Lake-	2:20.84	1	
9 Fiecke, Ethan	Howard Lake-	2:24.32		
10 Westphal, Luke	Zimmerman	2:24.43		
11 Bebo, Aaron	Howard Lake-	2:29.56		
12 Knudsen, Ethan	Litchfield	2:31.60		
13 Martinez, Aztec	Glencoe-Silv	2:31.71		
14 Dolezal, Will	Staples-Motl	2:32.75		
15 Gallardo, Ramiro	Staples-Motl	2:33.32		
16 Pooley, Ben	Spectrum	2:33.38		
17 Kadus, Deven	Staples-Motl	2:35.13		
18 Hennen, Andrew	Eden Valley-	2:35.14		
19 Heuring, Daniel	Eden Valley-	2:36.06		
20 Youngdahl, Shane	St Cloud Tec	2:36.40		
21 Libbesmeier, Taylor	Eden Valley-	2:37.24		
22 Wick, Wyatt	Zimmerman	2:38.13		
23 Freitag, Benton	Glencoe-Silv	2:38.85		
24 Miche, Colin	Pine City	2:45.55		
25 Christensen, Kole	Glencoe-Silv	2:50.34		

Boys 1600 Meter Run

Name	School	Finals		
Finals				
1 Hallaway, Connor	Glencoe-Silv	4:47.40	10	
2 Ausmus, Charlie	Pine City	4:47.73	8	
3 Bouley, Joel	Zimmerman	4:53.70	6	
4 Rogness, Ole	Litchfield	4:56.21	5	
5 Tabatt, Issiah	Staples-Motl	4:58.30	4	
6 Fromm, Eli	Pine City	4:58.73	3	
7 Topel, Xander	Spectrum	5:00.18	2	
8 Martinez, Ezequiel	Glencoe-Silv	5:00.38	1	
9 Deiter, Chase	Howard Lake-	5:00.41		
10 Lemke, Henry	Eden Valley-	5:01.32		
11 Clementson, Weston	Pine City	5:03.57		
12 Pickle, Sean	St Cloud Tec	5:06.36		
13 Kitzberger, Austin	Zimmerman	5:12.88		
14 Guntzel, Ryan	Spectrum	5:21.42		
15 Johnson, Grant	Staples-Motl	5:23.27		

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Finals ... (Boys 1600 Meter Run)

Name	School	Finals
16 Larson, Jake	Spectrum	5:24.92
17 Henke, Lucas	St Cloud Tec	5:32.66
18 Knudsen, Ethan	Litchfield	5:37.41
19 Bouley, Jack	Zimmerman	5:37.44
20 Carlson, Elliot	Legacy Chris	5:37.93
21 Guggemos, Charlie	Howard Lake-	5:40.41
22 Dolezal, Will	Staples-Motl	5:46.60
23 Fink, Jackson	Eden Valley-	5:49.48
24 Carlson, Brayden	Legacy Chris	5:52.65
25 Kuznia, Cade	Howard Lake-	6:01.78
26 Youngdahl, Shane	St Cloud Tec	6:04.75
27 Lindeman, Caleb	Glencoe-Silv	6:11.83
28 Izazaga, Edwini	Litchfield	6:12.03

Boys 3200 Meter Run

Name	School	Finals
1 Robben, Logan	Staples-Motl	10:38.12 10
2 Ausmus, Charlie	Pine City	10:39.35 8
3 Lemke, Henry	Eden Valley-	11:00.01 6
4 Rogness, Ole	Litchfield	11:00.53 5
5 Nemeth, Jaden	Spectrum	11:20.12 4
6 Fromm, Eli	Pine City	11:31.45 3
7 Robben, Dillon	Staples-Motl	11:34.78 2
8 Sandoval, Amado	St Cloud Tec	11:40.01 1
9 Kadlec, Gavin	Foley	11:41.34
10 Evans, Ethan	Spectrum	11:44.01
11 Marlette, Joesph	St Cloud Tec	11:49.90
12 Eberhard, Ivan	Howard Lake-	11:54.36
13 Schoenrock, Oliver	St Cloud Tec	12:01.56
14 Trif, Odin	Staples-Motl	12:05.04
15 Kolby, Tristin	Spectrum	12:05.55
16 McKinney, Roman	Pine City	12:08.89
17 Zerwas, David	Glencoe-Silv	12:17.12
18 Riemer, Ezekiel	Howard Lake-	12:26.45
19 Jenc, Brodrick	Zimmerman	12:28.78
20 Nelson, Drake	Zimmerman	12:29.01
21 Cox, Anton	Litchfield	12:31.38
22 Karles, Isaiah	Howard Lake-	12:39.67
23 Headlee, Michael	Glencoe-Silv	12:55.90

