

**PINE CITY**



**CROSS COUNTRY**

**2014**

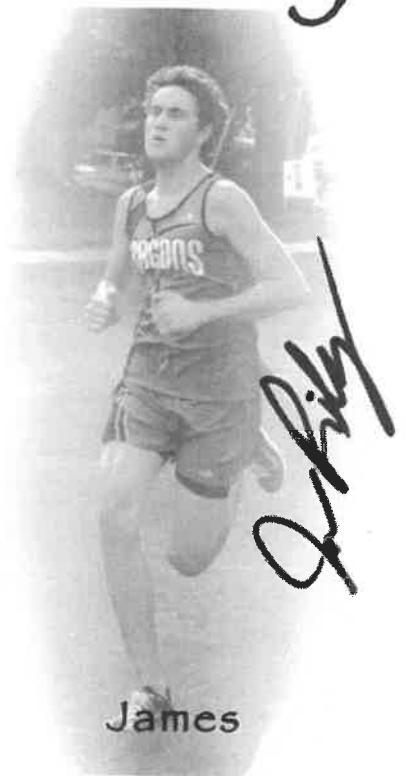
# 2014 Dragon Cross Country Team



# Great River Conference Champs

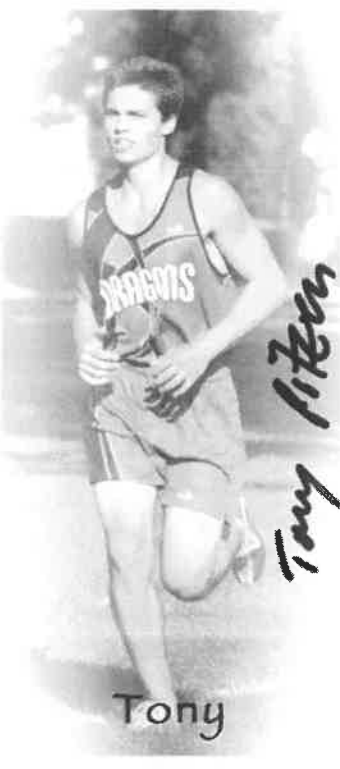
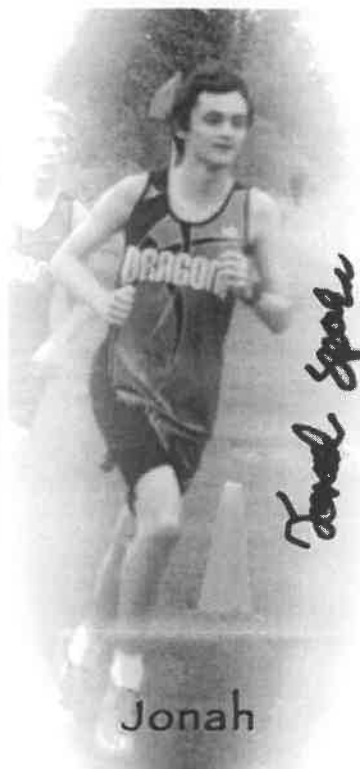


# Dragon Cross Country



## Seniors

## 2014

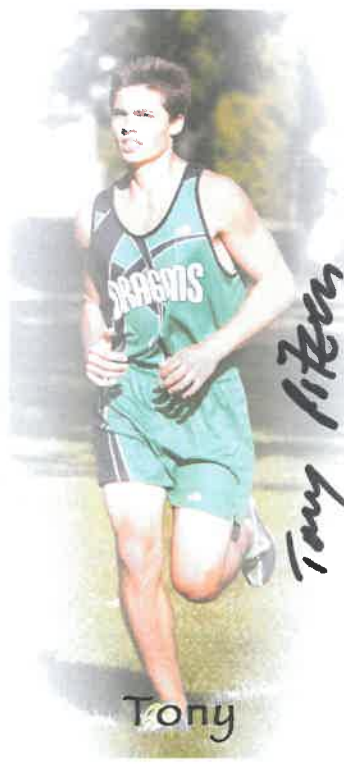


# Dragon Cross Country



## Seniors

## 2014



**Grantsburg Invitational  
Cross Country Meet  
Thursday, August 28, 2014  
humid, light rain and overcast**

**PINE CITY GIRLS' RESULTS:**

5000 m - 60 varsity/JV runners combined

	place	time	
1. Marin Foss	2	22:58	*****
2. Allison Gusk	3	23:43	First
3. Ashli Webster	4	23:46	PCHS
4. Karly Irlbeck	11	24:59	Girls
5. Summer Rockstroh	13	25:40	To
6. Jackie Westernen	17	26:15	Run
7. Nicole Peters	18	26:24	5K
8. Jordan Kotek	23	26:59	Race!
9. Grace Langmade	25	27:24	*****
10. Jill Tomczyk	27	27:37	
11. Janae Johnson	34	28:43	

Top 5 Ave 23:49.2 (#1 All-Time 5K)
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**GIRLS' TEAM RESULTS:**

1. Pine City	31
2. St. Croix Falls	69
3. Cameron	82
4. Shell Lake	90
5. Unity/Luck	106
6. Grantsburg	136
Incomplete Teams:	
Bruce	
Frederic	
Lac Courte Oreilles	
Spooner	
Webster	

#1 runner: Sophie Klein - St. Croix Falls - 22:44

**JUNIOR HIGH GIRLS:**

2500 m - 61 runners

	place	time
1. Alaina Steele	2	11:11
2. Alexis Thieman	10	11:48
3. Aaleaha Thieman	11	11:50
4. Grace Grubbs	14	11:55
5. Kaylee Pihoda	28	12:49
6. Sarah Bombard	38	13:31
7. Jenica Hancock	44	14:20

#1 runner: Jenna Ruiz - Webster - 10:08

**JH Girls' Results:**

1. Cameron	55*
2. Pine City	55
3. Unity	91
4. Grantsburg	95
5. Shell Lake	101
6. St. Croix Falls	123
7. Spooner	136

\*Won the tie-breaker by one point.

**PINE CITY BOYS' RESULTS:**

5000 m - 83 varsity/JV runners combined

	place	time	
1. Easton Foss	3	18:31	
2. Noah Adams	5	19:17	
3. Eli Grubbs	10	20:00	
4. James Pixley	21	21:12	
5. Jonah Spahr	23	21:13	
6. Andrew Clementson	26	21:25	
7. Nick Stolp	33	22:11	
8. Remington Steele	39	22:37	
9. Elijah Johnson	42	23:03	
10. Max Graves	49	23:49	
11. Ethan Leibel	51	24:01	
12. Dylan Gamec-B.	52	24:04	
13. Aaron Brown	55	24:08	
14. Nathan Kleppe	66	25:28	
15. Austin Cavallin	67	25:47	
16. Casey Foster	71	27:03	
17. Ryan Blake	73	27:16	
18. Joseph Root	75	27:35	PB

Top 5 Ave 20:02.6
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**BOYS' TEAM RESULTS:**

1. Unity/Luck	42
2. Pine City	50
3. Grantsburg	80
4. Cameron	89
5. Webster	93
Incomplete Teams:	
Bruce	
Frederic	
Lac Courte Oreilles	
Shell Lake	
Spooner	
St. Croix Falls	

#1 runner: Daniel Pederson - Spooner - 17:21

**JUNIOR HIGH BOYS:**

2500 m - 66 runners

	place	time
1. Nate Webster	10	10:59
2. Jake Adams	17	11:15
3. TJ Rank	18	11:16
4. Austin Eckert	27	12:03
5. Josh Rike	28	12:04
6. Noah Miller	37	12:39
7. Jacob Merrick	42	12:58
8. Matthew Long	46	13:28
9. Justin Stolp	48	13:47

#1 runner: Nate McKinley - Grantsburg - 9:56

**JH Team Results:**

1. Grantsburg	22
2. St. Croix Falls	59
3. Cameron	85
4. Pine City	96
5. Frederic	126
6. Unity	147

**Pine City Invitational  
Cross Country Meet  
Monday, September 8, 2014  
mild and overcast**

**PINE CITY GIRLS' RESULTS:**

4000 m - 39 varsity & 13 JV runners

	place	time
1. Marin Foss	6	16:56
2. Allison Gusk	10	17:29
3. Ashli Webster	12	17:55
4. Grace Langmade	1 jv	18:06
5. Jackie Westernen	13	18:24
6. Karly Irlbeck	17	18:40
7. Nicole Peters	20	19:08
8. Alexis Thieman	2 jv	19:10
9. Summer Rockstroh	22	19:12
10. Jill Tomczyk	3 jv	19:13
11. Jordan Kotek	4 jv	19:48
12. Janae Johnson	5 jv	21:14

#1 runner: Rhianna Rinke - North Branch - 15:47

#1 jv runner: Grace Langmade - PC - 18:06

**JUNIOR HIGH GIRLS:**

2000 m - 29 runners

	place	time
1. Alaina Steele	1	7:55
2. Grace Grubbs	2	8:45
3. Aaleaha Thieman	3	8:46
4. Jenica Hancock	8	9:31
5. Sarah Bombard	11	9:42

#1 runner: Alaina Steele - Pine City - 7:55

**PINE CITY BOYS' RESULTS:**

5000 m - 32 varsity & 36 JV runners

	place	time
1. Easton Foss	1	17:53
2. Noah Adams	4	18:38
3. Eli Grubbs	9	19:25
4. Jonah Spahr	10	19:26
5. James Pixley	12	19:49
6. Andrew Clementson	14	20:03
7. Nick Stolp	24	21:18
8. Elijah Johnson	4 jv	21:33
9. Ethan Leibel	6 jv	21:50
10. Remington Steele	7 jv	21:53
11. Dylan Gamec-B.	11 jv	22:39
12. Aaron Brown	12 jv	22:51
13. Max Graves	15 jv	23:16
14. Nathan Kleppe	18 jv	23:26
15. Ryan Blake	22 jv	23:41
16. Danny Pitzen	23 jv	24:06
17. Casey Foster	25 jv	24:48
18. Jared Montague	27 jv	25:01
19. Joseph Root	32 jv	27:26

#1 runner: Easton Foss - Pine City - 17:53

**JUNIOR HIGH BOYS:**

2000 m - 33 runners

	place	time
1. TJ Rank	5	8:04
2. Nate Webster	7	8:12
3. Austin Eckert	9	8:16
4. Jake Adams	12	8:19
5. Noah Miller	14	8:30
6. Josh Rike	15	8:31
7. Dylan Schneider	16	8:33
8. Matthew Long	25	9:22
9. Jacob Merrick	27	9:32
10. Derek Clementson	28	9:35
11. Justin Stolp	29	10:02

#1 runner: Aiden Bear - North Branch - 7:11

Top 5 Ave
17:46.0 (#1 PC Invite)
17:52.8 V only
#2 PC Invite
#8 PC Invite

**GIRLS' TEAM RESULTS:**

1. Pine City	50
2. Zimmerman	54
3. Rush City	70
4. North Branch	76
5. Mille Lacs	96
Incomplete Teams	
Hinckley	
Maranatha Academy	
Braham	

**JV Girls' Results:**

1. Pine City	15
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**JH Girls' Results:**

1. Pine City	22
2. North Branch	49
3. Rush City	72
4. Mille Lacs	81

**BOYS' TEAM RESULTS:**

1. Pine City	36
2. Braham	63
3. North Branch	70
4. Zimmerman	82
5. Rush City	102
Incomplete Teams	
East Central	
Maranatha Academy	

**JV Boys' Results:**

1. North Branch	37
2. Pine City	38
3. Braham	62
4. Rush City	103

**JH Team Results:**

1. Pine City	29
2. Rush City	40
3. Hinckley-Finlayson	69

**North Branch Invitational  
Cross Country Meet  
Thursday, September 11, 2014  
cool and overcast**

**PINE CITY GIRLS' RESULTS:**

4000 m - 23 varsity & 11 JV runners

	<u>place</u>	<u>time</u>	
1. Marin Foss	4	16:47	PB
2. Ashli Webster	6	17:15	BTY
3. Allison Gusk	8	17:23	BTY
4. Grace Langmade	11	17:51	PB
5. Alaina Steele	1jv	18:07	PB
6. Jackie Western	13	18:22	BTY
7. Nicole Peters	14	18:25	PB
8. Karly Irlbeck	15	18:26	PB
9. Alexis Thieman	2jv	19:47	
10. Summer Rockstroh	3jv	19:47	
11. Janae Johnson	4jv	20:46	PB
12. Jill Tomczyk	5jv	20:52	

#1 runner: Rhianna Rinke - North Branch - 15:12

#1 jv runner: Alaina Steele - PC - 18:07

**JUNIOR HIGH GIRLS:**

2000 m - 17 runners

	<u>place</u>	<u>time</u>
1. Aaleaha Thieman	1	8:53
2. Grace Grubbs	3	8:55
3. Sarah Bombard	8	9:43

#1 runner: Aaleaha Thieman - Pine City - 8:53

**PINE CITY BOYS' RESULTS:**

5000 m - 20 varsity & 29 JV runners

	<u>place</u>	<u>time</u>	
1. Easton Foss	1	17:50	BTY
2. Noah Adams	3	18:28	BTY
3. Eli Grubbs	4	19:02	BTY
4. Jonah Spahr	6	19:10	BTY
5. Andrew Clementson	8	19:22	BTY
6. James Pixley	11	19:54	
7. Nick Stolp	15	20:27	BTY
8. Elijah Johnson	3jv	21:10	BTY
9. Ethan Leibel	4jv	21:19	BTY
10. Remington Steele	5jv	21:28	PB
11. Sasha Whim	9jv	22:05	
12. Sam Saunders	11jv	22:17	
13. Max Graves	12jv	22:21	PB
14. Dylan Gamec-B.	13jv	22:23	BTY
15. Nathan Kleppe	15jv	23:00	BTY
16. Austin Cavallin	17jv	23:06	BTY
17. Ryan Blake	18jv	23:17	PB
18. Danny Pitzen	20jv	23:27	BTY
19. Aaron Brown	21jv	23:30	
20. Jared Montague	23jv	24:01	BTY
21. Casey Foster	24jv	24:14	PB
22. Joseph Root	26jv	25:06	PB
23. Victor Rogers	29jv	32:20	

#1 runner: Easton Foss - Pine City - 17:50

**JUNIOR HIGH BOYS:**

2000 m - 29 runners

	<u>place</u>	<u>time</u>
1. TJ Rank	5	8:14
2. Nate Webster	6	8:17
3. Josh Rike	8	8:23
4. Austin Eckert	9	8:24
5. Jake Adams	13	8:34
6. Noah Miller	16	8:41
7. Dylan Schneider	18	8:58
8. Matthew Long	22	9:46
9. Jacob Merrick	24	9:57
10. Derek Clementson	25	10:00
11. Justin Stolp	26	10:01

#1 runner: Aiden Bear - North Branch - 7:24

Top 5 Ave
17:28.6 (#24 All-Time)
17:31.6 V only
#4 NB Invite

**GIRLS' TEAM RESULTS:**

1. Pine City	36
2. North Branch	41
3. Rush City	?
Incomplete Teams	
Hinckley	
East Central	

**JV Girls' Results:**

1. Pine City	15
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**JH Girls' Results:**

1. North Branch	25
2. Rush City	38
Incomplete Teams	
Pine City	

**BOYS' TEAM RESULTS:**

1. Pine City	22
2. North Branch	46
3. Rush City	63
Incomplete Teams	
East Central	
Hinckley-Finlayson	

**JV Boys' Results:**

1. North Branch	
2. Pine City	
3. Rush City	
Incomplete Teams	
East Central	
Hinckley-Finlayson	

**JH Team Results:**

1. Pine City	29
2. Rush City	36
3. Hinckley-Finlayson	71

**Pierz Pioneer Stampede Invitational  
Cross Country Meet  
Monday, September 15, 2014  
cool and overcast**

**PINE CITY GIRLS' RESULTS:**

4000 m - 122 varsity & 113 JV runners

	place	time	
1. Marin Foss	18	16:28.8	PB #2 Pierz Invite
2. Allison Gusk	23	16:48.5	PB #4 Pierz Invite
3. Ashli Webster	54	17:34.9	
4. Grace Langmade	59	17:46.4	PB
5. Karly Irlbeck	64	18:09.1	PB
6. Jackie Westernen	71	18:26.8	
7. Summer Rockstroh	20jv	19:04.8	BTY
8. Nicole Peters	112	20:13.9	
9. Jill Tomczyk	49jv	20:18.2	
10. Janae Johnson	53jv	20:22.0	PB

#1 runner: Emily Donnay - EdenVally-Watkns/Kimb - 15:01.7

**JUNIOR HIGH GIRLS:**

3200 m - 118 runners

	place	time
1. Alaina Steele	2	13:24.6
2. Grace Grubbs	16	14:28.7
3. Alexis Thieman	17	14:34.1
4. Aaleaha Thieman	25	14:49.0
5. Kaylee Pihoda	29	15:06.6
6. Sarah Bombard	51	16:02.7
7. Jenica Hancock	52	16:05.3

#1 runner: Jordyne Broich - Annandale - 13:07.6

**PINE CITY BOYS' RESULTS:**

5000 m - 113 varsity & 194 JV runners

	place	time	
1. Easton Foss	7	17:14.4	BTY #3tie Pierz Invite
2. Noah Adams	35	18:08.9	BTY
3. Jonah Spahr	56	18:52.4	BTY
4. Eli Grubbs	65	19:09.7	
5. Andrew Clementson	66	19:13.3	BTY
6. James Pixley	70	19:20.0	PB
7. Nick Stolp	93	20:28.1	
8. Elijah Johnson	58jv	20:49.7	BTY
9. Ethan Leibel	65jv	20:59.0	BTY
10. Remington Steele	72jv	21:14.9	PB
11. Sasha Whim	80jv	21:31.0	PB
12. Dylan Gamec-B.	100jv	21:53.3	BTY
13. Aaron Brown	105jv	22:06.3	BTY
14. Danny Pitzen	111jv	22:23.9	BTY
15. Austin Cavallin	114jv	22:30.1	BTY
16. Max Graves	115jv	22:30.6	
17. Nathan Kleppe	126	22:53.1	BTY
18. Jared Montague	140jv	23:14.7	BTY
19. Ryan Blake	168jv	24:38.3	
20. Joseph Root	182jv	27:01.0	
21. Victor Rogers	193jv	31:52.7	BTY
22. Sam Saunders		DNR	
23. Casey Foster		DNR	

#1 runner: Cory Rouw - St. Cloud Tech - 16:45.4

**JUNIOR HIGH BOYS:**

2000 m - 171 runners

	place	time
1. Nate Webster	57	13:33.2
2. Josh Rike	67	13:50.1
3. Austin Eckert	71	13:58.7
4. Jake Adams	82	14:18.1
5. Noah Miller	111	15:14.7
6. TJ Rank	124	15:36.8
7. Jacob Merrick	161	17:54.5
8. Dylan Schneider	163	18:00.7
9. Derek Clementson	167	18:37.5
10. Justin Stolp		DNR

#1 runner: Drew Peterson - Little Falls - 11:36.8

Top 5 Ave 17:21.6 (#17 All-Time)
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**GIRLS' TEAM RESULTS:**

1. St. Cloud Tech	77
2. Annandale	87
3. Brainerd	136
4. Albany	161
5. Maple Lake	179
6. St. Cloud Cathedral	183
7. Pine City	203
8. Zimmerman	211
9. Crosby Ironton	226
10. EdenVally-Watkns/K.	235
11. Mora	246
12. Little Falls	276

18 Complete Teams

5 Incomplete Teams

**JV Girls' Results:**

Pine City No Score

**JH Girls' Results:**

1. Annandale	58
2. Pine City	79
23 total teams	

Top 5 Ave 18:31.8
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**BOYS' TEAM RESULTS:**

1. Mora	78
2. St. Cloud Cathedral	99
3. Brainerd	115
4. Albany	134
5. Royalton	134
6. Maple Lake	148
7. St. Cloud Tech	156
8. Annandale	178
9. Pine City	224
10. LongPrairie-GreyE.	252
11. Foley	265
12. Milaca	277
13. Pierz	348
14. Braham	393
15. EdenVally-Watkns/K.	429
16. Little Falls	443
17. Osakis	518
2 Incomplete Teams	

**JV Boys' Results:**

10. Pine City 289  
19 total teams

**JH Team Results:**

13. Pine City 300  
22 total teams



# Milaca Mega Invitational Cross Country Meet

Saturday, September 20, 2014

warm and sunny

## PINE CITY GIRLS' RESULTS:

4000 m - 145 varsity & 218 9th-grade runners

	place	time	
1. Marin Foss	35	16:41.4	
2. Allison Gusk	46	16:58.1	
3. Grace Langmade	65	17:29.9	PB
4. Nicole Peters	79	17:54.2	PB
5. Jackie Westernen	91	18:12.7	BTY
6. Ashli Webster	97	18:25.9	
7. Summer Rockstroh	98	18:26.0	PB
8. Jill Tomczyk	68 -9th	19:07.3	PB
9. Janae Johnson	108 -9th	20:03.1	PB

