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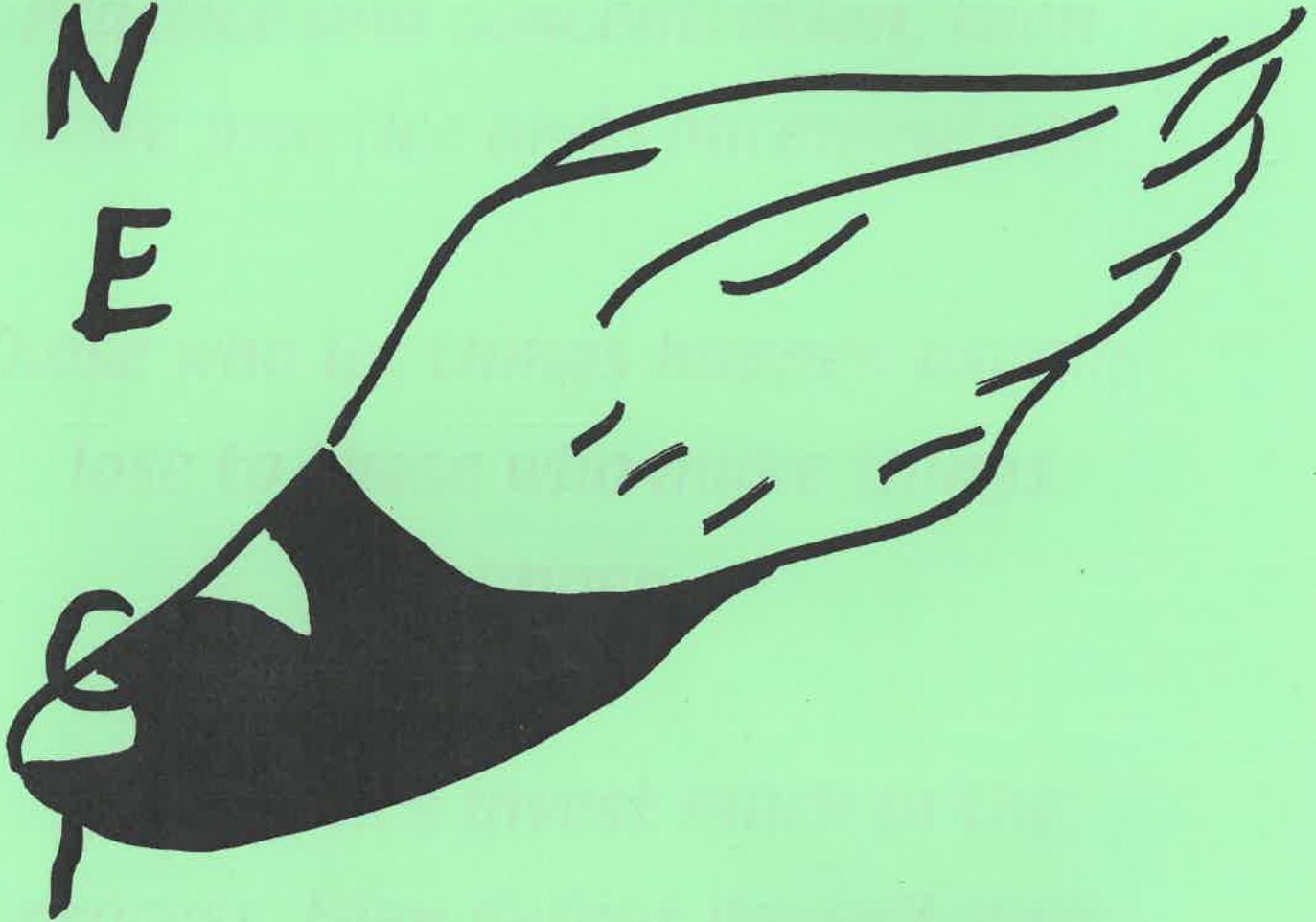
2004

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The Year in Review

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The Formula for Success:

*Practice and concentration, then
more practice and concentration.*

*Those who let things happen usually
lose to those who make things
happen.*

*If you don't invest much in the
process, then defeat doesn't hurt
and winning isn't very exciting!*

RUM RIVER CONFERENCE INDOOR @ FOLEY
Friday, April 2, 2004 - 4:00
Pine City Girls' Results

4 x 800 m Relay	1. Emily Branzovsky 2:44	High Jump	1. Becky Osterdyk 4' 8" 4th
	2. Etta Clementson 3:07		
	3. Jenna Fore 2:39		
	4. Meleia Johnson <u>2:44</u>		
	11:12.9 4th	Long Jump	1. Becky Osterdyk 14' 7.5" 1st

55 m Hurdles	1. Cassie Filler 9.7 2nd PB
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55 m Dash	1. Heather Rathburn 8.8
	2. Andrea Hepburn 8.2
	3. Abby Olson 8.5

4 x 200 m Relay	1. Maria Bellinger 32.1	Triple Jump	1. Cassie Filler 28' 10" 6th
	2. Katie Hughes 33.2		
	3. Andrea Hepburn 31.4		
	4. Julianna Wirth <u>30.4</u>		
	2:07.34 2nd	Pole Vault	1. Julianna Wirth

1600 m Run	1. Jenna Fore 6:07.24 5th		
	(1:23, 1:33, 1:36, 1:35)		
	2. Jacki Gregoire 6:57		
	(1:27, 1:41, 1:56, 1:54)		
	3. Steph Gregoire 7:11		
	(1:33, 1:51, 1:57, 1:51)		

4 x 100 m Relay	1. Heather Rathburn 15.8		
	2. Maria Bellinger 15.5		
	3. Abby Olson 14.7		
	4. Julianna Wirth <u>12.7</u>		
	58.74 5th		

TEAM RESULTS:

1. BIG LAKE	145
2. FOLEY	105
3. PRINCETON	103
4. PINE CITY	67
5. MILACA	59
6. STMA	57
7. CHISAGO LAKES	55
8. NORTH BRANCH	26
9. MORA	0

400 m Dash	1. Cassie Filler DNR
	2. Brittany Grinde 1:18.1
	3. Andrea Hepburn 1:09.65 7th

800 m Run	1. Meleia Johnson (1:17, 1:23) 2:39.35 5th
	2. Emily Branzovsky (1:20, 1:26) 2:45.3
	3. Steph Purdy (1:22, 1:35) 2:56.8

200 m Dash	1. Becky Osterdyk 29.56 2nd
	2. Katie Hughes
	3. Maria Bellinger

3200 m Run

4 x 400 m Relay	1. Meleia Johnson 71.6		
	2. Jenna Fore 71.3		
	3. Becky Osterdyk 69.1		
	4. Cassie Filler <u>68.4</u>		
	4:40.19 3rd		

ACCEPT
the CHALLENGES
so that
you may
FEEL
the EXHILARATION
of
VICTORY.

General George S. Patton

GIRLS' TIGERAMA @ RUSH CITY

Tuesday, April 13, 2004

Pine City Girls' Results

sunny - cool - windy

4 x 800 m Relay	1. Jenna Fore (74, 85) 2:39.7	High Jump	1. Becky Osterdyk 4' 8"	2nd
	2. Jacki Gregoire (80, 92) 2:50.8			
	3. Steph Purdy (84, 89) 2:52.7			
	4. Meleia Johnson (75, 85) 2:40.6 BTY			
	11:03.6 2nd	Long Jump	1. Becky Osterdyk 14' 6"	1st
			2. Christina Marier 12' 9.5"	
100 m Hurdles	1. Cassie Filler 17.4 1st		3. Kasey Perell 10' 6"	
	2. Christina Marier 21.4			
		Triple Jump	1. Cassie Filler 30' 5"	1st BTY
100 m Dash	1. Amy Nelson 14.0		2. Andrea Hepburn 27' 0"	6th
	2. Heather Rathburn 16.9			
	3. Kasey Perell 14.6			
		Pole Vault	1. Julianna Wirth 7' 6"	1st
4 x 200 m Relay	1. Amy Nelson 29.5		2. Heather Rathburn 7' 0"	4th tie
	2. Brittany Grinde 31.2			
	3. Andrea Hepburn 30.3 PB			
	4. Julianna Wirth 28.9 BTY	Shot	1. Maria Bellinger	
	1:59.9 1st		2. Steph Gregoire 23' 8"	
			3. Abby Olson 24' 9"	
1600 m Run	1. Jenna Fore 5:52.6 2nd BTY	Discus	1. Jenna Fore 79' 2"	
	(1:21, 1:34, 1:33, 1:25)		2. Maria Bellinger 67' 5"	
	2. Steph Gregoire 6:56.8 BTY		3. Katie Hughes	
	(1:30, 1:45, 1:55, 1:47)			
	3. Abby Olson 7:00.2			
	(1:28, 1:47, 1:55, 1:50)			
4 x 100 m Relay	1. Maria Bellinger 14.6 PB			
	2. Amy Nelson 13.1			
	3. Brittany Grinde 14.1			
	4. Julianna Wirth 13.7			
	55.8 1st			
400 m Dash	1. Andrea Hepburn 1:12.1			
	2. Kasey Perell 1:13.8			
	3. Julianna Wirth 1:11.5			
300 m Hurdles	1. Brittany Grinde 58.3			
	2. Cassie Filler 52.9 1st			
	3. Katie Hughes 60.2			
800 m Run	1. Meleia Johnson (75,83) 2:38.2 1st BTY			
	2. Steph Purdy (85,93) 2:58.7			
	3. Abby Olson (90,102) 3:12.8			
200 m Dash	1. Becky Osterdyk 28.7 2nd BTY			
	2. Maria Bellinger 29.9 PB			
	3. Christina Marier 31.7			
3200 m Run	1. Steph Gregoire 15:21.6 5th			
	(1:37, 1:49, 1:57, 2:01, 2:01, 2:03, 2:03, 1:50)			
	2. Jacki Gregoire 14:25.1 2nd			
	(1:29, 1:36, 1:46, 1:57, 1:57, 1:58, 1:58, 1:44)			
4 x 400 m Relay	1. Meleia Johnson 70.7 BTY			
	2. Jenna Fore 70.5 BTY			
	3. Cassie Filler 71.0			
	4. Becky Osterdyk 70.0			
	4:42.1 1st			

TEAM RESULTS

1. PINE CITY	136
2. MILLE LACS	117
3. FREDERICK	71
4. RUSH CITY	62
5. BRAHAM	41
6. HINCKLEY	38
7. MLWR	38
8. BARNUM	30
9. OGILVIE	22
10. E-C	3

TRIANGULAR MEET @ PINE CITY with North Branch and Mora
Thursday, April 15, 2004
Pine City Girls' Results
warm - very windy

4 x 800 m Relay	1. Jacki Gregoire 2. Etta Clementson 3. Steph Purdy 4. Jenna Fore	2:54.1 3:04.3 PB 2:55.1 <u>2:52.4</u> 11:46.9 1st	High Jump	1. Becky Osterdyk 2. Kari Splett	4' 10" 1st
			Long Jump	1. Becky Osterdyk 2. Christina Marier	15' 3" 1st BTY 13' 9.5" 4th PB
100 m Hurdles	1. Cassie Filler 2. Christina Marier	18.2 2nd 21.8	Triple Jump	1. Cassie Filler 2. Andrea Hepburn 3. Kari Splett	30' 1" 1st 28' 1" 3rd BTY 27' 1"
100 m Dash	1. Amy Nelson 2. Andrea Hepburn 3. Kasey Perell 4. Abby Olson	14.4 4th 14.6 14.9 15.2	Pole Vault	1. Julianna Wirth 2. Heather Rathburn 3. Maria Bellinger	7' 6" 2nd 7' 0" 3rd 6' 6" 4th
4 x 200 m Relay	1. Meleia Johnson 2. Brittany Grinde 3. Amy Nelson 4. Julianna Wirth	29.3 DNF	Shot	1. Maria Bellinger 2. Steph Gregoire 3. Abby Olson	27' 1" 4th 22' 1" 23' 8"
			Discus	1. Jenna Fore 2. Maria Bellinger 3. Katie Hughes 4. Kari Splett 5. Abby Olson	88' 7" 1st BTY 80' 10" PB 59' 6" 56' 3" 66' 9"
1600 m Run	1. Jenna Fore (1:22, 1:35, 1:38, 1:32) 2. Steph Gregoire (1:29, 1:48, 1:57, 1:49)	6:09.0 1st 7:03.9 4th			
4 x 100 m Relay	1. Maria Bellinger 2. Amy Nelson 3. Brittany Grinde 4. Julianna Wirth	13.9 12.3 15.1 <u>13.9</u> 55.3 2nd		1. Cassie Filler 2. Katie Hughes 3. Abby Olson 4. Andrea Hepburn	
400 m Dash				<u>TEAM RESULTS</u>	
300 m Hurdles	1. Cassie Filler 2. Brittany Grinde 3. Katie Hughes	53.3 2nd 60.8		1. North Branch 2. Pine City 3. Mora	87 66 30
800 m Run	1. Meleia Johnson 2. Steph Purdy	(74, 82) 2:36.7 1st BTY (80, 91) 2:51.6 PB			
200 m Dash	1. Becky Osterdyk 2. Kasey Perell 3. Heather Rathburn	28.8 3rd 30.5			
3200 m Run	1. Steph Gregoire 2. Jacki Gregoire (1:27, 1:38, 1:49, 1:50, 1:59, 1:59, 2:01, 1:49)	 14:32.6 2nd			
4 x 400 m Relay	1. Meleia Johnson 2. Andrea Hepburn 3. Jenna Fore 4. Becky Osterdyk	67.6 BTY 73.4 69.1 <u>66.3</u> BTY 4:36.2 2nd			

TRIANGULAR MEET @ PINE CITY with North Branch and Mora
Thursday, April 15, 2004
Pine City Boys' Results
warm - very windy

