

PINE CITY



2020

2020 Dragon Cross Country Team



Rush City "End of Summer" Cross Country Meet

Thursday, September 3, 2020
cool and sunny (very hilly course)

PINE CITY GIRLS' RESULTS:

5000 m - 15 varsity & 8 JV runners

	place	time	
1. Eva Johnson	1	23:54	
2. Arissa Rydberg	4	26:00	
3. Sophia Olson	5	27:01	
4. Abby Aagaard	6	27:02	PB
5. Emma Belsheim	7	27:09	
6. Summer Thieman	8	27:12	PB
7. Rachel Brown	9	28:16	
8. Emma Johnson	3jv	29:20	PB
9. Ava Rydberg	4jv	34:05	PB
10. Dorothy Miller	6jv	35:13	PB
11. Allison Cavallin	DNR		

#1 runner: Eva Johnson - Pine City - 23:54 LY

JUNIOR HIGH GIRLS:

2200 m - 21 runners

	place	time	
1. Peyton Perreault	4	11:00	
2. Samantha Root	5	11:14	
3. Gracie Larson	7	11:32	PB
4. Paige Gray	8	11:49	PB
5. Teresa Root	12	12:09	PB
6. Amber Norton	14	12:28	PB
7. Taylor Tollefson	15	12:32	PB

#1 runner: Arabella Presley - East Central - 10:34

PINE CITY BOYS' RESULTS:

5000 m - 18 varsity & 11 JV runners

	place	time	
1. Charlie Ausmus	1	19:24	
2. George Ausmus	3	21:27	PB
3. Anthony Hill	4	21:59	PB
4. Timmy Johnson	6	22:43	PB
5. Riley Cummings	2jv	23:13	PB
6. Charlie Emmons	9	23:37	
7. Lukas Struss	10	24:57	
8. Drake Willert	11	24:58	
9. Oscar Gribauval	4jv	27:58	PB
10. Hunter Danielson	5jv	27:59	
11. Caden Schlichting	9jv	31:42	
12. Nick Plasek	11jv	33:47	PB

#1 runner: Charlie Ausmus - Pine City - 19:24

JUNIOR HIGH BOYS:

2200 m - 23 runners

	place	time	
1. Roman McKinney	1	8:49	
2. Braxton Peetz	2	8:55	PB
3. Eli Fromm	3	8:59	
4. Ethan Aagaard	4	9:04	PB
5. Jace Peterson	5	9:05	PB
6. Sean Skluzacek	6	9:07	PB
7. Weston Clementson	8	9:10	PB
8. Levi Wilson	9	9:36	
9. Sawyer McDaniel	10	9:42	
10. Bohdan Valvoda	11	9:44	PB
11. AJ Ostenson	12	10:15	PB
12. Daimien Lord	16	10:33	
13. Daniel Milliman	18	10:45	PB
14. Noah McDaniel	21	12:46	PB
15. Caleb Hogberg	22	13:52	PB
16. Rhivers Sauter	23	13:53	PB
17. Ashton Moore	DNR		

#1 runner: Roman McKinney - Pine City - 8:49

Top 5 Ave

26:13.2

GIRLS' TEAM RESULTS:

1. Pine City	15
2. Rush City	50
East Central	Inc

JV Girls' Results:

East Central	Inc
Pine City	Inc

JH Girls' Results:

1. East Central	34
2. Pine City	36
3. Rush City	54

BOYS' TEAM RESULTS:

1. Pine City	23
2. Rush City	53
3. East Central	58

JV Boys' Results:

1. Pine City	15
Rush City	Inc
East Central	Inc

JH Boys' Results:

1. Pine City	15
Rush City	Inc
East Central	Inc

PC Dragon #1 Cross Country Meet
Thursday, September 10, 2020
sunny and mild

PINE CITY GIRLS' RESULTS:

5000 m - 18 varsity & 10 JV runners

Top 5 Ave 23:25.4 BTY #3 PC Invite
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	<u>place</u>	<u>time</u>	
1. Eva Johnson	2	21:06	BTY #3 PC Invite
2. Arissa Rydberg	4	22:51	BTY
3. Summer Thieman	11	24:21	PB
4. Emma Belsheim	12	24:24	BTY
5. Rachel Brown	13	24:25	BTY
6. Sophia Olson	14	24:27	PB
7. Abby Aagaard	16	24:54	PB
8. Emma Johnson	1jv	25:57	PB
9. Allison Cavallin	5jv	29:18	BTY
10. Dorothy Miller	7jv	31:21	PB
11. Ava Rydberg	DNR		

#1 runner: Reese Hartl - Hinckley-Finlayson - 20:24

JUNIOR HIGH GIRLS:

2000 m - 20 runners

	<u>place</u>	<u>time</u>	
1. Peyton Perreault	4	8:53	PB
2. Samantha Root	5	8:54	PB
3. Paige Gray	8	9:21	PB
4. Gracie Larson	9	9:25	PB
5. Amber Norton	11	9:33	PB
6. Taylor Tollefson	13	10:03	PB
7. Teresa Root	15	10:08	PB

#1 runner: Violet Cox - Hinckley-Finlayson - 8:41

PINE CITY BOYS' RESULTS:

5000 m - 18 varsity & 14 JV runners

Top 5 Ave 19:47.6 BTY

	<u>place</u>	<u>time</u>	
1. Charlie Ausmus	1	17:33	PB #6 Pine City Invite
2. George Ausmus	3	19:33	PB
3. Drake Willert	4	20:14	BTY
4. Anthony Hill	6	20:34	PB
5. Charlie Emmons	8	21:04	BTY
6. Riley Cummings	11	21:19	PB
7. Caleb Fromm	1jv	22:07	PB
8. Hunter Danielson	2jv	23:03	BTY
9. Caden Schlichting	9jv	25:59	PB
10. Oscar Gribauval	10jv	26:06	PB
11. Nick Plasek	11jv	29:08	PB
12. Lukas Struss	DNF		
13. Timmy Johnson	DNR		
14. Bryce Roberts	DNR		

#1 runner: Charlie Ausmus - Pine City - 17:33

#1 JV runner: Caleb Fromm - Pine City - 22:07

JUNIOR HIGH BOYS:

2000 m - 27 runners

	<u>place</u>	<u>time</u>	
1. Braxton Peetz	1	7:10	PB
2. Roman McKinney	2	7:15	PB
3. Eli Fromm	3	7:27	PB
4. Jace Peterson	4	7:31	PB
5. Sean Skluzacek	5	7:35	PB
6. Ethan Aagaard	8	7:47	PB
7. Weston Clementson	9	7:55	PB
8. Levi Wilson	10	8:01	PB
9. Sawyer McDaniel	11	8:02	PB
10. Bohdan Valvoda	13	8:21	PB
11. Daniel Milliman	15	8:40	PB
12. Daimien Lord	17	8:46	PB
13. AJ Ostenson	18	8:51	PB
14. Cooper Danielson	22	9:11	PB
15. Noah McDaniel	24	10:33	PB
16. Rhivers Sauter	25	10:34	PB
17. Ashton Moore	26	10:34	PB
18. Caleb Hogberg	27	10:49	PB
19. Milo Rydberg	DNR		
20. Ezra Overtoom	DNR		

#1 runner: Braxton Peetz - Pine City - 7:10

GIRLS' TEAM RESULTS:

1. Hinckley-Finlayson	23
2. Pine City	32
3. East Central	Inc

JV Girls' Results:

1. Hinckley-Finlayson	15
Pine City	Inc
East Central	Inc

JH Girls' Results:

1. Pine City	37
2. Hinckley-Finlayson	40
3. East Central	49

BOYS' TEAM RESULTS:

1. Pine City	22
2. East Central	47
3. Hinckley-Finlayson	58

JV Boys' Results:

1. Pine City	27
2. Hinckley-Finlayson	28
3. East Central	Inc

JH Boys' Results:

1. Pine City	15
2. Hinckley-Finlayson	48
3. East Central	Inc

Intrasquad Pine City Cross Country Meet

Thursday, September 24, 2020

sunny and mild

PINE CITY GIRLS' RESULTS:			
5000 m		time	
1.	Arisa Rydberg	23:34	
2.	Abby Aagaard	23:46	PB
3.	Emma Belsheim	23:52	BTY
4.	Rachel Brown	23:57	BTY
5.	Summer Thieman	24:04	PB
6.	Emma Johnson	26:24	
7.	Allison Cavallin	28:34	BTY
8.	Dorothy Miller	29:25	PB
9.	Eva Johnson	DNR	Sick
10.	Sophia Olson	DNR	Injury
11.	Ava Rydberg	DNR	Sick

PINE CITY BOYS' RESULTS:			
5000 m		time	
1.	Charlie Ausmus	17:38	
2.	Anthony Hill	20:04	PB
3.	Roman McKinney	20:14	PB
4.	Ethan Aagaard	21:07	PB
5.	Riley Cummings	21:42	
6.	Eli Fromm	22:52	PB
7.	George Ausmus	23:01	
8.	Charlie Emmons	23:01	
9.	Caleb Fromm	23:01	
10.	Lukas Struss	23:01	BTY
11.	Bryce Roberts	23:07	BTY
12.	Hunter Danielson	23:38	
13.	Nick Plasek	29:22	
14.	Sean Skluzacek	DNF	Sick
15.	Oscar Gribauval	DNF	Injury
16.	Caden Schlichting	DNR	Injury
17.	Drake Willert	DNR	

JUNIOR HIGH GIRLS:			
3200 m		time	
1.	Peyton Perreault	14:59	PB
2.	Gracie Larson	15:46	PB
3.	Samantha Root	16:00	BTY
4.	Paige Gray	16:11	PB
5.	Amber Norton	16:35	PB
6.	Teresa Root	17:19	PB
7.	Taylor Tollefson	17:25	PB
8.	Piper Mettling	17:28	PB

JUNIOR HIGH BOYS:			
3200 m		time	
1.	Braxton Peetz	12:47	PB
2.	Jace Peterson	13:08	PB
3.	Sawyer McDaniel	13:15	PB
4.	Weston Clementson	13:35	PB
5.	Levi Wilson	14:00	PB
6.	Bohdan Valvoda	14:09	PB
7.	Brady Berglund	14:16	PB
8.	Daimien Lord	15:02	BTY
9.	AJ Ostenson	15:59	PB
10.	Noah McDaniel	16:23	PB
11.	Cooper Danielson	16:24	PB
12.	McCall Leger	16:45	PB
13.	Milo Rydberg	17:19	PB
14.	Landon Ganote	17:19	PB
15.	Rhivers Sauter	18:32	PB
16.	Caleb Hogberg	20:29	PB
17.	Ezra Overtoom	20:50	PB
18.	Daniel Milliman	DNR	

PC Dragon #2 Cross Country Meet

Monday, September 28, 2020

cool, sunny, cloudy, rainy, rainbows

PINE CITY GIRLS' RESULTS:

5000 m - 23 Varsity/JV runners

	<u>place</u>	<u>time</u>	
1. Eva Johnson	2	21:18	
2. Arissa Rydberg	5	23:14	
3. Rachel Brown	7	23:23	BTY
4. Abby Aagaard	9	24:16	
5. Summer Thieman	10	24:18	
6. Emma Belsheim	11	24:19	
7. Peyton Perreault	15	26:11	
8. Emma Johnson	17	27:13	
9. Allison Cavallin	18	27:40	BTY
10. Ava Rydberg	DNF		
11. Sophia Olson	DNR	Injury	
12. Dorothy Miller	DNR	Injury	

#1 runner: Reese Hartl - Hinckley-Finlayson - 20:31

JUNIOR HIGH GIRLS:

3000 m - 9 runners

	<u>place</u>	<u>time</u>	<u>3200m Equivalent</u>
1. Samantha Root	1	14:22	15:23* BTY
2. Gracie Larson	3	14:50	15:53*
3. Paige Gray	4	14:59	16:03* PB
4. Amber Norton	5	15:16	16:21* PB
5. Teresa Root	6	16:18	17:27*
6. Taylor Tollefson	7	16:42	17:53*

#1 runner: Samantha Root - Pine City - 14:22

PINE CITY BOYS' RESULTS:

5000 m - 25 Varsity/JV runners

	<u>place</u>	<u>time</u>	
1. Charlie Ausmus	1	17:35	
2. George Ausmus	2	19:45	
3. Anthony Hill	3	20:12	
4. Roman McKinney	4	20:18	
5. Drake Willert	5	20:41	
6. Charlie Emmons	6	20:46	BTY
7. Braxton Peetz	7	21:02	PB
8. Lukas Struss	8	21:09	BTY
9. Riley Cummings	9	21:20	
10. Eli Fromm	11	21:45	PB
11. Caleb Fromm	13	21:52	PB
12. Ethan Aagaard	14	22:09	
13. Hunter Danielson	17	23:16	
14. Bryce Roberts	19	25:02	
15. Oscar Gribauval	23	27:00	
16. Nick Plasek	24	31:25	
17. Caden Schlichting	DNR		

#1 runner: Charlie Ausmus - Pine City - 17:35

JUNIOR HIGH BOYS:

3000 m - 20 runners

	<u>place</u>	<u>time</u>	<u>3200m Equivalent</u>
1. Sawyer McDaniel	1	12:20	13:12* PB
2. Jace Peterson	2	12:23	13:16*
3. Sean Skluzacek	3	12:35	13:28* PB
4. Weston Clementson	4	12:40	13:34* PB
5. Bohdan Valvoda	5	12:42	13:36* PB
6. Levi Wilson	6	12:43	13:37* PB
7. Brady Berglund	7	13:21	14:18*
8. AJ Ostenson	10	14:23	15:24* PB
9. Daimien Lord	11	14:28	15:29*
10. Milo Rydberg	12	14:36	15:38* PB
11. Daniel Milliman	14	14:56	15:59* PB
12. Cooper Danielson	16	15:05	16:09* PB
13. Noah McDaniel	17	15:58	17:06*
14. Rhivers Sauter	18	17:07	18:20* PB
15. Caleb Hogberg	19	19:03	20:24* PB
16. Ezra Overtoom	20	19:06	20:27* PB
17. McCall Leger	DNR		

#1 runner: Sawyer McDaniel - Pine City - 12:20

GIRLS' TEAM RESULTS:

1. Hinckley-Finlayson	22
2. Pine City	33

JH Girls' Results:

1. Pine City	15
Hinckley-Finlayson	Inc

BOYS' TEAM RESULTS:

1. Pine City	15
2. Hinckley-Finlayson	50

JH Boys' Results:

1. Pine City	15
Hinckley-Finlayson	Inc

GREAT RIVER CONFERENCE Cross Country Meet

Wednesday, October 7, 2020

cool and windy

PINE CITY GIRLS' RESULTS:

5000 m - 34 Varsity & 11 JV runners

	<u>place</u>	<u>time</u>	
1. Eva Johnson	3	21:16	
2. Arissa Rydberg	9	23:24	
3. Rachel Brown	10	23:32	
4. Emma Belsheim	13	24:08	
5. Summer Thieman	15	24:26	
6. Abby Aagaard	16	24:34	
7. Peyton Perreault	20	25:25	PB
8. Emma Johnson	2jv	28:13	
9. Allison Cavallin	5jv	29:31	
10. Ava Rydberg	DNR		
11. Sophia Olson	DNR		
12. Dorothy Miller	DNR		

#1 runner: Reese Hartl - Hinckley-Finlayson - 20:23

JUNIOR HIGH GIRLS:

2500 m - 27 runners

	<u>place</u>	<u>time</u>	
1. Paige Gray	2	11:51	PB
2. Gracie Larson	3	11:53	PB
3. Samantha Root	4	11:54	PB
4. Teresa Root	7	12:27	PB
5. Amber Norton	10	12:44	PB
6. Taylor Tollefson	15	13:46	PB

#1 runner: Haley Geiger - Hinckley-Finlayson - 11:20

PINE CITY BOYS' RESULTS:

5000 m - 30 Varsity & 25 JV runners

	<u>place</u>	<u>time</u>	
1. Charlie Ausmus	1	17:58	
2. George Ausmus	3	19:43	
3. Anthony Hill	4	19:44	PB
4. Drake Willert	5	19:47	BTY
5. Roman McKinney	6	20:16	
6. Charlie Emmons	11	20:59	
7. Braxton Peetz	1jv	21:04	
8. Riley Cummings	2jv	21:24	
9. Ethan Aagaard	3jv	22:21	
10. Lukas Struss	21	22:39	
11. Caleb Fromm	4jv	22:56	
12. Hunter Danielson	5jv	23:01	
13. Eli Fromm	7jv	23:59	
14. Oscar Gribauval	10jv	25:36	
15. Caden Schlichting	DNF		

#1 runner: Charlie Ausmus - Pine City - 17:58

#1 JV runner: Braxton Peetz - Pine City - 21:04

JUNIOR HIGH BOYS:

2500 m - 31 runners

	<u>place</u>	<u>time</u>	
1. Jace Peterson	1	10:08	PB
2. Weston Clementson	3	10:26	PB
3. Levi Wilson	4	10:31	BTY
4. Sean Skluzacek	5	10:32	PB
5. Bohdan Valvoda	8	10:40	PB
6. Sawyer McDaniel	9	10:43	BTY
7. Brady Berglund	11	11:10	PB
8. Daimien Lord	13	11:34	BTY
9. Cooper Danielson	19	12:13	PB
10. AJ Ostenson	20	12:16	PB
11. McCall Leger	21	12:23	PB
12. Noah McDaniel	22	12:28	PB
13. Milo Rydberg	24	12:33	PB
14. Rhivers Sauter	28	14:19	PB
15. Ezra Overtom	29	14:53	PB
16. Caleb Hogberg	30	14:53	PB

#1 runner: Jace Peterson - Pine City - 10:08

Top 5 Ave

23:21.4 / #6 GRC

ALL-CONFERENCE #9 GRC
ALL-CONFERENCE
ALL-CONFERENCE
Honorable Mention

GIRLS' TEAM RESULTS:

1. Hinckley-Finlayson	35
2. Pine City	45
3. East Central	51
4. Braham	102
5. Rush City	131
Mille Lacs	Inc

JV Girls' Results:

1. Hinckley-Finlayson	15
Pine City	Inc
East Central	Inc
Braham	Inc
Rush City	Inc
Mille Lacs	Inc

JH Girls' Results:

1. Pine City	20
2. East Central	45
3. Rush City	62
Hinckley-Finlayson	Inc
Braham	Inc
Mille Lacs	Inc

BOYS' TEAM RESULTS:

1. Pine City	19
2. East Central	52
3. Rush City	85
4. Hinckley-Finlayson	94
5. Braham	102

JV Boys' Results:

1. Pine City	15
2. Rush City	67
3. East Central	77
Hinckley-Finlayson	83
Braham	Inc

JH Boys' Results:

1. Pine City	17
2. Rush City	56
3. Hinckley-Finlayson	64
4. East Central	Inc
5. Braham	Inc

Section 5A Cross Country Meet

@ Mora

Thursday, October 15 (boys) and Friday, October 16 (girls), 2020

cold and windy

PINE CITY GIRLS' RESULTS:

5000 m - 136 varsity runners

Top 5 Ave 22:59.8 BTY

	place	time	
1. Eva Johnson	16	20:59.3	BTY / #10 Section
2. Rachel Brown	65	23:00.0	PB
3. Emma Belsheim	79	23:29.2	PB
4. Arissa Rydberg	82	23:34.5	
5. Abby Aagaard	86	23:55.9	
6. Emma Johnson	119	26:48.0	
7. Allison Cavallin	124	27:57.0	
Summer Thieman	DNR		

GIRLS' TEAM RESULTS:

1. Howard Lake-Waverly-Winsted	81
2. St. Cloud Cathedral	81
3. Spectrum	109
4. Heritage Christian Academy	122
5. Rockford	128
6. Maple Lake	168
7. Annandale	186
8. Providence Academy	228
9. Hinckley-Finlayson	269
10. Lester Praire	279
11. Milaca	279
12. North Lakes Academy	307
13. PINE CITY	309
14. Mora	327
15. Northwest Nighthawks	363
16. Parnassus	400
17. Watertown-Mayer	420
18. Rush City	573
Legacy Christian / PACT	Inc
Mille Lacs	Inc
Braham	Inc
Brooklyn Center	Inc
Maranatha Christian Academy	Inc

Individual State Meet Qualifiers:

1. Addison Hoof (8)	Lester Prairie	19:41.7
2. Maddie LeSage (9)	Howard Lake-W-W.	19:43.2
3. Reese Hartl (9)	Hinckley-Finlayson	19:57.6
4. Molly Novotny (10)	Spectrum	20:07.7
5. Clara Schad (9)	St. Cloud Cathedral	20:12.7
6. Ruby Gifford (8)	Rockford	20:28.3
7. Hailey Jackson (8)	Rockford	20:39.2
8. Ella Voit (9)	St. Cloud Cathedral	20:39.4
9. Bethany Boerner (10)	Heritage Christian	20:39.6
10. Brittany Hansen (12)	Milaca	20:40.8
11. Emma Kelly (11)	Providence	20:41.8

PINE CITY BOYS' RESULTS:

5000 m - 134 varsity runners

Top 5 Ave 20:09.7

	place	time	
1. Charlie Ausmus	9	18:12.4	
**** Qualifies for STATE ****			
2. Anthony Hill	50	19:42.7	PB
3. Charlie Emmons	73	20:34.4	BTY
4. Roman McKinney	81	20:50.9	
5. Braxton Peetz	99	21:27.8	
6. Riley Cummings	106	21:49.0	
7. Lukas Struss	122	23:11.6	

Alt. George Ausmus

Alt. Drake Willert

Alt. Ethan Aagaard

Individual State Meet Qualifiers:

1. Sal Wirth (8)	Annandale	17:03.1
2. Luke Swanson (11)	Northwest N.H.	17:17.2
3. Turner Schad (11)	St. Cloud Cathedral	17:33.9
4. Alex Heen (11)	St. Cloud Cathedral	17:48.9
5. David Heimkes (11)	Annandale	17:55.9
6. Kees Van Oosbree (10)	Heritage Christian	18:02.7
7. Kyle Haben (11)	Spectrum	18:09.3
8. Sebastian Michael (11)	Northwest N.H.	18:09.8
9. Charlie Ausmus (8)	Pine City	18:12.4
10. Isaac Herrmann (12)	Annandale	18:13.0
11. Max Tomczik (11)	St. Cloud Cathedral	18:16.6
12. Will Massmann (10)	Annandale	18:18.9
13. Jack Hoppe (10)	Heritage Christian	18:19.6
14. Thomas Avra (10)	Heritage Christian	18:29.1
15. Henry Hakanson (12)	Heritage Christian	18:29.7

BOYS' TEAM RESULTS:

1. Annandale	47
2. St. Cloud Cathedral	63
3. Heritage Christian Academy	64
4. Northwest N.H.	107
5. Parnassus	130
6. Spectrum	154
7. Mora	212
8. Howard Lake-Waverly-Winsted	240
9. Providence Academy	274
10. Maple Lake	277
11. PINE CITY	310
12. Rockford	335
13. Watertown-Mayer	341
14. Legacy Christian / PACT	401
15. Mayer Lutheran / LPWHT	421
16. Rush City	464
17. Milaca	466
18. North Lakes Academy	518
19. Maranatha Christian Academy	537
Hinckley-Finlayson	Inc
Brooklyn Center	Inc
Braham	Inc