#1 runner: Alaysia Freetly - Lqpv-Db - 15:13.2

## JUNIOR HIGH GIRLS:

3200 m - 247 7th-grade runners & 235 8th-grade runners

	place	time	
1. Alaina Steele	21 -7th	13:38.6	
2. Karly Irlbeck	29 -8th	13:53.9	PB
3. Grace Grubbs	49 -7th	14:31.0	
4. Aaleaha Thieman	52 -7th	14:36.5	PB
5. Alexis Thieman	82 -8th	14:55.9	
6. Kaylee Prihoda	92 -8th	15:04.8	
7. Sarah Bombard	150 -7th	16:13.8	

#1 7th-grade runner: Abigail Hoffarth - Minot (ND) - 12:34.4

#1 8th-grade runner: Elena Herberg - Rush City - 12:29.2

## PINE CITY BOYS' RESULTS:

5000 m - 181 varsity & 617 JV runners  
367 9th-grade & 311 10th-grade runners

	place	time	
1. Easton Foss	12	17:21.8	
2. Noah Adams	36	17:50.6	
3. Eli Grubbs	88	18:59.7	
4. Jonah Spahr	92	19:03.6	
5. James Pixley	98	19:11.5	PB
6. Andrew Clementson	99	19:13.9	
7. Nick Stolp	124	19:49.1	PB
8. Ethan Leibel	146 -10th	21:02.1	
9. Elijah Johnson	219 jv	21:11.0	
10. Sasha Whim	245 jv	21:23.3	PB
11. Aaron Brown	301 jv	21:58.8	BTY
12. Dylan Gamec-B.	362 jv	22:33.9	
13. Remington Steele	244 -9th	22:35.8	
14. Ryan Blake	242 -10th	22:57.8	PB
15. Nathan Kleppe	272 -9th	23:23.6	
16. Jared Montague	496 jv	24:13.5	
17. Max Graves	307 -9th	24:21.3	
18. Joseph Root	337 -9th	25:36.9	

#1 runner: Isaac Overmyer - Park Rapids - 16:14.5

## JUNIOR HIGH BOYS:

3200 m - 302 7th-grade & 397 8th-grade runners

	place	time	
1. Nate Webster	66 -7th	13:21.8	PB
2. Austin Eckert	102 -7th	13:59.0	
3. TJ Rank	205 -8th	14:03.1	PB
4. Josh Rike	173 -7th	14:55.4	
5. Noah Miller	177 -7th	14:58.4	PB
6. Jake Adams	282 -8th	15:02.6	
7. Dylan Schneider	197 -7th	15:26.4	PB
8. Derek Clementson	279 -7th	18:01.6	PB

#1 7th-grade runner: Zach Nemeth - Sartell - 11:15.4

#1 8th-grade runner: Isaac Basten - Buffalo - 10:58.7

## Top 5 Ave

17:27.3 (#23tie All-Time)

\*Varsity team started late

#4 Mega Meet (G.C.)

#8 Mega Meet (G.C.)

## GIRLS' TEAM RESULTS:

1. Lqpv-Db	71
2. Fairmont	95
3. Perham	119
4. Minnehaha Academy	143
5. Canby-Minneota/Linc	153
6. Martin County West	172
7. Shanley-Oak Grove	189
8. Holy Family Catholic	207
9. St. Cloud Cathedral	253*
10. Montevideo	253*
11. Pine City	280
12. Esko	300
13. Mora	319
14. Greenway/Nashwk-K	334
15. Moose Lk/Willow Riv	358
16. Jordan	396
17. East Grand Forks	411
18. Cook Cty / Two Harb	442
9 Incomplete Teams	

## BOYS' TEAM RESULTS:

1. Martin County West	83
2. Perham	112
3. St. Cloud Cathedral	136
4. Canby-Minneota/Linc	140
5. Holy Family Catholic	150
6. West Central	218
7. Proctor	221
8. Montivideo	223
9. Mora	227
10. Jordan	228
11. Pine City	304
12. Rockford	306
13. Esko	358
14. Lqpv-Db	374
15. Moose Lk/Willow Riv	431
16. Fairmont	442
17. Virginia	447
18. Foley	463
19. Cook Cty / Two Harb	472
20. Melrose	511
21. New London-Spicer	522
22. Greenway/Nashwk-K	525
23. St. Mary's Sleepy Eye	639
24. Watertown-Mayer	686
7 incomplete teams	

## JV Boys' Results:

42. Pine City	1181
51 complete teams	

## JH Team Results:

18. Pine City	424
21 complete teams	

# St. John's Prep Invitational Cross Country Meet

Thursday, September 25, 2014

warm and overcast

## PINE CITY GIRLS' RESULTS:

4000 m - 83 varsity & 34 JV runners

	<u>place</u>	<u>time</u>
1. Grace Langmade	24	18:17.9
2. Karly Irlbeck	27	18:45.4
3. Summer Rockstroh	30	18:57.6
4. Nicole Peters	31	18:59.1
5. Jill Tomczyk	46	19:44.2
6. Janae Johnson	80	21:22.8

#1 runner: Sommer Carlson - Maple Lake - 15:40.1

## JUNIOR HIGH GIRLS:

3200 m - 48 runners

	<u>place</u>	<u>time</u>
1. Grace Grubbs	4	17:37.8
2. Alexis Thieman	6	17:42.5
3. Kaylee Prihoda	13	18:22.2
4. Aaleaha Thieman	14	18:31.0
5. Jenica Hancock	19	19:01.4
6. Sarah Bombard	20	19:05.9

#1 runner: Olivia Olson - Braham - 17:01.3

## PINE CITY BOYS' RESULTS:

5000 m - 83 varsity & 61 JV runners

	<u>place</u>	<u>time</u>	
1. Easton Foss	4	18:02.8	
2. Noah Adams	10	18:44.3	
3. Eli Gubbs	26	20:03.3	
4. Nick Stolp	28	20:11.2	
5. Jonah Spahr	29	20:13.9	
6. Sasha Whim	34	20:33.9	PB
7. Danny Pitzen	44	21:08.2	BTY
8. Remington Steele	49 / 3jv	21:20.6	
9. Sam Saunders	83 / 17jv	23:15.1	
10. Austin Cavallin	93 / 25jv	23:58.8	
11. Nathan Kleppe	100 / 29jv	24:17.7	
12. Casey Foster	104 / 31jv	24:25.3	
13. Ryan Blake	110 / 36jv	24:58.2	
14. Joseph Root	138 / 57jv	29:58.8	

#1 runner: Cory Rouw - St. Cloud Tech - 17:07.1

## JUNIOR HIGH BOYS:

3200 m - 80 runners

	<u>place</u>	<u>time</u>
1. TJ Rank	14	15:47.8
2. Nate Webster	17	16:00.1
3. Austin Eckert	20	16:11.3
4. Jake Adams	26	16:34.3
5. Dylan Schneider	33	17:03.6
6. Noah Miller	43	18:07.9
7. Josh Rike	47	18:35.9
8. Matthew Long	48	18:45.8
9. Derek Clementson	59	20:31.7
10. Justin Stolp	70	21:22.8
11. Trent Raudabaugh	71	21:39.0

#1 runner: Anders Prater - Hinckley-Finlayson - 14:05.0

Top 5 Ave

18:56.9

## GIRLS' TEAM RESULTS:

1. St. Cloud Tech	32
2. Maple Lake	62
3. St. Cloud Apollo	104
4. Osakis	132
5. Pine City	139
6. Watertown-Mayer	146
7. Mille Lacs	182
8. Royalton	192
9. Saint John's Prep	208
10. Albany	246
11. Rush City	269
3 Incomplete Teams	

## JH Girls' Results:

1. Pine City	28
2. Albany	64
3. Mille Lacs	71
4. Royalton	93
5. Rush City	99

8 Incomplete Teams

## BOYS' TEAM RESULTS:

1. Royalton	42
2. St. Cloud Tech	52
3. Maple Lake	78
4. Pine City	97
5. Braham	131
6. St. Cloud Apollo	167
7. Rush City	216
8. Saint John's Prep	226
9. Albany	233
10. CHOF	263
11. Watertown-Mayer	275
2 Incomplete Teams	

## JV Boys' Results:

4. Pine City	88
9 total teams	

## JH Team Results:

4. Pine City	88
14 total teams	

# Becker Invitational Cross Country Meet

Tuesday, September 30, 2014

mild and partly cloudy

## PINE CITY GIRLS' RESULTS:

4000 m - 58 varsity & 67 JV runners

	place	time	
1. Marin Foss	5	16:16.0	PB #2 Beck & #10tie All-Time
2. Allison Gusk	11	16:53.3	#7tie Becker
3. Grace Langmade	32	17:43.2	
4. Ashli Webster	37	17:51.9	
5. Summer Rockstroh	8jv	18:06.0	PB
6. Jackie Westernen	40	18:08.5	BTY
7. Nicole Peters	41	18:11.5	
8. Jill Tomczyk	10jv	18:17.8	PB
9. Grace Grubbs	14jv	18:26.3	
10. Karly Irlbeck	47	18:27.5	
11. Alexis Thieman	21jv	18:44.8	BTY
12. Alaina Steele	26jv	19:25.6	
13. Aaleaha Thieman	28jv	19:32.9	
14. Janae Johnson	40jv	20:12.9	
15. Sarah Bombard	41jv	20:17.1	

#1 runner: Rhianna Rinke - North Branch - 15:07.8

## JUNIOR HIGH GIRLS:

3200 m - 54 runners

	place	time
1. Kaylee Prihoda	7	15:11.9
2. Jenica Hancock	12	15:36.3

#1 runner: Jerica Ploeger - Milaca - 14:00.0

## PINE CITY BOYS' RESULTS:

5000 m - 48 varsity & 79 JV runners

	place	time	
1. Easton Foss	7	17:51.1	
2. Noah Adams	20	19:00.7	
3. Eli Grubbs	21	19:06.0	
4. Jonah Spahr	24	19:13.4	
5. Andrew Clementson	28	19:26.7	
6. James Pixley	31	19:33.2	
7. Danny Pitzen	17jv	20:32.7	PB
8. Remington Steele	19jv	20:38.2	PB
9. Sasha Whim	26jv	20:57.4	
10. Nick Stolp	46	21:05.3	
11. Ethan Leibel	28jv	21:13.2	
12. Elijah Johnson	29jv	21:13.9	
13. TJ Rank	39jv	21:59.1	PB
14. Nate Webster	40jv	22:03.8	
15. Austin Cavallin	42jv	22:05.9	BTY
16. Sam Saunders	51jv	22:41.7	
17. Max Graves	55jv	23:03.8	
18. Nathan Kleppe	56jv	23:06.5	
19. Ryan Blake	57jv	23:11.9	
20. Jake Adams	60jv	23:32.4	
21. Jared Montague	61jv	23:48.9	
22. Casey Foster	65jv	24:35.9	
23. Joseph Root	74jv	26:12.7	

#1 runner: Nathaniel Souther - Big Lake - 16:38.1

## JUNIOR HIGH BOYS:

3200 m - 58 runners

	place	time	
1. Austin Eckert	12	13:28.7	PB
2. Noah Miller	30	14:48.2	PB
3. Dylan Schneider	35	15:10.2	PB
4. Josh Rike	37	15:16.5	
5. Matthew Long	44	15:56.6	PB
6. Justin Stolp	47	16:52.2	PB
7. Jacob Merrick	49	17:00.0	PB
8. Trent Raughdabaugh	51	17:22.8	PB
9. Derek Clementson	56	18:21.9	

#1 runner: Nathan Williams - Mora - 12:20.1

Top 5 Ave  
17:22.1 (#17tie All-Time)

## GIRLS' TEAM RESULTS:

1. Becker	77
2. Princeton	99
3. Big Lake	108
4. St. Cloud Cathedral	111
5. Mora	114
6. North Branch	124
7. Pine City	126
8. Zimmerman	165
9. Milaca	193

## JV Girls' Results:

1. Monticello	30
2. St. Cloud Cathedral	52
3. Pine City	79
4. Becker	91
5. Mora	119
6. Princeton	137
7. North Branch Zimmerman	192

## JH Girls' Results:

Pine City No Score

## BOYS' TEAM RESULTS:

1. Mora	36
2. Big Lake	69
3. Becker	75
4. Pine City	95
5. Milaca	99
6. North Branch	130
Incomplete Teams Zimmerman Princeton	

## JV Boys' Results:

1. Mora	22
2. Big Lake	60
3. Milaca	70
4. North Branch	110
5. Pine City	113
6. Becker	166
Incomplete Teams Zimmerman Princeton	

## JH Team Results:

1. Big Lake	
2. Monticello	
3. Mora	
4. Milaca	
5. Pine City	
6. Becker	
Incomplete Teams Zimmerman	

# SWAIN Invitational Cross Country Meet

Saturday, October 4, 2014

cold and partly cloudy

## PINE CITY GIRLS' RESULTS:

4000 m - 189 Class A varsity runners

	<u>place</u>	<u>time</u>	
1. Allison Gusk	40	17:52.6	BTC
2. Marin Foss	53	18:09.7	
3. Ashli Webster	82	18:42.5	BTC
4. Nicole Peters	89	18:54.1	
5. Grace Langmade	98	19:04.7	
6. Summer Rockstroh	102	19:10.3	BTC
7. Jackie Westernen	120	19:33.1	
A. Karly Irlbeck			
A. Jill Tomczyk			
A. Grace Grubbs			

#1 runner: Theresa Mueller - Trinity School - 15:47.8

Top 5 Ave 18:32.7
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## GIRLS' TEAM RESULTS:

1. Trinity School	48
2. St. Paul Academy	116
3. Holdingford	167
4. Belle Plaine	191
5. Lake City	199
6. Norwood	212
7. Northwestern	225
8. Esko	263
9. Minnehaha Academy	305
<b>10. Pine City</b>	<b>324</b>
11. Watertown-Mayer	329
12. Plainview-Elgin-Mill.	342
13. Bagley/Fosston	352
14. Holy Family Catholic	379
15. Mesabi East	395
16. Moose Lake - Willow	401
17. Mora	406
18. Proctor	414
19. Glencoe-Silver Lake	434
20. Mountain Lake	484
21. Cook County-Two H.	525
22. Marshall	536
23. Deer River/Northland	554
24. Chetek-Weyerhaeuser	588
25. Foley	706

## PINE CITY BOYS' RESULTS:

5000 m - 189 Class A varsity runners

	<u>place</u>	<u>time</u>	
1. Easton Foss	35	18:10.0	
2. Noah Adams	51	18:24.4	
3. Eli Grubbs	93	19:14.9	BTC
4. Andrew Clementson	96	19:20.0	BTC
5. James Pixley	105	19:31.9	
6. Jonah Spahr	118	19:50.8	BTC
7. Danny Pitzen	154	20:58.4	
A. Sasha Whim			

#1 runner: Ephraim Bird - Minnehaha Academy - 16:26.9

Top 5 Ave 18:56.3
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## BOYS' TEAM RESULTS:

1. Glencoe-Silver Lake	106
2. Holy Family Catholic	106
3. Mora	111
4. Holdingford	152
5. Lake City	177
6. Minnehaha Academy	177
7. Trinity School	206
8. Proctor	270
9. Belle Plaine	272
10. Norwood	326
11. Moose Lake - Willow	347
12. Northwestern	352
13. Mesabi East	357
<b>14. Pine City</b>	<b>363</b>
15. Foley	378
16. Plainview-Elgin-Mill.	390
17. Marshall	404
18. Rockford	407
19. Esko	446
20. Chetek-Weyerhaeuser	479
21. Mountain Lake	528
22. St. Paul Academy	563
23. Rush City	636
24. Watertown-Mayer	644

# Great River Conference Cross Country Meet

Thursday, October 9, 2014

mild and sunny

## PINE CITY GIRLS' RESULTS:

4000 m - 27 varsity & 11 JV runners

	place	time	
1. Marin Foss	2	16:44	#10 GRC
2. Allison Gusk	5	17:22	
3. Ashli Webster	6	17:28	
4. Grace Langmade	7	17:44	
5. Nicole Peters	8	17:54	PBtie
6. Karly Irlbeck	1jv	18:04	PB
7. Jackie Westeren	10	18:07	BTY
8. Jill Tomczyk	2jv	18:14	PB
9. Grace Grubbs	3jv	18:20	PB
10. Summer Rockstroh	16	18:36	
11. Kaylee Prihoda	4jv	18:49	BTY
12. Janae Johnson	5jv	19:45	PB
13. Jenica Hancock	6jv	20:01	PB

Top 5 Ave  
17:26.4 (#7 GRC & #23 All-Time)

## GIRLS' TEAM RESULTS:

1. Pine City	20
2. Rush City	51
3. Mille Lacs	63
<u>Incomplete Teams</u>	
Braham	
East Central	
Hinckley-Finlayson	

**JV Girls' Results:**

1. Pine City	15
<u>Incomplete Teams</u>	
Rush City	
Braham	

#1 runner: Elena Herberg - Rush City - 16:07

#1 JV runner: Karly Irlbeck - Pine City - 18:04

## JUNIOR HIGH GIRLS:

3000 m - 18 runners

	place	time	
1. Alaina Steele	1	12:57	
2. Aaleaha Thieman	4	13:36	PB
3. Sarah Bombard	8	14:39	PB

#1 runner: Alaina Steele - Pine City - 12:57

## JH Girls' Results:

1. Mille Lacs	11
2. Pine City	11
3. Rush City	26

## PINE CITY BOYS' RESULTS:

5000 m - 22 varsity & 25 JV runners

	place	time	
1. Easton Foss	1	17:53	
2. Noah Adams	2	18:24	
3. Eli Grubbs	5	18:46	PB
4. Jonah Spahr	6	18:47	BTY
5. James Pixley	7	18:48	PB
6. Andrew Clementson	11	19:11	BTY
7. Nick Stolp	14	19:31	PB
8. Danny Pitzen	2jv	20:06	PB
9. Ethan Leibel	3jv	20:17	PB
10. Sasha Whim	5jv	20:29	PB
11. Elijah Johnson	6jv	20:33	BTY
12. Dylan Gamec-B.	7jv	21:08	BTY
13. Remington Steele	9jv	21:21	
14. Sam Saunders	10jv	21:36	BTY
15. Austin Cavallin	12jv	22:38	
16. Ryan Blake	13jv	22:38	PB
17. Max Graves	15jv	22:48	
18. Nathan Kleppe	16jv	22:55	
19. Jared Montague	17jv	23:13	BTY
20. Casey Foster	18jv	24:20	
21. Joseph Root	21jv	25:05	PB

Top 5 Ave  
18:31.6 (#9 GRC)

## BOYS' TEAM RESULTS:

1. Pine City	21
2. Braham	48
3. Rush City	62
<u>Incomplete Teams</u>	
East Central	

#1 runner: Easton Foss - Pine City - 17:53

## JUNIOR HIGH BOYS:

3000 m - 28 runners

	place	time	
1. Austin Eckert	3	12:11	PB
2. Nate Webster	5	12:20	PB
3. Noah Miller	6	12:34	PB
4. Jake Adams	7	12:35	PB
5. TJ Rank	10	12:56	PB
6. Josh Rike	12	13:02	
7. Dylan Schneider	13	13:07	PB
8. Derek Clementson	20	14:22	PB
9. Matthew Long	22	14:30	PB
10. Justin Stolp	24	15:21	PB
11. Trent Raughdabaugh	25	15:37	PB
12. Jacob Merrick		DNF	

#1 runner: Anders Prater - Hinckley-Finlayson - 12:00

## JV Boys' Results:

1. Pine City	23
2. Braham	46
3. Rush City	65

## JH Team Results:

1. Pine City	14
2. Rush City	17
3. Hinckley-Finlayson	19

# Proctor Invitational Cross Country Meet

Tuesday, October 14, 2014

mild and sunny

## PINE CITY GIRLS' RESULTS:

4000 m - 74 A varsity & 47 JV A runners

Top 5 Ave
18:27.6 *JV

	place	time	
1. Karly Irlbeck	1jv	17:43.9	PB
2. Alaina Steele	2jv	18:10.1	
3. Grace Grubbs	3jv	18:30.2	
4. Summer Rockstroh	5jv	18:36.4	
5. Jill Tomczyk	8jv	19:07.8	
6. Kaylee Pihoda	10jv	19:26.0	
7. Jenica Hancock	21jv	20:14.5	
8. Janae Johnson	22jv	20:27.9	
9. Sarah Bombard	23jv	20:31.4	