4 x 800 m Relay	1. Jared Clementson 2:12.4		High Jump	1. Jordan Kruse 5' 2" 3rd
	2. Jordan Clementson 2:30.2			2. Jeff Hussong 5' 4" 2nd
	3. Clay Fischer 2:34.5			3. Jon Othoudt 5' 0" 4th PB
	4. David Hansen <u>2:23.7</u>			4. David Jackson 4' 8"
	9:40.8			5. Jordan Clementson 4' 10"
				6. Mike Talbot 4' 10"
110 m Hurdles	1. Travis Gerving 18.7 4th		Long Jump	1. Jordan Kruse 18' 4.5" 3rd BTY
	2. Jordan Kruse 18.4 3rd			2. Kevin Skadsheim 13' 8"
100 m Dash	1. Kevin Skadsheim 12.9			3. Nic Purdy 15' 3" PB
	2. Nic Purdy			4. Chris Cox 14' 7.5" PB
	3. Mark Odendahl			5. Justin Palmer
	4. Justin Palmer		Triple Jump	1. Travis Gerving 33' 4" 4th BTY
	5. Zeke Vanderberg 13.0			2. Mike Talbot 29' 11"
4 x 200 m Relay	1. Travis Gerving 30.1			
	2. Brice Thieman 28.5		Shot	1. Dennis Gerold 34' 6" BTY
	3. Justin Palmer 27.3			2. David Rolf 35' 6"
	4. Dennis Gerold <u>26.1</u>			3. Hans Gaul 30' 2" PB
	1:51.8 2nd			4. Brice Thieman 30' 11"
1600 m Run	1. Jared Clementson 4:43.4 2nd BTY			5. Jamie Diem 25' 4"
	(1:10, 1:16, 1:13, 1:03)			6. Jon Othoudt 31' 11" PB
	2. Adam Lee 5:26.9 PB			7. Jamie Lind 28' 0"
	(1:19, 1:26, 1:27, 1:16)		Discus	1. David Jackson 77' 6"
	3. Tom Miche 5:34.7			2. Brice Thieman 81' 6"
	(1:23, 1:31, 1:26, 1:15)			3. Hans Gaul 67' 9"
	4. David Hambly 5:45			
	(1:25, 1:28, 1:28, 1:24)		Pole Vault	
4 x 100 m Relay	1. Kevin Skadsheim 12.6			
	2. Mark Odendahl 11.9			
	3. Jonathon Othoudt 12.4			
	4. Dennis Gerold <u>13.2</u> BTY			
	50.3 2nd			
400 m Dash	1. David Hansen 55.8 4th			
300 m Hurdles	1. Travis Gerving 50.7			
	2. Jordan Kruse 44.9 3rd			
	3. Jeff Hussong 52.5 PB			
	4. Jamie Lind 55.9			
800 m Run	1. Jordan Clementson (72, 76) 2:28.8 4th PB			
200 m Dash	1. Kevin Skadsheim 25.4 4th PB			
	2. Nic Purdy 26.4 PB			
	3. Mark Odendahl 27.6 PB			
	4. Brice Thieman 28.1 PB			
3200 m Run	1. Tom Miche' 11:59.4 2nd PB		4 x 400 m Relay	1. David Hansen 55.3
	(1:22, 1:30, 1:33, 1:34, 1:32, 1:33, 1:28, 1:17)			2. Dennis Gerold BTY 60.5
	2. Clay Fischer 12:00.6 3rd			3. Adam Lee 60.8
	(1:20, 1:31, 1:33, 1:31, 1:36, 1:43, 1:25, 1:30)			4. Jared Clementson <u>BTY 56.0</u>
	3. David Hambly 12:56.5 PB			3:52.5
	(1:25, 1:39, 1:38, 1:40, 1:31, 1:43, 1:40, 1:30)			

TEAM RESULTS:

1. North Branch	95
2. Mora	57
3. Pine City	36

TRIANGULAR MEET @ HINCKLEY

Thursday, April 16, 2004

Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore 2. Jacki Gregoire 3. Steph Purdy 4. Meleia Johnson	(81,87) (81,96) (88,94) <u>(79,87)</u>	2:47.9 2:56.6 3:00.5 2:45.5	11:30.5 1st	High Jump	1. Becky Osterdyk 2. Kari Splett	4' 6" 4' 10"	3rd 1st
100 m Hurdles	1. Cassie Filler	18.9	2nd		Long Jump	1. Becky Osterdyk	14' 3.5"	1st
100 m Dash	1. Amy Nelson 2. Heather Rathburn 3. Abby Olson	14.0 16.2 15.1	2nd 3rd		Triple Jump	1. Cassie Filler 2. Andrea Hepburn 3. Kari Splett	29' 11" 24' 10.5" 29' 3"	1st 3rd 2nd BTY
4 x 200 m Relay	1. Brittany Grinde 2. Katie Hughes 3. Andrea Hepburn 4. Amy Nelson	30.9 30.9 30.5 <u>28.9</u>	2:01.0 1st		Pole Vault	1. Heather Rathburn 2. Maria Bellinger	6' 6" 6' 0"	2nd 4th
1600 m Run	1. Jenna Fore (1:23, 1:37, 1:38, 1:33) 2. Jacki Gregoire (1:29, 1:41, 1:42, 1:42)	6:10.9 6:35.8	1st BTY		Shot	1. Maria Bellinger 2. Steph Gregoire	28' 8" 24'	2nd BTY
4 x 100 m Relay	1. Maria Bellinger 2. Andrea Hepburn 3. Brittany Grinde 4. Amy Nelson	13.7 16.2 13.9 <u>13.6</u>	57.4 1st		Discus	1. Jenna Fore 2. Maria Bellinger 3. Katie Hughes 4. Kari Splett 5. Abby Olson	86' 11" 68'	2nd
400 m Dash	1. Jenna Fore	70.9	1st		<u>TEAM RESULTS</u>			
300 m Hurdles	1. Cassie Filler	55.1	1st		1. PINE CITY 116 2. HINCKLEY 86 3. SIREN 38			
800 m Run	1. Meleia Johnson 2. Steph Purdy 3. Abby Olson	(74, 85) (81, 90) (83, 98)	2:38.6 2:50.6 3:01.1	1st 3rd PB PB				
200 m Dash	1. Becky Osterdyk	28.7	1st					
3200 m Run	1. Steph Gregoire	15:16.3	2nd					
4 x 400 m Relay	1. Meleia Johnson 2. Andrea Hepburn 3. Cassie Filler 4. Becky Osterdyk	69.2 72.5 75.1 <u>68.4</u>	4:44.8 1st					

TRIANGULAR MEET @ HINCKLEY

Friday, April 16, 2004

Pine City Boys' Results

<p>4 x 800 m Relay</p> <p>1. Tom Miche' (71, 74) 2:23.9</p> <p>2. Adam Lee (70, 71) 2:20.2 BTY</p> <p>3. David Hansen (63, 71) 2:14.4</p> <p>4. Jared Clementson (64, 72) <u>2:16.7</u></p> <p style="margin-left: 100px;">9:15.1 1st</p>	<p>High Jump</p> <p>1. Jordan Kruse</p> <p>2. Jeff Hussong 5' 6" 1st PB</p> <p>3. Jon Othoudt 5' 2" 3rd BTY</p> <p>4. Mike Talbot NH</p>
<p>110 m Hurdles</p> <p>1. Travis Gerving 18.4 2nd BTY</p> <p>2. Jordan Kruse DNR-injury</p>	<p>Long Jump</p> <p>1. Jordan Kruse</p> <p>2. Kevin Skadsheim</p> <p>3. Nic Purdy</p> <p>4. Chris Coxe</p> <p>5. Justin Palmer</p>
<p>100 m Dash</p> <p>1. Kevin Skadsheim 12.3 1st</p> <p>2. Nic Purdy 12.8 3rd</p> <p>3. Mark Odendahl 13.1</p> <p>4. Zeke Vanderberg 13.2</p>	<p>Triple Jump</p> <p>1. Travis Gerving 32' 8" 4th</p> <p>2. Mike Talbot</p>
<p>4 x 200 m Relay</p> <p>1. Travis Gerving 28.9</p> <p>2. Brice Thieman 28.0</p> <p>3. Justin Palmer 26.0</p> <p>4. Zeke Vanderberg <u>25.6</u></p> <p style="margin-left: 100px;">1:48.5</p>	<p>Shot</p> <p>1. Dennis Gerold</p> <p>2. David Rolf 38' 3" 2nd PB</p> <p>3. Hans Gaul</p> <p>4. Brice Thieman</p> <p>5. Jon Othoudt</p> <p>6. Jamie Lind</p> <p>7. David Jackson</p>
<p>1600 m Run</p> <p>1. Tom Miche' 5:20.9 2nd PB</p> <p style="margin-left: 20px;">(1:18, 1:23, 1:22, 1:14)</p>	
<p>4 x 100 m Relay</p> <p>1. Kevin Skadsheim 13.3</p> <p>2. Mark Odendahl 11.4</p> <p>3. Jonathon Othoudt 13.2</p> <p>4. Dennis Gerold <u>12.4</u></p> <p style="margin-left: 100px;">50.24 1st</p>	<p>Discus</p> <p>1. David Jackson</p> <p>2. Brice Thieman</p> <p>3. Hans Gaul</p>
<p>400 m Dash</p> <p>1. Jared Clementson 53.6 1st</p> <p>2. Justin Palmer 68.7</p> <p>3. Tom Miche' 59.4</p>	<p>Pole Vault</p>
<p>300 m Hurdles</p> <p>1. Travis Gerving 50.6 BTY</p> <p>2. Jordan Kruse</p> <p>3. Jeff Hussong 52.3 4th PB</p> <p>4. Jamie Lind 54.8 PB</p>	<p><u>TEAM RESULTS:</u></p> <p>1. Hinckley 120</p> <p>2. Pine City 84</p> <p>3. Siren 51</p>
<p>800 m Run</p> <p>1. David Hansen (64, 69) 2:13.3 1st</p>	
<p>200 m Dash</p> <p>1. Kevin Skadsheim 25.1 1st PB</p> <p>2. Nic Purdy 26.5</p> <p>3. Mark Odendahl 27.8</p> <p>4. Dennis Gerold 26.5</p> <p>5. Brice Thieman 26.9 PB</p> <p>6. Zeke Vanderberg 26.5</p>	
<p>3200 m Run</p> <p>1. Jordan Clementson 12:13.6 2nd</p> <p style="margin-left: 20px;">(1:21, 1:31, 1:33, 1:33, 1:35, 1:37, 1:37, 1:27)</p>	
<p>4 x 400 m Relay</p> <p>1. David Hansen 58.4</p> <p>2. Dennis Gerold 62.5</p> <p>3. Adam Lee 61.5</p> <p>4. Jared Clementson <u>55.1</u> BTY</p> <p style="margin-left: 100px;">3:57.5 2nd</p>	

Rum River Conference Relays Tuesday, April 20, 2004 at STMA Pine City Boys' Results

4 x 800 m Relay	1. David Hansen (66, 66) 2:11.4	4 x 400 m Relay	1. David Hansen	BTY 53.5
	2. Tom Miche' (70, 72) 2:21.7		2. Tom Miche'	60.9
	3. Adam Lee (65, 72) 2:17.4		3. Adam Lee	PB 59.3
	4. Jared Clementson <u>(63, 69) 2:12.0</u>		4. Jared Clementson	BTY <u>52.1</u>
	9:02.4 3rd			3:46.1 5th

3 x 110 m Hurdles	1. Jordan Kruse	High Jump	1. Jordan Kruse	5' 10" PB
	2. Travis Gerving 17.9		2. Jeff Hussong	5' 6"
	3. Jeff Hussong 21.3		3. Jon Othoudt	<u>4' 8"</u>
				10' 0" 4th

4 x 200 m Relay	1. Kevin Skadsheim 26.5	Long Jump	1. Jordan Kruse	
	2. Mark Odendahl		2. Nic Purdy	14' 11"
	3. Brice Thieman		3. Chris Coxe	45' 0" 6th
	4. Dennis Gerold			
	DQ			

4 x 1600 m Relay	1. Jared Clementson 4:43.0	Triple Jump	1. Travis Gerving	33' 5.5" BTY
	2. Adam Lee 5:18.5		2. Jared Clementson	34' 8"
	3. Jordan Clementson 5:20.2		3. Mike Talbot	<u>31' 1" PB</u>
	4. Tom Miche' <u>5:10.7</u>			99' 2.5" 5th
	20:55 2nd			

4 x 100 m Relay	1. Kevin Skadsheim 12.9	Pole Vault		
	2. Mark Odendahl 11.2			
	3. Nic Purdy 13.6	Shot Put	1. Dennis Gerold	34' 7" PB
	4. Dennis Gerold <u>12.7</u>		2. David Rolf	38' 5" PB
	50.3 6th		3. Brice Thieman	30' 7"
			4. Hans Gaul	<u>31' 4" PB</u>
				134' 3" 5th

1600 Medley Relay (200, 200, 400, 800)	1. Brice Thieman 26.3	Discus	1. Brice Thieman	106' 7" PB
	2. Jon Othoudt 28.9		2. David Jackson	88' 7" PB
	3. Travis Gerving 67.3		3. Hans Gaul	74' PB
	4. David Hansen <u>2:10.7</u>		4. David Rolf	
	4:12.9 3rd			

800 Medley Relay (100, 100, 200, 400)	1. Jordan Kruse 12.8			
	2. Mark Odendahl 12.2			
	3. Nic Purdy 27.7			
	4. Dennis Gerold <u>64.1</u>			
	1:56.8 7th			

Distance Medley 800, 400, 1200, 1600	1. Mike Talbot 2:38.8			
	2. Jamie Lind 1:08.7			
	3. Jeff Hussong 4:12.4			
	4. Jordan Clementson <u>5:41.3</u>			
	13:40.2 7th			

COMBINED TEAM RESULTS:

1. CHISAGO LAKES	182
2. FOLEY	161
3. BIG LAKE	139
4. STMA	131
5. PINE CITY	108
6. NORTH BRANCH	105
7. PRINCETON	94

QUADRANGULAR MEET @ CHISAGO LAKES

Tuesday, April 27, 2004
Pine City Girls' Results

<p>4 x 800 m Relay 1. Jenna Fore 2:39.1 2. Jacki Gregoire 2:49.0 3. Steph Purdy 2:56.1 4. Meleia Johnson <u>1:41.2</u> 11:05.3 1st</p> <p>100 m Hurdles 1. Cassie Filler 17.7 2nd 2. Christina Marier 21.2</p> <p>100 m Dash 1. Amy Nelson 14.2 2nd 2. Heather Rathburn 15.8 BTY 3. Abby Olson 15.1 4. Kasey Perell 14.6 4th</p> <p>4 x 200 m Relay 1. Christina Marier 31.6 2. Katie Hughes 30.9 3. Andrea Hepburn 31.1 4. Julianna Wirth <u>30.0</u> 2:02.9 3rd</p> <p>1600 m Run 1. Jenna Fore 5:58.2 1st (1:23, 1:34, 1:36, 1:25)</p> <p>4 x 100 m Relay 1. Maria Bellinger 13.7 2. Kari Splett 13.5 3. Andrea Hepburn 15.9 4. Julianna Wirth <u>14.3</u> 57.6 2nd</p> <p>400 m Dash 1. Jenna Fore 68.1 5th BTY</p> <p>300 m Hurdles 1. Cassie Filler 52.8 2nd BTY 2. Katie Hughes 63.4</p> <p>800 m Run 1. Meleia Johnson (82, 80) 2:42.1 1st 2. Steph Purdy (85, 29) 2:53.6 5th 3. Abby Olson (86, 98) 3:03.8</p> <p>200 m Dash 1. Becky Osterdyk 30.3 4th 2. Kasey Perell 31.7</p> <p>3200 m Run 1. Steph Gregoire 14:46.4 3rd BTY (1:36, 1:43, 1:49, 1:52, 1:54, 2:00, 2:02, 1:50) 2. Jacki Gregoire 14:06.9 2nd BTY (1:35, 1:42, 1:44, 1:49, 1:52, 1:54, 1:50, 1:40)</p> <p>4 x 400 m Relay 1. Meleia Johnson 69.9 2. Steph Purdy 73.4 3. Cassie Filler 69.9 4. Becky Osterdyk <u>65.4</u> BTY 4:39.2 1st</p>	<p>High Jump 1. Becky Osterdyk 4' 2" 2. Kari Splett 4' 10" 1st 3. Meleia Johnson 4' 6" 3rd</p> <p>Long Jump 1. Becky Osterdyk 13' 10" 2nd 2. Christina Marier 12' 5.5"</p> <p>Triple Jump 1. Cassie Filler 31' 8.75" 1st PB 2. Andrea Hepburn 28' 6.5" BTY 3. Kari Splett 29' 1.75"</p> <p>Pole Vault 1. Heather Rathburn 6' 0" 2. Maria Bellinger 6' 0" 3. Julianna Wirth 7' 6" 3rd</p> <p>Shot 1. Maria Bellinger 28' .25" 4th 2. Steph Gregoire 24' 6.25" 3. Abby Olson 25' 2.25"</p> <p>Discus 1. Jenna Fore 82' 5" 3rd 2. Maria Bellinger 70' 9" 3. Katie Hughes PB 60' 11" 4. Kari Splett 53' 9.5" 5. Abby Olson 73' 7" 5th</p>								
<p><u>TEAM RESULTS</u></p> <table border="0" style="margin-left: auto; margin-right: auto;"> <tbody> <tr> <td>1. North Branch</td> <td style="text-align: right;">94</td> </tr> <tr> <td>2. Pine City</td> <td style="text-align: right;">81</td> </tr> <tr> <td>3. Chisago Lakes</td> <td style="text-align: right;">67</td> </tr> <tr> <td>4. Milaca</td> <td style="text-align: right;">27</td> </tr> </tbody> </table>		1. North Branch	94	2. Pine City	81	3. Chisago Lakes	67	4. Milaca	27
1. North Branch	94								
2. Pine City	81								
3. Chisago Lakes	67								
4. Milaca	27								