CROSS COUNTRY HISTORY - GIRLS' MEET TIMES 2020

Name	Gr	Year	RC*/Prince/Brain	Pine City	Mora	PC In* / Pierz	Milaca Mega	PC* / Foley	Hinckley	Swain	Mora / Camb	Conference	Section	State	PB	Average
Allison Cavallin	12	2020	DNR	29:18 (5k)	C	28:34 (5k)	C	27:40 (5k)	C	C	C	HF-29:31 (5k)	Mora - 27:57		27:40	28:36
	11	2019	DNR	DNR	DNF	DNR	DNR	DNR	X	DNR	DNR	DNR	Alt		-	-
	10	2018	DNR	DNF	DNR	DNR	DNR	25:54 (5k)	24:48 (5k)	25:27 (5k)	25:39 (5k)	PC-24:45 (5k)	Mora - 24:14		24:14	25:08
	9	2017		25:35 (5k)	27:19 (5k)	25:15 (5k)	26:39 (5k)	24:36 (5k)	X	27:15 (5k)	25:17 (5k)	PC-25:54 (5k)			24:36	25:51
	8	2016	br. 16:52 (3.2k)	9:35 (2k)	11:47 (2.4k)	16:12 (3.2k)	15:40 (3.2k)		16:49 (3.2k)	X	15:47 (3.2k)	PC-15:52 (3.2k)			15:40 (3.2k)	16:12 (3.2k)
	7	2015	br. 16:19 (3.2k)	9:40 (2k)	12:27 (2.5k)		15:56 (3.2k)	15:49 (3.2k)	16:22 (3.2k)	X	15:51 (3.2k)	PC-15:40 (3.2k)			15:40 (3.2k)	16:00 (3.2k)
Dorothy Miller	11	2020	35:13 (5k)	31:21 (5k)	C	29:25 (5k)	C	DNR	C	C	C	DNR			29:25	30:23
Emma Johnson	10	2020	29:20 (5k)	25:57 (5k)	C	26:24 (5k)	C	27:13 (5k)	C	C	C	HF-28:13 (5k)	Mora - 26:48		25:57	27:55
Abby Aagaard	9	2020	27:02 (5k)	24:54 (5k)	C	23:46 (5k)	C	24:16 (5k)	C	C	C	HF-24:34 (5k)	Mora - 23:56		23:46	24:17
Emma Belshheim	9	2020	27:09 (5k)	24:24 (5k)	C	23:52 (5k)	C	24:19 (5k)	C	C	C	HF-24:08 (5k)	Mora - 23:29.2		23:29	24:02
	8	2019	pr. 9:28 (2k)	8:54 (2k)	11:37 (2.4k)	15:02 (3.2k)	26:17 (5k)	24:33 (5k)	X	25:30 (5k)	25:07 (5k)	25:02 (5k)	Mora - 23:30		23:30	24:58
Eva Johnson	9	2020	23:54 (5k)	21:06 (5k)	C	DNR	C	21:18 (5k)	C	C	C	HF-21:16 (5k)	Mora - 20:59.3		20:59.3	21:10
	8	2019	Pr. 21:56 (5k)	21:38 (5k)	21:32 (5k)	21:39 (5k)	21:25 (5k)	20:39 (5k)	X	22:14 (5k)	DNR	20:29 (5k)	Mora - 20:04.0	20:11.0	20:04.3	21:04
	7	2018	pr. 8:47 (2k)	8:50 (2k)	10:20 (2.4k)	14:02 (3.2k)	DNR	21:57 (5k)	X	21:37 (5k)	21:05 (5k)	PC-20:44 (5k)	Mora - 20:22.7		20:22.7	21:09
Sophia Olson	9	2020	27:01 (5k)	24:27 (5k)	C	DNR	C	DNR	C	C	C	DNR			24:27	24:27
	8	2019	pr. 9:55 (2k)	9:22 (2k)	11:13 (2.4k)	16:34 (3.2k)	25:54 (5k)	24:56 (5k)	X	DNR	15:04 (3.2k)	25:08 (5k)	Mora - 24:40		24:40	25:09
	7	2018		11:17 (2k)	13:36 (2.4k)	16:50 (3.2k)	16:40 (3.2k)	16:58 (3.2k)	12:14 (2.5k)	X	15:34 (3.2k)	PC-16:13 (3.2k)	Alt.		15:34 (3.2k)	16:27 (3.2k)
Ariisa Rydberg	9	2020	26:00 (5k)	22:51 (5k)	C	23:34 (5k)	C	23:14 (5k)	C	C	C	HF-23:24 (5k)	Mora - 23:35		22:51	23:20
	8	2019	Pr. 23:54 (5k)	23:07 (5k)	23:03 (5k)	24:31 (5k)	22:54 (5k)	21:33 (5k)	X	22:57 (5k)	21:29 (5k)	21:21 (5k)	Mora - 21:12		21:12	22:31
Ava Rydberg	9	2020	34:05 (5k)	DNR	C	DNR	C	DNF	C	C	C	DNR			34:05	34:05
Summer Thieman	9	2020	27:12 (5k)	24:21 (5k)	C	24:04 (5k)	C	24:18 (5k)	C	C	C	HF-24:26 (5k)	DNR		24:04	24:17
Rachel Brown	8	2020	28:16 (5k)	24:25 (5k)	C	23:57 (5k)	C	23:23 (5k)	C	C	C	HF-23:32 (5k)	Mora - 23:00		23:00	23:39
	7	2019	pr. 9:40 (2k)	9:15 (2k)	11:05 (2.4k)	16:38 (3.2k)	26:29 (5k)	14:09 (3k)	23:53 (5k)	X	23:56 (5k)	24:14 (5k)	Mora - 23:16		23:16	24:22
Amber Norton	8	2020	12:28 (2.2k)	9:33 (2k)	C	16:35 (3.2k)	C	15:16 (3k)	C	C	C	12:44 (2.5k)			N-A	N-A
Peyton Perreault	8	2020	11:00 (2.2k)	8:53 (2k)	C	14:59 (3.2k)	C	26:11 (5k)	C	C	C	HF-25:25 (5k)			25:25	25:48
	7	2019	pr. 11:09 (2k)	9:44 (2k)	11:57 (2.4k)	17:31 (3.2k)	DNR	14:26 (3k)	12:02 (2.5k)	X	15:23 (3.2k)	15:25 (3.2k)	Alt.		15:23 (3.2k)	14:57 (3.2k)
Samantha Root	8	2020	11:14 (2.2k)	8:54 (2k)	C	16:00 (3.2k)	C	14:22 (3k)	C	C	C	11:54 (2.5k)			N-A	N-A
	7	2019	pr. 10:34 (2k)	9:21 (2k)	11:20 (2.4k)	16:23 (3.2k)	27:19 (5k)	14:27 (3k)	12:15 (2.5k)	X	15:19 (3.2k)	16:05 (3.2k)	Alt.		15:19 (3.2k)	14:54 (3.2k)
Paige Gray	7	2020	11:49 (2.2k)	9:21 (2k)	C	16:11 (3.2k)	C	14:59 (3k)	C	C	C	11:51 (2.5k)			N-A	N-A
Gracie Larson	7	2020	11:32 (2.2k)	9:25 (2k)	C	15:46 (3.2k)	C	14:50 (3k)	C	C	C	11:53 (2.5k)			N-A	N-A
Teresa Root	7	2020	12:09 (2.2k)	10:08 (2k)	C	17:19 (3.2k)	C	16:18 (3k)	C	C	C	12:27 (2.5k)			N-A	N-A
Taylor Tollefson	7	2020	12:32 (2.2k)	10:03 (2k)	C	17:28 (3.2k)	C	16:42 (3k)	C	C	C	13:46 (2.5k)			N-A	N-A

CROSS COUNTRY HISTORY - BOYS' MEET TIMES 2020

Name	Gr	Year	RC*/Prince/Brain	Pine City	Mora	PC In* / Pierz	Milaca Mega	PC* / Foley	Hinckley	Swain	Mora / Camb	Conference	Section	State	PB	Average
George Ausmus	12	2020	21:27 (5k)	19:33 (5k)	C	23:01 (5k)	C	19:45 (5k)	C	C	C	HF-19:43 (5k)	DNR Injury		19:33	20:07
Charlie Emmons	12	2020	23:37 (5k)	21:04 (5k)	C	23:01 (5k)		20:46 (5k)	C			HF-20:59 (5k)	Mora - 20:34		20:34	20:51
	11	2019	Pr. 19:58 (5k)	19:42 (5k)	DNF	19:52 (5k)	20:43 (5k)	DNR	X	DNR	DNR	DNR	Alt.		19:42	20:04
	10	2018	Pr. DNF	DNR	DNR	DNR	DNR	DNR	DNR	X	DNR	DNR			DNR	DNR
	9	2017	Br. 21:17 (5k)	20:44 (5k)	20:42 (5k)	19:37 (5k)	20:16 (5k)	19:35 (5k)	X	20:40 (5k)	19:30 (5k)	PC-22:08 (5k)	Mora - 19:34		19:30	20:12
	8	2016		8:30 (2k)	10:13 (2.4k)	14:04 (3.2k)	14:41 (3.2k)	14:17 (3.2k)	14:30 (3.2k)	X	13:11 (3.2k)				13:11 (3.2k)	14:06 (3.2k)
Caleb Fromm	12	2020	DNR	22:07 (5k)	C	23:01 (5k)	C	21:52 (5k)	C	C	C	HF-22:56 (5k)			21:52	22:29
Lukas Struss	12	2020	24:57 (5k)	DNF	C	23:01 (5k)	C	21:09 (5k)	C	C	C	HF-22:39 (5k)	Mora - 23:12		21:09	22:30
	11	2019	Pr. DNF	21:48 (5k)	23:37 (5k)	21:58 (5k)	22:42 (5k)	20:36 (5k)	X	22:19 (5k)	DNF	PC-20:43 (5k)	Alt.		20:36	21:57
	10	2018	Pr. 22:27 (5k)	21:17 (5k)	DNR	22:38 (5k)	21:18 (5k)	20:24 (5k)	X	20:45 (5k)	20:18 (5k)	PC-20:13 (5k)	Alt.		20:13	21:10
	9	2017	Br. 21:58 (5k)	20:58 (5k)	22:23 (5k)	20:39 (5k)		20:34 (5k)	X	X	21:12 (5k)	DNF			20:34	21:17
	8	2016	br. 15:03 (3.2k)	8:22 (2k)	10:00 (2.4k)	13:50 (3.2k)	14:17 (3.2k)	14:27 (3.2k)	14:56 (3.2k)	X	14:10 (3.2k)	13:39 (3.2k)			13:39 (3.2k)	14:20 (3.2k)
	7	2015	br. 16:09 (3.2k)	8:40 (2k)	11:59 (2.5k)	15:53 (3.2k)	14:52 (3.2k)	14:12 (3.2k)	15:19 (3.2k)	X	14:39 (3.2k)	14:05 (3.2k)			14:05 (3.2k)	15:01 (3.2k)
Hunter Danielson	11	2020	27:59 (5k)	23:03 (5k)	C	23:38 (5k)	C	23:16 (5k)	C	C	C	HF-23:01 (5k)			23:01	23:15
	10	2019	Pr. 24:30 (5k)	22:47 (5k)	23:23 (5k)	24:02 (5k)	23:38 (5k)	22:04 (5k)	22:17 (5k)	X	22:49 (5k)	PC-21:42 (5k)			21:42	23:01
	9	2018	Pr. 28:32 (5k)	24:26 (5k)	25:53 (5k)	23:52 (5k)	23:34 (5k)	22:47 (5k)	22:18 (5k)	X	12:22 (5k)	PC-22:07 (5k)			22:07	23:25
	8	2017	br. 14:24 (3.2k)	8:14 (2k)	10:28 (2.4k)	14:03 (3.2k)	14:16 (3.2k)	13:57 (3.2k)	X	X	13:48 (3.2k)	14:37 (3.2k)			13:48 (3.2k)	14:11 (3.2k)
	7	2016	br. 16:47 (3.2k)	8:28 (2k)	10:25 (2.4k)	14:54 (3.2k)	14:18 (3.2k)	14:20 (3.2k)	DNF	X	14:17 (3.2k)	14:05 (3.2k)			14:05 (3.2k)	14:47 (3.2k)
Timmy Johnson	11	2020	22:43 (5k)	DNR	C	DNR	C	DNR	C	C	C	DNR			22:43	22:43
Bryce Roberts	11	2020	DNR	DNR	C	23:07 (5k)	C	25:02 (5k)		C	C	DNR			23:07	24:05
	10	2019	Pr. 24:35 (5k)	DNF	DNR	23:25 (5k)	22:28 (5k)	21:59 (5k)	21:30 (5k)	X	22:07 (5k)	PC-20:59 (5k)			20:59	22:26
	9	2018	Pr. 23:53 (5k)	23:19 (5k)	23:15 (5k)	DNR	22:11 (5k)	21:16 (5k)	21:20 (5k)	X	23:30 (5k)	PC-21:43 (5k)			21:16	22:33
	8	2017	br. 17:54 (3.2k)	9:20 (2k)	12:06 (2.4k)	15:39 (3.2k)	15:19 (3.2k)	15:46 (3.2k)	X	X	14:35 (3.2k)	14:16 (3.2k)			14:16 (3.2k)	15:35 (3.2k)
	7	2016		9:06 (2k)	11:52 (2.4k)	17:45 (3.2k)	15:40 (3.2k)	16:04 (3.2k)	16:17 (3.2k)	X	15:59 (3.2k)	15:43 (3.2k)			15:40 (3.2k)	16:15 (3.2k)
Drake Willert	11	2020	24:58 (5k)	20:14 (5k)	C	DNR	C	20:41 (5k)	C	C	C	HF-19:47 (5k)	DNR		19:47	20:14
	10	2019	Pr. 20:50 (5k)	DNF	DNR	DNR	DNR	19:41 (5k)	X	21:43 (5k)	19:50 (5k)	PC-20:00 (5k)	Alt.		19:41	20:24
	9	2018	DNR	DNF	DNR	23:27 (5k)	21:51 (5k)	DNR	22:15 (5k)	X	21:19 (5k)	PC-21:17 (5k)			21:17	22:02
	8	2017	br. 13:08 (3.2k)	7:31 (2k)	9:34 (2.4k)	12:36 (3.2k)	12:42 (3.2k)	20:11 (5k)	X	X	27:38 (5k)	DNR			12:36 (3.2k)	12:49 (3.2k)
	7	2016			10:07 (2.4k)	15:52 (3.2k)		15:01 (3.2k)	DNF	X	14:03 (3.2k)	13:56 (3.2k)			13:56 (3.2k)	14:43 (3.2k)
Riley Cummings	10	2020	23:13 (5k)	21:19 (5k)	C	21:42 (5k)	C	21:20 (5k)	C	C	C	HF-21:24 (5k)	Mora - 21:49		21:19	21:31
Anthony Hill	10	2020	21:59 (5k)	20:34 (5k)	C	20:04 (5k)	C	20:12 (5k)	C	C	C	HF-19:44 (5k)	Mora - 19:43		19:43	20:03
Nick Plasek	10	2020	33:47 (5k)	29:08 (5k)	C	29:22 (5k)	C	31:25 (5k)	C	C	C	DNR			29:08	29:58
Oscar Gribauval	9	2020	27:58 (5k)	26:06 (5k)	C	DNF	C	27:00 (5k)	C	C	C	HF-25:36 (5k)			25:36	26:14
	8	2019	pr. 10:38 (2k)	11:19 (2k)	12:44 (2.4k)	17:44 (3.2k)	28:55 (5k)	14:59 (3k)	12:54 (2.5k)	X	16:08 (3.2k)	15:46 (3.2k)			15:46 (3.2k)	
Caden Schlichting	9	2020	31:42 (5k)	25:59 (5k)	C	DNR	C	DNR	C	C	C	DNF			25:59	25:59
	8	2019	pr. 10:19 (2k)	8:59 (2k)	11:18 (2.4k)	17:58 (3.2k)	27:14 (5k)	14:00 (3k)	11:06 (2.5k)	X	15:46 (3.2k)	15:05 (3.2k)			15:02* (3.2k)	
	7	2018	DNR	DNR	DNR	18:17 (3.2k)	18:25 (3.2k)	DNR	12:55 (2.5k)	X	17:55 (3.2k)	DNR			17:55 (3.2k)	18:12 (3.2k)
Charlie Ausmus	8	2020	19:24 (5k)	17:33 (5k)	C	17:38 (5k)	C	17:35 (5k)	C	C	C	HF-17:58 (5k)	Mora - 18:12		17:33	17:47
	7	2019	pr. 7:55 (2k)	7:25 (2k)	8:52 (2.4k)	12:51 (3.2k)	21:09 (5k)	11:25 (3k)	19:46 (5k)	X	19:51 (5k)	PC-19:14 (5k)	Mora - 18:51		18:51	19:46

