

DRAGON



TRACK & FIELD

Your TALENT

determines

what you can do.

Your MOTIVATION

determines

how much you are willing to do.

Your ATTITUDE

determines

how well you do it.

TIME TRIALS @ BLAINE
Wednesday, March 23, 2005 - 3:15
Pine City Girls Results

55 m Hurdles			Shot Put	1. Steph Gregoire	22' 4"
				2. Maria Bellinger	28' 3"
55 m Dash	1. Jamie Parent	8.6			
	2. Jenny Linnell	9.3			
	3. Dani Pangerl	8.3	Long Jump	1. Becky Osterdyk	14' 7"
	4. Larissa Anderson	8.6		2. Larissa Anderson	
	5. Heather Rathburn	9.0		3. Jenny Linnell	
	6. Emily Erickson	9.7		4. Dani Pangerl	
				5. Tara Miche	
4 x 200 m Relay	1. Maria Bellinger	29.9			
	2. Jenni Linnell	32.9	High Jump	1. Becky Osterdyk	4' 10"
	3. Emily Branzovsky	28.4		2. Jamie Parent	4' 6"
	4. Becky Osterdyk	<u>27.9</u>			
		1:59.2			
1600 m Run	1. Jacki Gregoire	6:38.1	Triple Jump	1. Etta Clementson	24' .25"
	(1:22, 1:46, 1:45, 1:31)			2. Emily Erickson	22' 6"
	2. Steph Gregoire	6:53.3			
	(1:26, 1:47, 1:52, 1:48)		Pole Vault	1. Maria Bellinger	
				2. Heather Rathburn	
400 m Dash	1. Etta Clementson	1:18.3			
	2. Emily Erickson	1:22.0			
	3. Heather Rathburn	1:22.7			
800 m run	1. Jacki Gregoire	(1:31, 1:39)	3:10.2		
	2. Emily Branzovsky	(1:17, 1:29)	2:46.4	<u>Participating Schools:</u>	
	3. Kerri Hughes	(1:23, 1:50)	3:13.2	Mora	
	4. Steph Gregoire	DNF		Pine City	
				Princeton	
200 m Dash	1. Becky Osterdyk	29.5			
	2. Jamie Parent	32.8			
	3. Larissa Anderson	DNR			
	4. Jenni Linnell	30.2			
	5. Maria Bellinger	31.2			
	6. Dani Pangerl	32.4			
4 x 400 m Relay	1. Emily Branzovsky	1:11.9			
	2. Kerri Hughes	1:14.5			
	3. Etta Clementson	1:18.4			
	4. Jacki Gregoire	<u>1:20.3</u>			
		5:05.2			

TIME TRIALS @ BLAINE
Wednesday, March 23, 2005 - 3:15
Pine City Boys' Results

55 m Hurdles			Shot Put	1. Brice Thieman	34' 4"
				2. Dan Hambly	30' 5"
55 m Dash	1. Josh Skalicky	7.8		3. Geoff Gregoire	30' 4"
	2. Dan Hambly	8.5			
	3. Geoff Gregoire	7.5	Pole Vault	1. Trevor McNally	
4 x 200 m Relay	1. Geoff Gregoire	27.4	Long Jump	1. Haakan Hansen	14'
	2. Eden Miche'	27.4			
	3. Ralph Knowlton	29.4			
	4. Haakon Hansen	<u>28.3</u>			
		1:52.5	High Jump	1. Haakon Hansen	4' 10"
1600 m Run	1. Tom Miche'	5:18.6		2. Jordan Clementson	5' 0"
	(1:09, 1:23, 1:25, 1:21)			3. Ralph Knowlton	
	2. Trevor McNally	5:20.6 PB		4. Josh Skalicky	5' 0" PB
	(1:09, 1:23, 1:25, 1:23)		Triple Jump	1. Haakon Hansen	31'
	3. David Hambly	5:32.7		2. Jordan Clementson	29' 11"
	(1:13, 1:28, 1:28, 1:24)			3. Tom Miche'	32' 9"
	4. Jordan Clementson	5:49.8		4. David Hambly	30' 6"
	(1:18, 1:28, 1:33, 1:31)			5. Ralph Knowlton	
400 m Dash	1. Eden Miche'	1:06.1			
	2. Josh Skalicky	1:04.2			
	3. Ralph Knowlton	DNR			
800 m run	1. Trevor McNally	(1:08, 1:21)	2:29.4		
	2. David Hambly	(1:13, 1:20)	2:33.6		
	3. Tom Miche'	(1:11, 1:19)	2:30.9		
200 m Dash	1. Josh Skalicky	29.9		<u>Participating Schools:</u>	
	2. Eden Miche'	28.7		Mora	
	3. Brice Theiman	29.4		Pine City	
	4. Ralph Knowlton	DNR		Princeton	
4 x 400 m Relay	1. David Hambly	1:03.4			
	2. Jordan Clementson	1:04.9			
	3. Trevor McNally	1:05.8			
	4. Tom Miche'	<u>1:04.0</u>			
		4:18.2			

RUM RIVER CONFERENCE INDOOR @ FOLEY
Friday, April 1, 2005 - 4:00
Pine City Girls' Results

4 x 800 m Relay 1. Jenna Fore (80, 85) 2:44.8
 2. Etta Clementson (90, 98) 3:08.3
 3. Steph Gregoire (87, 95) 3:01.8
 4. Jacki Gregoire (~~79, 98~~) 2:58.1
 11:48.1 6th

55 m Hurdles 1. Christina Marier 11.6

55 m Dash 1. Becky Osterdyk 7.8 3rd
 2. Larissa Anderson 8.5 PB
 3. Dani Pangerl 8.6

4 x 200 m Relay 1. Maria Bellinger 29.1
 2. Kasey Perell 31.2
 3. Emily Branzovsky 28.3
 4. Becky Osterdyk 28.6
 1:57.4 2nd

1600 m Run 1. Jacki Gregoire 6:42.5 7th
 (1:31, 1:44, 1:45, 1:43)
 2. Steph Gregoire 6:48.6 10th BTY
 (1:33, 1:43, 1:49, 1:44)

4 x 100 m Relay 1. Maria Bellinger 11.6
 2. Kasey Perell 13.9
 3. Amy Wolfe 17.6
 4. Dani Pangerl 15.7
 58.7 5th

400 m Dash 1. Jenna Fore 69.6 7th
 2. Heather Rathburn 84.7
 3. Emily Erickson 79.2 PB

800 m Run 1. Emily Branzovsky 2:48.8 7th
 (1:19.9, 1:29.6)

200 m Dash 1. Larissa Anderson 30.8
 2. Kasey Perell 30.6
 3. Christina Marier 31.9 PB

3200 m Run

4 x 400 m Relay 1. Jenna Fore 69.6
 2. Kerri Hughes 71.1
 3. Etta Clementson 79.9
 4. Emily Erickson 77.6
 4:59.3

High Jump 1. Becky Osterdyk 4' 6"
 2. Lisa Drexler 4' 8" 7th

Long Jump 1. Becky Osterdyk 14' 3.75" 2nd
 2. Lisa Drexler 14' 5" 1st

Triple Jump 1. Etta Clementson 22' 10"
 2. Emily Erickson 21' 9"
 3. Kerrie Hughes

Pole Vault 1. Maria Bellinger
 2. Heather Rathburn 6' 6" 8th

Shot Put 1. Maria Bellinger 29' 1" 5th BTY
 2. Steph Gregoire

TEAM RESULTS:

1. Princeton	88
2. North Branch	83
3. Milaca	80
4. STMA	76
5. Mora	68
6. Big Lake	67
7. Chisago Lakes	61
8. Pine City	52
9. Foley	43

RUM RIVER CONFERENCE INDOOR @ FOLEY
Friday, April 1, 2005 - 4:00
Pine City Boys' Results

4 x 800 m Relay	1. Tom Miche' (68, 77) 2:25.1	High Jump	1. Jordan Clementson 5' 0" 8th
	2. Jordan Clementson (71, 77) 2:28.1		2. Josh Skalicky NH
	3. David Hambly (74, 79) 2:32.8		3. Mike Talbot NH
	4. Trevor McNally (68, 75) <u>2:23.9</u>		
	9:48.0 4th	Long Jump	1. Haakon Hanson 15' 4" BTY

55 m Hurdles

55 m Dash	1. Geoff Gregoire 7.4 PB	Triple Jump	1. Haakon Hanson 30' 2.5"
	2. Eden Miche' 7.6		2. Jordan Clementson 31' 7" PB
	3. Calvin Arend 8.0		3. Mike Talbot 31' 11"

		Pole Vault	1. Mike Talbot 9' 0" 8th PB
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4 x 200 m Relay	1. Geoff Gregoire 27.4		
	2. Eden Miche' 28.7		
	3. Josh Skalicky 28.3		
	4. Haakon Hanson <u>26.6</u>		
	1:50.9	Shot Put	1. Brice Thieman 34' 8" BTY
			2. Jed Derhaag 33' 11"
			3. Jordan Monson 31' 7"

1600 m Run	1. Jordan Clementson 5:33.3 BTY
	(1:18, 1:24, 1:27, 1:23)

4 x 100 m Relay	1. Geoff Gregoire 11.4	
	2. Dan Hambly 14.1	
	3. Haakon Hansen 14.5	
	4. Hunter Seuntjens <u>13.5</u>	
	53.3	8th

TEAM RESULTS:

400 m Dash	1. Josh Skalicky 65.1	1. Chisago Lakes 110
	2. Hunter Seuntjens 64.9	2. Foley 93
800 m Run		3. Mora 86
	1. David Hambly 2:28.5 BTY	4. Princeton 74
	(71, 78)	5. Milaca 70
		6. North Branch 58
		7. Big Lake 55
200 m Dash	1. Eden Miche' 28.1 PB	8. STMA 49
	2. Calvin Arend 28.5	9. Pine City 22
	3. Brice Thieman 29.9	

3200 m Run	1. Tom Miche' 11:35.7 3rd
	(1:18, 1:25, 1:27, 1:30, 1:27, 1:34, 1:33, 1:23)
	2. Trevor McNally 11:30.9 2nd
	(1:18, 1:25, 1:27, 1:30, 1:27, 1:30, 1:32, 1:23)

4 x 400 m Relay

You must have the

DETERMINATION

to keep going

when the going gets tough.

**The refusal to give in to
discouragement, or fatigue, or
laziness, or failure.**

The will TO PRESS ON,

TO KEEP

TRYING,

TO PERSIST.

GIRLS' TIGERAMA @ RUSH CITY

Tuesday, April 12, 2005

Pine City Girls' Results

cloudy, cold, damp

4 x 800 m Relay		High Jump	1. Becky Osterdyk 2. Lisa Drexler	5' 0" 4' 8"	1st 2nd	BTY			
100 m Hurdles	1. Christina Marier 2. Amy Wolfe	20.4 22.1							
100 m Dash	1. Becky Osterdyk 2. Larissa Anderson 3. Shannon Miller	13.7 15.1 15.4	3rd	Long Jump	1. Becky Osterdyk 2. Lisa Drexler 3. Christina Marier	14' 7" 13' 10.75" 11' 6"	1st 4th		
4 x 200 m Relay	1. Maria Bellinger 2. Kasey Perell 3. Emily Branzovsky 4. Becky Osterdyk	29.8 28.6 28.9 <u>27.9</u>	1:55.7	1st PB	Triple Jump	1. Emily Erickson 2. Lisa Drexler	30' 0"	5th	
1600 m Run	1. Jacki Gregoire (1:26, 1:38, 1:40, 1:42)	6:26.6	6th	BTY	Pole Vault	1. Maria Bellinger 2. Heather Rathburn	7' 6" 6' 6"	2nd	
	2. Steph Gregoire (1:29, 1:45, 1:49, 1:42)	6:40.1	BTY	Shot	1. Maria Bellinger 2. Steph Gregoire	30' 1.5" 24' 3"	5th	PB	
4 x 100 m Relay	1. Amy Wolfe 2. Shannon Miller 3. Ginny Anderson 4. Kasey Perell	14.5 17.4 13.2 <u>14.3</u>	59.1	5th	Discus	1. Jenna Fore 2. Maria Bellinger 3. Emily Erickson	98' 0" 73' 9" 46' 10"	3rd	
400 m Dash	1. Emily Branzovsky 2. Rikki Heimdahl 3. Heather Rathburn	63.3 78.8 DNR	1st	<u>TEAM RESULTS</u>					
300 m Hurdles	1. Amy Wolfe 2. Christina Marier	65.9 59.1	1. Mille Lacs 2. Rush City 3. Pine City 4. Hinckley 5. Braham 6. Ogilvie 7. Barnum 8. East Central 9. MLWR					144 97 92 61 55 54 29 15 10	
800 m Run	1. Jenna Fore 2. Emily Erickson 3. Ginny Anderson	(78, 91) (87, 95) (96, 89)	2:48.5 3:01.5 3:04.4	2nd PB					
200 m Dash	1. Kasey Perell 2. Anna Smith	30.8 37.7							
3200 m Run	1. Jacki Gregoire	14:10.6	6th						
	(1:32, 1:37, 1:47, 1:54, 1:54, 1:53, 1:39)								
4 x 400 m Relay	1. Rikki Heimdal 2. Emily Erickson 3. Ginny Anderson 4. Emily Branzovsky	79.1 77.5 75.7 <u>64.6</u>	4:57.5	4th					

