

PINE CITY



2016

Year in Review

Dragon Track & Field



2016

GRC INDOOR TRACK MEET @ Foley

Saturday, April 2, 2016, 3:00

Pine City Girls' Results

<p>4 x 800 m Relay</p> <table border="0" style="width: 100%;"> <tr><td style="width: 15%;">1. Marin Foss</td><td style="width: 15%;">(77, 85)</td><td style="width: 15%;">2:42</td><td style="width: 15%;">PB</td></tr> <tr><td>2. Grace Langmade</td><td>(78, 83)</td><td>2:41</td><td></td></tr> <tr><td>3. Allison Gusk</td><td>(79, 81)</td><td>2:40</td><td></td></tr> <tr><td>4. Alaina Steele</td><td><u>(73, 78)</u></td><td><u>2:31</u></td><td></td></tr> <tr><td></td><td>10:34</td><td>1st</td><td></td></tr> </table> <p style="text-align: center;">***New GRC Indoor Record***</p> <p>55 m Hurdles</p> <table border="0" style="width: 100%;"> <tr><td style="width: 15%;">1. Elsie Lundquist</td><td style="width: 15%;">9.1</td><td style="width: 15%;">1st - PB</td><td style="width: 15%;"></td></tr> <tr><td></td><td colspan="3" style="text-align: center;">***New GRC Indoor Record***</td></tr> <tr><td>2. Natalie Cahill</td><td>10.3</td><td>2nd - PB</td><td></td></tr> <tr><td>3. 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	(1:29, 1:52, 1:59, 1:57)																																																																																																																																																																																																																																																																																																																				
1. Elsie Lundquist			36																																																																																																																																																																																																																																																																																																																		
2. Alaina Steele			19																																																																																																																																																																																																																																																																																																																		
3. Kelsey Erickson			13																																																																																																																																																																																																																																																																																																																		
3. Alexis Thieman			13																																																																																																																																																																																																																																																																																																																		
5. Natalie Cahill			11																																																																																																																																																																																																																																																																																																																		
6. Alexis Pankonin			10																																																																																																																																																																																																																																																																																																																		
7. Grace Langmade			9																																																																																																																																																																																																																																																																																																																		
7. Aaleaha Thieman			9																																																																																																																																																																																																																																																																																																																		
			19 total scorers																																																																																																																																																																																																																																																																																																																		
1. Pine City			138																																																																																																																																																																																																																																																																																																																		
2. Rush City			88																																																																																																																																																																																																																																																																																																																		
3. Mille Lacs			80																																																																																																																																																																																																																																																																																																																		
4. Braham			58																																																																																																																																																																																																																																																																																																																		
5. Ogilvie			32																																																																																																																																																																																																																																																																																																																		
6. East Central			31																																																																																																																																																																																																																																																																																																																		
7. Hinckley-Finlayson			10																																																																																																																																																																																																																																																																																																																		

GRC INDOOR TRACK MEET @ Foley

Saturday, April 2, 2016, 3:00

Pine City Boys' Results

4 x 800 m Relay	1. Tommy Ryan	(71, 69)	2:20
	2. Remington Steele	(68, 72)	2:20
	3. Austin Eckert	(72, 75)	2:27
	4. Noah Miller	(74, 76)	2:30
		9:36.9	2nd

Pole Vault	1. Adam Archambault	9' 0"	3rd
	2. TJ Rank	NH	

55 m Hurdles	1. Weston Berens	8.6	2nd - PB
	2. Jacob Merrick	11.4	PB

Long Jump	1. Adam Seals	18' 11"	2nd - PB
	2. Aaron Pulkrabek	18' 10.25"	3rd
	3. Riley Palmer	16' 4.75"	PB

55 m Dash	1. Adam Seals	6.9	5th - PB
	2. Sully Schmidt	7.0	Tie 6th - PB
	3. Brandon Haskovec	7.0	PB
	4. Tryston West	7.5	PB
	5. Blake Shermer	8.4	PB

High Jump	1. Brandon Haskovec	5' 10"	1st - PB
	2. Dakotah Neid	5' 8"	2nd
	3. Adam Seals	5' 6"	3rd

4 x 200 m Relay	1. Weston Berens	28.4	
	2. Sully Schmidt	24.8	
	3. Tryston West	27.0	PB
	4. Dakotah Neid	26.5	
	1:46.8	2nd	

Triple Jump	1. Aaron Pulkrabek	36' 4.75"	1st
	2. Sully Schmidt	36' 4.5"	2nd - PB
	3. Weston Berens	31' 7"	PB

1600 m Run	1. Eli Grubbs	4:57	1st
		(1:14, 1:15, 1:16, 1:12)	
	2. Tommy Ryan	5:08.4	2nd
		(1:16, 1:16, 1:23, 1:13)	
	3. Remington Steele	5:31.2	
		(1:17, 1:22, 1:20, 1:22)	

Shot Put	1. Damien Schwab	34' 3.5"	PB
	2. Blake Shermer	27' 11"	PB
	3. Tyler Noreen	26' 2"	PB
	4. Christian Fromm	24' 2"	PB

1600 m Run (Exhibition)	1. Tyler Noreen	?	
		(1:16, 1:16, 1:25, ?)	
	2. Noah Miller	5:32	
		(1:19, 1:29, 1:31, 1:1)	
	3. TJ Rank	5:59	
	4. Nathan Dieckman	6:07	
		(1:28, 1:35, 1:35, 1:2)	
	5. Christian Fromm	6:27	
		(1:29, 1:38, 1:43, 1:37)	

Sprint Med Relay (100-100-200-400)	1. Aaron Pulkrabek	?	
	2. Adam Seals	?	
	3. Dennis Skalicky	?	
	4. Dakotah Neid	60.0	
	1:50.5	2nd	

400 m Dash	1. Joey Mikyska	65.4	PB
	2. TJ Rank	68.4	

Top Point Getters

1. Aaron Pulkrabek	24
2. Eli Grubbs	22
3. Adam Seals	20
4. Sully Schmidt	17
5. Tommy Ryan	16
5. Dakotah Neid	16
7. Weston Berens	13
8. Brandon Haskovec	10
15 total scorers	

800 m Run	1. Eli Grubbs	(64, 71)	2:15.1	2nd
	2. Austin Eckert	(70, 74)	2:24.1	4th - PB
	3. Tyler Noreen	DNR		

200 m Dash	1. Sully Schmidt	26.7	4th
	2. Riley Palmer	26.8	5th - PB
	3. Adam Archambault	28.3	PB

4 x 400 m Relay	1. Dennis Skalicky	57.0	
	2. Tommy Ryan	61.0	
	3. Eli Grubbs	57.4	
	4. Aaron Pulkrabek	58.9	
	3:54.4	2nd	

TEAM RESULTS:

1. Braham	153
2. Pine City	142.5
3. Rush City	66.5
4. East Central	46
5. Hinckley-Finlayson	24
6. Ogilvie	9

RUSH CITY INVITATIONAL TRACK MEET
Tuesday, April 12, 2016, 4:00
Pine City Girls' Results

4 x 800 m Relay	1. Makayla Butenhoff	(80.8, 85.5)	2:46.3	
	2. Lydia Adams	(81.7, 90.5)	2:52.2	
	3. Grace Grubbs	(80.9, 86.3)	2:47.2	
	4. Ashli Webster	<u>(82.7, 88.7)</u>	<u>2:51.4</u>	
		11:17.0	1st	

100 m Hurdles	1. Elsie Lundquist	16.8	1st - PB
	2. Natalie Cahill	18.8	2nd
	3. Isabelle Sanders	25.7	PB
	4. Megan Cunnien	26.7	

100 m Dash	1. Alexis Pankonin	13.8	1st
	2. Kelsey Erickson	14.3	4th
	3. Aaleaha Thieman	14.3	5th - PB
	4. Cassidy Stream	15.8	
	5. Lilyanna Westveer	15.9	

4 x 200 m Relay	1. Aaleaha Thieman	30.8	
	2. Alexis Thieman	30.4	PB
	3. Breckan Pangerl	30.9	
	4. Kelsey Erickson	<u>29.9</u>	<u>PB</u>
		2:01.8	1st

1600 m Run	1. Alaina Steele	5:54.8	2nd
	(1:18, 1:33, 1:33, 1:31)		
	2. Marin Foss	6:10.9	4th
	(1:22, 1:34, 1:40, 1:35)		

4 x 100 m Relay	1. Kaylee Parihoda	15.8	PB
	2. Lexi Havel	12.9	PB
	3. Ellaina Johnson	16.2	PB
	4. Ainsley Vinaja	<u>14.5</u>	<u>PB</u>
		58.9	2nd

400 m Dash	1. Alexis Pankonin	64.6	2nd
	2. Kaylee Parihoda	72.1	6th - PB
	3. Kensi Tayerle	73.9	PB
	4. Ellaina Johnson	74.2	PB
	5. Ainsley Vinaja	74.7	PB

300 m Hurdles	1. Natalie Cahill	56.7	1st
	2. Makayla Butenhoff	57.2	2nd
	3. Megan Cunnien	72.5	PB

800 m Run	1. Alaina Steele	(78.1, 80.8)	2:38.9	1st
	2. Grace Langmade	(79.4, 86.4)	2:45.8	2nd

200 m Dash	1. Elsie Lundquist	29.0	1st
	2. Alexis Thieman	30.9	5th - PB
	3. Lexi Havel	31.1	PB
	4. Kelsey Erickson	DNR	
	5. Cassidy Stream	DNR	

3200 m Run	1. Ashli Webster	13:28	1st
	(1:33, 1:40, 1:43, 1:46, 1:42, 1:44, 1:47, 1:32)		
	2. Marin Foss	13:36	2nd
	(1:33, 1:42, 1:42, 1:46, 1:43, 1:42, 1:46, 1:41)		
	3. Grace Grubbs	13:42	3rd - PB
	(1:33, 1:42, 1:44, 1:45, 1:42, 1:51, 1:48, 1:36)		

4 x 400 m Relay	1. Aaleaha Thieman	68.9	
	2. Alexis Thieman	71.5	
	3. Lydia Adams	75.5	
	4. Alaina Steele	<u>66.2</u>	
	4:42.1	2nd	

Pole Vault

Long Jump	1. Elsie Lundquist	14' 5"	2nd
	2. Natalie Cahill	13' 4"	3rd
	3. Breckan Pangerl	11' 4"	
	4. Kelsey Erickson	DNJ	
	5. Michelle Benson	DNJ	

High Jump	1. Elsie Lundquist	4' 11"	1st
	2. Isabelle Sanders	4' 3"	3rd
	3. Kensi Tayerle	4' 1"	4th
	4. Breckan Pangerl	3' 10"	
	5. Michelle Benson	DNJ	

Triple Jump	1. Natalie Cahill	29' 1"	2nd
	2. Elizabeth Cahill	24' 2"	
	3. Therese Welch	22' 8"	

Shot Put	1. Alexis Pankonin	28' 10"	2nd
	2. Emma Schmidt	23' 0"	
	3. Caytlyn Kuhn	22' 1.5"	
	4. Cara Kuhn	21' 6.25"	
	5. Grace Langmade	21' 2.5"	

Discus	1. Alexis Pankonin	76' 0"	3rd - PB
	2. Grace Langmade	63' 9"	6th - PB
	3. Melissa Whittaker	58' ?"	PB
	4. Emma Schmidt	56' 6"	PB
	5. Caroline Bergwick	55' 2"	PB
	6. Michelle Benson	53' 10"	PB

4 x 200 m Relay (Exh)	1. Janae Johnson	34
	2. Sara Vo	33
	3. Therese Welch	33
	4. Megan Stransky	<u>35</u>
	2:15	

4 x 100 m Relay (Exh)	1. Janae Johnson	16.7	
	2. Sara Vo	14.6	PB
	3. Lilyanna Westveer	16.7	
	4. Megan Stransky	<u>15.9</u>	
	63.8		

Top Point Getters

1. Elsie Lundquist	38
2. Natalie Cahill	32
2. Alexis Pankonin	32
4. Alaina Steele	22
5. Ashli Webster	15
6. Makayla Butenhoff	13
7. Marin Foss	12
8. Grace Grubbs	11
8. Alexis Thieman	11
8. Aaleaha Thieman	11
19 total scorers	

TEAM RESULTS:

1. Pine City	201
2. Rush City	107
3. Braham	62
4. Hinckley-Finlayson	59
5. East Central	44
6. Ogilvie	6

RUSH CITY INVITATIONAL TRACK MEET

Tuesday, April 12, 2016, 4:00

Pine City Boys' Results

4 x 800 m Relay	1. Austin Eckert (67.8, 74.9) 2:22.8 PB 2. Noah Miller (69.2, 78.9) 2:28.1 PB 3. TJ Rank (73.8, 76.5) 2:30.3 PB 4. Eli Grubbs <u>(62.8, 68.2) 2:11.0 PB</u> 9:31.8 3rd	Pole Vault	1. Adam Archambault 9' 0" 2nd 2. TJ Rank 7' 0" 5th - PB 3. Will Fix 6' 6" 4. Austin Eckert NH
110 m Hurdles	1. Weston Berens 18.9 3rd	Long Jump	1. Aaron Pulkrabek 17' 9" 3rd 2. Brandon Haskovec 15' 8.5" 3. Tryston West 14' 2" 4. Riley Palmer DNJ
100 m Dash	1. Brandon Haskovec 12.2 5th - PB 2. Riley Palmer 12.6 PB 3. Nathan Kleppe 12.9 4. Tryston West 13.1 PB 5. Joey Mikyska 14.3 PB	High Jump	1. Sully Schmidt 5' 4" 1st 2. Brandon Haskovec 5' 4" 2nd 3. Adam Seals 4' 10" 4th
4 x 200 m Relay	1. Dennis Skalicky 25.8 2. Adam Seals 26.5 3. Sully Schmidt 23.4 PB 4. Aaron Pulkrabek <u>25.3</u> 1:40.8 2nd	Triple Jump	1. Adam Seals 36' 7" 1st - PB 2. Sully Schmidt 36' 2.75" 3rd 3. TJ Rank 32' 9" 5th 4. Aaron Pulkrabek DNJ 5. Weston Berens DNJ
1600 m Run	1. Tommy Ryan 5:07.3 1st - PB (1:08, 1:23, 1:22, 1:14) 2. Remington Steele 5:12.8 2nd - PB (1:09, 1:23, 1:22, 1:19) 3. Austin Eckert 5:34.6 5th (1:12, 1:29, 1:30, 1:24) 4. Nathan Dieckmann 6:06.1 PB (1:27, 1:29, 1:39, 1:31)	Shot Put	1. Damien Schwab 33' 0" 6th 2. Nathan Kleppe 28' 9.75" 3. Blake Shermer 28' 8" 4. Justin Gerner 27' 7.5" 5. Christian Fromm 27' 7"
4 x 100 m Relay	1. Weston Berens 12.7 PB 2. Nathan Kleppe 14.0 3. Tryston West 11.3 PB 4. Brandon Haskovec <u>11.7 PB</u> 49.7 3rd	Discus	1. Blake Shermer 86' 6" 2. Damien Schwab 84' 9" 3. Nathan Kleppe 4. Justin Gerner 64' 1" 5. Christian Fromm 55' 1"
4x100 m Relay (Exh)	1. Adam Archambault 11.5 PB 2. Rasmus Isaksen 13.9 PB 3. Nathan Dieckmann 16.5 PB 4. Christian Fromm <u>14.0 PB</u> 55.9	<u>Top Point Getters</u> 1. Sully Schmidt 20 2. Remington Steele 18 2. Tommy Ryan 18 2. Adam Seals 18 5. Dennis Skalicky 14 6. Eli Grubbs 13 6. Brandon Haskovec 13 8. Weston Berens 11 9. Noah Miller 11 10. Austin Eckert 9 17 total scorers	
400 m Dash	1. Dennis Skalicky 55.9 3rd 2. Riley Palmer 58.6 6th - PB 3. Joey Mikyska 66.0		
300 m Hurdles	1. Weston Berens 50.9 5th 2. Blake Shermer 52.1		
800 m Run	1. Remington Steele (65, 72) 2:17.3 3rd - PB 2. Tommy Ryan (66, 78) 2:24.6 4th 3. TJ Rank (80, 79) 2:39.0 4. Christian Fromm (82, 86) 2:47.8 PB		
200 m Dash	1. Riley Palmer 26.5 6th - PB 2. Sully Schmidt 26.6 3. Tryston West 27.4 PB		
3200 m Run	1. Eli Grubbs 10:51 1st - PB (1:21, 1:23, 1:25, 1:25, 1:22, 1:26, 1:19, 1:12) 2. Noah Miller 11:39 2nd - PB (1:24, 1:27, 1:31, 1:27, 1:23, 1:30, 1:32, 1:24)	4 x 400 m Relay	1. Dennis Skalicky 58.9 2. Remington Steele 58.4 PB 3. Tommy Ryan 61.8 4. Austin Eckert <u>61.3 PB</u> 4:00.1 2nd
<u>TEAM RESULTS:</u> 1. Braham 165 2. Pine City 152 3. Rush City 120 4. East Central 74 5. Hinckley-Finlayson 26 6. Ogilvie 13			

OGILVIE INVITATIONAL TRACK MEET

Tuesday, April 14, 2016, 4:00

Pine City Girls' Results

4 x 800 m Relay	1. Makayla Butenhoff 2. Ashli Webster 3. Lydia Adams 4. Grace Langmade	(83, 85) (81, 86) (80, 86) <u>(79, 82)</u>	2:48 2:47 2:46 2:43	tie PB PB
		11:03.8	1st	
100 m Hurdles	1. Elsie Lundquist 2. Natalie Cahill 3. Isabelle Sanders	17.1 18.7 24.9	1st 2nd	
100 m Dash	1. Alexis Pankonin 2. Kelsey Erickson 3. Alexis Thieman 4. Ellaina Johnson 5. Janae Johnson	13.9 14.4 14.7 14.9 15.7	3rd 4th 6th	PB PB
4 x 200 m Relay	1. Aaleaha Thieman 2. Breckan Pangerl 3. Kaylee Prihoda 4. Alexis Thieman	33.6 29.6 31.7 <u>30.8</u>		
		2:05.6	2nd	
1600 m Run	1. Grace Grubbs (1:31, 1:37, 1:40, 1:31) 2. Marin Foss (1:29, 1:36, 1:37, 1:35) 3. Ashli Webster (1:31, 1:38, 1:42, 1:40)	6:18.6 6:21.2 6:25.5	3rd 4th 5th	
4 x 100 m Relay	1. Kaylee Prihoda 2. Lexi Havel 3. Sara Vo 4. Kelsey Erickson	15.4 14.6 15.7 <u>13.6</u>	PB PB PB	
		59.1	3rd	
400 m Dash	1. Alaina Steele 2. Aaleaha Thieman 3. Ellaina Johnson 4. Janae Johnson 5. Michelle Benson	63.3 69.1 75.0 78.9 1:45.2	2nd 4th	PB PB
300 m Hurdles	1. Natalie Cahill 2. Makayla Butenhoff	55.4 57.2	1st 3rd	
800 m Run	1. Marin Foss	2:47.8	1st	
200 m Dash	1. Aaleaha Thieman 2. Lexi Havel 3. Kensi Tayerle 4. Cassidy Stream 5. Sara Vo	30.4 30.7 31.3 32.3 32.9		
3200 m Run	1. Grace Grubbs (1:35, 1:40, 1:45, 1:46, 1:50, 1:52, 1:52, 1:44) 2. Grace Langmade (1:34, 1:42, 1:47, 1:44, 1:53, 2:01, 1:57, 1:35)	14:04 14:11	4th 5th	
4 x 400 m Relay	1. Alexis Thieman 2. Kaylee Prihoda 3. Alexis Pankonin 4. Alaina Steele	69.9 71.0 65.7 <u>63.4</u>		
		4:29.1	1st	

Pole Vault				
Long Jump	1. Elsie Lundquist 2. Kelsey Erickson 3. Natalie Cahill 4. Ellaina Johnson 5. Sara Vo	15' 2.25" 13' 7" 13' 4.5" 10' 11.5" 10' 3"	1st 3rd 5th PB PB	
High Jump	1. Elsie Lundquist 2. Isabelle Sanders 3. Kensi Tayerle	5' 4.25" 4' 4" 4' 2"	1st - PB 4th - PB 6th	**** NEW SCHOOL RECORD ****
Triple Jump	1. Elsie Lundquist 2. Natalie Cahill 3. Grace Langmade 4. Makayla Butenhoff 5. Elizabeth Cahill	33' 0.5" 26' 11.5" 26' 1.75" 25' 6.25" 23' 9.25"	1st - PB 4th PB PB PB	**** NEW SCHOOL RECORD ****
Shot Put	1. Alexis Pankonin 2. Emma Schmidt 3. Cara Kuhn 4. Caytlyn Kuhn 5. Caroline Bergwick	26' 8" 23' 3" 22' 8" 21' 2.5" 19' 8"	5th PB PB PB	
Discus	1. Emma Schmidt 2. Alexis Pankonin 3. Grace Langmade 4. Caroline Bergwick 5. Melissa Whittaker	73' 5" 69' 3" 66' 1" 55' 3" 52' 7"	5th - PB 6th PB PB	

Top Point Getters

1. Elsie Lundquist	40
2. Natalie Cahill	24
3. Alexis Pankonin	14
3. Marin Foss	14
5. Alaina Steele	13
5. Kelsey Erickson	13
7. Makayla Butenhoff	11
7. Kaylee Prihoda	11
9. Grace Grubbs	10
10. Alexis Thieman	8
10. Aaleaha Thieman	8
18 total scorers	

TEAM RESULTS:

1. Pine City	166
2. Legacy	98
3. Rush City	83
4. Aitkin	64
5. Hinckley-Finlayson	49
6. Braham	46
7. Ogilvie	40

OGILVIE INVITATIONAL TRACK MEET

Tuesday, April 14, 2016, 4:00

Pine City Boys' Results

4 x 800 m Relay	1. Will Fix	(73, 85)	2:39	
	2. Noah Miller	(70, 81)	2:31	
	3. TJ Rank	(81, 85)	2:46	
	4. Austin Eckert	<u>(69, 76)</u>	<u>2:25</u>	
		10:20.9	3rd	

Pole Vault	1. TJ Rank	7' 0"	6th
	2. Will Fix	7' 0"	
	3. Austin Eckert	6' 6"	PB

110 m Hurdles	1. Weston Berens	18.6	3rd
	2. Jacob Merrick	23.6	PB

Long Jump	1. Aaron Pulkrabek	18' 8"	2nd
	2. Adam Seals	18' 0.5"	3rd
	3. Riley Palmer	?	
	4. Tryston West	14' 9"	

100 m Dash	1. Adam Seals	12.1	3rd
	2. Brandon Haskovec	12.3	5th
	3. Dakotah Neid	12.6	PB
	4. Tryston West	13.17	
	5. Riley Palmer	13.27	

High Jump	1. Brandon Haskovec	5' 10"	2nd - tie PB
	2. Sully Schmidt	5' 6"	4th - tie PB
	3. Adam Seals	5' 2"	5th
	4. Dakotah Neid	DNJ	

4 x 200 m Relay	1. Nathan Kleppe	32.8	
	2. Tryston West	25.6	PB
	3. Riley Palmer	25.5	PB
	4. Adam Seals	<u>24.9</u>	
		1:48.8	2nd

Triple Jump	1. Aaron Pulkrabek	36' 7.25"	1st
	2. Sully Schmidt	36' 4"	3rd
	3. Weston Berens	33' 3.75"	5th - PB
	4. Adam Seals	?	
	5. TJ Rank	30' 11"	

1600 m Run	1. Eli Grubbs	5:00.9	1st
		(1:12, 1:16, 1:17, 1:16)	
	2. TJ Rank	6:01.4	
		(1:28, 1:35, 1:34, 1:24)	
	3. Nathan Dieckmann	6:08.1	
	(1:32, 1:38, 1:34, 1:28)		
4. Christian Fromm	6:15.2	PB	
	(1:31, 1:38, 1:38, 1:28)		

Shot Put	1. Damien Schwab	32' 1.5"	
	2. Blake Shermer	30' 0.5"	PB
	3. Nathan Kleppe	28' 11.5"	PB
	4. Justin Gerner	26' 0.5"	
	5. Christian Fromm	24' 4.5"	PB

4 x 100 m Relay	1. Weston Berens	13.0	
	2. Nathan Kleppe	12.3	
	3. Brandon Haskovec	10.9	PB
	4. Aaron Pulkrabek	<u>11.2</u>	PB
		47.5	2nd

Discus	1. Blake Shermer	100' 3"	6th - PB
	2. Damien Schwab	93' 11"	PB
	3. Nathan Kleppe	82' 3"	
	4. Christian Fromm	64' 6"	PB
	5. Justin Gerner	57' 7"	

400 m Dash	1. Riley Palmer	58.4	5th - PB
	2. Remington Steele	59.6	PB
	3. Joey Mikyska	67.3	
	4. Will Fix	67.4	PB
	5. Dennis Skalicky	DNR	

Top Point Getters

1. Aaron Pulkrabek	26
2. Eli Grubbs	22
3. Weston Berens	20
4. Adam Seals	18
4. Brandon Haskovec	18
6. Tommy Ryan	16
7. Sully Schmidt	12
8. Austin Eckert	11
9. Noah Miller	9
10. Nathan Kleppe	8
16 total scorers	

300 m Hurdles	1. Weston Berens	48.5	2nd
	2. Blake Shermer	55.9	6th
	3. Jacob Merrick	59.9	PB

800 m Run	1. Eli Grubbs	(65, 68)	2:13	2nd - PB
	2. Tommy Ryan	(68, 75)	2:23	3rd
	3. Austin Eckert	(69, 75)	2:24	4th
	4. Christian Fromm	(85, 86)	2:51	

200 m Dash	1. Brandon Haskovec	24.5	4th
	2. Sully Schmidt	25.0	5th - PB
	3. Dennis Skalicky	DNR	
	4. Dakotah Neid	DNR	

TEAM RESULTS:

1. Braham	175
2. Pine City	153
3. Rush City	117
4. Hinckley-Finlayson	38
5. Aitkin	30
6. Ogilvie	15
7. Legacy	12

3200 m Run	1. Tommy Ryan	11:35	1st
		(1:15, 1:24, 1:24, 1:29, 1:34, 1:36, 1:33, 1:20)	
	2. Noah Miller	11:46	3rd
		(1:25, 1:27, 1:29, 1:27, 1:29, 1:32, 1:34, 1:25)	

4 x 400 m Relay	1. Remington Steele	59.2	
	2. Austin Eckert	61.6	
	3. Eli Grubbs	55.8	tie PB
	4. Aaron Pulkrabek	<u>58.3</u>	
		3:54.9	2nd