CROSS COUNTRY HISTORY - BOYS' MEET TIMES 2020

Name	Gr	Year	RC*/Prince/Brain	Pine City	Mora	PC In* / Pierz	Milaca Mega	PC* / Foley	EC* / Hinckley	Swain	Mora / Camb	Conference	Section	State	PB	Average
Eli Fromm	8	2020	8:59 (2.2k)	7:27 (2k)	C	22:52 (5k)	C	21:45 (5k)	C	C	C	HF-23:59 (5k)			21:45	22:52
	7	2019	pr. 8:07 (2k)	8:02 (2k)	10:14 (2.4k)	14:40 (3.2k)	24:37 (5k)	12:42 (3k)	10:03 (2.5k)	X	13:17 (3.2k)	13:21 (3.2k)			13:17 (3.2k)	
Daimien Lord	8	2020	10:33 (2.2k)	8:46 (2k)	C	15:02 (3.2k)	C	14:28 (3k)	C	C	C	11:34 (2.5k)			N-A	N-A
	7	2019	DNR	9:23 (2k)	11:55 (2.4k)	16:53 (3.2k)	27:59 (5k)	14:05 (3k)	11:14 (2.5k)	X	14:52 (3.2k)	14:51 (3.2k)			14:51 (3.2k)	
Sawyer McDaniel	8	2020	9:42 (2.2k)	8:02 (2k)	C	13:15 (3.2k)	C	12:20 (3k)	C	C	C	10:43 (2.5k)			N-A	N-A
	7	2019	pr. 9:07 (2k)	8:21 (2k)	10:25 (2.4k)	14:54 (3.2k)	26:31 (5k)	14:15 (3k)	10:41 (2.5k)	X	14:25 (3.2k)	14:10 (3.2k)			14:10 (3.2k)	
Roman McKinney	8	2020	8:49 (2.2k)	7:15 (2k)	C	20:14 (5k)	C	20:18 (5k)	C	C	C	HF-20:16 (5k)	Mora - 20:51		20:14	20:25
	7	2019	pr. 8:19 (2k)	7:57 (2k)	9:58 (2.4k)	13:42 (3.2k)	21:43 (5k)	11:58 (3k)	20:46 (5k)	X	13:02 (3.2k)	12:44 (3.2k)			12:44 (3.2k)	12:52 (3.2k)
Daniel Milliman	8	2020	9:42 (2.2k)	8:40 (2k)	C	DNR	C	14:56 (3k)	C	C	C	DNR			N-A	N-A
Ayden Ostenson	8	2020	10:15 (2.2k)	8:51 (2k)	C	15:59 (3.2k)	C	14:23 (3k)	C	C	C	12:16 (2.5k)			N-A	N-A
Braxton Peetz	8	2020	8:55 (2.2k)	7:10 (2k)	C	12:47 (3.2k)	C	21:02 (5k)	C	C	C	HF-21:04 (5k)	Mora - 21:28		21:02	21:11
Jace Peterson	8	2020	9:05 (2.2k)	7:31 (2k)	C	13:08 (3.2k)	C	12:23 (3k)	C	C	C	10:07 (2.5k)			N-A	N-A
Sean Skluzacek	8	2020	9:07 (2.2k)	7:35 (2k)	C	DNF	C	12:35 (3k)	C	C	C	10:32 (2.5k)			N-A	N-A
Levi Wilson	8	2020	9:36 (2.2k)	8:01 (2k)	C	14:00 (3.2k)	C	12:43 (3k)	C	C	C	10:31 (2.5k)			N-A	N-A
	7	2019	pr. 8:47 (2k)	8:07 (2k)	10:41 (2.4k)	14:40 (3.2k)	26:04 (5k)	13:14 (3k)	10:29 (2.5k)	X	14:11 (3.2k)	14:04 (3.2k)			14:04 (3.2k)	
Ethan Aagaard	7	2020	9:04 (2.2k)	7:47 (2k)	C	21:07 (5k)	C	22:09 (5k)	C	C	C	HF-22:21 (5k)	Alt.		21:07	21:49
Brady Berglund	7	2020	DNR	DNR	C	14:16 (3.2k)	C	13:21 (3k)	C	C	C	11:10 (2.5k)			N-A	N-A
Weston Clementson	7	2020	9:10 (2.2k)	7:55 (2k)	C	13:35 (3.2k)	C	12:40 (3k)	C	C	C	10:26 (2.5k)			N-A	N-A
Cooper Danielson	7	2020	DNR	9:11 (2k)	C	16:24 (3.2k)	C	15:05 (3k)	C	C	C	12:13 (2.5k)			N-A	N-A
Caleb Hogberg	7	2020	13:52 (2.2k)	10:49 (2k)	C	20:29 (3.2k)	C	19:03 (3k)	C	C	C	14:53 (2.5k)			N-A	N-A
McCall Leger	7	2020	DNR	DNR	C	DNR	C	DNR	C	C	C	12:23 (2.5k)			N-A	N-A
Noah McDaniel	7	2020	12:46 (2.2k)	10:33 (2k)	C	16:23 (3.2k)	C	15:58 (3k)	C	C	C	12:28 (2.5k)			N-A	N-A
Ashton Moore	7	2020	DNR	10:34 (2k)	C	DNR	C	DNR	C	C	C	DNR			N-A	N-A
Ezra Overtoom	7	2020	DNR	DNR	C	20:50 (3.2k)	C	19:06 (3k)	C	C	C	14:53 (2.5k)			N-A	N-A
Milo Rydberg	7	2020	DNR	DNR	C	17:19 (3.2k)	C	14:36 (3k)	C	C	C	12:33 (2.5k)			N-A	N-A
Rhivers Sauter	7	2020	13:53 (2.2k)	10:34 (2k)	C	18:32 (3.2k)	C	17:07 (3k)	C	C	C	14:19 (2.5k)			N-A	N-A
Bohdan Valvoda	7	2020	9:44 (2.2k)	8:21 (2k)	C	14:09 (3.2k)	C	12:42 (3k)	C	C	C	10:40 (2.5k)			N-A	N-A

AVERAGE MILE TIMES AT MEETS - 2020

Boys Name	PB - 2019	Rush City	Pine City	Rush City	Pine City Intra	Pine City	East Central	Conference	Section 5A	State	Best	Average
	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m
George Ausmus - 12		6:54	6:18	C	7:25	6:22	C	6:21	DNR		6:18	6:28
Charlie Emmons	6:19	7:36	6:47	C	7:25	6:41	C	6:46	6:37		6:37	6:43
Caleb Fromm		DNR	7:07	C	7:25	7:02	C	7:23			7:02	7:14
Lukas Struss	6:37	8:02	DNF	C	7:25	6:49	C	7:18	7:28		6:49	7:15
Hunter Danielson - 11	6:58	9:00	7:25	C	7:36	7:29	C	7:25			7:25	7:29
Timmy Johnson		7:19	DNR	C	DNR	DNR	C	DNR			7:19	7:19
Bryce Roberts	6:43	DNR	DNR	C	7:26	8:04	C	DNR			7:26	7:45
Drake Willert	6:19	8:02	6:31	C	DNR	6:40	C	6:22	DNR		6:22	6:31
Riley Cummings - 10		7:28	6:52	C	6:59	6:52	C	6:53	7:01		6:52	6:56
Anthony Hill		7:05	6:37	C	6:28	6:30	C	6:21	6:21		6:21	6:27
Nick Plasek		10:52	9:23	C	9:27	10:07	C	DNR			9:23	9:39
Oscar Gribauval - 9	9:18	9:00	8:24	C	DNF	8:42	C	8:14			8:14	8:27
Caden Schlichting	8:46	10:12	8:22	C	DNR	DNR	C	DNF			8:22	8:22
Charlie Ausmus - 8	6:03	6:20	5:39	C	5:41	5:40	C	5:47	5:52		5:39	5:43
Eli Fromm	6:40	JH	JH	C	7:22	7:00	C	7:43			7:00	7:22
Roman McKinney	6:40	JH	JH	C	6:31	6:32	C	6:31	6:43		6:31	6:34
Braxton Peetz		JH	JH	C	JH	6:46	C	6:47	6:55		6:46	6:49
Ethan Aagaard - 7		JH	JH	C	6:48	7:08	C	7:12	Alt		6:48	7:01
	3200 m	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	2500m			3200 m	3200 m
Eli Fromm - 8	6:38	6:34	6:00	C	V	V	C	JV			N-A	N-A
Dairmien Lord	7:28	7:43	7:03	C	7:31	7:46	C	7:27			N-A	N-A
Sawyer McDaniel	7:08	7:06	6:28	C	6:38	6:37	C	6:54			N-A	N-A
Roman McKinney	6:24	6:27	5:50	C	V	V	C	V			N-A	N-A
Daniel Milliman		7:06	6:59	C	DNR	8:01	C	DNR			N-A	N-A
Ayden Ostenson		7:30	7:07	C	7:59	7:43	C	7:54			N-A	N-A
Braxton Peetz		6:31	5:46	C	6:23	V	C	JV			N-A	N-A
Jace Peterson		6:39	6:03	C	6:34	6:37	C	6:31			N-A	N-A
Sean Skluzacek		6:40	6:06	C	DNF	6:45	C	6:47			N-A	N-A
Levi Wilson	7:05	7:01	6:27	C	7:00	6:49	C	6:46			N-A	N-A
Ethan Aagaard - 7		6:38	6:16	C	V	V	C	JV			N-A	N-A
Brady Berglund		DNR	DNR	C	7:08	7:10	C	7:11			N-A	N-A
Weston Clementson		6:42	6:22	C	6:47	6:48	C	6:43			N-A	N-A
Cooper Danielson		DNR	7:23	C	8:12	8:06	C	7:52			N-A	N-A
Caleb Hogberg		10:09	8:42	C	10:14	10:13	C	9:35			N-A	N-A
McCall Leger		DNR	DNR	C	DNR	DNR	C	7:58			N-A	N-A
Ashton Moore		DNR	8:30	C	DNR	DNR	C	DNR			N-A	N-A
Noah McDaniel		9:20	8:29	C	8:11	8:34	C	8:02			N-A	N-A
Ezra Overtom		DNR	DNR	C	10:25	10:15	C	9:35			N-A	N-A
Milo Rydberg		DNR	DNR	C	8:39	7:50	C	8:05			N-A	N-A
Rhivers Sauter		10:10	8:30	C	9:16	9:11	C	9:13			N-A	N-A
Bodhan Valvoda		7:07	6:43	C	7:04	6:49	C	6:52			N-A	N-A
Girls Name	PB - 2019	Rush City	Pine City	Rush City	Pine City Intra	Pine City	East Central	Conference	Section 5A	State	Best	Average
	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m	5000 m
Allison Cavallin - 12	-	DNR	9:26	C	9:12	8:54	C	9:30	9:00		8:54	9:12
Dorothy Miller - 11		11:20	10:06	C	9:28	DNR	C	DNR			9:28	9:47
Emma Johnson - 10		9:20	8:21	C	8:30	8:46	C	9:05	8:38		8:21	8:59
Abby Aagaard - 9		8:42	8:01	C	7:39	7:49	C	7:52	7:42		7:39	7:49
Emma Belsheim	7:33	8:44	7:51	C	7:41	7:50	C	7:46	7:34		7:34	7:44
Eva Johnson	6:26	7:42	6:34	C	DNR	6:51	C	6:51	6:45		6:45	6:49
Sophia Olson	7:54	8:42	7:52	C	DNR	DNR	C	DNR			7:52	7:52
Ariisa Rydberg	6:48	8:22	7:21	C	7:35	7:29	C	7:32	7:35		7:21	7:31
Ava Rydberg		10:58	DNR	C	DNR	DNF	C	DNR			10:58	10:58
Summer Thiemann		8:45	7:50	C	7:45	7:49	C	7:52			7:45	7:49
Rachel Brown - 8	7:29	9:06	7:52	C	7:43	7:32	C	7:35	7:24		7:24	7:37
Peyton Perreault		JH	JH	C	JH	8:26	C	8:11			8:11	8:18
	3200 m	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	2500m			3200 m	3200 m
Amber Norton - 8		9:07	7:41	C	8:17	8:11	C	8:13			N-A	N-A
Peyton Perreault		8:03	7:09	C	7:29	V	C	V			N-A	N-A
Samantha Root	7:39	8:13	7:10	C	8:00	7:42	C	7:40			N-A	N-A
Paige Gray - 7		8:39	7:32	C	8:05	8:02	C	7:38			N-A	N-A
Gracie Larson		8:26	7:35	C	7:53	7:58	C	7:39			N-A	N-A
Teresa Root		8:53	8:09	C	8:40	8:45	C	8:01			N-A	N-A
Taylor Tollefson		9:10	8:05	C	8:44	8:58	C	8:52			N-A	N-A