QUADRANGULAR MEET @ PINE CITY

Thursday, April 14, 2005

Pine City Girls' Results

warm, sunny

4 x 800 m Relay				High Jump	1. Becky Osterdyk	4' 10"	3rd
					2. Lisa Drexler	4' 8"	4th
100 m Hurdles	1. Christina Marier	20.2	3rd BTY	Long Jump	1. Becky Osterdyk	15' 7"	1st BTY
					2. Lisa Drexler	14' 9.5"	3rd PB
100 m Dash	1. Becky Osterdyk	13.8	1st		3. Christina Marier	12' 11.5"	BTY
	2. Heather Rathburn	15.8			4. Anna Smith	11' 7.5"	
	3. Shannon Miller	15.5		Triple Jump	1. Lisa Drexler	30' 11"	3rd
	4. Ginny Anderson	15.5					
	5. Amy Wolfe	15.1					
4 x 200 m Relay	1. Maria Bellinger	29.3		Pole Vault	1. Maria Bellinger	7' 0"	5th
	2. Kasey Perell	30.5			2. Heather Rathburn	6' 0"	
	3. Emily Branzovsky	27.7		Shot	1. Maria Bellinger	29' 4"	3rd
	4. Becky Osterdyk	<u>27.5</u>			2. Steph Gregoire	22' 7"	
		1:54.9	1st PB	Discus	1. Jenna Fore	101' 1"	1st BTY
1600 m Run	1. Jacki Gregoire	6:32.1	1st		2. Maria Bellinger	92' .5"	2nd PB
	(1:22, 1:40, 1:48, 1:42)				3. Emily Erickson	45' 5"	
	2. Steph Gregoire	6:42.8	3rd		4. Steph Gregoire	62' 9.5"	PB
	(1:22, 1:44, 1:48, 1:50)						
4 x 100 m Relay	1. Amy Wolfe	15.5					
	2. Kasey Perell	14.9					
	3. Ginny Anderson	13.7					
	5. Emily Branzovsky	<u>13.6</u>					
		57.6	2nd				
	1. Christina Marier	14.0					
	2. Shannon Miller	14.7					
	3. Heather Rathburn	16.1					
	4. Larissa Anderson	<u>14.2</u>					
		59.9					
400 m Dash	1. Jenna Fore	69.6	4th				
	2. Emily Branzovsky	68.1	3rd				
300 m Hurdles	1. Christina Marier	59.3	2nd				
	2. Amy Wolfe	67.1	4th				
800 m Run							
200 m Dash	1. Kasey Perell	30.6					
3200 m Run							
4 x 400 m Relay	1. Jenna Fore	69.9					
	2. Emily Erickson	78.6					
	3. Steph Gregoire	74.8					
	4. Jacki Gregoire	<u>74.1</u>					
		4:57.3	2nd				

TEAM RESULTS

1. Milaca	81
2. Pine City	74
Princeton	74
4. Foley	23

QUADRANGULAR MEET @ PINE CITY
Thursday, April 14, 2005
Pine City Boys' Results
warm, sunny

4 x 800 m Relay	1. David Hambly 2. Justin Palmer 3. Tom Miche' 4. Trevor McNally	2:24.4 2:39.6 2:26.0 <u>2:18.9</u> 9:48.9	BTY PB 1st	High Jump	1. Jordan Kruse 2. Jeff Hussong 3. Jon Othoudt 4. Jordan Clementson	5' 8" 5' 6" 5' 6" 5' 2"	1st 2nd 3rd PB	
110 m Hurdles	1. Jordan Kruse	19.1	2nd	Long Jump	1. Jordan Kruse 2. Jeff Hussong 3. Mike Talbot	18' 7" 15' 8" 15' 5"	2nd	
100 m Dash	1. Geoff Gregoire 2. Eden Miche 3. Taran Leight 4. Hunter Seuntjens	13.3 13.2 12.9 12.7		Triple Jump	1. Mike Talbot 2. Jordan Clementson 3. David Hambly 4. Trevor McNally	32' 8" 33' 5" 28' 7"	4th BTY 3rd PB	
4 x 200 m Relay	1. Calvin Arend 2. Jon Othoudt 3. Justin Palmer 4. Eden Miche	27.9 27.4 25.7 <u>27.0</u> 1:47.9	3rd	Shot	1. Brice Thieman 2. Geoff Gregoire 3. Cole Anderson 4. Jordan Monson	34' 0" 33' 4.75" 29' 9.25" 30' 9.75"	PB	
1600 m Run	1. Jordan Clementson	5:18.9	3rd PB (1:13, 1:18, 1:26, 1:21)	Discus	1. Brice Thieman 2. Cole Anderson 3. Jordan Monson	109' 10.5" 75' 7" 77' 10"	PB	
4 x 100 m Relay	1. Geoff Gregoire 2. Jon Othoudt 3. Calvin Arend 4. Taran Leight	13.8 12.2 12.3 <u>12.7</u> 51.1	3rd	Pole Vault	1. Mike Talbot	9' 6"	4th PB	
400 m Dash	1. Justin Palmer 2. Trevor McNally 3. David Hambly	61.5 62.1 64.7		<u>TEAM RESULTS:</u>				
300 m Hurdles	1. Jordan Kruse 2. Jeff Hussong 3. Hunter Seuntjens	44.5 52.4 50.4	1st 5th	1. Milaca 85				
800 m Run								2. Princeton 62
200 m Dash	1. Calvin Arend 2. Eden Miche 3. Taran Leight	27.6 27.7 26.8	PB	3. Foley 58				
3200 m Run	1. Tom Miche'	11:11.1	4th BTY (1:15, 1:23, 1:24, 1:24, 1:27, 1:26, 1:28, 1:20)	4. Pine City 56				
	2. Trevor McNally	11:06.5	3rd PB (1:13, 1:22, 1:25, 1:25, 1:24, 1:24, 1:31, 1:20)					
	3. David Hambly	11:59.8	5th (1:21, 1:23, 1:24, 1:34, 1:36, 1:38, 1:36, 1:22)					
4 x 400 m Relay								

It's not your

APTITUDE

but your

ATTITUDE

that determines your

ALTITUDE

and that takes

INTESTINAL FORTITUDE.

QUADRANGULAR MEET @ MORA

Tuesday, April 26, 2005

Pine City Boys' Results

very cold, very windy, sleet

4 x 800 m Relay	1. David Hambly	2:30.8	3rd	High Jump	1. Jordan Kruse	5' 6"	3rd
	2. Justin Palmer	2:42.9			2. Jeff Hussong	5' 0"	4th
	3. Jordan Clementson	2:23.3			3. Jon Othoudt	-	
	4. Tom Miche'	<u>2:20.8</u>			4. Jordan Clementson	5' 0"	5th
		9:57.8					

110 m Hurdles	1. Jordan Kruse	17.5	1st	Long Jump	1. Jordan Kruse	17' 9"	2nd
					2. Jeff Hussong	15' 6"	
100 m Dash	1. Taran Leight	12.8	PB	Triple Jump	3. Mike Talbot	15' 3"	
	2. Jon Othoudt	13.2			1. Mike Talbot	33' 10.5"	3rd
	3. Eden Miche'	12.9	PB		2. Jordan Clementson	32' 1.5"	5th
	4. Cole Anderson	13.8					

4 x 200 m Relay	1. Calvin Arend	27.9	1:51.2	Shot	1. Brice Thieman	34' 1"	
	2. Jon Othoudt	29.2			2. Geoff Gregoire		
	3. Taran Leight	26.7			3. Cole Anderson		
	4. Eden Miche'	<u>27.3</u>			4. Jordan Monson	30' 6"	
					5. Jeff Whited	29' 1"	

1600 m Run	1. Trevor McNally	5:10.6	2nd	Discus	1. Brice Thieman	109' 3"	5th
	(1:08, 1:20, 1:21, 1:20)				2. Cole Anderson		
	2. Jeff Hussong	6:10.7		3. Jordan Monson	78' 9"	PB	
	(1:17, 1:35, 1:43, 1:36)			5. Hunter Seuntjens	91'		

4 x 100 m Relay	1. Calvin Arend	13.6	53.1	3rd	6. Jed Derhaag	27'	
	2. Jon Othoudt	13.5			7. Jeff Whited	74' 11"	
	3. Taran Leight	14.4					
	4. Hunter Seuntjens	<u>12.2</u>					

400 m Dash

TEAM RESULTS:

300 m Hurdles	1. Jordan Kruse	46.7	1st	1. Princeton	79
	2. Jeff Hussong	56.2		2. STMA	69
	3. Hunter Seuntjens	50.7	5th	3. Mora	63
				4. Pine City	46

800 m Run	1. Jordan Clementson	(76.9, 82.2)	2:40.1
	2. Justin Palmer	(74.9, 91.5)	2:46.5

200 m Dash	1. Eden Miche'	27.5
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3200 m Run	1. David Hambly	11:55.9	4th
	(1:18, 1:26, 1:18, 1:35, 1:25, 1:34, 1:33, 1:23)		

	2. Trevor McNally	11:19.9	2nd
	(1:17, 1:26, 1:26, 1:26, 1:27, 1:28, 1:25, 1:23)		

4 x 400 m Relay	1. Tom Miche'	60.2	4:12.9	2nd
	2. Mike Talbot	64.3		
	3. Justin Palmer	67.4		
	4. Hunter Seuntjens	<u>61.5</u>		

BIG LAKE INVITATIONAL
Friday, April 29, 2005
Pine City Girls' Results
partly sunny, cold, windy

4 x 800 m Relay				High Jump	1. Becky Osterdyk	4' 10"	2nd
					2. Lisa Drexler	4' 8"	6th
100 m Hurdles	1. Christina Marier	19.1	7th		3. Jenna Fore	4' 8"	7th
	2. Amy Wolfe	24.4		Long Jump	1. Becky Osterdyk	15' 1.5"	3rd
					2. Lisa Drexler	14' 10.5"	4th PB
100 m Dash	1. Becky Osterdyk	13.8	6th tie		3. Christina Marier		
	2. Ginny Anderson	15.0	PB	Triple Jump	1. Lisa Drexler	29' 10"	7th
	3. Shannon Miller	15.0	BTY				
4 x 200 m Relay	1. Maria Bellinger	29.2		Pole Vault	1. Maria Bellinger	8' 0"	2nd BTY
	2. Kasey Perell	29.9			2. Heather Rathburn	6' 0"	6th tie
	3. Larissa Anderson	28.0					
	4. Becky Osterdyk	<u>29.5</u>					
		1:56.7	3rd				
1600 m Run	1. Jacki Gregoire	6:20.2	8th BTY	Shot	1. Maria Bellinger	29' 6"	3rd
	(1:24, 1:37, 1:44, 1:33)				2. Steph Gregoire	24' 10"	7th BTY
	2. Steph Gregoire	7:02.2					
	(1:31, 1:47, 1:54, 1:50)			Discus	1. Jenna Fore	87' 4"	2nd
4 x 100 m Relay	1. Christina Marier	14.5			2. Maria Bellinger	101' 1"	1st PB
	2. Shannon Miller	17.2			3. Steph Gregoire	73' 9"	PB
	3. Ginny Anderson	12.9					
	4. Kasey Perell	<u>13.8</u>					
		58.3	7th				
400 m Dash	1. Heather Rathburn	80.1	BTY				
300 m Hurdles	1. Christina Marier	59.3	7th				
	2. Amy Wolfe	69.9					
800 m Run							
200 m Dash	1. Larissa Anderson	30.3					
	2. Shannon Miller	33.5					
3200 m Run	1. Jacki Gregoire	13:43.9	5th				
	(1:36, 1:40, 1:42, 1:48, 1:46, 1:49, 1:46, 1:36)						
4 x 400 m Relay	1. Amy Wolfe	82.2					
	2. Kasey Perell	73.6					
	3. Larissa Anderson	72.0					
	4. Ginny Anderson	<u>72.5</u>					
		5:00.4	7th				

TEAM RESULTS

1. Sauk Centre	127.7
2. Big Lake	116
3. Foley	95.3
4. Rockford	86.5
5. Pine City	81.5
6. Princeton	78
7. Milaca	60
8. Proctor	36

BIG LAKE INVITATIONAL
Friday, April 29, 2005
Pine City Boys' Results
partly sunny, cold, windy