#1 A runner: Kailee Kiminski - Esko - 15:30.1

#1 JV runner: Karly Irlbeck - Pine City - 17:43.9

## GIRLS' TEAM RESULTS:

Pine City No Score

### JV Girls' Results:

1. Pine City	16
2. Moose Lake/Willow	63
3. Esko	74
4. Cook County-Two H.	87

## PINE CITY BOYS' RESULTS:

5000 m - 64 A varsity & 61 JV A runners

Top 5 Ave
19:05.2

	place	time	
1. Easton Foss	3	17:30.8	
2. Andrew Clementson	13	18:33.5	PB
3. Eli Grubbs	21	19:03.2	
4. Danny Pitzten	41	20:05.1	PB
5. Nick Stolp	46	20:12.7	
6. Ethan Leibel	15jv	20:31.4	
7. Austin Cavallin	19jv	20:49.8	PB
8. Sasha Whim	20jv	20:50.8	
9. Remington Steele	25jv	21:28.0	
10. Sam Saunders	29jv	22:05.0	
11. TJ Rank	31jv	22:10.3	
12. Aaron Brown	36jv	22:18.6	
13. Nathan Kleppe	39jv	22:38.0	BTY
14. Max Graves	40jv	22:39.6	
15. Ryan Blake	41jv	22:41.0	
16. Jared Montague	45jv	23:23.7	
17. Joseph Root	51jv	23:50.4	PB
18. Casey Foster	58jv	24:53.9	

#1 A runner: Pentti Hanlon - Marshall - 17:06.5

## BOYS' TEAM RESULTS:

1. Proctor	31
2. Esko	81
3. Marshall	94
4. Moose Lake/Willow	103
5. Pine City	111
6. Staples Motley	133
7. Rush City	163
8. Cook County-Two H.	192

### JV Boys' Results:

1. Esko	33
2. Moose Lake/Willow	75
3. Proctor	76
4. Cromwell-Floodwood	92
5. Pine City	109
6. Marshall	139
7. Cook County-Two H.	190

## JUNIOR HIGH BOYS:

2400 m - 100 runners

	place	time
1. Austin Eckert	15	9:35.8
2. Noah Miller	31	9:56.9
3. Josh Rike	41	10:20.1
4. Dylan Schneider	50	10:39.9
5. Matthew Long	68	11:32.5
6. Derek Clementson	70	11:44.3
7. Justin Stolp	78	12:12.4
8. Jacob Merrick	82	12:18.7
9. Trent Raughdabaugh	86	12:33.6

#1 runner: Pen Sullivan (9th) - Braham - 8:35.1

### JH Team Results:

1. Lakeview Christian	47
2. Crosby-Ironton	51
3. Rush City	93
4. South Ridge	100
5. Esko	129
6. Pine City	158
7. Hinckley-Finlayson	169
8. Proctor	200

# Section 5A Cross Country Meet

## @ Milaca

Thursday, October 23, 2014

mild and sunny

### PINE CITY GIRLS' RESULTS:

4000 m - 124 varsity runners

	place	time	
1. Marin Foss	12	16:13.2	PB (#9tie All-time & #6 Sec)
**** QUALIFIES FOR STATE ****			
2. Allison Gusk	14	16:14.8	PB (#11 All-Time & #7 Sec)
3. Ashli Webster	32	16:55.7	BTY
4. Grace Langmade	49	17:29.7	PB
5. Jackie Westernen	62	17:48.8	BTY
6. Karly Irlbeck	78	18:20.6	
7. Nicole Peters	95	19:08.7	

Alt. Summer Rockstroh

Alt. Jill Tomczyk

Alt. Alaina Steele

Alt. Grace Grubbs

### Individual State Meet Qualifiers:

1. Elizabeth Schlafke (11)	Annandale	15:15.1
2. Brook Wedin (10)	Mora	15:21.7
3. Jessica Scheer (9)	Annandale	15:24.2
4. Sommer Carlson (11)	Maple Lake	15:29.5
5. Judy Larson (9)	Norwood-Young Am	15:32.6
6. Emily Kasper (9)	Annandale	15:37.0
7. Elena Herberg (8)	Rush City	15:51.7
8. Maddie Kelly (7)	Providence	15:58.6
9. Hannah Groth (11)	Annandale	16:06.8
10. Halle Geyen (10)	Maple Lake	16:08.9
11. Abbie Schnabel (12)	Norwood-Young Am	16:11.7
<b>12. Marin Foss (9)</b>	<b>Pine City</b>	<b>16:13.2</b>
13. Alex Ploeger (12)	Milaca	16:14.3

### PINE CITY BOYS' RESULTS:

5000 m - 134 varsity runners

	place	time	
1. Easton Foss	10	17:13.1	BTY (#10 Section)
**** QUALIFIES FOR STATE ****			
2. Andrew Clementson	37	18:15.1	PB
3. James Pixley	45	18:40.5	PB
4. Eli Grubbs	53	18:52.1	
5. Jonah Spahr	58	18:57.9	
6. Nick Stolp	91	19:54.6	
7. Noah Adams	DNF		

Alt. Danny Pitzen

Alt. Ethan Leibel

Alt. Sasha Whim

Alt. Remington Steele

### Individual State Meet Qualifiers:

1. Connor Schank (11)	Howard Lake	16:16.4
2. Jac Chelman (12)	Glencoe-Silver Lake	16:23.1
3. Noah Moravec (11)	Mora	16:26.4
4. Jon Hall (9)	Milaca	16:27.2
5. Alec Sanbeck (10)	Mora	16:50.3
6. Michael Schwinghamer (10)	Mora	16:54.9
7. Brandon Richter (12)	Glencoe-Silver Lake	17:00.3
8. Isiah Herout (12)	Glencoe-Silver Lake	17:02.9
9. John Schwinghamer (10)	Mora	17:12.6
<b>10. Easton Foss (12)</b>	<b>Pine City</b>	<b>17:13.1</b>
11. Cole Oslin (11)	Mora	17:13.8
12. Alex Wischnack (12)	Norwood-Young Am	17:13.9
13. Austin Schroepfer (10)	Glencoe-Silver Lake	17:16.9
14. Jamie Kasper (11)	Annandale	17:17.3
15. Andrew Schonnesen (12)	Maple Lake	17:25.5
16. Brandon Tschida (12)	Foley	17:30.1
17. Michael Schaefer (11)	Glencoe-Silver Lake	17:32.2
18. Zach Boos (11)	Annandale	17:32.5

Top 5 Ave 16:56.4 (#4 All-Time) (#4 Section)
--

### GIRLS' TEAM RESULTS:

1. Annandale	36
2. Mora	106
3. Norwood-Young America	111
4. Providence Academy	119
5. Spectrum-Legacy	146
<b>6. Pine City</b>	<b>162</b>
7. Maple Lake	182
8. Milaca	186
9. Glencoe-Silver Lake	249
10. Watertown-Mayer	269
11. Howard Lake-Waverly-Winsted	301
12. Rush City	319
13. Rockford	332
14. Mille Lacs	393
15. Foley	402
16. Braham	432
17. Mayer-Lutheran/LPWHT	455
Hinckley-Finlayson	Inc
Heritage Christian Academy	Inc
Maranatha Christian Academy	Inc
East Central	Inc
New Century Academy	Inc
North Lakes Academy	Inc

### BOYS' TEAM RESULTS:

1. Mora	34
2. Glencoe-Silver Lake	47
3. Annandale	121
4. Maple Lake	126
5. Norwood-Young America	197
<b>6. Pine City</b>	<b>203</b>
7. Milaca	242
8. Foley	250
9. Braham	250
10. Rockford	254
11. Howard Lake-Wav/Win	263
12. Spectrum-Legacy	284
13. Heritage Christian Academy	339
14. Rush City	349
15. Providence Academy	361
16. Watertown-Mayer	460
17. Mayer-Lutheran/LPWHT	463
18. North Lakes Academy	528
East Central	Inc
Maranatha Christian Academy	Inc
Hinckley-Finlayson	Inc
New Century Academy	Inc

**STATE CROSS COUNTRY MEET**  
**at St. Olaf College in Northfield**  
**Saturday, November 1, 2013**  
**cold and sunny; 30 degrees**

**PINE CITY GIRLS' RESULTS:**

5000 m - 171 runners

	<u>place</u>	<u>time</u>
<b>Marin Foss</b>	<b>123</b>	<b>16:49.6</b>

1600m Split - 6:27

3200m Split - 13:46 (7:19)

**Top 10 Finishers:**

1 Emily Donnay	Eden Valley-Watkins/Kim	14:27.5
2 Madi Schandelmeier	Luverne	14:49.0
3 Anna Donnay	Eden Valley-Watkins/Kim	14:57.5
4 Janessa Meuleners	Belle Plaine	14:58.1
5 Mary Naas	St. Paul Academy	14:59.6
6 Kayla Huhnerkock	Redwood Valley	15:00.9
7 Beth Stevermer	United South Central	15:01.5
8 Theresa Mueller	Trinity School	15:05.1
9 Elizabeth Schlafke	Annandale	15:09.1
10 Alaysia Freetly	Lac Qui Parle Vall/Daw-B	15:11.7

**GIRLS' "A" TEAM RESULTS:**

1 Trinity School	55
2 Annandale	87
3 Fairmont	117
4 Waseca	125
5 Lac Qui Parle Vall/Daw-B	137
6 Perham	181
7 St. Paul Academy	196
8 Holdingford	229
9 Mora	254
10 St. Cloud Cathedral	273
11 Dover-Eyota	281
12 Rochester Lourdes	282
13 Park Rapids Area	294
14 Redwood Valley	304
15 Crosby-Ironton	304
16 South Ridge	367

**Area/Section runners:**

9 Elizabeth Schlafke (11)	Annandale	15:09.1
12 Emily Kasper (9)	Annandale	15:15.5
16 Jessica Scheer (9)	Annandale	15:21.5
31 Brook Wedin (10)	Mora	15:39.2
40 Sommer Carlson (11)	Maple Lake	15:45.8
46 Judy Larson (9)	Norwood-Young Am	15:48.3
55 Madi Marohn (9)	Annandale	15:53.6
72 Maddie Kelly (7)	Providence	16:00.4
81 Elena Herberg (8)	Rush City	16:09.3
85 Hannah Groth (11)	Annandale	16:14.0
94 Halle Geyen (10)	Maple Lake	16:19.0
96 Sadie Peterson (11)	Mora	16:19.9
98 Madeline Dopp (12)	Mora	16:29.8
105 Rachel Anderson (8)	Mora	16:36.6
114 Abbie Schnabel (12)	Norwood-Young Am	16:41.0
<b>123 Marin Foss (9)</b>	<b>Pine City</b>	<b>16:49.6</b>
128 Gabrielle Ward (11)	Annandale	16:53.5
131 Alex Ploeger (12)	Milaca	17:01.8
144 Briana Canesi (9)	Annandale	17:23.5
149 Hailey Thielen (9)	Mora	17:34.3
152 Sarah Crider (12)	Mora	17:37.5
159 Mikaela O'Bert (10)	Mora	17:54.8



**STATE CROSS COUNTRY MEET**  
**at St. Olaf College in Northfield**  
**Saturday, November 1, 2013**  
**cold and sunny; 30 degrees**

**PINE CITY BOYS' RESULTS:**

5000 m - 176 runners

	<u>place</u>	<u>time</u>
<b>Easton Foss</b>	<b>44</b>	<b>17:00.1</b>

1600m Split - 5:14

3200m Split - 10:40 (5:26)

**Top 10 Finishers:**

1 Shane Steich (12)	Waseca	15:46.4
2 Isaac Overmyer (12)	Park Rapids Area	16:00.4
3 Billy Beseman (12)	Perham	16:04.1
4 Connor Shank (12)	Howard Lake-Wav/Win	16:07.1
5 Ephraim Bird (12)	Minnehaha Academy	16:11.2
6 Zachary Carlson (12)	Royalton	16:11.4
7 Zack Emery (10)	La Crescent	16:11.8
8 Ben Burgett (12)	Community Christian	16:12.7
9 Jonah Mayo (12)	Martin County West	16:12.9
10 Jac Chelman (12)	Glencoe-Silver Lake	16:12.9

**BOYS' "A" TEAM RESULTS:**

1 Mora	104
2 Martin County West	108
3 Glencoe-Silver Lake	117
4 Perham	160
5 Holy Family Catholic	170
6 Waseca	181
7 St. Cloud Cathedral	206
8 Holdingford	210
9 Canby-Minneota	210
10 Lake City	252
11 Proctor	254
12 Minnehaha Academy	256
13 Montevideo	289
14 La Crescent	294
15 Eveleth-Gilbert	331
16 Hawley/Ulen-Hitterdal	392

**Area/Section runners:**

4 Connor Schank (11)	Howard Lake	16:07.1
10 Jac Chelman (12)	Glencoe-Silv	16:12.9
11 Jon Hall (9)	Milaca	16:17.3
18 Noah Moravec (11)	Mora	16:29.8
30 Brandon Richter (12)	Glencoe-Silv	16:46.9
31 Michael Schwingamer (10)	Mora	16:47.5
43 Alec Sanbeck (10)	Mora	16:59.7
<b>44 Easton Foss (12)</b>	<b>Pine City</b>	<b>17:00.1</b>
45 John Schwingamer (10)	Mora	17:02.5
48 Jamie Kasper (11)	Annandale	17:04.3
55 Andrew Schonnesen (12)	Maple Lake	17:07.7
58 Garrett Ober (12)	Glencoe-Silv	17:08.1
65 Michael Schaepfer (11)	Glencoe-Silv	17:11.6
67 Cole Oslin (11)	Mora	17:12.0
73 Isiah Herout (12)	Glencoe-Silv	17:19.3
74 Zach Boos (11)	Annandale	17:19.9
77 Austin Schroepfer (10)	Glencoe-Silv	17:21.5
81 Alex Wischnack (12)	Norwood-Yo	17:22.5
83 Garret Ardolf (12)	Glencoe-Silv	17:23.1
122 Brandon Tschida (12)	Foley	17:43.2
135 Zach Garza (9)	Mora	17:55.2
140 Jared Greenberg (10)	Mora	17:59.6

## CROSS COUNTRY HISTORY - GIRLS' MEET TIMES 2014

Name	Gr	Year	Mil/Mora/Grant	Pine City	N. Branch	Pierz	Milaca Mega	St. John's	Becker	Swain	Conference	Prin/Camb/Proc	Section	State	PB	Average
Jackie Westernen	12	2014	Gr. 26:15 (5k)	18:24 (4k)	18:22 (4k)	18:27 (4k)	18:13 (4k)		18:09 (4k)	19:33 (4k)	PC-18:07 (4k)	DNR	Milaca - 17:49		17:49	18:23
	11	2013	Mora 19:00 (4k)	19:43 (4k)	18:54 (4k)	18:37 (4k)	18:41 (4k)		DNR	Alt.	PC-18:37 (4k)	DNR	Milaca - 17:50		17:50	18:46
	10	2012	20:29.5 (4k)	19:37 (4k)	20:27 (4k)	19:52 (4k)			19:44 (4k)		PC-19:11 (4k)	20:10 (4k)	Pierz - 18:29		18:29	19:48
	9	2011	DNR	20:29 (4k)	19:52 (4k)	19:27 (4k)	19:17 (4k)		18:42 (4k)		PC-18:06 (4k)	18:24 (4k)	Pierz - 17:40		17:40	19:00
	8	2010	14:02 (2.9 k)	9:11 (2k)	9:18 (2k)	15:17 (3.2k)	14:49 (3.2k)		19:07 (4k)		PC-18:41 (4k)	18:03 (4k)	Pierz - 18:10		18:03	18:30
	7	2009	9:41 (2k)	10:12 (2k)	10:12 (2k)	16:34 (3.2k)	15:45 (3.2k)				PC-9:32 (2k)	20:49 (4k)			9:32 (2k)	9:54 (2k)
Allison Gusk	11	2014	Gr. 23:43 (5k)	17:29 (4k)	17:23 (4k)	16:49 (4k)	16:58 (4k)		16:53 (4k)	17:52 (4k)	PC-17:22 (4k)	DNR	Milaca - 16:15		16:15	17:08
	10	2013	Mora 17:47 (4k)	17:47 (4k)	17:47 (4k)	17:39 (4k)	17:21 (4k)		DNR	18:21 (4k)	PC-17:44 (4k)	17:50 (4k)	Milaca - 16:53		16:53	17:41
	9	2012	18:21.9 (4k)	17:46 (4k)	18:07 (4k)	17:33 (4k)	17:38 (4k)		17:56 (4k)		PC-17:40 (4k)	18:04 (4k)	Pierz - 17:12		17:12	17:48
	8	2011	mora 19:17	21:14 (4k)	18:34 (4k)	19:32 (4k)	14:45 (3.2k)		18:59 (4k)		PC-18:20 (4k)	18:32 (4k)	Pierz - 18:20		18:20	19:12
	7	2010	13:43 (2.9 k)	8:44 (2k)	8:48 (2k)		14:31 (3.2k)		19:25 (4k)		PC-18:57 (4k)	18:38 (4k)	Pierz - 18:15		18:15	18:49
Jordan Kotek	11	2014	Gr. 26:59 (5k)	19:48 (4k)											19:48	19:48
	10	2013	Mora 18:12 (4k)	17:49 (4k)	17:50 (4k)	18:13 (4k)	17:18 (4k)		17:10 (4k)	17:48 (4k)	PC-17:13 (4k)	17:41 (4k)	Milaca - 16:31		16:31	17:35
	9	2012	18:34.3 (4k)	DNF	18:26 (4k)	17:33 (4k)	17:01 (4k)		17:24 (4k)		PC-16:33 (4k)	17:31 (4k)	Pierz - 16:31		16:31	17:26
	8	2011	mora 19:32	20:23 (4k)	18:17 (4k)	19:07 (5k)	13:44 (3.2k)		18:58 (4k)		PC-17:21 (4k)	17:47 (4k)	Pierz - 16:59		16:59	18:33
	7	2010		8:11 (2k)	8:25 (2k)	13:57 (3.2k)	13:27 (3.2k)		18:30 (4k)		PC-17:46 (4k)	17:21 (4k)	Pierz - 16:56		16:56	17:38
Marin Foss	9	2014	Gr. 22:58 (5k)	16:56 (4k)	16:47 (4k)	16:29 (4k)	16:41 (4k)		16:16 (4k)	18:10 (4k)	PC-16:44 (4k)	DNR	Milaca - 16:13	16:49.6	16:13	16:47
Janae Johnson	9	2014	Gr. 28:43 (5k)	21:14 (4k)	20:46 (4k)	20:22 (4k)	20:03 (4k)	21:23 (4k)	20:13 (4k)		PC-19:45 (4k)	20:28 (4k)			19:45	20:32
	8	2013	Mora 9:19 (2k)	9:46 (2k)	9:35 (2k)	16:07 (3.2k)	16:21 (3.2k)		15:42 (3.2k)		PC-14:32 (3k)	21:02 (4k)		15:42 (3.2k)	16:03 (3.2k)	
Grace Langmade	9	2014	Gr. 27:24 (5k)	18:06 (4k)	17:51 (4k)	17:46 (4k)	17:30 (4k)	18:18 (4k)	17:43 (4k)	19:05 (4k)	PC-17:44 (4k)	DNR	Milaca - 17:29		17:29	17:57
Nicole Peters	9	2014	Gr. 26:24 (5k)	19:08 (4k)	18:25 (4k)	20:14 (4k)	17:54 (4k)	18:59 (4k)	18:12 (4k)	18:54 (4k)	PC-17:54 (4k)	DNR	Milaca - 19:09		17:54	18:45
	8	2013	Mora 9:33 (2k)	9:39 (2k)		9:17 (2k)	16:14 (3.2k)		19:28 (4k)		PC-19:49 (4k)	20:25 (4k)			19:28	20:27
	7	2012			10:02 (2k)	18:21 (3.2k)	17:28 (3.2k)		19:10 (3.2k)		PC-16:18 (3k)	16:11 (3k)			17:28 (3.2k)	18:19 (3.2k)
Summer Rockstroh	9	2014	Gr. 25:40 (5k)	19:12 (4k)	19:47 (4k)	19:05 (4k)	18:26 (4k)	18:58 (4k)	18:06 (4k)	19:10 (4k)	PC-18:36 (4k)	18:36 (4k)	Alt.		18:06	18:53
	8	2013	Mora 9:13 (2k)	9:30 (2k)	9:06 (2k)	18:59 (4k)	14:37 (3.2k)		18:27 (4k)	19:32 (4k)	PC-19:12 (4k)	19:19 (4k)	Alt.		18:27	19:06
Jill Tomczyk	9	2014	Gr. 27:37 (5k)	19:13 (4k)	20:52 (4k)	20:18 (4k)	19:07 (4k)	19:44 (4k)	18:18 (4k)	Alt.	PC-18:14 (4k)	19:08 (4k)	Alt.		18:14	19:22
Ashli Webster	9	2014	Gr. 23:46 (5k)	17:55 (4k)	17:15 (4k)	17:35 (4k)	18:26 (4k)		17:52 (4k)	18:43 (4k)	PC-17:28 (4k)	DNR	Milaca - 16:56		16:56	17:46
	8	2013	Mora 18:29 (4k)	18:54 (4k)	18:10 (4k)	18:10 (4k)	13:42 (3.2k)		17:45 (4k)	18:55 (4k)	PC-17:45 (4k)	17:57 (4k)	Milaca - 16:54		16:54	18:07
	7	2012		9:43 (2k)	9:14 (2k)	16:30 (3.2k)	15:49 (3.2k)		16:10 (3.2k)		PC-13:58 (3k)	14:13 (3k)			15:49 (3.2k)	16:09 (3.2k)
Jenica Hancock	8	2014	Gr. 14:20 (2.5k)	9:31 (2k)		16:05 (3.2k)		19:01 (3.2k)	15:36 (3.2k)		PC-20:01 (4k)	20:15 (4k)			15:36 (3.2k)	15:51 (3.2k)
	7	2013			9:49 (2k)	16:38 (3.2k)	16:08 (3.2k)		16:01 (3.2k)		PC-15:53 (3k)	20:48 (4k)			16:01 (3.2k)	16:16 (3.2k)
Karly Irlbeck	8	2014	Gr. 24:59 (5k)	18:40 (4k)	18:26 (4k)	18:09 (4k)	13:54 (3.2k)	18:45 (4k)	18:28 (4k)	Alt.	PC-18:04 (4k)	17:44 (4k)	Milaca - 18:20		17:44	18:20
	7	2013	Mora 9:35 (2k)	9:46 (2k)	9:40 (2k)	15:58 (3.2k)	15:32 (3.2k)		15:27 (3.2k)		PC-13:54 (3k)	19:21 (4k)	E. Alt.		15:27 (3.2k)	15:39 (3.2k)
Kaia Leibel	8	2014	Manager												Manager	
Kaylee Prihoda	8	2014	Gr. 12:49 (2.5k)			15:07 (3.2k)	15:05 (3.2k)	18:22 (3.2k)	15:12 (3.2k)		PC-18:49 (4k)	19:26 (4k)			15:05 (3.2k)	15:08 (3.2k)
	7	2013	Mora 8:54 (2k)	9:30 (2k)	9:08 (2k)	19:36 (4k)	14:57 (3.2k)		18:45 (4k)		PC-19:02 (4k)	19:25 (4k)	Alt.		18:45	19:12
Megan Stransky	8	2014	Manager												Manager	
	7	2013	Mora 10:40 (2k)	10:38 (2k)	10:12 (2k)	17:22 (3.2k)	16:29 (3.2k)		17:51 (3.2k)		PC-15:18 (3k)	12:04 (2.4k)			16:29 (3.2k)	17:14 (3.2k)
Alexis Thieman	8	2014	Gr. 11:48 (2.5k)	19:10 (4k)	19:47 (4k)	14:34 (3.2k)	14:37 (3.2k)	17:43 (3.2k)	18:45 (4k)						14:34 (3.2k)	14:36 (3.2k)
	7	2013	Mora 8:09 (2k)	8:58 (2k)	8:24 (2k)	18:13 (4k)	13:43 (3.2k)		18:15 (4k)	19:25 (4k)	PC-17:50 (4k)	19:04 (4k)	Milaca - 17:28		17:28	18:23
Sarah Bombard	7	2014	Gr. 13:31 (2.5k)	9:42 (2k)	9:43 (2k)	16:03 (3.2k)	16:14 (3.2k)	19:06 (3.2k)	20:17 (4k)		PC-14:39 (3k)	20:31 (4k)			16:03 (3.2k)	16:09 (3.2k)
Grace Grubbs	7	2014	Gr. 11:55 (2.5k)	8:45 (2k)	8:55 (2k)	14:29 (3.2k)	14:31 (3.2k)	17:38 (3.2k)	18:26 (4k)	Alt.	PC-18:20 (4k)	18:30 (4k)	E. Alt.		14:29 (3.2k)	14:30 (3.2k)
Alaina Steele	7	2014	Gr. 11:11 (2.5k)	7:55 (2k)	18:07 (2k)	13:25 (3.2k)	13:39 (3.2k)		19:26 (4k)		PC-12:57 (3k)	18:10 (4k)	E. Alt.		13:25 (3.2k)	13:32 (3.2k)
Aaleaha Thieman	7	2014	Gr. 11:50 (2.5k)	8:46 (2k)	8:53 (2k)	14:49 (3.2k)	14:37 (3.2k)	18:31 (3.2k)	19:33 (4k)		PC-13:36 (3k)				14:37 (3.2k)	14:43 (3.2k)