FOLEY INVITATIONAL TRACK MEET

Friday, April 22, 2016, 4:00

Pine City Girls' Results

4 x 800 m Relay	1. Makayla Butenhoff (74, 82) 2:36		
	2. Grace Langmade (75, 80) 2:35		
	3. Allison Gusk (75, 80) 2:35		
	4. Alaina Steele (67, 80) 2:27		
	10:14.7	1st - BTY	
100 m Hurdles	1. Elsie Lundquist 16.3 (HH) 2nd		
	**** Ties School		
	2. Natalie Cahill 19.0		
100 m Dash	1. Alexis Pankonin 13.7 6th - Tie PB		
	2. Lexi Havel 14.6 PB		
	3. Sara Vo 15.2 PB		
4 x 200 m Relay	1. Aaleaha Thieman 29.3		
	2. Breckan Pangerl 28.5 PB		
	3. Alexis Thieman 30.4		
	4. Kelsey Erickson 29.7 PB		
	1:57.7	4th - BTY	
1600 m Run	1. Marin Foss 6:02.79 8th		
	(1:20, 1:33, 1:41, 1:36)		
	2. Grace Grubbs 6:02.98 PB		
	(1:27, 1:34, 1:35, 1:35)		
	3. Lydia Adams 6:03.10 PB		
	(1:28, 1:35, 1:36, 1:31)		
4 x 100 m Relay	1. Alexis Thieman 14.7		
	2. Lexi Havel 13.6		
	3. Sara Vo 14.1 PB		
	4. Kelsey Erickson 14.5		
	56.79	7th - BTY	
400 m Dash	1. Alexis Pankonin 65.66 6th		
	2. Aaleaha Thieman 67.36 8th		
	3. Lauren Sommer 72.07		
300 m Hurdles	1. Natalie Cahill 53.77 8th		
	2. Makayla Butenhoff 57.31		
	3. Elizabeth Cahill 68.47 PB		
800 m Run	1. Alaina Steele (70, 82) 2:32.27 2nd		
	2. Grace Langmade (72, 88) 2:40.40 6th		
	3. Lydia Adams (77, 88) 2:45.36		
200 m Dash	1. Cassidy Stream 31.41		
	2. Kaylee Prihoda 32.09		
	3. Lauren Sommer DNR		
3200 m Run	1. Ashli Webster 12:50.48 2nd		
	(1:24, 1:36, 1:41, 1:40, 1:40, 1:43, 1:41, 1:25)		
	2. Marin Foss 13:32.23 8th		
	(1:30, 1:37, 1:40, 1:46, 1:48, 1:47, 1:48, 1:36)		
	3. Grace Grubbs 13:35.36 PB		
	(1:31, 1:38, 1:46, 1:48, 1:50, 1:49, 1:45, 1:30)		
4 x 400 m Relay	1. Aaleaha Thieman 68		
	2. Alexis Thieman 69		
	3. Alexis Pankonin 69		
	4. Alaina Steele 61 PB		
	4:26.63	2nd - BTY	

Pole Vault			
Long Jump	1. Elsie Lundquist 16' 0.25" 1st - PB		
	2. Kelsey Erickson 14' 4" 8th - PB		
	3. Natalie Cahill 13' 9.75"		
High Jump	1. Elsie Lundquist 5' 2" 1st		
	2. Lexi Havel 4' 2"		
	3. Kensi Tayerle 4' 0"		
Triple Jump	1. Elsie Lundquist 32' 6" 1st		
	2. Natalie Cahill 28' 5.5"		
	3. Makayla Butenhoff 26' 9.75" PB		
Shot Put	1. Alexis Pankonin 28' 1" 8th		
	2. Emma Schmidt 22' 7"		
	3. Cara Kuhn 20' 00"		
Discus	1. Grace Langmade 76' 9" PB		
	2. Emma Schmidt 69' 3.75"		
	3. Caroline Bergwick 53' 0"		

Top Point Getters

1. Elsie Lundquist	38
2. Alaina Steele	17
3. Alexis Pankonin	11
4. Grace Langmade	8
4. Ashli Webster	8
6. Alexis Thieman	7.5
6. Aaleaha Thieman	7.5
8. Makayla Butenhoff	5
8. Allison Gusk	5
10. Kelsey Erickson	4.5
11. Breckan Pangerl	2.5
12. Marin Foss	2
13. Natalie Cahill	1
13. Sara Vo	1
13. Lexi Havel	1

15 total scorers

TEAM RESULTS:

1. Litchfield	119.5
2. Eden Valley-W.K.	111.5
3. Pierz	109.5
4. Pine City	94
5. Glencoe-Silver Lake	90.5
6. Foley	71
7. St. Cloud Tech	59
8. Staples-Motley	43

FOLEY INVITATIONAL TRACK MEET

Friday, April 22, 2016, 4:00

Pine City Boys' Results

4 x 800 m Relay	1. Tommy Ryan (64, 72) 2:16 PB	Pole Vault	1. Adam Archambault 10' 6" 4th
	2. Remington Steele (64, 70) 2:14 PB		2. TJ Rank 7' 0"
	3. Austin Eckert (66, 70) 2:16 PB		3. Austin Eckert NH
	4. Noah Miller (66, 80) 2:26 PB		
	9:13.9 4th - BTY		
110 m Hurdles	1. Weston Berens 18.6 7th	Long Jump	1. Aaron Pulkrabek 20' 0.75" 2nd
	2. Jacob Merrick 23.8		2. TJ Rank 16' 0.75"
			3. Adam Seals DNJ
100 m Dash	1. Brandon Haskovec 11.9 8th - PB		
	2. Tryston West 12.6 PB		
	3. Nathan Kleppe 12.6	High Jump	1. Sully Schmidt 5' 6" 3rd - tie PB
			2. Adam Seals 5' 4" 6th
			3. Brandon Haskovec 5' 0" Tie 8th
4 x 200 m Relay	1. Dennis Skalicky 25.6		
	2. Adam Seals 22.4 PB		
	3. Brandon Haskovec 24.6	Triple Jump	1. Aaron Pulkrabek 39' 1.5" 3rd
	4. Aaron Pulkrabek 23.8		2. Adam Seals 38' 1" 6th - PB
	1:36.54 3rd - BTY		3. Sully Schmidt 36' 11.25" PB
1600 m Run	1. Eli Grubbs 4:46.49 1st - PB		
	(1:10, 1:15, 1:14, 1:07)	Shot Put	1. Nathan Kleppe 29' 5" PB
	2. TJ Rank 5:39.96 PB		2. Blake Shermer DNT
	(1:21, 1:27, 1:31, 1:21)		
	3. Nathan Dieckmann 5:46.65 PB		
	(1:22, 1:28, 1:31, 1:27)	Discus	1. Nathan Kleppe 83' 3.5"
			2. Blake Shermer DNT
4 x 100 m Relay	1. Sully Schmidt 12.8		
	2. Nathan Kleppe 12.8		
	3. Tryston West 11.6		
	4. Brandon Haskovec 11.3		
	48.58 5th		
400 m Dash	1. Dennis Skalicky 54.73 2nd		
	2. Tommy Ryan 54.89 3rd - PB		
	3. Noah Miller 64.95 PB		
300 m Hurdles	1. Weston Berens 47.81 8th		
	2. Jacob Merrick 57.13 PB		
800 m Run	1. Remington Steele (65, 71) 2:16.18 3rd - PB		
	2. Austin Eckert (66, 73) 2:19.02 5th - PB		
	3. Nathan Dieckmann (81, 84) 2:45.66 PB		
200 m Dash	1. Sully Schmidt 26.27		
	2. Tryston West 26.44 PB		
3200 m Run	1. Eli Grubbs 10:45.73 1st - PB		
	(1:20, 1:21, 1:22, 1:24, 1:24, 1:26, 1:20, 1:08)		
	2. Tommy Ryan 11:07.28 4th		
	(1:21, 1:22, 1:24, 1:26, 1:26, 1:28, 1:28, 1:12)		
	3. Noah Miller 11:43.82		
	(1:22, 1:22, 1:25, 1:30, 1:31, 1:32, 1:36, 1:26)		
4 x 400 m Relay	1. Dennis Skalicky 54.9		
	2. Remington Steele 60.0		
	3. Austin Eckert 59.7 PB		
	4. Aaron Pulkrabek 57.5		
	3:52.43 5th - BTY		

Top Point Getters

1. Eli Grubbs	20
2. Aaron Pulkrabek	19
3. Tommy Ryan	13.5
3. Remington Steele	13.5
5. Dennis Skalicky	13
6. Adam Seals	9
7. Austin Eckert	8.5
8. Sully Schmidt	8
9. Brandon Haskovec	6.2
10. Adam Archambault	5
11. Weston Berens	3
11. Tryston West	3
13. Noah Miller	2.5
14. Nathan Kleppe	2

14 total scorers

TEAM RESULTS:

1. Eden Valley-W.K.	121.4
2. Glencoe-Silver Lake	120.5
3. Foley	114.7
4. Pine City	103.2
5. Pierz	81.5
6. Staples Motley	76.5
7. Litchfield	49
8. St. Cloud Tech	32.2

CHENGWATANA INVITATIONAL TRACK MEET

Friday, April 29, 2016, 4:00

Pine City Girls' Results

4 x 800 m Relay	1. Marin Foss	(75, 85)	2:40.7	
	2. Grace Grubbs	(78, 82)	2:40.7	PB
	3. Ashli Webster	(78, 81)	2:39.8	PB
	4. Lydia Adams	(77, 82)	2:40.4	PB
			<u>10:41.66</u>	3rd

100 m Hurdles	1. Elsie Lundquist	16.62	1st
	2. Natalie Cahill	18.57	6th - PB

100 m Dash	1. Kelsey Erickson	14.03	4th - PB
	2. Lexi Havel	14.70	
	3. Sara Vo	15.23	PB

4 x 200 m Relay	1. Aaleaha Thieman	28.6	
	2. Breckan Pangerl	28.6	
	3. Alexis Thieman	31.6	
	4. Kelsey Erickson	28.0	PB
		<u>1:56.88</u>	2nd

1600 m Run	1. Alaina Steele	5:27.97	1st - PB
		**** NEW SCHOOL RECORD ****	
		(1:17, 1:28, 1:27, 1:15)	
	2. Allison Gusk	5:45.04	5th
		(1:19, 1:28, 1:33, 1:26)	
	3. Makayla Butenhoff	6:02.92	
		(1:20, 1:29, 1:41, 1:32)	

4 x 100 m Relay	1. Alexis Thieman	13.4	PB
	2. Lexi Havel	14.7	
	3. Cassidy Stream	13.4	
	4. Kelsey Erickson	13.3	
		<u>55.81</u>	3rd

400 m Dash	1. Aaleaha Thieman	65.74	6th
	2. Kaylee Pihoda	69.62	PB
	3. Lauren Sommer	71.07	

300 m Hurdles	1. Natalie Cahill	55.70	5th
	2. Makayla Butenhoff	56.98	
	3. Elizabeth Cahill	64.14	PB

800 m Run	1. Alaina Steele	(72, 75)	2:27.54	2nd
	2. Grace Langmade	(73, 85)	2:37.88	6th
	3. Lydia Adams	(77, 83)	2:41.11	

200 m Dash	1. Alexis Pankonin	27.88	1st - PB
	2. Kaylee Pihoda	30.03	PB
	3. Cassidy Stream	30.55	PB

3200 m Run	1. Ashli Webster	12:46.23	
		(1:26, 1:34, 1:36, 1:36, 1:38, 1:41, 1:42, 1:30)	
	2. Marin Foss	13:18.13	
		(1:26, 1:34, 1:39, 1:43, 1:44, 1:45, 1:44, 1:49)	
	3. Grace Grubbs	13:28.13	PB
		(1:29, 1:36, 1:38, 1:44, 1:44, 1:46, 1:49, 1:39)	

4 x 400 m Relay	1. Aaleaha Thieman	69	
	2. Alexis Thieman	68	
	3. Alexis Pankonin	66	
	4. Alaina Steele	62	
		<u>4:25.87</u>	1st

Pole Vault	1. Allyson Chromey	NH
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Long Jump	1. Elsie Lundquist	16' 8.5"	1st - PB
		**** NEW SCHOOL RECORD ****	
	2. Kelsey Erickson	14' 8"	4th - PB
	3. Natalie Cahill	14' 7"	PB

High Jump	1. Elsie Lundquist	5' 0"	1st
	2. Kensi Tayerle	4' 3"	
	3. Isabelle Sanders	4' 0"	

Triple Jump	1. Elsie Lundquist	34' 2"	1st - PB
		**** NEW SCHOOL RECORD ****	
	2. Natalie Cahill	29' 2.25"	
	3. Elizabeth Cahill	25' 4.5"	PB

Shot Put	1. Alexis Pankonin	29' 8"	PB
	2. Emma Schmidt	23' 4.5"	
	3. Grace Langmade	21' 2"	

Discus	1. Alexis Pankonin	73' 8.25"
	2. Grace Langmade	73' 6.25"
	3. Melissa Whittaker	55' 10.5"

Top Point Getters

1. Elsie Lundquist	40
2. Alaina Steele	23
3. Alexis Pankonin	15
3. Kelsey Erickson	15
5. Alexis Thieman	12
6. Aaleaha Thieman	10
7. Breckan Pangerl	4
8. Ashli Webster	3
8. Grace Grubbs	3
8. Marin Foss	3
8. Natalie Cahill	3
8. Lydia Adams	3
8. Lexi Havel	3
8. Cassidy Stream	3
15. Grace Langmade	2
15. Allison Gusk	2

16 total scorers

TEAM RESULTS:

1. Mora	122
2. Pine City	113
3. Milaca	65
4. South Ridge/Cherry	54
5. Rush City	52
6. Mille Lacs	41
7. Aitkin	30
8. Hinckley-Finlayson	22
8. Ogilvie	22
10. Braham	13
10. East Central	13
12. Moose Lake-Willow R.	11

CHENGWATANA INVITATIONAL TRACK MEET

Friday, April 29, 2016, 4:00

Pine City Boys' Results

<p>4 x 800 m Relay</p> <table border="0" style="width: 100%;"> <tr><td>1. Noah Miller</td><td>(67, 78)</td><td>2:25.9</td><td>PB</td></tr> <tr><td>2. TJ Rank</td><td>(71, 78)</td><td>2:29.7</td><td>PB</td></tr> <tr><td>3. Will Fix</td><td>(67, 83)</td><td>2:30.4</td><td>PB</td></tr> <tr><td>4. Austin Eckert</td><td>(64, 73)</td><td>2:17.6</td><td></td></tr> <tr><td colspan="2"></td><td style="border-top: 1px solid black;">9:43.49</td><td>6th</td></tr> </table>	1. Noah Miller	(67, 78)	2:25.9	PB	2. TJ Rank	(71, 78)	2:29.7	PB	3. Will Fix	(67, 83)	2:30.4	PB	4. Austin Eckert	(64, 73)	2:17.6				9:43.49	6th	<p>Pole Vault</p> <table border="0" style="width: 100%;"> <tr><td>1. Adam Archambault</td><td>11' 0"</td><td>1st - PB</td></tr> <tr><td>2. TJ Rank</td><td>7' 6"</td><td>PB</td></tr> <tr><td>3. Will Fix</td><td>7' 0"</td><td></td></tr> </table>	1. Adam Archambault	11' 0"	1st - PB	2. TJ Rank	7' 6"	PB	3. Will Fix	7' 0"										
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<p>110 m Hurdles</p> <table border="0" style="width: 100%;"> <tr><td>1. Weston Berens</td><td>19.12</td><td>5th</td></tr> </table>	1. Weston Berens	19.12	5th	<p>Long Jump</p> <table border="0" style="width: 100%;"> <tr><td>1. Aaron Pulkrabek</td><td>20' 4"</td><td>2nd - PB</td></tr> <tr><td>2. Adam Seals</td><td>19' 8.75"</td><td>4th - PB</td></tr> <tr><td>3. Riley Palmer</td><td>17' 11.5"</td><td>PB</td></tr> </table>	1. Aaron Pulkrabek	20' 4"	2nd - PB	2. Adam Seals	19' 8.75"	4th - PB	3. Riley Palmer	17' 11.5"	PB																										
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<p>100 m Dash</p> <table border="0" style="width: 100%;"> <tr><td>1. Brandon Haskovec</td><td>12.19</td><td></td></tr> <tr><td>2. Tryston West</td><td>12.66</td><td>PB</td></tr> <tr><td>3. Nathan Kleppe</td><td>12.82</td><td></td></tr> </table>	1. Brandon Haskovec	12.19		2. Tryston West	12.66	PB	3. Nathan Kleppe	12.82		<p>High Jump</p> <table border="0" style="width: 100%;"> <tr><td>1. Adam Seals</td><td>5' 8"</td><td>2nd</td></tr> <tr><td>2. Brandon Haskovec</td><td>5' 6"</td><td>5th</td></tr> <tr><td>3. Sully Schmidt</td><td>5' 3"</td><td></td></tr> </table>	1. Adam Seals	5' 8"	2nd	2. Brandon Haskovec	5' 6"	5th	3. Sully Schmidt	5' 3"																					
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<p>4 x 100 m Relay</p> <table border="0" style="width: 100%;"> <tr><td>1. Sully Schmidt</td><td>13.0</td><td></td></tr> <tr><td>2. Riley Palmer</td><td>11.6</td><td>PB</td></tr> <tr><td>3. Tryston West</td><td>11.9</td><td></td></tr> <tr><td>4. Brandon Haskovec</td><td>11.1</td><td></td></tr> <tr><td colspan="2"></td><td style="border-top: 1px solid black;">47.67</td><td>3rd</td></tr> </table>	1. Sully Schmidt	13.0		2. Riley Palmer	11.6	PB	3. Tryston West	11.9		4. Brandon Haskovec	11.1				47.67	3rd	<p>Discus</p> <table border="0" style="width: 100%;"> <tr><td>1. Blake Shermer</td><td>90' 4.5"</td><td></td></tr> <tr><td>2. Nathan Kleppe</td><td>90' 4"</td><td>PB</td></tr> <tr><td>3. Joey Mikyska</td><td>56' 7"</td><td>PB</td></tr> </table>	1. Blake Shermer	90' 4.5"		2. Nathan Kleppe	90' 4"	PB	3. Joey Mikyska	56' 7"	PB													
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TIGERAMA INVITATIONAL TRACK MEET

Tuesday, May 3, 2016, 4:00

Pine City Girls' Results

<p>4 x 800 m Relay</p> <table border="0" style="width: 100%;"> <tr><td>1. Makayla Butenhoff</td><td>(79, 80)</td><td>2:38.8</td><td></td></tr> <tr><td>2. Marin Foss</td><td>(81, 82)</td><td>2:43.1</td><td></td></tr> <tr><td>3. Lydia Adams</td><td>(79, 87)</td><td>2:46.0</td><td></td></tr> <tr><td>4. Grace Grubbs</td><td>(78, 84)</td><td>2:42.2</td><td></td></tr> <tr><td colspan="2"></td><td style="border-top: 1px solid black;">10:50.5</td><td style="border-top: 1px solid black;">1st</td></tr> </table>	1. Makayla Butenhoff	(79, 80)	2:38.8		2. Marin Foss	(81, 82)	2:43.1		3. Lydia Adams	(79, 87)	2:46.0		4. Grace Grubbs	(78, 84)	2:42.2				10:50.5	1st	<p>Pole Vault</p> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>NH</td><td></td><td></td></tr> </table>	1. Allyson Chromey	NH																														
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TEAM RESULTS:

1. Pine City	163.5
2. Legacy Christian A.	76.33
3. Rush City	69.16
4. Mille Lacs	58.5
5. Ogilvie	49
6. Aitkin	46
7. East Central	39
8. Hinckley-Finlayson	33.5
9. Braham	20

TIGERAMA INVITATIONAL TRACK MEET

Tuesday, May 3, 2016, 4:00

Pine City Boys' Results

4 x 800 m Relay	1. Eli Grubbs	(63, 65)	2:08	PB
	2. Tommy Ryan	(65, 72)	2:17	
	3. Remington Steele	(64, 70)	2:14	
	4. Austin Eckert	(67, 70)	2:17	
			8:56.6	2nd

110 m Hurdles	1. Weston Berens	19.5	
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100 m Dash	1. Brandon Haskovec	11.8	4th - PB
	2. Riley Palmer	12.4	PB
	3. Tryston West	DNR	

4 x 200 m Relay	1. Dennis Skalicky	26	
	2. Adam Seals	25	
	3. Aaron Pulkrabek	23	
	4. Brandon Haskovec	22	PB
		1:36.7	1st

1600 m Run	1. Tommy Ryan	5:04.1	1st
		(1:12, 1:18, 1:20, 1:13)	
	2. Noah Miller	5:28.2	6th - PB
		(1:15, 1:23, 1:26, 1:24)	
	3. Nathan Dieckmann	5:58.8	
		(1:21, 1:33, 1:35, 1:29)	

4 x 100 m Relay	1. Weston Berens	12.9	
	2. Sully Schmidt	11.8	PB
	3. Riley Palmer	11.7	
	4. Eli Grubbs	12.4	PB
		48.7	2nd

400 m Dash	1. Dennis Skalicky	54.1	2nd
	2. Tommy Ryan	59.9	
	3. Joey Mikyska	68.6	

300 m Hurdles	1. Weston Berens	47.9	5th
	2. Blake Shermer	55.3	

800 m Run	1. Remington Steele	(63, 74)	2:17	3rd
	2. Austin Eckert	(69, 73)	2:23	4th
	3. Will Fix	(74, 76)	2:30.4	PB

200 m Dash	1. Brandon Haskovec	24.4	4th - PB
	2. Aaron Pulkrabek	DNR	
	3. Adam Seals	DNR	

3200 m Run	1. Eli Grubbs	11:05.9	1st
		(1:23, 1:22, 1:23, 1:26, 1:27, 1:27, 1:23, 1:12)	
	2. Noah Miller	11:39	4th - PB tie
		(1:25, 1:28, 1:28, 1:28, 1:31, 1:31, 1:28, 1:19)	

3. TJ Rank	DNR	
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4 x 400 m Relay	1. Dennis Skalicky	54	
	2. Remington Steele	57	
	3. Austin Eckert	60	
	4. Aaron Pulkrabek	58	
		3:48.3	2nd

Pole Vault	1. Will Fix	7' 6"	PB
	2. Adam Archambault	?	
	3. TJ Rank	?	

Long Jump	1. Adam Seals	19' 6"	1st
	2. Aaron Pulkrabek	17' 7.75"	6th
	3. Riley Palmer		

High Jump	1. Sully Schmidt	5' 6"	3rd
	2. Brandon Haskovec	5' 3"	5th
	3. Riley Palmer	DNJ	

Triple Jump	1. Adam Seals	37' 2.75"	1st
	2. Sully Schmidt	36' 8.5"	2nd
	3. TJ Rank	33' 0"	PB

Shot Put	1. Blake Shermer	30' 2.5"	PB
	2. Joey Mikyska	26' 9.5"	PB
	3. Nathan Kleppe	DNT	

Discus	1. Blake Shermer	103' 0"	PB
	2. Joey Mikyska	73' 4"	PB
	3. Nathan Kleppe	DNT	

Top Point Getters

1. Adam Seals	25
2. Eli Grubbs	18
2. Dennis Skalicky	18
2. Sully Schmidt	18
5. Remington Steele	15
6. Tommy Ryan	14
7. Brandon Haskovec	13
8. Austin Eckert	11
9. Aaron Pulkrabek	10
10. Weston Berens	6
11. Noah Miller	5
12. Riley Palmer	4
13. Will Fix	1

13 total scorers

TEAM RESULTS:

1. Braham	156
2. Pine City	125
2. Rush City	125
4. East Central	60
5. Aitkin	38
6. Hinckley-Finlayson	35
7. Legacy Christian A.	13
8. Ogilvie	5