TEAM POSITIONS AT MEETS - 2020

Boys Name	Rush City 5000 m	Pine City 5000 m	Rush City 5000 m	Pine City Intra 5000 m	Pine City 5000 m	East Central 5000m	Conference 5000 m	Section 5A 5000 m	State 5000 m	Average 5000 m		
George Ausmus - 12	2	2	C	7	2	C	2	DNR		3.0		
Charlie Emmons	6	5	C	7	6	C	6	3		6.0		
Caleb Fromm	DNR	7	C	7	11	C	11			9.0		
Lukas Struss	7	DNF	C	7	8	C	10	7		8.0		
Hunter Danielson - 11	10	8	C	12	13	C	12			11.0		
Timmy Johnson	4	DNR	C	DNR	DNR	C	DNR			4.0		
Bryce Roberts	DNR	DNR	C	11	14	C	DNR			12.5		
Drake Willert	8	3	C	DNR	5	C	4	DNR		5.0		
Riley Cummings - 10	5	6	C	5	9	C	8	6		6.6		
Anthony Hill	3	4	C	2	3	C	3	2		3.0		
Nick Plasek	12	11	C	13	16	C	DNR			13.0		
Oscar Gribauval - 9	9	10	C	DNF	15	C	14			12.0		
Caden Schlichting	11	9	C	DNR	DNR	C	DNF			10.0		
Charlie Ausmus - 8	1	1	C	1	1	C	1	1		1.0		
Eli Fromm	JH	JH	C	6	10	C	13			9.7		
Roman McKinney	JH	JH	C	3	4	C	5	4		4.0		
Braxton Peetz	JH	JH	C	JH	7	C	7	5		7.0		
Ethan Aagaard - 7	JH	JH	C	4	12	C	9	Alt		8.3		
	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	2500 m			Average		
Eli Fromm - 8	3	3	C	V	V	C	JV			3.0		
Daimien Lord	12	12	C	8	9	C	8			9.8		
Sawyer McDaniel	9	9	C	3	1	C	6			5.6		
Roman McKinney	1	2	C	V	V	C	V			1.5		
Daniel Milliman	13	11	C	DNR	11	C	DNR			11.7		
Ayden Ostenson	11	13	C	9	8	C	10			10.2		
Braxton Peetz	2	1	C	1	V	C	JV			1.3		
Jace Peterson	5	4	C	2	2	C	1			2.8		
Sean Skluzacek	6	5	C	DNF	3	C	4			4.5		
Levi Wilson	8	8	C	5	6	C	3			6.0		
Ethan Aagaard - 7	4	6	C	V	V	C	JV			5.0		
Brady Berglund	DNR	DNR	C	7	7	C	7			7.0		
Weston Clementson	7	7	C	4	4	C	2			4.8		
Cooper Danielson	DNR	14	C	11	12	C	9			11.5		
Caleb Hogberg	15	18	C	16	15	C	16			16.0		
McCall Leger	DNR	DNR	C	DNR	DNR	C	11			11.0		
Ashton Moore	DNR	17	C	DNR	DNR	C	DNR			17.0		
Noah McDaniel	14	24	C	10	13	C	12			14.6		
Ezra Overtoom	DNR	DNR	C	17	16	C	15			16.0		
Milo Rydberg	DNR	DNR	C	13	10	C	13			12.0		
Rhivers Sauter	16	16	C	15	14	C	14			15.0		
Bodhan Valvoda	10	13	C	6	5	C	5			7.8		
Girls Name	Rush City 5000 m	Pine City 5000 m	Rush City 5000 m	Pine City Intra 5000 m	Pine City 5000 m	East Central 5000 m	Conference 5000 m	Section 5A 5000 m	State 5000 m	Average Average		
Allison Cavallin - 12	DNR	9	C	7	9	C	9	7		8.2		
Dorothy Miller - 11	10	10	C	8	DNR	C	DNR			9.3		
Emma Johnson - 10	8	8	C	6	8	C	8	6		7.3		
Abby Aagaard - 9	4	7	C	2	4	C	6	5		4.7		
Emma Belsheim	5	4	C	3	6	C	4	3		4.2		
Eva Johnson	1	1	C	DNR	1	C	1	1		1.0		
Sophia Olson	3	6	C	DNR	DNR	C	DNR			4.5		
Arissa Rydberg	2	2	C	1	2	C	2	4		2.2		
Ava Rydberg	9	DNR	C	DNR	DNF	C	DNR			9.0		
Summer Thieman	6	3	C	5	5	C	5	DNR		4.8		
Rachel Brown - 8	7	5	C	4	3	C	3	2		4.0		
Peyton Perreault	JH	JH	C	JH	7	C	7	DNR		7.0		
	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	2500 m			Average		
Amber Norton - 8	6	5	C	5	4	C	5			5.0		
Peyton Perreault	1	1	C	1	V	C	V			1.0		
Samantha Root	2	2	C	3	1	C	3			2.2		
Paige Gray - 7	4	3	C	4	3	C	1			3.0		
Gracie Larson	3	4	C	2	2	C	2			2.6		
Teresa Root	5	7	C	6	5	C	4			5.4		
Taylor Tollefson	7	6	C	7	6	C	6			6.4		

PLACE FINISHES AT MEETS - 2020

Boys Name	Rush City 5000 m	Pine City 5000 m	Rush City 5000 m	Pine City Intra 5000 m	Pine City 5000 m	East Central 5000 m	Conference 5000 m	Section 5A 5000 m	State 5000 m	Average 5000 m
George Ausmus - 12	3	3	C	7	2	C	3	DNR		3.6
Charlie Emmons	9	8	C	7	6	C	11	73		19.0
Caleb Fromm		1 jv	C	7	13	C	4jv			2.5jv
Lukas Struss	10	DNF	C	7	8	C	21	122		33.6
Hunter Danielson - 11	5jv	2jv	C	12	17	C	5jv			4.0jv
Timmy Johnson	6	DNR	C	DNR	DNR	C	DNR			6.0
Bryce Roberts		DNR	C	11	19	C	DNR			15.0
Drake Willert	11	4	C	DNR	5	C	5	DNR		6.3
Riley Cummings - 10	2jv	11	C	5	9	C	2jv	106		32.8
Anthony Hill	4	6	C	2	3	C	4	50		11.5
Nick Plasek	11jv	11jv	C	13	24	C	DNR			11.0jv
Oscar Gribauval - 9	4jv	10jv	C	DNF	23	C	10jv			8.0jv
Caden Schlichting	9jv	9jv	C	DNR	DNR	C	DNF			9.0jv
Charlie Ausmus - 8	1	1	C	1	1	C	1	9		2.3
Eli Fromm	JH	JH	C	6	11	C	7jv			8.5
Roman McKinney	JH	JH	C	3	4	C	6	81		23.5
Braxton Peetz	JH	JH	C	JH	7	C	1jv	99		53.0
Ethan Aagaard - 7	JH	JH	C	4	14	C	3jv	Alt		9.0
	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	3200 m			Average
Eli Fromm - 8	3	3	C	V	V	C	JV			3.0
Daimien Lord	16	17	C	8	11	C	13			13.0
Sawyer McDaniel	10	11	C	3	1	C	9			6.8
Roman McKinney	1	2	C	V	V	C	V			1.5
Daniel Milliman	18	15	C	DNR	14	C	DNR			15.7
Ayden Ostenson	12	18	C	9	10	C	20			13.8
Braxton Peetz	2	1	C	1	V	C	JV			1.3
Jace Peterson	5	4	C	2	2	C	1			2.8
Sean Skluzacek	6	5	C	DNF	3	C	5			4.8
Levi Wilson	9	10	C	5	6	C	4			6.8
Ethan Aagaard - 7	4	8	C	V	V	C	JV			6.0
Brady Berglund	DNR	DNR	C	7	7	C	11			8.3
Weston Clementson	7	9	C	4	4	C	3			5.4
Cooper Danielson	DNR	22	C	11	16	C	19			17.0
Caleb Hogberg	22	27	C	16	19	C	30			22.8
McCall Leger	DNR	DNR	C	DNR	DNR	C	21			21.0
Ashton Moore	DNR	26	C	DNR	DNR	C	DNR			26.0
Noah McDaniel	21	24	C	10	17	C	22			18.8
Ezra Overtoom	DNR	DNR	C	17	20	C	29			22.0
Milo Rydberg	DNR	DNR	C	13	12	C	24			16.3
Rhivers Sauter	23	25	C	15	18	C	28			21.8
Bodhan Valvoda	11	13	C	6	5	C	8			8.6
Girls Name	Rush City 5000 m	Pine City 5000 m	Rush City 5000 m	Pine City Intra 5000 m	Pine City 5000 m	East Central 5000 m	Conference 5000 m	Section 5A 5000 m	State 5000 m	Average 5000 m
Allison Cavallin - 12	DNR	5jv	C	7	18	C	5jv	124		49.7
Dorothy Miller - 11	6jv	7jv	C	8	DNR	C	DNR			6.5jv
Emma Johnson - 10	3jv	1jv	C	6	17	C	2jv	119		2.0jv
Abby Aagaard - 9	6	16	C	2	9	C	16	86		22.5
Emma Belsheim	7	12	C	3	6	C	13	79		20.0
Eva Johnson	1	2	C	DNR	2	C	3	16		4.8
Sophia Olson	5	14	C	DNR	DNR	C	DNR			9.5
Arissa Rydberg	4	4	C	1	5	C	9	82		17.5
Ava Rydberg	4jv	DNR	C	DNR	DNF	C	DNR			4.0jv
Summer Thierman	8	11	C	5	10	C	15	DNR		9.8
Rachel Brown - 8	9	13	C	4	7	C	9	65		17.8
Peyton Perreault	JH	JH	C	JH	15	C	20	DNR		17.5
	2200 m	2000 m	2500 m	3200 m	3000 m	3000 m	3200 m			Average
Amber Norton - 8	14	11	C	5	5	C	10			9.0
Peyton Perreault	4	4	C	1	V	C	V			3.0
Samantha Root	5	5	C	3	1	C	4			3.6
Paige Gray - 7	8	8	C	4	4	C	2			5.2
Gracie Larson	7	9	C	2	3	C	3			4.8
Teresa Root	12	15	C	6	6	C	7			9.2
Taylor Tollefson	15	13	C	7	7	C	15			11.4

GIRLS
TOP CROSS COUNTRY TEAMS AT MEETS
By Top-5 Average Times
2020

PINE CITY INVITE (Top 5)				
21:49	2015	A. Webster, A. Gusk, M. Foss, A. Steele, & G. Langmade		
22:45	2017	A. Steele, A. Webster, L. Wilson, M. Foss & A. Thieman		
23:35	2020	E. Johnson, A. Rydberg, S. Thieman, E. Belsheim & R. Brown		
24:02	2016	A. Webster, M. Foss, L. Wilson, G. Langmade & A. Thieman		
25:22	2018	A. Steele, A. Thieman, K. Pihoda, A. Chromey & H. Rydberg		
N-A	2019	No team score		
CONFERENCE (Top 6) Great River Conference				
20:56	2015	A. Steele, M. Foss, A. Gusk, A. Webster & G. Langmade	GRC-PC	
22:01	2019	A. Steele, E. Johnson, A. Rydberg, G. Grubbs & R. Brown	GRC-PC	
22:19	2016	A. Webster, A. Steele, M. Foss, G. Grubbs & L. Wilson	GRC-PC	
22:31	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	GRC-PC	
22:34	2017	A. Steele, A. Webster, A. Thieman, G. Grubbs & L. Wilson	GRC-PC	
23:21	2020	E. Johnson, A. Rydberg, R. Brown, E. Belsheim & S. Thieman	GRC-HF	
SECTION (Top 5) Mora & Milaca				
20:44	2015	A. Webster, A. Gusk, M. Foss, A. Steele, & M. Butenhoff	Milaca	
21:32	2016	M. Foss, A. Steele, A. Webster, G. Grubbs & L. Wilson	Milaca	
21:34	2019	A. Steele, E. Johnson, A. Rydberg, R. Brown & E. Belsheim	Mora	
22:15	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	Mora	
22:22	2017	A. Steele, A. Webster, G. Grubbs, A. Thieman & M. Foss	Mora	
23:00	2020	E. Johnson, R. Brown, E. Belsheim, A. Rydberg & A. Aagaard	Mora	