## CROSS COUNTRY HISTORY - BOYS' MEET TIMES 2014

Name	Gr	Year	Mil/Mora/Grant	Pine City	N Branch	Pierz	Milaca Mega	St. John's	Becker	Swain	Conference	Prin/Camb/Proc	Section	State	PB	Average
Austin Cavallin	12	2014	Gr. 25:47 (5k)		23:06 (5k)	22:30 (5k)		23:59 (5k)	22:06 (5k)		PC-22:38 (5k)	20:50 (5k)			20:50	22:32
	11	2013	Mora 23:34 (5k)	23:57 (5k)	24:07 (5k)	22:25 (5k)	22:00 (5k)		22:47 (5k)		PC-22:33 (5k)	22:59 (5k)			22:00	23:03
Easton Foss	12	2014	Gr. 18:31 (5k)	17:53 (5k)	17:50 (5k)	17:14 (5k)	17:22 (5k)	18:03 (5k)	17:51 (5k)	18:10 (5k)	PC-17:53 (5k)	17:31 (5k)	Milaca - 17:13	17:00.1	17:00	17:38
	11	2013	Mora 18:03 (5k)	18:13 (5k)	17:51 (5k)	17:38 (5k)	17:24 (5k)		17:38 (5k)	17:54 (5k)	PC-17:59 (5k)	18:32 (5k)	Milaca - 17:09	17:21.7	17:09	17:47
	10	2012			20:34 (5k)	19:55 (5k)	19:51 (5k)		19:17 (5k)		PC-18:55 (5k)	19:06 (5k)	Pierz - 18:01		18:01	19:22
Elijah Johnson	12	2014	Gr. 23:03 (5k)	21:33 (5k)	21:10 (5k)	20:50 (5k)	21:11 (5k)		21:14 (5k)		PC-20:33 (5k)				20:33	21:05
	11	2013	Mora 20:50 (5k)	21:31 (5k)	21:07 (5k)	20:54 (5k)	21:04 (5k)				PC-20:27 (5k)	21:43 (5k)			20:27	21:05
	10	2012			23:45 (5k)		DNR	DNR	21:40 (5k)		PC-21:24 (5k)				21:24	22:16
	7	2009	9:08 (2k)	9:34 (2k)	9:42 (2k)	15:48 (3.2k)	16:35 (3.2k)				PC-9:27 (2k)				9:08 (2k)	9:28 (2k)
Jared Montague	12	2014		25:01 (5k)	24:01 (5k)	23:15 (5k)	24:14 (5k)		23:49 (5k)		PC-23:13 (5k)	23:24 (5k)			23:13	23:47
	11	2013		24:54 (5k)	23:03 (5k)	23:31 (5k)	22:59 (5k)		23:24 (5k)		PC-23:28 (5k)	24:16 (5k)			22:59	23:39
	10	2012	27:53.8 (5k)	29:04 (5k)	26:51 (5k)	24:16 (5k)	24:28 (5k)				PC-24:01 (5k)	25:56 (5k)			24:01	26:04
	9	2011	mora 27:24	24:37 (5k)	22:38 (5k)	24:28 (5k)	24:07 (5k)		22:23 (5k)		PC-22:42 (5k)	22:49 (5k)			22:23	23:53
	8	2010	15:33 (2.9k)	9:25 (2k)	9:16 (2k)	16:10 (3.2k)	15:15 (3.2k)		15:15 (3.2k)		PC-8:34 (2k)	13:37 (3k)			8:34 (2k)	9:05 (2k)
	7	2009		10:43 (2k)	11:14 (2k)	17:20 (3.2k)	16:54 (3.2k)				PC-10:32 (2k)	16:06 (3k)			10:32 (2k)	10:50 (2k)
	7	2009														
Tony Pitzen	12	2014													DNR	
	11	2013	Mora 21:11 (5k)	22:17 (5k)	20:42 (5k)	21:49 (5k)	22:00 (5k)								20:42	21:36
	10	2012	23:04.5 (5k)	21:57 (5k)	21:25 (5k)	20:48 (5k)	21:25 (5k)		21:08 (5k)		PC-21:21 (5k)	21:27 (5k)			20:48	21:34
	9	2011	mora 24:26	23:21 (5k)	21:47 (5k)	22:10 (5k)	21:34 (5k)		23:00 (5k)		PC-21:12 (5k)	21:00 (5k)	Pierz - 20:25		20:25	22:06
	8	2010	14:05 (2.9k)	8:49 (2k)	8:46 (2k)	14:46 (3.2k)	14:12 (3.2k)		14:48 (3.2k)		PC-8:17 (2k)	12:51 (3k)			8:17 (2k)	8:37 (2k)
7	2009	9:06 (2k)	8:54 (2k)	9:32 (2k)	15:52 (3.2k)	14:13 (3.2k)				PC-8:48 (2k)	14:13 (3k)			8:48 (2k)	9:05 (2k)	
James Pixley	12	2014	Gr. 21:12 (5k)	19:49 (5k)	19:54 (5k)	19:20 (5k)	19:12 (5k)		19:33 (5k)	19:32 (5k)	PC-18:48 (5k)		DNR	Milaca - 18:41	18:41	19:21
	11	2013		22:22 (5k)	20:41 (5k)	20:12 (5k)	19:59 (5k)			Alt.	PC-20:08 (5k)	21:17 (5k)	Alt.		19:59	20:47
	10	2012			23:52 (5k)		DNR	DNR	DNR		DNR	DNR			23:52	23:52
	8	2010	14:08 (2.9k)	8:56 (2k)	8:30 (2k)	14:36 (3.2k)	14:24 (3.2k)		14:55 (3.2k)		PC-8:17 (2k)	13:24 (3k)			8:17 (2k)	8:34 (2k)
	7	2009	9:06 (2k)	9:03 (2k)	9:20 (2k)	15:37 (3.2k)	14:09 (3.2k)				PC-8:38 (2k)	13:23 (3k)			8:38 (2k)	9:02 (2k)
Jonah Spahr	12	2014	Gr. 21:13 (5k)	19:26 (5k)	19:10 (5k)	18:52 (5k)	19:04 (5k)	20:14 (5k)	19:13 (5k)	19:51 (5k)	PC-18:47 (5k)		DNR	Milaca - 18:58	18:47	19:17
	11	2013	Mora 20:01 (5k)	20:26 (5k)	19:11 (5k)	19:09 (5k)	18:48 (5k)		18:49 (5k)	20:02 (5k)	PC-19:01 (5k)	19:50 (5k)	Milaca - 18:23		18:23	19:22
	10	2012	24:01.2 (5k)	21:06 (5k)	20:47 (5k)	20:52 (5k)	20:39 (5k)		21:20 (5k)		PC-20:02 (5k)	20:31 (5k)			20:02	21:09
	9	2011	mora 24:41	24:19 (5k)	22:05 (5k)		DNR	22:35 (5k)		22:33 (5k)	PC-21:31 (5k)	22:21 (5k)			21:31	22:52
	8	2010	14:32 (2.9k)	8:51 (2k)	8:40 (2k)	14:54 (3.2k)	14:23 (3.2k)		14:58 (3.2k)		PC-8:19 (2k)	13:20 (3k)			8:19 (2k)	8:37 (2k)
7	2009	9:54 (2k)	DNR	10:18 (2k)		DNR	16:46 (3.2k)			PC-9:23 (2k)	15:15 (3k)			9:23 (2k)	9:52 (2k)	
Noah Adams	11	2014	Gr. 19:17 (5k)	18:38 (5k)	18:28 (5k)	18:09 (5k)	17:51 (5k)	18:44 (5k)	19:01 (5k)	18:24 (5k)	PC-18:24 (5k)		DNR	DNF	17:51	18:27
	10	2013	Mora 18:15 (5k)	18:32 (5k)	18:15 (5k)	18:01 (5k)	17:52 (5k)		18:08 (5k)	18:03 (5k)	PC-18:19 (5k)	18:40 (5k)	Milaca - 17:32		17:32	18:10
	9	2012	21:12.0 (5k)	19:33 (5k)	19:12 (5k)	19:13 (5k)	19:08 (5k)		18:47 (5k)		PC-18:18 (5k)	18:37 (5k)	Pierz - 18:00		18:00	19:06
Aaron Brown	11	2014	Gr. 24:08 (5k)	22:51 (5k)	23:30 (5k)	22:06 (5k)	21:59 (5k)					22:19 (5k)			21:59	22:33
	10	2013	Mora 23:24 (5k)	25:13 (5k)	24:17 (5k)	23:09 (5k)	22:36 (5k)		22:23 (5k)		PC-22:43 (5k)	25:13 (5k)			22:23	23:37
	9	2012	23:27.7 (5k)	23:19 (5k)	23:33 (5k)	22:42 (5k)	21:43 (5k)		23:43 (5k)		PC-22:09 (5k)	23:01 (5k)			21:43	22:57
	7	2010		8:55 (2k)	9:20 (2k)	14:35 (3.2k)	14:24 (3.2k)		15:25 (3.2k)		PC-8:44 (2k)	13:55 (3k)			8:44 (2k)	9:00 (2k)
Andrew Clementson	11	2014	Gr. 21:25 (5k)	20:03 (5k)	19:22 (5k)	19:13 (5k)	19:14 (5k)		19:27 (5k)	19:20 (5k)	PC-19:11 (5k)	18:34 (5k)	Milaca - 18:15		18:15	19:11
	10	2013	Mora 23:26 (5k)	21:46 (5k)	20:39 (5k)	19:45 (5k)	21:18 (5k)		20:16 (5k)	20:08 (5k)	PC-20:00 (5k)	20:26 (5k)	Milaca - 18:52		18:52	20:40
	9	2012	25:52.3 (5k)	23:31 (5k)	22:52 (5k)	22:48 (5k)	21:57 (5k)		23:09 (5k)		PC-21:59 (5k)	22:27 (5k)			21:57	23:04
Dylan Gamec-Bromberg	11	2014	Gr. 24:04 (5k)	22:39 (5k)	22:23 (5k)	21:53 (5k)	22:34 (5k)				PC-21:08 (5k)				21:08	22:07
	10	2013	Mora 20:27 (5k)	22:21 (5k)	20:18 (5k)	20:23 (5k)	20:50 (5k)		20:02 (5k)		PC-20:12 (5k)	22:20 (5k)			20:02	21:22

## CROSS COUNTRY HISTORY - BOYS' MEET TIMES 2014

Name	Gr	Year	Mil/Mora/Grant	Pine City	N Branch	Pierz	Milaca Mega	St. John's	Becker	Swain	Conference	Prin/Camb/Proc	Section	State	PB	Average
Beau Hunter	11	2014														DNR
	10	2013	Mora 19:25 (5k)	19:21 (5k)	19:01 (5k)	19:12 (5k)	18:46 (5k)		19:07 (5k)	20:08 (5k)	PC-19:03 (5k)	19:32 (5k)	Milaca - 18:51		18:46	19:09
	9	2012	DNR	DNR	19:21 (5k)	18:36 (5k)	18:47 (5k)		19:47 (5k)		PC-18:55 (5k)	19:36 (5k)	Pierz - 19:00		18:36	19:09
	8	2011					12:49 (3.2k)		21:12 (5k)		PC-19:37 (5k)	19:59 (5k)	Pierz - 19:24		19:24	19:40
Kyle Peters	11	2014	Manager													Manager
	10	2013	Mora 21:16 (5k)	21:20 (5k)	21:11 (5k)	21:39 (5k)	21:08 (5k)		22:11 (5k)		PC-22:51 (5k)	23:23 (5k)			21:08	21:52
	9	2012	23:57.2 (5k)	22:50 (5k)	22:15 (5k)	21:57 (5k)	21:32 (5k)		21:53 (5k)		PC-20:59 (5k)	21:41 (5k)			20:59	22:08
	8	2011	mora 8:31(2k)	8:28 (2k)	8:25 (2k)	14:05 (3.2k)	15:43 (3.2k)		14:39 (3.2k)		PC-12:36 (3k)	10:13 (2.5k)			14:05 (3.2k)	14:49 (3.2k)
	7	2010	23:50 (2.9k)	9:22 (2k)	9:07 (2k)	16:39 (3.2k)	15:45 (3.2k)		16:20 (3.2k)		PC-9:09 (2k)	16:23 (3k)			9:07 (2k)	9:13 (2k)
Danny Pitzen	11	2014		24:06 (5k)	23:27 (5k)	22:24 (5k)		21:08 (5k)	20:33 (5k)	20:58 (5k)	PC-20:06 (5k)	20:05 (5k)	Alt.		20:05	21:36
	10	2013	Mora 21:44 (5k)	24:06 (5k)	20:42 (5k)	22:38 (5k)	21:48 (5k)		20:44 (5k)		PC-20:47 (5k)	22:27 (5k)			20:44	21:52
	9	2012	25:06.3 (5k)	26:14 (5k)	24:15 (5k)	24:23 (5k)	23:50 (5k)				PC-21:49 (5k)	24:56 (5k)			21:49	24:23
	8	2011	mora 8:14(2k)	9:02 (2k)	8:33 (2k)	23:17 (5k)	14:49 (3.2k)		15:50 (3.2k)		PC-12:49 (3k)	10:12 (2.5k)			14:49 (3.2k)	15:19 (3.2k)
	7	2010	12:42 (2.9k)	8:27 (2k)	8:26 (2k)	13:35 (3.2k)	13:21 (3.2k)		13:23 (3.2k)		PC-7:54 (2k)	12:12 (3k)			7:54 (2k)	8:16 (2k)
Victor Rogers	11	2014			32:20 (5k)	31:53 (5k)									31:53	32:07
	10	2013			25:40 (5k)	28:51 (5k)	25:32 (5k)								25:32	26:41
	9	2012				30:00 (5k)					PC-26:00 (5k)	26:11 (5k)			26:00	27:24
	7	2010	23:14 (2.9k)	10:48 (2k)	11:11 (2k)	17:40 (3.2k)			18:11 (3.2k)		PC-9:40 (2k)	16:36 (3k)			9:40 (2k)	10:33 (2k)
Sasha Whim	11	2014			22:05 (5k)	21:31 (5k)	21:23 (5k)	20:34 (5k)	20:57 (5k)	Alt.	PC-20:29 (5k)	20:51 (5k)	E. Alt.		20:29	21:07
Ryan Blake	10	2014	Gr. 27:16 (5k)	23:41 (5k)	23:17 (5k)	24:38 (5k)	22:58 (5k)	24:58 (5k)	23:12 (5k)		PC-22:38 (5k)	22:41 (5k)			22:38	23:30
	9	2013	Mora 28:28 (5k)	26:51 (5k)	25:31 (5k)	26:20 (5k)	24:51 (5k)		24:42 (5k)		PC-25:05 (5k)	25:31 (5k)			24:42	25:55
	8	2012	9:19.4 (2k)	9:44 (2k)	8:51 (2k)	15:28 (3.2k)	15:14 (3.2k)		15:30 (3.2k)		PC-13:48 (3k)	15:50 (3k)			15:14 (3.2k)	15:24 (3.2k)
	7	2011	mora 10:02(2k)	9:51 (2k)	9:50 (2k)	32:22 (5k)	15:59 (3.2k)		18:00 (3.2k)		PC-14:12 (3k)	11:09 (2.5k)			15:59 (3.2k)	17:00 (3.2k)
Eli Grubbs	10	2014	Gr. 20:00 (5k)	19:25 (5k)	19:02 (5k)	19:10 (5k)	19:00 (5k)	20:03 (5k)	19:06 (5k)	19:15 (5k)	PC-18:46 (5k)	19:03 (5k)	Milaca - 18:52		18:46	19:10
	9	2013	Mora 20:19 (5k)	21:33 (5k)	19:36 (5k)	19:22 (5k)	19:49 (5k)		20:22 (5k)	19:55 (5k)	PC-19:59 (5k)	20:00 (5k)	Milaca - 18:47		18:47	20:22
	8	2012	9:19.4 (2k)	9:44 (2k)	8:51 (2k)	15:28 (3.2k)	15:14 (3.2k)		15:30 (3.2k)		PC-13:48 (3k)	15:50 (3k)			15:14 (3.2k)	15:24 (3.2k)
	7	2011	mora 8:05(2k)	8:16 (2k)	7:56 (2k)	13:05 (3.2k)	13:16 (3.2k)		13:30 (3.2k)		PC-11:43 (3k)	9:32 (2.5k)			13:05 (3.2k)	13:17 (3.2k)
Ethan Leibel	10	2014	Gr. 24:01 (5k)	21:50 (5k)	21:19 (5k)	20:59 (5k)	21:02 (5k)		21:13 (5k)		PC-20:17 (5k)	20:31 (5k)	Alt.		20:17	21:02
	9	2013	Mora 22:19 (5k)	22:46 (5k)	22:20 (5k)	21:55 (5k)	21:25 (5k)		21:43 (5k)		PC-20:52 (5k)	21:25 (5k)			20:52	21:51
Sam Saunders	10	2014			22:17 (5k)			23:15 (5k)	22:42 (5k)		PC-21:36 (5k)	22:05 (5k)			21:36	22:23
	9	2013	Mora 23:22 (5k)	24:38 (5k)	22:56 (5k)	22:42 (5k)	21:30 (5k)		22:11 (5k)		PC-20:50 (5k)	22:49 (5k)			20:50	22:37
	8	2012	DNR	DNR	8:07 (2k)	DNR	15:01 (3.2k)		DNR		DNR	DNR			15:01 (3.2k)	15:01 (3.2k)
	7	2011	mora 9:49(2k)	9:03 (2k)	9:11 (2k)	25:50 (5k)	15:47 (3.2k)		17:03 (3.2k)		DNR	11:10 (2.5k)			15:47 (3.2k)	16:25 (3.2k)
Nick Stolp	10	2014	Gr. 22:11 (5k)	21:18 (5k)	20:27 (5k)	20:28 (5k)	19:49 (5k)	20:11 (5k)	21:05 (5k)		PC-19:31 (5k)	20:13 (5k)	Milaca - 19:58		19:31	20:20
	9	2013	Mora 20:59 (5k)	21:23 (5k)	20:17 (5k)	20:35 (5k)	20:39 (5k)		20:27 (5k)		PC-20:25 (5k)	21:18 (5k)	Alt.		20:17	20:45
	8	2012	8:09.3 (2k)	8:23 (2k)	7:46 (2k)	14:48 (3.2k)	14:43 (3.2k)		13:52 (3.2k)		PC-12:40 (3k)	14:43 (3k)			13:52 (3.2k)	14:28 (3.2k)
	7	2011	mora 9:22(2k)	8:49 (2k)	8:49 (2k)	24:54 (5k)	14:52 (3.2k)		14:58 (3.2k)		PC-13:12 (3k)	10:54 (2.5k)			14:52 (3.2k)	14:55 (3.2k)