QUADRANGULAR MEET @ CHISAGO LAKES

Tuesday, April 27, 2004

Pine City Boys' Results

very cold, very windy

<p>4 x 800 m Relay 1. Tom Miche' 2:21.1 2. Mike Talbot 2:39.4 3. Jordan Clementson 2:32.8 4. David Hansen <u>2:24.9</u> 9:58.1 4th</p>	<p>High Jump 1. Jordan Kruse 5' 8" 2nd 2. Jeff Hussong 5' 2" 3. Jon Othoudt 4. Mike Talbot</p>
<p>110 m Hurdles 1. Travis Gerving 18.2 4th</p>	<p>Long Jump 1. Jordan Kruse 16' 8.5" 4th 2. Mike Talbot 13' 3.75" 3. Nic Purdy 15' 1" 4. Chris Coxe 13' 3"</p>
<p>100 m Dash 1. Kevin Skadsheim 12.6 2. Nic Purdy 13.3 3. Mark Odendahl 13.3 4. Zeke Vanderberg 13.2 5. Chris Coxe 13.8</p>	<p>Triple Jump 1. Travis Gerving 34' 4" BTY 2. Mike Talbot 32' 2" PB</p>
<p>4 x 200 m Relay 1. Travis Gerving 27.4 2. Zeke Vanderberg 27.2 3. Jon Othoudt 26.9 4. Dennis Gerold <u>26.6</u> 1:48.1 4th</p>	<p>Shot 1. Dennis Gerold 35' 4.75" PB 2. David Rolf 34' 2.75" 3. Hans Gaul 31' 4" 4. Brice Thieman 28' 9" 5. Jon Othoudt 31' 3.5 6. David Jackson 27' 4.25" 7. Jamie Diem 26' 9.5"</p>
<p>1600 m Run 1. Jared Clementson 4:44.2 1st (1:12, 1:14, 1:16, 1:01) 2. Adam Lee 5:18.4 PB (1:13, 1:20, 1:25, 1:20)</p>	<p>Discus 1. David Jackson 83' 2" 2. Brice Thieman 94' 11.5" 3. Hans Gaul 68' 5.5" 4. Jamie Diem 71' 0"</p>
<p>4 x 100 m Relay 1. Nic Purdy 12.7 2. Mark Odendahl 13.5 3. Jon Othoudt 12.1 4. Dennis Gerold <u>13.1</u> 51.4 4th</p>	<p>Pole Vault</p>
<p>400 m Dash 1. David Hansen 53.5 1st PB</p>	
<p>300 m Hurdles 1. Travis Gerving 51.2 2. Jordan Kruse 44.7 2nd PB 3. Jeff Hussong 53.1</p>	<p><u>TEAM RESULTS:</u></p> <p>1. Chisago Lakes 98 2. North Branch 96 3. Milaca 42 4. Pine City 36</p>
<p>800 m Run 1. Jared Clementson (66, 61) 2:06.5 1st</p>	
<p>200 m Dash 1. Nic Purdy 27.4 2. Mark Odendahl 28.3 3. Chris Coxe 28.4 4. Zeke Vanderberg DNR</p>	
<p>3200 m Run 1. Jordan Clementson 11:54.8 4th PB (1:22, 1:30, 1:29, 1:31, 1:33, 1:33, 1:23) 2. Tom Miche' 11:25.9 2nd PB (1:25, 1:22, 1:27, 1:31, 1:28, 1:29, 1:24, 1:19)</p>	
<p>4 x 400 m Relay 1. David Hansen 54.2 2. Dennis Gerold 59.9 PB 3. Adam Lee 61.8 4. Jared Clementson <u>57.9</u> 3:54.1 4th</p>	

BIG LAKE INVITATIONAL

Friday, April 30, 2004

Pine City Girls' Results

cool, very windy

4 x 800 m Relay	1. Jenna Fore (76,83) 2:38.8 BTY High Jump	1. Becky Osterdyk 4' 4"
	2. Emily Branzovsky (81,81) 2:42.2 BTY	2. Kari Splett 5' 0" 2nd
	3. Steph Purdy (80,93) 2:52.9	3. Meleia Johnson 4' 6" 4th
	4. Meleia Johnson (78,82) 2:39.8 BTY	
	10:53.7 4th BTY Long Jump	1. Becky Osterdyk 14' 10" 2nd
		2. Christina Marier 13' 5.5" 7th
100 m Hurdles	1. Cassie Filler 17.6 3rd	
	2. Christina Marier 20.0 7th tie PB	
		Triple Jump
100 m Dash	1. Amy Nelson 13.9 8th	1. Cassie Filler 29' 6" 5th
	2. Andrea Hepburn 14.3 PB	2. Andrea Hepburn 28' 5" 8th
	3. Kasey Perell 14.4 PB	3. Kari Splett
		Pole Vault
4 x 200 m Relay	1. Amy Nelson 30.9	1. Heather Rathburn 6' 0"
	2. Katie Hughes 30.3	2. Maria Bellinger 7' 0" 6th
	3. Andrea Hepburn 30.3	3. Julianna Wirth 8' 0" 5th BTY
	4. Julianna Wirth 29.6	
	2:01.3 4th	Shot
		1. Maria Bellinger 27' 1" 8th
		2. Steph Gregoire 26' 6" PB
		3. Abby Olson
1600 m Run	1. Jenna Fore 5:56.7 4th Discus	1. Jenna Fore 87' 3" 5th
	(1:23, 1:30, 1:35, 1:29)	2. Maria Bellinger
	2. Jacki Gregoire 6:24.4 BTY	3. Abby Olson
	(1:28, 1:34, 1:43, 1:39)	
4 x 100 m Relay	1. Maria Bellinger 13.9	
	2. Amy Nelson 14.0	
	3. Andrea Hepburn 13.3	
	4. Julianna Wirth 13.6	
	55.1 2nd BTY	
400 m Dash	1. Julianna Wirth 1:12	<u>TEAM RESULTS</u>
		1. FOLEY 106
300 m Hurdles	1. Cassie Filler 51.0 2nd BTY	2. PRINCETON 98
	2. Katie Hughes 61.0	3. PINE CITY 96.5
		4. PROCTOR 92
		5. BIG LAKE 87
800 m Run	1. Meleia Johnson (77, 81) 2:38.0 3rd	6. SAUK CENTRE 78
	2. Steph Purdy (83, 93) 2:56.9	7. MILACA 64
	3. Abby Olson (87, 98) 3:04.9	8. ROCKFORD 58.5
200 m Dash	1. Becky Osterdyk 28.3 4th	
	2. Kasey Perell 30.6	
	3. Katie Hughes	
3200 m Run	1. Jacki Gregoire 13:54.0 8th BTY	
	(1:29, 1:39, 1:43, 1:47, 1:51, 1:51, 1:50, 1:43)	
	2. Steph Gregoire 14:53.8	
	(1:32, 1:47, 1:51, 1:56, 1:59, 2:03, 1:59, 1:44)	
4 x 400 m Relay	1. Meleia Johnson 68.4	
	2. Jenna Fore 68.1	
	3. Cassie Filler 67.8	
	4. Becky Osterdyk 66.3	
	4:30.5 3rd	

BIG LAKE INVITATIONAL
Friday, April 30, 2004
Pine City Boys' Results
cool, very windy

4 x 800 m Relay	1. Justin Palmer (78,86) 2:43.9	High Jump	1. Jordan Kruse 5' 10" 1st
	2. Jordan Clementson (73,76) 2:29.5		2. Jeff Hussong 5' 4" 5th
	3. Tom Miche' (74,74) 2:27.8		
	4. Adam Lee (71,79) 2:29.9		
	10:10.9 6th	Long Jump	1. Jordan Kruse 17' 9" 5th
			2. Nic Purdy 16' 5" PB
110 m Hurdles	1. Travis Gerving 18.3 3rd		3. Chris Coxe
100 m Dash	1. Kevin Skadsheim 11.7 7th PB		
	2. Nic Purdy 13.0	Triple Jump	1. Jared Clementson 37' 2.5" 2nd BTY
	3. Mark Odendahl DQ		1. Travis Gerving 34' 9.75" 5th PB
			2. Mike Talbot 30' 8.25"
4 x 200 m Relay	1. Nic Purdy 28.8		
	2. Mark Odendahl 26.3		
	3. Brice Thieman 27.3	Shot	1. Dennis Gerold
	4. Dennis Gerold 25.5		2. David Rolf 36' 8.5" 6th
	1:49.0 8th		3. Hans Gaul
1600 m Run	1. Jared Clementson 4:37.6 1st BTY		
	(1:09, 1:13, 1:10, 1:05)	Discus	1. David Jackson
	2. Adam Lee 5:11.1 PB		2. Brice Thieman 91' 5"
	(1:13, 1:20, 1:22, 1:16)		3. Jamie Diem
4 x 100 m Relay	1. Nic Purdy 12.9		
	2. Mark Odendahl 13.5	Pole Vault	1. Mike Talbot 8' 0"
	3. Travis Gerving 12.3		
	4. Dennis Gerold 12.5		
	50.9 7th		
400 m Dash	1. David Hansen 54.2 4th		
	2. Kevin Skadsheim 60.4		
	3. Justin Palmer 64.1 BTY		
300 m Hurdles	1. Jordan Kruse 44.6 1st PB		
	2. Travis Gerving 51.0 8th		
	3. Jeff Hussong 53.9		
800 m Run	1. Jared Clementson (62, 62) 2:04.1 1st BTY		
	2. David Hansen (70, 67) 2:17.4 7th		
200 m Dash	1. Kevin Skadsheim 26.3		
	2. Jordan Kruse 25.3		
	3. Justin Palmer 26.8 PB		
3200 m Run	1. Tom Miche' 11:03.7 4th PB		
	(1:19, 1:22, 1:21, 1:23, 1:28, 1:29, 1:27, 1:15)		
	2. Jordan Clementson 11:56.7 7th		
	(1:22, 1:27, 1:29, 1:34, 1:36, 1:36, 1:30, 1:21)		
4 x 400 m Relay	1. David Hansen 55.1		
	2. Dennis Gerold 59.9		
	3. Adam Lee 61.5		
	4. Jared Clementson 52.7		
	3:49.7 5th		

TEAM RESULTS:

1. PRINCETON	130.5
2. FOLEY	115
3. PROCTOR	112
4. PINE CITY	90.5
5. BIG LAKE	83
6. MILACA	77
7. SAUK CENTRE	58
8. ROCKFORD	15

TRIANGULAR MEET @ PRINCETON

Monday, May 3, 2004
Pine City Girls' Results
cool, very windy

4 x 800 m Relay	1. Jenna Fore 2. Steph Purdy 3. Emily Branzovsky 4. Meleia Johnson	2:46.1 2:48.3 2:46.7 <u>2:43.1</u>	11:04.10	1st	High Jump	1. Becky Osterdyk 4' 7" 2. Kari Splett 5' 1" 1st BTY 3. Meleia Johnson 4' 7" 4th PB
100 m Hurdles	1. Cassie Filler 2. Christina Marier	17.69 19.49		1st 4th PB	Long Jump	1. Becky Osterdyk 14' 8.5" 1st 2. Christina Marier 12' 6.25"
100 m Dash	1. Amy Nelson 2. Julianna Wirth 3. Kasey Perell 4. Abby Olson 5. Heather Rathburn	13.78 13.52 14.33 14.77 15.71		1st 4th PB PB PB	Triple Jump	1. Cassie Filler 30' 6" 1st 2. Andrea Hepburn 28' 6.75" 2nd BTY 3. Kari Splett 28' 4.25" 3rd
4 x 200 m Relay	1. Kasey Perell 2. Katie Hughes 3. Andrea Hepburn 4. Julianna Wirth	31.6 30.5 29.6 <u>28.9</u>	1:59.67	2nd	Shot	1. Maria Bellinger 28' .5" 2nd 2. Steph Gregoire 27' 3.5" 3rd PB 3. Abby Olson 27' 8" PB
1600 m Run	1. Emily Branzovsky (1:25, 1:40, 1:43, 1:29)	6:17.70		4th	Discus	1. Jenna Fore 78' 9.5" 3rd 2. Maria Bellinger 86' 5.5" 2nd PB 3. Katie Hughes 62' 9" PB 4. Kari Splett 71' 8.5" 4th PB 5. Abby Olson 67' 0"
4 x 100 m Relay	1. Maria Bellinger 2. Amy Nelson 3. Andrea Hepburn 4. Julianna Wirth	14.1 16.9 12.9 <u>14.0</u>	57.81			
400 m Dash	1. Jenna Fore 2. Steph Purdy	1:12.39 1:14.16		1st 2nd PB		
					<u>TEAM RESULTS</u>	
300 m Hurdles	1. Cassie Filler	50.25		1st BTY		1. PINE CITY 89 2. PRINCETON 62 3. LAKEVIEW ACAD 27
800 m Run	1. Meleia Johnson 2. Steph Purdy 3. Abby Olson	(76, 79) 2:35.47 (83, 93) 2:55.99 (85, 94) 2:59.96		1st BTY 2nd 3rd PB		
200 m Dash	1. Becky Osterdyk 2. Kasey Perell	28.05 30.65		2nd PB		
3200 m Run	1. Jacki Gregoire (1:28, 1:37, 1:43, 1:49, 1:51, 1:54, 1:58, 1:52) 2. Steph Gregoire (1:33, 1:50, 1:56, 1:58, 2:03, 2:03, 2:01, 1:46)	14:12.52 15:10.32		2nd 3rd		
4 x 400 m Relay	1. Meleia Johnson 2. Andrea Hepburn 3. Cassie Filler 4. Becky Osterdyk	68.6 75.0 71.6 <u>71.7</u>	4:46.94	1st		