PINE CITY INVITATIONAL TRACK MEET

Friday, May 6, 2016, 4:00

Pine City Girls' Results

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Megan Cunnien</td><td>22.26</td><td>PB</td><td></td></tr> <tr><td>3. Belle Sanders</td><td>23.59</td><td></td><td></td></tr> <tr><td>4. Jaylynn Maurstad-R.</td><td>24.01</td><td>PB</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">100 m Dash</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Elsie Lundquist</td><td>13.79</td><td></td><td>4th - PB</td></tr> <tr><td>2. Alaina Steele</td><td>14.23</td><td></td><td>5th - PB</td></tr> <tr><td>3. Alexis Thieman</td><td>14.41</td><td>PB</td><td></td></tr> <tr><td>4. Lexi Havel</td><td>14.51</td><td>PB</td><td></td></tr> <tr><td>5. Sara Vo</td><td>14.91</td><td>PB</td><td></td></tr> <tr><td>6. Ainsley Vinaja</td><td>15.12</td><td>PB</td><td></td></tr> <tr><td>7. Kelsey Erickson</td><td>DNR</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Pole Vault</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>NH</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 200 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.0</td><td></td><td></td></tr> <tr><td>2. Elsie Lundquist</td><td>27.4</td><td></td><td></td></tr> <tr><td>3. Alexis Pankonin</td><td>27.0</td><td></td><td></td></tr> <tr><td>4. Alaina Steele</td><td>27.6</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>1:50.87</td><td>1st #2 All Time</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Long Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>13' 7.5"</td><td>PB</td></tr> <tr><td>2. Ainsley Vinaja</td><td>10' 6"</td><td></td></tr> <tr><td>3. Jaylynn Maurstad-R.</td><td>9' 6.25"</td><td></td></tr> <tr><td>4. Kelsey Erickson</td><td>DNJ</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">1600 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Lydia Adams</td><td>6:11.87</td><td></td><td>3rd</td></tr> <tr><td colspan="4">(1:27, 1:34, 1:40, 1:31)</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">High Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Isabelle Sanders</td><td>4' 4"</td><td>PB tie</td></tr> <tr><td>2. Lexi Havel</td><td>4' 0"</td><td></td></tr> <tr><td>3. Kensi Tayerle</td><td>4' 0"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Alexis Thieman</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. Lexi Havel</td><td>14.0</td><td></td><td></td></tr> <tr><td>3. Cassidy Stream</td><td>15.0</td><td></td><td></td></tr> <tr><td>4. Sara Vo</td><td>13.8</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>56.90</td><td>3rd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Triple Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Makayla Butenhoff</td><td>27' 6"</td><td>PB</td></tr> <tr><td>2. Elizabeth Cahill</td><td>26' 3.5"</td><td>PB</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Kaylee Prihoda</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. 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Grace Langmade</td><td>71' 5"</td><td></td></tr> <tr><td>3. Caroline Bergwick</td><td>57' 1"</td><td>PB</td></tr> <tr><td>4. Michelle Benson</td><td>45' 8"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">300 m Hurdles</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Elizabeth Cahill</td><td>63.45</td><td>PB</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">800 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>(78, 81)</td><td>2:38.70</td><td>2nd - PB</td></tr> <tr><td>2. 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 | DNR | | | | | <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Pole Vault</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>NH</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 200 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.0</td><td></td><td></td></tr> <tr><td>2. Elsie Lundquist</td><td>27.4</td><td></td><td></td></tr> <tr><td>3. Alexis Pankonin</td><td>27.0</td><td></td><td></td></tr> <tr><td>4. Alaina Steele</td><td>27.6</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>1:50.87</td><td>1st #2 All Time</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Long Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>13' 7.5"</td><td>PB</td></tr> <tr><td>2. Ainsley Vinaja</td><td>10' 6"</td><td></td></tr> <tr><td>3. Jaylynn Maurstad-R.</td><td>9' 6.25"</td><td></td></tr> <tr><td>4. Kelsey Erickson</td><td>DNJ</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">1600 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Lydia Adams</td><td>6:11.87</td><td></td><td>3rd</td></tr> <tr><td colspan="4">(1:27, 1:34, 1:40, 1:31)</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">High Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Isabelle Sanders</td><td>4' 4"</td><td>PB tie</td></tr> <tr><td>2. Lexi Havel</td><td>4' 0"</td><td></td></tr> <tr><td>3. Kensi Tayerle</td><td>4' 0"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Alexis Thieman</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. Lexi Havel</td><td>14.0</td><td></td><td></td></tr> <tr><td>3. Cassidy Stream</td><td>15.0</td><td></td><td></td></tr> <tr><td>4. Sara Vo</td><td>13.8</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>56.90</td><td>3rd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Triple Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Makayla Butenhoff</td><td>27' 6"</td><td>PB</td></tr> <tr><td>2. Elizabeth Cahill</td><td>26' 3.5"</td><td>PB</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Kaylee Prihoda</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. 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 | | | 6. Alexis Pankonin | 8 | | | 7. Alaina Steele | 7 | | | 7. Marin Foss | 7 | | | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4 | | | 9. Emma Schmidt | 4 | | | 12. Ashli Webster | 3 | | | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 | | | 12. Sara Vo | 3 | | | 12. Cassidy Stream | 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja | 1 | | | 18. Terese Welsch | 1 | | | 18. Elizabeth Cahill | 1 | | | 21 total scorers | | | | <u>TEAM RESULTS:</u> | | | | 1. Cambridge-Isanti | 303 | | | 2. Pine City | 74 | | | 3. Legacy Christian A. | 56 | | | 4. Duluth Marshall | 55 | | | 5. Hinkley-Finlayson | 36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 200 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.0</td><td></td><td></td></tr> <tr><td>2. Elsie Lundquist</td><td>27.4</td><td></td><td></td></tr> <tr><td>3. Alexis Pankonin</td><td>27.0</td><td></td><td></td></tr> <tr><td>4. Alaina Steele</td><td>27.6</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>1:50.87</td><td>1st #2 All Time</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table>
 | 4 x 200 m Relay | <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.0</td><td></td><td></td></tr> <tr><td>2. Elsie Lundquist</td><td>27.4</td><td></td><td></td></tr> <tr><td>3. Alexis Pankonin</td><td>27.0</td><td></td><td></td></tr> <tr><td>4. Alaina Steele</td><td>27.6</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>1:50.87</td><td>1st #2 All Time</td></tr> </table> | 1. Aaleaha Thieman | 29.0 | | | 2. Elsie Lundquist | 27.4 | | | 3. Alexis Pankonin | 27.0 |
 | | 4. Alaina Steele | 27.6 | PB | | | | 1:50.87 | 1st #2 All Time | |
 | <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Long Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Allyson Chromey</td><td>13' 7.5"</td><td>PB</td></tr> <tr><td>2. Ainsley Vinaja</td><td>10' 6"</td><td></td></tr> <tr><td>3. Jaylynn Maurstad-R.</td><td>9' 6.25"</td><td></td></tr> <tr><td>4. Kelsey Erickson</td><td>DNJ</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">1600 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Lydia Adams</td><td>6:11.87</td><td></td><td>3rd</td></tr> <tr><td colspan="4">(1:27, 1:34, 1:40, 1:31)</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">High Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Isabelle Sanders</td><td>4' 4"</td><td>PB tie</td></tr> <tr><td>2. Lexi Havel</td><td>4' 0"</td><td></td></tr> <tr><td>3. Kensi Tayerle</td><td>4' 0"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Alexis Thieman</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. Lexi Havel</td><td>14.0</td><td></td><td></td></tr> <tr><td>3. Cassidy Stream</td><td>15.0</td><td></td><td></td></tr> <tr><td>4. Sara Vo</td><td>13.8</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>56.90</td><td>3rd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Triple Jump</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Makayla Butenhoff</td><td>27' 6"</td><td>PB</td></tr> <tr><td>2. Elizabeth Cahill</td><td>26' 3.5"</td><td>PB</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Kaylee Prihoda</td><td>13.9</td><td></td><td></td></tr> <tr><td>2. Elizabeth Cahill</td><td>15.6</td><td></td><td></td></tr> <tr><td>3. Ainsley Vinaja</td><td>13.6</td><td>PB</td><td></td></tr> <tr><td>4. Therese Welsch</td><td>15.0</td><td>PB</td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>58.52</td><td>5th</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Shot Put</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Alexis Pankonin</td><td>31' 1.5"</td><td>5th - PB</td></tr> <tr><td>2. Elsie Lundquist</td><td>26' 6.5"</td><td>6th - PB</td></tr> <tr><td>3. Najahalle Williams</td><td>23' 7"</td><td></td></tr> <tr><td>4. Emma Schmidt</td><td>23' 0"</td><td></td></tr> <tr><td>5. Caroline Bergwick</td><td>22' 8"</td><td>PB</td></tr> <tr><td>6. Natalie Cahill</td><td>21' 5"</td><td>PB</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">400 m Dash</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Langmade</td><td>68.13</td><td></td><td>2nd - PB</td></tr> <tr><td>2. Lauren Sommer</td><td>70.14</td><td></td><td></td></tr> <tr><td>3. Natalie Cahill</td><td>70.54</td><td>PB</td><td></td></tr> <tr><td>4. Kaylee Prihoda</td><td>72.58</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Discus</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Emma Schmidt</td><td>74' 6"</td><td>4th - PB</td></tr> <tr><td>2. Grace Langmade</td><td>71' 5"</td><td></td></tr> <tr><td>3. Caroline Bergwick</td><td>57' 1"</td><td>PB</td></tr> <tr><td>4. Michelle Benson</td><td>45' 8"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">300 m Hurdles</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Elizabeth Cahill</td><td>63.45</td><td>PB</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">800 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>(78, 81)</td><td>2:38.70</td><td>2nd - PB</td></tr> <tr><td>2. Jaylynn Maurstad-R.</td><td>(81, 98)</td><td>2:59.78</td><td>PB</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">200 m Dash</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.60</td><td></td><td>4th</td></tr> <tr><td>2. Lexi Havel</td><td>30.01</td><td></td><td>6th - PB</td></tr> <tr><td>3. Alexis Thieman</td><td>30.20</td><td>PB</td><td></td></tr> <tr><td>4. Kaylee Prihoda</td><td>30.44</td><td></td><td></td></tr> <tr><td>5. Janae Johnson</td><td>34.14</td><td>PB</td><td></td></tr> <tr><td>6. 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 | | 5. Janae Johnson | 34.14 | PB | | 6. Kelsey Erickson | DNR | | | | | <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">3200 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td colspan="4">NONE</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 400 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>69</td><td>PB</td><td></td></tr> <tr><td>2. Grace Langmade</td><td>68</td><td></td><td></td></tr> <tr><td>3. Marin Foss</td><td>70</td><td>PB</td><td></td></tr> <tr><td>4. Allison Gusk</td><td>69</td><td></td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>4:36.27</td><td>2nd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td colspan="4" style="text-align: center;"><u>Top Point Getters</u></td> </tr> <tr><td>1. Grace Grubbs</td><td>12</td><td></td><td></td></tr> <tr><td>1. Grace Langmade</td><td>12</td><td></td><td></td></tr> <tr><td>3. Elsie Lundquist</td><td>10</td><td></td><td></td></tr> <tr><td>4. Aaleaha Thieman</td><td>9</td><td></td><td></td></tr> <tr><td>4. Lydia Adams</td><td>9</td><td></td><td></td></tr> <tr><td>6. Alexis Pankonin</td><td>8</td><td></td><td></td></tr> <tr><td>7. Alaina Steele</td><td>7</td><td></td><td></td></tr> <tr><td>7. Marin Foss</td><td>7</td><td></td><td></td></tr> <tr><td>9. Allison Gusk</td><td>4</td><td></td><td></td></tr> <tr><td>9. Lexi Havel</td><td>4</td><td></td><td></td></tr> <tr><td>9. Emma Schmidt</td><td>4</td><td></td><td></td></tr> <tr><td>12. Ashli Webster</td><td>3</td><td></td><td></td></tr> <tr><td>12. Alexis Thieman</td><td>3</td><td></td><td></td></tr> <tr><td>12. Makayla Butenhoff</td><td>3</td><td></td><td></td></tr> <tr><td>12. Sara Vo</td><td>3</td><td></td><td></td></tr> <tr><td>12. Cassidy Stream</td><td>3</td><td></td><td></td></tr> <tr><td>17. Natalie Cahill</td><td>2</td><td></td><td></td></tr> <tr><td>18. Kaylee Prihoda</td><td>1</td><td></td><td></td></tr> <tr><td>18. Ainsley Vinaja</td><td>1</td><td></td><td></td></tr> <tr><td>18. Terese Welsch</td><td>1</td><td></td><td></td></tr> <tr><td>18. Elizabeth Cahill</td><td>1</td><td></td><td></td></tr> <tr><td colspan="4" style="text-align: center;">21 total scorers</td></tr> <tr> <td colspan="4" style="text-align: center;"><u>TEAM RESULTS:</u></td> </tr> <tr><td>1. Cambridge-Isanti</td><td>303</td><td></td><td></td></tr> <tr><td>2. Pine City</td><td>74</td><td></td><td></td></tr> <tr><td>3. Legacy Christian A.</td><td>56</td><td></td><td></td></tr> <tr><td>4. Duluth Marshall</td><td>55</td><td></td><td></td></tr> <tr><td>5. Hinkley-Finlayson</td><td>36</td><td></td><td></td></tr> </table> </td> </tr> </table> | 3200 m Run | <table border="0" style="width: 100%;"> <tr><td colspan="4">NONE</td></tr> </table> | NONE | | | | | | <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 400 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>69</td><td>PB</td><td></td></tr> <tr><td>2. Grace Langmade</td><td>68</td><td></td><td></td></tr> <tr><td>3. Marin Foss</td><td>70</td><td>PB</td><td></td></tr> <tr><td>4. Allison Gusk</td><td>69</td><td></td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>4:36.27</td><td>2nd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> | 4 x 400 m Relay | <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>69</td><td>PB</td><td></td></tr> <tr><td>2. Grace Langmade</td><td>68</td><td></td><td></td></tr> <tr><td>3. Marin Foss</td><td>70</td><td>PB</td><td></td></tr> <tr><td>4. Allison Gusk</td><td>69</td><td></td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>4:36.27</td><td>2nd</td></tr> </table> | 1. Grace Grubbs | 69 | PB | | 2. Grace Langmade
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 | | 6. Alexis Pankonin | 8 | | | 7. Alaina Steele | 7 | | | 7. Marin Foss | 7 | | | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4 | | | 9. Emma Schmidt | 4 | | | 12. Ashli Webster | 3
 | | | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 | | | 12. Sara Vo | 3 | | | 12. Cassidy Stream | 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja | 1 | | | 18. Terese Welsch | 1 | | | 18. Elizabeth Cahill | 1 | | | 21 total scorers | | | | <u>TEAM RESULTS:</u> | | | | 1. Cambridge-Isanti | 303 | | | 2. Pine City | 74 | | | 3. Legacy Christian A. | 56
 | | | 4. Duluth Marshall | 55 | | | 5. Hinkley-Finlayson | 36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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 | | | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 | | | 12. Sara Vo | 3 | | | 12. Cassidy Stream | 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja
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Natalie Cahill</td><td>70.54</td><td>PB</td><td></td></tr> <tr><td>4. Kaylee Prihoda</td><td>72.58</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Discus</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Emma Schmidt</td><td>74' 6"</td><td>4th - PB</td></tr> <tr><td>2. Grace Langmade</td><td>71' 5"</td><td></td></tr> <tr><td>3. Caroline Bergwick</td><td>57' 1"</td><td>PB</td></tr> <tr><td>4. Michelle Benson</td><td>45' 8"</td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">300 m Hurdles</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. 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| 9 | | | 4. Lydia Adams | 9 | | | 6. Alexis Pankonin | 8 | | | 7. Alaina Steele | 7 | | | 7. Marin Foss | 7 | | | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4 | | | 9. Emma Schmidt
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 | 12. Ashli Webster | 3 | | | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 | | | 12. Sara Vo | 3 | | | 12. Cassidy Stream | 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja | 1 | | | 18. Terese Welsch | 1 | | | 18. Elizabeth Cahill | 1
 | | | 21 total scorers | | | | <u>TEAM RESULTS:</u> | | | | 1. Cambridge-Isanti | 303 | | | 2. Pine City | 74 | | | 3. Legacy Christian A. | 56 | | | 4. Duluth Marshall | 55 | | | 5. Hinkley-Finlayson
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| 1. Alexis Pankonin
 | 31' 1.5" | 5th - PB | | | | | | | | | | | | | | | | |
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| 2. Elsie Lundquist
 | 26' 6.5" | 6th - PB | | | | | | | | | | | | | | | | |
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| 3. Najahalle Williams
 | 23' 7" | | | | | | | | | | | | | | | | | |
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| 4. Emma Schmidt
 | 23' 0" | | | | | | | | | | | | | | | | | |
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| 5. Caroline Bergwick
 | 22' 8" | PB | | | | | | | | | | | | | | | | |
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| 6. Natalie Cahill
 | 21' 5" | PB | | | | | | | | | | | | | | | | |
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Alexis Thieman</td><td>30.20</td><td>PB</td><td></td></tr> <tr><td>4. Kaylee Prihoda</td><td>30.44</td><td></td><td></td></tr> <tr><td>5. Janae Johnson</td><td>34.14</td><td>PB</td><td></td></tr> <tr><td>6. Kelsey Erickson</td><td>DNR</td><td></td><td></td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">3200 m Run</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td colspan="4">NONE</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 400 m Relay</td> <td style="width: 45%;"> <table border="0" style="width: 100%;"> <tr><td>1. Grace Grubbs</td><td>69</td><td>PB</td><td></td></tr> <tr><td>2. Grace Langmade</td><td>68</td><td></td><td></td></tr> <tr><td>3. Marin Foss</td><td>70</td><td>PB</td><td></td></tr> <tr><td>4. Allison Gusk</td><td>69</td><td></td><td></td></tr> <tr><td colspan="2" style="border-top: 1px solid black;"></td><td>4:36.27</td><td>2nd</td></tr> </table> </td> <td style="width: 10%;"></td> <td style="width: 30%;"></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td colspan="4" style="text-align: center;"><u>Top Point Getters</u></td> </tr> <tr><td>1. Grace Grubbs</td><td>12</td><td></td><td></td></tr> <tr><td>1. Grace Langmade</td><td>12</td><td></td><td></td></tr> <tr><td>3. Elsie Lundquist</td><td>10</td><td></td><td></td></tr> <tr><td>4. Aaleaha Thieman</td><td>9</td><td></td><td></td></tr> <tr><td>4. Lydia Adams</td><td>9</td><td></td><td></td></tr> <tr><td>6. Alexis Pankonin</td><td>8</td><td></td><td></td></tr> <tr><td>7. Alaina Steele</td><td>7</td><td></td><td></td></tr> <tr><td>7. Marin Foss</td><td>7</td><td></td><td></td></tr> <tr><td>9. Allison Gusk</td><td>4</td><td></td><td></td></tr> <tr><td>9. Lexi Havel</td><td>4</td><td></td><td></td></tr> <tr><td>9. Emma Schmidt</td><td>4</td><td></td><td></td></tr> <tr><td>12. Ashli Webster</td><td>3</td><td></td><td></td></tr> <tr><td>12. Alexis Thieman</td><td>3</td><td></td><td></td></tr> <tr><td>12. Makayla Butenhoff</td><td>3</td><td></td><td></td></tr> <tr><td>12. Sara Vo</td><td>3</td><td></td><td></td></tr> <tr><td>12. Cassidy Stream</td><td>3</td><td></td><td></td></tr> <tr><td>17. Natalie Cahill</td><td>2</td><td></td><td></td></tr> <tr><td>18. Kaylee Prihoda</td><td>1</td><td></td><td></td></tr> <tr><td>18. Ainsley Vinaja</td><td>1</td><td></td><td></td></tr> <tr><td>18. Terese Welsch</td><td>1</td><td></td><td></td></tr> <tr><td>18. Elizabeth Cahill</td><td>1</td><td></td><td></td></tr> <tr><td colspan="4" style="text-align: center;">21 total scorers</td></tr> <tr> <td colspan="4" style="text-align: center;"><u>TEAM RESULTS:</u></td> </tr> <tr><td>1. Cambridge-Isanti</td><td>303</td><td></td><td></td></tr> <tr><td>2. Pine City</td><td>74</td><td></td><td></td></tr> <tr><td>3. Legacy Christian A.</td><td>56</td><td></td><td></td></tr> <tr><td>4. Duluth Marshall</td><td>55</td><td></td><td></td></tr> <tr><td>5. Hinkley-Finlayson</td><td>36</td><td></td><td></td></tr> </table> </td> </tr> </table></td></tr></table> | Discus | <table border="0" style="width: 100%;"> <tr><td>1. Emma Schmidt</td><td>74' 6"</td><td>4th - PB</td></tr> <tr><td>2. Grace Langmade</td><td>71' 5"</td><td></td></tr> <tr><td>3. Caroline Bergwick</td><td>57' 1"</td><td>PB</td></tr> <tr><td>4. Michelle Benson</td><td>45' 8"</td><td></td></tr> </table> | 1. Emma Schmidt
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 | 68 | | | 3. Marin Foss | 70 | PB | | 4. Allison Gusk | 69
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 | | 1. Grace Langmade
 | 12 | | | 3. Elsie Lundquist | 10
 | | | 4. Aaleaha Thieman | 9 | | | 4. Lydia Adams
 | 9 | | | 6. Alexis Pankonin | 8 | | | 7. Alaina Steele | 7 | | | 7. Marin Foss | 7 | | | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4 | | | 9. Emma Schmidt | 4 | | | 12. Ashli Webster
 | 3 |
 | | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 | | | 12. Sara Vo | 3 | | | 12. Cassidy Stream
| 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja | 1 | | | 18. Terese Welsch | 1 | | | 18. Elizabeth Cahill | 1 | | | 21 total scorers | | | | <u>TEAM RESULTS:</u>
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 | 1. Cambridge-Isanti | 303 | | | 2. Pine City | 74 | | | 3. Legacy Christian A. | 56 | | | 4. Duluth Marshall | 55 | | | 5. Hinkley-Finlayson | 36 | | | | | | | | | | | | | | | | | | | |
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 | | 3. Elsie Lundquist | 10 | | | 4. Aaleaha Thieman | 9 | |
 | 4. Lydia Adams | 9 | | | 6. Alexis Pankonin | 8 | | | 7. Alaina Steele
 | 7 | | | 7. Marin Foss | 7 | | | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4 | | | 9. Emma Schmidt
 | 4 |
 | | 12. Ashli Webster | 3 | | | | | | | | | | | | | | | | | | | | | | | | |
 | 12. Alexis Thieman | 3 | | | 12. Makayla Butenhoff | 3 |
 | | 12. Sara Vo | 3 | | | 12. Cassidy Stream | 3 | | | 17. Natalie Cahill | 2 | | | 18. Kaylee Prihoda | 1 | | | 18. Ainsley Vinaja | 1 | | | 18. Terese Welsch | 1 | | | 18. Elizabeth Cahill | 1 |
 | | 21 total scorers
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 | <table border="0" style="width: 100%;"> <tr><td>1. Aaleaha Thieman</td><td>29.60</td><td></td><td>4th</td></tr> <tr><td>2. Lexi Havel</td><td>30.01</td><td></td><td>6th - PB</td></tr> <tr><td>3. Alexis Thieman</td><td>30.20</td><td>PB</td><td></td></tr> <tr><td>4. Kaylee Prihoda</td><td>30.44</td><td></td><td></td></tr> <tr><td>5. Janae Johnson</td><td>34.14</td><td>PB</td><td></td></tr> <tr><td>6. Kelsey Erickson</td><td>DNR</td><td></td><td></td></tr> </table> | 1. Aaleaha Thieman | 29.60 | | 4th | 2. Lexi Havel | 30.01 | | 6th - PB | 3. Alexis Thieman | 30.20 | PB | | | | | | |
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 | <table border="0" style="width: 100%;"> <tr> <td colspan="4" style="text-align: center;"><u>Top Point Getters</u></td> </tr> <tr><td>1. Grace Grubbs</td><td>12</td><td></td><td></td></tr> <tr><td>1. Grace Langmade</td><td>12</td><td></td><td></td></tr> <tr><td>3. Elsie Lundquist</td><td>10</td><td></td><td></td></tr> <tr><td>4. Aaleaha Thieman</td><td>9</td><td></td><td></td></tr> <tr><td>4. Lydia Adams</td><td>9</td><td></td><td></td></tr> <tr><td>6. Alexis Pankonin</td><td>8</td><td></td><td></td></tr> <tr><td>7. Alaina Steele</td><td>7</td><td></td><td></td></tr> <tr><td>7. Marin Foss</td><td>7</td><td></td><td></td></tr> <tr><td>9. Allison Gusk</td><td>4</td><td></td><td></td></tr> <tr><td>9. Lexi Havel</td><td>4</td><td></td><td></td></tr> <tr><td>9. Emma Schmidt</td><td>4</td><td></td><td></td></tr> <tr><td>12. Ashli Webster</td><td>3</td><td></td><td></td></tr> <tr><td>12. Alexis Thieman</td><td>3</td><td></td><td></td></tr> <tr><td>12. Makayla Butenhoff</td><td>3</td><td></td><td></td></tr> <tr><td>12. Sara Vo</td><td>3</td><td></td><td></td></tr> <tr><td>12. Cassidy Stream</td><td>3</td><td></td><td></td></tr> <tr><td>17. Natalie Cahill</td><td>2</td><td></td><td></td></tr> <tr><td>18. Kaylee Prihoda</td><td>1</td><td></td><td></td></tr> <tr><td>18. Ainsley Vinaja</td><td>1</td><td></td><td></td></tr> <tr><td>18. Terese Welsch</td><td>1</td><td></td><td></td></tr> <tr><td>18. Elizabeth Cahill</td><td>1</td><td></td><td></td></tr> <tr><td colspan="4" style="text-align: center;">21 total scorers</td></tr> <tr> <td colspan="4" style="text-align: center;"><u>TEAM RESULTS:</u></td> </tr> <tr><td>1. Cambridge-Isanti</td><td>303</td><td></td><td></td></tr> <tr><td>2. Pine City</td><td>74</td><td></td><td></td></tr> <tr><td>3. Legacy Christian A.</td><td>56</td><td></td><td></td></tr> <tr><td>4. Duluth Marshall</td><td>55</td><td></td><td></td></tr> <tr><td>5. Hinkley-Finlayson</td><td>36</td><td></td><td></td></tr> </table> | <u>Top Point Getters</u> |
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 | | 7. Alaina Steele | 7
 | | | 7. Marin Foss | 7 | |
 | 9. Allison Gusk | 4 | | | 9. Lexi Havel | 4
 | | | 9. Emma Schmidt | 4 | | | 12. Ashli Webster | 3 | | | 12. Alexis Thieman | 3 |
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 | | | | <u>TEAM RESULTS:</u> | | | | 1. Cambridge-Isanti | 303 | | | 2. Pine City | 74 | | | 3. Legacy Christian A.
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PINE CITY INVITATIONAL TRACK MEET

Friday, May 6, 2016, 4:00

Pine City Boys' Results

<table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 800 m Relay</td> <td style="width: 35%;">1. Noah Miller (66, 77) 2:24</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td>2. Remington Steele (65, 68) 2:13</td> <td>PB</td> <td></td> <td></td> </tr> <tr> <td></td> <td>3. Austin Eckert (66, 75) 2:21</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>4. Nathan Dieckmann (83, 81) 2:44</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><u>9:42.10</u></td> <td></td> <td style="text-align: center;">1st</td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">110 m Hurdles</td> <td style="width: 35%;">1. Weston Berens 18.54</td> <td></td> <td style="text-align: center;">1st - PB</td> <td></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">100 m Dash</td> <td style="width: 35%;">1. Tryston West 12.63</td> <td></td> <td style="text-align: center;">2nd - PB</td> <td></td> </tr> <tr> <td></td> <td>2. Dylan Chesbrough 13.73</td> <td></td> <td style="text-align: center;">PB</td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Pole Vault</td> <td style="width: 35%;">1. Adam Archambault 10' 0"</td> <td></td> <td style="text-align: center;">1st</td> <td></td> </tr> <tr> <td></td> <td>2. TJ Rank 7' 6"</td> <td></td> <td style="text-align: center;">3rd - PB</td> <td></td> </tr> <tr> <td></td> <td>3. Will Fix 7' 0"</td> <td></td> <td style="text-align: center;">4th</td> <td></td> </tr> <tr> <td></td> <td>4. Austin Eckert 7' 0"</td> <td></td> <td style="text-align: center;">5th</td> <td></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 200 m Relay</td> <td colspan="4" style="text-align: center;">NONE</td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">1600 m Run</td> <td style="width: 35%;">1. Will Fix 5:34.42</td> <td></td> <td style="text-align: center;">2nd - PB</td> <td></td> </tr> <tr> <td></td> <td>(1:21, 1:26, 1:27, 1:19)</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>2. TJ Rank 5:40.81</td> <td></td> <td style="text-align: center;">4th</td> <td></td> </tr> <tr> <td></td> <td>(1:18, 1:29, 1:30, 1:23)</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>3. Christian Fromm 6:02.17</td> <td></td> <td style="text-align: center;">5th - PB</td> <td></td> </tr> <tr> <td></td> <td>(1:24, 1:36, 1:35, 1:31)</td> <td></td> <td></td> <td></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 35%;">1. Dennis Skalicky 11.7</td> <td></td> <td style="text-align: center;">PB</td> <td></td> </tr> <tr> <td></td> <td>2. Adam Seals 11.1</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>3. Aaron Pulkrabek 11.5</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>4. Brandon Haskovec 11.2</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><u>45.69</u></td> <td></td> <td style="text-align: center;">1st</td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Long Jump</td> <td style="width: 35%;">1. Nathan Kleppe 16' 11.5"</td> <td></td> <td style="text-align: center;">1st - PB</td> <td></td> </tr> <tr> <td></td> <td>2. Riley Palmer 16' 10"</td> <td></td> <td style="text-align: center;">2nd</td> <td></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">4 x 100 m Relay</td> <td style="width: 35%;">1. Nathan Kleppe 12.6</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>2. Weston Berens 13.7</td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td>3. Riley Palmer 11.3</td> <td></td> <td style="text-align: center;">PB</td> <td></td> </tr> <tr> <td></td> <td>4. Eli Grubbs 12.1</td> <td></td> <td style="text-align: center;">PB</td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><u>49.96</u></td> <td></td> <td style="text-align: center;">2nd</td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">High Jump</td> <td style="width: 35%;">1. Brandon Haskovec 5' 10"</td> <td></td> <td style="text-align: center;">1st - PB</td> <td></td> </tr> <tr> <td></td> <td>2. Adam Seals 5' 10"</td> <td></td> <td style="text-align: center;">2nd - PB</td> <td></td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">400 m Dash</td> <td style="width: 35%;">1. Tommy Ryan 56.35</td> <td></td> <td style="text-align: center;">3rd</td> <td></td> </tr> <tr> <td></td> <td>2. Noah Miller 65.88</td> <td></td> <td style="text-align: center;">6th</td> <td></td> </tr> <tr> <td></td> <td>3. Nathan Dieckmann 70.24</td> <td></td> <td></td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Triple Jump</td> <td colspan="4" style="text-align: center;">1. NONE</td> </tr> </table> </td> </tr> <tr> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">300 m Hurdles</td> <td style="width: 35%;">1. Weston Berens 48.88</td> <td></td> <td style="text-align: center;">1st</td> <td></td> </tr> <tr> <td></td> <td>2. Blake Shermer 56.37</td> <td></td> <td style="text-align: center;">4th</td> <td></td> </tr> </table> </td> <td style="vertical-align: top;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Shot Put</td> <td style="width: 35%;">1. Damien Schwab 31' 10.5"</td> <td></td> <td style="text-align: center;">1st</td> <td></td> </tr> <tr> <td></td> <td>2. 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1. Pine City	219																																																																																																																																																																																																																																																																																																																																																																																							
2. Duluth Marshall	85																																																																																																																																																																																																																																																																																																																																																																																							
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SECTION 7AA TRUE TEAM TRACK MEET