## CROSS COUNTRY HISTORY - BOYS' MEET TIMES 2014

Name	Gr	Year	Mil/Mora/Grant	Pine City	N Branch	Pierz	Milaca Mega	St. John's	Becker	Swain	Conference	Prin/Camb/Proc	Section	State	PB	Average
Casey Foster	9	2014	Gr. 27:03 (5k)	24:48 (5k)	24:14 (5k)				24:36 (5k)		PC-24:20 (5k)	24:54 (5k)			24:14	24:34
Max Graves	9	2014	Gr. 23:49 (5k)	23:16 (5k)	22:21 (5k)	22:31 (5k)	24:21 (5k)		23:04 (5k)		PC-22:48 (5k)	22:40 (5k)			22:21	23:00
	8	2013	Mora 8:45 (2k)	8:40 (2k)	8:21 (2k)	13:50 (3.2k)	14:15 (3.2k)		13:43 (3.2k)		PC-12:37 (3k)	22:55 (5k)			13:43 (3.2k)	13:56 (3.2k)
	7	2012	9:19.8 (2k)	8:18 (2k)	7:58 (2k)	15:11 (3.2k)	14:05 (3.2k)		14:06 (3.2k)		PC12:44 (3k)	14:44 (3k)			14:05 (3.2k)	14:27 (3.2k)
Nathan Kleppe	9	2014	Gr. 25:28 (5k)	23:26 (5k)	23:00 (5k)	22:53 (5k)	23:24 (5k)	24:18 (5k)	23:07 (5k)		PC-22:55 (5k)	22:38 (5k)			22:38	23:13
	8	2013	Mora 8:10 (2k)	8:09 (2k)	8:18 (2k)	13:27 (3.2k)			22:22 (5k)		PC-12:35 (3k)	22:51 (5k)			13:27 (3.2k)	13:27 (3.2k)
	7	2012	9:14.0 (2k)	9:34 (2k)	8:48 (2k)	16:12 (3.2k)	14:59 (3.2k)		DNR		DNF	DNR			14:59 (3.2k)	15:36 (3.2k)
Joseph Root	9	2014	Gr. 27:35 (5k)	27:26 (5k)	25:06 (5k)	27:01 (5k)	25:27 (5k)	29:59 (5k)	26:13 (5k)		PC-25:05 (5k)	23:50 (5k)			23:50	26:16
	8	2013	Mora 9:15 (5k)	10:27 (2k)	10:11 (2k)	16:47 (3.2k)			17:15 (3.2k)		PC-16:11 (3k)	30:02 (5k)			16:47 (3.2k)	17:01 (3.2k)
	7	2012	10:22.7 (2k)	10:38 (2k)	8:59 (2k)	17:33 (3.2k)	DNR		17:29 (3.2k)		PC-15:15 (3k)				17:29 (3.2k)	17:31 (3.2k)
Remington Steele	9	2014	Gr. 22:37 (5k)	21:53 (5k)	21:28 (5k)	21:15 (5k)	22:36 (5k)	21:21 (5k)	20:38 (5k)		PC-21:21 (5k)	21:28 (5k)	E. Alt.		20:38	21:30
Jake Adams	8	2014	gr. 11:15 (2.5k)	8:19 (2k)	8:34 (2k)	14:18 (3.2k)	15:03 (3.2k)	16:34 (3.2k)	23:34 (5k)		PC-12:35 (3k)	DNR			14:18 (3.2k)	14:40 (3.2k)
	7	2013	Mora 8:38 (2k)	8:42 (2k)	8:25 (2k)	13:39 (3.2k)	13:59 (3.2k)		13:47 (3.2k)		PC-12:42 (3k)	23:20 (5k)			13:39 (3.2k)	13:48 (3.2k)
TJ Rank	8	2014	gr. 11:16 (2.5k)	8:04 (2k)	8:14 (2k)	15:37 (3.2k)	14:03 (3.2k)	15:48 (3.2k)	21:59 (5k)		PC-12:56 (3k)	22:10 (5k)			14:03 (3.2k)	14:50 (3.2k)
	7	2013	Mora 9:02 (2k)	9:01 (2k)	9:13 (2k)	15:14 (3.2k)	15:47 (3.2k)		14:53 (3.2k)		PC-13:49 (3k)	23:42 (5k)			14:53 (3.2k)	15:18 (3.2k)
Justin Stolp	8	2014	gr. 13:47 (2.5k)	10:02 (2k)	10:01 (2k)			21:23 (3.2k)	16:52 (3.2k)		PC-15:21 (3k)	12:12 (2.4k)			16:52 (3.2k)	16:52 (3.2k)
	7	2013	Mora 9:58 (2k)	11:27 (2k)	10:17 (2k)	17:22 (3.2k)	18:07 (3.2k)		19:02 (3.2k)		PC-16:40 (3k)	31:28 (5k)			17:22 (3.2k)	17:45 (3.2k)
Derek Clementson	7	2014		9:35 (2k)	10:00 (2k)	18:38 (3.2k)	18:02 (3.2k)	20:32 (3.2k)	18:22 (3.2k)		PC-14:22 (3k)	11:44 (2.4k)			18:02 (3.2k)	18:21 (3.2k)
Austin Eckert	7	2014	gr. 12:03 (2.5k)	8:16 (2k)	8:24 (2k)	13:59 (3.2k)	13:59 (3.2k)	16:11 (3.2k)	13:29 (3.2k)		PC-12:11 (3k)	9:36 (2.4k)			13:29 (3.2k)	14:29 (3.2k)
Matthew Long	7	2014	gr. 13:28 (2.5k)	9:22 (2k)	9:46 (2k)			18:46 (3.2k)	15:57 (3.2k)		PC-14:30 (3k)	11:33 (2.4k)			15:57 (3.2k)	17:22 (3.2k)
Jacob Merrick	7	2014	gr. 12:58 (2.5k)	9:32 (2k)	9:57 (2k)	17:55 (3.2k)			17:00 (3.2k)		DNF	12:19 (2.4k)			17:00 (3.2k)	17:28 (3.2k)
Noah Miller	7	2014	gr. 11:16 (2.5k)	8:30 (2k)	8:41 (2k)	15:15 (3.2k)	14:58 (3.2k)	18:08 (3.2k)	14:48 (3.2k)		PC-12:34 (3k)	9:57 (2.4k)			14:48 (3.2k)	15:00 (3.2k)
Trent Raudabaugh	7	2014						21:39 (3.2k)	17:23 (3.2k)		PC-15:37 (3k)	12:34 (2.4k)			17:23 (3.2k)	19:31 (3.2k)
Josh Rike	7	2014	gr. 12:04 (2.5k)	8:31 (2k)	8:23 (2k)	13:50 (3.2k)	14:55 (3.2k)	18:36 (3.2k)	15:17 (3.2k)		PC-13:02 (3k)	10:20 (2.4k)			13:50 (3.2k)	14:41 (3.2k)
Dylan Schneider	7	2014		8:33 (2k)	8:58 (2k)	18:01 (3.2k)	15:26 (3.2k)	17:04 (3.2k)	15:10 (3.2k)		PC-13:07 (3k)	10:40 (2.4k)			15:10 (3.2k)	16:12 (3.2k)
Nate Webster	7	2014	gr. 10:59 (2.5k)	8:12 (2k)	8:17 (2k)	13:33 (3.2k)	13:22 (3.2k)	16:00 (3.2k)	22:04 (5k)		PC-12:20 (3k)	DNR			13:22 (3.2k)	13:28 (3.2k)

**AVERAGE MILE TIMES AT MEETS - 2014**

Name	PB - 2013 5000 m	Grantsburg 5000 m	Pine City 5000 m	North Branch 5000 m	Pierz 5000 m	Milaca Mega 5000 m	St. John's 5000 m	Becker 5000 m	Swain 5000 m	Conference 5000 m	Proctor 5000 m	Section 5A 5000 m	State 5000 m	Best 5000 m	Average 5000 m
Austin Cavallin - 12	7:05	8:18		7:26	7:15		7:43	7:07		7:18	6:43			6:43	7:16
Easton Foss	5:31	5:58	5:46	5:45	5:33	5:35	5:49	5:45	5:51	5:46	5:38	5:32	5:28	5:28	5:41
Elijah Johnson	6:35	7:25	6:57	6:45	6:43	6:50		6:51		6:37				6:37	6:48
Jared Montague	7:24		8:03	7:43	7:29	7:48		7:40		7:28	7:32			7:28	7:36
Tony Pitzen	6:40														
James Pixley	6:26	6:49	6:23	6:25	6:14	6:11		6:18	6:18	6:03		6:00		6:00	6:14
Jonah Spahr	5:55	6:49	6:16	6:10	6:04	6:08	6:31	6:11	6:24	6:03		6:06		6:03	6:13
Noah Adams - 11	5:39	6:12	6:00	5:56	5:51	5:45	6:02	6:07	5:55	5:55				5:45	5:56
Aaron Brown	7:12	7:46	7:22	7:34	7:07	7:05					7:11			7:05	7:16
Andrew Clementson	6:04	6:54	6:27	6:14	6:11	6:12		6:16	6:14	6:11	5:58	5:52		5:52	6:11
Dylan Gamec-Bromberg	6:27	7:45	7:18	7:13	7:04	7:16				6:49				6:49	7:07
Beau Hunter	6:02														
Kyle Peters	6:48														
Danny Pitzen	6:40		7:45	7:33	7:13		6:49	6:34	6:45	6:28	6:28			6:28	6:58
Victor Rogers	8:13			10:24	10:16									10:16	10:20
Sasha Whim	-			7:07	6:56	6:54	6:37	6:45		6:36	6:43			6:36	6:48
Ryan Blake - 10	7:57	8:47	7:38	7:30	7:56	7:24	8:02	7:28		7:18	7:19			7:18	7:34
Eli Grubbs	6:03	6:26	6:15	6:08	6:10	6:07	6:27	6:09	6:12	6:02	6:08	6:04		6:02	6:10
Ethan Leibel	6:43	7:44	7:03	6:52	6:46	6:47		6:50		6:32	6:36			6:32	6:47
Sam Saunders	6:42			7:11			7:29	7:19		6:58	7:07			6:58	7:13
Nick Stolp	6:32	7:08	6:52	6:35	6:35	6:23	6:30	6:48		6:17	6:30	6:25		6:17	6:33
Casey Foster - 9	-	8:42	7:59	7:48				7:55		7:43	8:01			7:48	7:54
Max Graves	7:04 (3.2k)	7:40	7:12	7:12	7:15	7:50		7:25		7:21	7:18			7:12	7:24
Nathan Kleppe	7:31 (3.2k)	8:12	7:33	7:24	7:23	7:32	7:49	7:26		7:23	7:18			7:18	7:28
Joseph Root	8:48 (3.2k)	8:53	8:50	8:05	8:42	7:17	9:39	8:26		8:05	7:41			7:41	8:27
Remington Steele	-	7:17	7:04	6:55	6:51		6:53	6:39		6:53	6:55			6:39	6:56
Jake Adams								7:35						7:35	
TJ Rank								7:05			7:08			7:05	7:07
Nate Webster								7:06						7:06	
	<b>3200 m</b>	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	-	<b>3000 m</b>	<b>2400 m</b>				
Jake Adams - 8	6:52	7:15	6:42	6:54	7:12	7:34	8:20	JV		6:44				7:12	7:23
TJ Rank	7:29	7:15	6:29	6:38	7:51	7:04	7:57	JV		6:56				7:04	7:28
Justin Stolp	8:44	8:52	8:04	8:03			10:45	8:29		8:14	8:11			8:29	8:29
Derek Clementson - 7			7:43	8:03	9:22	9:04	10:20	9:14		7:42	7:52			9:04	9:14
Austin Eckert		7:45	6:39	6:45	7:02	7:02	8:08	6:47		6:32	6:26			6:47	7:17
Matthew Long		8:40	7:32	7:52			9:26	8:01		7:47	7:45			8:01	8:44
Jacob Merrick		8:21	7:40	8:00	9:01			8:33			8:16			8:33	8:47
Noah Miller		8:09	6:50	6:59	7:40			9:07	7:27		6:44	6:42		7:27	7:33
Trent Raudabaugh							10:53	8:45		8:23	8:26			8:45	9:49
Josh Rike		7:45	6:51	6:45	6:57	7:30		9:21	7:41	7:00	6:56			6:57	7:23
Dylan Schneider			6:53	7:13	9:04	7:46	8:35	7:38		7:02	7:09			7:38	8:09
Nate Webster		7:05	6:36	6:40	6:49	6:43	8:03	JV		6:37				6:43	6:46
	<b>3200 m</b>	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	-	<b>3000 m</b>	<b>2400 m</b>				
Name	PB - 2013 4000 m	Grantsburg 5000m	Pine City 4000 m	North Branch 4000 m	Pierz 4000 m	Milaca Mega 4000 m	St. John's 4000m	Becker 4000 m	Swain 4000 m	Conference 4000 m	Proctor 4000 m	Section 5A 4000 m	State 4000 m	Best 4000 m	Average 4000 m
Jackie Westernen - 12	7:10	8:27	7:24	7:23	7:25	7:20		7:18	7:52	7:17				7:10	7:24
Allison Gusk - 11	6:48	7:38	7:02	7:00	6:46	6:50		6:48	7:12	6:59				6:32	6:54
Jordan Kotek	6:39	8:41	7:58											7:58	
Marin Foss - 9	-	7:24	6:49	6:45	6:38	6:43		6:33	7:19	6:44				6:31	6:45
Janae Johnson	8:28	9:15	8:33	8:21	8:12	8:04	8:36	8:08		7:57	8:14			7:57	8:16
Grace Langmade	-	8:49	7:17	7:11	7:09	7:02	7:22	7:08	7:41	7:08				7:02	7:13
Nicole Peters	7:50	8:30	7:42	7:25	8:08	7:12	7:38	7:19	7:36	7:12				7:12	7:33
Summer Rockstroh	7:25	8:16	7:43	7:58	7:41	7:25	7:38	7:17	7:43	7:29	7:29			7:17	7:36
Jill Tomczyk	-	8:54	7:44	8:24	8:10	7:41	7:56	7:22		7:20	7:42			7:20	7:48
Ashli Webster	6:48	7:39	7:13	6:56	7:05	7:25		7:11	7:32	7:02				6:49	7:09
Jenica Hancock - 8	8:22									8:03	8:09			8:03	8:06
Karly Irlbeck	7:47	8:03	7:31	7:25	7:19		7:33	7:26		7:16	7:08			7:08	7:23
Kaylee Prihoda	7:33									7:34	7:49			7:34	7:42
Alexis Thieman	7:02		7:43	7:58				7:33						7:33	7:44
Sarah Bombard - 7								8:10			8:15			8:10	8:12
Grace Grubbs								7:25		7:23	7:27			7:23	7:25
Alaina Steele				7:17				7:49			7:19			7:17	7:28
Aaleaha Thieman								7:52						7:52	
	<b>3200 m</b>	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	-	<b>3000 m</b>	<b>2400 m</b>				
Jenica Hancock - 8	8:03	9:14	7:39		8:03		9:34	7:51		JV	JV			7:51	7:58
Karly Irlbeck	7:46	V	V	V	V	6:59		V		JV	JV			6:59	
Kaia Leibel															
Kaylee Prihoda	7:31	8:15			7:36	7:35	9:14	7:39		JV	JV			7:35	7:37
Megan Stransky															
Alexis Thieman	6:53	7:36	JV	JV	7:20	7:31	8:54	JV						7:20	7:21
Sarah Bombard - 7		8:42	7:48	7:49	8:02	8:10	9:36	JV		7:52	JV			8:04	8:07
Grace Grubbs		7:40	7:02	7:10	7:17	7:18	8:52	JV		JV	JV			7:17	7:18
Alaina Steele		7:12	6:22	JV	6:45	6:52		JV		6:57	JV			6:45	6:48
Aaleaha Thieman		7:37	7:02	7:09	7:27	7:21	9:19	JV		7:18				7:21	7:24

