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2003

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The Year in Review

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YOU
ARE
ONLY
AN
ATTITUDE
AWAY
FROM
SUCCESS

John Maxwell

FOLEY INDOOR TRACK AND FIELD MEET
TUESDAY, MARCH 25, 2003 - 4:00
PINE CITY BOYS' RESULTS

55 METER DASH:	1. Dan Gregoire 7.3		SHOT PUT	1. Josh Barnes 31'
	2. Travis Gerving 7.5			2. Matt Humann 24'
	3. Denis Riesmeier 7.1 6th			3. Antonio Barragan 20' 5"
	4. Nick Speckman 8.6			
	5. Matt Humann 7.9			
4 x 800 METER RELAY:	1. Chris Lutz 2:14.5		LONG JUMP	1. Matt Wirth 16' 10" 6th
	2. Adam Lee 2:32.2			2. Denis Riesmeier 16' 6"
	3. Mike Defenbaugh 2:38.5			3. Jordan Kruse 15' 7"
	4. Jared Clementson <u>2:13.7</u>			4. Mike Weber 13' 5.5"
	9:38.8 1st			
55 METER HURDLES:	1. Travis Gerving 9.5 3rd		HIGH JUMP	1. Jeff Hussong 5' 0" 5th
				2. Denis Riesmeier
				3. Jon Othoudt
				4. Jordan Kruse 5' 3" 4th PB
				5. Nick Speckman
				6. David Jackson
4 x 200 METER RELAY:	1. Justin Palmer 27.4		TRIPLE JUMP	1. Matt Wirth
	2. Jordan Kruse 27.2			2. Denis Riesmeier
	3. David Jackson 32.1			3. Travis Gerving 33' 10" 4th
	4. Jeff Hussong <u>28.9</u>			4. Jordan Clementson 28' 3" 6th
	1:55.1 3rd			
1600 METER RUN:	1. Jared Clementson 5:00.3 2nd		POLE VAULT	
	(1:11, 1:18, 1:19, 1:12)			
	2. Chris Lutz 4:59.9 1st PB			
	(1:11, 1:19, 1:20, 1:09)			
	3. Dennis Gerold 5:44.8		4 x 400 M RELAY:	1. Mike Defenbaugh 63.1
	(1:15, 1:31, 1:34, 1:24)			2. Dennis Gerold 64.4
	4. Jordan Clementson 5:56.6			3. Chris Lutz 57.7 PB
	(1:15, 1:33, 1:38, 1:30)			4. Jared Clementson <u>57.9</u>
				4:03.1 2nd
4 X 100 METER RELAY	1. Travis Gerving 11.3		3200 METER RUN:	
	2. Chase Honer 13.6			
	3. Josh Barnes 14.6			
	4. Dan Gregoire <u>14.2</u>			
	54.2 4th			
400 METER DASH:	1. Mike Defenbaugh 62.1		PARTICIPATING SCHOOLS	
	2. Jon Othoudt 68.9		Braham	
	3. Justin Palmer 65.5		Foley	
	4. Chase Honer 66.2		Pine City	
			Royalton	
800 METER RUN:	1. Seth Peterson (68, 73) 2:21.6 1st			
	2. Adam Lee (75, 75) 2:30.6 3rd			
	3. Dennis Gerold (76, 83) 2:39.5 4th			
200 METER DASH:	1. Dan Gregoire 27.8 6th			
	2. Mike Weber 30.3			
	3. Chase Honer 30.2			
	4. Antonio Barragan 32.1			

GOLD BATON MEET @ BLAINE
Saturday, March 29, 2003 - 8:30 am
Pine City Girls Results