4 x 800 m Relay				High Jump	1. Jeff Hussong	5' 6"	2nd
					2. Jordan Clementson	5' 2"	6th
110 m Hurdles					3. Jon Othoudt	5' 0"	8th tie
100 m Dash	1. Taran Leight	13.2		Long Jump	1. Mike Talbot	15' 4"	
	2. Geoff Gregoire	12.8			1. Jeff Hussong	15' 6.25"	
4 x 200 m Relay	1. Calvin Arend	27.1					
	2. Taran Leight	26.2					
	3. Jon Othoudt	26.9		Triple Jump	1. Mike Talbot	33' 4"	8th
	4. Eden Miche'	<u>27.9</u>			2. David Hambly	29' 6"	
		1:48.2	5th				
1600 m Run	1. Tom Miche'	4:52.2	4th PB				
	(1:10, 1:17, 1:16, 1:09)			Shot	1. Brice Thieman	31' 10"	
	2. Trevor McNally	5:00.1	8th PB		2. Jed Derhaag	33' 8"	
	(1:11, 1:17, 1:17, 1:16)				3. Jordan Monson	31' 7.5"	PB
	3. David Hambly	5:29.2	BTY	Discus	1. Brice Thieman	113' 10"	6th PB
	(1:16, 1:24, 1:27, 1:22)				2. Jed Derhaag	92' 7"	
					3. Cole Anderson	81' 4"	PB
4 x 100 m Relay	1. Calvin Arend	12.6					
	2. Taran Leight	12.9		Pole Vault	1. Mike Talbot	10' 0"	5th PB
	3. Jon Othoudt	13.2					
	4. Hunter Seuntjens	<u>12.3</u>					
		50.9	6th BTY				
400 m Dash	1. Justin Palmer	58.2	PB				
	2. Geoff Gregoire	58.9	PB				
	3. Eden Miche'	61.1	PB				
300 m Hurdles	1. Hunter Seuntjens	47.7	4th tie PB				
	2. Jeff Hussong	53.1					
					<u>TEAM RESULTS:</u>		
800 m Run	1. Tom Miche'	2:19.7	BTY		1. Foley	182.25	
	(67.6, 72.0)				2. Princeton	114	
					3. Milaca	93.25	
200 m Dash	1. Eden Miche'	28.2			4. Proctor	83.25	
	2. Calvin Arend	26.7	PB		5. Sauk Centre	74	
	3. Justin Palmer	25.9			6. Big Lake	59.5	
					7. Pine City	44.25	
3200 m Run	1. Trevor McNally	11:04.1	3rd		8. Rockford	25	
	(1:16, 1:22, 1:23, 1:26, 1:23, 1:24, 1:28, 1:22)						
	2. David Hambly	11:41.0	6th BTY				
	(1:19, 1:26, 1:26, 1:30, 1:31, 1:33, 1:31, 1:25)						
4 x 400 m Relay	1. Hunter Seuntjens	64.1					
	2. Mike Talbot	63.2					
	3. Jeff Hussong	66.5					
	4. Tom Miche'	<u>65.5</u>					
		4:19.2	7th				

QUADRANGULAR MEET @ CHISAGO LAKES

Tuesday, May 3, 2005
Pine City Girls' Results

<p>4 x 800 m Relay</p> <p>100 m Hurdles 1. Christina Marier 19.7</p> <p>100 m Dash 1. Becky Osterdyk 13.7 3rd 2. Kasey Perell 13.9 3. Ginny Anderson 14.9 PB 4. Shannon Miller 15.3 5. Heather Rathburn 15.4 PB</p> <p>4 x 200 m Relay 1. Maria Bellinger 29.3 2. Kasey Perell 27.5 3. Emily Branzovsky 30.7 4. Becky Osterdyk <u>28.0</u> 1:55.4 2nd</p> <p>1600 m Run 1. Jacki Gregoire 6:22.7 5th (1:25, 1:39, 1:43, 1:36)</p> <p>4 x 100 m Relay 1. Christina Marier 14.9 2. Shannon Miller 16.4 3. Ginny Anderson 13.4 4. Kasey Perell <u>14.1</u> 58.5</p> <p>400 m Dash 1. Jenna Fore 66.8 4th PB 2. Heather Rathburn 84.9</p> <p>300 m Hurdles 1. Christina Marier 57.5 4th PB</p> <p>800 m Run</p> <p>200 m Dash 1. Shannon Miller 32.4 2. Lisa Dexler 29.4</p> <p>3200 m Run 1. Jacki Gregoire 13:45.6 2nd (1:33, 1:36, 1:41, 1:44, 1:44, 1:42, 2:05, 1:40) 2. Steph Gregoire 14:29.7 3rd (1:36, 1:45, 1:47, 1:51, 1:55, 1:56, 1:50, 1:44)</p> <p>4 x 400 m Relay</p>	<p>High Jump 1. Becky Osterdyk 4' 10" 2nd 2. Lisa Drexler 4' 10" 3rd 3. Jenna Fore 4' 2"</p> <p>Long Jump 1. Becky Osterdyk 15' 6.25" 1st 2. Lisa Drexler 15' 3.5" 2nd PB 3. Christina Marier 12' 11"</p> <p>Triple Jump 1. Lisa Drexler 31' 1" 1st PB</p> <p>Pole Vault 1. Maria Bellinger 8' 6" 3rd PB 2. Heather Rathburn 6' 0"</p> <p>Shot 1. Maria Bellinger 30' 7" PB 2. Steph Gregoire 25' 2.25" BTY</p> <p>Discus 1. Jenna Fore 85' 2. Maria Bellinger 92' 9.5" 2nd 3. Steph Gregoire 64' 9"</p> <p style="text-align: center;"><u>TEAM RESULTS</u></p> <p>1. North Branch 11305 2. Chisago Lakes 6705 3. Pine City 53 4. Milaca 46</p>
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QUADRANGULAR MEET @ CHISAGO LAKES
Tuesday, May 3, 2005
Pine City Boys' Results

4 x 800 m Relay				High Jump	1. Jordan Kruse	5' 6"	
					2. Jeff Hussong	5' 6"	4th
					3. Jon Othoudt	5' 4"	
					4. Elias Trigas	5' 2"	
110 m Hurdles	1. Jordan Kruse	17.4	3rd	BTY			
				Long Jump	1. Jordan Kruse	18' .5"	3rd
					2. Jeff Hussong	16' 1"	PB
100 m Dash	1. Jon Othoudt	13.6					
	2. Geoff Gregoire	13.0					
				Triple Jump			
				Pole Vault			
4 x 200 m Relay	1. Geoff Gregoire	26.3					
	2. Calvin Arend	24.3		Shot	1. Brice Thieman	33' 5"	
	3. Taran Leight	28.5			2. Geoff Gregoire	29' 1"	
	4. Jon Othoudt	<u>27.0</u>			3. Cole Anderson	29' 8.25"	
		1:46.1	BTY		4. Jordan Monson	30' 11.25"	
					5. Jed Derhaag	32' 10.75"	
1600 m Run	1. David Hambly	5:29.7	6th				
	(1:14, 1:22, 1:29, 1:24)			Discus	1. Brice Thieman	110' 5.5"	4th
					2. Cole Anderson	81' 3.5"	
4 x 100 m Relay	1. Calvin Arend	13			3. Jordan Monson	71'	
	2. Taran Leight	12.5			4. Jed Derhaag	88' 9.5"	
	3. Jon Othoudt	12.9					
	4. Hunter Seuntjens	<u>12.3</u>					
		50.2	BTY				
400 m Dash	1. Justin Palmer	59.9					
				<u>TEAM RESULTS:</u>			
300 m Hurdles	1. Jordan Kruse	44.1	1st		1. North Branch	127	
	2. Hunter Seuntjens	47.2	PB		2. Chisago Lakes	70.5	
					3. Milaca	5305	
					4. Pine City	19	
800 m Run	1. Elias Trigas	2:20.0					
	(68, 72)						
200 m Dash	1. Calvin Arend	26.3	PB				
	2. Taran Leight	26.6	PB				
3200 m Run	1. David Hambly	11:57.3	3rd				
	(1:19, 1:25, 1:28, 1:28, 1:31, 1:38, 1:37, 1:31)						
4 x 400 m Relay	1. Justin Palmer	61.0					
	2. Jeff Hussong	63.5					
	3. Elias Trigas	59.2					
	4. Hunter Seuntjens	<u>62.5</u>					
		4:06.7	BTY				

CHENGWATANA TRACK MEET @ at Pine City

Friday, May 6, 2005
Pine City Girls' Results
warm, sunny, beautiful

4 x 800 m Relay	1. Ginny Anderson 2:46.7 PB 2. Emily Erickson 3:03.8 PB 3. Brietta Clementson 3:08.1 PB 4. Steph Gregoire <u>2:53.6</u> PB 11:52.1 4th	High Jump	1. Becky Osterdyk 5' 0" 2nd 2. Lisa Drexler 5' 1" 1st PB 3. Jenna Fore 4' 8" 3rd
100 m Hurdles	1. Christina Marier 18.8 6th PB 2. Amy Wolfe 21.4 PB	Long Jump	1. Becky Osterdyk 15' 6" 2nd 2. Lisa Drexler 15' 8.5" 1st PB 3. Christina Marier 12' 11.5"
100 m Dash	1. Kasey Perell 13.9 5th 2. Larissa Anderson 13.9 6th PB 3. Shannon Miller 15.1	Triple Jump	1. Lisa Drexler 32' 8" 4th PB ***New School Record***
4 x 200 m Relay	1. Maria Bellinger 28.3 2. Kasey Perell 29.7 3. Emily Branzovsky 27.6 4. Becky Osterdyk <u>27.9</u> 1:53.6 1st PB	Pole Vault	1. Maria Bellinger 9' 0" 1st PB ***Ties School Record*** 2. Heather Rathburn 7' 0" BTY
1600 m Run	1. Jacki Gregoire 6:14.2 3rd BTY (1:20, 1:30, 1:45, 1:39) 2. Brietta Clementson 6:33.4 BTY (1:32, 1:33, 1:42, 1:36)	Shot	1. Maria Bellinger 31' 3.5" 2nd PB 2. Steph Gregoire 24' 6.5"
4 x 100 m Relay	1. Christina Marier 16.5 2. Shannon Miller 13.9 3. Ginny Anderson 14.4 4. Kasey Perell <u>13.5</u> 58.4	Discus	1. Jenna Fore 98' 0" 4th 2. Maria Bellinger 89' 2.75" 6th 3. Steph Gregoire 67' 1.5"
400 m Dash	1. Emily Branzovsky 61.8 1st PB 2. Jenna Fore 65.2 2nd PB 3. Heather Rathburn 78.0 PB	<u>TEAM RESULTS</u>	
300 m Hurdles	1. Christina Marier 56.1 4th PB 2. Amy Wolfe 65.2 PB	1. Mille Lacs 150 2. Pine City 126 3. Hinckley/Fin 89.5 4. Braham 63 5. LCA 41 6. Ogilvie 38.5 7. Mora 36 8. MLWR 10	
800 m Run	1. Emily Erickson (1:26, 1:34) 3:00.8 5th PB		
200 m Dash	1. Becky Osterdyk 28.6 5th BTY 2. Dani Pangerl 31.2 PB		
3200 m Run	1. Jacki Gregoire 13:53.6 5th (1:30, 1:33, 1:42, 1:48, 1:54, 1:53, 1:54, 1:39) 2. Steph Gregoire 14:24.1 6th BTY (1:31, 1:40, 1:45, 1:51, 1:57, 1:58, 1:58, 1:44)		
4 x 400 m Relay	1. Jenna Fore 66.9 BTY 2. Brietta Clementson 77.4 PB 3. Ginny Anderson 73.9 4. Larissa Anderson <u>70.5</u> PB 4:48.8 4th BTY		

CHENGWATANA TRACK MEET @ Pine City

Friday, May 6, 2005
Pine City Boys' Results
warm, sunny, beautiful

4 x 800 m Relay	1. David Hambly 2. Justin Palmer 3. Josh Skalicky 4. Elias Trigas	2:24.3 PB 2:23.9 PB 2:25.8 <u>2:20.6</u> 9:34.6	PB PB 3rd BTY		High Jump 1. Jordan Kruse 2. Jon Othoudt 3. Jeff Hussong	5' 10" 1st BTY 5' 8" 2nd PB 5' 8" 3rd PB
110 m Hurdles	1. Jordan Kruse	17.0	2nd BTY		Long Jump 1. Jordan Kruse 1. Mike Talbot 1. Jeff Hussong	17' 5" 4th 16' 2" PB 16' 3" PB
100 m Dash	1. Taran Leight 2. Geoff Gregoire	12.5 12.6	PB PB		Triple Jump 1. Mike Talbot	35' 3.5" 3rd PB
4 x 200 m Relay	1. Calvin Arend 2. Taran Leight 3. Jon Othoudt 4. Eden Miche'	25.6 25.2 28.6 <u>25.5</u> 1:45.0	 3rd BTY		Pole Vault 1. Mike Talbot	9' 6" 3rd
1600 m Run	1. Tom Miche' (1:09, 1:16, 1:18, 1:11) 2. Trevor McNally (1:09, 1:16, 1:18, 1:17)	4:55.0 5:01.3	1st 3rd		Shot 1. Brice Thieman 2. Jed Derhaag 3. Jordan Monson	34' 9.75" 5th PB 32' 1" 31' 6"
					Discus 1. Brice Thieman 2. Jed Derhaag 3. Cole Anderson	104' 11" 4th 73' 0" 81' 5" PB
4 x 100 m Relay	1. Calvin Arend 2. Taran Leight 3. Jon Othoudt 4. Hunter Seuntjens	13.1 12.2 12.6 <u>12.4</u> 50.2	 4th			
400 m Dash	1. Justin Palmer 2. Eden Miche'	57.5 61.3	4th PB			
300 m Hurdles	1. Jordan Kruse 2. Hunter Seuntjens	46.3 47.8	2nd 4th			
800 m Run	1. Elias Trigas	(70, 71) 2:21.2	6th			
200 m Dash	1. Eden Miche' 2. Calvin Arend 3. Justin Palmer	26.3 25.4 27.1	PB 6th PB			
3200 m Run	1. Tom Miche' (1:17, 1:23, 1:23, 1:24, 1:25, 1:25, 1:23, 1:13) 2. Trevor McNally (1:17, 1:24, 1:21, 1:24, 1:26, 1:26, 1:27, 1:23) 2. David Hambly (1:25, 1:30, 1:30, 1:36, 1:34, 1:35, 1:35, 1:27)	10:54.4 11:08.0 12:11.8	1st BTY 4th 5th			
4 x 400 m Relay	1. Elias Trigas 2. Jeff Hussong 3. Geoff Gregoire 4. Hunter Seuntjens	60.0 64.2 58.0 <u>59.3</u> 4:01.7	 PB 3rd BTY			