TRIANGULAR MEET @ PRINCETON

Monday, May 3, 2004
Pine City Boys' Results
cool, very windy

<p>4 x 800 m Relay 1. Tom Miche' 2:22.1 2. Jeff Hussong 2:26.2 3. Jordan Clementson 2:42.1 4. David Hansen <u>2:18.3</u> 9:48.77 2nd</p>	<p>High Jump 1. Jordan Kruse 5' 5" 2nd 2. Jeff Hussong 5' 5" 3rd 3. Jon Othoudt 5' 3" 4th 4. Jordan Clementson 5' 0"</p>
<p>110 m Hurdles 1. Travis Gerving 17.55 1st PB</p>	<p>Long Jump 1. Jordan Kruse 17' 11.5" 2. Nic Purdy 16' 10.5" PB 3. Chris Coxe 12' 4.5" 4. Mark Odendahl 14' 8" 5. Tom Miche' 13' 7.5" 6. Jared Clementson 18' .5"</p>
<p>100 m Dash 1. Kevin Skadsheim 12.31 2. Nic Purdy 12.73 PB 3. Mark Odendahl 13.12 PB 4. Tom Miche 13.25</p>	<p>Triple Jump 1. Travis Gerving 2. Jordan Clementson</p>
<p>4 x 200 m Relay 1. Jordan Kruse 27.4 2. Chris Coxe 26.4 3. Jeff Hussong 31.3 4. Jon Othoudt <u>25.9</u> 1:50.96 2nd</p>	<p>Shot 1. Dennis Gerold 34' 7" 2. David Rolf 37' 5" 3rd 3. Brice Thieman 30' 9" 4. Jon Othoudt 30' 8" 5. David Jackson 26' 4" 6. Jamie Diem 28' 3" PB</p>
<p>1600 m Run 1. Adam Lee 5:08.67 3rd PB (1:13, 1:22, 1:20, 1:13) 2. Tom Miche' 5:09.39 4th PB (1:13, 1:22, 1:21, 1:13)</p>	
<p>4 x 100 m Relay 1. Nic Purdy 12.9 2. Mark Odendahl 13.4 3. Travis Gerving 12.4 4. Dennis Gerold <u>12.5</u> 51.12</p>	<p>1. James Foster 15.5 2. Jamie Diem 14.6 3. David Jackson 14.1 4. David Rolf 17.3 61.5</p>
<p>400 m Dash 1. Kevin Skadsheim 2. Jared Clementson 54.46 1st</p>	<p>Discus 1. David Jackson 67' 8" 2. Brice Thieman 95' 0" 3. Jamie Diem 75' 0" 4. James Foster 81' 5"</p>
<p>300 m Hurdles 1. Travis Gerving 51.36 2. Jordan Kruse 46.48 1st 3. Dennis Gerold</p>	
<p>800 m Run 1. Jared Clementson (67, 69) 2:16.25 2nd 2. David Hansen (67, 66) 2:12.90 1st</p>	<p>Pole Vault</p>
<p>200 m Dash 1. Kevin Skadsheim 2. Chris Coxe 28.18</p>	<p><u>TEAM RESULTS:</u></p> <p>1. PRINCETON 89 2. LAKEVIEW ACAD 47 3. PINE CITY 46</p>
<p>3200 m Run 1. Jordan Clementson 12:15.74 2nd (1:22, 1:29, 1:31, 1:32, 1:36, 1:39, 1:38, 1:28)</p>	
<p>4 x 400 m Relay 1. David Hansen 57.1 2. Dennis Gerold 61.5 3. Adam Lee 61.6 4. Jared Clementson <u>54.7</u> 3:54.77 2nd</p>	

CHENGWATANA TRACK MEET @ Pine City

Friday, May 7, 2004
Pine City Girls' Results
Cool

4 x 800 m Relay	1. Jenna Fore (74, 83) 2:37.2 2. Steph Purdy (79, 92) 2:51.3 3. Emily Branzovsky (77, 87) 2:44.0 4. Meleia Johnson (74, 82) 2:36.7 <u>BTY</u> 10:49.1 2nd <u>BTY</u>	Long Jump 1. Becky Osterdyk 15' 7" 1st <u>PB</u> 2. Christina Marier 13' 8.5"	High Jump 2. Kari Splett 4' 10" 1st 2. Becky Osterdyk 4' 8" 2nd 3. Meleia Johnson 4' 6" 4th
100 m Hurdles	1. Cassie Filler 18.2 4th 2. Christina Marier 19.9		Triple Jump 1. Cassie Filler 30' 11" 1st 2. Andrea Hepburn DNJ 3. Kari Splett 28' 8" 6th <u>BTY</u>
100 m Dash	1. Amy Nelson 13.9 4th 2. Andrea Hepburn DNR 3. Kasey Perell 14.1 5th		Pole Vault 1. Julianna Wirth 7' 9" 2nd 2. Maria Bellinger 7' 0" 5th 3. Heather Rathburn 6' 6"
4 x 200 m Relay	1. Amy Nelson 28.0 2. Brittany Grinde 30.0 3. Andrea Hepburn 29.8 4. Julianna Wirth <u>28.8</u> 1:57.2 1st <u>BTY</u>		Shot 1. Maria Bellinger 29' 6" 5th <u>PB</u> 2. Steph Gregoire 24' 6.5" 3. Abby Olson 24' 3.5"
1600 m Run	1. Jenna Fore DNF (1:17, 1:33, 2. Emily Branzovsky 6:39.4 (1:22, 1:45, 1:49, 1:43) 3. Jacki Gregoire 6:05.4 4th <u>PB</u> (1:20, 1:30, 1:36, 1:39)	Discus 1. Jenna Fore 86' 10" 5th 2. Maria Bellinger 82' 5" 3. Abby Olson 58' 1.5"	
4 x 100 m Relay	1. Maria Bellinger 13.6 2. Amy Nelson 12.8 3. Brittany Grinde 13.9 4. Julianna Wirth <u>13.8</u> 54.1 2nd <u>BTY</u>		
<u>TEAM RESULTS</u>			
400 m Dash	1. Andrea Hepburn DNR 2. Kasey Perell 1:12.1 <u>PB</u>		1. Pine City 130 2. Mille Lacs 82.5 3. Carlton Wrenshal 71 4. Braham 55.5 5. Mora 53 6. H/F 51 7. MLWR 42 8. Lakeview 39 9. Ogilvie 32
300 m Hurdles	1. Cassie Filler 51.2 1st 2. Brittany Grinde DNR 3. Katie Hughes 59.7 <u>BTY</u>		
800 m Run	1. Meleia Johnson (70, 81) 2:31.7 1st <u>BTY</u> 2. Steph Purdy (81, 88) 2:49.5 6th <u>PB</u> 3. Abby Olson (79, 94) 2:53.6 <u>PB</u>		
200 m Dash	1. Becky Osterdyk 28.9 5th 2. Julianna Wirth 29.1 6th <u>PB</u> 3. Kasey Perell 29.8 <u>PB</u>		
3200 m Run	1. Jacki Gregoire 13:42.4 <u>BTY</u> (1:28, 1:35, 1:37, 1:48, 1:47, 1:50, 1:56, 1:41) 2. Steph Gregoire 14:13.3 <u>PB</u> (1:27, 1:41, 1:45, 1:52, 1:53, 1:52, 1:57, 1:46) 3. Etta Clementson 13:54.9 (1:34, 1:44, 1:46, 1:47, 1:51, 1:47, 1:52, 1:35)	4 x 400 m Relay 1. Meleia Johnson 65.5 <u>BTY</u> 2. Jenna Fore 67.5 <u>BTY</u> 3. Cassie Filler 65.4 4. Becky Osterdyk 65.7 4:24.4 2nd <u>BTY</u>	

CHENGWATANA TRACK MEET @ Pine City

Friday, May 7, 2004

Pine City Boys' Results

4 x 800 m Relay	1. Jordan Clementson (69,77) 2:26.4 PB 2. Clay Fischer (74,74) 2:28.5 PB 3. David Hambly (72,78) 2:29.8 4. Tom Miche' <u>(71,72) 2:23.8</u> 9:47.9 6th	High Jump	1. Jordan Kruse 5' 10" 1st 2. Jeff Hussong 5' 4" 4th 3. Jon Othoudt 5' 4" 6th
110 m Hurdles	1. Jordan Kruse 17.9 2nd BTY 2. Travis Gerving 18.1 3rd 3. Jeff Hussong 21.4 6th	Long Jump	1. Jordan Kruse 19' 11.5" 1st PB 2. Nic Purdy 17' 3" PB 3. Mark Odendahl 14' 10" PB
100 m Dash	1. Kevin Skadsheim 12.3 5th 2. Nic Purdy 13.1 3. Mark Odendahl 13.2	Triple Jump	1. Travis Gerving 35' 1" 6th BTY 2. Jared Clementson 33' 1" 3. Mike Talbot 31' 9.5"
4 x 200 m Relay	1. Nic Purdy 26.3 2. Mark Odendahl 30.2 3. Justin Palmer 25.6 4. Dennis Gerold <u>25.8</u> 1:47.7 4th BTY	Shot	1. Dennis Gerold 36' 5" PB 2. David Rolf 40' 2" 4th PB 3. Hans Gau 32' 7.5" PB
1600 m Run	1. Jared Clementson 4:33.9 1st BTY (1:07, 1:13, 1:08, 1:06) 2. Adam Lee 5:14.6 4th (1:08, 1:19, 1:27, 1:20) 3. Clay Fischer 5:14.9 PB (1:13, 1:21, 1:23, 1:18)	Discus	1. David Jackson 81' 5" 2. Brice Thieman 92' 4" 3. Jamie Diem 75' 2"
		Pole Vault	1. Mike Talbot 7' 0" 5th
<u>TEAM RESULTS:</u>			
4 x 100 m Relay	1. Travis Gerving 13.8 2. Mark Odendahl 12.0 3. Nic Purdy 11.8 4. Dennis Gerold <u>12.4</u> 50.4 DQ		1. Pine City 114 2. Braham 104 3. Mora 84 4. MLWR 62 5. Lakeview 61 6. H/F 59 7. Carlton-Wrensha 44 8. Ogilvie 25
400 m Dash	1. Kevin Skadsheim DNR 2. David Hansen 53.1 2nd PB 3. Justin Palmer 64.3		
300 m Hurdles	1. Travis Gerving 49.2 3rd BTY 2. Jordan Kruse 43.6 2nd PB 3. Jeff Hussong 52.7		
800 m Run	1. Jared Clementson (62,62) 2:04.2 1st 2. David Hansen (65,73) 2:18.1 3. Adam Lee DNR		
200 m Dash	1. Kevin Skadsheim DNR 2. Jon Othoudt 27.1 3. Chris Coxe 27.6 PB	4 x 400 m Relay	1. David Hansen 53.9 2. Dennis Gerold 58.2 PB 3. Adam Lee 59.9 4. Jared Clementson 52.5
3200 m Run	1. Jordan Clementson 11:31.8 6th PB (1:19, 1:25, 1:30, 1:30, 1:30, 1:31, 1:29, 1:16) 2. Tom Miche' 10:55.6 3rd PB (1:14, 1:22, 1:23, 1:24, 1:25, 1:27, 1:24, 1:16) 3. David Hambly 12:12.1 PB (1:27, 1:33, 1:33, 1:29, 1:36, 1:34, 1:34, 1:26)		3:44.5 2nd BTY

QUADRANGULAR TRACK MEET @ North Branch

Tuesday, May 11, 2004

Pine City Girls' Results

cool, very windy

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<p>110 m Hurdles 1. Jordan Kruse 18.1 4th 2. Travis Gerving 18.1 5th</p>	<p>Long Jump 1. Jordan Kruse 17' 9.5" 3rd 2. Nic Purdy 16' 9.75" 3. Mark Odendahl</p>
<p>100 m Dash 1. Kevin Skadsheim 12.1 5th 2. Jared Clementson 12.2 3. Nic Purdy 13.1 4. Mark Odendahl 13.9</p>	<p>Triple Jump 1. Travis Gerving 35' 3.5" 2nd BTY 2. Mike Talbot 33' 2.5" 5th PB</p>
<p>4 x 200 m Relay 1. Nic Purdy 27.6 2. Mark Odendahl 29.7 3. Jon Othoudt 26.3 4. Dennis Gerold <u>28.3</u> 1:51.8 2nd</p>	<p>Shot 1. Dennis Gerold 37' 4.75" PB 2. David Rolf 35' 6.25" 3. Hans Gaul 34' 5" 4. Brice Thieman 30' 4.25" 5. James Foster 28' 1" PB 6. David Jackson 27' 2.75"</p>
<p>1600 m Run 1. Adam Lee 5:14.7 4th (1:17, 1:20, 1:21, 1:15) 2. Jordan Clementson 5:27.7 (1:17, 1:22, 1:25, 1:23)</p>	<p>Discus 1. David Jackson 91' 0" 2. Brice Thieman 95' 4" 3. Jamie Diem 69' 10" 4. James Foster 82' 2" PB</p>
<p>4 x 100 m Relay 1. Travis Gerving 13.0 2. Mark Odendahl 11.6 3. Nic Purdy 12.3 4. Jon Othoudt <u>13.5</u> 50.5 3rd</p>	<p>Pole Vault 1. Mike Talbot 8' 6" 5th PB</p>
<p>400 m Dash 1. Jared Clementson 52.4 1st PB</p>	<p><u>TEAM RESULTS:</u></p> <p>1. North Branch 107 2. Chisago Lakes 66 3. Pine City 52 4. Mora 42</p>
<p>300 m Hurdles 1. Travis Gerving 50.9 5th</p>	
<p>800 m Run 1. David Hansen (63, 66) 2:08.6 3rd BTY</p>	
<p>200 m Dash 1. Kevin Skadsheim 24.8 4th PB 2. Brice Thieman 26.8 3. Dennis Gerold 26.5 PB</p>	
<p>3200 m Run 1. Jared Clementson 10:31.1 1st (1:15, 1:16, 1:15, 1:18, 1:20, 1:22, 1:26, 1:15) 2. Tom Miche' 11:11.7 3rd (1:17, 1:25, 1:25, 1:27, 1:30, 1:27, 1:26, 1:14)</p>	
<p>4 x 400 m Relay 1. David Hansen 56.9 2. Kevin Skadsheim 59.9 3. Adam Lee 60.7 4. Dennis Gerold <u>59.6</u> 3:57.2 4th</p>	