8:45 60 m Hurdles	1. Cassie Filler	11:27	5th	8:30 Shot Put	1. Kari Splett	22'3"
9:15 4 x 800 m Relay	1. Jenna Fore	2:38.3		8:30 Pole Vault	1. Julianna Wirth	7' 0" 4th
	2. Steph Gregoire	2:58.2	BTY			
	3. Jacki Gregoire	2:50.9	BTY	8:30 Long Jump	1. Meleia Johnson	13' 5.5" 4th
	4. Meleia Johnson	<u>2:38.2</u>	BTY		2. Jenna Fore	12' 8.5" 8th
		11:05.89	3rd		3. Cassie Filler	12' 7.5"
9:30 60 m Dash	1. Julianna Wirth	8.76	3rd	10:45 Triple Jump		
	2. Andrea Hepburn	9.33				
				10:45 High Jump	1. Kari Splett	5' 0" 1st
					2. Dani Lutz	4' 3" 7th tie
10:05 1600 m Run	1. Jenna Fore	DNR				
	2. Jacki Gregoire	6:38.79	10th			
		(1:31, 1:49, 1:42, 1:44)				
	3. Steph Gregoire	7:05.79	BTY			
		(1:40, 1:48, 1:50, 1:47)				
10:35 4 x 200 m Relay	1. Dani Lutz	32.7				
	2. Julianna Wirth	29.1				
	3. Andrea Hepburn	31.9				
	4. Cassie Filler	<u>30.8</u>				
		2:04.82	8th			
11:05 400 m Dash						
11:30 800 m run	1. Meleia Johnson	(76,82)	2:39.45	3rd	BTY	
	2. Deanna Dickey	(81,97)	2:58.93			
11:55 200 m Dash	1. Julianna Wirth	29.79	3rd			
	2. Andrea Hepburn	31.93				
12:15 3200 m Run						
12:30 4 x 400 m Relay	1. Meleia Johnson	68.1	BTY			
	2. Jacki Gregoire	73.5	BTY			
	3. Deanna Dickey	74.4				
	4. Cassie Filler	<u>71.6</u>				
		4:48.04	6th			

PARTICIPATING SCHOOLS
Dover-Eyota-St. Charles
Andover
Pine City
Grand Rapids
Amery
CHOE
Maple River
Blue Earth

GOLD BATON MEET @ BLAINE
Saturday, March 29, 2003 - 8:30 am
Pine City Boys' Results

8:30 3200 m Run 1. Chris Lutz 10:59.07 7th PB Long Jump 1. Denis Riesmeier 16' 2"
 (1:15, 1:20, 1:23, 1:21,1:23, 1:28, 1:28, 1:18) 2. Mike Weber 12' 5.25" PB
 3. Nick Speckman 12' 7"

9:00 60 m Hurdles 1. Travis Gerving 12.16

9:40 60 m Dash 1. Denis Riesmeier 8.2
 2. Dan Gregoire 8.08
 3. Jordan Kruse 8.3

8:30 High Jump 1. Jordan Kruse 5' 0" 10th
 2. Jon Othoudt NH
 3. David Jackson NH

9:50 4 x 800 m Relay 1. Mike Defenbaugh 2:26.4
 2. Adam Lee 2:24.3 BTY
 3. Seth Peterson 2:20.5 PB
 4. David Hansen 2:15.4
 9:26.58 3rd

10:45 Triple Jump 1. Travis Gerving 33' 9.25" 8th
 2. Jordan Clementson 29' 6.5" PB

Shot Put 1. Josh Barnes 37' 6.75" 8th PB
 2. Jed Derhaag 29' 6.5"

0:20 1600 m Run 1. Jared Clementson 4:54.36 5th BTY
 (1:09, 1:13, 1:19, 1:12) Pole Vault
 2. Chris Lutz 5:04.03 10th
 (1:10, 1:14, 1:21, 1:17)
 3. Jordan Clementson 5:54.23 BTY
 (1:20, 1:30, 1:33, 1:31)

0:50 4 x 200 m Relay 1. Dan Gregoire 25.3
 2. Jordan Kruse 29.1
 3. Justin Palmer 27.9
 4. Denis Reismeier 26.1
 1:46.41 7th

PARTICIPATING SCHOOLS
 Dover-Eyota-St. Charles
 Andover
 Pine City
 Grand Rapids
 Amery
 CHOF
 Maple River
 Blue Earth

1:15 400 m Dash 1. Mike Defenbaugh 61.25 BTY
 2. Justin Palmer 65.79
 3. Jon Othoudt 69.28

1:40 800 m Run 1. David Hansen (63,70) 2:13.33 5th
 2. Jared Clementson (64,69) 2:13.76 6th PB
 3. Adam Lee (73,77) 2:29.83 BTY

2:05 200 m Dash 1. Dan Gregoire 26.28 10th BTY
 2. Mike Weber 29.69 PB
 3. Antonio Barragan 31.45 PB

2:40 4 x 400 m Relay 1. Chris Lutz 57.4 BTY
 2. Seth Peterson 58.4 PB
 3. David Hansen 58.5
 4. Jared Clementson 55.3 BTY
 3:49.76 5th