Boys 110 Meter Hurdles

Name	School	Finals
1 Knott, Brandon	Howard Lake-	16.23 10
2 Smith, Brenden	Litchfield	17.04 8
3 Tschida, Wyatt	Zimmerman	17.86 6
4 Werner, Tison	Glencoe-Silv	17.94 5
5 Thell, Mitch	Foley	18.10 4
6 Brandt, Avandre	Staples-Motl	18.35 3
7 Russell, Alexander	Spectrum	18.98 2
8 Thein, Carter	Spectrum	19.08 1
9 Paulson, Jimmy	Spectrum	19.80
10 Vaale, Corbin	Zimmerman	20.18

11 Aden, Khalid	St Cloud Tec	20.84
12 Boyle, Travis	Foley	21.37
13 Christopherson, Liam	Howard Lake-	21.50
14 Larson, Noah	Staples-Motl	21.90
15 Ortiz, Daniel	Staples-Motl	26.83

Boys 300 Meter Hurdles

Name	School	Finals
1 Knott, Brandon	Howard Lake-	41.05 10
2 Smith, Brenden	Litchfield	44.39 8
3 Werner, Tison	Glencoe-Silv	45.14 6
4 Russell, Alexander	Spectrum	45.90 5
5 Karg, Caleb	Howard Lake-	46.04 4
6 Tschida, Wyatt	Zimmerman	47.20 3
7 Brandt, Avandre	Staples-Motl	48.55 2
8 Juszczak, Kameron	Pine City	48.99 1
9 Paulson, Jimmy	Spectrum	49.01
10 Bertram, Tyler	Legacy Chris	49.55
11 Aden, Khalid	St Cloud Tec	49.84
12 Greene, Drystin	Howard Lake-	49.87
13 Vaale, Corbin	Zimmerman	50.01
14 Christensen, Robert	Spectrum	50.71
15 Thell, Mitch	Foley	51.15
16 Butkowski, Samuel	St Cloud Tec	51.50
17 Larson, Noah	Staples-Motl	51.69
18 Boyle, Travis	Foley	51.90
19 Rudzitis, Joren	Legacy Chris	54.44
20 Marlette, Joesph	St Cloud Tec	54.74

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Spectrum	A	45.10 10
1) Thein, Carter	2) Waknitz, Jamison	
3) Perkins, Brendan	4) Reis, Max	
2 Litchfield	A	46.01 8
3 St Cloud Tech	A	46.42 6
4 Howard Lake-	A	46.42 5
5 Foley	A	46.44 4
6 Staples-Motley	A	46.70 3
1) Klefsaas, Sivert	2) Hansen, Cory	
3) Weite, Austin	4) Converse, Remington	
7 Eden Valley-	A	47.48 2
8 Glencoe-Silver Lake	A	50.47 1
9 Legacy Chris	A	51.32
1) Gilbert, Thomas	2) Bertram, Tyler	
3) Oumar, Sheick	4) Berry, Matthew	
10 Zimmerman	A	52.32
11 Pine City	A	53.45

Boys 4x200 Meter Relay

Team	Relay	Finals
1 Eden Valley-	A	1:36.12 10
2 Howard Lake-	A	1:37.21 8

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Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals	
3 Legacy Chris	A	1:37.27	6
1) Zoa, Dominic	2) Smith, James		
3) Johnson, Caleb	4) Domeyer, Jack		
4 Foley	A	1:37.86	5
5 Spectrum	A	1:38.05	4
1) Suiter, Jesse	2) Sorensen, Jairus		
3) Perkins, Brendan	4) Reis, Max		
6 Zimmerman	A	1:39.05	3
7 St Cloud Tech	A	1:40.25	2
8 Staples-Motley	A	1:40.51	1
1) Gallardo, Ramiro	2) Greenwaldt, Noah		
3) Klefsaas, Sivert	4) Miller, Hunter		
9 Litchfield	A	1:41.47	
10 Pine City	A	1:46.53	