STATE at St. Olaf in Northfield				
20:56	2015	A. Gusk, A. Webster, A. Steele, M. Butenhoff & M. Foss	STATE	
ALL-TIME BESTS (Top 34)				
20:44	2015	A. Webster, A. Gusk, M. Foss, A. Steele, & M. Butenhoff	Section 5A - Milaca	
20:56	2015	A. Gusk, A. Webster, A. Steele, M. Butenhoff & M. Foss	STATE	
20:56	2015	A. Steele, M. Foss, A. Gusk, A. Webster & G. Langmade	GRC-PC	
21:19	2015	A. Steele, A. Gusk, A. Webster, M. Foss, & G. Langmade	Swain	
5	21:32	2016	M. Foss, A. Steele, A. Webster, G. Grubbs & L. Wilson	Section 5A - Milaca
	21:34	2019	A. Steele, E. Johnson, A. Rydberg, R. Brown & E. Belsheim	Section 5A - Mora
	21:36	2015	A. Gusk, A. Steele, A. Webster, M. Foss & G. Langmade	Cambridge-Isanti
	21:40	2015	A. Steele, M. Foss, A. Gusk, A. Webster, & G. Langmade	Becker
	21:43	2015	A. Steele, A. Webster, A. Gusk, M. Foss, & G. Langmade	MMM (G.C.)
10	21:49	2015	A. Webster, A. Gusk, M. Foss, A. Steele, & G. Langmade	Pine City
	21:58	2017	A. Steele, A. Webster, G. Grubbs, L. Wilson & Al. Thieman	Foley
	22:01	2019	A. Steele, E. Johnson, A. Rydberg, G. Grubbs & R. Brown	GRC-PC
	22:02	2015	A. Gusk, A. Webster, A. Steele, G. Langmade, & M. Foss	Pierz
	22:12	2015	A. Gusk, A. Steele, A. Webster, G. Langmade, & M. Foss	Mora
15	22:15	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	Section 5A - Mora
	22:18	2016	M. Foss, A. Webster, G. Grubbs, L. Wilson, & G. Langmade	Mora
	22:19	2016	A. Webster, A. Steele, M. Foss, G. Grubbs & L. Wilson	GRC-PC
	22:22	2019	A. Steele, E. Johnson, A. Rydberg, E. Belsheim & S. Olson	Foley
	22:22	2017	A. Steele, A. Webster, G. Grubbs, A. Thieman & M. Foss	Section 5A - Mora
20	22:23	2017	A. Steele, A. Webster, A. Thieman, G. Grubbs & G. Langmade	Mora L.C.
	22:24	2016	A. Webster, G. Grubbs, L. Wilson, Al. Thieman & A. Steele	MMM (G.C.)
	22:27	2017	A. Steele, G. Grubbs, A. Webster, L. Wilson & M. Foss	Pierz
	22:30	2016	A. Steele, A. Webster, L. Wilson, Al. Thieman & G. Grubbs	Swain
	22:31	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	GRC-PC
25	22:34	2017	A. Steele, A. Webster, A. Thieman, G. Grubbs & L. Wilson	GRC-PC
	22:35	2015	A. Gusk, A. Webster, A. Steele, M. Foss, & M. Butenhoff	Brainerd
	22:37	2016	A. Webster, A. Steele, Al. Thieman, L. Wilson & K. Pihoda	Mora L.C.
	22:37	2016	A. Steele, A. Webster, G. Grubbs, L. Wilson & Marin Foss	Pierz
	22:45	2017	A. Webster, G. Langmade, A. Steele, L. Wilson & Al. Thieman	Pine City
30	22:51	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	Mora L.C.
	22:53	2017	A. Steele, A. Webster, M. Foss, G. Grubbs, & Lily Wilson	MMM (G.C.)
	23:00	2020	E. Johnson, R. Brown, E. Belsheim, A. Rydberg & A. Aagaard	Section 5A - Mora
	23:01	2018	A. Steele, E. Johnson, G. Grubbs, K. Pihoda & A. Cavallin	Foley
	23:09	2016	M. Foss, A. Webster, A. Steele, G. Grubbs, & Lily Wilson	Brainerd
35	23:18	2020	E. Johnson, A. Rydberg, R. Brown, A. Aagaard & S. Thieman	Pine City Dual

GIRLS - TOP 10 CROSS COUNTRY TIMES AT MEETS (5K)

PINE CITY			Mora			PIERZ			ALL-TIME BEST 4K			
20:37	Alaina Steele	2019	20:39	Alaina Steele	2019	20:27	Alaina Steele	2018	15:44	Sherry Rike	2011	SECT
20:56	Alaina Steele	2017	20:45	Alaina Steele	2018	20:44	Alaina Steele	2017	15:45	Abby Cummins	2011	SECT
21:06	Eva Johnson	2020	21:20	Alaina Steele	2017	21:00	Alaina Steele	2019	15:46	Emily Branzovsky	2003	SECT
21:37	Alaina Steele	2018	21:32	Eva Johnson	2019	21:20	Allison Gusk	2015	15:50	Emily Branzovsky	2003	STA
21:38	Eva Johnson	2019	21:32	Marin Foss	2016	21:38	Eva Johnson	2019	15:52	Abby Cummins	2012	SECT
21:40	Ashli Webster	2015	21:51	Allison Gusk	2015	21:48	Ashli Webster	2015	15:55	Abby Cummins	2012	GRC
21:41	Allison Gusk	2015	21:52	Alaina Steele	2015	21:51	Alaina Steele	2015	15:56	Emily Branzovsky	2003	BECK
21:44	Marin Foss	2015	21:53	Ashli Webster	2015	21:57	Alaina Steele	2016	16:02	Abby Cummins	2010	SECT
21:50	Alaina Steele	2015	22:11	Ashli Webster	2016	22:28	Grace Langmade	2015	16:13	Marin Foss	2014	SECT
22:12	Grace Langmade	2015	22:28	Grace Grubbs	2016	22:33	Ashli Webster	2016	16:13	Abby Cummins	2012	MEGA
									16:14	Allison Gusk	2014	SECT
MILACA MEGA (G.C.)			Foley			SWAIN			Camb./Mora			
19:53.5	Alaina Steele	2018	19:43	Alaina Steele	2018	20:36	Alaina Steele	2018	20:07	Alaina Steele	2018	
20:27	Alaina Steele	2017	20:08	Alaina Steele	2017	20:48	Alaina Steele	2015	20:33	Alaina Steele	2019	
21:09	Alaina Steele	2019	20:12	Alaina Steele	2019	21:06	Allison Gusk	2015	20:52	Alaina Steele	2017	
21:22	Alaina Steele	2015	20:38	Eva Johnson	2019	21:07	Ashli Webster	2015	21:04	Allison Gusk	2015	
21:22	Ashli Webster	2015	21:33	Arissa Rydberg	2019	21:37	Eva Johnson	2018	21:05	Eva Johnson	2018	
21:23	Allison Gusk	2015	21:42	Ashli Webster	2017	21:40	Marin Foss	2015	21:22	Ashli Webster	2016	
21:25	Eva Johnson	2019	21:57	Eva Johnson	2018	21:56	Grace Langmade	2015	21:29	Arissa Rydberg	2019	
21:26	Marin Foss	2015	22:36	Grace Grubbs	2017	22:01	Alaina Steele	2019 L	21:30	Alaina Steele	2015	
21:42	Ashli Webster	2016	22:36	Lily Wilson	2017	22:07	Alaina Steele	2016	21:35	Ashli Webster	2015	
22:27	Grace Grubbs	2016	22:48	Alexis Thieman	2017	22:14	Eva Johnson	2019 L	21:47	Alaina Steele	2016	
CONFERENCE			SECTION			STATE			ALL-TIME BEST 5K			
20:20	Alaina Steele	2019 PC	19:43.1	Alaina Steele	2019 Mo	19:47	Alaina Steele	2018	19:43.1	Alaina Steele	2019	Section
20:21	Alaina Steele	2018 PC	20:04	Eva Johnson	2019 Mo	19:59	Alaina Steele	2019	19:43.1	Alaina Steele	2018	Foley
20:29	Eva Johnson	2019 PC	20:07	Alaina Steele	2018 Mo	20:11	Eva Johnson	2019	19:47.2	Alaina Steele	2018	STATE
20:33	Alaina Steele	2015 PC	20:23	Eva Johnson	2018 ML	20:28	Allison Gusk	2015	19:53.5	Alaina Steele	2018	MMM
20:37	Marin Foss	2015 PC	20:36	Ashli Webster	2015 ML	20:43	Ashli Webster	2015	19:58.9	Alaina Steele	2019	STATE
20:44	Eva Johnson	2018 PC	20:37	Allison Gusk	2015 ML	20:55	Alaina Steele	2015	20:04.1	Eva Johnson	2019	Section
20:48	Allison Gusk	2015 PC	20:44	Marin Foss	2015 ML	21:11	Makayla Butenhoff	2015	20:07	Alaina Steele	2018	Section
20:52	Ashli Webster	2015 PC	20:48	Alaina Steele	2015 ML	21:21	Marin Foss	2015	20:07	Alaina Steele	2018	Mora LC
21:16	Eva Johnson	2020 HF	20:58	Makayla Butenhoff	2015 ML				20:09	Alaina Steele	2017	Foley
21:19	Alaina Steele	2017 PC	20:59	Eva Johnson	2020 Mo	15:50	Emily Branzovsky	2003	20:11	Eva Johnson	2019	STATE
						16:50	Marin Foss	2014	20:12	Alaina Steele	2019	Foley

BOYS
TOP CROSS COUNTRY TEAMS AT MEETS
By Top-5 Average Times
2020

PINE CITY INVITE (Top 11)			
18:28	2006	T. McNally, T. Miche, D. Hambly, A. Lutz & C. Fischer	
18:32	2005	C. Fischer, T. McNally, T. Miche, A. Lutz & Jo. Clementson	
18:38	1997	Pe. Johnson, R. Wasson, Pa. Johnson, J. Larson & J.R. Anderson	
18:43	2017	T. Ryan, N. Webster, A. Eckert, TJ Rank & N. Miller	
18:43	2002	Ja. Clementson, C. Lutz, S. Peterson, Dv. Hansen, & C. Greden	
18:51	2007	T. McNally, C. Fischer, Z. Swanson, A. Lutz & D. Hambly	
19:01	2000	R. Hammill, Ja. Clementson, J. Lee, J. Oare & R. Arola	
19:02	2014	E. Foss, N. Adams, E. Grubbs, J. Spahr & J. Pixley	
19:07	2010	C. Hanson, J. Dedic, N. Bremer, J. Guttormson & C. Maki	
19:13	2001	Ja. Clementson, Dv. Hansen, C. Lutz, R. Arola & C. Zak	
19:19	1996	J.R. Anderson, R. Wasson, R. Anderson, Q. Patzoldt & B. Runyan	
CONFERENCE (Top 11) Great River, Two-River & Rum River			
17:54	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	TRC - PC
17:55	2003	Ja. Clementson, C. Fischer, Dv. Hansen, A. Lee & T. Miche	RRC - SM
17:57	2005	T. McNally, T. Miche, C. Fischer, A. Lutz & D. Hambly	TRC - PC
17:59	2000	R. Hammill, Ja. Clementson, J. Lee, Pe. Johnson & J. Oare	RRC - FO
18:05	2006	T. McNally, T. Miche, D. Hambly, A. Lutz & Jo. Clementson	TRC - PC
18:06	2001	C. Lutz, Dv. Hansen, C. Zak, Ja. Clementson & R. Arola	RRC - NB
18:18	1997	J. Larson, Pa. Johnson, Pe. Johnson, R. Wasson & N. Johnson	RRC - SA
18:20	2004	T. Miche, T. McNally, C. Fischer, D. Hambly & J. Boland	RRC - PR
18:21	2018	T. Ryan, N. Webster, L. Vinaja, J. Adams & TJ Rank	GRC - PC
18:29	2015	N. Adams, E. Grubbs, R. Steele, A. Clementson & T. Ryan	GRC - PC
18:31	2014	E. Foss, N. Adams, E. Grubbs, J. Spahr & J. Pixley	GRC - PC
SECTION (Top 11) Mora, Milaca, Pierz, Cloquet & Becker			
17:31	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	Pierz
17:43	2005	T. McNally, T. Miche, D. Hambly, A. Lutz & C. Fischer	Cloquet
17:47	2002	Ja. Clementson, C. Lutz, C. Greden, S. Peterson, S. Laugerman	Becker
17:53	2018	T. Ryan, N. Webster, L. Vinaja, TJ Rank & N. Miller	Mora
17:53	2000	Ja. Clementson, Hammill, P. Johnson, J. Lee & J. Oare	Becker
17:53	2004	T. Miche, T. McNally, C. Fischer, D. Hambly & J. Boland	Cloquet
17:55	2006	T. McNally, T. Miche, D. Hambly, A. Lutz & Jo. Clementson	Cloquet
18:00	2016	E. Grubbs, T. Ryan, N. Webster, D. Clementson & N. Miller	Milaca
18:00	2008	Z. Swanson, D. Hansen, J. Emslander, B. Wirth & N. Bremer	Pierz
18:08	2013	E. Foss, N. Adams, J. Spahr, E. Grubbs & B. Hunter	Milaca
18:11	1997	R. Wasson, J. Larson, Pa. Johnson, J.R. Anderson & Pe. Johnson	Cloquet