TEAM RESULTS:

1. Braham	159
2. Pine City	126
3. LCA	113
4. MLWR	91
5. Ogilvie	32
6. Mora	22

RUM RIVER CONFERENCE MEET @ Big Lake

Thursday, May 19, 2005

Pine City Girls' Results

cool, overcast

4 x 800 m Relay	1. Ginny Anderson (82,89) 2:51.0 2. Emily Erickson (92,100) 3:11.7 3. Steph Gregoire (82,95) 2:56.9 4. Jacki Gregoire <u>(76,95) 2:51.5</u> BTY 11:51.19 7th	High Jump	1. Becky Osterdyk 4' 8" 2. Lisa Drexler 4' 10" 4th 3. Jenna Fore 4' 6"
100 m Hurdles	1. Christina Marier 18.6 PB 2. Amy Wolfe 21.8	Long Jump	1. Becky Osterdyk 15' 9.5" 3rd PB ***RRC Honorable Mention*** 2. Lisa Drexler 15' 8" 5th 3. Christina Marier 13' 4" BTY
100 m Dash	1. Kasey Perell 13.9 2. Larissa Anderson 14.0 3. Shannon Miller 15.1	Triple Jump	1. Lisa Drexler 32' 1.5" 4th
4 x 200 m Relay	1. Maria Bellinger 28.9 2. Kasey Perell 26.6 3. Emily Branzovsky 29.9 4. Becky Osterdyk <u>27.9</u> 1:53.55 4th PB	Pole Vault	1. Maria Bellinger 8' 0" 5th 2. Heather Rathburn 7' 0"
1600 m Run		Shot	1. Maria Bellinger 29' 11.5" 7th 2. Steph Gregoire 24' .5"
4 x 100 m Relay	1. Christina Marier 14.6 2. Shannon Miller 14.4 3. Ginny Anderson 13.9 4. Kasey Perell <u>13.8</u> 56.7 PB	Discus	1. Maria Bellinger 109' 10" 1st PB ***ALL CONFERENCE*** ***NEW SCHOOL RECORD*** 2. Jenna Fore 100' 11" 3rd ***RRC Honorable Mention*** 3. Steph Gregoire 60' .5"
400 m Dash	1. Emily Branzovsky 63.15 5th 2. Jenna Fore 65.8 3. Heather Rathburn 81.9	<u>TEAM RESULTS</u>	
300 m Hurdles	1. Christina Marier 56.5 2. Amy Wolfe 68.1	1. North Branch 169 2. Princeton 112 3. STMA 85.5 4. Chisago Lakes 75.5 5. Big Lake 72.5 6. Pine City 52.5 7. Foley 50 8. Mora 46 9. Milaca 38	
800 m Run	1. Emily Erickson (91, 94) 3:05.5		
200 m Dash	1. Becky Osterdyk 28.3 BTY 2. Dani Pangerl 30.1 PB 3. Larissa Anderson 29.0 PB		
3200 m Run	1. Jacki Gregoire DNF (1:31, 1:37, 1:42, 1:52, 1:58, 2. Steph Gregoire 14:29.1 (1:30, 1:41, 1:48, 1:50, 1:56, 1:58, 1:59, 1:47)		
4 x 400 m Relay			

RUM RIVER CONFERENCE MEET @ Big Lake
Thursday, May 19, 2005
Pine City Boys' Results
cool, overcast

4 x 800 m Relay	1. David Hambly	(74,74)	2:27.9
	2. Justin Palmer	(73,73)	2:25.8
	3. Jordan Clementson	(66,64)	2:20.5
	4. Elias Trigas	<u>(66,76)</u>	<u>2:22.8</u>
		9:37.13	7th

High Jump	1. Jordan Kruse	5' 10"	5th
	2. Jeff Hussong	5' 8"	6th tie
	3. Jon Othoudt	5' 4"	

Long Jump	1. Jordan Kruse	19' 1"	7th	BTY
	2. Mike Talbot	16' 6"		PB
	3. Jeff Hussong	15'	11.75"	

110 m Hurdles	1. Jordan Kruse	16.85	4th	BTY
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100 m Dash	1. Taran Leight	12.6
	2. Geoff Gregoire	12.4

Triple Jump	1. Mike Talbot	35' 1"
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4 x 200 m Relay	1. Calvin Arend	26.4	
	2. Taran Leight	25.0	
	3. Jon Othoudt	27.5	
	4. Eden Miche'	<u>25.3</u>	
		1:44.02	8th

Pole Vault	1. Mike Talbot	NH
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Shot	1. Brice Thieman
	2. Jed Derhaag
	3. Geoff Gregoire

1600 m Run	1. Tom Miche'	5:03.9
	(1:11, 1:19, 1:20, 1:14)	
	2. Trevor McNally	5:00.3
	(1:08, 1:15, 1:20, 1:17)	

Discus	1. Brice Thieman	108' 5"
	2. Jed Derhaag	91' 4"
	3. Cole Anderson	93' 6"

4 x 100 m Relay	1. Calvin Arend	12.4
	2. Taran Leight	12.6
	3. Jon Othoudt	14.1
	4. Hunter Seuntjens	<u>11.3</u>
		50.4

400 m Dash	1. Justin Palmer	60.5
	2. Geoff Gregoire	DNR

300 m Hurdles	1. Jordan Kruse	43.16	2nd	BTY
	ALL CONFERENCE			
	2. Hunter Seuntjens	48.6		

TEAM RESULTS:

1. Chisago Lakes	145
2. North Branch	126
3. Foley	107
4. Princeton	98.5
5. STMA	65
6. Mora	55
7. Milaca	44.5
8. Big Lake	32
9. Pine City	29

800 m Run	1. Jordan Clementson	(69, 73)	2:21.9
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200 m Dash	1. Eden Miche'	25.5	PB
	2. Calvin Arend	25.7	
	3. Justin Palmer	24.9	PB

3200 m Run	1. Trevor McNally	10:44.82	4th	PB
	(1:13, 1:21, 1:23, 1:24, 1:25, 1:26, 1:23, 1:19)			
	2. David Hambly	11:24.8		PB
	(1:18, 1:21, 1:27, 1:28, 1:29, 1:30, 1:30, 1:21)			

4 x 400 m Relay	1. Elias Trigas	60.3
	2. Jeff Hussong	64.4
	3. Mike Talbot	63.5
	4. Hunter Seuntjens	<u>66.9</u>
		4:15.1

SUB-SECTION TRACK MEET @ Pine City

Wednesday, May 25, 2005

Pine City Girls' Results

rainy, windy

<p>4 x 800 m Relay 1. Ginny Anderson 2:50.7 2. Brietta Clementson 2:56.9 3. Steph Gregoire 2:52.9 PB 4. Jacki Gregoire <u>2:52.4</u> 11:32.4 5th BTY</p>	<p>High Jump 1. Becky Osterdyk 4' 8" 1st **qualifies for Section** 2. Lisa Drexler 4' 6" 3rd **qualifies for Section** 3. Jenna Fore 4' 4"</p>
<p>100 m Hurdles 1. Christina Marier 19.2 2. Amy Wolfe DNR</p>	<p>Long Jump 1. Becky Osterdyk 15' 7" 1st **qualifies for Section** 2. Lisa Drexler 14' 7" 3rd **qualifies for Section** 3. Christina Marier 12' 2"</p>
<p>100 m Dash 1. Becky Osterdyk 14.2 5th **qualifies for Section** 2. Kasey Perell 14.4 8th 3. Larissa Anderson 14.6</p>	<p>Triple Jump 1. Lisa Drexler 31' 2" 4th **qualifies for Section**</p>
<p>4 x 200 m Relay 1. Maria Bellinger 26.2 2. Kasey Perell 26.2 3. Emily Branzovsky 30.1 4. Becky Osterdyk <u>28.7</u> 1:57.3 2nd ** qualifies for Sections**</p>	<p>Pole Vault 1. Maria Bellinger 8' 0" 1st **qualifies for Section** 2. Heather Rathburn 7' 0"</p>
<p>1600 m Run 1. Brietta Clementson 6:47.3 (1:34, 1:45, 1:47, 1:40)</p>	<p>Shot 1. Maria Bellinger 28' 7.5" 5th **qualifies for Section** 2. Steph Gregoire 24' ?</p>
<p>4 x 100 m Relay 1. Christina Marier 16.5 2. Shannon Miller 14.1 3. Ginny Anderson 14.4 4. Kasey Perell <u>14.2</u> 59.7</p>	<p>Discus 1. Maria Bellinger 84' 10" 6th **qualifies for Section** 2. Jenna Fore 87' 3" 3rd **qualifies for Section** 3. Steph Gregoire 67'</p>
<p>400 m Dash 1. Emily Branzovsky 64.1 2nd ** qualifies for Sections** 2. Jenna Fore 68.3 3. Heather Rathburn 81.9</p>	<p>TEAM RESULTS</p>
<p>300 m Hurdles 1. Christina Marier 58.3 2. Amy Wolfe DNR</p>	<p>1. Rogers 111 2. Mille Lacs 110 3. Pine City 79 4. Rush City 73.5 5. Hinckley/Finlayson 55.5 6. Mora 54 7. Braham 42 8. Meadow Creek 33 9. PACT 0 EC 0</p>
<p>800 m Run 1. Emily Erickson 3:00.2 (1:28, 1:32)</p>	
<p>200 m Dash 1. Larissa Anderson 30.1 7th 2. Dani Pangerl 31.5 3. Shannon Miller 33.4</p>	
<p>3200 m Run 1. Jacki Gregoire 13:20.1 4th (1:27, 1:35, 1:39, 1:43, 1:46, 1:47, 1:44, 1:38) ** qualifies for Sections** 2. Steph Gregoire 14:12.6 BTY (1:34, 1:43, 1:44, 1:48, 1:41, 1:53, 1:44)</p>	
<p>4 x 400 m Relay 1. Jenna Fore DNR 2. Ginny Anderson 3. Larissa Anderson 4. Emily Branzovsky</p>	

SUB-SECTION MEET @ Pine City
Wednesday, May 25, 2005
Pine City Boys' Results
rainy, windy