Tuesday, May 10, 2016, 1:00

Pine City Girls' Results

4 x 800 m Relay	1. Makayla Butenhoff (77, 81) 2:38.3 2. Grace Langmade (74, 84) 2:38.7 3. Allison Gusk (73, 84) 2:36.9 4. Alaina Steele (71, 77) 2:27.5	10:21.24 3rd
100 m Hurdles	1. Elsie Lundquist 16.81 1st 2. Natalie Cahill 19.04 14th	
100 m Dash	1. Alexis Pankonin 14.00 13th 2. Kelsey Erickson 14.51 23rd	
4 x 200 m Relay	1. Alexis Thieman 30.9 2. Breckan Pangerl 30.1 3. Kaylee Pihoda 30.1 4. Aaleaha Thieman 28.6	2:00.01 10th
1600 m Run	1. Allison Gusk 5:52.29 12th (1:20, 1:28, 1:33, 1:32) 2. Grace Grubbs 6:01.21 18th (1:25, 1:30, 1:35, 1:30)	
4 x 100 m Relay	1. Alexis Thieman 14.7 2. Lexi Havel 14.9 3. Cassidy Stream 13.4 PB 4. Sara Vo 15.9	58.20 13th
400 m Dash	1. Aaleaha Thieman 67.66 15th 2. Kaylee Pihoda 69.39 17th - PB	
300 m Hurdles	1. Natalie Cahill 54.26 15th 2. Makayla Butenhoff 59.71 26th	
800 m Run	1. Alaina Steele (74, 77) 2:31.25 5th 2. Grace Langmade (79, 84) 2:44.50 15th	
200 m Dash	1. Alexis Pankonin 29.19 17th 2. Kaylee Pihoda 30.30 23rd	
3200 m Run	1. Ashli Webster 12:45.84 11th (1:28, 1:34, 1:36, 1:37, 1:38, 1:41, 1:42, 1:30) 2. Marin Foss 13:16.44 17th (1:27, 1:33, 1:36, 1:39, 1:47, 1:44, 1:44, 1:42)	
4 x 400 m Relay	1. Aaleaha Thieman 68 2. Alexis Thieman 70 3. Alexis Pankonin 65 4. Alaina Steele 65	4:28.30 6th

Pole Vault			
Long Jump	1. Elsie Lundquist 14' 10.5" 5th 2. Natalie Cahill 12' 9.5" 24th		
High Jump	1. Elsie Lundquist 5' 0" 1st 2. Lexi Havel 4' 2" Tie 18th		
Triple Jump	1. Elsie Lundquist 32' 5" 4th 2. Natalie Cahill 27' 9.25" 20th		
Shot Put	1. Alexis Pankonin 29' 8" 9th 2. Emma Schmidt 23' 8" 20th		
Discus	1. Emma Schmidt 72' 6" 17th 2. Grace Langmade 72' 5" 18th		

Top Point Getters

1. Elsie Lundquist	97
2. Alexis Pankonin	54
3. Alaina Steele	50.5
4. Grace Langmade	37.5
5. Natalie Cahill	35
6. Allison Gusk	31.5
7. Aaleaha Thieman	30
8. Kaylee Pihoda	20
9. Alexis Thieman	19.5
10. Makayla Butenhoff	17.5
11. Emma Schmidt	17
12. Ashli Webster	16
13. Marin Foss	10
13. Lexi Havel	10
15. Grace Grubbs	9
16. Breckan Pangerl	6
17. Kelsey Erickson	4
18. Sara Vo	1.5
18. Cassidy Stream	1.5

19 total scorers

TEAM RESULTS:

1. North Branch	619
2. Hibbing	602
3. Cloquet	596.5
4. Grand Rapids	583
5. Mora	537.5
6. Chisago Lakes	519
7. Hermantown	407.5
8. Pine City	395.5
9. Esko	387.5
10. Duluth Denfeld	383
11. Proctor	338.5
12. South Ridge/Cherry	302
13. Greenway N. K.	279

SECTION 7AA TRUE TEAM TRACK MEET

Tuesday, May 10, 2016, 1:00

Pine City Boys' Results

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HINCKLEY-FINLAYSON INVITATIONAL TRACK MEET

Thursday, May 12, 2016, 3:30

Pine City Girls' Results

4 x 800 m Relay	1. Marin Foss	(80, 84)	2:43.9	
	2. Ashli Webster	(81, 83)	2:44.5	
	3. Grace Grubbs	(74, 83)	2:37.5	PB
	4. Lydia Adams	(82, 80)	2:41.9	
			10:47.7	3rd

Pole Vault

Long Jump	1. Allyson Chromey	12' 9"
	2. Ainsley Vinaja	12' 0"
	3. Cara Kuhn	11' 0.5"

100 m Hurdles	1. Megan Cunnien	21.3	PB
	2. Jaylynn Maurstad-R.	23.3	PB
	3. Belle Sanders	23.7	

High Jump	1. Isabelle Sanders	4' 4"	Tie 3rd
	2. Kensi Tayerle	4' 0"	

100 m Dash	1. Sara Vo	15.0
	2. Alexis Thieman	15.2
	3. Janae Johnson	15.8

Triple Jump	1. Elsie Lundquist	31' 7"	4th
	2. Allison Gusk	30' 1"	6th
	3. Elizabeth Cahill	26' 2"	

4 x 200 m Relay	1. Aaleaha Thieman	29.7	
	2. Elsie Lundquist	26.7	PB
	3. Alexis Pankonin	27.2	
	4. Alaina Steele	27.9	
		1:51.3	1st

Shot Put	1. Alexis Pankonin	30' 1.5"	4th
	2. Emma Schmidt	23' 2"	
	3. Caroline Bergwick	20' 5.5"	

1600 m Run	1. Makayla Butenhoff	5:50.6	2nd
	(1:23, 1:32, 1:34, 1:21)		
	2. Marin Foss	6:09.0	
	(1:23, 1:34, 1:38, 1:33)		

Discus	1. Alexis Pankonin	86' 8.5"	4th - PB
	2. Emma Schmidt	75' 11.5"	PB
	3. Michelle Benson	44'	

Top Point Getters

4 x 100 m Relay	1. Sara Vo	14.8	
	2. Cassidy Stream	15.2	
	3. Allyson Chromey	13.2	PB
	4. Ainsley Vinaja	14.7	
		57.7	5th

1. Alexis Pankonin	21
2. Alaina Steele	13
3. Natalie Cahill	11
4. Makayla Butenhoff	10
5. Elsie Lundquist	9
6. Lydia Adams	6
7. Aaleaha Thieman	5
7. Isabelle Sanders	5
7. Ashli Webster	5
10. Grace Grubbs	4
11. Allison Gusk	4
11. Alexis Thieman	4
13. Lauren Sommer	3
13. Marin Foss	3
15. Sara Vo	1
15. Cassidy Stream	1
15. Ainsley Vinaja	1
15. Allyson Chromey	1

18 total scorers

400 m Dash	1. Alexis Thieman	67.2	4th -PB
	2. Kaylee Prihoda	68.8	PB
	3. Lauren Sommer	70.0	

300 m Hurdles	1. Natalie Cahill	53.5	2nd
	2. Megan Cunnien	64.4	PB
	3. Elizabeth Cahill	66.4	

800 m Run	1. Makayla Butenhoff	(78, 81)	2:39.7	5th
	2. Jaylynn Maurstad-R.	(91, 93)	3:03.9	
	3. Janae Johnson	(94, 1:42)	3:16.7	

200 m Dash	1. Alexis Pankonin	27.9	2nd
	2. Kaylee Prihoda	30.2	

TEAM RESULTS:

3200 m Run	1. Alaina Steele	12:13.6	2nd - PB
	(1:19, 1:29, 1:33, 1:34 (5:55), 1:36, 1:38, 1:35, 1:29)		
	****NEW SCHOOL RECORD****		
	2. Ashli Webster	12:45.1	5th
	(1:21, 1:33, 1:39, 1:39, 1:41, 1:43, 1:41, 1:27)		
	3. Grace Grubbs	13:15.5	6th - PB
	(1:27, 1:38, 1:39, 1:42, 1:45, 1:44, 1:34)		

1. Pine City	84
2. Grantsburg	72
3. Legacy Christian	70.5
4. Rush City	65
5. Siren	56
6. Hinckley-Finlayson	51.5
7. Mora	46
8. East Central	38
9. Barnum	34
10. Duluth Marshall	33
11. Esko	25

4 x 400 m Relay	1. Natalie Cahill	68.4	PB
	2. Lauren Sommer	69.5	
	3. Lydia Adams	68.2	PB
	4. Allison Gusk	69.9	
		4:36.0	3rd

HINCKLEY-FINLAYSON INVITATIONAL TRACK MEET

Thursday, May 12, 2016, 3:30

Pine City Boys' Results

4 x 800 m Relay	1. Tommy Ryan	(67, 68)	2:15.9	PB	Pole Vault		
	2. Nathan Dieckmann	(77, 82)	2:39.3	PB			
	3. Austin Eckert	(68, 71)	2:19.5		Long Jump	1. Nathan Kleppe	?
	4. TJ Rank	(71, 73)	2:24.8	PB		2. Riley Palmer	DNJ
			9:39.5	3rd			
110 m Hurdles	1. Weston Berens	18.4		2nd	High Jump	1. Adam Seals	6' 0" 2nd - PB
						2. Sully Schmidt	5' 8" 4th - PB
						3. Brandon Haskovec	5' 8" 5th
100 m Dash	1. Brandon Haskovec	12.2		5th	Triple Jump	1. Sully Schmidt	36' 7" 1st
	2. Riley Palmer	12.5					
	3. Tryston West	12.8			Shot Put	1. Damien Schwab	33' 7"
4 x 200 m Relay	NONE					2. Nathan Kleppe	31' 0.25"
						3. Blake Shermer	27' 6.5"
1600 m Run	1. Remington Steele	5:05.7		3rd - PB	Discus	1. Blake Shermer	92' 3"
	(1:12, 1:19, 1:21, 1:14)					2. Nathan Kleppe	88' 0"
	2. Austin Eckert	5:11.6		5th - PB		3. Damien Schwab	78' 5"
	(1:12, 1:19, 1:22, 1:18)						
4 x 100 m Relay	1. Sully Schmidt	13.0					
	2. Riley Palmer	11.6					
	3. Nathan Kleppe	11.6					
	4. Weston Berens	12.8					
			49.0	4th			
400 m Dash	1. TJ Rank	62.8		PB			
	2. Joey Mikyska	65.6					
300 m Hurdles	1. Tommy Ryan	50.7		4th - PB			
	2. Weston Berens	DNR					
800 m Run	1. Eli Grubbs	(62, 64)	2:05.9	1st - PB			
	2. Christian Fromm	(79, 79)	2:38.7				
200 m Dash	1. Adam Seals	24.6		4th - PB tie			
	2. Tryston West	25.7		PB			
	3. Remington Steele	26.1		PB			
3200 m Run	1. Nathan Dieckmann	12:53.6		PB			
	(1:29, 1:37, 1:38, 1:38, 1:39, 1:38, 1:39, 1:32)						
4 x 400 m Relay	1. Riley Palmer	55.3		PB			
	2. Austin Eckert	58.9		PB			
	3. Eli Grubbs	53.4		PB			
	4. Tommy Ryan	54.8		PB			
			3:42.2	1st			

Top Point Getters

1. Sully Schmidt	16
2. Eli Grubbs	15
3. Tommy Ryan	12
3. Adam Seals	12
5. Austin Eckert	11
6. Weston Berens	10
7. Riley Palmer	7
8. Remington Steele	6
9. Brandon Haskovec	5
10. TJ Rank	3
10. Nathan Dieckmann	3
12. Nathan Kleppe	2
12 total scorers	

TEAM RESULTS:

1. Grantsburg	106
2. Rush City	97
3. Pine City	80
4. Duluth Marshall	67
5. Siren	54
6. Mora	47.66
7. Hinckley-Finlayson	35
8. Barnum	29
9. East Central	22
10. Esko	10.33
11. Legacy Christian	8
12. Wrenshall	2

GREAT RIVER CONFERENCE TRACK MEET
Tuesday, May 17, 2016, 3:30
Pine City Girls' Results

4 x 800 m Relay	1. Grace Langmade	(73, 85)	2:38.6	
	2. Makayla Butenhoff	(76, 82)	2:38.9	
	3. Allison Gusk	(73, 83)	2:36.0	
	4. Alaina Steele	(70, 79)	2:29.9	
		10:23.15	1st	**GRC RECORD**
	**** ALL CONFERENCE****			

100 m Hurdles	1. Elsie Lundquist	P: 16.89	F: 16.55	1st
	**** ALL CONFERENCE****			
	2. Natalie Cahill	P: 18.38	F: 17.95	4th - PB
	3. Megan Cunnien	P: 21.65		

100 m Dash	1. Alexis Pankonin	P: 13.49	F: 13.40	2nd - PB
	Honorable Mention			
	2. Kelsey Erickson	P: 14.15	F: 14.07	3rd
	3. Lexi Havel	P: 14.67	F: 14.76	8th

4 x 200 m Relay	1. Aaleaha Thieman	28.8		
	2. Breckan Pangerl	29.5		
	3. Alexis Thieman	28.7	PB	
	4. Kelsey Erickson	29.4		
		1:56.51	1st	
	**** ALL CONFERENCE****			

1600 m Run	1. Allison Gusk	5:50.29	3rd
	(1:22, 1:28, 1:30, 1:29)		
	2. Grace Grubbs	5:54.65	4th - PB
	(1:23, 1:31, 1:34, 1:26)		
	3. Lydia Adams	5:56.14	5th - PB
	(1:24, 1:33, 1:35, 1:28)		

4 x 100 m Relay	1. Alexis Thieman	14.3		
	2. Cassidy Stream	14.0		
	3. Sara Vo	14.5		
	4. Kelsey Erickson	13.3	PB tie	
		56.07	2nd	
	Honorable Mention			

400 m Dash	1. Aaleaha Thieman	65.77	3rd
	2. Kaylee Prihoda	67.71	7th - PB
	3. Laurin Sommer	69.69	

300 m Hurdles	1. Natalie Cahill	52.31	2nd - PB
	Honorable Mention		
	2. Makayla Butenhoff	57.46	6th
	3. Elizabeth Cahill	62.25	PB

800 m Run	1. Alaina Steele	(73, 76)	2:29.18	1st
	**** ALL CONFERENCE****			
	2. Grace Langmade	(76, 78)	2:34.69	2nd
	Honorable Mention			
	3. Lydia Adams	(79, 81)	2:40.15	6th - PB

200 m Dash	1. Alexis Pankonin	27.66	1st - PB
	**** ALL CONFERENCE****		
	2. Kaylee Prihoda	30.27	7th
	3. Cassidy Stream	30.60	8th

3200 m Run	1. Marin Foss	12:40.81	3rd
	(1:28, 1:33, 1:36, 1:37, 1:37, 1:35, 1:41, 1:33)		
	2. Ashli Webster	12:40.84	4th
	(1:27, 1:33, 1:36, 1:36, 1:37, 1:39, 1:42, 1:29)		
	3. Grace Grubbs	13:15.19	5th - PB
	(1:29, 1:33, 1:38, 1:42, 1:45, 1:45, 1:45, 1:38)		

4 x 400 m Relay	1. Alexis Thieman	65.9		
	2. Aaleaha Thieman	68.4		
	3. Grace Langmade	68.8		
	4. Alaina Steele	61.1	PB tie	
		4:24.26	1st - BTY	
	**** ALL CONFERENCE****			

Pole Vault	1. Allyson Chromey	5' 6"	PB
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Long Jump	1. Elsie Lundquist	15' 5"	2nd
	Honorable Mention		
	2. Kelsey Erickson	14' 6.5"	4th
	3. Natalie Cahill	12' 9.75"	

High Jump	1. Elsie Lundquist	5' 2"	1st
	**** ALL CONFERENCE****		
	2. Isabelle Sanders	4' 6"	5th - PB tie
	3. Kensi Tayerle	4' 2"	

Triple Jump	1. Elsie Lundquist	33' 6.75	1st
	**** ALL CONFERENCE****		
	2. Allison Gusk	31' 8.5"	4th - PB
	3. Natalie Cahill	29' 1"	

Shot Put	1. Alexis Pankonin	29' 4.5"	4th
	2. Emma Schmidt	22' 10"	
	3. Caroline Bergwick	20' 10.75"	

Discus	1. Alexis Pankonin	82' 0.75"	5th
	2. Emma Schmidt	78' 2.5"	7th - PB
	3. Grace Langmade	69' 8.75"	

Top Point Getters

1. Elsie Lundquist	38
2. Alexis Pankonin	27
3. Alaina Steele	20
3. Kelsey Erickson	20
5. Grace Langmade	18
6. Aaleaha Thieman	16
6. Allison Gusk	16
8. Alexis Thieman	14
9. Natalie Cahill	13
10. Grace Grubbs	9
11. Makayla Butenhoff	8
12. Lydia Adams	7
13. Marin Foss	6
14. Breckan Pangerl	5
14. Ashli Webster	5
14. Cassidy Stream	5
17. Isabelle Sanders	4
17. Kaylee Prihoda	4
17. Sara Vo	4
20. Emma Schmidt	2
21. Lexi Havel	1
21 total scorers	

TEAM RESULTS:

1. Pine City	204
2. Rush City	109.5
3. Mille Lacs	76.5
4. East Central	68
5. Aitkin	67
6. Hinckley-Finlayson	61
7. Ogilvie	55
8. Braham	51

GREAT RIVER CONFERENCE TRACK MEET

Tuesday, May 17, 2016, 3:30

Pine City Boys' Results

4 x 800 m Relay	1. Noah Miller	(66, 78)	2:25.0	PB
	2. TJ Rank	(76, 73)	2:29.5	
	3. Christian Fromm	(74, 82)	2:36.2	PB
	4. Austin Eckert	<u>(64, 69)</u>	<u>2:13.4</u>	PB
		9:44.03	3rd	

110 m Hurdles	1. Weston Berens	P: 18:46	F: 18.28	4th
	2. Jacob Merrick	DNR		

100 m Dash	1. Brandon Haskovec	P: 11.98	F: 11.88	2nd - PB
	Honorable Mention			
	2. Nathan Kleppe	P: 12.72		
	3. Tryston West	P: 12.88		

4 x 200 m Relay	1. Dennis Skalicky	24.4		
	2. Adam Seals	22.6		
	3. Aaron Pulkrabek	24.1		
	4. Brandon Haskovec	<u>23.0</u>		
		1:34.66	2nd - BTY	
Honorable Mention				

1600 m Run	1. Eli Grubbs	4:47.67	1st	
	(1:09, 1:15, 1:15, 1:09)			
	ALL CONFERENCE			
	2. Tommy Ryan	4:47.94	2nd - PB	
	(1:10, 1:15, 1:16, 1:08)			
Honorable Mention				
	3. Remington Steele	5:02.56	8th - PB	
(1:10, 1:15, 1:19, 1:18)				

4 x 100 m Relay	1. Sully Schmidt	12.5		
	2. Nathan Kleppe	12.5		
	3. Weston Berens	11.7	PB	
	4. Tryston West	<u>11.8</u>		
		48.54	3rd	

400 m Dash	1. Dennis Skalicky	53.58	3rd - PB
	2. Riley Palmer	55.92	4th - PB
	3. Tommy Ryan	56.76	5th

300 m Hurdles	1. Weston Berens	46.25	4th - PB
	2. Blake Shermer	53.15	

800 m Run	1. Austin Eckert	(65, 70)	2:15.25	5th - PB
	2. Remington Steele	(65, 73)	2:17.55	6th
	3. Nathan Dieckmann	(79, 78)	2:37.51	PB

200 m Dash	1. Aaron Pulkrabek	24.07	2nd - PB
	Honorable Mention		
	2. Brandon Haskovec	25.13	6th
	3. Tryston West	26.36	

3200 m Run	1. Eli Grubbs	10:30.13	1st - PB
	(1:23, 1:28, 1:21, 1:21, 1:23, 1:22, 1:18, 1:13)		
	ALL CONFERENCE		
	2. Tommy Ryan	10:55.06	3rd
	(1:14, 1:19, 1:23, 1:23, 1:25, 1:25, 1:27, 1:20)		
	3. Noah Miller	11:25.69	6th - PB
(1:15, 1:23, 1:27, 1:27, 1:30, 1:30, 1:31, 1:25)			

4 x 400 m Relay	1. Dennis Skalicky	53.7		
	2. Riley Palmer	55.4		
	3. Remington Steele	57.6		
	4. Eli Grubbs	<u>54.2</u>		
		3:40.89	2nd - BTY	
Honorable Mention				

Pole Vault	1. Adam Archambault	11' 6"	1st - PB tie
	ALL CONFERENCE		
	2. TJ Rank	9' 0"	5th - PB

Long Jump	1. Aaron Pulkrabek	20' 7.5"	1st - PB
	ALL CONFERENCE		
	2. Adam Seals	20' 6.25"	2nd - PB
Honorable Mention			
	3. Riley Palmer	16' 4"	8th

High Jump	1. Adam Seals	6' 0"	1st - PB tie
	ALL CONFERENCE		
	2. Brandon Haskovec	5' 8"	Tie 2nd
Honorable Mention			
	3. Sully Schmidt	5' 6"	5th

Triple Jump	1. Aaron Pulkrabek	40' 2.75"	1st - PB
	ALL CONFERENCE		
	2. Adam Seals	38' 7.75"	2nd - PB
Honorable Mention			
	3. Sully Schmidt	36' 3"	4th

Shot Put	1. Damien Schwab	35' 8.25"	PB
	2. Nathan Kleppe	31' 8.75"	
	3. Blake Shermer	30' 8.5"	PB

Discus	1. Blake Shermer	96' 1"
	2. Nathan Kleppe	80' 6"
	3. Damien Schwab	72' 3"

Top Point Getters

1. Aaron Pulkrabek	32
2. Adam Seals	30
3. Eli Grubbs	24
4. Brandon Haskovec	22
5. Tommy Ryan	20
6. Dennis Skalicky	14
7. Weston Berens	13
8. Sully Schmidt	12
9. Adam Archambault	10
9. Riley Palmer	10
11. Remington Steele	8
12. Austin Eckert	7
12. TJ Rank	7
14. Noah Miller	6
15. Tryston West	3
15. Christian Fromm	3
15. Nathan Kleppe	3
17 total scorers	

TEAM RESULTS:

1. Pine City	194
2. Braham	167.5
3. Rush City	138
4. East Central	71
5. Hinckley-Finlayson	42.5
6. Aitkin	41
7. Ogilvie	23

GRC RELAY TRACK MEET
Thursday, May 19, 2016, 3:30
Pine City Girls' Results

4 x 800 m Relay	1. Marin Foss	2:43.4	
	2. Ashli Webster	2:47.7	
	3. Lydia Adams	2:45.2	
	4. Grace Grubbs	2:41.4	
		<hr/>	<hr/>
		10:57.6	

Pole Vault		
Long Jump	1. Kelsey Erickson	14' 0"
	2. Elizabeth Cahill	11' 1"
	3. Janae Johnson	?

100 m Hurdle Relay	1. Elsie Lundquist	16.6
	2. Natalie Cahill	18.2

High Jump	1. NONE
	2.

4 x 200 m Relay	1. Sara Vo	31.1	
	2. Alexis Thieman	29.4	
	3. Cassidy Stream	30.8	
	4. Natalie Cahill	28.0	
		<hr/>	<hr/>
		1:59.1	2nd

Triple Jump	1. Natalie Cahill	29' 4"
	2. Elizabeth Cahill	27' 3"

Distance Medley (800-400-1200-1600)	1. Makayla Butenhoff	2:40.3	
	2. Lauren Sommer	68.7	
	3. Alaina Steele	4:06	
	4. Lydia Adams	6:23	
		<hr/>	<hr/>
		14:18.3	1st #1 on Top 10

Shot Put	1. Grace Langmade	24' 9.25"
	2. Michelle Benson	?
	3. Cara Kuhn	?

4 x 1600 m Relay	1. Ashli Webster	6:09	
	2. Marin Foss	6:41	
	3. Kaylee Prihoda (400)	70.1	

Discus	1. Alexis Pankonin	93' 0"
	2. Emma Schmidt	68' 3"
	3. Caroline Bergwick	?

800m Sprind Med. (100-100-200-400)	1. Aaleaha Thieman	13.7	
	2. Elsie Lundquist	13.3	
	3. Alexis Pankonin	28.4	
	4. Alaina Steele	60.1	
		<hr/>	<hr/>
		1:55.8	1st #1 on Top 10

1600m Sprint Med. (200-200-400-800)	1. Lauren Sommer	30	
	2. Cassidy Stream	30	
	3. Grace Langmade	68	
	4. Grace Grubbs	2:40	
		<hr/>	<hr/>
		4:48.7	1st #3 on Top 10

TEAM RESULTS:

4 x 100m Relay	1. Allison Gusk	14.6	
	2. Aaleaha Thieman	14.5	
	3. Lydia Adams	13.2	
	4. Kelsey Erickson	13.8	
		<hr/>	<hr/>
		55.9	

1. Rush City	94
2. Pine City	74
3. Hinckley-Finlayson	73
4. Aitkin	61
5. Braham	52
6. East Central	44

Coaches Relay	1. Coach Stoltz	13.9	
	2. Coach Grabber	15.4	
	3. Coach Etta	13.3	
	4. Coach Clementson	12.9	
		<hr/>	<hr/>
		55.4	1st

GRC RELAY TRACK MEET

Thursday, May 19, 2016, 3:30

Pine City Boys' Results

4 x 800 m Relay	1. Dennis Skalicky	2:16.9	PB
	2. Nathan Kleppe	3:03.1	
	3. Weston Berens	2:41.0	PB
	4. Riley Palmer	2:27.0	PB
		<u>10:28.2</u>	3rd

110 m Hurdle Relay	1. NONE
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4 x 200 m Relay	1. Nathan Kleppe	27.6	
	2. Sully Schmidt	24.8	
	3. TJ Rank	29.3	
	4. Tryston West	26.5	
		<u>1:48.6</u>	3rd

Distance Medley (800-400-1200-1600)	1. Austin Eckert	2:15.9	
	2. Dennis Skalicky	54.9	
	3. Eli Grubbs	3:38	
	4. Tommy Ryan	5:05.5	
		<u>11:54.0</u>	1st #1 on Top 10

4 x 1600 m Relay	1. Noah Miller	5:25.7	
	2. Remington Steele	5:30.3	
	3. Nathan Dieckmann	5:50.2	
		<u>23:25</u>	2nd

800m Sprind Med. (100-100-200-400)	1. Adam Seals	12	
	2. Brandon Haskovec	11	
	3. Aaron Pulkrabek	23	
	4. Riley Palmer	55.4	
		<u>1:42.3</u>	1st #2 on Top 10

1600m Sprint Med (200-200-400-800)	1. NONE
	2.
	3.
	4.

4 x 100m Relay	1. Eli Grubbs	13.0	
	2. Austin Eckert	15.6	
	3. Joey Mikyska	11.2	
	4. Noah Miller	13.7	
		<u>53.5</u>	5th

4x400m Relay (Walking Addition)	1. Dennis Skalicky		
	2. Weston Berens		
	3. TJ Rank		
	4. Austin Eckert		
		<u>11:08</u>	5-way tie for 2nd

Throwers Relay	1. Damien Schwab	16.0	
	2. Cara Kuhn	17.3	
	3. Grace Langmade	14.8	
	4. Blake Shermer	14.1	
		<u>62.6</u>	4th with Cookie Dough

Pole Vault	
Long Jump	1. Riley Palmer ?
	2. Tryston West 15' 0"

High Jump	1. Brandon Haskovec ?
	2. Sully Schmidt ?
	3

Triple Jump	1. Sully Schmidt 37' 11"
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Shot Put	1. Damien Schwab ?
	2. Nathan Kleppe ?
	3. Blake Shermer ?

Discus	1. Blake Shermer ?
	2. Damien Schwab ?
	3. Joey Mikyska ?