TEAM POSITIONS AT MEETS - 2014

Name	Grantsburg 5000 m	Pine City 5000 m	North Branch 5000 m	Pierz 5000 m	Milaca Mega 5000 m	St. John's 5000 m	Becker 5000 m	Swain 5000 m	Conference 5000 m	Proctor 5000 m	Section 5A 5000 m	State 5000 m	Average 5000 m
Austin Cavallin - 12	15		16	15		10	15		15	7			13.3
Easton Foss	1	1	1	1	1	1	1	1	1	1	1	1	1.0
Elijah Johnson	9	8	8	8	9		12		11				9.3
Jared Montague		18	20	18	16		21		19	16			18.3
Tony Pitzen	X	X	X	X	X	X	X	X	X	X			X
James Pixley	4	5	6	6	5		6	5	5		3		5.0
Jonah Spahr	5	4	4	3	4	5	4	6	4		5		4.4
Noah Adams - 11	2	2	2	2	2	2	2	2	2				2.0
Aaron Brown	13	12	19	13	11					12			13.3
Andrew Clementson	6	6	5	5	6		5	4	6	2	2		4.7
Dylan Gamec-Bromberg	12	11	14	12	12				12				12.2
Beau Hunter	X	X	X	X	X	X							
Kyle Peters	X	X	X	X	X	X							
Danny Pitzen		16	18	14		7	7	7	8	4			10.1
Victor Rogers			23	21		X	X	X	X	X			22.0
Sasha Whim			11		10	6	9	11	10	8			9.3
Ryan Blake - 10	17	15	17	19	14	13	19		16	15			16.1
Eli Grubbs	3	3	3	4	3	3	3	3	3	3	4		3.2
Ethan Leibel	11	9	9	9	8		11		9	6			9.0
Sam Saunders			12			9	16		14	10			12.2
Nick Stolp	7	7	7	7	7	4	10	7	7	5	6		6.7
Casey Foster - 9	16	17	21			12	22		20	18			18.0
Max Graves	10	13	13	16	17		17		17	14			16.7
Nathan Kleppe	14	14	15	17	15	11	18		18	13			15.0
Joseph Root	18	19	22	20	18	14	23		21	17			19.1
Remington Steele	8	10	10	10	13	8	8		13	9			9.9
Jake Adams - 8							20						20.0
TJ Rank							13			11			12.0
Nate Webster - 7							14						14.0
	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	-	<b>3000 m</b>	<b>2400 m</b>			
Jake Adams - 8	2	4	5	4	6	4	JV		4				4.1
TJ Rank	3	1	1	6	3	1	JV		5	JV			2.9
Justin Stolp	9	11	11	10	6	10	6	10	7	7			9.3
Derek Clementson - 7		10	10	9	8	9	9		8	6			8.6
Austin Eckert	4	3	4	3	2	3	1		1	1			2.4
Matthew Long	8	8	8			8	5		9	5			7.3
Jacob Merrick	7	9	9	7			7			8			7.8
Noah Miller	6	5	6	5	5	6	2		3	2			4.4
Trent Raudabaugh						11	8		11	9			9.8
Josh Rike	5	6	3	2	4	7	4		12	3			5.1
Dylan Schneider		7	7	8	7	5	3		13	4			6.8
Nate Webster	1	2	2	1	1	2	JV		2				1.6
	<b>5000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>
Jackie Westernen - 12	6	5	6	6	5		6	7	7		5		5.9
Allison Gusk - 11	2	2	3		2		2	1	2		2		2.0
Jordan Kotek	8	11	X	X	X	X	X	X	X	X			9.5
Marin Foss - 9	1	1	1	1	1		1	2	1		1	1	1.0
Janae Johnson	11	12	11	10	9	6	14		12	8			10.3
Grace Langmade	9	4	4	4	3	1	3	5	4		4		4.1
Nicole Peters	7	7	7	8	4	4	7	4	5		7		6.0
Summer Rockstroh	5	9	10	7	7	3	5	6	10	4			6.6
Jill Tomczyk	10	10	12	9	8	5	8		8	5			8.3
Ashli Webster	3	3	2	3	6		4	3	3		3		3.3
Jenica Hancock - 8									13	7			10.0
Karly Irlbeck	4	6	8	5		2	10		6	1	6		5.3
Kaylee Prihoda									11	6			8.5
Alexis Thieman		8	9				11						9.3
Sarah Bombard - 7							15			9			12.0
Grace Grubbs							9		9	3			7.0
Alaina Steele			5				12			2			6.3
Aaleaha Thieman							13						13.0
	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	-	<b>3000 m</b>				
Jenica Hancock - 8	7	4		7		5	2		JV	JV			5.0
Karly Irlbeck	V	V	V	V	2	V	V		JV	JV			2.0
Kaia Leibel	X	X	X	X	X	X	X	X	X	X		X	
Kaylee Prihoda	5			5	6	3	1		JV	JV			4.0
Megan Stransky	X	X	X	X	X	X	X	X	X	X		X	
Alexis Thieman	2	JV	JV	3	5	2	JV		X				3.0
Sarah Bombard - 7	6	5	3	6	7	6	JV	3	JV	JV			5.1
Grace Grubbs	4	2	2	2	3	1	JV		JV	JV			2.3
Alaina Steele	1	1	JV	1	1	1	JV		1	JV			1.0
Aaleaha Thieman	3	3	1	3	4	4	JV		2				2.9

**PLACE FINISHES AT MEETS - 2014**

Name	Grantsburg 5000 m	Pine City 5000 m	North Branch 5000 m	Pierz 5000 m	Milaca Mega 5000 m	St. John's 5000 m	Becker 5000 m	Swain 5000 m	Conference 5000 m	Proctor 5000 m	Section 5A 5000 m	State 5000 m	Average 5000 m
Austin Cavallin - 12	67		17jv	114jv		25 jv	42jv		12jv	19jv			38.2 jv
Easton Foss	3	1	1	7	12	4	1	35	1	3	10	44	7.1 / 12.2 w/State
Elijah Johnson	42	4jv	3jv	58jv	219jv		29jv		6jv				53.2 jv
Jared Montague		27jv	23jv	140jv	494jv		61jv		17jv	45jv			115.3 jv
Tony Pitzen	X	X	X	X	X	X	X	X	X	X			
James Pixley	21	12	11	70	98		31	105	7		45		44.4
Jonah Spahr	23	10	6	56	92	29	24	118	6		58		42.2
Noah Adams - 11	5	4	3	35	36	10	20	51	2				18.4
Aaron Brown	55	12jv	21jv	105jv	301jv					36jv			95.0 jv
Andrew Clementson	26	14	8	66	99		28	96	11	13	37		39.8
Dylan Gamec-Bromberg	52	11jv	13jv	100jv	362jv				7jv				98.6 jv
Beau Hunter	X	X	X	X	X	X	X	X	X	X			
Kyle Peters	X	X	X	X	X	X	X	X	X	X			
Danny Pitzen		23jv	20jv	111jv		44	17jv	154	2jv	41			79.7 (34.6 jv)
Victor Rogers			29jv	193jv	X	X	X	X	X	X			111.0 jv
Sasha Whim			9jv	80jv	245jv	34	26jv		5jv	20jv			64.2 jv
Ryan Blake - 10	73	22jv	18jv	168jv	242 -10th	36jv	57jv		13jv	41jv			50.7 jv
Eli Grubbs	10	9	4	65	88	26	21	93	5	21	53		35.9
Ethan Leibel	51	6jv	4jv	65jv	146 -10th		28jv		3jv	15jv			20.2 jv
Sam Saunders			11jv			17jv	51jv		10jv	29jv			23.6 jv
Nick Stolp	33	24	15	93	124	28	46		14	46	91		51.4
Casey Foster - 9	71	25jv	24jv			31jv	65jv		18jv	58jv			36.8 jv
Max Graves	49	15jv	12jv	115jv	307 -9th		55jv		15jv	40jv			42.0 jv
Nathan Kleppe	66	18jv	15jv	126jv	272 -9th	29jv	56jv		16jv	39jv			42.7 jv
Joseph Root	75	32jv	26jv	182jv	337 -9th	57jv	74jv		21jv	51jv			63.3 jv
Remington Steele	39	7jv	5jv	72jv	244 -9th	3jv	19jv		9jv	25jv			20.0 jv
Jake Adams - 8							60jv						60.0 jv
TJ Rank							39jv			31jv			35.0 jv
Nate Webster - 7							40jv						40.0 jv
	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>-</b>	<b>3000 m</b>	<b>2400 m</b>			
Jake Adams - 8	17	12	13	82	282 -8th	26	JV		7				26.2
TJ Rank	18	5	5	124	205 -8th	14	JV		10				29.3
Justin Stolp	48	29	26			70	47		24	78			46.0
Derek Clementson - 7		28	25	167	279 -7th	59	56		20	70			60.7
Austin Eckert	27	9	9	71	102 -7th	20	12		3	15			20.8
Matthew Long	46	25	22			48	44		22	68			39.3
Jacob Merrick	42	27	24	161			49			82			64.2
Noah Miller	37	14	16	111	177 -7th	43	30		6	31			36.0
Trent Raudabaugh						71	51		25	86			58.3
Josh Rike	28	15	8	67	173 -7th	47	37		12	41			31.9
Dylan Schneider		16	18	163	197 -7th	33	35		13	50			46.9
Nate Webster	10	7	6	57	66 -7th	17	JV		5				17.0
	<b>5000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>	<b>4000 m</b>
Jackie Westernen - 12	17	13	13	71	91		40	120	10		62		48.6
Allison Gusk - 11	3	10	8	23	46		11	40	5		14		17.8
Jordan Kotek	23	4jv	X	X	X	X	X	X	X	X			4jv
Marin Foss - 9	2	6	4	18	35		5	53	2		12	123	15.2
Janae Johnson	34	5jv	4jv	53jv	108 -9th	80	40jv		5jv	21jv			20.6 jv
Grace Langmade	25	1jv	11	59	65	24	32	98	7		49		41.1
Nicole Peters	18	20	14	112	79	31	41	89	8		95		50.7
Summer Rockstroh	13	22	3jv	20jv	98	30	8jv	102	16	5jv			46.8 (9.0jv)
Jill Tomczyk	27	3jv	5jv	49jv	68 -9th	46	10jv		2jv	8jv			12.8 jv
Ashli Webster	4	12	6	54	97		37	82	6		32		36.7
Jenica Hancock - 8							6jv		21jv				13.5 jv
Karly Irlbeck	11	17	15	64		27	47		1jv	1jv	78		37.0 (1.0jv)
Kaylee Prihoda									4jv	10jv			7.0 jv
Alexis Thieman		2jv	2jv				21jv						8.3 jv
Sarah Bombard - 7							41jv			23jv			32.0 jv
Grace Grubbs							14jv		3jv	3jv			6.7 jv
Alaina Steele			1jv				26jv			2jv			9.7 jv
Aaleaha Thieman							28jv						28.0 jv
	<b>2500 m</b>	<b>2000 m</b>	<b>2000 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>3200 m</b>	<b>-</b>	<b>3000 m</b>	<b>2400 m</b>			
Jenica Hancock - 8	44	8		52	19	12			JV	JV			27.0
Karly Irlbeck	V	V	V	V	29 -8th	V	V		JV	JV			
Kaia Leibel	X	X	X	X	X	X	X	X	X	X	X	X	
Kaylee Prihoda	28			29	92 -8th	13	7		JV	JV			19.3
Megan Stransky	X	X	X	X	X	X	X	X	X	X	X	X	
Alexis Thieman	10	JV	JV	17	82 -8th	6	JV		X				11.0
Sarah Bombard - 7	38	11	8	51	150 -7th	20	JV		8	JV			22.7
Grace Grubbs	14	2	3	16	49 -7th	4	JV		JV	JV			7.8
Alaina Steele	2	1	JV	2	21 -7th		JV		1	JV			1.5
Aaleaha Thieman	11	3	1	25	52 -7th	14	JV		4				9.7



**GIRLS**  
**TOP CROSS COUNTRY TEAMS AT MEETS**  
**By Top-5 Average Times**

<b>PINE CITY INVITE (Top 11)</b>			
17:46	2014	<b>Foss, Gusk, Webster, Langmade &amp; Westernen (Irlbeck-17:53)</b>	
18:01	2002	M. Johnson, Fore, J. Gregoire, D. Dickey & H. Larsen	
18:02	2003	Branzovsky, M. Johnson, J. Gregoire, A. Olson & Purdy	
18:04	2012	Cummins, Rike, Gusk, B. Richardson & Westernen	
18:16	2004	Branzovsky, J. Gregoire, Wilson, Fore & Espeseth	
18:35	2010	Miesner, Cummins, Rike, B. Richardson & M. Richardson	
18:41	2013	Gusk, Kotek, Webster, B. Richardson & Westernen	
18:42	2011	Rike, Cummins, Miesner, M. Richardson & Kotek	
18:46	2000	Connaker, H. Larsen, M. Anderson, M. Johnson & Plasek	
18:47	2001	J. Gregoire, M. Johnson, Craighead, H. Larson & D. Dickey	
19:00	1999	Kozisek, Craighead, Connaker, N. Carlson & M. Anderson	
<b>CONFERENCE (Top 11) Great River, Two-River &amp; Rum River</b>			
16:56	2012	Cummins, Kotek, Rike, Gusk & B. Richardson	GRC - PC
17:05	2011	Rike, Cummins, Kotek, Miesner & B. Richardson	GRC - PC
17:12	2001	Fore, J. Gregoire, M. Johnson, Craighead & M. Anderson	RRC - NB
17:16	2002	M. Johnson, J. Gregoire, Branzovsky, Fore & S. Gregoire	RRC - PC
17:19	2004	Branzovsky, J. Gregoire, Fore, S. Gregoire & Espeseth	RRC - PR
17:25	2010	Cummins, Miesner, Rike, Kotek & Westernen	GRC - PC
17:26	2014	<b>Foss, Gusk, Webster, Langmade &amp; Peters</b>	<b>GRC - PC</b>
17:30	2000	Connaker, J. Gregoire, H. Larsen, M. Anderson & Craighead	RRC - FO
17:34	2008	Rike, Miesner, Clementson, Kleppe & M. Richardson	GRC - PC
17:48	2007	Miesner, Clementson, Branzovsky, Palmer & Lange	TRC - PC
17:48	2003	Branzovsky, J. Gregoire, Fore, S. Gregoire & Purdy	RRC - SM
<b>SECTION (Top 11) Milaca, Pierz, Cloquet &amp; Becker</b>			
16:34	2011	Rike, Cummins, Miesner, Kotek & B. Richardson	PZ
16:49	2012	Cummins, Kotek, Rike, Gusk & B. Richardson	PZ
16:54	2002	J. Gregoire, Fore, Branzovsky, H. Larsen & S. Gregoire	BK
16:56	2014	<b>Foss, Gusk, Webster, Langmade &amp; Westernen</b>	<b>ML</b>
16:59	2010	Cummins, Miesner, Kotek, Rike & Westernen	PZ
17:02	2003	Branzovsky, J. Gregoire, Fore, Clementson & S. Gregoire	CL
17:03	2013	Kotek, Gusk, Webster, Thieman & B. Richardson	ML
17:14	2004	Branzovsky, J. Gregoire, Fore, S. Gregoire & A. Olson	CL
17:23	1999	Connaker, H. Larsen, M. Johnson, Kozisek & N. Carlson	BK
17:27	2001	Fore, J. Gregoire, M. Johnson, H. Larsen & M. Anderson	BK
17:32	2000	J. Gregoire, Connaker, H. Larsen, Plasek & M. Johnson	PZ

<b>STATE at St. Olaf in Northfield (None Yet)</b>				
<b>ALL-TIME BESTS (Top 34)</b>				
16:34	2011	Rike, Cummins, Miesner, Kotek & B. Richardson	Section 5A - PZ	
16:49	2012	Cummins, Kotek, Rike, Gusk & B. Richardson	Section 5A - PZ	
16:54	2002	J. Gregoire, Fore, Branzovsky, H. Larsen & S. Gregoire	Section 5A - BK	
16:56	2014	<b>Foss, Gusk, Webster, Langmade &amp; Westernen</b>	<b>Section 5A - ML</b>	
5	16:56	2012	Cummins, Kotek, Rike, Gusk & B. Richardson	GRC - PC
	16:59	2010	Cummins, Miesner, Kotek, Rike & Westernen	Section 5A - PZ
	17:02	2003	Branzovsky, J. Gregoire, Fore, Clementson & S. Gregoire	Section 7A - CL
	17:03	2013	Kotek, Gusk, Webster, Thieman & B. Richardson	Section 5A - ML
	17:05	2011	Rike, Cummins, Kotek, Miesner & B. Richardson	GRC - PC
10	17:08	2012	Cummins, Kotek, Rike, Gusk & B. Richardson	Milaca Mega
	17:09	2002	J. Gregoire, Fore, M. Johnson, Branzovsky & S. Gregoire	Sub-Section - PZ
	17:12	2001	Fore, J. Gregoire, M. Johnson, Craighead & M. Anderson	RRC - NB
	17:14	2004	Branzovsky, J. Gregoire, Fore, S. Gregoire & A. Olson	Section 7A - CL
	17:14	2000	Connaker, J. Gregoire, Craighead, M. Anderson & H. Larsen	Sub-Section - PZ
15	17:16	2002	M. Johnson, J. Gregoire, Branzovsky, Fore & S. Gregoire	RRC - PC
	17:19	2004	Branzovsky, J. Gregoire, Fore, S. Gregoire & Espeseth	RRC - PR
	17:19	2002	Fore, J. Gregoire, M. Johnson, H. Johnson & D. Dickey	Foley Invite
	17:22	2014	<b>Foss, Gusk, Webster, Langmade &amp; Irlbeck</b>	<b>Pierz Stampede</b>
	17:22	2014	<b>Foss, Gusk, Langmade, Webster &amp; Rockstroh (Western)</b>	<b>Becker Invite</b>
20	17:22	2001	J. Gregoire, Fore, Craighead, M. Johnson & H. Larsen	Sub-Section - PZ
	17:22	2003	Branzovsky, J. Gregoire, Fore, S. Gregoire & A. Olson	BI-BK Invite
	17:23	1999	Connaker, H. Larsen, M. Johnson, Kozisek & N. Carlson	Section 5A - BK
	17:25	2010	Cummins, Miesner, Rike, Kotek & Westernen	GRC - PC
	17:26	2014	<b>Foss, Gusk, Webster, Langmade &amp; Peters</b>	<b>GRC - PC</b>
25	17:26	2010	Miesner, Cummins, Kotek, Westernen & Gusk	Princeton Invite
	17:27	2014	<b>Foss, Gusk, Langmade, Peters &amp; Westernen</b>	<b>Milaca Mega</b>
	17:27	2001	Fore, J. Gregoire, M. Johnson, H. Larsen & M. Anderson	Section 5A - BK
	17:27	2003	Branzovsky, M. Johnson, Fore, J. Gregoire & A. Olson	N. Branch Invite
	17:29	2014	<b>Foss, Webster, Gusk, Langmade &amp; Steele (Westernen-17:32)</b>	<b>N. Branch Invite</b>
30	17:30	2000	Connaker, J. Gregoire, H. Larsen, M. Anderson & Craighead	RRC - FO
	17:32	2000	J. Gregoire, Connaker, H. Larsen, Plasek & M. Johnson	Section 5A - BK
	17:32	2012	Cummins, Rike, Kotek, Gusk & M. Richardson	Pierz Stampede
	17:32	2001	J. Gregoire, M. Johnson, Fore, Craighead & H. Larsen	Centennial Invite
	17:33	1998	H. Larsen, M. Johnson, Kozisek, Connaker & N. Carlson	Section 7A - CL