CONFERENCE TRACK MEET @ STMA

Thursday, May 20, 2004

Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (75,80) 2:35.2 2. Steph Purdy (78,92) 2:51.3 3. Emily Branzovsky (80,86) 2:47.2 4. Meleia Johnson (<u>76,82</u>) 2:38.5 10:52.51 5th	BTY High Jump	2. Kari Splett 5' 2" 1st PB ***NEW SCHOOL RECORD*** **ALL CONFERENCE** 2. Becky Osterdyk 4' 6" 8th 3. Meleia Johnson 4' 8" 7th PB
100 m Hurdles	1. Cassie Filler 17.44 2. Christina Marier 19.78 3. Katie Hughes 21.78	6th BTY Long Jump	1. Becky Osterdyk 15' 9" 1st PB **ALL CONFERENCE** 2. Christina Marier 12' 6.5"
100 m Dash	1. Amy Nelson 14.05 2. Andrea Hepburn 14.34 3. Kasey Perell 14.22	Triple Jump	1. Cassie Filler 30' 7.25" 3rd **ALL CONFERENCE HONORABLE MENTION** 3. Kari Splett 29' 1.5" 8th
4 x 200 m Relay	1. Kasey Perell 30.0 2. Brittany Grinde 29.0 3. Andrea Hepburn 31.5 4. Julianna Wirth <u>27.4</u> 1:57.96 5th	Pole Vault	1. Julianna Wirth 8' 6" 5th PB 2. Maria Bellinger 8' 0" 7th 3. Heather Rathburn 6' 0"
1600 m Run	1. Jenna Fore 5:52.63 5th (1:21, 1:30, 1:33, 1:29) 2. Emily Branzovsky 6:13.6 (1:23, 1:38, 1:42, 1:30) 3. Jacki Gregoire 6:16.7 (1:22, 1:32, 1:39, 1:43)	Shot	1. Maria Bellinger 29' .75" 2. Steph Gregoire 24' 10.5" 3. Abby Olson 24' 3"
4 x 100 m Relay	1. Maria Bellinger 14.2 2. Kari Splett 13.4 3. Brittany Grinde 14.5 4. Julianna Wirth <u>13.6</u> 55.98 8th	Discus	1. Jenna Fore 93' 3" 3rd BTY **ALL CONFERENCE HONORABLE MENTION** 2. Maria Bellinger 79' 4" 3. Abby Olson 72' 0"
400 m Dash	1. Andrea Hepburn 67.7 PB	TEAM RESULTS:	
300 m Hurdles	1. Cassie Filler 49.83 3rd BTY **ALL CONFERENCE HONORABLE MENTION** 2. Brittany Grinde 58.6 3. Katie Hughes 60.3	1. NORTH BRANCH 113 2. FOLEY 98 3. BIG LAKE 96 4. PRINCETON 92 5. STMA 80 6. CHISAGO LAKES 71 7. PINE CITY 70.5 8. MORA 43 9. MILACA 37.5	
800 m Run	1. Meleia Johnson DNF 2. Steph Purdy (82, 87) 2:49.8 3. Abby Olson (81, 88) 2:49.7 BTY		
200 m Dash	1. Becky Osterdyk 28.27 6th 2. Julianna Wirth 29.2 3. Kasey Perell 29.8		
3200 m Run	1. Jacki Gregoire 13:40.56 8th BTY (1:31, 1:41, 1:39, 1:43, 1:52, 1:48, 1:44, 1:40) 2. Steph Gregoire 13:58.2 PB (1:31, 1:43, 1:46, 1:46, 1:48, 1:54, 1:50, 1:40) 3. Brietta Clementson 13:55.1 (1:35, 1:45, 1:47, 1:43, 1:44, 1:54, 1:51, 1:36)		
4 x 400 m Relay	1. Jenna Fore 65.6 2. Steph Purdy 72.7 3. Cassie Filler 64.9 BTY 4. Becky Osterdyk <u>66.7</u> 4:29.99 6th		

CONFERENCE TRACK MEET @ STMA

Thursday, May 20, 2004

Pine City Boys' Results

4 x 800 m Relay	1. David Hansen (62,67) 2:09.1 2. Jordan Clementson (65,72) 2:17.4 PB 3. Clay Fischer (64,74) 2:18.3 PB 4. Tom Miche' (67,67) 2:16.4 PB 9:01.63 4th	High Jump	1. Jordan Kruse 5' 8" 3rd - tie **ALL CONFERENCE HONORABLE MENTION* 2. Jeff Hussong 5' 6" 6th - tie 3. Jon Othoudt 5' 6" 8th PB
110 m Hurdles	1. Jordan Kruse 17.40 5th PB 2. Travis Gerving 17.95 7th	Long Jump	1. Jordan Kruse DNJ 2. Nic Purdy 17' 4" PB 3. Mark Odendahl
100 m Dash	1. Kevin Skadsheim 11.58 4th PB 2. Nic Purdy 12.66 PB 3. Mark Odendahl 13.20	Triple Jump	1. Travis Gerving 35' 4" 2. Jared Clementson 36' 4.25" 3. Mike Talbot 31' 3"
4 x 200 m Relay	1. Travis Gerving 28.2 2. Mark Odendahl 28.1 3. Nic Purdy 26.8 4. Dennis Gerold 25.8 1:48.82 8th	Shot	1. Dennis Gerold 37' 7" PB 2. David Rolf 37' 9.25" 3. Hans Gaul 34' 9.5" PB
1600 m Run	1. Jared Clementson 4:27.32 1st BTY **ALL CONFERENCE** (1:06, 1:11, 1:08, 1:02) 2. Adam Lee 5:05.01 PB (1:09, 1:19, 1:22, 1:15) 3. Clay Fischer 5:15.1 1:13, 1:21, 1:24, 1:17)	Discus	1. David Jackson 85' 5" 2. Brice Thieman 92' 9" 3. Jamie Diem 78' 4"
4 x 100 m Relay	1. Kevin Skadsheim 12.3 2. Mark Odendahl 13.5 3. Nic Purdy 13.1 4. Dennis Gerold 12.9 50.44 7th	TEAM RESULTS:	1. NORTH BRANCH 140.7 2. CHISAGO LAKES 128 3. MORA 81 4. FOLEY 80.4 5. MILACA 67 6. PINE CITY 60.5 7. PRINCETON 52.2 8. STMA 48.5 9. BIG LAKE 41.7
400 m Dash	1. David Hansen 54.04 8th		
300 m Hurdles	1. Travis Gerving 48.6 BTY 2. Jordan Kruse 42.87 3rd PB **ALL CONFERENCE HONORABLE MENTION** 3. Jeff Hussong 51.2 PB		
800 m Run	1. Jared Clementson 2:00.15 1st BTY **ALL CONFERENCE** 2. Adam Lee 2:20.7		
200 m Dash	1. Kevin Skadsheim 25.04 2. Jon Othoudt 3. Chris Coxe 27.84		
3200 m Run	1. Jordan Clementson 11:55.2 (1:17, 1:27, 1:30, 1:30, 1:32, 1:35, 1:16, 1:28) 2. Tom Miche' 10:54.99 5th PB (1:19, 1:21, 1:22, 1:22, 1:23, 1:25, 1:26, 1:16) 3. David Hambly 11:51.2 PB (1:23, 1:28, 1:20, 1:31, 1:34, 1:32, 1:31, 1:23)		
4 x 400 m Relay	1. David Hansen 54.6 2. Dennis Gerold 59.1 3. Adam Lee 58.9 PB 4. Jared Clementson 52.8 3:45.87 7th		

SUB-SECTION TRACK MEET @ RUSH CITY

Wednesday, May 26, 2004

Pine City Girls' Results

cool, windy, then rainy

4 x 800 m Relay	1. Jenna Fore (73,82) 2:35.1	BTY	High Jump	2. Kari Splett 5' 0"	1st
	2. Steph Purdy (79,88) 2:47.1	PB		2. Becky Osterdyk 4' 10"	2nd PB
	3. Abby Olson (79,91) 2:50.4			3. Meleia Johnson 4' 6"	4th tie
	4. Emily Branzovsky (77,86) 2:42.9				
	10:55.2	2nd	Long Jump	1. Becky Osterdyk 15' 6.25"	1st
				2. Christina Marier	
100 m Hurdles	1. Cassie Filler 17.1	BTY			
	2. Christina Marier 19.3	PB			
	3. Katie Hughes		Triple Jump	1. Cassie Filler 30' 5.5"	1st
				2. Kari Splett	
				3. Andrea Hepburn	
100 m Dash	1. Amy Nelson 13.7	PB			
	2. Kasey Perell 13.8	PB			
	3. Andrea Hepburn 14.1	PB	Pole Vault	1. Julianna Wirth 8' 6"	2nd
				2. Maria Bellinger 8' 0"	3rd
				3. Heather Rathburn 7' 0"	5th
4 x 200 m Relay	1. Amy Nelson 28.9				
	2. Brittany Grinde 30.0				
	3. Andrea Hepburn 29.4		Shot	1. Maria Bellinger 28' 3.5"	5th
	4. Julianna Wirth 29.0			2. Steph Gregoire 26' 1"	
	1:57.3	3rd		3. Abby Olson 21' 3.75"	
1600 m Run	1. Jenna Fore 6:04.3	5th	Discus	1. Jenna Fore 87' 1"	5th
	(1:22, 1:32, 1:37, 1:32)			2. Maria Bellinger 65' 10"	
	2. Jacki Gregoire 6:10.9			3. Abby Olson 76' 7"	
	(1:26, 1:32, 1:37, 1:36)				
	3. Emily Branzovsky DNF				

*** TOP 6 FINISHERS QUALIFY FOR SECTIONS
*** TOP 3 RELAYS QUALIFY FOR SECTIONS

4 x 100 m Relay	1. Maria Bellinger 13.6	
	2. Amy Nelson 12.8	
	3. Brittany Grinde 14.5	
	4. Julianna Wirth 13.4	
	54.3	2nd

TEAM RESULTS

400 m Dash	1. Andrea Hepburn 69.9	6th	1. PINE CITY	123
	2. Kasey Perell 72.4		2. MILLE LACS	98
			3. RUSH CITY	89
300 m Hurdles	1. Cassie Filler 50.5	1st	4. MEADOW CREEK	79
	2. Brittany Grinde 61.9		5. HINCKLEY	58
	3. Katie Hughes DNR		6. MORA	54
			7. BRAHAM	33
800 m Run	1. Meleia Johnson (73, 78) 2:30.7	1st	8. EAST CENTRAL	22
	2. Steph Purdy (82, 89) 2:51.4	6th		
	3. Abby Olson (83, 92) 2:55.9			

200 m Dash	1. Becky Osterdyk 28.5	5th
	2. Julianna Wirth 29.9	
	3. Kasey Perell 30.1	

4 x 400 m Relay	1. Meleia Johnson 66.5
	2. Jenna Fore 66.3
	3. Cassie Filler 64.6
	4. Becky Osterdyk 64.5
	4:22.2 1st

3200 m Run	1. Jacki Gregoire 13:29.8	4th	BTY
	(1:24, 1:32, 1:42, 1:49, 1:45, 1:48, 1:49, 1:38)		
	2. Steph Gregoire 14:22.2		
	(1:28, 1:42, 1:45, 1:52, 1:56, 1:57, 1:46)		
	3. Brietta Clementson 13:54.5	PB	
	(1:29, 1:42, 1:44, 1:48, 1:50, 1:52, 1:39)		

SUB-SECTION TRACK MEET @ RUSH CITY

Wednesday, May 26, 2004

Pine City Boys' Results

cool, windy then rainy

4 x 800 m Relay	1. David Hansen (59,69) 2:07.9 2. Jordan Clementson (68,74) 2:22.0 3. Clay Fischer (69,73) 2:22.4 4. Tom Miche' (<u>73,66</u>) 2:18.9 9:11.5 3rd	BTY	High Jump	1. Jordan Kruse 5' 9" 1st 2. Jeff Hussong 5' 4" 5th tie 3. Jon Othoudt
110 m Hurdles	1. Jordan Kruse 16.8 3rd PB 2. Travis Gerving 18.3 5th 3. Jeff Hussong 20.8		Long Jump	1. Jordan Kruse 18' 3" 5th 2. Nic Purdy 3. Mark Odendahl
100 m Dash	1. Kevin Skadsheim 11.6 2nd 2. Nic Purdy 12.4 PB 3. Mark Odendahl 13.1		Triple Jump	1. Jared Clementson 34' 4" 5th 1. Travis Gerving 35' 10.5" 4th PB 2. Mike Talbot
4 x 200 m Relay	1. Travis Gerving 25.5 2. Mark Odendahl 26.2 3. Nic Purdy 25.5 4. Dennis Gerold <u>26.7</u> 1:48.1 5th		Shot	1. Dennis Gerold 36' 6.75" 2. David Rolf 37' 4.5" 6th 3. Hans Gaul 34' 6"
1600 m Run	1. Jared Clementson 4:36.5 1st ***new sub-section Record*** (69, 73, 72, 73) 2. Adam Lee 5:06.4 (1:11, 1:15, 1:19, 1:21) 3. Clay Fischer 5:17.9 (1:15, 1:20, 1:25, 1:17)		Discus	1. David Jackson 85' 6" 2. Brice Thieman 96' 5" 6th 3. James Foster 85' 10" PB
4 x 100 m Relay	1. Kevin Skadsheim 11.9 2. Mark Odendahl 12.7 3. Nic Purdy 12.1 4. Dennis Gerold <u>12.7</u> 49.5 3rd BTY			Pole Vault 1. Mike Talbot 2. Clay Fischer 8' 0" PB 3. Trevor McNally
				***TOP 6 FINISHERS QUALIFY FOR SECTIONS ***TOP 3 RELAYS QUALIFY FOR SECTIONS
400 m Dash	1. David Hansen 54.1 2. Justin Palmer 63.8 BTY			
300 m Hurdles	1. Jordan Kruse 43.4 2nd 2. Travis Gerving 49.9 3. Jeff Hussong 53.1			TEAM RESULTS: 1. Braham 98.5 2. Pine City 94.5 3. Mora 94 4. Meadow Creek 80 5. Hinckley 76 6. Rush City 68 7. East Central 43
800 m Run	1. Jared Clementson (63, 61) 2:04.8 1st 2. Adam Lee (65, 76) 2:21.2			
200 m Dash	1. Kevin Skadsheim 24.3 5th PB 2. Jon Othoudt 27.6 3. Chris Coxe 28.8			
3200 m Run	1. Tom Miche' 10:47.9 2nd PB (1:16, 1:20, 1:24, 1:23, 1:22, 1:21, 1:24, 1:16) 2. David Hambly 11:34.8 PB (1:22, 1:26, 1:31, 1:30, 1:20, 1:30, 1:24, 1:18) 3. Jordan Clementson 11:59.9 (1:20, 1:26, 1:31, 1:36, 1:37, 1:24, 1:20)			
			4 x 400 m Relay	1. David Hansen 53.7 2. Dennis Gerold 58.9 3. Adam Lee 58.6 4. Jared Clementson <u>53.7</u> 3:45.2 3rd

SECTION TRACK MEET @ MACALASTER
Saturday, June 5, 2004 - 10:00
Pine City Girls' Results

3200 m Run 1. Jacki Gregoire 14:09.13
 (1:20, 1:32, 1:46, 1:52, 1:57, 1:54, 1:56, 1:50)

4 x 800 m Relay 1. Jenna Fore (74, 83) 2:37.2
 2. Steph Purdy (79, 85) 2:44.6 PB
 3. Abby Olson (79, 93) 2:52.1
 4. Emily Branzovsky (80, 84) 2:44.6
 10:58.55 7th

4 x 200 m Relay 1. Amy Nelson 28.9
 2. Brittany Grinde 28.9
 3. Andrea Hepburn 29.6
 4. Julianna Wirth 28.1
 1:55.58 8th BTY

1600 m Run 1. Jenna Fore 6:02.9
 (1:24, 1:32, 1:35, 1:32)

4 x 100 m Relay 1. Maria Bellinger 13.8
 2. Amy Nelson 13.8
 3. Brittany Grinde 13.8
 4. Julianna Wirth 13.5
 54.91 8th

400 m Dash 1. Andrea Hepburn 68.12

300 m Hurdles 1. Cassandra Filler 51.51 7th

800 m Run 1. Meleia Johnson 2:33.79 7th
 (74, 79)
 2. Steph Purdy 2:47.66 PB
 (79, 88)

200 m Dash 1. Becky Osterdyk 28.05

4 x 400 m Relay 1. Meleia Johnson 66.1
 2. Jenna Fore 68.9
 3. Cassandra Filler 67.7
 4. Becky Osterdyk 64.9
 4:27.79 7th

Pole Vault 1. Julianna Wirth 9' 0" 2nd PB
*****Qualifies for State*****
*****Ties School Record*****
 2. Maria Bellinger 8' 0"
 3. Heather Rathbun 7' 6" PB

Long Jump 1. Becky Osterdyk 15' 8" 6th

High Jump 1. Kari Splett 5' 1" 2nd - tie
 2. Becky Osterdyk 4' 10" 4th
 3. Meleia Johnson 4' 6"