TEAM RESULTS:

1. Braham	118.2
2. Rush City	108.2
3. Pine City	64.2
4. East Central	58
5. Hinckley-Finlayson	56.2
6. Aitkin	54.2

SUB-SECTION 18 TRACK MEET @ Milaca
Tuesday, May 24, 2016, 3:30
Pine City Girls' Results

4 x 800 m Relay	1. Alaina Steele	(72, 72)	2:24.3	
	2. Grace Langmade	(71, 81)	2:32.0	
	3. Makayla Butenhoff	(74, 78)	2:32.0	
	4. Allison Gusk	(69, 83)	2:31.3	
		9:59.69	3rd	
	****NEW SCHOOL RECORD****			
	****Advances to Sections****			

100 m Hurdles	1. Elsie Lundquist	P: 16.95	F: 16.74	1st
	****Advances to Sections****			
	2. Natalie Cahill	P: 18.21	F: 17.95	3rd - PB tie
	****Advances to Sections****			

100 m Dash	1. Kelsey Erickson	P: 14.21	F: 14.11	6th
	2. Sara Vo	P: 14.75	PB	
	3. Cassidy Stream	P: 14.86		

4 x 200 m Relay	1. Aaleaha Thieman	29.0		
	2. Elsie Lundquist	26.6	PB	
	3. Alexis Pankonin	27.1		
	4. Alaina Steele	26.7	PB	
		1:49.10	2nd	
	****NEW SCHOOL RECORD****			
	****Advances to Sections****			

1600 m Run	1. Allison Gusk	5:43.79	4th - BTY
	(1:22, 1:28, 1:30, 1:24)		
	****Advances to Sections****		
	2. Grace Grubbs	5:56.60	7th
	(1:23, 1:29, 1:33, 1:30)		
	3. Lydia Adams	5:57.54	8th
	(1:24, 1:29, 1:33, 1:30)		

4 x 100 m Relay	1. Alexis Thieman	14.4	
	2. Aaleaha Thieman	13.2	PB
	3. Lexi Havel	13.6	
	4. Kelsey Erickson	13.4	
		54.76	4th - BTY

400 m Dash	1. Laurin Sommer	67.85	PB
	2. Lydia Adams	68.88	PB
	3. Kaylee Prihoda	69.30	

300 m Hurdles	1. Natalie Cahill	51.86	2nd - PB
	****Advances to Sections****		
	2. Elizabeth Cahill	65.68	

800 m Run	1. Alaina Steele	(74, 72)	2:26.79	2nd
	****Advances to Sections****			
	2. Grace Langmade	(75, 75)	2:30.23	4th - PB
	****Advances to Sections****			
	3. Makayla Butenhoff	(76, 81)	2:37.60	7th

200 m Dash	1. Alexis Pankonin	27.96	3rd
	****Advances to Sections****		
	2. Lexi Havel	29.73	7th - PB
	3. Breckan Pangerl	DNR	

3200 m Run	1. Ashli Webster	12:40.22	6th - BTY
	(1:24, 1:32, 1:35, 1:37, 1:40, 1:42, 1:43, 1:26)		
		2. Grace Grubbs	13:23.31
	(1:27, 1:35, 1:40, 1:44, 1:46, 1:48, 1:46, 1:35)		
	3. Marin Foss	13:25.37	
	(1:25, 1:38, 1:40, 1:44, 1:45, 1:48, 1:46, 1:38)		

4 x 400 m Relay	1. Kaylee Prihoda	68.6		
	2. Alexis Thieman	65.8	PB	
	3. Grace Langmade	65.5	PB	
	4. Aaleaha Thieman	65.5		
		4:25.39	2nd	
	****Advances to Sections****			

Pole Vault	1. Allyson Chromey	NH	
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Long Jump	1. Kelsey Erickson	14' 3"	7th
	2. Natalie Cahill	13' 11"	
	3. Allyson Chromey	12' 5"	

High Jump	1. Elsie Lundquist	5' 1"	1st
	****Advances to Sections****		
	2. Isabelle Sanders	4' 5"	
	3. Kensi Tayerle	NH	

Triple Jump	1. Elsie Lundquist	34' 1"	1st
	****Advances to Sections****		
	2. Natalie Cahill	30' 5.5"	6th - PB
	3. Allison Gusk	30' 3"	8th

Shot Put	1. Alexis Pankonin	31' 1.5"	2nd - PB tie
	****Advances to Sections****		
	2. Cara Kuhn	23' 4.5"	PB
	3. Caroline Bergwick	21' 3.25"	

Discus	1. Alexis Pankonin	95' 2"	4th - PB
	****Advances to Sections****		
	2. Emma Schmidt	82' 0"	8th - PB
	3. Grace Langmade	74' 4"	

Top Point Getters

1. Elsie Lundquist	34
2. Alexis Pankonin	23
3. Natalie Cahill	17
4. Alaina Steele	15
5. Grace Langmade	12
6. Aaleaha Thieman	10.5
7. Allison Gusk	9
8. Kelsey Erickson	7.5
9. Alexis Thieman	6.5
10. Makayla Butenhoff	5
11. Lexi Havel	4.5
12. Kaylee Prihoda	4
13. Grace Grubbs	3
13. Ashli Webster	3
15. Lydia Adams	1
15. Emma Schmidt	1
16 total scorers	

TEAM RESULTS:

1. Mora	179
2. Pine City	129
3. Milaca	121
4. Rush City	69
5. Mille Lacs	54
6. Ogilvie	53
7. East Central	37
8. Hinckley-Finlayson	27
9. Braham	27

SUB-SECTION 18 TRACK MEET @ Milaca

Tuesday, May 24, 2016, 3:30

Pine City Boys' Results

4 x 800 m Relay	1. Remington Steele	(64, 66)	2:10	PB
	2. Austin Eckert	(64, 71)	2:15	
	3. Noah Miller	(68, 76)	2:24	PB
	4. TJ Rank	<u>(78, 80)</u>	<u>2:38</u>	
		9:27.55	4th	

110 m Hurdles	1. Weston Berens	P: 18.10	F: 17.85	5th - PB
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100 m Dash	1. Brandon Haskovec	P: 11.89	F: 11.74	2nd
	****Advances to Sections****			
	2. Tryston West	P: 12.76		
	3. Nathan Kleppe	DNR		

4 x 200 m Relay	1. Dennis Skalicky	24.6		
	2. Adam Seals	22.6		
	3. Aaron Pulkrabek	23.4		
	4. Brandon Haskovec	<u>23.7</u>		
		1:33.76	2nd - BTY	
****Advances to Sections****				

1600 m Run	1. Eli Grubbs	4:47.74	2nd	
	(1:10, 1:15, 1:15, 1:07)			
	****Advances to Sections****			
	2. Tommy Ryan	4:48.29	3rd	
	(1:11, 1:15, 1:15, 1:06)			
****Advances to Sections****				
	3. Nathan Dieckmann	5:49.15		
(1:22, 1:30, 1:32, 1:25)				

4 x 100 m Relay	1. Sully Schmidt	12.9		
	2. Adam Archambault	12.1		
	3. Weston Berens	12.8		
	4. Tryston West	<u>11.3</u>	PB tie	
		49.11	5th	

400 m Dash	1. Dennis Skalicky	53.25	3rd - PB	
	****Advances to Sections****			
	2. Riley Palmer	55.21	6th - PB	
	3. TJ Rank	64.50		

300 m Hurdles	1. Weston Berens	45.80	5th - PB	
	2. Blake Shermer	54.22		

800 m Run	1. Eli Grubbs	(64, 62)	2:06.69	3rd
	****Advances to Sections****			
	2. Austin Eckert	(67, 67)	2:14.33	PB
	3. Remington Steele	(67, 70)	2:17.36	

200 m Dash	1. Aaron Pulkrabek	23.60	2nd - PB	
	****Advances to Sections****			
	2. Brandon Haskovec	24.47	6th - PB	
	3. Tryston West	25.75	PB	

3200 m Run	1. Noah Miller	11:30.43	7th		
	(1:17, 1:23, 1:26, 1:28, 1:30, 1:31, 1:30, 1:25)				
		2. Christian Fromm	13:06.04	PB	
	(1:36, 1:40, 1:38, 1:37, 1:40, 1:42, 1:41, 1:31)				
		3. Nathan Dieckmann	13:07.10		
(1:37, 1:40, 1:38, 1:38, 1:40, 1:41, 1:41, 1:31)					

4 x 400 m Relay	1. Riley Palmer	56.0		
	2. Tommy Ryan	54.0	PB	
	3. Eli Grubbs	52.8	PB	
	4. Dennis Skalicky	<u>52.9</u>	PB	
		3:35.82	3rd	
****Advances to Sections****				

Pole Vault	1. Adam Archambault	11' 10"	1st - PB
	****Advances to Sections****		
	2. TJ Rank	8' 8"	Tie 5th
	3. Logan Schaaf	NH	

Long Jump	1. Adam Seals	20' 11.25"	2nd - PB
	****Advances to Sections****		
	2. Aaron Pulkrabek	20' 7"	4th
	3. Riley Palmer	16' 11.75"	
****Advances to Sections****			

High Jump	1. Adam Seals	5' 10"	1st
	****Advances to Sections****		
	2. Brandon Haskovec	5' 6"	3rd
	3. Sully Schmidt	5' 4"	7th
****Advances to Sections****			

Triple Jump	1. Aaron Pulkrabek	40' 11"	1st - PB
	****Advances to Sections****		
	2. Adam Seals	38' 4"	3rd
	3. Sully Schmidt	36' 2.5"	6th
****Advances to Sections****			

Shot Put	1. Damien Schwab	34' 5.75"	
	2. Blake Shermer	29' 3"	
	3. Nathan Kleppe	DNT	

Discus	1. Blake Shermer	94' 3"	
	2. Damien Schwab	80' 9"	
	3. Nathan Kleppe	DNT	

Top Point Getters

1. Adam Seals	28
2. Aaron Pulkrabek	27
3. Brandon Haskovec	21
4. Eli Grubbs	17
5. Adam Archambault	12
6. Dennis Skalicky	11
7. Weston Berens	10
8. Tommy Ryan	9
9. Sully Schmidt	7
10. Riley Palmer	6
11. TJ Rank	5.5
12. Noah Miller	4.5
13. Remington Steele	2.5
13. Austin Eckert	2.5
15. Tryston West	2
15 total scorers	

TEAM RESULTS:

1. Pine City	144
****Sub-Section Champs****	
2. Mora	137.5
3. Braham	127
4. Rush City	111
5. Milaca	86
6. East Central	45
7. Hinckley-Finlayson	30.5
8. Ogilvie	13

SECTION 5A TRACK MEET @ St. John's University
Wednesday, June 1, 2016, 10:30
Pine City Girls' Results

4 x 800 m Relay	1. Alaina Steele	(68, 76)	2:24	
	2. Grace Langmade	(71, 82)	2:33	
	3. Makayla Butenhoff	(72, 78)	2:30	PB
	4. Allison Gusk	<u>(71, 89)</u>	<u>2:40</u>	
		10:08.07	4th	

High Jump	1. Elsie Lundquist	4' 11"	7th
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Triple Jump	1. Elsie Lundquist	34' 6.25"	2nd - PB
		**** NEW SCHOOL RECORD ****	
		**** QUALIFIES FOR STATE ****	

100 m Hurdles	1. Elsie Lundquist	P: 16.86	F: 16.45	5th - PB
		**** NEW SCHOOL RECORD ****		
	2. Natalie Cahill	P: 18.57	15th (prelims)	

Shot Put	1. Alexis Pankonin	31' 1.5"	9th - PB tie
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Discus	1. Alexis Pankonin	91' 5"	13th
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4 x 200 m Relay	1. Aaleaha Thieman	28.2	PB
	2. Elsie Lundquist	27.3	
	3. Alexis Pankonin	28.1	
	4. Alaina Steele	<u>26.2</u>	<u>PB</u>
		1:49.93	4th

TEAM RESULTS:

1. Watertown-Mayer	62
2. Holdingford	57
3. Mora	56
4. Litchfield	51.5
5. Eden Valley W.K.	49
6. Foley	48
7. Pierz	47
8. Annandale	40
9. Rockford	39
10. Pine City	33.5
11. Atwater Cosmos-G.	33
12. Maple Lake	31
13. Milaca	24
14. Spectrum	23
15. Howard Lake -W.W.	21
16. Albany	19
17. Rush City	15
18. New London Spicer	11
19. Ogilvie	8
20. Legacy Christian A.	7
21. Braham	6
22. Paynesville	5
22. Northwest Nighthawks	5
24. Mille Lacs	3
24. Royalton	3
26. East Central	2

1600 m Run	1. Allison Gusk	5:58.60	16th
		(1:19, 1:27, 1:34, 1:37)	

300 m Hurdles	1. Natalie Cahill	52.90	12th
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800 m Run	1. Alaina Steele	(70, 71)	2:21.89	2nd - PB
		**** NEW SCHOOL RECORD ****		
		**** QUALIFIES FOR STATE ****		
	2. Grace Langmade	(72, 83)	2:36.62	16th

200 m Dash	1. Alexis Pankonin	27.90	8th
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4 x 400 m Relay	1. Kaylee Prihoda	67.8	
	2. Alexis Thieman	67.1	
	3. Lauren Sommer	67.8	
	4. Aaleaha Thieman	<u>66.0</u>	
		4:27.35	8th

Top Point Getters

1. Elsie Lundquist	16.5
2. Alaina Steele	13
3. Alexis Pankonin	3.5
4. Aaleaha Thieman	3
5. Grace Langmade	2.5
5. Allison Gusk	2.5
5. Makayla Butenhoff	2.5
8. Lauren Sommer	0.5
8. Alexis Thieman	0.5
8. Kaylee Prihoda	0.5

10 total scorers

SECTION 5A TRACK MEET @ Saint John's University

Wednesday, June 1, 2016, 10:30am

Pine City Boys' Results

100 m Dash	1. Brandon Haskovec P: 11.87	12th (prelims)	Pole Vault	1. Adam Archambault 10' 9" Tie 11th
4 x 200 m Relay	1. Dennis Skalicky 24.1		Long Jump	1. Adam Seals 21' 7" 2nd - PB ****QUALIFIES FOR STATE****
	2. Adam Seals 23.7			2. Aaron Pulkrabek 21' 4.5" 3rd - PB ****QUALIFIES FOR STATE****
	3. Aaron Pulkrabek 23.3			
	4. Brandon Haskovec 23.8			
	1:34.87	4th		
1600 m Run	1. Eli Grubbs 4:43.53	5th - PB	High Jump	1. Adam Seals 5' 11" 4th
	(1:09, 1:13, 1:12, 1:10)			2. Brandon Haskovec 5' 7" 9th
	2. Tommy Ryan 4:49.68	8th		
	(1:09, 1:15, 1:17, 1:09)		Triple Jump	1. Aaron Pulkrabek 39' 10" 4th
400 m Dash	1. Dennis Skalicky 53.67	9th		2. Adam Seals 39' 0.75" 6th - PB
800 m Run	1. Eli Grubbs (60, 65) 2:05.74	6th - PB		
200 m Dash	1. Aaron Pulkrabek 23.91	11th		
4 x 400 m Relay	1. Riley Palmer 55.3			
	2. Tommy Ryan 56.6			
	3. Eli Grubbs 54.6			
	4. Dennis Skalicky 53.0			
	3:39.34	7th		

TEAM RESULTS:

1. Mora	61
1. Foley	61
3. Annandale	57
4. New London Spicer	50
5. Holdingford	44
6. Maple Lake	43
7. Pine City	42
8. Royalton	38
9. Howard Lake -W.W.	35.5
10. Rush City	35
11. Braham	32
12. Eden Valley W.K.	27.5
13. Pierz	26
14. Rockford	24
15. Litchfield	23
16. Spectrum	23
17. East Central	21
18. Atwater Cosmos-G.	20
19. Milaca	11
20. St. Cloud Christian	8
20. Albany	8
22. Watertown-Mayer	7
23. St. Cloud Cathedral	3
24. Paynesville	2

Top Point Getters

1. Adam Seals	18.5
2. Aaron Pulkrabek	13.5
3. Eli Grubbs	8
4. Dennis Skalicky	3.5
5. Brandon Haskovec	2.5
6. Tommy Ryan	2
7. Riley Palmer	1

7 total scorers

STATE TRACK MEET @ Hamline University
Friday and Saturday, June 10-11, 2016, 3:30pm
Pine City Girls' Results

TRACK EVENTS

800 m Run (Prelim) 1. Alaina Steele (67.2, 70.5) 2:17.70 PB
(Friday) 6:40 PM ** NEW SCHOOL RECORD ******

Heat 1 Preliminaries				
1	813 Erica Eades	12 East Grand Forks	2:20.69	2:18.18Q
2	531 Bethany TenHaken	9 Milaca	2:21.72	2:18.22Q
3	741 Ava Hill	8 Mesabi East	2:22.49	2:18.36q
4	410 Ellie Haland	11 Math and Science	2:20.80	2:19.27q
5	163 Ellie Sholing	9 Wabasha-Kellogg	2:18.76	2:19.72q
6	162 Nell Graham	9 Triton	2:21.68	2:21.08
7	801 Nicole Herbranson	10 Barnesville	2:23.43	2:22.10
Heat 2 Preliminaries				
1	236 Allie Bodin	12 Holy Family Cath	2:19.08	2:16.88Q
2	258 Tierney Winter	12 Waterville-Elysi	2:20.83	2:17.42Q
3	549 Alaina Steele	8 Pine City	2:21.89	2:17.70q
4	610 Ellie Danielson	8 Minnewaska Area	2:24.24	2:18.86q
5	310 Jadynd Anderson	9 Luverne	2:20.83	2:20.64
6	640 Ashley Hokanson	9 Perham	2:24.82	2:22.56
7	323 Claire Sulflow	12 Montevideo	2:20.64	2:22.92
8	427 Amelia Hornseth	11 Nova Classical A	2:22.40	2:23.44
9	740 Maren Friday	7 Marshall School,	2:24.35	2:29.40

TEAM RESULTS

1. Minneapolis Edison	46
3. Pequot Lakes	37
36. Pierz	9.5
Tie 52. Milaca	5
Tie 62. Mora	3
Tie 74. Pine City	1

800 m Run (Final) 1. Alaina Steele (66.9, 79.9) 2:26.74 9th
(Saturday) 6:14 PM

Event 13 Girls 800 Meter Run Class A

Class A Rec: # 2:08.77 1986 Jeanne Kruckeberg, Blooming Prairie					
MN All Time: 1 2:06.50 6/6/2015 Ruby Stauber, Wayzata					
Nat'l H.S.: + 2:02.04 2011 Amy Weissenbach, Harvard-Westlake, CA					
'15 Champion: 2:16.10 6/6/2015 Kayla Huhnerkoch, Redwood Valley					
Name	Year	School	Prelims	Finals	Points
1	236 Allie Bodin	12 Holy Family Cath	2:16.88	2:13.67	12
2	813 Erica Eades	12 East Grand Forks	2:18.18	2:15.16	10
3	610 Ellie Danielson	8 Minnewaska Area	2:18.86	2:16.45	8
4	741 Ava Hill	8 Mesabi East	2:18.36	2:16.66	6
5	531 Bethany TenHaken	9 Milaca	2:18.22	2:17.44	5
6	410 Ellie Haland	11 Math and Science	2:19.27	2:18.25	4
7	258 Tierney Winter	12 Waterville-Elysi	2:17.42	2:21.93	3
8	163 Ellie Sholing	9 Wabasha-Kellogg	2:19.72	2:22.03	2
9	549 Alaina Steele	8 Pine City	2:17.70	2:26.74	1

FIELD EVENTS

Triple Jump 1. Elsie Lundquist 29' 4.25" 19th
(Saturday) 3:30 PM

Girls Triple Jump Class A

Class A Rec: # 39-04.50 2011 Analisa Huschle, Bagley/Fosston					
MN All Time: 1 40-05.50 6/7/2014 Mia Barron, Minnetonka					
Nat'l H.S.: + 44-02.25 2001 Yehindria Spears, Luling, TX					
'15 Champion: 37-09.75 6/6/2015 Jenna Kes, Jordan					
1	Jenna Kes	11 Jordan	38-07.00	38-06.75	0.4 12
2	Caryn Brinkman	8 Helrose Area	34-11.25	38-04.50	0.5 10
3	Ailaa Gilbert	9 Watertown-Mayer	36-04.50	37-05.25	0.7 8
4	Clara Paul	12 Concordia Academ	37-07.00	37-00.50	1.4 6
5	Hegan Rutt	12 Tri-City United	35-09.50	36-07.25	+0.0 5
6	Emma Weatherly	10 Byron	36-03.50	36-07.00	0.5 4
7	Hegan Elizabeth White	12 Providence Acade	36-01.00	36-04.75	0.8 3
8	Hara Quan	11 Kenyon-Wanamingo	36-04.50	35-10.00	1.2 2
9	Kylie Hanson	10 Crosby-Ironton	35-04.50	35-03.75	+0.0 1
10	Irene Anderson	12 Springfield/Ceda	34-01.00	34-10.25	1.1
11	Hope Howell	10 Mesabi East	33-11.75	34-06.75	1.7
12	Kaly Banks	10 Cannon Falls	35-07.75	34-05.25	+0.0
13	Mikayla McCullough	12 Plainview-Elgin-	36-01.00	34-05.25	-0.3
14	Milan Burgess	12 Brock School	35-11.50	34-04.75	-0.5
15	Courtney Siebenahler	11 Luverne	36-01.00	34-03.75	+0.0
16	Alyson Daigneault	9 Wadena-Deer Croe	34-11.00	34-01.75	0.1
17	Abigail McGlynn	9 West Marshall	35-00.50	31-10.75	0.6
18	Katherine Finseth	9 Dilworth-Glyndon	34-07.00	31-04.00	0.9
19	Elsie Lundquist	11 Pine City	34-06.25	29-04.25	0.8
			FOUL(0.9)	28-06(0.8)	29-04.25(0.8)

STATE TRACK MEET @ Hamline University

Friday Saturday, June 10-11, 2016, 3:30pm

Pine City Boys' Results

FIELD EVENTS

- Long Jump 1. **Adam Seals** **21' 8"** **4th - PB**
 3:30 PM
 (Saturday)
2. **Aaron Pulkrabek** **20' 8"** **10th**

Boys Long Jump Class A

=====							
Class A Rec: #	23-10.25	1982	John Bodine, Barnesville				
MN All Time: !	24-09.25	1982	Von Shepard, St. Paul Central				
Nat'l H.S.: +	26-04.75	1989	James Stallworth, Tulare, CA				
'15 Champion:	22-11.25	6/6/2015	Noah Carlson, Rushford-Peterso				
Name	Year	School	Seed	Finals	Wind	Points	
=====							
1	Noah Carlson	11	Rushford-Peterso	22-11.75	23-00.25	1.0	12
	22-07.25(0.6)	23-00.25(1.0)	23-00(0.8)	21-09.50(1.2)	FOUL(0.9)	PASS	
2	Jacob Carlson	12	South Ridge/Cher	21-10.50	22-01.25	0.8	10
	FOUL(0.5)	22-01.25(0.8)	21-03(0.3)	FOUL(0.6)	21-01.25(0.8)	20-06.50(0.6)	
3	Blake Patrick	11	Holdingsford	21-08.00	21-10.00	+0.0	8
	20-05(+0.0)	21-05.25(0.3)	21-08.25(0.9)	21-06.50(0.8)	21-10(+0.0)	21-05(0.8)	
4	Adam Seals	11	Pine City	21-07.00	21-08.00	0.1	6
	21-08(0.1)	21-07.75(0.5)	21-03(0.6)	20-07.50(0.8)	20-11.50(+0.0)	FOUL(+0.0)	
5	Corleone Powell Smith	10	MPLS North	21-04.00	21-07.75	1.7	5
	15-11.50(0.2)	19-00.25(+0.0)	21-07.75(1.7)	20-09.50(0.6)	20-10(0.6)	21-01(+0.0)	
6	Eric VanErp	11	Ottertail Centra	21-07.00	21-03.50	0.1	4
	20-08(+0.0)	20-02.50(0.3)	21-03.50(0.1)	20-03.25(0.9)	20-03(0.4)	21-00(0.6)	
7	Cade Johnson	12	Redwood Valley	21-09.00	21-02.25	1.8	3
	20-11.50(1.6)	21-02.25(1.8)	FOUL(0.9)	21-00.25(1.8)	FOUL(+0.0)	FOUL(0.9)	
8	Tyl Woelber	10	Pipestone Area	21-04.00	20-10.50	1.1	2
	20-07.25(+0.0)	FOUL(-0.6)	20-09.50(0.5)	20-10.50(1.1)	20-08.50(0.9)	20-08.75(1.2)	
9	Josh Heiman	11	Ely	21-03.25	20-08.25	0.8	1
	FOUL(+0.0)	20-08.25(0.8)	FOUL(0.3)	FOUL(1.4)	19-01.25(+0.0)	FOUL(0.2)	
10	Aaron Pulkrabek	11	Pine City	21-04.50	20-08.00	1.3	
	20-06.25(-1.0)	12-07.50(1.1)	20-04.75(1.3)	19-03(1.9)	PASS(+0.0)	20-08(1.3)	
11	Michael McCrady	12	Tri-City United	20-10.00	20-04.00	0.9	
	20-04(0.9)	20-02.75(1.3)	20-01(0.8)				
12	Dalante Peyton	12	St. Paul Academy	20-10.25	20-03.50	1.7	
	FOUL(0.9)	19-10.50(0.6)	20-03.50(1.7)				
13	Cole Dahl	12	BGMR Freeze+	20-05.25	20-00.50	1.0	
	20-00.50(1.0)	19-09.50(1.9)	FOUL(0.8)				
14	Kyle Prondzinski	11	Stewartville	21-03.50	19-11.50	1.5	
	FOUL(0.3)	19-11.50(1.5)	19-09.75(2.3)				
15	Matthew Korynta	11	West Marshal	20-04.00	19-11.25	0.9	
	19-10.25(0.7)	19-11.25(0.9)	19-08.25(0.5)				
16	Nate Atkinson	12	Holy Family Cath	20-03.00	18-11.25	1.2	
	18-11.25(1.2)	PASS	FOUL(0.3)				
17	Aaron Beyer	12	West Central Are	19-10.50	17-11.75	0.7	
	16-09.75(1.1)	17-11.75(0.7)	FOUL(0.2)				

TEAM RESULTS

- | | | |
|------------|-------------------------|----------|
| 1. | Rushford-Peterson | 57 |
| 5. | Foley | 33 |
| 9. | Mora | 27 |
| 13. | Ottertail Central | 19 |
| 23. | Moose Lake Willow River | 12 |
| 26. | South Ridge/Cherry | 10 |
| 46. | Pine City | 6 |
| 50. | Pequot Lakes | 5 |

GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run	55 m hurdles	100 m hurdles	300 m hurdles	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
Allison Gusk – 12	2011		15.4	31.9	72.7	3:06.1sp - Sub	06:47.2	14:27.1 - GRC									
	2012		14.7	30.7	67.9sp - GRC	02:54.7	5:58.05 - Sec						14' 6" - Sub				
	2013				67.6sp - Sub	2:38.8sp - Sec		6:02.38 - Sub					15' .5" - GRC				
	2014				73.8sp - In	2:44.18 - Sub	2:45sp - Hinck	5:54.79 - Sub					14' 10" - GRC				
	2015				69.8sp - Cheng	2:37.6 - Hinck	2:29.5sp- Sec	5:38.71 - Sec					14' 9.5" - Fol	31' 6.5" - Sec			
	2016				69.0sp - PC	2:31.3sp- Sub		5:43.79 - Sub						31' 8.5" - GRC			
Cassidy Stream – 12	2011		15.3	33.3	74.3								11' 1"				
	2012		16.1	34.1	77.4								10' 10"				
	2013	8.4 - In	13.0sp - GRC	31.5 - Tig	72.1 - Tig									22' 9" - Fol			
	2014		15.22 - Sub	32.5 - RC	73.5 - RC												
	2015	8.8 fol tt	14.3sp - RC	33.4sp - Hinck	72.7 - Og												
	2016		14.4- GRC	31.1 - On													
Sara Vo - 12	2016		14.2sp - Tig	29.8sp - On									11' 4" - tt				
			14.86 - Sub	30.55 - Cheng													
Najhalla Williams - 12	2016		13.4sp - TT	33.0sp -													
			14.75 - Sub	32.6 - jv pc									10' 3" - Og				
Michelle Benson - 11	2015		13.8sp - PC	36.4 - tt												55' 1"	24' 3"
	2016		17.7 - On													58' 6" - jv	23' 8.25" - jv
Natalie Cahill – 11	2012			31.2	01:15.7					20.0			12' 1.5"				
	2013			31.6						19.6			12' 2"				
	2014								11.1 - In	19.59 - Sub	54.37 - Sub		14' 6" - Sub	30' 1.75" - Sub			
	2015								10.8 - Fol In	18.76 - Sub	52.50 - Sec		14' 6.5" - Sub	29' 5.75" - Sub			
	2016					70.54 - PC			10.3 - Fol In	17.95 - Sub	51.86 - Sub		14' 7" - Cheng	30' 5.5" - Sub			21' 5" - PC
						68.4sp - Hinck											
Elsie Lundquist – 11	2012		14.1	29.5						18.4	34.6 (200's)	4' 2"					
	2013		13.7	29.7 - GRC						17.8		4' 8"	11' 11"	26' 11"			
	2014		14.1 - PC	28.0sp - GRC													
	2015		13.5sp - TT	30.1 - In TT					10.0 - In TT	18.27 - Sub		4' 9" - Sub	14' 4" - GRC	30' 7.5" - Sub	5' 6" - JV		
	2016		13.8 - Cheng	28.4sp - Sub					9.4 - Fol In	17.28 - Sec		5' 0" - Fol	15' 8.5" - Sub	29' 2.5" - Og			
				27.2sp - Sub						17.1 - Og		5' 1" - fol tt					
Breckan Pangerl – 11	2012		13.79 - PC	28.4 - Tig					9.1 - Fol In	16.45 - Sec		5' 4.25" - Og	16' 8.5" -Cheng	34' 6.25" - Sec			26' 6.5" - PC
	2013			26.6sp - Sub													
	2014	8.4 - In	14.1	30.7	76.1	03:10.8				20.5		4' 2"					
	2015	8.3 - Fol In	14.4 - jv pc	30.58 - Sub								4' 2" - In	12' 2.5" - Hinck				
	2016		14.5sp - Sub	30.1sp - PC													
			13.6sp - TT	29.5 - Hinck								4' 4" - Fol In	12' 8.5"				

GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run	55 m hurdles	100 m hurdles	300 m hurdles	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
Makala Butenhoff - 9	2014		15.5 - jh pc	33.1 - jh pc			6:15.3 - jh GRC		11.8 - In TT	21.6 - PC	59.20 - Sub	4' 2" - In					
	2015				73.2 - Fol In	2:34.48 - Sub	5:43.9 - GRC		11.7 - fol tt	20.6	56.06 - TT						
	2016				71.1sp - Cheng	2:30.6sp - TT											
Elizabeth Cahill - 9	2014								13.8 - In TT	23.1 - jh grc							
	2015	9.2 - Fol In		16.3									9' 11"	25' 7.5"			
	2016		15.5 - jh								62.25 - GRC			26' 3.5" - PC			
Kaylee Pihoda - 9	2014			33.3 - In TT	78.7 - In TT	2:51.1 - RC	6:37.7 - jh grc										
	2015				71.7 - jh	2:55sp - Sub	7:02.0 - Ait	15:07.4 - Og									
	2016	8.6 - Fol In	15.4 - 13.8sp - Tig	30.03 - Cheng	67.71 - GRC	2:51.8 - Tig	7:17.7 - Fol In										
Emma Schmidt - 9	2014		15.0 - jh hf	33.3 - In TT			7:13 - In										
	2015		15.1 - jh	32.2 - jh													
	2016														82' 0" - Sub	24' 4.75" - Tig	25' 4.5" - tt
Megan Stransky - 9	2016																
Alexis Thieman - 9	2014			32.2 - In TT	67.7 - jh grc		7:09 - In										
	2015				67.7sp - Sub	2:41sp - Sub											
	2016		14.1sp - Sub	29.6sp - GRC	69.3 - jh												
Allyson Chromey - 8	2014																
	2015																
	2016			31.7 - jh									13' 7.5" - PC				6' 0" - jh 5' 6" - GRC
Megan Cunnien - 8	2015		15.7 - jh							20.44 - jh grc							
	2016		18.3 - tt							21.65 - GRC	64.4 - Hinck						
Kelsey Erickson - 8	2015	8.7 fol tt	14.1 - GRC	31.3 - Cheng									12' 9.5"				
	2016		13.2sp - Hinck	30.1 - jh									13' 8" - jh				
	2016	8.1 - Fol In	14.03 - Cheng	31.6 - tt									14' 8" - Cheng				
Grace Grubbs - 8	2015				70.1 - Cheng	2:41.9 - Tig	6:08.30 - Sub										
	2016				71.2 - Cheng	2:42.4sp - Hinck											
	2016					2:38.70 - PC	5:54.65 - GRC	13:15.19 - GRC									
Lexi Havel - 8	2014																
	2015																
	2016	8.7 - Fol In	14.51 - PC	29.73 - Sub	72.2 - jh							4' 4" - jh					
Caytlyn Kuhn - 8	2014																
	2016																22' 1.5" - RC 22' 9.5" tt
Faith Langmade - 8	2015			38.7 - fol tt	76.1 - jh								10' 5"				
	2016				77.0 - jh												
Jaylynn Maurstad-R. - 8	2016				77.0 - jh	??				23.3 - ?			10' 8" - jh				
Belle Sanders - 8	2014																
	2016									22.0 - ?		4' 6" - jh 4' 5" - Sub					

GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run	55 m hurdles	100 m hurdles	300 m hurdles	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
Alaina Steele - 8	2015				62.6 - Hinck 62.6sp - Fol	2:24.56 - TT 2:23.2sp - TT	5:29.9 - Tig										
	2016		14.23 - PC	27.9 - Tig 26.2sp - Sec	63.3 - Og 60.1sp -Relay	2:17.70 - State 2:24.0 - Sec	5:27.97 -Cheng	12:13.6 - Hinck									
Aaleaha Thieman - 8	2015	8.2 - Fol In	14.4 - Cheng	29.0 - Cheng 28.0sp - Sub	64.71 - Sub 64.8sp								9' 6"				
	2016		13.9 - Tig 13.2sp - Sub	29.60 - PC 28.2sp - Sec	65.74 - Cheng												
Therese Welch - 8	2015	9.2 - fol tt											9' 4"				
	2016		15.0sp - PC		75.23 - jh grc							3' 8" - jh		22' 8" - RC 24' 8.25" - jh grc			
Leah Westerman - 8	2015		17.2 - Ait	35.4 - jh													
	2016		17.0 - tt	35.7 - tt	73.84 - jh grc	2:53.47 - jh grc											
Lydia Adams - 7	2016				68.88 - Sub 68.2sp - Hinck	2:40.15 - GRC 2:40.4 sp - Chen	5:56.14 - GRC	13:15.0 - RC									
	2016								21.37 - jh grc			3' 9" - jh grc	11' 7.5" - jh grc				
Ellaina Johnson - 7	2016	8.8 - Fol In	14.51 - jh grc	29.26 - jh grc	74.2 - RC								10' 11.5" - Og				
Cara Kuhn - 7	2016												11' 0.5" - Relay			23' 4.5" - Subs 25' 10.5" - tt	
Katie Miller - 7	2016		16.6 - jh 17.5 - tt														
	2016																
Molly Stransky - 7	2016																
Kensi Tayerle - 7	2016		14.85 - jh pc 16.4 - tt	30.90 - jh grc 33.3 - tt	73.9 - RC							4' 6" - jh 4' 3" - Cheng					
	2016	8.9 - Fol In	15.02 - jh grc 15.12 - PC	32.2 - jh 33.7 - tt	74.7 - RC								12' 5" - jh grc				
Lilyanna Zabaske-W. - 7	2016		15.17 - jh	34.0 - tt								3' 8" - tt					

BOYS' "BESTS" - 2016

	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run	55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault	
Weston Berens – 12	2011		16.7							20.1								
	2012		15.4	33.0		01:14.6				18.9	35.5 (200's)		11' 8"					
	2013				69.0 - In				10.45-Folln	20.3 - Tig	51.47 - Sub							
			13.8sp - Tig	29.9sp - Fol														
	2014		12.8sp - Sub	27.4 - Relay					10.2 - In	19.23 - Sub	50.6 - RC							
	2015		14.5sp	28.7 - Fol In	27.4sp -Hinck				9.4 - Fol In	18.53 - Sub	47.02 - Sub							7' 6" - GRC
	2016		13.9 - tt						8.6 - Fol In	17.85 - Sub	45.80 - Sub			33' 3.75" - Og				
			11.7sp - GRC	28.4sp - Fol In		2:41.0sp -Relay												
Sully Schmidt – 12	2011		15.8							21.6		4' 0"	12' 1"					
	2012		15.5	32.1	1:14					19.8	35.7 (200's)	4' 6"						
	2013	7.83-Folln	13.2 jv	29.6 - In	61.4 - Tig							5' 1" - Sub						
			13.0sp - In															
	2014		12.5 - jv grc	28.6 - In						17.2* - jv grc		5' 2" - GRC	17' 2.75" - jv	35' 4" - GRC				
			12.6sp - RC	26.2sp - Hinck														
	2015	7.2 - Fol In	12.0 - Cheng	26.60 - Sub								5' 6" - Tig		36' 2.25" - On				
			11.7sp - Og	26.0sp - Fol														
	2016	7.0 - Fol In	13.4 - tt	25.19 - Cheng								5' 8" - Hinck		36' 11.25" -Rel				
			11.8sp - Tig	23.4sp - RC														
Dennis Skalicky – 12	2011		14.8	29.8						18.6			13' 1"					
	2012		12.8	26.9	01:02.7								14' 10.25"					
	2013			27.5 - In	56.66 - Sub													
					57.0sp - Sub													
	2014			25.7 - GRC	56.81 - Sub													
					24.2sp - TT	56.8sp - Sub												
	2015			24.4 - On	53.83 - Sec													
			11.9sp - Hinck	23.5sp - Sub	53.9sp - Tig													
	2016			25.9 - tt	53.25 - Sub													
			11.7sp - PC	24.1sp - Sec	52.9sp - Sub	2:16.9sp -Relay												
Eli Grubbs – 11	2013						5:35.40 - Sub	12:30.7 - GRC										
						2:30.3so - GRC												
	2014				66.8 - In TT	2:26.8 - Hin	5:09.80 - Sub						14' 6" - In					
					60.2sp - Rel	2:19sp - Sub												
	2015				60.4 - Og	2:14.18 - Sub	4:51.61 - Sub											
					55.3sp - GRC	2:13.4sp - TT												
	2016				56.7 - tt	2:05.74 - Sec	4:43.53 - Sec	10:30.13 - GRC										
		12.1sp - PC		52.8sp - Sub	2:08sp - Tig													
Rasmus Isaksen – 11	2016		14.6 - tt										13' 8" - tt					
			13.9sp - PC															
Dakotah Neid-Hinrichs	2012			30.9	01:07.2					19.0	40.0 (200's)	5' 0"				34' 7"		
	2013																	
	2014			27.4 - In TT					11.5 - In	21.5 - Relay	49.82 - Sub	5' 8" - GRC	17' 1" - Sub			32' 6" - Relay		
				26.1 - Hinck														
	2015			25.7 - Og	56.95 - Sub							5' 10" - Tig	15' 2"			36' 8.5" - Tig		
				24.3sp - Tig														
	2016		12.6 - Og									5' 8" - Fol In						
				26.5sp - Fol In	60.0sp - Fol In													
Tyler Noreen – 11	2016				66.8 - tt		5:40.3 - tt									26' 2"		

BOYS' "BESTS" - 2016

name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run	55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
Tommy Ryan - 9	2014		13.1 - jh pc		66.8 - In TT	2:22.79 - Sub	5:15.7 - jh grc			19.9* - jh grc		4' 8" - jh grc		28' 11"			
	2015		13.0 - jh		63.8 - PC	2:20sp - Sub								28' 10"	82' 11" - jh		
					27.6sp - Ait	60.5 - Hinck	2:23.7 - On	5:11.5 - Hinck	11:00.68 - Sub				4' 6"				
2016				25.00 - PC	54.89 - Fol	2:17.9sp - TT	5:11.0 - jh grc				50.7 - Relay						
					54.0sp - Sub	2:18.1 - tt											
Dylan Chesbrough - 8	2016		13.73 - PC	28.37 - PC	77.6 - tt								12' 3" - tt	25' 7.75" - jh			
Tucker Dalen - 8	2016									21.3 - jh 100		4' 7" - jh grc	12' 4" - tt				
Austin Eckert - 8	2015					2:36.0 - jh	5:32.0 - jh	12:22.8 - Tig							43' 3" - Ait		5' 6" - jh grc
						2:26.0sp - Sub								63' 4" - jh			
	2016				62.0 - tt	2:14.33 - Sub	5:11.6 - Hinck										
Will Fix - 8	2015	8.8 -- Fol In		32.5 - fol tt	68.5 - Ait												6' 6" - jh grc
	2016			31.6 - jh	68.3 - jh	2:35.8sp - Tig									63' 4" - jh		7' 6" - Tig
Christian Fromm - 8	2016				66.97 - jh	2:37.40 - Chen	6:02.17 - PC	13:06.04 - Sub							65' 3" - PC	24' 4.5" - Og	
				14.0sp		2:36.2sp - GRC											
Andrew Graff - 8	2016			13.8 - tt													
Jacob Merrick - 8	2015	9.1 - fol tt	14.7 - jh	16.1 - tt									11' 7.75" - jh				
	2016								11.4 - Fol In	23.6 - Fol	57.13 - Fol						
Noah Miller - 8	2015				68.3 - jh	2:38.0 - jh	5:38.0 - jh	12:26.4 - Cheng					9' 5" - fol tt				
						2:36.3sp - GRC											
	2016				64.95 - Fol	2:30.4 - tt	5:28.2 - Tig	11:25.69 - GRC					10' 9" - tt				
Brody Perlick - 8	2015	9.0 - fol tt	15.1 - Ait	32.2 - jh									11' 10" - jh				
			14.6 - jh	29.9sp - Ait													
2016			14.23 - jh grc	29.5 - jh									13' 8.75" - jh				
			15.3 - tt	30.3 - tt													
Ali Pulley - 8	2016		13.6 - jh	30.3 - jh	76.5 - tt								14' 9" - jh grc				
			15.6 - tt	30.9 - tt													
Logan Schaaf - 8	2016		15.2 - tt							19.3 - jh 100		4' 7" - jh grc					7' 6" - jh grc
Kenny Vo - 8	2016		15.72 - jh grc	37.3 - tt	89.9 - tt												
Tryston West - 8	2016	7.5 - Fol In	12.63 - PC	25.75 - Sub								18.6 - jh 100					
			11.3sp - Sub	25.6sp - Og													
Wyatt Beidel - 7	2016		18.42 - jh grc										9' 6.5" - jh grc				
Tanner Brouwer - 7	2016		14.6 - tt		77.9 0 tt												
Justin Gerner - 7	2016														64' 1" - RC	27' 7.5" - RC	
Ethean Wiechman - 7	2016		20.2 - tt			3:20.6 - tt									32' 3" - jh	18' 9" - jh	

GIRLS' RELAY HISTORY-2016

	RRC INDOOR	RUSH CITY	OGILVIE	FOLEY	CHENGWATANA	TIGERAMA	PC INVITE	TRUE TEAM	HINCKLEY	GRC	SUB-SECTION	SECTION	STATE
4 x 100 M RELAY	Kelsey Erickson	Kaylee Prihoda	Kaylee Prihoda	Alexis Thieman	Alexis Thieman	Aaleaha Thieman	Alexis Thieman	Alexis Thieman	Sara Vo	Alexis Thieman	Alexis Thieman		
(52.79)	Cassidy Stream	Lexi Havel	Lexi Havel	Lexi Havel	Lexi Havel	Sara Vo	Lexi Havel	Lexi Havel	Cassidy Stream	Cassidy Stream	Aaleaha Thieman		
	Breckan Pangerl	Ellaina Johnson	Sara Vo	Sara Vo	Cassidy Stream	Lexi Havel	Cassidy Stream	Cassidy Stream	Allyson Chromey	Sara Vo	Lexi Havel		
	Lauren Sommer	Ainsley Vinaja	Kelsey Erickson	Kelsey Erickson	Kelsey Erickson	Kaylee Prihoda	Sara Vo	Sara Vo	Ainsley Vinaja	Kelsey Erickson	Kelsey Erickson		
	800 SMR 2:17.8	58.9	59.1	56.79	55.81	56.6	56.90	58.20	57.7	56.07	54.76		
4 x 200 M RELAY	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Cassidy Stream	Aaleaha Thieman	Alexis Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman
(1:50.17)	Breckan Pangerl	Alexis Thieman	Breckan Pangerl	Breckan Pangerl	Breckan Pangerl	Breckan Pangerl	Elsie Lundquist	Breckan Pangerl	Elsie Lundquist	Breckan Pangerl	Elsie Lundquist	Elsie Lundquist	Elsie Lundquist
	Cassidy Stream	Breckan Pangerl	Kaylee Prihoda	Alexis Thieman	Alexis Thieman	Alexis Thieman	Alexis Pankonin	Kaylee Prihoda	Alexis Pankonin	Alexis Thieman	Alexis Pankonin	Alexis Pankonin	Alexis Pankonin
	Alexis Pankonin	Kelsey Erickson	Alexis Thieman	Kelsey Erickson	Kelsey Erickson	Kelsey Erickson	Alaina Steele	Aaleaha Thieman	Alaina Steele	Kelsey Erickson	Alaina Steele	Alaina Steele	Alaina Steele
	2:04.6	2:01.8	2:05.6	1:57.7	1:56.88	2:00.2	1:50.87	2:00.01	1:51.3	1:56.51	(S.R.) 1:49.10		1:49.93
4 x 400 M RELAY	Aaleaha Thieman	Aaleaha Thieman	Alexis Thieman	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman	Grace Grubbs	Aaleaha Thieman	Natalie Cahill	Alexis Thieman	Kaylee Prihoda	Kaylee Prihoda	Kaylee Prihoda
(4:16.81)	Grace Langmade	Alexis Thieman	Kaylee Prihoda	Alexis Thieman	Alexis Thieman	Alexis Thieman	Grace Langmade	Alexis Thieman	Lauren Sommer	Aaleaha Thieman	Alexis Thieman	Alexis Thieman	Alexis Thieman
	Alexis Pankonin	Lydia Adams	Alexis Pankonin	Alexis Pankonin	Alexis Pankonin	Grace Langmade	Marin Foss	Alexis Pankonin	Lydia Adams	Grace Langmade	Grace Langmade	Lauren Sommer	Lauren Sommer
	Alaina Steele	Alaina Steele	Alaina Steele	Alaina Steele	Alaina Steele	Alaina Steele	Allison Gusk	Alaina Steele	Allison Gusk	Alaina Steele	Aaleaha Thieman	Aaleaha Thieman	Aaleaha Thieman
	4:30.7	4:42.1	4:29.1	4:26.63	4:25.87	4:29.1	4:36.27	4:28.30	4:36.0	4:24.26	4:25.39		4:27.35
4 X 800 M RELAY	Marin Foss	Makayla Butenhoff	Makayla Butenhoff	Makayla Butenhoff	Marin Foss	Makayla Butenhoff	Makayla Butenhoff	Makayla Butenhoff	Marin Foss	Grace Langmade	Alaina Steele	Alaina Steele	Alaina Steele
(10:00.96)	Grace Langmade	Lydia Adams	Ashli Webster	Grace Langmade	Grace Grubbs	Marin Foss	Ashli Webster	Grace Langmade	Ashli Webster	Makayla Butenhoff	Grace Langmade	Grace Langmade	Grace Langmade
	Allison Gusk	Grace Grubbs	Lydia Adams	Allison Gusk	Ashli Webster	Lydia Adams	Lydia Adams	Allison Gusk	Grace Grubbs	Allison Gusk	Makayla Butenhoff	Makayla Butenhoff	Makayla Butenhoff
	Alaina Steele	Ashli Webster	Grace Langmade	Alaina Steele	Lydia Adams	Grace Grubbs	Marin Foss	Alaina Steele	Lydia Adams	Alaina Steele	Allison Gusk	Allison Gusk	Allison Gusk
	10:34.0	11:17.0	11:03.8	10:14.7	10:41.66	10:50.5	10:42.86	10:21.24	10:47.7	10:23.15	(S.R.) 9:59.69		10:08.07

BOYS' RELAY HISTORY-2015

	RRC INDOOR	RUSH CITY	OGILVIE	FOLEY	CHENGWATANA	TIGERAMA	PC INVITE	TRUE TEAM	HINCKLEY	GRC	SUB-SECTION	SECTION	STATE
4 x 100 M RELAY	Aaron Pulkrabek	Weston Berens	Weston Berens	Sully Schmidt	Sully Schmidt	Weston Berens	Dennis Skalicky	Sully Schmidt	Sully Schmidt	Sully Schmidt	Sully Schmidt		
(44.20)	Adam Seals	Nathan Kleppe	Nathan Kleppe	Nathan Kleppe	Riley Palmer	Sully Schmidt	Adam Seals	Nathan Kleppe	Riley Palmer	Nathan Kleppe	Adam Archambault		
	Dennis Skalicky	Tryston West	Brandon Haskovec	Tryston West	Tryston West	Riley Palmer	Aaron Pulkrabek	Riley Palmer	Nathan Kleppe	Weston Berens	Weston Berens		
	Dakotah Neid	Brandon Haskovec	Aaron Pulkrabek	Brandon Haskovec	Brandon Haskovec	Eli Grubbs	Brandon Haskovec	Tryston West	Weston Berens	Tryston West	Tryston West		
800m SMR	1:50.5	49.7	47.5	49.19	47.67	48.7	45.69	49.07	49.0	48.54	49.11		
4 x 200 M RELAY	Weston Berens	Dennis Skalicky	Nathan Kleppe	Dennis Skalicky	Dennis Skalicky	Dennis Skalicky		Dennis Skalicky		Dennis Skalicky	Dennis Skalicky	Dennis Skalicky	
(1:31.68)	Sully Schmidt	Adam Seals	Tryston West	Adam Seals	Adam Seals	Adam Seals		Adam Seals		Adam Seals	Adam Seals	Adam Seals	
	Tryston West	Sully Schmidt	Riley Palmer	Brandon Haskovec	Brandon Haskovec	Brandon Haskovec		Brandon Haskovec		Aaron Pulkrabek	Aaron Pulkrabek	Aaron Pulkrabek	
	Dakotah Neid	Aaron Pulkrabek	Adam Seals	Aaron Pulkrabek	Aaron Pulkrabek	Aaron Pulkrabek		Aaron Pulkrabek		Brandon Haskovec	Brandon Haskovec	Brandon Haskovec	
	1:46.8	1:40.8	1:48.8	1:36.54	1:37.44	1:36.7		1:38.64		1:34.66	1:33.76	1:34.87	
4 x 400 M RELAY	Dennis Skalicky	Dennis Skalicky	Remington Steele	Dennis Skalicky	Dennis Skalicky	Dennis Skalicky	Austin Eckert	Dennis Skalicky	Riley Palmer	Dennis Skalicky	Riley Palmer	Riley Palmer	
(3:28.39)	Tommy Ryan	Remington Steele	Austin Eckert	Remington Steele	Austin Eckert	Remington Steele	Eli Grubbs	Austin Eckert	Austin Eckert	Riley Palmer	Tommy Ryan	Tommy Ryan	
	Eli Grubbs	Tommy Ryan	Eli Grubbs	Austin Eckert	Remington Steele	Austin Eckert	Tommy Ryan	Remington Steele	Eli Grubbs	Remington Steele	Eli Grubbs	Eli Grubbs	
	Aaron Pulkrabek	Austin Eckert	Aaron Pulkrabek	Aaron Pulkrabek	Eli Grubbs	Aaron Pulkrabek	Remington Steele	Eli Grubbs	Tommy Ryan	Eli Grubbs	Dennis Skalicky	Dennis Skalicky	
	3:54.4	4:00.1	3:54.9	3:52.43	3:47.2	3:48.3	4:03.41	3:48.62	3:42.2	3:40.89	3:35.82	3:39.34	
4 X 800 M RELAY	Tommy Ryan	Austin Eckert	Will Fix	Tommy Ryan	Noah Miller	Eli Grubbs	Noah Miller	Noah Miller	Tommy Ryan	Noah Miller	Remington Steele		
(8:27.89)	Remington Steele	Noah Miller	Noah Miller	Remington Steele	TJ Rank	Tommy Ryan	Remington Steele	TJ Rank	Nathan Dieckmann	TJ Rank	Austin Eckert		
	Austin Eckert	TJ Rank	TJ Rank	Austin Eckert	Will Fix	Remington Steele	Austin Eckert	Christian Fromm	Austin Eckert	Christian Fromm	Noah Miller		
	Noah Miller	Eli Grubbs	Austin Eckert	Noah Miller	Austin Eckert	Austin Eckert	Nathan Dieckmann	Austin Eckert	TJ Rank	Austin Eckert	TJ Rank		
	9:36.9	9:31.8	10:20.9	9:13.9	9:43.33	8:56.6	9:42.10	10:15.24	9:39.5	9:44.03	9:27.55		