Boys 4x400 Meter Relay

Team	Relay	Finals	
1 Howard Lake-	A	3:38.70	10
2 Spectrum	A	3:41.69	8
1) Perkins, Brendan	2) Thein, Carter		
3) Johnson, Riley	4) Reis, Max		
3 Legacy Chris	A	3:42.54	6
1) Zoa, Dominic	2) Johnson, Caleb		
3) Bertram, Tyler	4) Domeyer, Jack		
4 Zimmerman	A	3:42.68	5
5 Litchfield	A	3:43.91	4
6 Glencoe-Silver Lake	A	3:47.00	3
7 Foley	A	3:49.11	2
8 Pine City	A	3:51.78	1
9 Eden Valley-	A	3:55.10	
10 St Cloud Tech	A	4:04.37	
11 Staples-Motley	A	4:08.11	
1) Kadus, Deven	2) Neelan, Blake		
3) Tabatt, Issiah	4) Johnson, Grant		

Boys 4x800 Meter Relay

Team	Relay	Finals	
1 Foley	A	8:57.04	10
2 Staples-Motley	A	9:21.17	8
1) Johnson, Grant	2) Tabatt, Issiah		
3) Trif, Odin	4) Robben, Logan		
3 Spectrum	A	9:22.81	6
1) Christensen, Robert	2) Khamdamov, Aden		
3) Dick, Domanic	4) Nemeth, Jaden		
4 Howard Lake-	A	9:24.26	5
5 Pine City	A	9:46.49	4
6 St Cloud Tech	A	9:48.70	3
7 Zimmerman	A	10:01.52	2
8 Eden Valley-	A	10:25.99	1
9 Glencoe-Silver Lake	A	10:31.64	

10 Legacy Chris	A	10:45.16
1) Larson, Cullen	2) Carlson, Elliot	
3) Carlson, Brayden	4) Noyes, Rhett	

Boys High Jump

Name	School	Finals	
Finals			
1 Murray, Garrison	St Cloud Tec	6-00.00	10
2 Miller, Hunter	Staples-Motl	5-10.00	8
3 Sorensen, Jairus	Spectrum	J5-10.00	6
4 Lofton, Elijah	Litchfield	5-08.00	5
5 Jones, Cam	Howard Lake-	5-04.00	4
6 Nelson, Nick	Litchfield	J5-04.00	3
7 Paulsen, Henry	Zimmerman	5-02.00	2
8 Aller, Blake	Litchfield	J5-02.00	0.5
8 Hennen, Andrew	Eden Valley-	J5-02.00	0.5
10 Greene, Drystin	Howard Lake-	5-00.00	
10 Juszczak, Kameron	Pine City	5-00.00	
--- Thein, Carter	Spectrum	NH	
--- Brandt, Avandre	Staples-Motl	NH	
--- Paulson, Jimmy	Spectrum	NH	
--- Kuhns, Conner	Staples-Motl	NH	
--- Gilbert, Cole	Howard Lake-	NH	
--- Wahl, Austin	Foley	NH	

Boys Pole Vault

Name	School	Finals	
Finals			
1 Beachy, Turner	Staples-Motl	11-00.00	10
2 King, Logan	Litchfield	9-06.00	8
3 Matheson, Porter	Howard Lake-	J9-06.00	6
4 Novak, Ethan	Foley	9-00.00	5
5 Gilbert, Thomas	Legacy Chris	J9-00.00	3.5
5 Kosiba, Mitchell	Foley	J9-00.00	3.5
--- Murset, Tyler	Spectrum	NH	
--- Karles, Isaiah	Howard Lake-	NH	
--- Schulz, Daniel	Glencoe-Silv	NH	
--- Maile, John	Eden Valley-	NH	