## GIRLS - TOP 10 CROSS COUNTRY TIMES AT MEETS

<u>MILACA/MORA</u>				<u>PINE CITY</u>				<u>NORTH BRANCH</u>				<u>PIERZ</u>			
17:07	Abby Cummins	2012		16:34	Abby Cummins	2012		16:19	Emily Branzovsky	2004		16:19	Abby Cummins	2012	
17:18	Megan Miesner	2010		<b>16:56</b>	<b>Marin Foss</b>	<b>2014</b>		16:24	Emily Branzovsky	2003		<b>16:29</b>	<b>Marin Foss</b>	<b>2014</b>	
17:46	Kim Connaker	2000		17:01	Megan Miesner	2010		16:35	Megan Miesner	2010		16:34	Emily Branzovsky	2003	
17:47	Allison Gusk	2013		17:04	Emily Branzovsky	2003		<b>16:47</b>	<b>Marin Foss</b>	<b>2014</b>		<b>16:48</b>	<b>Allison Gusk</b>	<b>2014</b>	
17:52	Miki Anderson	2000		17:09	Meleia Johnson	2002		16:51	Sherry Rike	2011		17:00	Emily Branzovsky	2004	
18:01	Hannah Espeseth	2006		17:19	Meleia Johnson	2003		16:51	Kim Connaker	2000		17:07	Megan Miesner	2010	
18:06	Meleia Johnson	2002		17:21	Emily Branzovsky	2004		16:59	Abby Cummins	2010		17:07	Jacki Gregoire	2002	
18:10	Abby Cummins	2010		<b>17:29</b>	<b>Allison Gusk</b>	<b>2014</b>		16:59	Meleia Johnson	2003		17:12	Sherry Rike	2012	
18:12	Jordan Kotek	2013		17:30	Jenna Fore	2002		17:00	Meleia Johnson	2002		17:15	Abby Cummins	2011	
18:17	Meleia Johnson	2000		17:33	Sherry Rike	2011		17:02	Abby Cummins	2012		17:21	Kim Connaker	2000	
<u>MILACA MEGA (G.C.)</u>				<u>BECKER</u>				<u>SWAIN</u>				<u>PRIN/CAMB/PROC</u>			
16:13	Abby Cummins	2012		15:56	Emily Branzovsky	2003		17:48	Jordan Kotek	2013		16:25	Megan Miesner	2010	
16:36	Megan Miesner	2010		<b>16:16</b>	<b>Marin Foss</b>	<b>2014</b>		18:07	Emily Branzovsky	2004		16:42	Abby Cummins	2010	
16:36	Abby Cummins	2010		16:30	Abby Cummins	2012		18:10	Becky Haavisto	1994		16:43	Abby Cummins	2012	
<b>16:41</b>	<b>Marin Foss</b>	<b>2014</b>		16:31	Megan Miesner	2010		18:20	Jacki Gregoire	2005		16:58	Sherry Rike	2009	
16:48	Sherry Rike	2011		16:36	Abby Cummins	2010		18:21	Allison Gusk	2013		16:59	Abby Cummins	2009	
16:48	Sherry Rike	2009		16:50	Jacki Gregoire	2003		18:26	Amy Johnson	1995		17:05	Sherry Rike	2011	
16:55	Abby Cummins	2011		<b>16:53</b>	<b>Allison Gusk</b>	<b>2014</b>		18:35	Amy Johnson	1994		17:06	Abby Cummins	2011	
<b>16:58</b>	<b>Allison Gusk</b>	<b>2014</b>		16:53	Sherry Rike	2011		18:47	Bree Fischer	1994		17:20	Megan Miesner	2008	
17:01	Jordan Kotek	2012		16:53	Abby Cummins	2011		18:55	Ashli Webster	2013		17:21	Jordan Kotek	2010	
17:06	Sherry Rike	2012		17:04	Jenna Fore	2002		18:56	Becky Haavisto	1996		17:21	Sherry Rike	2012	
												<u>ALL-TIME BESTS</u>			
<u>CONFERENCE</u>				<u>SECTION</u>				<u>STATE</u>				15:44	Sherry Rike	2011	SECT
15:55	Abby Cummins	2012	PC	15:44	Sherry Rike	2011	PZ	15:50	Emily Branzovsky	2003		15:45	Abby Cummins	2011	SECT
16:20	Sherry Rike	2011	PC	15:45	Abby Cummins	2011	PZ	<b>16:50</b>	<b>Marin Foss</b>	<b>2014</b>		15:46	Emily Branzovsky	2003	SECT
16:23	Abby Cummins	2011	PC	15:46	Emily Branzovsky	2003	CL					15:50	Emily Branzovsky	2003	STA
16:25	Emily Branzovsky	2003	SM	15:52	Abby Cummins	2012	PZ					15:52	Abby Cummins	2012	SECT
16:26	Sherry Rike	2009	PC	16:02	Abby Cummins	2010	PZ					15:55	Abby Cummins	2012	GRC
16:33	Jordan Kotek	2012	PC	<b>16:13</b>	<b>Marin Foss</b>	<b>2014</b>	ML					15:56	Emily Branzovsky	2003	BECK
16:34	Emily Branzovsky	2004	PR	<b>16:14</b>	<b>Allison Gusk</b>	<b>2014</b>	ML					16:02	Abby Cummins	2010	SECT
16:39	Abby Cummins	2010	PC	16:16	Jacki Gregoire	2002	BK					<b>16:13</b>	<b>Marin Foss</b>	<b>2014</b>	<b>SECT</b>
16:41	Sherry Rike	2012	PC	16:24	Megan Miesner	2010	PZ					16:13	Abby Cummins	2012	MEGA
<b>16:44</b>	<b>Marin Foss</b>	<b>2014</b>	PC	16:29	Emily Branzovsky	2004	CL					<b>16:14</b>	<b>Allison Gusk</b>	<b>2014</b>	<b>ML</b>

**BOYS**  
**TOP CROSS COUNTRY TEAMS AT MEETS**  
**By Top-5 Average Times**

<b>PINE CITY INVITE (Top 11)</b>			
18:28	2006	McNally, T. Miche, Hambly, A. Lutz & Fischer	
18:32	2005	Fischer, McNally, T. Miche, A. Lutz & Jo. Clementson	
18:38	1997	P. Johnson, Wasson, Pa. Johnson, J. Larson & J.R. Anderson	
18:43	2002	Ja. Clementson, C. Lutz, S. Peterson, Dv. Hansen, & Greden	
18:51	2007	McNally, Fischer, Swanson, A. Lutz & Hambly	
19:01	2000	Hammill, Ja. Clementson, J. Lee, Oare & Arola	
<b>19:02</b>	<b>2014</b>	<b>Foss, N. Adams, Grubbs, Spahr &amp; Pixley</b>	
19:07	2010	Hanson, Dedic, Bremer, J. Guttormson & Maki	
19:13	2001	Ja. Clementson, Dv. Hansen, C. Lutz, Arola & Zak	
19:19	1996	J.R. Anderson, Wasson, R. Anderson, Patzoldt & Runyan	
19:29	2013	Foss, N. Adams, B. Hunter, Spahr & Nilsson	
<b>CONFERENCE (Top 11) Great River, Two-River &amp; Rum River</b>			
17:54	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	TRC - PC
17:55	2003	Ja. Clementson, Fischer, Dv. Hansen, A. Lee & T. Miche	RRC - SM
17:57	2005	McNally, T. Miche, Fischer, A. Lutz & Hambly	TRC - PC
17:59	2000	Hammill, Ja. Clementson, J. Lee, P. Johnson & Oare	RRC - FO
18:05	2006	McNally, T. Miche, Hambly, A. Lutz & Jo. Clementson	TRC - PC
18:06	2001	C. Lutz, Dv. Hansen, Zak, Ja. Clementson & Arola	RRC - NB
18:18	1997	J. Larson, Pa. Johnson, P. Johnson, Wasson & N. Johnson	RRC - SA
18:20	2004	T. Miche, McNally, Fischer, Hambly & Boland	RRC - PR
<b>18:31</b>	<b>2014</b>	<b>Foss, N. Adams, Grubbs, Spahr &amp; Pixley</b>	<b>GRC - PC</b>
18:36	2002	Ja. Clementson, C. Lutz, Laugerman, S. Peterson & Greden	RRC - PC
18:41	2012	Rarick, N. Adams, Foss, B. Hunter & Z. Hunter	GRC - PC
<b>SECTION (Top 11) Milaca, Pierz, Cloquet &amp; Becker</b>			
17:31	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	PZ
17:43	2005	McNally, T. Miche, Hambly, A. Lutz & Fischer	CL
17:47	2002	Ja. Clementson, C. Lutz, Greden, S. Peterson, Laugerman	BK
17:53	2000	Ja. Clementson, Hammill, P. Johnson, J. Lee & Oare	BK
17:53	2004	T. Miche, McNally, Fischer, Hambly & Boland	CL
17:55	2006	McNally, T. Miche, Hambly, Lutz & Jo. Clementson	CL
18:00	2008	Swanson, D. Hansen, Emslander, Wirth & Bremer	PZ
18:08	2013	Foss, N. Adams, Spahr, Grubbs & B. Hunter	ML
18:11	1997	Wasson, J. Larson, Pa. Johnson, J.R. Anderson & P. Johnson	CL
18:20	2012	N. Adams, Foss, Rarick, Westernen & Z. Hunter	PZ
<b>18:24</b>	<b>2014</b>	<b>Foss, A. Clementson, Pixley, Grubbs &amp; Spahr</b>	<b>ML</b>

<b>STATE at St. Olaf in Northfield (Only 4)</b>			
17:23	2006	McNally, T. Miche, Hambly, Jo. Clementson & A. Lutz	
17:29	2005	McNally, T. Miche, Fischer, Hambly & A. Lutz	
17:30	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	
18:14	2000	Ja. Clementson, J. Lee, P. Johnson, Arola & Oare	
<b>ALL-TIME BESTS (Top 30)</b>			
17:23	2006	McNally, Miche, Hambly, Jo. Clementson & A. Lutz	STATE
17:29	2005	McNally, Miche, Fischer, Hambly & A. Lutz	STATE
17:30	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	STATE
17:31	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	Section 5A- PZ
5 17:38	2000	Hammill, Ja. Clementson, P. Johnson, J. Lee, & Oare	Sub-Section- PZ
17:43	2005	McNally, Miche, Hambly, A. Lutz & Fischer	Section 7A- CL
17:46	2006	McNally, Hambly, T. Miche, A. Lutz & Jo. Clementson	Becker Invite
17:47	2002	Ja. Clementson, C. Lutz, Greden, S. Peterson, Laugerman	Section 5A- BK
17:47	1997	P. Johnson, Wasson, Pa. Johnson, J. Larson & J.R. Anderson	Princeton (Mega)
10 17:48	2006	McNally, Hambly, T. Miche, A. Lutz & Jo. Clementson	MILACA MEGA
17:50	2007	McNally, Hambly, Swanson, Fischer & A. Lutz	MILACA MEGA
17:53	2000	Ja. Clementson, Hammill, P. Johnson, J. Lee & Oare	Section 5A- BK
17:53	2004	T. Miche, McNally, Fischer, Hambly & Boland	Section 7A- CL
17:54	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	TRC - PC
15 17:55	2006	McNally, T. Miche, Hambly, Lutz & Jo. Clementson	Section 7A- CL
17:55	2003	Ja. Clementson, Fischer, Dv. Hansen, A. Lee & T. Miche	RRC - SM
17:57	2007	McNally, Hambly, Swanson, Fischer & D. Hansen	Princeton Invite
17:57	2005	McNally, T. Miche, Fischer, A. Lutz & Hambly	TRC - PC
17:59	2000	Hammill, Ja. Clementson, J. Lee, P. Johnson & Oare	RRC - FO
20 18:00	2008	Swanson, D. Hansen, Emslander, Wirth & Bremer	Section 5A- PZ
18:01	2000	Hammill, Ja. Clementson, J. Lee, Oare & P. Johnson	N. Branch Invite
18:03	2006	McNally, T. Miche, Hambly, Jo. Clementson, & A. Lutz	Pierz Stampede
18:05	2006	McNally, T. Miche, Hambly, A. Lutz & Jo. Clementson	TRC- PC
18:06	2001	C. Lutz, Dv. Hansen, Zak, Ja. Clementson & Arola	RRC- NB
25 18:07	2005	McNally, T. Miche, Hambly, Boland & A. Lutz	Cambridge Invite
18:08	2007	Hambly, McNally, Swanson, A. Lutz & D. Hansen	Becker Invite
18:08	2013	Foss, N. Adams, Spahr, Grubbs & B. Hunter	Section 5A- ML
18:10	2005	T. Miche, McNally, Fischer, A. Lutz & Jo. Clementson	Pierz Stampede
18:11	1997	Wasson, J. Larson, Pa. Johnson, J.R. Anderson & P. Johnson	Section 7A- CL
30 18:14	2000	Ja. Clementson, J. Lee, P. Johnson, Arola & Oare	STATE

## BOYS - TOP 10 CROSS COUNTRY TIMES AT MEETS

<u>MILACA/MORA</u>				<u>PINE CITY</u>				<u>NORTH BRANCH</u>				<u>PIERZ</u>			
17:17	Zach Swanson	2008		17:14	John Blom	1988		17:03	Jared Clementson	2003		16:58	Trevor McNally	2006	
17:27	Trevor McNally	2006		17:14	Trevor McNally	2006		17:18	Jared Clementson	2001		17:10	Jared Clementson	2003	
17:53	Cody Hanson	2010		17:16	Zach Swanson	2008		17:22	Trevor McNally	2006		<b>17:14</b>	<b>Easton Foss</b>	<b>2014</b>	
18:03	Easton Foss	2013	Mo	17:21	Jared Clementson	2003		17:30	Cody Hanson	2010		17:14	Zach Swanson	2008	
18:03	Dan Pangerl	1998		17:28	Jared Clementson	2002		17:33	Zach Swanson	2008		17:14	Jared Clementson	2002	
18:10	David Hambly	2007		17:33	Cody Hanson	2010		17:36	Ryan Hammill	2000		17:20	Tom Miche'	2005	
18:15	Noah Adams	2013	Mo	<b>17:53</b>	<b>Easton Foss</b>	<b>2014</b>		17:41	Jared Clementson	2000		17:30	Jared Clementson	2001	
18:15	Trevor McNally	2007		17:53	Clay Fischer	2005		17:44	Chris Lutz	2002		17:33	Trevor McNally	2004	
18:20	David Hambly	2006		17:56	Tom Miche'	2006		17:44	David Hambly	2007		17:34	Ryan Hammill	2000	
18:26	David Hansen	2001		17:58	Jared Clementson	2001		17:48	David Hansen	2001		17:34	David Hansen	2001	
<u>MILACA MEGA (G.C.)</u>				<u>BECKER</u>				<u>SWAIN</u>				<u>PRIN/CAMB/PROC</u>			
17:06	Zach Swanson	2008		16:31	Jared Clementson	2002		17:25	Trevor McNally	2006		17:07	Cody Hanson	2010	Pri
17:11	Cody Hanson	2010		16:49	Trevor McNally	2006		17:54	Easton Foss	2013		17:19	Zach Swanson	2008	
<b>17:22</b>	<b>Easton Foss</b>	<b>2014</b>		16:54	Zach Swanson	2008		17:54	Trevor McNally	2005		<b>17:31</b>	<b>Easton Foss</b>	<b>2014</b>	Pro
17:24	Easton Foss	2013		17:18	David Hambly	2006		17:57	Tom Miche'	2006		17:49	Cody Hanson	2009	
17:51	Jordan Rarick	2012		17:30	Cody Hanson	2010		18:03	Noah Adams	2013		17:51	Zach Swanson	2007	
<b>17:51</b>	<b>Noah Adams</b>	<b>2014</b>		17:33	Tom Miche'	2006		18:23	Tom Miche'	2005		18:19	Dallas Hansen	2008	
17:52	Noah Adams	2013		17:35	David Hambly	2007		18:26	David Hambly	2006		18:32	Easton Foss	2013	Pro
17:59	Zach Swanson	2007		17:38	Easton Foss	2013		18:31	Trevor McNally	2007		<b>18:34</b>	<b>Andrew Clementson</b>	<b>2014</b>	Pro
18:10	Cody Hanson	2009		17:48	Trevor McNally	2007		18:48	John Hansen	1997		18:35	John Dedic	2010	Pri
18:25	Dallas Hansen	2008		17:49	Jared Clementson	2002		19:00	David Hambly	2007		18:37	Noah Adams	2012	Ca
<u>CONFERENCE</u>				<u>SECTION</u>				<u>STATE</u>				<u>ALL-TIME BESTS</u>			
16:39	Jared Clementson	2003	SM	16:20	Jared Clementson	2002	BK	*17:01	Jared Clementson	2002		16:20	Jared Clementson	2002	SECT
17:15	Trevor McNally	2006	PC	16:57	Jared Clementson	2003	CL	16:32	Trevor McNally	2006		*17:01	Jared Clementson	2002	STA
17:20	Cody Hanson	2010	PC	17:03	Trevor McNally	2005	CL	16:49	Jared Clementson	2003		16:31	Jared Clementson	2003	BL-BK
17:26	Jared Clementson	2002	PC	17:03	Trevor McNally	2007	PZ	16:50	Tom Miche'	2006		16:32	Trevor McNally	2006	STA
17:28	Zach Swanson	2008	PC	17:04	Trevor McNally	2006	CL	16:53	Cody Hanson	2010		16:37	Jared Clementson	2001	FOL
17:28	Trevor McNally	2005	PC	17:05	Cody Hanson	2010	PZ	16:55	Trevor McNally	2005		16:39	Jared Clementson	2003	CONF
17:35	Tom Miche'	2005	PC	17:05	Tom Miche'	2004	CL	16:55	Trevor McNally	2007		16:49	Jared Clementson	2003	STA
17:35	Trevor McNally	2007	PC	17:09	Easton Foss	2013	ML	<b>17:00</b>	<b>Easton Foss</b>	<b>2014</b>		16:49	Trevor McNally	2006	BKR
17:36	Ryan Hammill	1999	ML	17:10	Tom Miche'	2005	CL	17:00	Tom Miche'	2005		16:50	Tom Miche'	2006	STA
17:37	Ryan Hammill	2000	FO	<b>17:13</b>	<b>Easton Foss</b>	<b>2014</b>	ML	17:05	David Hambly	2006 & 07		16:53	Cody Hanson	2010	STA

\*5200m course (16:22)

\*5200m course (16:22)

## TOP 10 FIRST PLACE FINISHERS at Pine City Meets

### PINE CITY INVITATIONAL

Rhianna Rinke	North Branch	2012	15:00
Melissa Engelmeier	Hermantown	2003	15:03
Melissa Engelmeier	Hermantown	2004	15:40
Rhianna Rinke	North Branch	2013	15:42
Emma Johnson	Mora	2011	15:42
Rhianna Rinke	North Branch	2014	15:47
Jenny Agnew	Mille Lacs	2008	15:54
Mary Molton	Rush City	1996	16:04
Melissa Engelmeier	Hermantown	2002	16:08
Nikki Roach	Hermantown	2010	16:09

**Pine City Best:**

Abby Cummins	Pine City	2012	16:34
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### CONFERENCE MEET @ PINE CITY

Brenna Carey	Big Lake	2002	15:27
Melissa Agnew	Mille Lacs	2007	15:41
Jenny Agnew	Mille Lacs	2008	15:54
Breezy Schultz	Hinckley-Finlayson	2012	15:54
Abby Cummins	Pine City	2012	15:55
Breezy Schultz	Hinckley-Finlayson	2011	15:58
Elena Herberg	Rush City	2014	16:07
Trisha Guenningsman	Sauk Rapids	1995	16:23
Melissa Agnew	Mille Lacs	2006	16:25
Sherry Rike	Pine City	2009	16:26

**Pine City Best:**

Abby Cummins	Pine City	2012	15:55 2nc
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### PINE CITY INVITATIONAL

Chris Anderson	Chisago Lakes	1995	15:50
Charlie Lawrence	Foley	2012	16:03
Austin Bauer	Milaca	2009	16:40
Charlie Lawrence	Foley	2011	16:42
Charlie Lawrence	Foley	2010	16:49
Austin Bauer	Milaca	2008	16:54
Brett Ausmus	Hinckley	2006	17:02
Brian Granholm	CW	1995	17:05
Eric Dahlstrom	Milaca	1997	17:05
Evan Eliason	Concordia Academy	2005	17:07

**Pine City Best:**

Trevor McNally	Pine City	2006	17:14
John Bloom	Pine City		17:14

### CONFERENCE MEET @ PINE CITY

Chris Anderson	Chisago Lakes	1995	16:37
Brett Ausmus	Hinckley	2005	16:55
Josh Wurdemann	Rush City	2009	17:14
Brett Ausmus	Hinckley	2006	17:14
Trevor McNally	Pine City	2006	17:15
Neil Larsen	Milaca	2007	17:17
Cody Hanson	Pine City	2010	17:20
Jared Clementson	Pine City	2002	17:26
Zach Swanson	Pine City	2008	17:28
Jeremiah LeTourneau	Hinckley	2012	17:39

**Pine City Best:**

Trevor McNally	Pine City	2006	17:15 1st
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## TOTAL MILES - 2014

1 Easton Foss	258.6	31 Sarah Bombard	182.2
2 Marin Foss	258.0	32 Jill Tomczyk	182.0
3 Noah Adams	258.0	33 Justin Stolp	175.7
4 Nicole Peters	252.2	34 Austin Eckert	171.2
5 Allison Gusk	243.8	35 Aaron Brown	169.8
6 Jackie Westeren	234.9	36 Josh Rike	166.6
7 Ashli Webster	233.9	37 Matthew Long	166.1
8 Eli Grubbs	233.3	38 Noah Miller	165.3
9 Jonah Spahr	230.2	39 Casey Foster	164.8
10 Nick Stolp	229.5	40 Alexis Thieman	163.2
11 Remington Steele	224.8	41 Jacob Merrick	163.0
12 Karly Irlbeck	222.2	42 Aaleaha Thieman	162.5
13 Grace Langmade	221.2	43 Sam Saunders	161.9
14 James Pixley	218.0	44 Dylan Gamec-Bromberg	160.8
15 Andrew Clementson	217.8	45 Austin Cavallin	145.8
16 Ethan Leibel	215.1	46 Derek Clementson	145.5
17 Summer Rockstroh	215.1	47 Kaylee Prihoda	134.3
18 Janae Johnson	211.0	48 Jenica Hancock	131.6
19 Joseph Root	207.9	49 Dylan Schneider	112.9
20 Ryan Blake	200.4	50 Trent Raudabaugh	106.7
21 Sasha Whim	198.7	51 Jared Montague	104.4
22 Alaina Steele	196.4	52 Jordan Kotek	87.8
23 Jake Adams	193.4	53 Victor Rogers	56.0
24 Nathan Kleppe	193.0	54 Tony Pitzen	52.9
25 Nate Webster	190.7	55 Beau Hunter	27.9
26 Max Graves	187.0	56 Kaia Leibel	23.9
27 Elijah Johnson	186.4	57 Donald Aasen	5.6
28 Danny Pitzen	186.1		
29 Grace Grubbs	185.9		
30 TJ Rank	185.4		