GIRLS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X100 M RELAY	K. Meyer	A. Bernard	C. Koppen	K. Meyer		R. Overson	C. Koppen	A. Bernard	M. Bellinger	A. Nelson
	A. Peil	A. Nelson	S. Weichman	A. Mettling		J. Wirth	S. Weichman	A. Nelson	A. Nelson	B. Grinde
	M. Sloan	K. Johnson	M Odegard	L. Ballis		K. Johnson	M. Odegard	K. Johnson	B. Grinde	K. Johnson
	T. Kazek	J. Wirth	S. Misel	K. Ovik		A. Mettling	S. Misel	J. Wirth	J. Wirth	J. Wirth
	52.79 98	53.03 03	53.05 93	53.23 99	53.41 91	53.71 01	53.86 94	53.94 02	54.1 04	54.20 03
4 x 200 M RELAY	Aa. Thieman	M. Bellinger	K. Nelsen	H. Staples	H. Staples	Aa. Thieman	M. Bellinger	A. Nelson	S. Misel	C. Koppen
	Elsie Lundquist	K. Perell	K. Lindstrom	B. Clementson	B. Clementson	B. Pangerl	K. Perell	B. Grinde	C. Koppen	S. Weichman
	Alexis Pankonin	E. Branzovsky	L. Lindstrom	E. Larson	K. Hughes	Elsie Lundquist	E. Branzovsky	K. Johnson	S. Weichman	M. Odegard
	Alaina Steele	B. Osterdyk	L. Haugen	E. Branzovsky	E. Branzovsky	Alexis Pankonin	B. Osterdyk	J. Wirth	R. Schimming	S. Misel
	1:49.10 16	1:50.17 -06	1:50.8 83	1:51.9 08	1:52.28 08	1:52.99 15	1:53.55 -05	1:53.86 03	1:54.12 92	1:54.31 93
4 x400 M RELAY	M. Johnson	Lauren Sommer	A. Gusk	M. Johnson	J. Fore	Al. Thieman	M. Miesner	K. Connaker	Kaylee Prihoda	Aa. Thieman
	J. Fore	Aa. Thieman	C. Jahnz	J. Fore	E. Branzovsky	Aa. Thieman	C. Jahnz	M. Anderson	Al. Thieman	Al. Thieman
	C. Filler	Alexis Pankonin	J. Kotek	C. Filler	C. Filler	G. Langmade	H. Staples	A. Dufresne	G. Langmade	Alexis Pankonin
	B. Osterdyk	Alaina Steele	S. Rike	B. Osterdyk	B. Osterdyk	Alaina Steele	E. Pangerl	S. Johnson	Aa. Thieman	Alaina Steele
	4:16.81 -03	4:20.7 15	4:21.59 13	4:22.2 04	4:22.7 03	4:24.26 16	4:25.2 10	4:25.4 00	4:25.39 16	4:25.87 16
4 x800 M RELAY	Alaina Steele	M. Butenhoff	A. Cummins	J. Fore	Marin Foss	K. Connaker	M. Johnson	K. Connaker	A. Cummins	M. Anderson
	G. Langmade	G. Langmade	A. Gusk	D. Dickey	G. Langmade	M. Anderson	M. Anderson	L. Filler	K. Cahill	H. Larsen
	M. Butenhoff	Allison Gusk	J. Kotek	E. Branzovsky	Allison Gusk	L. Mettling	L. Mettling	M. Anderson	M. Miesner	R. Craighead
	Allison Gusk	Alaina Steele	S. Rike	M. Johnson	Alaina Steele	L. Filler	K. Connaker	L. Mettling	S. Rike	M. Johnson
	9:59.69 16	10:00.96 15	10:22.29 13	10:27.01 03	10:34 16	10:35.51 99	10:36.61 01	10:38.3 00	10:38.6 12	10:39.81 02
800 MEDLEY 100, 100, 200, 400	Aa. Thieman	K. Meyer	T. Kazek	M. Bellinger	K. Meyer	H. Staples	A. Bernard	A. Gardner	B. Johnson	K. Meyer
	Elsie Lundquist	R. Overson	A. Miller	K. Splett	A. Miller	J. Hussong	K. Johnson	H. Sahatoo	K. Smetana	A. Miller
	Alexis Pankonin	K. Ovik	K. Odegard	B. Osterdyk	T. Kazek	E. Larson	J. Wirth	E. Pangerl	T. Kazek	K. Odegard
	Alaina Steele	S. Johnson	S. Johnson	J. Wirth	M. Sloan	K. Harper	T. Korf	K. Harper	R. Auers	M. Sloan
	1:55.8 16	2:02.21 00	2:05.7 98	2:05.8 04	2:07 5 98	2:07.6 08	2:08.9 02	2:09.0 09	2:09.6 96	2:11.14 97
1600 MEDLEY 200, 200, 400, 800	H. Staples	A. Nelson	L. Sommer	K. Perell	A. Nelson	K. Meyer	A. Peil	J. Kotek	T. Kazek	C. Milligan
	C. Jahnz	A. Mettling	C. Stream	K. Hughes	L. Haugrud	A. Miller	M. Soderbeck	T. Darlow	S. Johnson	J. Kozisek
	E. Pangerl	T. Korf	G. Langmade	C. Filler	S. Gregoire	S. Johnson	L. Ballis	M. Foss	M. Sloan	N. Plasek
	M. Miesner	K. Connaker	Grace Grubbs	M. Johnson	M. Anderson	K. Connaker	K. Connaker	G. Langmade	A. Wiedemann	K. Splett
	4:40.6 10	4:42.8 01	4:48.7 16	4:51.1 04	4:54.8 02	4:55.1 99	5:00.1 98	5:02.2 14	5:03.2 97	5:09.7 99
DISTANCE MEDLEY 800, 400, 1200, 1600	M. Butenhoff	G. Langmade	K. Harper	A. Wiedemann	J. Johnson	A. Olson	H. Larsen	L. Mettling	C. Mosher	C. Milligan
	L. Sommer	J. Westernen	E Pangerl	B. Fischer	K. Odegard	K. Perell	S. Gregoire	C. Mosher	R. Craighead	N. Carlson
	Alaina Steele	A. Gusk	K. Motyl	B. Haavisto	B. Haavisto	S. Gregoire	N. Plasek	B. Haavisto	Katie Splett	R. Craighead
	Lydia Adams	A. Webster	M. Miesner	A. Johnson	N. Carlson	J. Gregoire	R. Craighead	B. Fischer	J. Johnson	N. Plasek
	14:18.3 16	14:29.2 14	14:33.1 09	15:06.3 96	15:26.6 98	15:31.5 -04	15:48.9 -01	15:54.0 97	16:01.6 01	16:02.51

GIRLS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Erin Pangerl 12.73 11	HollyStaples 12.78 10	H. Staples 12.84 09	Katie Meyer 13.24 98	H. Staples 13.32 08	T. Kazek 13.39 96	A. Pankonin 13.2 16	Suzie Misel 13.51 92	J. Wirth 13.52 04	Erin Pangerl 13.54 10
200 M DASH	HollyStaples 26.42 10	Erin Pangerl 26.46 11	H. Staples 27.04 09	E. Pangerl 27.14 10	E. Pangerl 27.32 09	A. Pankonin 27.66 16	E. Branzovsky 27.86 06	A. Pankonin 27.8 15	Alaina Steele 27.9 16	B. Osterdyk 27.9 02
400 M DASH	E. Pangerl 60.07 10	S. Rike 60.15 13	E. Pangerl 61.38 09	M. Odegard 61.4 94	E. Branzovsky 61.8 05	M. Odegard 62.0 95	Alaina Steele 62.6 15	E. Branzovsky 63.09 06	A. Dufresne 63.54 00	Alaina Steele 63.3 16
800 M RUN	Alaina Steele 2:17.70 16	Alaina Steele 2:24.56 15	Sherry Rike 2:26.84 12	Kim Connaker 2:28.35 01	Meleia Johnson 2:28.2 02	G. Langmade 2:30.23 16	Meleia Johnson 2:30.7 04	K. Motyl 2:31.30 -09	Jordan Kotek 2:31.48 13	A.Wiedemann 2:31.85 97
1600 M RUN	Alaina Steele 5:27.97 16	Alaina Steele 5:29.9 15	Jenna Fore 5:37.70-03	Allison Gusk 5:38.71 15	Sherry Rike 5:40.8 10	M. Miesner 5:42.05 -11	Allison Gusk 5:43.79 16	M. Butenhoff 5:43.9 15	Sherry Rike 5:46.00 -09	M. Miesner 5:47.6 10
3200 M RUN	Alaina Steele 12:13.6 16	A. Cummins 12:27.58 13	Marin Foss 12:30.08 15	Sherry Rike 12:31.31 09	A. Cummins 12:33.27 12	Amy Johnson 12:34.04 96	Ashli Webster 12:37.8 15	Ashli Webster 12:40.22 16	Marin Foss 12:40.81 16	Sherry Rike 12:48.5 10
100 M HURDLES	Elsie Lundquist 16.45 16	C. Hersbergen 16.54 94	E. Lundquist 17.1(.28) 15	Cassie Filler 17.1 03	C. Jahnz 17.3 12	Cassie Filler 17.44 04	B. Clementson 17.4 08	J. Kosisek 17.4 02	M. Buschmann 17.56 09	C. Jahnz 17.76 13
300 M HURDLES	C. Jahnz 49.14 13	Cassie Filler 49.23 03	C. Jahnz 49.5 12	C. Filler 49.83 04	C. Jahnz 49.96 11	C. Mosher 51.64 01	M. Buschmann 51.65 09	L. Filler 51.70 00	Natalie Cahill 51.86 16	C. Jahnz 51.94 10
HIGH JUMP	Elsie Lundquist 5' 4.25" 16	HollyStaples 5' 4" 10	Kari Splett 5' 2" 04	E. Lundquist 5' 1" 15	Kari Splett 5' 1" 03	L. Drexler 5' 1" 05	Kari Splett 5' .5" 02	Allie Brant 5' 0" 10	H. Staples 5' 0" 09	Allie Brant 5' 0" 09
LONG JUMP	Elsie Lundquist 16' 8.5" 16	Erica Delak 16' 7" 91	B. Osterdyk 16'3.5" -06	E. Delak 16' 1.75" 93	H. Staples 15' 10.5" 08	E. Pangerl 15' 10" 10	H. Staples 15' 9.5" 10	B. Osterdyk 15' 9.5" 05	B. Osterdyk 15' 9" 04	Elsie Lundquist 15' 8.5" 15
TRIPLE JUMP	Elsie Lundquist 34' 6.25" 16	Lisa Drexler 32' 8" 05	Cassie Filler 32' 7.25" 04	E. Delak 32' 3" 93	K. Meyer 32' .5" 00	J. Ammann 31' 9.5" 00	C. Hersbergen 31' 9" 94	Allison Gusk 31' 8.5" 16	S. Wiechman 31' 7" 93	L. Haugrud 31' 6" 02
DISCUS	K. Nordrum 117' 9" 11	K. Nordrum 114' 5" 10	M. Bellinger 110' 4" 06	M. Bellinger 109'10" -05	K. Nordrum 104' .5" 08	M. Bellinger 104' 0" 07	K. Nordrum 103' 7" 09	Jenna Fore 101' 1.5" 03	Jenna Fore 101' 1" 05	Jenna Fore 100' 8" 04
SHOT PUT	K. Nordrum 38' 2" 11	K. Nordrum 36' 9.75" 10	Tera Kazek 35' 10" 98	T. Kazek 35' 4.5" 97	T. Kazek 33' 1" 96	M. Bellinger 32'7.5" 07	K. Nordrum 32'4.75" 09	K. Nordrum 31' 9.25" 08	M. Bellinger 31' 2.5" 05	A. Pankonin 31' 1.5" 16
POLE VAULT	M. Bellinger 10'0" 07	M. Bellinger 9' 3" 06	M. Bellinger 9' 0" 05	J. Wirth 9' 0" 04	S. Johnson 9' 0' 00	J. Ammann 8' 6" 99	J.Ammann 8' 6" 00	M. Bellinger 8' 0" 04	J. Wirth 8' 0" 03	S. Johnson 8' 0" 99

BOYS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X 100 M RELAY	M. Hansmann	B. Olson	M. Hansmann	H. Hansen	Dennis Skalicky	J. Arnold	N. Thieman	J. McSherry	Dk Braatz	S. Auers
	J. Pangerl	S. Auers	J. Pangerl	D. Hambly	Adam Seals	Jeff Johnson	L. Williams	J. Johnson	A. Olson	J. Johnson
	N. Cummings	Z. Mettling	N. Cummings	M. Bencic	Aaron Pulkrabek	B. Olson	Pt Johnson	B. Olson	Dn Hambly	B. Olson
	A. Olson	M. Johnson	J. Dedic	A. Olson	B. Haskovec	J. Jahnz	T. Schwarz	S. Auers	H. Hansen	J. Jahnz
	43.70 11	45.3 98	45.4 11	45.64 09	45.69 16	45.87 96	46.0 00	46.08 97	46.16 08	46.4 96
4 x 200 M RELAY	M.Hansmann	M. Hansmann	D. Skalicky	D. Skalicky	D. Braatz	D. Braatz	J. Hansen	J. Hansen	D. Skalicky	Dk Braatz
	J. Pangerl	J. Pangerl	Adam Seals	Aaron Pulkrabek	J. Carlson	J. Carlson	R. Root	A. Wirth	Dakotah Neid-H	J. Carlson
	N. Cummings	M. Schmidt	Aaron Pulkrabek	Adam Seals	H. Hansen	H. Hansen	A. Wirth	Pt Johnson	Adam Seals	H. Hansen
	A. Olson	A. Olson	B. Haskovec	T. Zybtofsky	A. Olson	A. Olson	M. Johnson	J. Oare	T. Zybtofsky	J. Carter
	1:31.39 11	1:33.14 10	1:33.76 16	1:34.69 15	1:34.76 08	1:34.76 08	1:36.6 99	1:36.8 00	1:37.8 15	1:37.8 09
4 x 400 M RELAY	J. Hansen	J. Pangerl	J. Hansen	M. Hansmann	D. Braatz	Riley Palmer	J. Hansen	S. Peterson	A. Olson	J. Carlson
	A. Wirth	P. Skalicky	N. Johnson	T. Clark	J. Pangerl	Tommy Ryan	A. Wirth	D. Hansen	T. Clark	J. Skalicky
	M. Johnson	Z. Hunter	JR Anderson	N. Cummings	M. Schmidt	Eli Grubbs	T. Schwarz	C. Lutz	N. Cummings	N. Cummings
	Paul Johnson	N. Cummings	M. Johnson	J. Pangerl	E. Osterdyk	Dennis Skalicky	J. Oare	Ja. Clementson	J. Pangerl	J. Carter
	3:28.39 -99	3:31.57 12	3:34.55 -98	3:34.87 11	3:35.03 -10	3:35.82 16	3:36.39 -00	3:36.88 03	3:36.9 11	3:37.42 09
4 x 800 M RELAY	J. Lee	C. Lutz	J. Lee	Pete Johnson	Pete Johnson	J. Rarick	J. Fitzgerald	J. Oare	Eli Grubbs	P. Johnson
	Pt Johnson	A. Lee	Pt Johnson	J. Oare	R. Hammill	C. Hanson	M. Chouanard	JR Anderson	Tommy Ryan	R. Hammill
	R. Hammill	D. Hansen	J. Oare	A. Wirth	A. Wirth	J.Guttormson	N. Cummings	Pt Johnson	Rem Steele	A. Wirth
	J. Oare	Ja. Clementson	R. Hammill	JR Anderson	JR Anderson	Tyler Clark	E. Osterdyk	A. Wirth	Austin Eckert	J. Oare
	8:27.89 -01	8:34.13 03	8:41.97 00	8:44.9 98	8:48.7 98	8:49.65 11	8:50.1 09	8:56.65 98	8:56.6 16	8:58.6 98
800 M Medley 100, 100, 200, 400	M. Hansmann	Adam Seals	D. Hambly	J. Hansen	B. Olson	B. Olson	M. Rydberg	N. Thieman	J. Nowling	J. Johnson
	D. Prokott	B. Haskovec	M. Bencic	A. Wirth	S. Auers	P.D. Johnson	J. Jahnz	M. Wirth	N. Kleppe	J. Jahnz
	M. Schmidt	A. Pulkrabek	A. Olson	M. Johnson	Z. Mettling	J. McSherry	D. Gregoire	J. Hansen	T. Ryan	J. McSherry
	J. Pangerl	R. Palmer	J. Carlson	Paul Johnson	M. Johnson	JR Anderson	J. BoorBoor	A. Wirth	A. Pulkrabek	B. Runyan
	1:41.1 10	1:42.3 16	1:42.5 09	1:43.7 99	1:45.0 98	1:45.8 97	1:46.2 02	1:48.43 00	1:48.9 14	1:54.5 96
1600 M Medley 200, 200, 400, 800		D. Braatz	M. Johnson		J. McSherry	PeteJohnson	B. Olson	Dk Braatz	J. McSherry	A. Bodle
		T. Berg	J. Hansen		P.D. Johnson	L. Williams	S. Auers	D. Prokott	S. Auers	BJ Patzoldt
		T. Clark	A. Wirth		M. Johnson	S. Peterson	J. Arnold	J. Reiser	J. Arnold	J. Arnold
		E. Osterdyk	JR Anderson		JR Anderson	J. Lee	JR Anderson	M. Schmidt	JR Anderson	R. Bell
	3:45.28 90	3:55.4 10	3:57.4 98	3:57.6 91	3:57.85 97	4:01.4 01	4:01.6 96	4:02.0 09	4:04.9 96	4:05 93
Distance Medley 800, 400,1200,1600	Austin Eckert	PeteJohnson	L. Williams	J. Dedic	C. Teeman	J. Lee	J. Spahr	S. Peterson	E. Osterdyk	B. Noreen
	Dennis Skalicky	M. Stahlke	S. France	J. Reiser	S. Peterson	B. Mettling	A. Pulkrabek	J. Arnold	J. Fitzgerald	D. Braatz
	Eli Grubbs	J. Lee	J. Lee	C. Hanson	C. Lutz	S. France	T. Ryan	B. Runyan	M. Chouanard	J. Guttormson
	Tommy Ryan	R. Hammill	R. Hammill	N. Bremer	J. Clementson	D. Pangerl	E. Grubbs	JR Anderson	N. Bremer	B. White
	11:54.0 16	11:57.39 00	11:58.3 -99	12:19.3 -09	12:19.7 -01	12:42.2 98	12:58.8 -14	13:02.7 -96	13:04.5 08	13:17.3 10

BOYS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	J. Pangerl 11.24 12	Chris Olson 11.1 91	Adam Olson 11.2 09	Paul Johnson 11.38 99	T. Zbytovsky 11.3 15	A. Olson 11.4 11	Jeff Arnold 11.49 96	A. Olson 11.58 10	K.Skadsheim 11.58 04	J. BoorBoor 11.5 02
200 M DASH	Pl Johnson 22.80 99	J. Pangerl 22.7 12	Adam Olson 22.8 10	A. Olson 23.07 11	A. Olson 23.11 09	Chris Olson 23.1 91	M. Hansmann 23.3 10	A. Pulkrabek 23.60 16	C. Olson 23.65 90	T. Zbytovsky 23.5 15
400 M DASH	N. Cummings 51.09 12	Mike Johnson 51.73 99	J. Carlson 52.09 09	M. Johnson 52.33 98	J. Clementson 52.4 04	N. Cummings 52.80 11	D. Skalicky 53.25 16	David Hansen 53.1 04	M. Johnson 53.30 97	Jeff Arnold 53.54 96
800 M RUN	J. Clementson 1:57.49 03	J. Clementson 1:58.13 04	E. Osterdyk 2:04.78 10	Chris Lutz 2:05.0 03	Tom Miche' 2:05.51 07	Eli Grubbs 2:05.74 16	Zain Hunter 2:05.89 13	David Hansen 2:06.1 03	E. Osterdyk 2:07.16 09	JR Anderson 2:07.1 98
1600 M RUN	J. Clementson 4:22.97 04	J. Clementson 4:24.08 03	J. Clementson 4:30.10 02	John Bloom 4:30.5 91	Tom Miche' 4:32.55 07	Easton Foss 4:34.58 15	Chris Lutz 4:36.97 03	J.Clementson 4:41.63 -01	T. McNally 4:43.0 07	Eli Grubbs 4:43.53 16
3200 M RUN	John Bloom 9:52 91	Chris Lutz 9:53.80 03	T. McNally 10:13.20 -06	John Bloom 10:18.69 -90	J. Clementson 10:19.62 -02	J. Clementson 10:20.4 -03	T. McNally 10:23.30 -07	Easton Foss 10:26.07 15	R. Hammill 10:26.1 -00	J.Clementson 10:27.05 -00
110 M HURDLES	J. Kruse 16.01 06	Jordan Kruse 16.44 04	Steve Kunze 16.44 91	N. Anderson 16.6 98	J. Kruse 16.85 05	N. Anderson 17.2 97	H. Hansen 17.4 09	N. Anderson 17.4 96	T. Gerving 17.55 04	T. Madison 17.61 13
300 M HURDLES	Jordan Kruse 42.17 06	Jordan Kruse 42.33 04	Jordan Kruse 42.78 05	H. Hansen 43.75 08	N. Anderson 43.67 98	H. Hansen 44.06 09	H. Hansen 44.46 07	S. Kunze 44.4 91	Jordan Kruse 44.8 03	T. Madison 45.01 13
HIGH JUMP	E. Osterdyk 6' 2" 10	T. Schwarz 6' 2" 00	M.Hansmann 6' 1" 10	Adam Seals 6' 0" 16	T. Schwarz 6' 0" 99	B. Haskovec 5' 10" 16	Dakotah Neid 5' 10" 15	J. Dedic 5' 10" 11	M.Hansmann 5' 10" 11	E. Osterdyk 5' 10" 08
LONG JUMP	N. Cummings 22'4.5" 11	Adam Seals 21' 8" 16	A. Pulkrabek 21' 4.5" 16	N. Cummings 20' 4.5" 12	L. Williams 20' 1.75" -01	A. Pulkrabek 20' 0.5" 15	J. Kruse 19' 11.5" 04	J. Carter 19' 10.5" 09	J. Kruse 19' 9" 06	P. Skalicky 19' 8" 12
TRIPLE JUMP	N. Cummings 43' 5.5" 12	A. Pulkrabek 40' 11" 16	Joey Carter 40' 6.25" 09	J. Carter 40' 6" 08	Matt Wirth 40' 4" 02	Paul Johnson 39' 9" 99	A. Pulkrabek 39' 8.5" 15	Jo Clementson 39' 8" 06	E. Skalicky 3'9 5.5 -12	J. Oare 39' 4" 01
DISCUS	M. Rydberg 157' 5.5" 02	M. Rydberg 149' 2.5" 01	M. Rydberg 147' 10.5" 00	B. Mettling 144' 0" 00	H. Hansen 140' 7" 09	Dan Hambly 136' 7" 09	D. Hambly 133' 3" 08	S. Isaacson 132' 9" 90	Josh Barnes 127' 0" 03	H. Hansen 125' 5.5" 08
SHOT PUT	M. Rydberg 52' 11.25" -02	M. Rydberg 51' 9.5" 01	M. Rydberg 47' 6" 00	Brian Olson 44' 0" 98	Brian Olson 42' 0" 97	S. Isaacson 42' 0" 90	M. Rydberg 41' 2.75" 99	Dan Hambly 40' 11.5" 08	D. Hambly 40' 8" 09	David Rolf 40' 2" 04
POLE VAULT	Nate Thieman 13' 0" 00	P. Stephan 12' 6" 98	D. Prokott 12' 0" 11	N. Thieman 12' 0" 99	A. Archambault 11' 10" 16	E. Osterdyk 11' 9" 10	J. Skalicky 11' 8" 09	D. Prokott 11' 5" 12	D. Prokott 11' 3" 10	N. Thieman 11' 0" 98

PINE CITY GIRLS' TRACK AND FIELD SCHOOL RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	12.73	Erin Pangerl	2011
200 m Dash	26.42	Holly Staples	2010
400 m Dash	60.07	Erin Pangerl	2010
800 m Run	2:17.70	Alaina Steele	2016
1600 m Run	5:27.97	Alaina Steele	2016
3200 m Run	12:13.6	Alaina Steele	2016
100 m Hurdles	16.45	Elsie Lundquist	2016
300 m Hurdles	49.14	Carissa Jahnz	2013
4 x 100 m Relay	52.79	Katie Meyer, Amanda Peil, Molly Sloan, Tera Kazek	1998
4 x 200 m Relay	1:49.10	Aaleaha Thieman, Elsie Lundquist Alexis Pankonin, Alaina Steele	2016
4 x 400 m Relay	4:16.81	Meleia Johnson, Jenna Fore, Cassie Filler, Becky Osterdyk	2003
4 x 800 m Relay	9:59.69	Alaina Steele, Grace Langmade, Makayla Butenhoff, Allison Gusk	2016
High Jump	5' 4.25"	Elsie Lundquist	2016
Long Jump	16' 8.5"	Elsie Lundquist	2016
Triple Jump	34' 6.25"	Elsie Lundquist	2016
Pole Vault	10' 0"	Maria Bellinger	2007
Shot Put	38' 2"	Karina Nordrum	2011
Discus	117' 9"	Karina Nordrum	2011

PINE CITY BOYS' TRACK AND FIELD SCHOOL RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	11.24	Jordan Pangerl	2012
	11.1 (HH)	Chris Olson	1991
200 m Dash	22.80	Paul C. Johnson	1999
	22.6 (HH)	Chris Harrison	1979
400 m Dash	51.09	Nick Cummings	2012
800 m Run	01:56.7	Tom Nelson	1980
1600 m Run	4:22.97	Jared Clementson	2004
3200 m Run	09:52.0	Jon Bloom	1991
110 m Hurdles	16.01	Jordan Kruse	2006
	15.8 (HH)	Tom Nelson	1980
300 m Hurdles	42.17	Jordan Kruse	2006
4 x 100 m Relay	43.70	Mike Hansmann, Jordan Pangerl, Nick Cummings, Adam Olson	2011
4 x 200 m Relay	1:31.39	Mike Hansmann, Jordan Pangerl, Nick Cummings, Adam Olson	2011
4 x 400 m Relay	3:28.39	John Hansen, Andy Wirth, Mike Johnson, Paul Johnson	1999
4 x 800 m Relay	8:27.89	Jeremy Lee, Peter Johnson, Ryan Hammill, Jason Oare	2001
High Jump	6' 8.25"	Tom Nelson	1980
Long Jump	22' 4.5"	Nick Cummings	2011
Triple Jump	43' 5.5"	Nick Cummings	2012
Pole Vault	13' 8.5"	Chuck Novak	1972
Shot Put	52' 11.25"	Mike Rydberg	2002
Discus	157' 5.5"	Mike Rydberg	2002

School Records



4x800m Relay – 9:59.69



4x200m Relay – 1:49.10



**800m – 2:17.70
1600m – 5:27.97
3200m – 12:13.6**



**High Jump – 5' 4.25"
Long Jump – 16' 8.5"
Triple Jump – 34' 6.25"
100m Hurdles – 16.45**

2016 Dragon Track and Field Awards

Track and Field - MVP

Elsie Lundquist

Adam Seals

Dragon "3-D" Award

(Dedication, Determination, Drive)

Alaina Steele

Eli Grubbs

Natalie Cahill

Aaron Pulkrabek

Most Improved Award

Kaylee Prihoda

Remington Steele

Workhorse Award

Alexis Pankonin

Tommy Ryan

Rookie of the Year

Lydia Adams

Austin Eckert

Newcomer of the Year

Lexi Havel

Brandon Haskovec

Perseverance Award

Allison Gusk

Weston Berens

Cassidy Stream

Sully Schmidt

Dennis Skalicky

Sportsmanship Award

Kelsey Erickson

Blake Shermer

Sara Vo

TEAM CAPTAINS

Natalie Cahill

Dennis Skalicky

Allison Gusk

Nathan Kleppe

ALTERNATE CAPTAINS

Elsie Lundquist

Weston Berens

CONFERENCE TEAM CHAMPIONS

Girls' Team: 204 points

Boys' Team: 194 points

ALL-CONFERENCE AWARDS:

Girls

Grace Langmade	4 x 800 m Relay
Makayla Butenhoff	4 x 800 m Relay
Allison Gusk	4 x 800 m Relay
Alaina Steele	4 x 800 m Relay
Elsie Lundquist	100 m Hurdles
Aaleaha Thieman	4 x 200 m Relay
Breckan Pangerl	4 x 200 m Relay
Alexis Thieman	4 x 200 m Relay
Kelsey Erickson	4 x 200 m Relay
Alaina Steele	800m Run
Alexis Pankonin	200m Dash
Alexis Thieman	4 x 400 m Relay
Aaleaha Thieman	4 x 400 m Relay
Grace Langmade	4 x 400 m Relay
Alaina Steele	4 x 400 m Relay
Elsie Lundquist	High Jump
Elsie Lundquist	Triple Jump

HONORABLE MENTION AWARDS:

Alexis Pankonin	100m Dash
Alexis Thieman	4 x 100 m Relay
Cassidy Stream	4 x 100 m Relay
Sara Vo	4 x 100 m Relay
Kelsey Erickson	4 x 100 m Relay
Natalie Cahill	300m Hurdles
Grace Langmade	800m Run
Elsie Lundquist	Long Jump

Boys

Eli Grubbs	1600m Run
Eli Grubbs	3200m Run
Adam Archambault	Pole Vault
Adam Seals	High Jump
Aaron Pulkrabek	Long Jump
Aaron Pulkrabek	Triple Jump

HONORABLE MENTION AWARDS:

Brandon Haskovec	100m Dash
Dennis Skalicky	4 x 200 m Relay
Adam Seals	4 x 200 m Relay
Aaron Pulkrabek	4 x 200 m Relay
Brandon Haskovec	4 x 200 m Relay
Tommy Ryan	1600m Run
Aaron Pulkrabek	200m Dash
Dennis Skalicky	4 x 400 m Relay
Riley Palmer	4 x 400 m Relay
Remington Steele	4 x 400 m Relay
Eli Grubbs	4 x 400 m Relay
Brandon Haskovec	High Jump
Adam Seals	Long Jump
Adam Seals	Triple Jump

2016 Letter Winners:

Dennis Skalicky	Sully Schmidt	Weston Berens
Allison Gusk	Cassidy Stream	Eli Grubbs
Aaron Pulkrabek	Adam Seals	Blake Shermer
Elsie Lundquist	Natalie Cahill	Breckan Pangerl
Nathan Kleppe	Adam Archambault	Remington Steele
Brandon Haskovec	Riley Palmer	Alexis Pankonin
Ashli Webster	Grace Langmade	Marin Foss
Tommy Ryan	TJ Rank	Makayla Butenhoff
Alexis Thieman	Kaylee Prihoda	Austin Eckert
Noah Miller	Alaina Steele	Aaleaha Thieman
Grace Grubbs	Kelsey Erickson	Tryston West
Lydia Adams	Lexi Havel	

STATE PARTICIPANTS

Adam Seals – Long Jump – 4th – 21' 8"

Alaina Steele – 800m Run – 9th – 2:26.74 (2:17.70 Prelims)

Aaron Pulkrabek – Long Jump – 10th – 20' 8"

Elsie Lundquist – Triple Jump – 19th – 29' 4.25"

STATE HONOR ROLL RANKINGS

Elsie Lundquist – High Jump – 2nd – 5' 4.25"

Alaina Steele – 800m – 7th – 2:17.70

Adam Selas – Long Jump – 8th – 21' 8"

Aaron Pulkrabek – Long Jump – 12th – 21' 4.5"

Elsie Lundquist – Long Jump – 15th – 16' 8.5"

Aaleaha T, Elsie L, Alexis P, Alaina S – 4x200m Relay – 20th – 1:49.10

Makayla B, Grace L, Allison G, Alaina S – 4x800m Relay – 20th – 9:59.69

Dennis S, Adam S, Aaron P, Brandon H – 4x200m Relay – 20th – 1:33.76

Elsie Lundquist – Triple Jump – 21st – 34' 6.25"

Elsie Lundquist – 100m Hurdles – 24th – 16.45

Alaina Steele – 1600m – 25th – 5:27.97

Dennis S, Adam S, Aaron P, Brandon H – 4x100m Relay – 26th – 45.69

Adam Selas – High Jump – T27th – 6' 0"

Riley Palmer, Tommy Ryan, Eli Grubbs, Dennis S – 4x400m Relay – 28th – 3:35.82

Aaron Pulkrabek – Triple Jump – 30th – 40' 11"

Alaina Steele – 3200m – 36th – 12:13.6

Eli Grubbs – 800m – 41st – 2:05.74

Aaron Pulkrabek – 200m – 43rd – 23.60

Eli Grubbs – 1600m – 45th – 4:43.53

Dennis Skalicky – 400m – 45th – 53.25

Eli Grubbs – 3200m – 48th – 10:30.13

Brandon Haskovec – 100m Dash – 54th – 11.74

Grace Langmade – 800m – 55th – 2:30.23



Coach Hannah Coach Thieman Coach Etta

Coach Polzine Coach Sherry Coach Clementson Coach Stoltz

Thanks for a FUN season!