4 x 800 m Relay	1. David Hambly	2:23.2	PB	High Jump	1. Jordan Kruse	5' 6"	6th
	2. Justin Palmer	2:26.2			** qualifies for Sections**		
	3. Jordan Clementson	2:21.1			2. Jeff Hussong	5' 8"	2nd
	4. Elias Trigas	<u>2:23.5</u>			** qualifies for Sections**		
		9:34.0	3rd PB		3. Jon Othoudt	5' 6"	7th
	** qualifies for Sections**			Long Jump	1. Jordan Kruse	15' 7.5"	
110 m Hurdles	1. Jordan Kruse	17.5	4th		2. Mike Talbot	15' 2"	
	** qualifies for Sections**				3. Jeff Hussong	14' 6.25"	
100 m Dash	1. Taran Leight	13.3		Triple Jump	1. Mike Talbot	34' 9"	6th
	2. Geoff Gregoire	12.9			** qualifies for Sections**		
4 x 200 m Relay	1. Calvin Arend	25.5			2. Jordan Clementson	34' 11"	5th PB
	2. Taran Leight	28.0			** qualifies for Sections**		
	3. Jon Othoudt	26.7		Shot	1. Brice Thieman	34' 7"	
	4. Eden Miche'	<u>28.6</u>			2. Jed Derhaag	32' 6"	
		1:48.8	4th		3. Jordan Monson		
1600 m Run	1. Tom Miche'	4:59.9	3rd	Discus	1. Brice Thieman	101' 1"	
(1:14, 1:19, 1:18, 1:09)	** qualifies for Sections**				2. Jed Derhaag	90' 3"	
	2. Trevor McNally	5:00.9	5th		3. Cole Anderson		
(1:11, 1:18, 1:16, 1:13)	** qualifies for Sections**						
4 x 100 m Relay	1. Calvin Arend			Pole Vault	1. Mike Talbot	10' 0"	5th
	2. Taran Leight				** qualifies for Sections**		
	3. Jon Othoudt						
	4. Hunter Seuntjens						
		DNR					
400 m Dash	1. Justin Palmer	DNR					
300 m Hurdles	1. Jordan Kruse	44.5	3rd				
	** qualifies for Sections**						
	2. Hunter Seuntjens	49.3					
800 m Run	1. Jordan Clementson (71, 73)	2:23.3					
	2. Elias Trigas (69, 73)	2:22.2					
200 m Dash	1. Eden Miche'	26.9					
	2. Calvin Arend	26.5					
	3. Justin Palmer	26.5					
3200 m Run	1. Tom Miche'	10:57.4	1st	** qualifies for Sections**			
(1:17, 1:23, 1:22, 1:26, 1:25, 1:24, 1:24, 1:16)							
	2. Trevor McNally	11:07.2	3rd	** qualifies for Sections**			
(1:15, 1:23, 1:23, 1:26, 1:25, 1:26, 1:22, 1:23)							
	3. David Hambly	11:31.3	7th				
(1:19, 1:26, 1:25, 1:27, 1:35, 1:32, 1:31, 1:18)							
4 x 400 m Relay	1. Elias Trigas	61.4					
	2. Jeff Hussong	65.0					
	3. Jordan Clementson	63.0					
	4. Hunter Seuntjens	<u>59.6</u>					
		4:09.2	5th				

TEAM RESULTS:

1. Mora	90
2. Hinckley/Finlayson	88
3. Meadow Creek	79
4. Braham	74
5. Rogers	67
6. Rush City	62
7. Pine City	60
8. East Central	35

PRESS ON

**Nothing in the world
can take the place of persistence.**

Talent will not;

**Nothing is more common
than the unsuccessful individual
with talent.**

Genius will not;

**Unrewarded genius
is almost a proverb.**

Education will not;

**The world is full of
educated derelicts.**

**Persistence and Determination
alone are omnipotent.**

SECTION 4-A TRACK MEET @ MACALASTER

Saturday, June 4, 2005 - 10:00

rainy, humid

GIRLS

DISCUS	1. Jenna Fore	103' 6"	5th PB
	2. Maria Bellinger	108' 10"	3rd
LONG JUMP	1. Becky Osterdyk	14' 10.5"	
	2. Lisa Drexler	16' 2"	4th PB
POLE VAULT	Maria Bellinger	9' 0"	2nd tie
SHOT PUT	Maria Bellinger	28' 0"	
TRIPLE JUMP	Lisa Drexler	31' 1"	
HIGH JUMP	1. Becky Osterdyk	4' 8"	10th
	2. Lisa Drexler	4' 8"	8th
3200 M RUN	Jacki Gregoire	13:29.90	
	(1:23, 1:32, 1:43, 1:46, 1:48, 1:50, 1:50, 1:36)		
100 M DASH	Becky Osterdyk	13.69	PB
4 X 200 M RELAY	1. Maria Bellinger	28.8	
	2. Kasey Perell	28.8	
	3. Emily Branzovsky	29.3	
	4. Becky Osterdyk	<u>27.0</u>	
		1:54.06	7th
400 M DASH	Emily Branzovsky	64.43	

GIRLS' TEAM RESULTS

1. Rogers	76.5	16. Rush City	21
2. Blake School	75	16. West Lutheran	21
3. Visitation	69	18. Trinity School	21
4. St. Paul Academy	68	19. CHOF	18
5. Belle Plaine	59	19. Isle-Onamia	18
6. Minnehaha Academy	58	21. Breck School	17
6. DeLaSalle	58	22. New Life Academy	13
8. Jordan	55.5	23. Meadow Creek	12.5
9. St. Croix Lutheran	49.5	24. Braham	8
10. Providence Academy	40	25. Southwest Christian	6
11. Holy Family Catholic	35	26. Mounds Park	5
12. Pine City	32.5	27. Brooklyn Center	1.5
13. Hinckley	28		
13. Concordia Academy	28		
15. Mora	22		

BOYS

TRIPLE JUMP	Jordan Clementson	35' 4.25"	PB
HIGH JUMP	Jordan Kruse	5' 4"	
110 M HURDLES	Jordan Kruse	16.95	6th
3200 M RUN	1. Tom Miche'	11:14.33	
	(1:18, 1:28, 1:35, 1:34, 1:21, 1:18, 1:18, 1:20)		
	2. Trevor McNally	10:44.85	9th PB
	(1:16, 1:16, 1:20, 1:22, 1:23, 1:24, 1:22, 1:20)		
4 X 800 M RELAY	1. David Hambly	(71, 75)	2:26.7
	2. Haakon Hanson	(72, 79)	2:31.6
	3. Josh Skalicky	(67, 74)	2:22.3 PB
	4. Jordan Clementson	<u>(65, 75)</u>	2:19.8 BTY
			9:39.81 7th
1600 M RUN	Trevor McNally	5:07.16	
	(1:11, 1:17, 1:18, 1:15)		
300 M HURDLES	Jordan Kruse	42.78	4th BTY

BOYS' TEAM RESULTS

1. Minnehaha Academy	91
2. Holy Family Catholic	80
3. DeLaSalle	79
4. Concordia Academy	63
5. Hinckley/Finlayson	54
6. St. Croix Lutheran	50
7. Mora	44
8. Meadow Creek	41
9. Blake School	39
10. Providence Academy	38
10. East Central	38
12. CHOF	37
12. Brooklyn Center	37
14. St. Paul Academy	33
15. Braham	31
15. Rogers	31
17. New Life Academy	29
18. Belle Plaine	24
19. Rush City	22
20. Jordan	19
21. Trinity School	15
22. Pine City	14
23. West Lutheran	4
24. Mounds Park Academy	2
25. St. Agnes/St. Bernard's	1

GIRLS' RELAY HISTORY - 2005

	TIME TRIALS	RFC INDOOR	TIGERAMA	PINE CITY	MORA
4 X 100 M RELAY (0:52.79)		M. Bellinger K. Perell A. Wolfe D. Pangerl	A. Wolfe S. Miller G. Anderson K. Perell	A. Wolfe K. Perell G. Anderson E. Branzovsky	M. Bellinger K. Perell C. Marier G. Anderson
		58.7	59.1	57.6	59.6
4 x 200 M RELAY (1:50.8)	M. Bellinger J. Linnell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk
	1:59.2	1:57.4	1:55.7	1:54.9	2:03.2
4 x 400 M RELAY (4:16.81)	E. Branzovsky K. Hughes E. Clementson J. Gregoire	J. Fore K. Hughes E. Clementson E. Erickson	R. Heimdahl E. Erickson G. Anderson E. Branzovsky	J. Fore E. Erickson S. Gregoire J. Gregoire	
	5:05.2	4:59.3	4:57.5	4:57.4	
4 x 800 M RELAY (10:27.01)		J. Fore E. Clementson S. Gregoire J. Gregoire			S. Gregoire E. Erickson G. Anderson J. Gregoire
		11:48.1			12:18.9
800 MEDLEY RELAY (100, 100, 200, 400)					
1600 MEDLEY RELAY (200, 200, 400, 800)					
DISTANCE MEDLEY (400, 800, 1200, 1600)					

GIRLS' RELAY HISTORY - 2005

BIG LAKE	CHISAGO LAKES	CHENGWATANA	RFC	SUB-SECTION	SECTION
C. Marier S. Miller G. Anderson K. Perell	C. Marier S. Miller G. Anderson K. Perell	C. Marier S. Miller G. Anderson K. Perell	C. Marier S. Miller G. Anderson K. Perell	C. Marier S. Miller G. Anderson K. Perell	
58.3	58.5	58.4	56.7	59.7	
M. Bellinger K. Perell L. Anderson B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk	M. Bellinger K. Perell E. Branzovsky B. Osterdyk
1:56.8	1:55.4	1:53.6	1:53.55	1:57.3	1:54.06
A. Wolfe K. Perell L. Anderson G. Anderson		J. Fore B. Clementson G. Anderson L. Anderson			
5:00.2		4:48.7			
		G. Anderson E. Erickson B. Clementson S. Gregoire		G. Anderson B. Clementson S. Gregoire J. Gregoire	
		11:52.1		11:32.4	

BOYS' RELAY HISTORY - 2005

	TIME TRIALS	RRC INDOOR	PINE CITY	TIGERAMA	MORA
4 X 100 M RELAY					
(0:45.3)		G. Gregoire	G. Gregoire	G. Gregoire	C. Arend
		Dan Hambly	J. Othoudt	J. Othoudt	J. Othoudt
		H. Hansen	C. Arend	C. Arend	T. Leight
		H. Seuntjens	T. Leight	T. Leight	H. Seuntjens
		53.3	51.1	51.6	53.1
4 x 200 M RELAY					
(1:36.6)	G. Gregoire	G. Gregoire	C. Arend	C. Arend	C. Arend
	E. Miche	E. Miche	J. Othoudt	J. Othoudt	J. Othoudt
	R. Knowlton	J. Skalicky	J. Palmer	J. Palmer	T. Leight
	H. Hansen	H. Hansen	E. Miche'	E. Miche'	E. Miche'
	1:52.5	1:50.9	1:47.9	1:49.6	1:51.2
4 x 400 M RELAY					
(3:28.39)	Dv Hambly			T. Miche'	T. Miche'
	J. Clementson			M. Talbot	M. Talbot
	T. McNally			J. Clementson	J. Palmer
	T. Miche			H. Seuntjens	H. Seuntjens
	4:18.2			4:07.1	4:12.9
4 x 800 M RELAY					
8:27.89		T. Miche	Dv Hambly		Dv Hambly
		J. Clementson	J. Palmer		J. Palmer
		Dv Hambly	T. Miche'		J. Clementson
		T. McNally	T. McNally		T. Miche'
		9:48.0	9:48.9		9:57.8
800 MEDLEY RELAY					
(100, 100, 200, 400)					
1600 MEDLEY RELAY					
(200, 200, 400, 800)					
DISTANCE MEDLEY					
(800, 400, 1200, 1600)					

BOYS' RELAY HISTORY - 2005

BIG LAKE	CHISAGO LAKES	CHNGWTNA	RRC	SUB-SECTION	SECTION
C. Arend	C. Arend	C. Arend	C. Arend		
T. Leight	T. Leight	T. Leight	T. Leight		
J. Othoudt	J. Othoudt	J. Othoudt	J. Othoudt		
H. Seuntjens	H. Seuntjens	H. Seuntjens	H. Seuntjens		
50.9	50.2	50.2	50.4		
C. Arend	G. Gregoire	C. Arend	C. Arend	C. Arend	
T. Leight	C. Arend	T. Leight	T. Leight	T. Leight	
J. Othoudt	T. Leight	J. Othoudt	J. Othoudt	J. Othoudt	
E. Miche'	J. Othoudt	E. Miche'	E. Miche'	E. Miche'	
1:48.2	1:46.1	1:45.0	1:44.02	1:48.8	
H. Seuntjens	J. Palmer	E. Trigas	E. Trigas	E. Trigas	
M. Talbot	J. Hussong	J. Hussong	J. Hussong	J. Hussong	
J. Hussong	E. Trigas	G. Gregoire	M. Talbot	J. Clementson	
T. Miche'	H. Seuntjens	H. Seuntjens	H. Seuntjens	H. Seuntjens	
4:19.2	4:06.7	4:01.6	4:15.1	4:09.2	
		Dv Hambly	Dv Hambly	Dv Hambly	Dv Hambly
		J. Palmer	J. Palmer	J. Palmer	H. Hansen
		J. Skalicky	J. Clementson	J. Clementson	J. Skalicky
		E. Trigas	E. Trigas	E. Trigas	J. Clementson
		9:34.6	9:37.13	9:34.0	9:39.81