Boys Long Jump

Name	School	Finals	
Finals			
1 Spence, Caden	Zimmerman	21-02.00	10
2 Luchsinger, Lance	Howard Lake-	20-04.00	8
3 Murray, Garrison	St Cloud Tec	19-07.50	6
4 Nikolas, Arik	St Cloud Tec	19-07.00	5
5 Thieman, Jason	Pine City	19-01.00	3.5
5 Prihoda, Ryan	Pine City	19-01.00	3.5
7 Hesse, Reyse	Eden Valley-	18-09.50	2
8 Ruhoff, Caden	Foley	18-08.50	0.5
8 Kaczmarek, Sawyer	Glencoe-Silv	18-08.50	0.5
10 Kuehl, Lukas	Litchfield	18-04.00	
11 Greer, Jeremy	Litchfield	17-09.50	
12 Tschida, Wyatt	Zimmerman	17-09.00	
12 Hooper, Peyton	Eden Valley-	17-09.00	
14 Lyrek, Bryce	Eden Valley-	17-05.00	

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Finals ... (Boys Long Jump)

Name	School	Finals
15 Funt, Andrew	Foley	16-08.00
15 Bosshart, Levi	Foley	16-08.00
17 Bebo, Aaron	Howard Lake-	16-04.00
18 Gallardo, Ramiro	Staples-Motl	16-03.50
19 Balboa, Angel	Glencoe-Silv	16-01.00
20 Suiter, Jesse	Spectrum	16-00.00
21 Miller, Elijah	Spectrum	15-09.50
22 Teboh, Batuo	St Cloud Tec	15-07.00
23 Adams, Henry	Spectrum	15-00.50
24 Helstrom, Alexander	Staples-Motl	14-05.00
25 Arandia, Miguel	Glencoe-Silv	14-02.50
26 Chellin, Dominic	Litchfield	13-06.50
27 Chenoweth, Gavin	Staples-Motl	13-06.00
28 Wick, Wyatt	Zimmerman	13-05.00
29 Kucala, Justin	Legacy Chris	12-04.00
30 Van Gorp, David	Legacy Chris	11-02.00

Boys Triple Jump

Name	School	Finals
1 Reis, Max	Spectrum	42-01.50 10
2 Murray, Garrison	St Cloud Tec	40-00.50 8
3 Nikolas, Arik	St Cloud Tec	39-01.00 6
4 Piepgras, Ryan	Foley	38-08.50 5
5 Luchsinger, Lance	Howard Lake-	38-04.00 4
6 Prihoda, Ryan	Pine City	38-02.00 2.5
6 Gazdzik, Teagan	St Cloud Tec	38-02.00 2.5
8 Thieman, Jason	Pine City	37-08.50 1
9 Mallak, Mitchell	Howard Lake-	37-07.00
10 Paulson, Jimmy	Spectrum	36-04.00
11 Miller, Elijah	Spectrum	35-07.50
12 Wick, Tyler	Zimmerman	34-09.50
13 Funt, Andrew	Foley	34-04.50
14 Nelson, Nick	Litchfield	34-00.00
15 Kleist, Makullen	Eden Valley-	32-10.00
16 Balboa, Angel	Glencoe-Silv	31-08.00
17 Bergeron, Anthony	Pine City	30-07.00
18 Chenoweth, Gavin	Staples-Motl	30-00.50
19 Helstrom, Alexander	Staples-Motl	29-10.00
20 Wick, Wyatt	Zimmerman	29-07.50
21 Slinden, Elijah	Litchfield	29-00.00

Boys Shot Put

Name	School	Finals
1 Dietel, Dom	Litchfield	52-08.00 10
2 Kaczor, John	St Cloud Tec	50-11.50 8
3 Christensen, TJ	Litchfield	49-07.00 6
4 Dietel, Jacob	Litchfield	48-11.00 5
5 Russell, Joshua	St Cloud Tec	47-01.00 4
6 Higgins, Aaron	Glencoe-Silv	43-02.00 3
7 Jaskowiak, Mitchel	Glencoe-Silv	42-03.00 2
8 Stoltenburg, Nathan	Glencoe-Silv	40-11.00 1
9 Powell, Evan	Eden Valley-	40-05.50