STATE at St. Olaf in Northfield (Only 4)			
17:23	2006	T. McNally, T. Miche, D. Hambly, Jo. Clementson & A. Lutz	
17:29	2005	T. McNally, T. Miche, C. Fischer, D. Hambly & A. Lutz	
17:30	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	
18:14	2000	Ja. Clementson, J. Lee, Pe. Johnson, R. Arola & J. Oare	
ALL-TIME BESTS (Top 32)			
17:23	2006	T. McNally, T. Miche, D. Hambly, Jo. Clementson & A. Lutz	STATE
17:29	2005	T. McNally, T. Miche, C. Fischer, D. Hambly & A. Lutz	STATE
17:30	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	STATE
17:31	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	Section 5A- PZ
5 17:38	2000	R. Hammill, Ja. Clementson, P. Johnson, J. Lee, & J. Oare	Sub-Section- PZ
17:43	2005	T. McNally, T. Miche, D. Hambly, A. Lutz & C. Fischer	Section 7A- CL
17:46	2006	T. McNally, D. Hambly, T. Miche, A. Lutz & Jo. Clementson	Becker Invite
17:47	2002	Ja. Clementson, C. Lutz, C. Greden, S. Peterson, S. Laugerman	Section 5A- BK
17:47	1997	Pe. Johnson, R. Wasson, Pa. Johnson, J. Larson & J.R. Anderson	Princeton (Mega)
10 17:48	2006	T. McNally, D. Hambly, T. Miche, A. Lutz & Jo. Clementson	MILACA MEGA
17:50	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & A. Lutz	MILACA MEGA
17:53	2018	T. Ryan, N. Webster, L. Vinaja, TJ Rank & N. Miller	Section 5A- Mo
17:53	2000	Ja. Clementson, Hammill, P. Johnson, J. Lee & J. Oare	Section 5A- BK
17:53	2004	T. Miche, T. McNally, C. Fischer, D. Hambly & J. Boland	Section 7A- CL
15 17:54	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	TRC - PC
17:55	2006	T. McNally, T. Miche, D. Hambly, A. Lutz & Jo. Clementson	Section 7A- CL
17:55	2003	Ja. Clementson, C. Fischer, Dv. Hansen, A. Lee & T. Miche	RRC - SM
17:57	2007	T. McNally, D. Hambly, Z. Swanson, C. Fischer & D. Hansen	Princeton Invite
17:57	2005	T. McNally, T. Miche, C. Fischer, A. Lutz & D. Hambly	TRC - PC
20 17:59	2000	R. Hammill, Ja. Clementson, J. Lee, Pe. Johnson & J. Oare	RRC - FO
18:00	2016	E. Grubbs, T. Ryan, N. Webster, D. Clementson & N. Miller	Section 5A- ML
18:00	2008	Z. Swanson, D. Hansen, J. Emslander, B. Wirth & N. Bremer	Section 5A- PZ
18:01	2018	T. Ryan, N. Webster, L. Vinaja, N. Miller & J. Adams	MILACA MEGA
18:01	2000	R. Hammill, Ja. Clementson, J. Lee, J. Oare & Pe. Johnson	N. Branch Invite
25 18:03	2006	T. McNally, T. Miche, D. Hambly, Jo. Clementson & A. Lutz	Pierz Stampede
18:05	2006	T. McNally, T. Miche, D. Hambly, A. Lutz & Jo. Clementson	TRC- PC
18:06	2018	T. Ryan, N. Webster, J. Adams, L. Vinaja & N. Miller	Foley
18:06	2001	C. Lutz, Dv. Hansen, C. Zak, Ja. Clementson & R. Arola	RRC- NB
18:07	2005	T. McNally, T. Miche, D. Hambly, J. Boland & A. Lutz	Cambridge Invite
30 18:08	2007	D. Hambly, T. McNally, Z. Swanson, A. Lutz & D. Hansen	Becker Invite
18:08	2013	E. Foss, N. Adams, J. Spahr, E. Grubbs & B. Hunter	Section 5A- ML
18:10	2005	T. Miche, McNally, Fischer, A. Lutz & Jo. Clementson	Pierz Stampede

BOYS - TOP 10 CROSS COUNTRY TIMES AT MEETS

BRAINERD / PRINCETON				PINE CITY				MILACA/MORA				PIERZ			
17:42	Tommy Ryan	2018		17:01	Jim Kingen	1986		17:17	Zach Swanson	2008		16:58	Trevor McNally	2006	
18:01	Tommy Ryan	2017		17:14	Trevor McNally	2006		17:27	Trevor McNally	2006		17:10	Jared Clementson	2003	
18:09	Nate Webster	2019		17:16	Zach Swanson	2008		17:29	Eli Grubbs	2016	Mo	17:11	Tommy Ryan	2018	
18:14	Nate Webster	2017		17:21	Jared Clementson	2003		17:52	Tommy Ryan	2017	Mo	17:14	Easton Foss	2014	
18:15	Nate Webster	2018		17:28	Jared Clementson	2002		17:53	Cody Hanson	2010		17:14	Zach Swanson	2008	
18:21^	Eli Grubbs	2016		17:33	Charlie Ausmus	2020		17:59	Noah Adams	2015	Mo	17:14	Jared Clementson	2002	
18:37	Noah Adams	2015		17:33	Cody Hanson	2010		18:03	Easton Foss	2013	Mo	17:20	Tom Miche'	2005	
18:42^	Nate Webster	2016		17:34	John Bloom	1988		18:03	Dan Pangerl	1998		17:30	Tommy Ryan	2017	
18:47^	Tommy Ryan	2016		17:46	Tommy Ryan	2017		18:05	Tommy Ryan	2016	Mo	17:30	Jared Clementson	2001	
19:16	Austin Eckert	2017		17:51	Nate Webster	2017		18:05	Nate Webster	2018	Mo	17:33	Trevor McNally	2005	
MILACA MEGA (G.C.)				SWAIN				BECKER / HINCKLEY				PRIN/CAMB/PROC/MORA			
16:56	Tommy Ryan	2018		17:08	Jim Kingen	1986		16:31	Jared Clementson	2002		17:07	Cody Hanson	2010	Pri
17:06	Zach Swanson	2008		17:22	Tommy Ryan	2018		16:49	Trevor McNally	2006		17:11	Tommy Ryan	2018	Mo
17:11	Cody Hanson	2010		17:25	Trevor McNally	2006		16:54	Zach Swanson	2008		17:19	Zach Swanson	2008	
17:18	Nate Webster	2018		17:39	Nate Webster	2019		17:18	David Hambly	2006		17:24	Trevor McNally	2007	Pri
17:20	Trevor McNally	2007		17:47	Noah Adams	2015		17:30	Cody Hanson	2010		17:31	Easton Foss	2014	Pro
17:22	Easton Foss	2014		17:48	Nate Webster	2018		17:33	Tom Miche'	2006		17:39	David Hambly	2007	Pri
17:24	Easton Foss	2013		17:54	Easton Foss	2013		17:35	David Hambly	2007		17:43	Tommy Ryan	2017	Mo
17:29	David Hambly	2007		17:55	Eli Grubbs	2016		17:38	Easton Foss	2013		17:45	Nate Webster	2018	Mo
17:48	Tommy Ryan	2017		17:55	Trevor McNally	2005		17:48	Trevor McNally	2007		17:49	Tommy Ryan	2016	Mo
17:50	Noah Adams	2015		17:57	Tom Miche'	2006		17:49	Jared Clementson	2002		17:49	Cody Hanson	2009	
CONFERENCE				SECTION				STATE				ALL-TIME BESTS			
16:39	Jared Clementson	2003	SM	16:20	Jared Clementson	2002	BK	*17:01	Jared Clementson	2002		16:20	Jared Clementson	2002	SECT
17:15	Trevor McNally	2006	PC	16:57	Tommy Ryan	2018	Mo	16:32	Tommy Ryan	2018		*17:01	Jared Clementson	2002	STA
17:19	Tommy Ryan	2018	PC	16:57	Jared Clementson	2003	CL	16:32	Trevor McNally	2006		16:27	Per Zillmer	1982	MMM
17:20	Cody Hanson	2010	PC	17:03	Trevor McNally	2005	CL	16:49	Jared Clementson	2003		16:31	Jared Clementson	2003	BL-BK
17:26	Jared Clementson	2002	PC	17:03	Trevor McNally	2007	PZ	16:50	Tom Miche'	2006		16:32	Tommy Ryan	2018	STA
17:28	Zach Swanson	2008	PC	17:04	Trevor McNally	2006	CL	16:53	Cody Hanson	2010		16:32	Trevor McNally	2006	STA
17:28	Trevor McNally	2005	PC	17:05	Cody Hanson	2010	PZ	16:55	Trevor McNally	2005		16:32	Chase Duarte	1984	ChL
17:35	Tom Miche'	2005	PC	17:05	Tom Miche'	2004	CL	16:55	Trevor McNally	2007		16:36	John Bloom	1990	MMM
17:35	Trevor McNally	2007	PC	17:09	Easton Foss	2013	ML	16:56	Tommy Ryan	2017		16:37	Jared Clementson	2002	FOL
17:36	Ryan Hammill	1999	ML	17:10	Tom Miche'	2005	CL	17:00	Easton Foss	2014		16:39	Jared Clementson	2003	CONF

*5200m course (16:22)

*5200m course (16:22)

TOP GIRLS BEST 5K XC TIMES UNDER 23:00

<u>Single Rank</u>	<u>Race Rank</u>	<u>Time</u>	<u>Name</u>	<u>Year</u>	<u>Meet</u>
1	1	19:43.1	Alaina Steele	2018/2019	Foley / Section 5A
2	6	20:04.3	Eva Johnson	2019	Section 5A (Mora)
3	17	20:28.2	Allison Gusk	2015	STATE
4	21	20:35.9	Ashli Webster	2015	Section 5A (Milaca)
5	23	20:37	Marin Foss	2015	GRC-PC
6	41	20:57.5	Makayla Butenhoff	2015	Section 5A (Milaca)
7	54	21:11.9	Arissa Rydberg	2019	Section 5A (Mora)
8	T73	21:31.9	Grace Langmade	2015	Section 5A (Milaca)
9	T96	21:51.1	Grace Grubbs	2016	Section 5A (Milaca)
10	109	21:59.9	Lily Wilson	2016	Section 5A (Milaca)
11	T136	22:35	Alexis Thieman	2016	Mora Last Chance
12	174	22:59	Jill Tomczyk	2015	Becker
13	T175	23:00	Rachel Brown	2020	Section 5A (Mora)

TOP BOYS BEST 5K XC TIMES UNDER 18:00

<u>Single Rank</u>	<u>Race Rank</u>	<u>Time</u>	<u>Name</u>	<u>Year</u>	<u>Meet</u>
1	1	16:20	Jared Clementson	2002	SECTION-Becker
2	3	16:27	Per Zillmer	1982	Princeton (Mega)
T3	T5	16:32.2	Tommy Ryan	2018	STATE
T3	T5	16:32.2	Trevor McNally	2006	STATE
T3	T5	16:32	Chase Duarte	1985	Chisago Lakes
5	8	16:36	John Bloom	1990	Princeton (Mega)
6	12	16:45	Jim Kingen	1986	District 25
7	19	16:50	Tom Miche'	2006	STATE
T8	T22	16:54	Cody Hanson	2010	STATE
T8	T22	16:54	Zach Swanson	2008	Becker
11	T35	17:00	Easton Foss	2014	STATE
12	T46	17:05	David Hambly	2006	STATE
13	T56	17:10	Ryan Hammill	2000	SubSection-Pierz
14	T63	17:12	Eli Grubbs	2016	Section-Milaca
15	T76	17:16	Chris Lutz	2001	SubSection-Pierz
16	T85	17:18	Nate Webster	2018	MMM (G.C.)
17	T115	17:27	Jason Rarick	1987	RRC - Pine City
T18	T120	17:29	Peter Johnson	2000	SubSection-Pierz
T18	T134	17:32	Noah Adams	2013	Section-Milaca
20	T134	17:32	Marcus Duarte	1987	RRC
21	T137	17:33	Charlie Ausmus	2020	Pine City
22	T146	17:34	David Hansen	2001	Pierz
23	T150	17:35	Ricky Wasson	1997	Princeton (Mega)
T24	T158	17:37	Clay Fischer	2003	RRC-STMA
T24	T197	17:45	Jeremy Lee	2000	SubSection-Pierz
T26	T210	17:47	Logan Vinaja	2018	Section 5A - Mora
T26	T210	17:47	Jason Larson	1997	Princeton (Mega)
T26	T210	17:47	Paul Johnson	1997	Princeton (Mega)
29	T235	17:51	Jordan Rarick	2012	MMM (G.C.)
T30	T256	17:53	Karl Greden	2002	Section-Becker
T30	T256	17:53	Danny Olson	1989	Region 7 - Cambridge
32	T273	17:55	Charlie Zak	2001	SubSection-Pierz
33	T283	17:57	J.R. Anderson	1996	Rush City