GIRLS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Katie Meyer 13.0 98	Tera Kazek 13.3 98	T. Kazek 13.39 96	K. Meyer 13.4 00	Suzie Misel 13.51 92	Julianna Wirth 13.52 04	B. Osterdyk 13.5 03	T. Kazek 13.5 97	S. Misel 13.54 94	Erica Delak 13.58 91
200 M DASH	B. Osterdyk 27.9 02	Kayla Johnson 28.01 00	B. Osterdyk 28.05 04	Tera Kazek 28.1 98	Melissa Odegard 28.22 94	B. Osterdyk 28.2 03	B. Grinde 28.2 01	B. Osterdyk 28.3 05	M. Odegard 28.55 93	Amy Nelson 28.6 01
400 M DASH	M. Odegard 61.4 94	E. Branzovsky 61.8 05	M. Odegard 62.0 95	A. Dufresne 63.54 00	Rita Auers 64.5 96	S. Johnson 64.6 00	Jenna Fore 65.2 05	Tessa Korf 65.6 01	R.Schimming 65.8 92	J. Wirth 65.9 03
800 M RUN	Kim Connaker 2:28.35 01	MeleiaJohnson 2:28.2 02	MeleiaJohnson 2:30.7 04	A.Wiedemann 2:31.85 97	A. Wiedemann 2:32.01 96	M. Johnson 2:32.39 03	A. Wiedemann 2:32.8 95	K. Connaker 2:36.09 99	Miki Anderson 2:37.62 02	K. Connaker 2:38.91 00
1600 M RUN	Jenna Fore 5:37.70 03	Leah Schwartz 5:49.7 91	Jenna Fore 5:52.6 04	Heidi Larsen 5:57.4 99	R. Craighead 5:58.43 01	BeckyHaavisto 6:00.0 94	Jenna Fore 6:01.64 01	M. Johnson 6:02.7 02	AmyJohnson 6:03.0 94	Jacki Gregoire 6:05.4 04
3200 M RUN	Amy Johnson 12:34.04 96	J. Gregoire 12:53.98 01	J. Gregoire 13:10.12 02	Jamie Johnson 13:11.3 98	A. Munkberg 13:20.12 93	J. Gregoire 13:24.32 03	J. Gregoire 13:29.8 04	J. Gregoire 13:43.9 05	Nikki Plasek 13:53.8 01	Etta Clementson 13:54.5 -04
100 M HURDLES	C. Hersbergen 16.54 94	Cassie Filler 17.1 03	Cassie Filler 17.44 04	J. Kosisek 17.4 02	C. Hersbergen 17.83 93	Lena Filler 17.9 00	J. Kozisek 18.0 01	J. Kozisek 18.0 00	L. Haugrud 18.36 02	J. Kozisek 18.4 99
300 M HURDLES	C. Filler 49.23 03	C. Filler 49.83 04	C. Mosher 51.64 01	L. Filler 51.70 00	C. Filler 52.3 02	Lena Filler 52.4 98	L. Filler 52.9 99	C. Mosher 53.0 00	J. Kozisek 53.11 02	Lena Filler 53.9 96
HIGH JUMP	Kari Splett 5' 2" 04	Kari Splett 5' 1" 03	L. Drexler 5' 1" 05	Kari Splett 5' .5" 02	B. Osterdyk 5' 0" 05	Heidi Larsen 5' 0" 99	H. Larsen 5' 0" 02	B. Osterdyk 4' 10" 04	H. Larsen 4' 10" 01	Kati Ovik 4' 10" 00
LONG JUMP	Erica Delak 16' 6" 91	Lisa Drexler 16' 2" 05	E. Delak 16' 1.75" 93	B. Osterdyk 15' 9.5" 05	B. Osterdyk 15' 9" 04	E. Delak 15' 7.75" 92	B. Osterdyk 15' 6.75" 03	C. Hersbergen 15' 5.5" 93	Tera Kazek 15' 4.5" 96	S. Johnson 15' 2.5" 00
TRIPLE JUMP	Lisa Drexler 32' 8" 05	Cassie Filler 32' 7.25" 04	E. Delak 32' 3" 93	K. Meyer 32' .5" 00	C. Hersbergen 31' 9" 94	J. Ammann 31' 9.5" 00	S. Weichman 31' 7" 93	L. Haugrud 31' 6" 02	C. Filler 31' 5.25" 03	C. Hersbergen 31' 3" 93
DISCUS	M. Bellinger 109' 10" 05	Jenna Fore 103' 6" 05	Jenna Fore 101' 1.5" 03	Jenna Fore 100' 8" 04	Mary Misel 93' 10" 96	Molly Sloan 91' .5" 98	L. Mettling 90' 9" 01	L. Mettling 87' 6" 00	MariaBellinger 86' 5.5" 04	M. Misel 81' 2.5" 95
SHOT PUT	Tera Kazek 35' 10" 98	T. Kazek 35' 4.5" 97	T. Kazek 33' 1" 96	M. Bellinger 31' 2.5" 05	R.Schimming 30' 9.75" 92	M. Anderson 30' 1" 02	M. Thieman 29' 11.5" 01	Joell Werner 29' 11.25" 93	M. Bellinger 29' 6" 04	L. Mettling 29' 5.5" 01
POLE VAULT	M. Bellinger 9' 0" 05	J. Wirth 9' 0" 04	S. Johnson 9' 0' 00	J. Ammann 8' 6" 99	J.Ammann 8' 6" 00	M. Bellinger 8' 0" 04	J. Wirth 8' 0" 03	S. Johnson 8' 0" 99	Amanda Peil 8' 0" 98	H. Rathburn 7' 6" 04

BOYS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Chris Olson 11.12 91	Paul Johnson 11.38 99	Jeff Arnold 11.49 96	L. Williams 11.5 01	J. BoorBoor 11.5 02	K. Skadsheim 11.58 04	Brian Olson 11.6 98	C. Olson 11.63 90	B. Olson 11.68 96	Mike Johnson 11.7 98
200 M DASH	Paul Johnson 22.80 99	Chris Olson 23.1 91	C. Olson 23.65 90	M. Johnson 23.7 98	John Hansen 23.9 98	John Hansen 23.9 99	L. Williams 23.93 00	L. Williams 24.09 01	David Gross 24.19 02	D. Riesmeier 24.24 03
400 M DASH	Mike Johnson 51.73 99	M. Johnson 52.33 98	J. Clementson 52.4 04	DavidHansen 53.1 04	M. Johnson 53.30 97	Jeff Arnold 53.3 96	Andy Wirth 53.78 98	Seth Peterson 53.97 03	A. Wirth 53.9 99	J. Clementson 54.0 03
800 M RUN	J. Clementson 1:57.49 03	J. Clementson 1:58.13 04	Chris Lutz 2:05.0 03	DavidHansen 2:06.1 03	JRAnderson 2:07.1 98	D. Hansen 2:07.31 02	DavidHansen 2:08.11 01	D. Hansen 2:08.6 04	R. Hammill 2:09.1 99	R. Hammill 2:10.1 01
1600 M RUN	J. Clementson 4:22.97 04	J. Clementson 4:24.08 03	J. Clementson 4:30.10 02	Jon Bloom 4:30.5 91	Chris Lutz 4:36.97 03	J.Clementson 4:41.63 -01	JR Anderson 4:44.6 98	R. Hammill 4:47.85 00	R. Hammill 4:48.1 99	JR Anderson 4:48.3 97
3200 M RUN	John Bloom 9:52 91	Chris Lutz 9:53.80 03	John Bloom 10:18.69 90	J. Clementson 10:19.62 02	J. Clementson 10:20.4 03	R. Hammill 10:26.1 00	J.Clementson 10:27.05 00	J.Clementson 10:29.03 - 01	J. Clementson 10:31.1 04	Tom Miche' 10:42.81 04
110 M HURDLES	Jordan Kruse 16.44 04	Steve Kunze 16.44 91	N. Anderson 16.6 98	J. Kruse 16.85 05	N. Anderson 17.2 97	N. Anderson 17.4 96	Travis Gerving 17.55 04	S. Kunze 17.69 90	Jordan Kruse 17.7 03	T. Gerving 17.8 03
300 M HURDLES	Jordan Kruse 42.33 04	J. Kruse 42.78 05	N. Anderson 43.67 98	Steve Kunze 44.4 91	J. Kruse 44.8 03	S. Kunze 45.24 90	N. Anderson 45.6 97	C. Wiener 45.92 00	Josh Wiener 46.0 97	C. Wiener 46.3 99
HIGH JUMP	Travis Schwarz 6' 2" 00	T. Schwarz 6' 0" 99	J. Kruse 5' 10" 05	J. Kruse 5' 10" 04	Steve Kunze 5' 10" 91	Thiago Muller 5' 10" 02	Jeff Hussong 5' 8" 05	Jon Othoudt 5' 8" 05	J. Kruse 5' 8" 03	N. Anderson 5' 8" 98
LONG JUMP	L. Williams 20' 1.75" -01	J. Kruse 19' 11.5" 04	L. Williams 19' 6" 00	Chris Olson 19' 5" 91	Stu Auers 19' 3.75" 98	Brian Olson 19' 2.75" 98	Stu Auers 19' 2" 97	Matt Wirth 19' 2" 02	J. Kruse 19' 1" 05	C. Christianson 19' 1" 92
TRIPLE JUMP	Matt Wirth 40' 4" 02	Paul Johnson 39' 9" 99	J. Oare 39' 4" 01	J. Clementson 38' 11" 02	Darrin Freetly 38' 9" 90	J. Clementson 38' 6.75" 03	Matt Wirth 38' 6" 03	J. Oare 38' 6" 00	JessieJohnson 38' 4.5" 96	C. Christianson 38' 3.5" 92
DISCUS	M. Rydberg 157' 5.5" 02	Mike Rydberg 149' 2.5" - 01	M. Rydberg 147' 10.5" -00	B. Mettling 144' 0" 00	Scott Isaacson 132' 9" 90	Josh Barnes 127' 0" 03	D. Odegard 120' 2" 00	B. Mettling 119'11.5" -99	B. Thieman 113' 10"-05	Matt Anderson 110' 10" 93
SHOT PUT	M. Rydberg 52' 11.25" -02	M. Rydberg 51' 9.5" 01	M. Rydberg 47' 6" 00	Brian Olson 44' 0" 98	Brian Olson 42' 0" 97	Scott Isaacson 42' 0" 90	M. Rydberg 41' 2.75" 99	David Rolf 40' 2" 04	J. Barnes 39' 6.5" 03	D. Odegard 38' 10" 00
POLE VAULT	Nate Thieman 13' 0" 00	Patrick Stephan 12' 6" 98	N. Thieman 12' 0" 99	P. Stephan 11' 0" 97	Nate Thieman 11' 0" 98	Josh Wiener 10' 6" 97	Mike Talbot 10' 0" 05	Andy Wirth 10' 0" 00	P. Stephan 10' 0" 99	M. Defenbaugh 9' 6" 03

GIRLS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X100 M RELAY	K. Meyer	A. Bernard	C. Koppen	K. Meyer		R. Overson	C. Koppen	A. Bernard	M. Bellinger	A. Nelson
	A. Peil	A. Nelson	S. Weichman	A. Mettling		J. Wirth	S. Weichman	A. Nelson	A. Nelson	B. Grinde
	M. Sloan	K. Johnson	M Odegard	L. Ballis		K. Johnson	M. Odegard	K. Johnson	B. Grinde	K. Johnson
	T. Kazek	J. Wirth	S. Misel	K. Ovik		A. Mettling	S. Misel	J. Wirth	J. Wirth	J. Wirth
	52.79 98	53.03 03	53.05 93	53.23 99	53.41 91	53.71 01	53.86 94	53.94 02	54.1 04	54.20 03
4 x 200 M RELAY		M. Bellinger	A. Nelson	S. Misel	C. Koppen	K. Meyer	A. Nelson	K. Johnson	K. Johnson	A. Miller
		K. Perell	B. Grinde	C. Koppen	S. Weichman	A. Miller	B. Grinde	J. Wirth	A. Nelson	A. Peil
		E. Branzovsky	K. Johnson	S. Weichman	M. Odegard	M. Sloan	A. Hepburn	R. Overson	B. Grinde	M. Sloan
		B. Osterdyk	J. Wirth	R. Schimming	S. Misel	T. Kazek	J. Wirth	A. Mettling	J. Wirth	T. Kazek
	1:53.2 91	1:53.55 -05	1:53.86 03	1:54.12 92	1:54.31 93	1:54.8 98	1:55.58 04	1:55.74 -01	1:55.77 -02	1:56.0 98
4 x400 M RELAY	M. Johnson	M. Johnson	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Johnson	K. Odegard	K. Connaker	J. Fore
	J. Fore	J. Fore	E. Branzovsky	M. Anderson	B. Osterdyk	M. Anderson	B. Osterdyk	L. Ballis	A. Dufresne	A. Hepburn
	C. Filler	C. Filler	C. Filler	A. Dufresne	J. Fore	S. Johnson	C. Filler	M. Sloan	M. Anderson	C. Filler
	B. Osterdyk	B. Osterdyk	B. Osterdyk	S. Johnson	C. Filler	A. Dufresne	J. Fore	S. Johnson	S. Johnson	B. Osterdyk
	4:16.81 -03	4:22.2 04	4:22.7 03	4:25.4 00	4:26.00 03	4:26.07 00	4:26.2 03	4:27.1 98	4:27.34 00	4:27.6 04
4 x800 M RELAY	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Anderson	M. Anderson	K. Connaker	K. Connaker	M. Anderson	J. Fore
	D. Dickey	M. Anderson	M. Anderson	L. Filler	H. Larsen	J. Gregoire	L. Mettling	B. Haavisto	H. Larsen	S. Purdy
	E. Branzovsky	L. Mettling	L. Mettling	M. Anderson	R. Craighead	R. Craighead	M. Anderson	M. Sloan	J. Gregoire	E. Branzovsk
	M. Johnson	L. Filler	K. Connaker	L. Mettling	M. Johnson	M. Johnson	L. Filler	L. Filler	M. Johnson	M. Johnson
	10:27.01 03	10:35.51-99	10:36.61 01	10:38.3 00	10:39.81 02	10:41.5 02	10:45.09 -00	10:46.0 98	10:46.6 02	10:49.1 04
800 MEDLEY	K. Meyer	T. Kazek	M. Bellinger	K. Meyer	A. Bernard	B. Johnson	K. Meyer	B. Jewell	A. Peil	N. Plasek
100, 100, 200, 400	R. Overson	A. Miller	K. Splett	A. Miller	K. Johnson	K. Smetana	A. Miller	A. Bernard	L. Ballis	L. Haugrud
	K. Ovik	K. Odegard	B. Osterdyk	T. Kazek	J. Wirth	T. Kazek	K. Odegard	A. Nelson	A. Miller	L. Ballis
	S. Johnson	S. Johnson	J. Wirth	M. Sloan	T. Korf	R. Auers	M. Sloan	H. Larsen	K. Odegard	J. Stahlke
	2:02.21 00	2:05.7 98	2:05.8 04	2:07 5 98	2:08.9 02	2:09.6 96	2:11.14 97	2:11.6 01	2:13.6 97	2:16.1 99
1600 MEDLEY	A. Nelson	K. Perell	A. Nelson	K. Meyer	A. Peil	T. Kazek	C. Milligan	A. Filler	M. Misel	
200, 200, 400, 800	A. Mettling	K. Hughes	L. Haugrud	A. Miller	M. Soderbeck	S. Johnson	J. Kozisek	K. Meyer	A. Wiedemann	
	T. Korf	C. Filler	S. Gregoire	S. Johnson	L. Ballis	M. Sloan	N. Plasek	L. Haugrud	M. Sloan	
	K. Connaker	M. Johnson	M. Anderson	K. Connaker	K. Connaker	A. Wiedeman	K. Splett	J. Kozisek	J. Ammann	
	4:42.8 01	4:51.1 04	4:54.8 02	4:55.1 99	5:00.1 98	5:03.2 97	5:09.7 99	5:18.44 00	5:23.6 96	
DISTANCE MEDLEY	A. Wiedeman	J. Johnson	A. Olson	H. Larsen	L. Mettling	C. Mosher	C. Milligan	R. Craighead		
800, 400, 1200, 1600	B. Fischer	K. Odegard	K. Perell	S. Gregoire	C. Mosher	R. Craighead	N. Carlson	M. Soderbeck		
	B. Haavisto	B. Haavisto	S. Gregoire	N. Plasek	B. Haavisto	Katie Splett	R. Craighead	N. Carlson		
	A. Johnson	N. Carlson	J. Gregoire	R. Craighead	B. Fischer	J. Johnson	N. Plasek	J. Johnson		
	15:06.3 96	15:26.6 98	15:31.5 -04	15:48.9	15:54.0 97	16:01.6 01	16:02.51	16:31.9 99		