10 Boese, Collin	Howard Lake-	39-10.00
11 Bialke, Brock	Foley	39-03.50
12 Preston, Jace	Pine City	39-03.00
13 Imdieke, Jacob	St Cloud Tec	39-01.00
14 Anderson, Josh	Zimmerman	38-09.00
15 Boyle, Travis	Foley	37-01.00
16 Gassler, Kade	Eden Valley-	35-06.00
17 Cain, Isaac	Howard Lake-	35-05.00
18 Vaale, Aidan	Zimmerman	34-11.00
19 Petrich, Steven	Staples-Motl	34-01.50
20 Rosenow, Haden	Eden Valley-	33-06.00
21 Kolecki, Logan	Pine City	33-04.00
22 Overtoom, Micah	Pine City	33-03.00
23 Ferdon, Sawyer	Staples-Motl	32-11.00
24 Fleischman, Matthew	Howard Lake-	32-00.00
25 Hepfl, Grayson	Spectrum	31-10.00
26 Russell, Alexander	Spectrum	29-07.50
27 Dukowitz, Drake	Staples-Motl	28-09.00
28 Gangl, Tanner	Spectrum	28-00.00

Boys Discus Throw

Name	School	Finals
1 Christensen, TJ	Litchfield	139-02 10
2 Dietel, Dom	Litchfield	135-03 8
3 Russell, Joshua	St Cloud Tec	130-04 6
4 Duevel, Teagan	Foley	124-11 4.5
4 Overtoom, Micah	Pine City	124-11 4.5
6 Kaczor, John	St Cloud Tec	117-05 3
7 Dietel, Jacob	Litchfield	117-00 2
8 Higgins, Aaron	Glencoe-Silv	114-06 1
9 Bialke, Brock	Foley	111-06
10 Vaale, Aidan	Zimmerman	109-09
11 Stoltenburg, Nathan	Glencoe-Silv	109-03
12 Bouley, Joel	Zimmerman	106-01
13 Powell, Evan	Eden Valley-	104-08
14 Cain, Isaac	Howard Lake-	103-04
15 Popp, Gavin	Glencoe-Silv	102-03
16 Kolecki, Logan	Pine City	98-10
17 Imdieke, Jacob	St Cloud Tec	97-10
18 Gassler, Kade	Eden Valley-	97-07
19 Sorensen, Jairus	Spectrum	96-10
20 Anderson, Josh	Zimmerman	96-04
21 Lueders, Andrew	Eden Valley-	95-06
22 Kiloran, Jack	Foley	94-08
23 Hepfl, Grayson	Spectrum	90-03
24 Kubesh, Tucker	Pine City	86-05
25 Petrich, Steven	Staples-Motl	85-04
26 Ferdon, Sawyer	Staples-Motl	80-05
27 Dukowitz, Drake	Staples-Motl	79-04
28 Cruz, Aidan	Howard Lake-	78-06
29 Gilbert, Cole	Howard Lake-	73-05
30 Russell, Alexander	Spectrum	66-05
31 Gilbert, Thomas	Legacy Chris	52-10

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Women - Team Rankings - 18 Events Scored

1) Eden Valley-Watkins/Kimball	126.333
2) Foley	123
3) Spectrum	80
4) Glencoe-Silver Lake	60.5
5) Pine City	58.5
6) Litchfield	53.5
7) Howard Lake-Waverly-Winsted	47.3333
8) Staples-Motley	47
9) Legacy Christian Academy	44
10) Zimmerman	33.8333
11) St Cloud Tech	28

Men - Team Rankings - 18 Events Scored

1) Litchfield	111.5
2) Howard Lake-Waverly-Winsted	88
3) St Cloud Tech	82.5
4) Staples-Motley	74
5) Spectrum	72
6) Zimmerman	71
7) Foley	64.5
8) Pine City	46
9) Glencoe-Silver Lake	43.5
10) Eden Valley-Watkins/Kimball	25.5
11) Legacy Christian Academy	20.5