Triple Jump 1. Cassandra Filler 32' 7.25" 7th PB
*****New School Record*****

Discus 1. Jenna Fore 100' 8" 6th BTY

Shot Put 1. Maria Bellinger 27' 1.5"

TEAM RESULTS:

1. Visitation	118
2. The Blake School	80
3. Belle Plaine	76
4. De La Salle	66
5. Minnehaha Academy	65
6. Jordan	64
7. St. Paul Academy	60
8. Pine City	50.5
9. St. Croix Lutheran	49.5
10. Holy Family Catholic	44
11. Concordia Academy	41
12. Isle/Onamia	28
13. Hinckley/Finlayson	22
14. Rush City	21
15. Mora	19
Meadow Creek Christian	19
17. Christ's Household of Faith	16
18. Providence Academy	15
19. New Life Academy	12
Brooklyn Center	12
21. Mounds Park Academy	9
22. West Lutheran	7.5
23. Trinity at River Ridge	5
Southwest Christian	5
Breck	5
26. Braham	4.5
27. East Central	2

SECTION TRACK MEET @ MACALASTER
Saturday, June 5, 2004 - 10:00
Pine City Boys' Results

3200 m Run	1. Tom Miche'	10:42.81	PB
	(1:14, 1:19, 1:19, 1:20, 1:23, 1:26, 1:25, 1:14)		
4 x 800 m Relay	1. David Hansen	(60, 65) 2:04.8	PB
	2. Jordan Clementson	(66, 78) 2:24.5	
	3. Clay Fischer	(64, 72) 2:16.7	PB
	4. Tom Miche'	<u>(69, 71) 2:20.3</u>	
		9:06.77	6th
110 m Hurdles	1. Jordan Kruse	16.44	6th PB
	2. Travis Gerving	18.07	
1600 m Run	1. Jared Clementson	4:30.22	2nd
	(1:06, 1:09, 1:10, 1:05)		
	Qualifies for State		

Triple Jump	1. Travis Gerving	35' 9.25"
	2. Jared Clementson	

Shot	1. David Rolf	37' 8.75"
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Long Jump	1. Jordan Kruse	16' 11.25"
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Discus	1. Brice Thieman	89' 5"
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High Jump	1. Jordan Kruse	5' 8"
	2. Jeff Hussong	NH

4 x 100 m Relay	1. Travis Gerving	13.2	
	2. Mark Odendahl	11.6	
	2. Nic Purdy	10.9	
	4. Dennis Gerold	<u>12.5</u>	
		48.51	7th BTY

TEAM RESULTS

1. Minnehaha Academy	125.5
2. St. Croix Lutheran	79
3. Mora	69
4. Concordia Academy	66.5
5. Brooklyn Center	63
6. Trinity at River Ridge	60
7. De La Salle	58
8. Jordan	52
9. Pine City	44
Holy Family Catholic	44
11. Breck School	35
12. Braham	29.5
13. Hinckley/Finlayson	29
14. East Central	26
15. Meadow Creek Christian	25
16. The Blake School	20
17. Belle Plaine	16
18. St. Paul Academy	15
19. New Life Academy	13
20. Rush City	10.5
21. Providence Academy	7
22. West Lutheran	5

300 m Hurdles	1. Jordan Kruse	42.33	3rd
	*** New School Record***		
800 m Run	1. Jared Clementson	2:03.20	1st
	(65, 57)		
	Qualifies for State		

4 x 400 m Relay	1. David Hansen	53.9	
	2. Dennis Gerold	57.1	PB
	3. Adam Lee	59.9	
	4. Jared Clementson	<u>59.1</u>	
		3:50.60	8th

**“To give
anything less than
your BEST
is to
sacrifice
your gift.”**

~Pre

STATE TRACK MEET @ BLAINE
FRIDAY, SATURDAY, JUNE 11 & 12, 2004
RESULTS

Friday, June 11, 2004

800 m Run (Prelims) Jared Clementson (58.1, 59.6) 1:58.13 4th BTY

Saturday, June 12, 2004

Pole Vault Julianna Wirth 9' 0" 10th PB
****ties **SCHOOL RECORD******

1600 m Run Jared Clementson 4:22.97 3rd PB
(1:03, 1:06, 1:07, 1:05)
******NEW SCHOOL RECORD******

800 m Run (Finals) Jared Clementson (59.2, 62.4) 2:01.59 6th

GIRLS' "BESTS" - 2004

5 4	Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m Run
5 7	Jenna Fore - 11	O0					2:47	6:09	
5 8		O1				73.3sp-NSC	2:46.5 jh	6:01.64 - Sec	
5 9		O2							
6 0		O3				68.4 - H/F		5:37.70 - RRC	
6 1						64.8 sp - Sec	2:29.6 sp - RRC		
6 2		O4				68.1 - CL		5:52.6 - Tig	
6 3						65.6sp - RRC	2:35.1 sp- Sub		
6 5	Cassie Filler - 100	O1			30.5	1:08.6			
6 6		O2				67.8 sp - RRRCR			
6 7		O3			30.8sp-NSC	62.3 sp - TT			
6 8		O4				64.5 sp- Sub			
7 0	Jacki Gregoire - 10	O1				73.8-Cheng	2:55.9 - RRCI	6:09 jh	12:53.98 - Sec
7 1							2:50.3sp -RRCI		
7 2		O2				70.1 sp-RRCR	2:42.3 sp- Sub	6:07.21 -RRC	13:10.12 - Sec
7 3		O3				73.5sp-NSC	2:45.6sp -Pr	6:30.4 - RRCI	13:24.32 - Sec
7 4		O4					2:46.5sp-RRCR	6:05.4 -Chen	13:29.8 - Sub
7 6	Steph Gregoire - 10	O1			36.61		2:57.5		
7 7		O2					2:54.3 - RRCI	6:32.3 - Chen	
7 8		O3				81.8sp-Foley	2:58.2sp-NSC	6:45.2 - PC	14:26.98 - Sec
7 9		O4						6:56.8 - Tig	13:58.2 - RRC
8 1	Andrea Hepburn - 10	O1		15.2	32.2				
8 2		O2		14.8	30.8				
8 3		O3	8.4-Foley	14.5 - PC	31.93-NSC	67.87 - RRC			
8 4				14.6sp-Foley	31.9sp-NSC				
8 5		O4		14.1 - Sub		67.7 - RRC			
8 6				13.3 sp-BL	29.6 sp- Prn	69.1sp- PC			
8 8	Christina Marier - 10	O1			33.4	1:18.2			
8 9		O2			32.9				
9 0		O3			32.6-Foley				
9 1				15.9sp-NB	32.4sp- H/F				
9 2		O4		14.1sp-RRCR	31.6sp- ChL				
9 4	Becky Osterdyk - 10	O1		14.3					
9 5		O2		14.2 -Cheng	27.9 - Sub	68.8 sp-Cheng			
9 6		O3		13.5 - NB	28.2 -Cheng				
9 7					29.6sp-Foley	63.6 sp - Sub			
9 8		O4			28.05 - Prn				
9 9					28.3sp-RRCR	64.6 sp - Sub			
10 1	Kasey Perell - 10	O1		15.0					
10 2		O2		14.8	30.7				
10 3		O3		15.03 - Pr	30.4 - NB	72.7 - Cheng			
10 4				13.9sp- NB	30.4sp-Foley				
10 5		O4		13.8 - Sub	29.8 - Chen	72.1 - Chen			
10 6					30.0sp - RRC	73.4SP - PC			
10 8	Heather Rathburn - 10	O4	8.8 - RRCI	15.71 - Prn		77.3 - NB			
10 9				15.8sp-Tig					

GIRLS' "BESTS" - 2004

112	Maria Bellinger - 9	O2	15.2	31.5			
113		O3	14.48	30.06			
114		O4	13.6sp-Chen	29.9sp- Tig			
116	Katie Hughes - 9	O2			1:16.3		
117		O3			1:13.0		
118		O4	15.7sp-RRCR	30.3sp- BL			
120	Abby Olson - 9	O2		33.9			6:37
121		O3					6:23.74 - RRC
122		O4	8.5 - RRCI	15.2- PC	2:50.4sp-Sub	2:49.7 - RRC	7:00.2 - Tig
124	Steph Purdy - 9	O2		35.7	1:14.7		6:55
125		O3			1:17.9	2:54.24 - RRC	6:39
126		O4			74.16 - Prn	2:47.66-Sec	
127					71.3sp- RRCR	2:44.6sp-Sec	
129	Emily Branzovsky - 8	O3	13.9		2:50.3		6:06.99 - Sec
130					67.2 sp - Sub	2:39.7 sp - Sec	
131		O4	13.8			2:45.3 - RRCI	6:06 jh
132						2:42.2SP - BL	
134	Ginny Anderson - 8	O4		32.7	73.5		
136	Jessie Christensen - 8	O4					
138	Emily Erickson - 8	O3					
139		O4				3:11	7:28.8
141	Brekka Gay - 8	O3			81.9		
142		O4			79.4		
144	Rikki Heimdahl - 8	O4					
146	Shannon Miller - 8	O3	14.2	32.9			
147		O4	14.8	34.0			
149	Ashley Spring - 8	O3	16.1				
150		O4					
152	Dani Pangerl - 8	O4	14.8				
154	Amy Wolfe - 8	O4	15.8				
156	4 x 100 m Relay -8	98	59.2				
157		99	59.9				
158		00	57.9				
159		O1					
160		O2	57.7				
161		O3	56.9				
162		O4	59.1				
164	4 x 200 m Relay -8	98	2:11				
165		99	2:22				
166		00	2:04.5				
167							
168							
169							
170							

GIRLS' "BESTS" - 2004

112					58' ?	26' 7"
113					70' 2"	29' 3"
114					86' 5.5" - Prn	29' 6" - Chen 8' 0" - Prn
116	20.9 jh		3' 11"	10' 9"		
117	20.7 - Sub	56.8 - Sub		12' 6"		
118	21.5-RRCR	59.7 - Chen			62' 9" - Prn	
120	20.2 jh					23' 6"
121	20.8jh					27' 7"
122					71' 4" - BL	27' 8" - Prn
124						17' 5"
125			11' 5"			
126						
127						
129			14' 3"			
130						
131						
132						
134						
136	21.2 jh				52' 6"	
138				10' 3"	58' 10"	
139						
141	22.1 jh		3' 8"			
142	22.4 jh					
144						
146				10' 8.5"		
147						
149	22.1jh		3' 8"			
150	23.9 jh					
152						
154						
156						
157						
158						
159						
160						
161						
162						
164						
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170						

BOYS' "BESTS" - 2004

114		yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m dash	1600 m dash	3200 m dash	
116	Clay Fischer - 8	O4					61.5	2:26.7	5:14.9 -Chen	12:00.7 - PC
117							2:16.7 sp- Sec			
119	David Hambly - 8	O3		14.08			2:41.3		5:59	
120		O4					2:26.5	5:25.8	11:34.8 - Sub	
121							2:29.8sp-Chen			
123	Cole Anderson - 8	O4								
125	Calvin Arend - 8	O4		13.4	27.3					
127	Geoff Gregoire - 8	O3		14.1	29.5	63.8				
128		O4		12.7						
130	Steven Guttormson-8	O3		14.1	31.5	69.5				
131		O4		12.8		61.1		6:07		
133	Taran Leight - 8	O4		13.1						
135	Trevor McNally - 8	O3						6:14		
136		O4						5:24.9		
138	Jordan Monson - 8	O4								
140	Caleb Vanderberg - 8	O4		13.4	34.9					
142	4 x 100 m Relay - 8	OO	55.3							
143		O1	53.0							
144		O4	53.3							
146	4 x 200 m Relay - 8	OO	2:02.0							
147		O1	1:50.8							
148		O4	1:52.4							
150	Dan Hambly - 7	O4								
152	Haaken Hanson - 7	O4		13.9	27.3					
154	Josh Skalicky - 7	O4		14.7	29.8					
156	David White - 7	O4		15.7						
158	4 x 100 m Relay - 7	98	54.5							
159		OO	58.0							
160		O1	59.6							
161		O3	59.4							
162		O4	57.3							
164	4 x 200 m Relay	OO	2:01.3							
165		O1	2:09.6							

GIRLS' RELAY HISTORY - 2004

	RRC INDOOR	TIGERAMA	PC/MORA/NB	H/F TRI	CONF RELAYS	CHS LKS	BIG LAKE
4 X 100 M RELAY (0:52.79)	H. Rathburn M. Bellinger A. Olson J. Wirth	M. Bellinger A. Nelson B. Grinde J. Wirth	M. Bellinger A. Nelson B. Grinde J. Wirth	M. Bellinger A. Hepburn B. Grinde A. Nelson	H. Rathburn C. Marier K. Hughes J. Wirth	M. Bellinger K. Splett A. Hepburn J. Wirth	M. Bellinger A. Nelson A. Hepburn J. Wirth
	58.74	55.8	55.3	57.4	59.3	57.6	55.076
4 x 200 M RELAY (1:50.8)	M. Bellinger K. Hughes A. Hepburn J. Wirth	A. Nelson B. Grinde A. Hepburn J. Wirth	M. Johnson B. Grinde A. Nelson J. Wirth	B. Grinde K. Hughes A. Hepburn A. Nelson	K. Perell B. Grinde C. Marier J. Wirth	C. Marier K. Hughes A. Hepburn J. Wirth	A. Nelson K. Hughes A. Hepburn J. Wirth
	2:07.34	1:59.9	DNF	2:01.0	2:05.9	2:02.9	2:01.1
4 x 400 M RELAY (4:16.81)	M. Johnson Jenna Fore B. Osterdyk C. Filler	M. Johnson J. Fore C. Filler B. Osterdyk	M. Johnson K. Perell A. Hepburn B. Osterdyk	M. Johnson A. Hepburn C. Filler B. Osterdyk	M. Johnson S. Purdy C. Filler B. Osterdyk	M. Johnson S. Purdy C. Filler B. Osterdyk	M. Johnson J. Fore C. Filler B. Osterdyk
	4:40.19	4:42.1	4:36.2	4:44.8	4:30.3	4:39.2	4:30.5
4 x 800 M RELAY (10:27.01)	E. Branzovsk E. Clementson J. Fore M. Johnson	J. Fore J. Gregoire S. Purdy M. Johnson	J. Gregoire B. Clementson S. Purdy J. Fore	J. Fore J. Gregoire S. Purdy M. Johnson	J. Gregoire A. Olson S. Purdy M. Johnson	J. Fore J. Gregoire S. Purdy M. Johnson	J. Fore E. Branzovsky S. Purdy M. Johnson
	11:12.90	11:03.6	11:46.9	11:30.5	11:17.2	11:05.3	10:53.7
800 MEDLEY RELAY (100, 100, 200, 400)					M. Bellinger K. Splett B. Osterdyk J. Wirth		
					2:05.8		
1600 MEDLEY RELAY (200, 200, 400, 800)					K. Perell K. Hughes C. Filler M. Johnson		
					4:51.1		
DISTANCE MEDLEY (400, 800, 1200, 1600)					A. Olson K. Perell S. Gregoire J. Gregoire		
					15:31.5		