- Coaches



Coach Hannah Coach Thieman Coach Etta

Coach Polzine Coach Sherry Coach Clementson Coach Stotlz

Thanks for a FUN season!

- Coaches

GREAT RIVER CONFERENCE CHAMPS



GREAT RIVER CONFERENCE CHAMPS



GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Allison Gusk - 12	2011		15.4	31.9	72.7	3:06.1sp - Sub	06:47.2	14:27.1 - GRC
	2012		14.7	30.7	67.9sp - GRC	02:54.7	5:58.05 - Sec	
	2013						6:02.38 - Sub	
						67.6sp - Sub	2:38.8sp - Sec	
	2014						2:44.18 - Sub	5:54.79 - Sub
						73.8sp - In	2:45sp - Hinck	
	2015						2:37.6 - Hinck	5:38.71 - Sec
					69.8sp - Cheng	2:29.5sp - Sec		
	2016				69.0sp - PC		5:43.79 - Sub	
						2:31.3sp - Sub		
Cassidy Stream - 12	2011		15.3	33.3	74.3			
	2012		16.1	34.1	77.4			
	2013	8.4 - In	13.0sp - GRC	31.5 - Tig	72.1 - Tig			
	2014		15.22 - Sub	32.5 - RC				
			14.3sp - RC	33.4sp - Hinck	73.5 - RC			
	2015	8.8 fol tt	14.4 - GRC	31.1 - On	72.7 - Og			
			14.2sp - Tig	29.8sp - On				
	2016		14.86 - Sub	30.55 - Cheng				
			13.4sp - TT	33.0sp -				
Sara Vo - 12	2016		14.75 - Sub	32.6 - jv pc				
			13.8sp - PC	36.4 - tt				
Najhalle Williams - 12	2015		17.7 - On					
	2016							
Michelle Benson - 11	2016							
Natalie Cahill - 11	2012			31.2	01:15.7			
	2013			31.6				
	2014							
	2015							
	2016				70.54 - PC			
					68.4sp - Hinck			
Elsie Lundquist - 11	2012		14.1	29.5				
	2013		13.7	29.7 - GRC				
				28.0sp - GRC				
	2014		14.1 - PC	30.1 - In TT				
			13.5sp - TT	28.4sp - Sub				
	2015		13.8 - Cheng					
				27.2sp - Sub				
	2016		13.79 - PC	28.4 - Tig				
				26.6sp - Sub				
Breckan Pangerl - 11	2012		14.7	30.7	76.1	03:10.8		
	2013			32.0				
	2014	8.4 - In	14.4 - jv pc	30.58 - Sub				
			14.5sp - Sub	30.1sp - PC				
	2015	8.3 - Fol In		29.5 - Hinck				
			13.6sp - TT	28.7sp - Sec				
	2016		15.6 - tt	33.4 - tt				
				28.5sp - Fol				

GIRLS' "BESTS" - 2016

55 m hurdles	100 m hurdles	300 m hurdles	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
				14' 6" - Sub 15' .5" - GRC				
				14' 10" - GRC				
				14' 9.5" - Fol	31' 6.5" - Sec			
					31' 8.5" - GRC			
				11' 1" 10' 10"				
					22' 9" - Fol			
				11' 4" - tt				
				10' 3" - Og				
						55' 1" 58' .6" - jv	24' 3" 23' 8.25" - jv	
						53' 10" - RC	19' 7" - Relay	
	20.0 19.6			12' 1.5" 12' 2"				
11.1 - In	19.59 - Sub	54.37 - Sub		14' 6" - Sub	30' 1.75" - Sub			
10.8 - Fol In	18.76 - Sub	52.50 - Sec		14' 6.5" - Sub	29' 5.75" - Sub			
10.3 - Fol In	17.95 - Sub	51.86 - Sub		14' 7" - Cheng	30' 5.5" - Sub		21' 5" - PC	
	18.4 17.8	34.6 (200's)	4' 2" 4' 8"	11' 11"	26' 11"			
10.0 - In TT	18.27 - Sub		4' 9" - Sub	14' 4" - GRC	30' 7.5" - Sub	5' 6" - JV		
9.4 - Fol In	17.28 - Sec 17.1 - Og		5' 0" - Fol 5' 1" - fol tt	15' 8.5" - Sub	29' 2.5" - Og			
9.1 - Fol In	16.45 - Sec		5' 4.25" - Og	16' 8.5" - Cheng	34' 6.25" - Sec		26' 6.5" - PC	
	20.5		4' 2" 3' 11" 4' 2" - In	12' 2.5" - Hinck				
			4' 4" - Fol In	12' 8.5"				
				12' 7.5" - tt				

GIRLS' "BESTS" - 2016

Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m Run
Melissa Whitaker - 11	2016		22.3 - tt					
Caroline Bergwick - 10	2013				01:19.0	03:27.0		
	2014	10.3 - In		37.8 - jh GRC				
	2015							
	2016							
Marin Foss - 10	2014				72.2 - jh pc 71.2sp - Hinck	2:45.9 - RC 2:48sp - Relay		
	2015					2:43.1 - Hinck 2:40.8sp - Tig	5:49.5 - Hinck	12:30.08 - TT
	2016				70.0sp - PC	2:40.7sp - Cheng	6:02.79 - Fol	12:40.81 - GRC
Janae Johnson - 10	2016		15.7 - Og	34.10 - PC	78.9 - Og			
Grace Langmade - 10	2014				71.5 - RC	2:37.28 - Sub 2:42sp - TT	6:15.5 - Hinck	13:54.9 - GRC
	2015					2:33.33 - Sub		
	2016				71.1 sp - Cheng 68.13 - PC 65.5sp - Sub	2:31.1sp - Sec 2:30.23 - Sub 2:32.0sp - Sub		14:11 - Og
Alexis Pankonin - 10	2013		14.8					
	2014		13.9 - PC	29.3 - RC	61.57 - Sub			
			13.8 - jh pc	28.1sp - Sub	65.6sp - GRC			
	2015		13.8 - Hinck	27.8 - GRC	65.12 - Fol			
				26.9sp - Sub	63.8sp - GRC			
	2016		13.2 - Tig	27.66 - GRC	64.6 - RC			
			13.40 - GRC	27.0sp - PC	65.0sp - TT			
Lauren Sommer - 10	2013			32.7	01:14.6			
	2014		15.6 - jh pc	31.6 - jh hf	70.07 - Sub			
				32.0 - Cheng	70.3sp - Sub			
	2015				67.9 - GRC	2:56.0 - Ait		
				30.8sp - Cheng	67.0sp - Tig			
	2016			33.8 - Fo In	67.85 - Sub 67.8sp - Sec			
Ashli Webster - 10	2013					03:13.3	0:06	
	2014					2:51.1 - jh pc 2:47sp - Sub	6:07.0 - jh GRC 6:16.5 - Hinck	12:56.34 - Sub
	2015					2:58.9 - Fol In 2:48.1sp - Tig	6:04.5 - Hinck	12:37.8 - GRC
	2016				77.4 - TT	2:48.0 - TT 2:39.8sp - Chen	6:09.0 - Hinck	12:40.22 - Sub

GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Makala Butenhoff - 9	2014		15.5 - jh pc	33.1 - jh pc			6:15.3 - jh GRC	
							6:31 - Relay	
	2015				73.2 - Fol In	2:34.48 - Sub	5:43.9 - GRC	
					71.1sp - Cheng	2:30.6sp - TT		
	2016				70.1 - Tig	2:37.60 - Sub	6:02.92 - Chen	
						2:30.0sp - Sec		
Elizabeth Cahill - 9	2014							
	2015	9.2 - Fol In	16.3					
	2016		15.5 - jh					
Kaylee Prihoda - 9	2014			33.3 - In TT	78.7 - In TT	2:51.1 - RC	6:37.7 - jh grc	
						2:55sp - Sub		
	2015				71.7 - jh		7:02.0 - Ait	15:07.4 - Og
						2:57.0sp		
	2016	8.6 - Fol In	15.4 - 13.8sp - Tig	30.03 - Cheng 30.1sp - TT	67.71 - GRC 67.8sp - Sec	2:51.8 - Tig	7:17.7 - Fol In	
Emma Schmidt - 9	2014		15.0 - jh hf	33.3 - In TT			7:13 - In	
	2015		15.1 - jh	32.2 - jh				
	2016							
Megan Stransky - 9	2016							
Alexis Thieman - 9	2014			32.2 - In TT	67.7 - jh grc		7:09 - In	
					67.7sp - Sub	2:41sp - Sub		
	2015			32.3 - fol tt	69.3 - jh			
			14.1sp - Sub	29.6sp - GRC				
	2016				67.2 - Hinck 65.8sp - Sub	2:53.5 - PC		
Allyson Chromey - 8	2016			31.7 - jh				
Megan Cunnien - 8	2015		15.7 - jh					
	2016		18.3 - tt					
			15.9sp -					
Kelsey Erickson - 8	2015	8.7 fol tt	14.1 - GRC	31.3 - Cheng				
			13.2sp - Hinck	30.1 - jh				
	2016	8.1 - Fol In	14.03 - Cheng	31.6 - tt				
			13.3sp - GRC	28.0sp - Cheng				
Grace Grubbs - 8	2015				70.1 - Cheng	2:41.9 - Tig	6:08.30 - Sub	
					71.2 - Cheng	2:42.4sp - Hinck		
	2016					2:38.70 - PC	5:54.65 - GRC	13:15.19 - GRC
					69.0sp - PC	2:37.5sp - Hinck		
Lexi Havel - 8	2016	8.7 - Fol In	14.51 - PC 12.9sp - RC	29.73 - Sub	72.2 - jh			
Caytlyn Kuhn - 8	2016							
Faith Langmade - 8	2015			38.7 - fol tt	76.1 - jh			
	2016				77.0 - jh			
Jaylynn Maurstad-R. - 8	2016				77.0 - jh	??		
Belle Sanders - 8	2016							

GIRLS' "BESTS" - 2016

Name	year	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Alaina Steele - 8	2015				62.6 - Hinck	2:24.56 - TT	5:29.9 - Tig	
					62.6sp - Fol	2:23.2sp - TT		
	2016		14.23 - PC	27.9 - Tig	63.3 - Og	2:17.70 - State	5:27.97 - Cheng	12:13.6 - Hinck
				26.2sp - Sec	60.1sp - Relay	2:24.0 - Sec		
Aaleaha Thieman - 8	2015	8.2 - Fol In	14.4 - Cheng	29.0 - Cheng	64.71 - Sub			
				28.0sp - Sub	64.8sp			
	2016		13.9 - Tig	29.60 - PC	65.74 - Cheng			
			13.2sp - Sub	28.2sp - Sec				
Therese Welch - 8	2015	9.2 - fol tt						
	2016				75.23 - jh grc			
Leah Westerman - 8	2015		17.2 - Ait	35.4 - jh				
	2016		17.0 - tt	35.7 - tt	73.84 - jh grc	2:53.47 - jh grc		
Lydia Adams - 7	2016				68.88 - Sub	2:40.15 - GRC	5:56.14 - GRC	13:15.0 - RC
					68.2sp - Hinck	2:40.4 sp - Chen		
Taylor Barnes - 7	2016							
Ellaina Johnson - 7	2016	8.8 - Fol In	14.51 - jh grc	29.26 - jh grc	74.2 - RC			
Cara Kuhn - 7	2016							
Katie Miller - 7	2016		16.6 - jh					
			17.5 - tt					
Molly Stransky - 7	2016							
Kensi Tayerle - 7	2016		14.85 - jh pc	30.90 - jh grc	73.9 - RC			
			16.4 - tt	33.3 - tt				
Ainsley Vinaja - 7	2016	8.9 - Fol In	15.02 - jh grc	32.2 - jh	74.7 - RC			
			15.12 - PC	33.7 - tt				
Lilyanna Zabaske-W. - 7	2016		15.17 - jh	34.0 - tt				

GIRLS' "BESTS" - 2016

55 m hurdles	100 m hurdles	300 m hurdles	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
				9' 6"				
			3' 8" - jh	9' 4"	22' 8" - RC 24' 8.25" - jh grc			
	21.37 - jh grc		3' 9" - jh grc	11' 7.5" - jh grc				
				10' 11.5" - Og				
				11' 0.5" - Relay			23' 4.5" - Subs	
						51' 6" - tt	25' 10.5" - tt	
			4' 6" - jh 4' 3" - Cheng					
				12' 5" - jh grc				
			3' 8" - tt					

BOYS' "BESTS" - 2016

	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Weston Berens - 12	2011		16.7					
	2012		15.4	33.0	01:14.6			
	2013				69.0 - In			
			13.8sp - Tig	29.9sp - Fol				
	2014		12.8sp - Sub	27.4 - Relay				
	2015		14.5sp	28.7 - Fol In				
				27.4sp -Hinck				
	2016		13.9 - tt					
			11.7sp - GRC	28.4sp - Fol In		2:41.0sp -Relay		
Sully Schmidt - 12	2011		15.8					
	2012		15.5	32.1	1:14			
	2013	7.83-FolIn	13.2 jv	29.6 - In	61.4 - Tig			
			13.0sp - In					
	2014		12.5 - jv grc	28.6 - In				
			12.6sp - RC	26.2sp - Hinck				
	2015	7.2 - Fol In	12.0 - Cheng	26.60 - Sub				
		11.7sp - Og	26.0sp - Fol					
	2016	7.0 - Fol In	13.4 - tt	25.19 - Cheng				
			11.8sp - Tig	23.4sp - RC				
Dennis Skalicky - 12	2011		14.8	29.8				
	2012		12.8	26.9	01:02.7			
	2013			27.5 - In	56.66 - Sub			
					57.0sp - Sub			
	2014			25.7 - GRC	56.81 - Sub			
				24.2sp - TT	56.8sp - Sub			
	2015			24.4 - On	53.83 - Sec			
		11.9sp - Hinck	23.5sp - Sub	53.9sp - Tig				
	2016		25.9 - tt	53.25 - Sub				
			11.7sp - PC	24.1sp - Sec	52.9sp - Sub	2:16.9sp -Relay		
Eli Grubbs - 11	2013						5:35.40 - Sub	12:30.7 - GRC
						2:30.3so - GRC		
	2014				66.8 - In TT	2:26.8 - Hin	5:09.80 - Sub	
					60.2sp - Rel	2:19sp - Sub		
	2015				60.4 - Og	2:14.18 - Sub	4:51.61 - Sub	
				55.3sp - GRC	2:13.4sp - TT			
	2016				56.7 - tt	2:05.74 - Sec	4:43.53 - Sec	10:30.13 - GRC
			12.1sp - PC		52.8sp - Sub	2:08sp - Tig		
Rasmus Isaksen - 11	2016		14.6 - tt					
			13.9sp - PC					
Dakotah Neid-Hinrichs	2012			30.9	01:07.2			
	2013							
	2014			27.4 - In TT				
				26.1 - Hinck				
	2015			25.7 - Og	56.95 - Sub			
				24.3sp - Tig				
	2016		12.6 - Og					
				26.5sp - Fol In	60.0sp - Fol In			
Tyler Noreen - 11	2016				66.8 - tt		5:40.3 - tt	

BOYS' "BESTS" - 2016

55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
	20.1							
	18.9	35.5 (200's)		11' 8"				
10.45-FolIn	20.3 - Tig	51.47 - Sub						
10.2 - In	19.23 - Sub	50.6 - RC						
9.4 - Fol In	18.53 - Sub	47.02 - Sub						7' 6" - GRC
8.6 - Fol In	17.85 - Sub	45.80 - Sub						
					33' 3.75" - Og			
	21.6		4' 0"	12' 1"				
	19.8	35.7 (200's)	4' 6"					
			5' 1" - Sub					
	17.2* - jv grc		5' 2" - GRC	17' 2.75" - jv	35' 4" - GRC			
			5' 6" - Tig		36' 2.25" - On			
			5' 8" - Hinck		36' 11.25" - Rel			
	18.6			13' 1"				
				14' 10.25"				
				14' 6" - In				
				13' 8" - tt				
	19.0	40.0 (200's)	5' 0"				34' 7"	
11.5 - In	21.5 - Relay	49.82 - Sub	5' 8" - GRC	17' 1" - Sub			32' 6" - Relay	
			5' 10" - Tig	15' 2"			36' 8.5" - Tig	
			5' 8" - Fol In					
							26' 2"	

BOYS' "BESTS" - 2016

name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Aaron Pulkrabek - 11	2012		12.9	27.1	60.7	02:40.2	5:45	
	2013		12.9					
	2014		12.1 - jh pc 11.8sp - RC		56.25 - Sub 58.7sp - RC	2:32.6 - In TT 2:21sp - Sub		
	2015	7.0 - Fol In		26.3 - fol tt 11.8sp - Og	23.3sp - Sub			
	2016			23.60 - Sub 11.2sp - Og	23.3sp - Sec 58.3sp - Og			
Adam Seals - 11	2015		11.9 - Cheng 10.8sp - Hinck	24.6 - GRC 24.3sp - Sec				
	2016	6.9 - Fol In	12.1 - Og 11.1sp - PC	24.6 - Hinck 22.4sp - Fol				
Blake Shermer - 11	2012		16.6		01:18.8	02:58.8		
	2013				01:16.6			
	2014				75.3 - In TT			
	2015		13.2sp					
	2016	8.4 - Fol In						
Adam Archambault 10	2015		13.0 - Cheng 12.0sp - Ait					
	2016		13.9 - tt 11.5sp - RC	28.3 - Fol In				
Nathan Dieckmann - 10	2016		16.5sp - PC		70.24 - PC	2:37.51 - GRC 2:39.3sp - Hinck	5:46.65 - Fol	12:53.6 - Hinck
Brandon Haskovec - 10	2016	7.0 - Fol In	11.74 - Sub 10.9sp - Og	24.47 - Sub 22.4sp - Tig				
Nathan Kleppe - 10	2014	7.7 - In	13.2 - jh hinck 12.8sp - Hinck	28.4 - In TT		2:49.9 - RC		
	2015	7.5 - fol tt	12.4 - Og 11.1sp - TT	27.2 - Ait 24.4sp - Cheng				
	2016		12.72 - GRC 11.6sp - Hinck	32.8sp - Og		3:03sp - Relay		
Riley Palmer - 10	2016		12.4 - Tig 11.3sp - PC	25.66 - Cheng 25.5sp - Og	55.21 - Sub 55.3sp - Sec	2:27.0sp - Relay		
Damien Schwab - 10	2016							
Remington Steele - 10	2015				62.3 - Hinck	2:18.68 - Sub 2:18.1sp - Sub	6:12.0 - fol tt	12:08.62 - Fol
	2016			26.1 - Hinck	59.6 - Og 57.2sp - Cheng	2:14.05 - Cheng 2:10sp - Sub	5:02.56 - GRC	
Mateo Mancia - 9	2016		16.4 - tt	28.7 - tt				
Joey Mikyska - 9	2016		14.3 - RC		65.4 - Fol In			
TJ Rank - 9	2014					2:57.4 - jh grc 2:37.4 - Hinck	6:13.6 - GRC 6:05.7 - Cheng	13:34.0 - RC 14:24.3 - Og
	2015		13.9 - Ait 13.3 - jh	30.3 - fol tt	66.03 - Fol	2:52sp - Fol In	5:57 - jh	
	2016				62.8 - Hinck	2:33.0 - tt 2:24.8sp - Hinck	5:39.96 - Fol	

BOYS' "BESTS" - 2016

55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
				15' 1"				
				15' 5.25"				
				18' 8" - GRC				
				21' 4.5" - Sec	40' 11" - Sub			
				20' 8" - STATE				
			5' 10" - Fol In	18' 7.5" - Fol In				
			6' 0" - GRC	21' 8" - STATE	39' 0.75" - Sec			
				21' 7" - Sec				
	23.2					63' 7.5"	26' 10"	
						73' 4"		
11.2 - fol tt		54.0 - GRC				70' 7" - GRC	22' 6.5" - In TT	
						82' 5.5" - Og	24' 4" - Fol In	
		52.1 - RC				103' 0" - Tig	31' 1.5" - GRC	
								10' 8" - Sub
								11' 10" - Sub
				12' 7" - tt				
			5' 10" - PC	15' 8.5" - RC				
				16' 0" - tt				
						70' 6" - Sub	25' 9" - Hinck	
				16' 7" - Sub		84' 6" - Og	26' 9.5" - Og	
				16' 11.5" - PC		90' 4" - Cheng	31' 10" - TT	
			4' 8"	17' 11.5" - Chen				
						93' 11" - Og	35' 8.25" - GRC	
				13' 4.5" - tt	30' 6.5" - tt			
				13' 2"		73' 4" - Tig	28' 2" - Tig	
				12' 8"				6' 0" - jh
				14' 10.5"	27' 5"			
				16' 0.75" - Fol	33' 0" - Tig			9' 0" - GRC

BOYS' "BESTS" - 2016

name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
Tommy Ryan - 9	2014		13.1 - jh pc		66.8 - In TT	2:22.79 - Sub	5:15.7 - jh grc	
					63.8 - PC	2:20sp - Sub		
	2015		13.0 - jh		60.5 - Hinck	2:23.7 - On	5:11.5 - Hinck	11:00.68 - Sub
				27.6sp - Ait		2:17.9sp - TT	5:11.0 - jh grc	
	2016			25.00 - PC	54.89 - Fol	2:18.1 - tt		
					54.0sp - Sub	2:15.9sp - Tig		
Dylan Chesbrough - 8	2016		13.73 - PC	28.37 - PC	77.6 - tt			
Tucker Dalen - 8	2016							
Austin Eckert - 8	2015					2:36.0 - jh	5:32.0 - jh	12:22.8 - Tig
						2:26.0sp - Sub		
	2016				62.0 - tt	2:14.33 - Sub	5:11.6 - Hinck	
					58.9sp - Hinck	2:13.4sp - GRC		
Will Fix - 8	2015	8.8 -- Fol In		32.5 - fol tt	68.5 - Ait			
				31.6 - jh	68.3 - jh	2:35.8sp - Tig		
	2016				67.4 - Og	2:23.91 - jh grc	5:34.42 - PC	
						2:30.4sp - Chen	5:18.00 - jh grc	
Christian Fromm - 8	2016				66.97 - jh	2:37.40 - Chen	6:02.17 - PC	13:06.04 - Sub
					14.0sp	2:36.2sp - GRC		
Andrew Graff - 8	2016			13.8 - tt				
Jacob Merrick - 8	2015	9.1 - fol tt	14.7 - jh	16.1 - tt				
	2016							
Noah Miller - 8	2015				68.3 - jh	2:38.0 - jh	5:38.0 - jh	12:26.4 - Cheng
						2:36.3sp - GRC		
	2016				64.95 - Fol	2:30.4 - tt	5:28.2 - Tig	11:25.69 - GRC
						2:24.0sp - Sub		
Brody Perlick - 8	2015	9.0 - fol tt	15.1 - Ait	32.2 - jh				
			14.6 - jh	29.9sp - Ait				
	2016		14.23 - jh grc	29.5 - jh				
			15.3 - tt	30.3 - tt				
Ali Pulley - 8	2016		13.6 - jh	30.3 - jh	76.5 - tt			
			15.6 - tt	30.9 - tt				
Logan Schaaf - 8	2016		15.2 - tt					
Kenny Vo - 8	2016		15.72 - jh grc	37.3 - tt	89.9 - tt			
			18.4 - tt					
Tryston West - 8	2016	7.5 - Fol In	12.63 - PC	25.75 - Sub				
			11.3sp - Sub	25.6sp - Og				
Wyatt Beidel - 7	2016		18.42 - jh grc					
Tanner Brouwer - 7	2016		14.6 - tt		77.9 0 tt			
Justin Gerner - 7	2016							
Ethean Wiechman - 7	2016		20.2 - tt			3:20.6 - tt		