BOYS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X 100 M RELAY	B. Olson	J. Arnold	N. Thieman	J. McSherry	S. Auers	J. Arnold	T. Schwarz	M. Johnson	J. Hansen	M. Johnson
	S. Auers	Jeff Johnson	L. Williams	J. Johnson	J. Johnson	J. Johnson	J. Oare	Z. Mettling	M. Johnson	J. Johnson
	Z. Mettling	B. Olson	Pete Johnson	B. Olson	B. Olson	B. Olson	A. Wirth	B. Olson	B. Olson	B. Olson
	M. Johnson	J. Jahnz	T. Schwarz	S. Auers	J. Jahnz	S. Auers	L. Williams	S. Auers	S. Auers	P.D.Johnson
	45.3 98	45.87 96	46.0 00	46.08 97	46.4 96	46.6 96	46.6 00	46.7 98	46.7 98	46.9 97
4 x 200 M RELAY	J. Hansen	J. Hansen	J. Hansen	PeteJohnson	L. Williams	N. Thieman	T. Schwarz	S. Auers	B. Olson	Pete Johnson
	R. Root	A. Wirth	A.Wirth	R. Hammill	R. Hammill	A. Wirth	A. Wirth	R. Root	R. Root	R. Root
	A. Wirth	PeteJohnson	L. Williams	J. Oare	J. Oare	PeteJohnson	PeteJohnson	A. Wirth	A. Wirth	Z. Mettling
	M. Johnson	J. Oare	J. Oare	L. Williams	PeteJohnson	J. Oare	J. Oare	J. Hansen	J. Hansen	B. Olson
	1:36.6 99	1:36.8 00	1:38.28 00	1:38.4 01	1:38.5 01	1:39.0 00	1:39.44 00	1:39.6 98	1:40.2 98	1:40.3 98
4 x 400 M RELAY	J. Hansen	J. Hansen	J. Hansen	S. Peterson	J. Lee	J. Hansen	R. Hammill	N. Johnson	J. Hansen	J. Oare
	A. Wirth	N. Johnson	A. Wirth	D. Hansen	R. Hammill	M. Johnson	J. Lee	A. Wirth	N. Johnson	M. Johnson
	M. Johnson	JR Anderson	T. Schwarz	C. Lutz	L. Williams	P. Johnson	L. Williams	M. Johnson	M. Johnson	A. Wirth
	Paul Johnson	M. Johnson	J. Oare	J. Clementson	J. Oare	A. Wirth	J. Oare	JR Anderson	JR Anderson	JR Anderson
	3:28.39 -99	3:34.55 98	3:36.39 00	3:36.88 03	3:39.61 01	3:39.7 99	3:39.7 00	3:39.8 98	3:40.45 97	3:41.4 98
4 x 800 M RELAY	J. Lee	C. Lutz	J. Lee	Pete Johnson	Pete Johnson	J. Oare	P.Johnson	C. Lutz	D. Hansen	D. Hansen
	Pete Johnson	A. Lee	PeteJohnson	J. Oare	R. Hammill	JR Anderson	R. Hammill	A. Lee	Jordan C.	T. Miche'
	R. Hammill	D. Hansen	J. Oare	A. Wirth	A. Wirth	Pete Johnson	A. Wirth	D. Hansen	C. Fischer	A. Lee
	J. Oare	J. Clementson	R. Hammill	JR Anderson	JR Anderson	A. Wirth	J. Oare	Jared C.	T. Miche'	Jared C.
	8:27.89 -01	8:34.13 03	8:41.97 00	8:44.9 98	8:48.7 98	8:56.65 98	8:58.6 98	9:01.2 02	9:01.63 04	9:02.4 04
800 M Medley	J. Hansen	B. Olson	B. Olson	M. Rydberg	N. Thieman	J. Johnson	J. Kruse	J. Peterson		
100, 100, 200, 400	A. Wirth	S. Auers	P.D. Johnson	J. Jahnz	M. Wirth	J. Jahnz	M. Odendahl	D. Gregoire		
	M. Johnson	Z. Mettling	J. McSherry	D. Gregoire	J. Hansen	J. McSherry	N. Purdy	K. Skadsheim		
	Paul Johnson	M. Johnson	JR Anderson	J. BoorBoor	A. Wirth	B. Runyan	D. Gerold	D. Johnson		
	1:43.7 99	1:45.0 98	1:45.8 97	1:46.2 02	1:48.43 00	1:54.5 96	1:56.8	2:03.5 01		
1600 M Medley		M. Johnson		J. McSherry	PeteJohnson	B. Olson	J. McSherry	A. Bodle	D. Gregoire	J. Schoen
200, 200, 400, 800		J. Hansen		P.D. Johnson	L. Williams	S. Auers	S. Auers	BJ Patzoldt	T. Muller	A. Bodle
		A. Wirth		M. Johnson	S. Peterson	J. Arnold	J. Arnold	J. Arnold	M.Defenbaugh	J. Kucera
		JR Anderson		JR Anderson	J. Lee	JR Anderson	JR Anderson	R. Bell	G. Bunce	R. Bell
	3:45.28 90	3:57.4 98	3:57.6 91	3:57.85 97	4:01.4 01	4:01.6 96	4:04.9 96	4:05 93	4:05.8 02	4:06 94
Distance Medley	PeteJohnson	L. Williams	C. Teeman	J. Lee	S. Peterson	D. Sanders	M. Talbot	T. Muller		
400, 800,1200,1600	M. Stahlke	S. France	S. Peterson	B. Mettling	J. Arnold	N. Thieman	J. Lind	M Defenbaugh		
	J. Lee	J. Lee	C. Lutz	S. France	B. Runyan	B. Mettling	J. Hussong	G. Bunce		
	R. Hammill	R. Hammill	J. Clementson	D. Pangerl	JR Anderson	D. Pangerl	Jordan C.	A. Lee		
	11:57.39 00	11:58.3 99	12:19.7 01	12:42.2 98	13:02.7 96	13:26.6 97	13:40.2 04	13:50.1 02		

PINE CITY GIRLS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	12.79	Karla Nelson	1983
200 m Dash	27.08	Lori Haugen	1982
400 m Dash	1:01.4	Melissa Odegard	1994
800 m Run	2:28.35 2:28.2 (HH)	Kim Connaker Meleia Johnson	2001 2002
1600 m Run	5:37.70	Jenna Fore	2003
3200 m Run	12:34.04	Amy Johnson	1996
100 m Hurdles	16.54	Chantel Hersbergen	1994
300 m Hurdles	49.23	Cassandra Filler	2003
4 x 100 m Relay	52.79	Katie Meyer, Amanda Peil Molly Sloan, Tera Kazek	1998
4 x 200 m Relay	1:50.8	Karla Nelsen, Kris Lindstrom, Lara Lindstrom, Lori Haugen	1983
4 x 400 m Relay	4:16.81	Meleia Johnson, Jenna Fore, Cassie Filler, Becky Osterdyk	2003
4 x 800 m Relay	10:27.01	Jenna Fore, Deanna Dickey, Emily Branzovsky, Meleia Johnson	2003
High Jump	5' 2"	Kari Splett	2004
Long Jump	16' 7"	Erica Delak	1991
Triple Jump	32' 8"	Lisa Drexler	2005
Pole Vault	9' 0"	Susan Johnson Julianna Wirth Maria Bellinger	2000 2004 2005
Shot Put	35' 10"	Tera Kazek	1998
Discus	109' 10"	Maria Bellinger	2005

PINE CITY BOYS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	11.12	Chris Olson	1991
200 m Dash	22.6	Chris Harrison	1979
400 m Dash	51.73	Mike Johnson	1999
800 m Run	1:56.7	Tom Nelson	1980
1600 m Run	4:22.97	Jared Clementson	2004
3200 m Run	9:52.0	Jon Bloom	1991
110 m Hurdles	15.8	Tom Nelson	1980
300 m Hurdles	42.33	Jordan Kruse	2004
4 x 100 m Relay	45.3	Brian Olson, Stu Auers, Zach Mettling, Mike Johnson	1998
4 x 200 m Relay	1:36.6	John Hansen, Randy Root, Andy Wirth, Mike Johnson	1999
4 x 400 m Relay	3:28.39	John Hansen, Andy Wirth Mike Johnson, Paul Johnson	1999
4 x 800 m Relay	8:27.89	Jeremy Lee, Peter Johnson, Ryan Hammill, Jason Oare	2001
High Jump	6' 8.25"	Tom Nelson	1980
Long Jump	21' 8"	Jerry Hoefler	1948
Triple Jump	40' 4"	Matt Wirth	2002
Pole Vault	13' 8 1/2"	Chuck Novak	1972
Shot Put	52' 11.25"	Mike Rydberg	2002
Discus	157' 5.5"	Mike Rydberg	2002

ATTITUDES THAT BUILD WINNERS:

Drive

Aggressiveness

Determination

Responsibility

Self - Confidence

Leadership

Emotional Control

Mental Toughness

Coachability

Trust

Conscientiousness

Dominance

2005 Track and Field Awards

Track and Field - MVP	Becky Osterdyk Maria Bellinger	Jordan Kruse
Rookie of the Year	Lisa Drexler	Hunter Seuntjens
“True Grit” Award	Jenna Fore	
Most Improved Athlete	Christina Marier	Jordan Clementson

	New School Records:	
Triple Jump	Lisa Drexler	32' 8”
Pole Vault	Maria Bellinger	9' 0”
Discus	Maria Bellinger	109' 10”

All- Conference Awards:

Maria Bellinger	Discus
Jordan Kruse	300 m Hurdles

All- Conference Honorable Mention:

Becky Osterdyk	Long Jump
Jenna Fore	Discus

2005 Track Letter Winners:

Jenna Fore	Jeff Hussong	Mike Talbot
Hunter Seuntjens	Elias Trigas	Jon Othoudt
Lisa Drexler	Jacki Gregoire	Steph Gregoire
Jordan Kruse	Christina Marier	Kasey Perell
Becky Osterdyk	Brice Thieman	Maria Bellinger
Jordan Clementson	Tom Miche'	Emily Branzovsky
David Hambly	Trevor McNally	

What is Life?