1000/500 Top Practice Times ~ 2020

<u>Boys Names</u>	<u>1000 times</u>	<u>year</u>
1 Eli Grubbs	2:50 (t)	2016
2 Tommy Ryan	2:52 (t)	2018
3 Tommy Ryan	2:55 (t)	2017
4 Easton Foss	2:57	2013
5 Easton Foss	2:57 (t)	2014
6 Nate Webster	2:59 (t)	2019
7 Trevor McNally	3:00	2007
8 Nate Webster	3:00 (t)	2018
9 Cody Hanson	3:02	2010
10 John Dedic	3:03	2010
11 Jared Clementson	3:03	2002
12 Tom Miche'	3:03	2006
13 Charlie Ausmus	3:03 (t)	2020
14 Nate Webster	3:03 (t)	2017
15 Noah Adams	3:03 (t)	2013
16 Zach Swanson	3:04	2008
17 Austin Eckert	3:04 (t)	2017
18 Noah Adams	3:04 (t)	2015
19 Eli Grubbs	3:05 (t)	2015
20 Eli Grubbs	3:05 (t)	2014
21 Cody Hanson	3:05 (t)	2009
22 Trevor McNally	3:06	2006
23 Tommy Ryan	3:06 (t)	2016
24 Noah Adams	3:06 (t)	2014
25 David Hambly	3:07	2004
26 Tom Miche'	3:07	2005
27 Trevor McNally	3:08	2005
28 Andrew Lutz	3:08	2007
29 James Pixley	3:09 (t)	2014
30 Noah Miller	3:09 (t)	2019

<u>Boys Names</u>	<u>500 times</u>	<u>year</u>
1 Tommy Ryan	1:14 (t)	2018
2 Eli Grubbs	1:14 (t)	2016
3 Noah Adams	1:16 (t)	2014
4 Easton Foss	1:16 (t)	2014
5 Nate Webster	1:17 (t)	2018
6 Jake Adams	1:17 (t)	2018
7 Tommy Ryan	1:17 (t)	2017
8 Easton Foss	1:17 (t)	2013
9 Noah Adams	1:17 (t)	2013
10 Eli Grubbs	1:18 (t)	2014
11 Cody Hanson	1:19	2010
12 John Dedic	1:19	2010
13 Chris Trudeau	1:19 (t)	2018
14 James Pixley	1:19 (t)	2014
15 Tom Miche'	1:20	2005
16 Zain Hunter	1:20	2012
17 Remington Steele	1:20 (t)	2017
18 Tommy Ryan	1:20 (t)	2016
19 Noah Adams	1:20 (t)	2015
20 Eli Grubbs	1:20 (t)	2015
21 Eli Grubbs	1:21	2013
22 Tom Miche'	1:21	2004
23 Clay Fischer	1:21	2005
24 Jordan Rarick	1:21	2012
25 Drake Willert	1:21 (t)	2019
26 Austin Eckert	1:21 (t)	2017
27 James Pixley	1:21 (t)	2013
28 Jared Clementson	1:22	2012
29 Remington Steele	1:22 (t)	2016
30 Logan Vinaja	1:22 (t)	2018

<u>Girls Names</u>	<u>1000 times</u>	<u>year</u>
1 Alaina Steele	3:26 (t)	2019
2 Alaina Steele	3:27 (t)	2017
3 Alaina Steele	3:28 (t)	2015
4 Marin Foss	3:28 (t)	2015
5 Marin Foss	3:29 (t)	2014
6 Sherry Rike	3:30	2011
7 Eva Johnson	3:30 (t)	2020
8 Alaina Steele	3:31 (t)	2018
9 Eva Johnson	3:34 (t)	2019
10 Arissa Rydberg	3:39 (t)	2019
11 Megan Miesner	3:40	2010
12 Abby Cummins	3:40	2012
13 Abby Cummins	3:41	2011
14 Grace Langmade	3:41 (t)	2015
15 Ashli Webster	3:42 (t)	2015
16 Allison Gusk	3:42 (t)	2015
17 Grace Grubbs	3:43 (t)	2018
18 Sherry Rike	3:44	2012
19 Marin Foss	3:44 (t)	2016
20 Morgan Richardson	3:45	2012
21 Brenna Richardson	3:45	2012
22 Eva Johnson	3:45 (t)	2018
23 Grace Grubbs	3:45 (t)	2017
24 Alexis Thieman	3:45 (t)	2016
25 Sherry Rike	3:46	2010
26 Allison Gusk	3:46 (t)	2014
27 Grace Grubbs	3:46 (t)	2014
28 Ashli Webster	3:47 (t)	2017
29 Jordan Kotek	3:49	2013
30 Brenna Richardson	3:49	2013
31 Sherry Rike	3:49	2009

<u>Girls Names</u>	<u>500 times</u>	<u>year</u>
1 Alaina Steele	1:31 (t)	2019
2 Alaina Steele	1:31 (t)	2017
3 Alaina Steele	1:31 (t)	2016
4 Marin Foss	1:31 (t)	2014
5 Sherry Rike	1:32	2011
6 Morgan Richardson	1:32	2012
7 Jordan Kotek	1:32 (t)	2013
8 Sherry Rike	1:33	2012
9 Marin Foss	1:33 (t)	2016
10 Alaina Steele	1:33 (t)	2015
11 Megan Miesner	1:34	2010
12 Grace Grubbs	1:34 (t)	2016
13 Marin Foss	1:34 (t)	2015
14 Allison Gusk	1:34 (t)	2014
15 Grace Langmade	1:35 (t)	2015
16 Aaleaha Thieman	1:35 (t)	2015
17 Grace Grubbs	1:35 (t)	2014
18 Jackie Westernen	1:35 (t)	2013
19 Sherry Rike	1:36	2008
20 Alexis Thieman	1:36 (t)	2016
21 Alexis Thieman	1:36 (t)	2015
22 Grace Langmade	1:36 (t)	2014
23 Ashli Webster	1:37 (t)	2017
24 Alexis Thieman	1:37 (t)	2017
25 Allison Gusk	1:37 (t)	2015
26 Jackie Westernen	1:37 (t)	2014
27 Ashli Webster	1:37 (t)	2014
28 Alaina Steele	1:37 (t)	2014
29 Sherry Rike	1:38	2010
30 Sherry Rike	1:38	2009

(t) track

Team Records by Season (1996-2020)

GIRLS			Year	BOYS		
Wins	Losses	Percent		Wins	Losses	Percent
15	15	0.500	2020	20	10	0.667
56	30	0.651	2019	67	93	0.419
31	52	0.373	2018	99	46	0.683
69	56	0.552	2017	85	48	0.639
70	48	0.593	2016	77	48	0.616
104	19	0.846 State	2015	64	56	0.533
65	40	0.619	2014	66	47	0.584
34	54	0.386	2013	63	45	0.583
39	44	0.470	2012	38	57	0.400
42	51	0.452	2011	25	53	0.321
39	48	0.448	2010	47	48	0.495
24	62	0.279	2009	35	56	0.385
9	30	0.231	2008	40	52	0.435
26	103	0.202	2007	129	25	0.838 State
29	85	0.254	2006	116	22	0.841 State
16	68	0.254	2005	102	21	0.829 State
31	27	0.534	2004	38	33	0.535
39	27	0.591	2003	59	66	0.472
37	24	0.607	2002	77	36	0.681
43	50	0.462	2001	62	46	0.574
30	49	0.380	2000	88	31	0.739 State
30	46	0.395	1999	42	72	0.368
28	35	0.444	1998	41	33	0.554
10	55	0.154	1997	78	26	0.750
2	32	0.059	1996	29	32	0.475
Total W's	Total L's	Total W %	Total	Total W's	Total L's	Total W %
918	1150	0.444		1587	1102	0.590
Overall Ave			25	Overall Ave		
9 Winning Seasons			Seasons	17 Winning Seasons		
Total Since 2013			8	Total Since 2013		
<u>Wins</u>	<u>Losses</u>	<u>Percent</u>		<u>Wins</u>	<u>Losses</u>	<u>Percent</u>
444	314	0.586	Seasons	541	393	0.579
6 Winning Seasons				7 Winning Seasons		

Pine City High School Cross Country

2020 Awards:

MOST VALUABLE RUNNER	Eva Johnson 20:59.3	Charlie Ausmus 17:33	
ROOKIE OF THE YEAR	Rachel Brown 23:00.0	Roman McKinney 20:14	
NEWCOMMER AWARD	Abby Aagaard 23:46	Anthony Hill 19:42.7	
MOST IMPROVED RUNNER	Allison Cavallin 27:40	Oscar Gribauval 25:36	
WORKHORSE AWARD	Emma Belsheim 23:29.2	George Ausmus 19:33	
SPORTSMANSHIP AWARD	Dorothy Miller 29:25	Ethan Aagaard 21:07	
TEAM AWARD (<u>T</u> ogether <u>E</u> veryone <u>A</u> chieves <u>M</u> ore)	Arissa Rydberg 22:51	Braxton Peetz 21:02	
PERSEVERANCE AWARD	Allison Cavallin 27:40	Charlie Emmons 20:34.4 Lukas Struss 21:09	
CAPTAINS: Charlie Emmons	Lukas Struss	Allison Cavallin	Eva Johnson

CONFERENCE TEAM CHAMPIONS

Boys' Varsity (19 pts)

Boys' JV (15 pts)

Boys' JH (17 pts)

Girls' JH (20 pts)

ALL-CONFERENCE

Charlie Ausmus (1)

Eva Johnson (3)

George Ausmus (3)

Arissa Rydberg (9)

Anthony Hill (4)

Rachel Brown (10)

Drake Willert (5)

Roman McKinney (6)

HONORABLE MENTION

Charlie Emmons (11)

Emma Belsheim (13)

Braxton Peetz* (12 *JV)

CONFERENCE INDIVIDUAL CHAMPIONS

Boys Varsity: Charlie Ausmus

Boys JV: Braxton Peetz

Boys JH: Jace Peterson

ACADEMIC EXCELLENCE

Boys: Gold Level (3.80 Cum GPA)

Girls: Gold Level (4.00 Cum GPA)

STATE MEET QUALIFIERS

Charlie Ausmus (9th at Sections)

*No State Meet Held

LETTER WINNERS

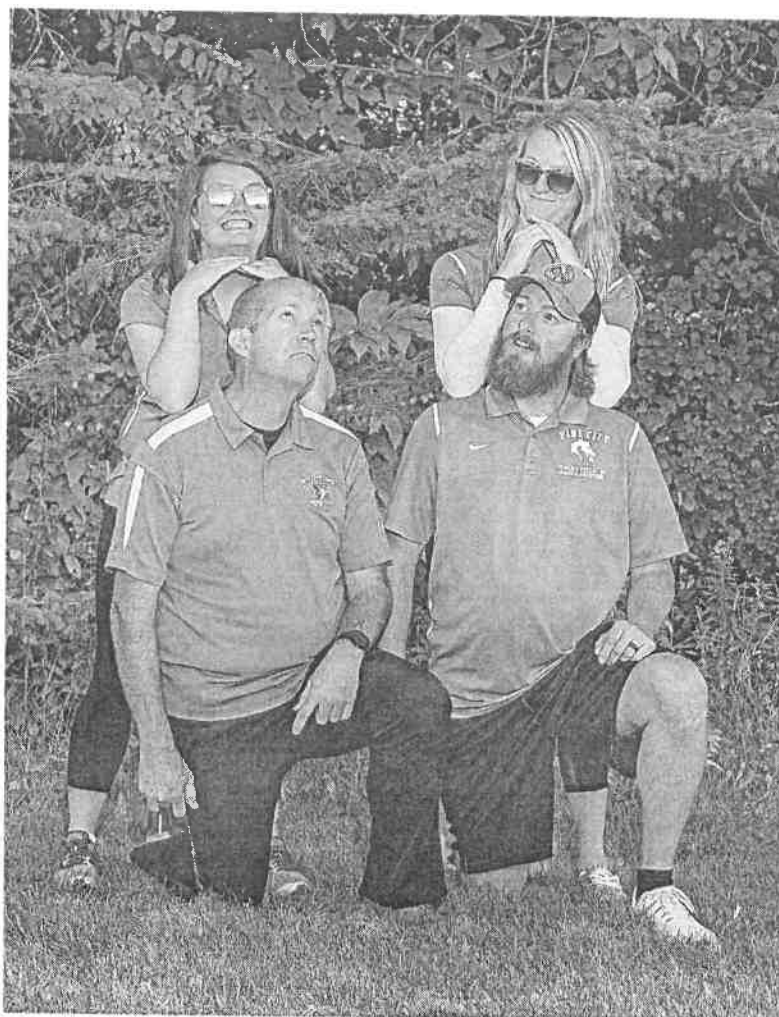
BOYS

Charlie Ausmus
George Ausmus
Drake Willert
Charlie Emmons
Lukas Struss
Anthony Hill
Roman McKinney
Braxton Peetz
Riley Cummings

GIRLS

Eva Johnson
Arisa Rydberg
Rachel Brown
Emma Belsheim
Sophia Olson
Abby Aagaard
Summer Thieman
Allison Cavallin
Emma Johnson

Coach
Sherry



Coach
Etta

Coach
Rob

Coach
Clementson

THANKS for a
GREAT
season!

- Coaches

2020



Boys

Great River Conference Champs

Section 5A - 11th Place

Girls

Great River Conference Runner-Up

Section 5A – 13th Place