# 1000/500 Top Practice Times - 2014

<u>1000 times</u>			<u>500 times</u>		
		<u>year</u>			<u>year</u>
1 Easton Foss	2:57	2013	1 Noah Adams	<b>1:16 (t)</b>	<b>2014</b>
2 <b>Easton Foss</b>	<b>2:57 (t)</b>	<b>2014</b>	2 <b>Easton Foss</b>	<b>1:16 (t)</b>	<b>2014</b>
3 Trevor McNally	3:00	2007	3 Easton Foss	1:17 (t)	2013
4 Cody Hanson	3:02	2010	4 Noah Adams	1:17 (t)	2013
5 John Dedic	3:03	2010	5 <b>Eli Grubbs</b>	<b>1:18 (t)</b>	<b>2014</b>
6 Jared Clementson	3:03	2002	6 Cody Hanson	1:19	2010
7 Tom Miche'	3:03	2006	7 John Dedic	1:19	2010
8 Noah Adams	3:03 (t)	2013	8 <b>James Pixley</b>	<b>1:19 (t)</b>	<b>2014</b>
9 Zach Swanson	3:04	2008	9 Tom Miche'	1:20	2005
10 <b>Eli Grubbs</b>	<b>3:05 (t)</b>	<b>2014</b>	10 Zain Hunter	1:20	2012
11 Cody Hanson	3:05 (t)	2009	11 Eli Grubbs	1:21	2013
12 Trevor McNally	3:06	2006	12 Tom Miche'	1:21	2004
13 <b>Noah Adams</b>	<b>3:06 (t)</b>	<b>2014</b>	13 Clay Fischer	1:21	2005
14 David Hambly	3:07	2004	14 Jordan Rarick	1:21	2012
15 Tom Miche'	3:07	2005	15 James Pixley	1:21 (t)	2013
16 Tom Miche'	3:08	2005	16 Jared Clementson	1:22	2012
17 Trevor McNally	3:08	2005	17 David Hambly	1:23	2006
18 Andrew Lutz	3:08	2007	18 Noah Adams	1:23	2012
19 <b>James Pixley</b>	<b>3:09 (t)</b>	<b>2014</b>	19 <b>Sasha Whim</b>	<b>1:23 (t)</b>	<b>2014</b>
20 David Hambly	3:11	2006	20 Trevor McNally	1:24	2006
21 Andrew Lutz	3:11	2006	21 Clay Fischer	1:24	2007
22 Cody Hanson	3:11	2009	22 <b>Andrew Clementsor</b>	<b>1:24 (t)</b>	<b>2014</b>
23 Chris Lutz	3:11	2002	23 Beau Hunter	1:25	2013
24 Jordan Rarick	3:11	2012	24 David Hambly	1:25	2005
			25 Josh Boland	1:25	2005
			26 David Hambly	1:25	2007
			27 Easton Foss	1:25	2012
			28 Paul Skalicky	1:25	2012
			29 Christian Miche'	1:25	2012
			30 <b>Jonah Spahr</b>	<b>1:25 (t)</b>	<b>2014</b>
			31 Russ Westeren	1:25 (t)	2013
			32 Jonah Spahr	1:25 (t)	2013
			33 Andrew Clementson	1:25 (t)	2013
1 <b>Marin Foss</b>	<b>3:29 (t)</b>	<b>2014</b>	1 <b>Marin Foss</b>	<b>1:31 (t)</b>	<b>2014</b>
2 Sherry Rike	3:30	2011	2 Sherry Rike	1:32	2011
3 Megan Miesner	3:40	2010	3 Morgan Richardson	1:32	2012
4 Abby Cummins	3:40	2012	4 Jordan Kotek	1:32 (t)	2013
5 Abby Cummins	3:41	2011	5 Sherry Rike	1:33	2012
6 Sherry Rike	3:44	2012	6 Megan Miesner	1:34	2010
7 Morgan Richardson	3:45	2012	7 <b>Allison Gusk</b>	<b>1:34 (t)</b>	<b>2014</b>
8 Brenna Richardson	3:45	2012	8 <b>Grace Grubbs</b>	<b>1:35 (t)</b>	<b>2014</b>
9 Sherry Rike	3:46	2010	9 Jackie Westeren	1:35 (t)	2013
10 <b>Allison Gusk</b>	<b>3:46 (t)</b>	<b>2014</b>	10 Sherry Rike	1:36	2008
11 <b>Grace Grubbs</b>	<b>3:46 (t)</b>	<b>2014</b>	11 <b>Grace Langmade</b>	<b>1:36 (t)</b>	<b>2014</b>
12 Jordan Kotek	3:49	2013	12 <b>Jackie Westeren</b>	<b>1:37 (t)</b>	<b>2014</b>
13 Brenna Richardson	3:49	2013	13 <b>Ashli Webster</b>	<b>1:37 (t)</b>	<b>2014</b>
14 Sherry Rike	3:49	2009	14 <b>Alaina Steele</b>	<b>1:37 (t)</b>	<b>2014</b>
15 Allison Gusk	3:50	2013	15 Sherry Rike	1:38	2010
16 Jordan Kotek	3:50	2012	16 Sherry Rike	1:38	2009
17 Jackie Gregoire	3:51	2005	17 Abby Cummins	1:39	2011
18 Emily Branzovsky	3:51	2007	18 Abby Cummins	1:39	2012
19 <b>Grace Langmade</b>	<b>3:51 (t)</b>	<b>2014</b>	19 Alexis Thieman	1:39 (t)	2013
20 Abby Cummins	3:52	2010	20 Brenna Richardson	1:39 (t)	2013
21 Morgan Richardson	3:52	2011	21 Abbey Haug	1:39 (t)	2013
22 <b>Jackie Westeren</b>	<b>3:52 (t)</b>	<b>2014</b>	22 Kendra Motyl	1:40	2008
23 <b>Ashli Webster</b>	<b>3:52 (t)</b>	<b>2014</b>	23 <b>Karly Irlbeck</b>	<b>1:40 (t)</b>	<b>2014</b>
24 Jackie Westeren	3:54 (t)	2013	24 Jordan Kotek	1:41	2010
25 Ashli Webster	3:54 (t)	2013	25 <b>Nicole Peters</b>	<b>1:42 (t)</b>	<b>2014</b>
26 Jackie Gregoire	3:55	2002	26 Abby Cummins	1:43	2010
27 Meleia Johnson	3:55	2002	27 Morgan Richardson	1:43	2011
28 Jordan Kotek	3:55	2011	28 Meleia Johnson	1:44	2002
29 Alexis Thieman	3:55 (t)	2013	29 Jordan Kotek	1:44	2012
30 Abbey Haug	3:55 (t)	2013	30 Ashli Webster	1:44 (t)	2012
31 <b>Alaina Steele</b>	<b>3:55 (t)</b>	<b>2014</b>	31 Kaylee Prihoda	1:45 (t)	2013

(t) track



## GIRLS' PRACTICE COURSE RECORDS

Course	Time	Date	Runner
1. Golf course loop -4.5	34:31	October 18, 1995	Amy Johnson
2. 580th Street - 4	32:52	September 23, 1998	Heidi Larsen
3. The loop x 3 - 3.3	21:15 (7:05 ave)	September 30, 2010	Megan Miesner
4. Cty Rd 110 west - 3	22:13	August 23, 2002	Jacki Gregoire
5. H.S. Loops - 4800 m	23:19	September 21, 2000	Miki Anderson
6. Connaker's loop - 2.7	20:38	October 6, 1997	Heidi Larsen
7. The loop x 2 - 2.2	14:27 (7:14 ave)	September 27, 2012	Jordan Kotek
8. Track - 3200 m	15:06	August 16, 1996	Becky Haavisto
9. 2 mile on mile loop	13:54 (6:57 ave)	October 15, 2012	Sherry Rike
10. G.C. loop - 1.1	6:36	September 29, 2011	Sherry Rike
11. Cty Rd 117 - 1	6:41	October 18, 1996	Bree Fischer
12. 1 x mile loop	6:36	October 3, 2010	Sherry Rike
13. 2000-1000-600 (track)	14:37	October 16, 2008	Sherry Rike
<b>14. 2000-1000-500</b>	<b>12:45</b>	<b>October 16, 2014</b>	<b>Marin Foss</b>
15. Track - 8 x 400	11:32 (1:26.5 ave)	September 30, 1999	Meleia Johnson
16. 800,1000,1200,1400,1600	26:47	September 28, 1995	Amy Johnson
17. 2 x 1200	9:32 (4:46 ave)	October 21, 1996	Becky Haavisto
18. 1 x 2000	8:47	October 20, 1997	Becky Haavisto
19. 800, 600, 400	7:19	September 12, 1997	Becky Haavisto
20. 6 x 400	7:57 (1:19 ave)	August 14, 2003	Jenna Fore
21. 4 x 400	5:30 (1:23 ave)	October 5, 1995	Amy Johnson
22. 2 x 400, 2 x 800, 2 x 400	10:18	September 15, 1998	Jenelle Stahlke
23. 2 x 1 mi, 1 x 800, 2 x 400	20:45	August 21, 1995	Bree Fischer
24. Connaker's Loops - 1.6	11:02	August 25, 1999	Heidi Larsen
25. 3 x 500	5:09 (1:43 ave)	October 22, 2013	Jordan Kotek
<b>26. 4 x 500</b>	<b>6:35 (1:39 ave)</b>	<b>October 7, 2014</b>	<b>Marin Foss</b>
27. 5 x 500	9:11(1:50 ave)	October 22, 2001	Jacki Gregoire
28. 6 x 500	10:59 (1:50 ave)	September 12, 2000	Kim Connaker
29. 8 x 500	14:28 (1:49 ave)	September 23, 2005	Jacki Gregoire
30. 3 x 800	8:46 (2:55 ave)	September 23, 2011	Sherry Rike
31. 4 x 800	14:54 (3:44 ave)	September 21, 2005	Jacki Gregoire
32. 2 x 1000	7:52 (3:56 ave)	August 15, 2013	Jordan Kotek
33. 3 x 1000	11:43 (3:54 ave)	August 21, 2012	Abby Cummins
34. 4 x 1000	14:59 (3:45 ave)	September 2, 2010	Megan Miesner
35. 5 x 1000	18:58 (3:48 ave)	September 13, 2009	Sherry Rike
36. 6 x 1000	22:54 (3:49 ave)	September 26, 20010	Abby Cummins
37. 7 x 1000	28:06 (4:01 ave)	September 17, 2003	Em Branzovsky
38. 8 x 1000	32:23 (4:03 ave)	September 18, 2002	Jacki Gregoire
39. 2x1000, 2x500, 2x1000	29:15	September 27, 2001	Jacki Gregoire
40. 1 x 1000, 4 x 500, 1 x 1000	15:51	October 7, 2002	Jacki Gregoire
41. 3 x 1000, 2 x 500	16:23	August 26, 2003	EmilyBranzovsky
42. Co 8 cut-across - 6.2	55:20	August 16, 2002	Meleia Johnson
43. 1 x mile loop, 2 x 1000	13:27	October 10, 2011	Sherry Rike
44. 1 x mile loop, 2 x 800	12:49	October 10, 2005	Jacki Gregoire
45. 1 x mile loop, 1 x 1000	10:35	October 25, 2004	Em Branzovsky
46. 2 mile on mile loop, 2 x 400	17:59	October 17, 2005	Jacki Gregoire
47. 2 mile on mile loop, 2 x 500	17:25	October 18, 2010	Megan Miesner
48. 1 x mile loop, 3 x 500	13:00	October 15, 2007	Kendra Motyl
49. 2 x 1000, 6 x 500	18:49	September 27, 2010	Megan Miesner
50. 2 x 1000, 2 x 500	10:32	October 11, 2011	Sherry Rike
51. 1 x mile loop, 1000, 500	12:02	October 22, 2012	Abby Cummins

## BOYS' PRACTICE COURSE RECORDS

Course	Time	Date	Runner
1. Golf course loops -5.6	33:59	September 21, 2010	Cody Hanson
2. Golf Course loop - 4.5	26:56	September 14, 1998	Dan Pangerl
3. 580th Street - 4	25:56	September 23, 1998	Ryan Hammill
4. Connaker's loops - 3.8	23:00	August 20, 1997	J. R. Anderson
5. Connaker's loops - 3.5	20:56	August 25, 1998	Ryan Hammill
6. The loop x 3 - 3.3	17:13 (6:04 ave)	September 30, 2010	Cody Hanson
7. Cty Rd 110 west - 3	17:47	August 23, 2002	Chris Lutz
8. H.S. loops - 4800 m	19:43	October 21, 2000	Peter Johnson
9. Connaker's loop - 2.7	15:40	October 26, 1998	Ryan Hammill
10. 5 x 800	12:47 (2:33 ave)	September 21, 1999	Jeremy Lee
11. The loop x 2 - 2.2	11:32 (5:46 ave)	September 27, 2006	Trevor McNally
12. Track - 3200 m	10:47	August 16, 1996	J. R. Anderson
13. H.S. Loops - 3200 m	11:37	August 22, 1997	J. R. Anderson
<b>14. G C loop - 1.1</b>	<b>5:21</b>	<b>August 18, 2014</b>	<b>Easton Foss</b>
15. Cty Rd 117 - 1	5:26	October 18, 1996	J. R. Anderson
16. 1 x mile loop	5:23	October 4, 2010	Cody Hanson
17. 2000-1000-600 (track)	11:29	September 29, 1998	J. R. Anderson
<b>18. 2000-1000-500</b>	<b>10:55</b>	<b>October 16, 2014</b>	<b>Easton Foss</b>
19. Track - 8 x 400	9:04 (1:08 ave)	September 4, 1995	J. R. Anderson
20. 800, 1000, 1200, 1400, 1600	21:46	September 28, 1995	J. R. Anderson
21. 2 x 1200	7:27 (3:43 ave)	October 2, 1997	J. R. Anderson
22. 1 x 2000	6:50	October 20, 1997	Jason Larsen
23. 800, 600, 400	5:11	September 12, 1997	J. R. Anderson
24. 6 x 400	6:31 (1:05 ave)	August 14, 2003	Jared Clementson
25. 4 x 400	4:14 (1:03.5 Ave)	October 16, 1997	J. R. Anderson
26. 2 x 400, 2 x 800, 2 x 400	9:28	September 15, 1997	J. R. Anderson
27. 2 x 1 mi, 1 x 800, 2 x 400	15:45	August 21, 1995	J. R. Anderson
28. Connaker's loops - 1.6	8:52	October 25, 1999	Ryan Hammill
29. 3 x 500	4:07 (1:22 ave)	October 21, 2003	Jared Clementson
30. 4 x 500	5:24 (1:21ave)	November 2, 2010	Cody Hanson
31. 5 x 500	7:28 (1:29 ave)	October 22, 2001	David Hansen
32. 6 x 500	8:59 (1:29 ave)	September 11, 2001	Jared Clementson
33. 8 x 500	12:27 (1:31 ave)	October 5, 2000	Ryan Hammill
34. 3 x 800	8:14 (2:45 ave)	September 23, 2011	Mike Connelly
35. 4 x 800	11:28 (2:52 ave)	September 21, 2005	Tom Miche'
36. 6 x 200	3:01 (30.2 ave)	October 31, 2002	Chris Lutz
37. 2 x 1000	6:06 (3:03 ave)	August 17, 2006	Tom Miche'
38. 3 x 1000	9:25 (3:08 ave)	August 22, 2006	Tom Miche'
39. 4 x 1000	12:26 (3:06 ave)	September 2, 2010	Cody Hanson
<b>40. 5 x 1000</b>	<b>16:20 (3:16 ave)</b>	<b>September 17, 2014</b>	<b>Easton Foss</b>
41. 6 x 1000	19:26 (3:14 ave)	September 26, 2013	Easton Foss
42. 7 x 1000	23:28 (3:21 ave)	September 17, 2003	Jared Clementson
43. 8 x 1000	25:28 (3:11 ave)	September 23, 2003	Jared Clementson
44. 2x1000, 2x500, 2x1000	16:43	September 27, 2001	Jared Clementson
45. 3 x 1000, 2 x 500	12:56	August 26, 2003	Jared Clementson
46. Co 8 cut across - 6.2	38:45	September 29, 2010	Cody Hanson
47. 1 x mile loop, 2 x 1000	11:37	October 7, 2013	Easton Foss
48. 1 x mile loop, 1 x 1000	8:06	October 21, 2013	Easton Foss
49. 1 x mile loop, 2 x 800	10:04	October 10, 2005	Tom Miche'
50. 3 mile on mile loop	17:00 (5:40 ave)	August 24, 2006	Trevor McNally
51. 2 mile on mile loop, 2 x 400	13:41	October 17, 2005	Tom Miche'
52. 2 mile on mile loop, 2 x 500	13:52	October 18, 2010	Cody Hanson
53. 2 x 1000, 2 x 500	9:16	October 22, 2009	Cody Hanson
54. 1 x mile loop, 3 x 500	10:13	October 15, 2007	David Hambly
55. 2 x 1000, 6 x 500	15:01	September 27, 2010	Cody Hanson
56. Mailbox run - 5 mi	33:20 (6:40 ave)	November 3, 2010	Nick Bremer
57. 1 x mile loop, 1000, 500	9:59	November 1, 2010	Cody Hanson

# Pine City High School Cross Country

## 2014 Awards:

### **MOST VALUABLE RUNNER**

Marin Foss  
16:13

Easton Foss  
17:00

### **ROOKIE OF THE YEAR**

Grace Langmade  
17:29

Sasha Whim  
20:29

Karly Irlbeck  
17:44

Remington Steele  
20:38

### **MOST IMPROVED RUNNER**

Nicole Peters  
17:54

Nick Stolp  
19:31

James Pixley  
18:40

### **WORKHORSE AWARD**

Allison Gusk  
16:15

Eli Grubbs  
18:46

### **SPORTSMANSHIP AWARD**

Ashli Webster  
16:56

### **“PC” AWARD**

(Persistent and Courageous)

Summer Rockstroh  
18:06

Noah Adams  
17:51

### **TEAM AWARD**

(Together Everyone Achieves More)

Grace Grubbs  
18:20

Andrew Clementson  
18:15

### **PERSEVERANCE AWARD**

Jackie Westeren  
17:49

Jonah Spahr  
18:46

**CAPTAINS:** Jonah Spahr      Easton Foss      Jackie Westeren      Allison Gusk

## CONFERENCE TEAM CHAMPIONS

Boys' Varsity (21pts)

Boys' JV (23pts)

Boys' JH (14pts)

Girls' Varsity (20pts)

Girls' JV (15pts)

### ALL CONFERENCE

Easton Foss (1)

Noah Adams (2)

Eil Grubbs (5)

Jonah Spahr (6)

James Pixley (7)

Marin Foss (2)

Allison Gusk (5)

Ashli Webster (6)

Grace Langmade (7)

Nicole Peters (8)

### HONORABLE MENTION

Andrew Clementson (11)

Jackie Westeren (10)

## CONFERENCE INDIVIDUAL CHAMPIONS

Boys' Varsity: Easton Foss

Girls' JV: Karly Irlbeck

Girls' JH: Alaina Steele

### ACADEMIC EXCELLENCE

Boys: Silver Level (3.65 Cum GPA)

Girls: Gold Level (3.88 Cum GPA)

### STATE MEET QUALIFIERS

Easton Foss (10)

Marin Foss (12)

### LETTER WINNERS:

Jackie Westeren

Easton Foss

Jonah Spahr

James Pixley

Allison Gusk

Noah Adams

Andrew Clementson

Danny Pitzen

Eli Grubbs

Nick Stolp

Marin Foss

Ashli Webster

Grace Langmade

Nicole Peters

Summer Rockstroh

Jill Tomczyk

Karly Irlbeck



Coach Etta Coach Adams Coach Hussong Coach Clementson Coach Allen

THANKS for a  
WONDERFUL season!

- Coaches

# XC RUNNER'S DNA

FANATICAL DESIRE  
FOR PASTA

AFFECTION FOR  
SHORT SHORTS

TENDENCY TO  
EXAGGERATE PBs

ABILITY TO FIND  
OPEN BATHROOM

72.3 VO<sub>2</sub> MAX

PRONE TO SHIN SPLINTS

1,000'S ARE MORE  
THAN JUST A NUMBER

INABILITY TO DOWNSIZE  
T-SHIRT COLLECTION

FIXATION ON  
HYDRATION

SYMPATHY FOR ROADKILL