BOYS' RELAY HISTORY - 2004

	RRC INDOOR	PC/MORA/NB	HIN/FIN TRI	CONF RELAYS	CHS LKS TRI	BIG LAKE
4 X 100 M RELAY	K. Skadsheim	K. Skadsheim	K. Skadsheim	K. Skadsheim	N. Purdy	N. Purdy
(0:45.3)	T. Gerving	M. Odendahl	M. Odendahl	M. Odendahl	M. Odendahl	M. Odendahl
	D. Gerold	J. Othoudt	J. Othoudt	N. Purdy	J. Othoudt	T. Gerving
	M. Odendahl	D. Gerold	D. Gerold	D. Gerold	D. Gerold	D. Gerold
	51.29	50.3	50.2	50.3	51.4	50.8
4 x 200 M RELAY	T. Gerving	T. Gerving	T. Gerving	K. Skadsheim	T. Gerving	N. Purdy
(1:36.6)	B. Thieman	B. Thieman	B. Thieman	M. Odendahl	Z. Venderberg	M. Odendahl
	J. Kruse	J. Palmer	J. Palmer	B. Thieman	J. Othoudt	B. Thieman
	K. Skadsheim	D. Gerold	Z. Venderberg	D. Gerold	D. Gerold	D. Gerold
	1:50.52	1:51.8	1:48.5	DQ	1:48.1	1:47.9
4 x 400 M RELAY	D. Hansen	D. Hansen	D. Hansen	D. Hansen	D. Hansen	D. Hansen
(3:28.39)	D. Gerold	D. Gerold	D. Gerold	T. Miche'	D. Gerold	D. Hansen
	A. Lee	A. Lee	A. Lee	A. Lee	A. Lee	D. Gerold
	J. Clementson	J. Clementson	J. Clementson	J. Clementson	J. Clementson	A. Lee
	3:55.9	3:52.5	3:57.5	3:46.1	3:54.1	3:49.7
4 x 800 M RELAY	Jared C	Jared C	T. Miche'	D. Hansen	T. Miche'	J. Palmer
8:27.89	Jordan C	Jordan C	A. Lee	T. Miche'	M. Talbot	Jordan C.
	A. Lee	C. Fischer	D. Hansen	A. Lee	Jordan C.	T. Miche
	D. Hansen	D. Hansen	J. Clementson	J. Clementson	D. Hansen	A. Lee
	9:04.81	9:40.8	9:15.1	9:02.4	9:58.1	10:10.9
800 MEDLEY RELAY				J. Kruse		
(100, 100, 200, 400)				M. Odendahl		
				Nic Purdy		
				D. Gerold		
				1:56.8		
1600 MEDLEY RELAY				B. Thieman		
(200, 200, 400, 800)				J. Othoudt		
				T. Gerving		
				D. Hansen		
				4:12.9		
DISTANCE MEDLEY				M. Talbot		
(800, 400, 1200, 1600)				J. Lind		
				J. Hussong		
				Jordan C.		
				13:40.2		

GIRLS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Katie Meyer 13.0 98	Tera Kazek 13.3 98	T. Kazek 13.39 98	K. Meyer 13.4 96	Suzie Misel 13.51 92	Julianna Wirth 13.52 92	B. Osterdyk 13.5 03	T. Kazek 13.5 97	S. Misel 13.54 94	Erica Delak 13.58 91
200 M DASH	B. Osterdyk 27.9 02	Kayla Johnson 28.01 00	B. Osterdyk 28.05 00	Tera Kazek 28.1 98	Melissa Odegard 28.22 94	B. Osterdyk 28.2 03	B. Grinde 28.2 01	M. Odegard 28.55 93	Amy Nelson 28.6 01	M. Odegard 28.67 95
400 M DASH	M. Odegard 61.4 94	M. Odegard 62.0 95	A. Dufresne 63.54 95	Rita Auers 64.5 00	S. Johnson 64.6 00	Tessa Korf 65.6 01	R. Schimming 65.8 92	J. Wirth 65.9 03	Molly Sloan 66.6 98	Susan Johnson 66.6 98
800 M RUN	Kim Connaker 2:28.35	Meleia Johnson 2:28.2 02	Meleia Johnson 2:30.7 02	A. Wiedemann 2:31.85 04	A. Wiedemann 2:32.01 96	M. Johnson 2:32.39 03	A. Wiedemann 2:32.8 95	K. Connaker 2:36.09 99	Miki Anderson 2:37.62 02	K. Connaker 2:38.91 00
1600 M RUN	Jenna Fore 5:37.70	Leah Schwartz 5:49.7 03	Jenna Fore 5:52.6 04	Heidi Larsen 5:57.4 04	R. Craighead 5:58.43 01	Becky Haavisto 6:00.0 94	Jenna Fore 6:01.64 01	M. Johnson 6:02.7 02	Amy Johnson 6:03.0 94	Jacki Gregoire 6:05.4 04
3200 M RUN	Amy Johnson 12:34.04	J. Gregoire 12:53.98 01	J. Gregoire 13:10.12 02	Jamie Johnson 13:11.3 98	A. Munkberg 13:20.12 93	J. Gregoire 13:24.32 03	J. Gregoire 13:29.8 04	Nikki Plasek 13:53.8 01	Etta Clementson 13:54.5 -04	Meleia Johnson 13:55.02 00
100 M HURDLES	C. Hersbergen 16.54 94	Cassie Filler 17.1 03	Cassie Filler 17.44 03	J. Kosisek 17.4 04	C. Hersbergen 17.83 93	Lena Filler 17.9 00	J. Kosisek 18.0 01	J. Kosisek 18.0 00	L. Haugrud 18.36 02	J. Kosisek 18.4 99
300 M HURDLES	C. Filler 49.23 03	C. Filler 49.83 04	C. Mosher 51.64 04	L. Filler 51.70 01	C. Filler 52.3 02	Lena Filler 52.4 98	L. Filler 52.9 99	C. Mosher 53.0 00	J. Kosisek 53.11 02	Lena Filler 53.9 96
HIGH JUMP	Kari Splett 5' 2" 04	Kari Splett 5' 1" 03	Kari Splett 5' .5" 03	Heidi Larsen 5' 0" 02	H. Larsen 5' 0" 99	B. Osterdyk 4' 10" 04	H. Larsen 4' 10" 01	Kati Ovik 4' 8" 00	M. Johnson 4' 8" 04	Kari Splett 4' 8" 01
LONG JUMP	Erica Delak 16' 6" 91	E. Delak 16' 1.75" 93	B. Osterdyk 15' 9" 93	E. Delak 15' 7.75" 04	B. Osterdyk 15' 6.75" 03	C. Hersbergen 15' 5.5" 93	Tera Kazek 15' 4.5" 96	S. Johnson 15' 2.5" 00	C. Hersbergen 15' 2" 94	Molly Sloan 15' .75" 96
TRIPLE JUMP	Cassie Filler 32' 7.25" 04	E. Delak 32' 3" 93	E. Delak 32' .5" 93	K. Meyer 31' 9" 94	J. Ammann 31' 9.5" 00	S. Weichman 31' 7" 93	L. Haugrud 31' 6" 02	C. Filler 31' 5.25" 03	C. Hersbergen 31' 3" 93	K. Meyer 31' 2.5" 99
DISCUS	Jenna Fore 101' 1.5" 03	Jenna Fore 100' 8" 04	Mary Misel 93' 10" 04	Molly Sloan 96' 91" .5" 98	L. Mettling 90' 9" 01	L. Mettling 87' 6" 00	Maria Bellinger 86' 5.5" 04	M. Misel 81' 2.5" 95	Tricia Struss 80' 4" 96	M. Thieman 76' 5" 01
SHOT PUT	Tera Kazek 35' 10" 98	T. Kazek 35' 4.5" 97	T. Kazek 33' 1" 96	R. Schimming 30' 9.75" 92	M. Thieman 29' 11.5" 01	M. Thieman 29' 11.5" 01	Joell Werner 11.25" 93	M. Bellinger 29' 6" 04	L. Mettling 29' 5.5" 01	T. Kazek 28' 10.75" 94
POLE VAULT	J. Wirth 9' 0" 04	S. Johnson 9' 0" 00	J. Ammann 8' 6" 99	J. Ammann 8' 6" 99	M. Bellinger 8' 0" 04	J. Wirth 8' 0" 03	S. Johnson 8' 0" 99	Amanda Peil 8' 0" 98	J. Wirth 7' 6" 02	H. Rathburn 7' 6" 04

BOYS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Chris Olson 11.12 91	Paul Johnson 11.38 99	Jeff Arnold 11.49 96	L. Williams 11.5 01	J. BoorBoor 11.5 02	K. Skadsheim 11.58 04	Brian Olson 11.6 98	C. Olson 11.63 90	B. Olson 11.68 90	Mike Johnson 11.7 98
200 M DASH	Paul Johnson 22.80 99	Chris Olson 23.1 91	C. Olson 23.65 90	M. Johnson 23.7 98	John Hansen 23.9 98	John Hansen 23.9 99	L. Williams 23.93 00	L. Williams 24.09 01	David Gross 24.19 02	D. Riesmeier 24.24 03
400 M DASH	Mike Johnson 51.73 99	M. Johnson 52.33 98	DavidHansen 53.1 04	M. Johnson 53.30 97	Jeff Arnold 53.3 96	Andy Wirth 53.78 98	Andy Wirth 53.97 03	Seth Peterson 53.9 99	Jeff Arnold 54.0 93	Jason Oare 54.0 01
800 M RUN	J. Clementson 1:57.49 03	J. Clementson 1:58.13 03	Chris Lutz 2:05.0 03	DavidHansen 2:06.1 03	JRHansen 2:07.1 98	D. Hansen 2:07.31 02	D. Hansen 2:08.11 01	D. Hansen 2:08.6 04	R. Hammill 2:09.1 99	R. Hammill 2:10.1 01
1600 M RUN	J. Clementson 4:22.97 04	J. Clementson 4:24.08 03	J. Clementson 4:30.10 02	Jon Bloom 4:30.5 91	Chris Lutz 4:36.97 03	J.Clementson 4:41.63 -01	JR Anderson 4:44.6 98	R. Hammill 4:47.85 00	R. Hammill 4:48.1 99	JR Anderson 4:48.3 97
3200 M RUN	John Bloom 9:52 91	Chris Lutz 9:53.80 03	John Bloom 10:18.69 90	J. Clementson 10:19.62 02	J. Clementson 10:20.4 03	R. Hammill 10:26.1 00	J.Clementson 10:27.05 00	J.Clementson 10:29.03 - 01	Tom Miche' 10:42.81 04	Dan Pangerl 10:46.76 99
110 M HURDLES	Jordan Kruse 16.44 04	Steve Kunze 16.44 91	N. Anderson 16.6 98	N. Anderson 17.2 97	N. Anderson 17.4 96	Travis Gerving 17.55 04	S. Kunze 17.69 90	Jordan Kruse 17.7 03	T. Gerving 17.8 03	Jon Baum 18.18 92
300 M HURDLES	Jordan Kruse 42.33 04	N. Anderson 43.67 98	Steve Kunze 44.4 91	J. Kruse 44.8 03	S. Kunze 45.24 90	N. Anderson 45.6 97	C. Wiener 45.92 00	Josh Wiener 46.0 97	C. Wiener 46.3 99	Jon BoorBoor 46.66 01
HIGH JUMP	Travis Schwarz 6' 2" 00	T. Schwarz 6' 0" 99	J. Kruse 5' 10" 04	Steve Kunze 5' 10" 91	Thiago Muller 5' 10" 02	J. Kruse 5' 8" 03	N. Anderson 5' 8" 98	P. Stephan 5' 8" 98	Jeff Hussong 5' 6" 04	Jon Othoudt 5' 6" 04
LONG JUMP	L. Williams 20' 1.75" -01	J. Kruse 19' 11.5" 04	L. Williams 19' 6" 04	Chris Olson 19' 5" 00	Stu Auers 19' 3.75" 98	Brian Olson 19' 2.75" 98	Stu Auers 19' 2" 97	Matt Wirth 19' 2" 02	C. Christianson 19' 1" 92	Matt Wirth 18' 9.5" 03
TRIPLE JUMP	Matt Wirth 40' 4" 02	Paul Johnson 39' 9" 99	J. Oare 39' 4" 01	J. Clementson 38' 11" 02	Darrin Freely 38' 9" 90	J. Clementson 38' 6.75" 03	Matt Wirth 38' 6" 03	J. Oare 38' 6" 00	JessieJohnson 38' 4.5" 96	Christianson 38' 3.5" 92
DISCUS	M. Rydberg 157' 5.5" 02	Mike Rydberg 149' 2.5" - 01	M. Rydberg 147' 10.5" -00	B. Mettling 144' 0" 00	Scott Isaacson 132' 9" 90	Josh Barnes 127' 0" 03	D. Odegard 120' 2" 00	B. Mettling 119' 1.5" -99	Matt Anderson 110' 10" 93	M. Rydberg 107' 0" 99
SHOT PUT	M. Rydberg 52' 11.25" -02	M. Rydberg 51' 9.5" 01	M. Rydberg 47' 6" 00	Brian Olson 44' 0" 98	Brian Olson 42' 0" 97	Scott Isaacson 42' 0" 90	M. Rydberg 41' 2.75" 99	David Rolf 40' 2" 04	J. Barnes 39' 6.5" 03	D. Odegard 38' 10" 00
POLE VAULT	Nate Thieman 13' 0" 00	Patrick Stephan 12' 6" 98	N. Thieman 12' 0" 98	P. Stephan 11' 0" 97	Nate Thieman 11' 0" 98	Josh Wiener 10' 6" 97	Andy Wirth 10' 0" 00	P. Stephan 10' 0" 99	M. Defenbaugh 9' 6" 03	N. Thieman 9' 0" 97