Life is a gift.....accept it

Life is an adventure.....dare it

Life is a mystery.....unfold it

Life is a game.....play it

Life is a struggle.....face it

Life is beauty.....praise it

Life is a puzzle.....solve it

Life is sorrowful.....experience it

Life is a song.....sing it

Life is a goal..... achieve it

Life is a mission..... fulfill it

FEEL THE BURN



NO INTENSITY, NO VICTORY!!!

GIRLS' "BESTS" - 2005

57	Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m Run
59	Heather Rathburn - 11	O4	8.8 - RRCI	15.71 - Prn		77.3 - NB			
60				15.8sp-Tig					
61		O5		15.8 - PC		78.0 - Cheng			
62				16.1 sp - PC					
64	Maria Bellinger - 10	O2		15.2	31.5				
65		O3		14.48	30.06				
66		O4		13.6sp-Chen	29.9sp- Tig				
67		O5			31.2-Blaine				
68				14.2sp - Mo	28.3 sp -Cheng				
70	Jenni Linnell - 10	O5	9.3-Blaine		30.2-Blaine				
72	Jamie Parent - 10	O5	8.6-Blaine		32.8-Blaine				
74	Larissa Anderson - 9	O5	8.5 - Fo	13.9 - Cheng	29.0 - RRC				
75				14.2 sp - PC	28.0sp - BL	70.5sp - Cheng			
77	Ginny Anderson - 9	O4			32.7	73.5			
78		O5		14.9 - CL			3:04.4- Tig		
79				12.9sp - BL		72.5sp - BL	2:46.7sp - Cheng		
81	Emily Branzovsky - 9	O3		13.9			2:50.3	6:06.99 - Sec	
82						67.2 sp - Sub	2:39.7 sp - Sec		
83		O4		13.8			2:45.3 - RRCI	6:06 jh	
84							2:42.2SP - BL		
85		O5				61.8 - Cheng	2:46.4-Blaine		
86				13.6 sp- PC	27.6sp-Chen	64.6 sp - Tig			
88	Emily Erickson - 9	O3							
89		O4					3:11	7:28.8	
90		O5	9.7-Blaine			79.2 - Fo	3:00.2 - Sub		
91						77.5 sp- Tig	3:03.8sp- Cheng		
93	Rikki Heimdahl - 9	O4							
94		O5				78.8 - Tig			
95						79.1 sp- Tig			
97	Shannon Miller - 9	O3		14.2	32.9				
98		O4		14.8	34.0				
99		O5		15.0 - BL	32.4 - CL				
100				13.9sp - Cheng					
102	Dani Pangerl - 9	O4		14.8					
103		O5	8.3-Blaine		30.1 - RRC				
104				15.7 sp - Fo					
106	Amy Wolfe - 9	O4		15.8					
107		O5		15.1 - PC					
108				14.5 sp - Tig		82.2sp - BL			
110	Etta Clementson - 8	O4			32.2		2:59.9	6:30.9	13:54.5 - Sub
111							3:07 sp-RRCI		
112		O5			31.9	78.3-Blaine		6:33.4 - Cheng	
113						77.4sp-Chen	2:56.9sp- Sub		

BOYS' "BESTS" - 2005

	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
1								
2								
3	Jeff Hussong - 12	O3		28.9sp-Foley				
4		O4		31.3sp - Prn		2:26.2sp - Prn	4:12.4 (1200)	
5		O5			63.5sp - CL		6:10.7 - Mora	
6								
7	Ralph Knowlton- 12	O5		29.4sp-Blaine				
8								
9	Jon Othoudt - 12	O0		:35.0	1:16	2:55		
10		O1			1:13.0	2:55		
11		O2			67.2 -RRCI			
12		O3	13.5sp-H/F	30.3sp-NB	68.9-Foley			
13		O4	12.1 sp- Chi	27.1 - Chen				
14		O5	13.6 - CL	12.2sp - Tig	26.3sp- CL			
15								
16	Hunter Seuntjens - 12	O5	12.7 PC		64.9 - Fo			
17			12.3 sp - Fo		59.3 sp - Cheng			
18								
19	Mike Talbot - 12	O4				2:38.8sp-RRCR		
20		O5			63.2 sp - BL			
21								
22	Elias Trigas - 12	O5				2:20.0 - CL		
23					59.2 sp- CL	2:20.6sp - Cheng		
24								
25	Jed Derhaag - 11	O3						
26		O5						
27								
28	Jordan Kruse - 11	O1						
29		O2	12.8					
30		O3	13.8sp-Pr	25.5sp - H/F				
31		O4	12.8sp-RRCR	26.1sp-RRCI				
32		O5						
33								
34	Justin Palmer - 11	O1	14.5	30.3				
35		O2						
36		O3	13.2	27.2 - H/F	59.8-Cheng			
37				25.0sp-TT		2:25.4 sp - Sec		
38		O4	13.7 - H/F	26.8 - BL	63.8- Sub	2:43.9sp- BL		
39				25.6sp - Chen				
40		O5		24.9 - RRC	57.5 - Cheng			
41				25.7 sp - PC	61.0 sp - CL	2:23.9sp - Cheng		
42								
43	Brice Thieman - 11	O4		26.3 - H/F				
44				28.0sp - H/F				
45		O5		29.4 - Blaine				
46								
47	Jordan Clementson-10	O2			1:10.1	2:53	5:54	
48		O3			1:06.21	2:36.4	5:37.01	12:10.7 - RRC
49		O4				2:29 PC	5:20.2 - RRCR	11:31.8 - Chen
50						2:17.4 sp - RRC		
51		O5				2:21.9 - Tig	5:18.9 - PC	
52					61.5 sp- Tig	2:19.8 sp - Sec		
53								
54	Tom Miche' - 10	O4				2:16.4sp - RRC	5:09.39 - Prn	10:42.81- Sec
55		O5				2:19.7 - BL	4:52.2 - BL	10:54.4 - Cheng
56					59.9sp - Tig	2:25.1sp - Fo		

BOYS' "BESTS" - 2005

57	name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
59	Jeff Whited - 10	O5							
61	Cole Anderson - 9	O4							
62		O5		13.8 - Mo					
64	Calvin Arend - 9	O4		13.4	27.3				
65		O5	8.0 Fo		25.4 - Cheng				
66				12.3sp - PC	24.3 sp - CL				
68	Geoff Gregoire - 9	O3		14.1	29.5	63.8			
69		O4		12.7					
70		O5	7.5-Blaine	12.4 - RRC		58.9 - BL			
71				11.4sp - Fo	27.4sp-Blaine	58.0 sp- Cheng			
73	David Hambly - 9	O3		14.08			2:41.3	5:59	
74		O4					2:26.5	5:25.8	11:34.8 - Sub
75							2:29.8sp-Chen		
76		O5					2:28.5 - Fo	5:29.2 - BL	11:24.8 - RRC
77						63.4sp-Blaine	2:23.2sp - Sub		
79	Taran Leight - 9	O4		13.1					
80		O5		12.5 - Chen	26.6 - CL				
81				12.6 sp - Tig	25.2 sp - Cheng				
83	Trevor McNally - 9	O3						6:14	
84		O4						5:24.9	
85		O5					2:29.4-Blaine	5:00.1 - BL	10:44.85 - Sec
86						65.8sp-Blaine	2:18.9 sp- PC		
88	Eden Miche' - 9	O5		12.9 - Mo	25.5 - RRC	61.1 - BL			
89					25.3sp - RRC				
91	Jordan Monson - 9	O4							
92		O5							
94	Dan Hambly - 8	O4							
95		O5	8.5-Blaine	14.1 sp-Fo					
97	Haaken Hanson - 8	O4		13.9	27.3				
98		O5			26.7				
99				14.5 sp- Fo	26.6 sp- Fo		2:31.6 sp - Sec		
101	Josh Skalicky - 8	O4		14.7	29.8				
102		O5	7.8-Blaine	13.1	26.5	59.6			
103					28.3 sp - Fo		2:22.3 sp - Sec		
105	Ben Splett - 8	O5			28.7	63.4			
107	David White - 7	O4		15.7					
108		O5		14.3					
110	4 x 100 m Relay - 8	O0	55.3						
111		O1	53.0						
112		O4	53.3						
113		O5	52.2						

GIRLS' RELAY HISTORY - 2005

	TIME TRIALS	RRC INDOOR	TIGERAMA	PINE CITY	MORA
4 X 100 M RELAY		M. Bellinger	A. Wolfe	A. Wolfe	M. Bellinger
(0:52.79)		K. Perell	S. Miller	K. Perell	K. Perell
		A. Wolfe	G. Anderson	G. Anderson	C. Marier
		D. Pangerl	K. Perell	E. Branzovsky	G. Anderson
		58.7	59.1	57.6	59.6
4 x 200 M RELAY	M. Bellinger	M. Bellinger	M. Bellinger	M. Bellinger	M. Bellinger
(1:50.8)	J. Linnell	K. Perell	K. Perell	K. Perell	K. Perell
	E. Branzovsky	E. Branzovsky	E. Branzovsky	E. Branzovsky	E. Branzovsky
	B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk
	1:59.2	1:57.4	1:55.7	1:54.9	2:03.2
4 x 400 M RELAY	E. Branzovsky	J. Fore	R. Heimdal	J. Fore	
(4:16.81)	K. Hughes	K. Hughes	E. Erickson	E. Erickson	
	E. Clementson	E. Clementson	G. Anderson	S. Gregoire	
	J. Gregoire	E. Erickson	E. Branzovsky	J. Gregoire	
	5:05.2	4:59.3	4:57.5	4:57.4	
4 x 800 M RELAY		J. Fore			S. Gregoire
(10:27.01)		E. Clementson			E. Erickson
		S. Gregoire			G. Anderson
		J. Gregoire			J. Gregoire
		11:48.1			12:18.9
800 MEDLEY RELAY					
(100, 100, 200, 400)					
1600 MEDLEY RELAY					
(200, 200, 400, 800)					
DISTANCE MEDLEY					
(400, 800, 1200, 1600)					

GIRLS' RELAY HISTORY - 2005

BIG LAKE	CHISAGO LAKES	CHENGWATANA	FRC	SUB-SECTION	SECTION
C. Marier	C. Marier	C. Marier	C. Marier	C. Marier	
S. Miller	S. Miller	S. Miller	S. Miller	S. Miller	
G. Anderson	G. Anderson	G. Anderson	G. Anderson	G. Anderson	
K. Perell	K. Perell	K. Perell	K. Perell	K. Perell	
58.3	58.5	58.4	56.7	59.7	
M. Bellinger	M. Bellinger	M. Bellinger	M. Bellinger	M. Bellinger	M. Bellinger
K. Perell	K. Perell	K. Perell	K. Perell	K. Perell	K. Perell
L. Anderson	E. Branzovsky	E. Branzovsky	E. Branzovsky	E. Branzovsky	E. Branzovsky
B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk
1:56.8	1:55.4	1:53.6	1:53.55	1:57.3	1:54.06
A. Wolfe		J. Fore			
K. Perell		B. Clementson			
L. Anderson		G. Anderson			
G. Anderson		L. Anderson			
5:00.2		4:48.7			
		G. Anderson		G. Anderson	
		E. Erickson		B. Clementson	
		B. Clementson		S. Gregoire	
		S. Gregoire		J. Gregoire	
		11:52.1		11:32.4	

BOYS' RELAY HISTORY - 2005

	TIME TRIALS	RRC INDOOR	PINE CITY	TIGERAMA	MORA
4 X 100 M RELAY					
(0:45.3)		G. Gregoire	G. Gregoire	G. Gregoire	C. Arend
		Dan Hambly	J. Othoudt	J. Othoudt	J. Othoudt
		H. Hansen	C. Arend	C. Arend	T. Leight
		H. Seuntjens	T. Leight	T. Leight	H. Seuntjens
		53.3	51.1	51.6	53.1
4 x 200 M RELAY					
(1:36.6)	G. Gregoire	G. Gregoire	C. Arend	C. Arend	C. Arend
	E. Miche	E. Miche	J. Othoudt	J. Othoudt	J. Othoudt
	R. Knowlton	J. Skalicky	J. Palmer	J. Palmer	T. Leight
	H. Hansen	H. Hansen	E. Miche'	E. Miche'	E. Miche'
	1:52.5	1:50.9	1:47.9	1:49.6	1:51.2
4 x 400 M RELAY					
(3:28.39)	Dv Hambly			T. Miche'	T. Miche'
	J. Clementson			M. Talbot	M. Talbot
	T. McNally			J. Clementson	J. Palmer
	T. Miche			H. Seuntjens	H. Seuntjens
	4:18.2			4:07.1	4:12.9
4 x 800 M RELAY					
8:27.89		T. Miche	Dv Hambly		Dv Hambly
		J. Clementson	J. Palmer		J. Palmer
		Dv Hambly	T. Miche'		J. Clementson
		T. McNally	T. McNally		T. Miche'
		9:48.0	9:48.9		9:57.8
800 MEDLEY RELAY					
(100, 100, 200, 400)					
1600 MEDLEY RELAY					
(200, 200, 400, 800)					
DISTANCE MEDLEY					
(800, 400, 1200, 1600)					