GIRLS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X100 M RELAY	K. Meyer	A. Bernard	C. Koppen	K. Meyer	R. Overson	C. Koppen	A. Bernard	M. Bellinger	A. Nelson	
	A. Peil	A. Nelson	S. Weichman	A. Mettling	J. Wirth	S. Weichman	A. Nelson	A. Nelson	B. Grinde	
	M. Sloan	K. Johnson	M. Odegard	L. Ballis	K. Johnson	M. Odegard	K. Johnson	B. Grinde	K. Johnson	
	T. Kazek	J. Wirth	S. Misel	K. Ovik	A. Mettling	S. Misel	J. Wirth	J. Wirth	J. Wirth	
	52.79 98	53.03 03	53.05 93	53.23 99	53.41 91	53.71 01	53.86 94	53.94 02	54.1 04	54.20 03
4 x 200 M RELAY		A. Nelson	S. Misel	C. Koppen	K. Meyer	A. Nelson	K. Johnson	K. Johnson	A. Miller	K. Meyer
	B. Grinde	C. Koppen	S. Weichman	A. Miller	B. Grinde	A. Nelson	J. Wirth	A. Nelson	A. Peil	K. Johnson
	K. Johnson	S. Weichman	M. Odegard	M. Sloan	A. Hepburn	R. Overson	B. Grinde	M. Sloan	A. Dufresne	
	J. Wirth	R. Schimming	S. Misel	T. Kazek	J. Wirth	A. Mettling	J. Wirth	T. Kazek	K. Ovik	
	1:53.2 91	1:53.86 03	1:54.12 92	1:54.31 93	1:54.8 98	1:55.58 04	1:55.74 -01	1:55.77 -02	1:56.0 98	1:56.16 00
4 x400 M RELAY	M. Johnson	M. Johnson	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Johnson	K. Odegard	K. Connaker	J. Fore
	J. Fore	J. Fore	E. Branzovsky	M. Anderson	B. Osterdyk	M. Anderson	B. Osterdyk	L. Ballis	A. Dufresne	A. Hepburn
	C. Filler	C. Filler	C. Filler	A. Dufresne	J. Fore	S. Johnson	C. Filler	M. Sloan	M. Anderson	C. Filler
	B. Osterdyk	B. Osterdyk	B. Osterdyk	S. Johnson	C. Filler	A. Dufresne	J. Fore	S. Johnson	S. Johnson	B. Osterdyk
	4:16.81 -03	4:22.2 04	4:22.7 03	4:25.4 00	4:26.00 03	4:26.07 00	4:26.2 03	4:27.1 98	4:27.34 00	4:27.6 04
4 x800 M RELAY	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Anderson	M. Anderson	K. Connaker	K. Connaker	M. Anderson	J. Fore
	D. Dickey	M. Anderson	M. Anderson	L. Filler	H. Larsen	J. Gregoire	L. Mettling	B. Haavisto	H. Larsen	S. Purdy
	E. Branzovsky	L. Mettling	L. Mettling	M. Anderson	R. Craighead	R. Craighead	M. Anderson	M. Sloan	J. Gregoire	E. Branzovsky
	M. Johnson	L. Filler	K. Connaker	L. Mettling	M. Johnson	M. Johnson	L. Filler	L. Filler	M. Johnson	M. Johnson
	10:27.01 03	10:35.51-99	10:36.61 01	10:38.3 00	10:39.81 02	10:41.5 02	10:45.09 -00	10:46.0 98	10:46.6 02	10:49.1 04
800 MEDLEY	K. Meyer	T. Kazek	M. Bellinger	K. Meyer	A. Bernard	B. Johnson	K. Meyer	B. Jewell	A. Peil	N. Plasek
100, 100, 200, 400	R. Overson	A. Miller	K. Splett	A. Miller	K. Johnson	K. Smetana	A. Miller	A. Bernard	L. Ballis	L. Haugrud
	K. Ovik	K. Odegard	B. Osterdyk	T. Kazek	J. Wirth	T. Kazek	K. Odegard	A. Nelson	A. Miller	L. Ballis
	S. Johnson	S. Johnson	J. Wirth	M. Sloan	T. Korf	R. Auers	M. Sloan	H. Larsen	K. Odegard	J. Stahlke
	2:02.21 00	2:05.7 98	2:05.8 04	2:07.5 98	2:08.9 02	2:09.6 96	2:11.14 97	2:11.6 01	2:13.6 97	2:16.1 99
1600 MEDLEY	A. Nelson	K. Perrell	A. Nelson	K. Meyer	A. Peil	T. Kazek	C. Milligan	A. Filler	M. Misel	
200, 200, 400, 800	A. Mettling	K. Hughes	L. Haugrud	A. Miller	M. Soderbeck	S. Johnson	J. Kozisek	K. Meyer	A. Wiedemann	
	T. Korf	C. Filler	S. Gregoire	S. Johnson	L. Ballis	M. Sloan	N. Plasek	L. Haugrud	M. Sloan	
	K. Connaker	M. Johnson	M. Anderson	K. Connaker	K. Connaker	A. Wiedeman	K. Splett	J. Kozisek	J. Ammann	
	4:42.8 01	4:51.1 04	4:54.8 02	4:55.1 99	5:00.1 98	5:03.2 97	5:09.7 99	5:18.44 00	5:23.6 96	
DISTANCE MEDLEY	A. Wiedeman	J. Johnson	A. Olson	H. Larsen	L. Mettling	C. Mosher	C. Milligan	R. Craighead		
800, 400, 1200, 1600	B. Fischer	K. Odegard	K. Perrell	S. Gregoire	C. Mosher	R. Craighead	N. Carlson	M. Soderbeck		
	B. Haavisto	B. Haavisto	S. Gregoire	N. Plasek	B. Haavisto	Katie Splett	R. Craighead	N. Carlson		
	A. Johnson	N. Carlson	J. Gregoire	R. Craighead	B. Fischer	J. Johnson	N. Plasek	J. Johnson		
	15:06.3 96	15:26.6 98	15:31.5 -04	15:48.9 97	15:54.0 97	16:01.6 01	16:02.51	16:31.9 99		

BOYS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X 100 M RELAY	B. Olson	J. Arnold	N. Thieman	J. McSherry	S. Auers	J. Arnold	T. Schwarz	M. Johnson	J. Hansen	M. Johnson
	S. Auers	Jeff Johnson	L. Williams	J. Johnson	J. Johnson	J. Johnson	J. Oare	Z. Mettling	M. Johnson	J. Johnson
	Z. Mettling	B. Olson	Pete Johnson	B. Olson	B. Olson	A. Wirth	A. Wirth	B. Olson	B. Olson	B. Olson
	M. Johnson	J. Jahnz	T. Schwarz	S. Auers	J. Jahnz	S. Auers	L. Williams	S. Auers	S. Auers	P.D. Johnson
	45.3 98	45.87 96	46.0 00	46.08 97	46.4 96	46.6 96	46.6 00	46.7 98	46.7 98	46.9 97
4 X 200 M RELAY	J. Hansen	J. Hansen	J. Hansen	Pete Johnson	L. Williams	N. Thieman	T. Schwarz	S. Auers	B. Olson	Pete Johnson
	R. Root	A. Wirth	A. Wirth	R. Hammill	R. Hammill	A. Wirth	A. Wirth	R. Root	R. Root	R. Root
	A. Wirth	Pete Johnson	L. Williams	J. Oare	J. Oare	Pete Johnson	Pete Johnson	A. Wirth	A. Wirth	Z. Mettling
	M. Johnson	J. Oare	J. Oare	L. Williams	Pete Johnson	J. Oare	J. Oare	J. Hansen	J. Hansen	B. Olson
	1:36.6 99	1:36.8 00	1:38.28 00	1:38.4 00	1:38.5 01	1:39.0 00	1:39.44 00	1:39.6 98	1:40.2 98	1:40.3 98
4 X 400 M RELAY	J. Hansen	J. Hansen	J. Hansen	S. Peterson	J. Lee	J. Hansen	R. Hammill	N. Johnson	J. Hansen	J. Oare
	A. Wirth	N. Johnson	A. Wirth	D. Hansen	R. Hammill	M. Johnson	J. Lee	A. Wirth	N. Johnson	M. Johnson
	M. Johnson	JR Anderson	T. Schwarz	C. Lutz	L. Williams	P. Johnson	L. Williams	M. Johnson	M. Johnson	A. Wirth
	Paul Johnson	M. Johnson	J. Oare	J. Clementson	J. Oare	A. Wirth	J. Oare	JR Anderson	JR Anderson	JR Anderson
	3:28.39 -99	3:34.55 98	3:36.39 00	3:36.88 00	3:39.61 01	3:39.7 99	3:39.7 00	3:39.8 98	3:40.45 97	3:41.4 98
4 X 800 M RELAY	J. Lee	C. Lutz	J. Lee	Pete Johnson	Pete Johnson	J. Oare	P. Johnson	C. Lutz	D. Hansen	D. Hansen
	Pete Johnson	A. Lee	Pete Johnson	J. Oare	R. Hammill	JR Anderson	R. Hammill	A. Lee	Jordan C.	T. Miche'
	R. Hammill	D. Hansen	J. Oare	A. Wirth	A. Wirth	Pete Johnson	A. Wirth	D. Hansen	C. Fischer	A. Lee
	J. Oare	J. Clementson	R. Hammill	JR Anderson	JR Anderson	A. Wirth	J. Oare	Jared C.	T. Miche'	Jared C.
	8:27.89 -01	8:34.13 03	8:41.97 00	8:44.9 98	8:48.7 98	8:56.65 98	8:58.6 98	9:01.2 02	9:01.63 04	9:02.4 04
800 M Medley	J. Hansen	B. Olson	B. Olson	M. Rydberg	N. Thieman	J. Johnson	J. Kruse	J. Peterson		
100, 100, 200, 400	A. Wirth	S. Auers	P.D. Johnson	J. Jahnz	M. Wirth	J. Jahnz	M. Oden Dahl	D. Gregoire		
	M. Johnson	Z. Mettling	J. McSherry	D. Gregoire	J. Hansen	J. McSherry	N. Purdy	K. Skadsheim		
	Paul Johnson	M. Johnson	JR Anderson	J. BoorBoor	A. Wirth	B. Runyan	D. Gerold	D. Johnson		
	1:43.7 99	1:45.0 98	1:45.8 97	1:46.2 02	1:48.43 00	1:54.5 96	1:56.8 01	2:03.5 01		
1600 M Medley	M. Johnson	M. Johnson	J. McSherry	Pete Johnson	B. Olson	JR Anderson	J. McSherry	A. Bodle	D. Gregoire	J. Schoen
200, 200, 400, 800	J. Hansen	J. Hansen	P.D. Johnson	L. Williams	S. Auers	S. Auers	S. Auers	BJ Patzoldt	T. Muller	A. Bodle
	A. Wirth	A. Wirth	M. Johnson	S. Peterson	J. Arnold	J. Arnold	J. Arnold	J. Arnold	M. Defenbaugh	J. Kucera
	JR Anderson	JR Anderson	JR Anderson	J. Lee	JR Anderson	JR Anderson	R. Bell	G. Bunce	R. Bell	
	3:45.28 90	3:57.4 98	3:57.6 91	3:57.85 97	4:01.4 01	4:01.6 96	4:04.9 96	4:05 93	4:05.8 02	4:06 94
Distance Medley	Pete Johnson	L. Williams	C. Teeman	J. Lee	S. Peterson	D. Sanders	M. Talbot	T. Muller		
400, 800, 1200, 1600	M. Stahlke	S. France	S. Peterson	B. Mettling	J. Arnold	N. Thieman	J. Lind	M. Defenbaugh		
	J. Lee	J. Lee	C. Lutz	S. France	B. Runyan	B. Mettling	J. Hussong	G. Bunce		
	R. Hammill	R. Hammill	J. Clementson	D. Pangerl	JR Anderson	D. Pangerl	Jordan C.	A. Lee		
	11:57.39 00	11:58.3 99	12:19.7 01	12:42.2 98	13:02.7 96	13:26.6 97	13:40.2 04	13:50.1 02		

PINE CITY GIRLS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	12.79	Karla Nelson	1983
200 m Dash	27.08	Lori Haugen	1982
400 m Dash	1:01.4	Melissa Odegard	1994
800 m Run	2:28.35 2:28.2 (HH)	Kim Connaker Meleia Johnson	2001 2002
1600 m Run	5:37.70	Jenna Fore	2003
3200 m Run	12:34.04	Amy Johnson	1996
100 m Hurdles	16.54	Chantel Hersbergen	1994
300 m Hurdles	49.23	Cassandra Filler	2003
4 x 100 m Relay	52.79	Katie Meyer, Amanda Peil Molly Sloan, Tera Kazek	1998
4 x 200 m Relay	1:50.8	Karla Nelsen, Kris Lindstrom, Lara Lindstrom, Lori Haugen	1983
4 x 400 m Relay	4:16.81	Meleia Johnson, Jenna Fore, Cassie Filler, Becky Osterdyk	2003
4 x 800 m Relay	10:27.01	Jenna Fore, Deanna Dickey, Emily Branzovsky, Meleia Johnson	2003
High Jump	5' 2"	Kari Splett	2004
Long Jump	16' 7"	Erica Delak	1991
Triple Jump	32' 7.25"	Cassandra Filler	2004
Pole Vault	9' 0"	Susan Johnson Julianna Wirth	2000 2004
Shot Put	35' 10"	Tera Kazek	1998
Discus	107' 2"	Gail Roubinek	1987

PINE CITY BOYS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	11.12	Chris Olson	1991
200 m Dash	22.6	Chris Harrison	1979
400 m Dash	51.73	Mike Johnson	1999
800 m Run	1:56.7	Tom Nelson	1980
1600 m Run	4:22.97	Jared Clementson	2004
3200 m Run	9:52.0	Jon Bloom	1991
110 m Hurdles	15.8	Tom Nelson	1980
300 m Hurdles	42.33	Jordan Kruse	2004
4 x 100 m Relay	45.3	Brian Olson, Stu Auers, Zach Mettling, Mike Johnson	1998
4 x 200 m Relay	1:36.6	John Hansen, Randy Root, Andy Wirth, Mike Johnson	1999
4 x 400 m Relay	3:28.39	John Hansen, Andy Wirth Mike Johnson, Paul Johnson	1999
4 x 800 m Relay	8:27.89	Jeremy Lee, Peter Johnson, Ryan Hammill, Jason Oare	2001
High Jump	6' 8 1/4"	Tom Nelson	1980
Long Jump	21' 8"	Jerry Hoefler	1948
Triple Jump	40' 4"	Matt Wirth	2002
Pole Vault	13' 8 1/2"	Chuck Novak	1972
Shot Put	52' 11.25"	Mike Rydberg	2002
Discus	157' 5.5"	Mike Rydberg	2002

2004 Track and Field Awards

Track and Field - MVP	Cassandra Filler	Jared Clementson
Rookie of the Year	Maria Bellinger	Tom Miche'
"Work-horse" Award	Becky Osterdyk Julianna Wirth	Jordan Kruse Dennis Gerold
"True Grit" Award	Meleia Johnson	Travis Gerving
Perseverance Award	Brittany Grinde Amy Nelson Kari Splett	David Hansen

New School Records:

High Jump	Kari Splett	5' 2"
Triple Jump	Cassandra Filler	32' 7.25"
Pole Vault	Julianna Wirth	9' 0"
300 m Hurdles	Jordan Kruse	42.33
1600 m Run	Jared Clementson	4:22.97

All- Conference Awards:

Jared Clementson	1600 m Run and 800 m Run
Becky Osterdyk	Long Jump
Kari Splett	High Jump

All- Conference Honorable Mention:

Cassandra Filler	Triple Jump and 300 m Hurdles
Jenna Fore	Discus
Jordan Kruse	300 m Hurdles and High Jump

2004 Track Letter Winners:

Jared Clementson
Dennis Gerold
Brittany Grinde
Adam Lee
Jeff Hussong
Andrea Hepburn
Cassie Filler
Jordan Clementson
Steph Purdy

David Hansen
Amy Nelson
Kari Splett
David Rolf
Jacki Gregoire
Jordan Kruse
Becky Osterdyk
Tom Miche'
Abby Olson

Meleia Johnson
Julianna Wirth
Travis Gerving
Jenna Fore
Steph Gregoire
Nic Purdy
Maria Bellinger
Mark Odendahl
Emily Branzovsky

NO GOAL IS TOO HIGH

IF WE CLIMB WITH

CARE AND

CONFIDENCE.

To My Team

By Frank Home

Do you remember
how you won
that last race.....?
how you flung your body
at the start.....
how your spikes
ripped the cinders
in the stretch
how you catapulted
through the tape
do you remember.....?
Don't you think
I lurched with you
out of those starting holes?
Don't you think
my sinews tightened
at those first
few strides
and when you flew into the stretch
was not all my thrill
of a thousand races
in your blood.....?
At your final drive
through the finish line
did not my shout tell of the
triumphant ecstasy
of victory?

Live
as though I have taught you
to run, Dragons.
It's a short dash.
Dig your starting holes
deep and firm
lurch out of them
into the straightaway
with all the power
that is in you
look straight ahead
to the finish line
think only of the goal
run straight
run high
run hard
save nothing
and finish
with an ecstatic burst
that carries you
hurling
through the tape to victory.