RUM RIVER CONFERENCE INDOOR @ FOLEY
Friday, April 4, 2003 - 5:00
Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore	2:35.7	PB	High Jump	1. Kari Splett	4' 10"	5th
	2. Deanna Dickey	2:57.6			2. Becky Osterdyk	4' 10"	3rd
	3. Jacki Gregoire	2:49.6	BTY				
	4. Meleia Johnson	<u>2:40.5</u>					
		11:03.3	4th	BTY Long Jump	1. Becky Osterdyk	14' 7.5"	3rd
					2. Meleia Johnson		
55 m Hurdles	1. Cassie Filler	10.2	4th	PB	3. Jenna Fore	12' 9.5"	BTY
	2. Christina Marier	11.2					
				Triple Jump	1. Allycia Bernard		
55 m Dash	1. Amy Nelson	8.1			2. Cassie Filler	26'	
	2. Allycia Bernard	7.9					
	3. Kayla Johnson	8.3					
				Pole Vault	1. Julianna Wirth	6' 0"	
4 x 200 m Relay	1. Kasey Perell	31.2					
	2. Brittany Grinde	31.5		Shot Put	1. Kari Splett	23'	PB
	3. Kayla Johnson	28.5			2. Steph Gregoire	22' 3"	PB
	4. Julianna Wirth	<u>29.4</u>					
		2:00.6	5th	BTY			
1600 m Run	1. Jenna Fore	5:57.8	4th	PB			
	(1:19, 1:29, 1:35, 1:33)						
	2. Jacki Gregoire	6:30.4	8th	BTY			
	(1:29, 1:37, 1:42, 1:41)						
					<u>TEAM RESULTS:</u>		
					1. BIG LAKE		171
					2. MILACA		85
					3. NORTH BRANCH		65
					4. STMA		56
					5. CHISAGO LAKES		54
					6. PINE CITY		53
					7. MORA		52
					8. FOLEY		42
4 x 100 m Relay	1. Allycia Bernard	13.8					
	2. Amy Nelson	14.4	BTY				
	3. Kayla Johnson	14.3	BTY				
	4. Julianna Wirth	<u>14.8</u>					
		56.8	4th	BTY			
400 m Dash	1. Cassie Filler	1:17.6					
	2. Brittany Grinde	1:13.3					
	3. Kasey Perell	1:15.1					
800 m Run	1. Meleia Johnson	(75,82)	2:37.7	4th	BTY		
	2. Deanna Dickey	(85,97)	3:02.6				
200 m Dash	1. Becky Osterdyk	28.5	4th	BTY			
	2. Amy Nelson	30.6					
	3. Christina Marier	33.7					
3200 m Run	1. Steph Gregoire	15:47.0					
	(1:35, 1:49, 1:54, 2:00, 2:05, 2:10, 2:11, 2:02)						
4 x 400 m Relay	1. Cassie Filler	1:10.0	BTY				
	2. Deanna Dickey	1:18.0					
	3. Becky Osterdyk	1:10.4					
	4. Meleia Johnson	<u>1:08.7</u>					
		4:47.8	7th	BTY			

RUM RIVER CONFERENCE INDOOR @ FOLEY
Friday, April 4, 2003 - 5:00
Pine City Boys' Results

4 x 800 m Relay	1. Chris Lutz	2:11.9	PB	High Jump	1. Jordan Kruse	5' 8"	5th	PB
	2. Adam Lee	2:24.9			2. Jeff Hussong	5' 0"		
	3. Seth Peterson	2:17.2	PB		3. Jon Othoudt	NH		
	4. David Hansen	<u>2:17.2</u>						

		9:11.3	4th	BTY Long Jump	1. Matt Wirth			
55 m Hurdles	1. Travis Gerving	9.1	PB		2. Denis Riesmeier	17'		PB
	2. Jordan Kruse	9.6			3. Jordan Kruse	15' 10"		PB

				Triple Jump	1. Matt Wirth			
55 m Dash	1. Denis Riesmeier	7.1			2. Travis Gerving			
	2. Dan Gregoire	7.1	PB		3. Ryan Connaker			
	3. Nick Speckman	DNR						

				Pole Vault	1. Mike Defenbaugh	7' 0"		
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4 x 200 m Relay	1. Justin Palmer	27.4		Shot Put	1. Josh Barnes	38' 1.5"		PB
	2. Matt Wirth	25.1			2. David Johnson	35'		PB
	3. Chase Honer	28.5			3. Jed Derhaag	32' .75"		PB
	4. Dan Gregoire	<u>26.9</u>						

1:48.1

1600 m Run	1. Jared Clementson	4:44.9	1st	BTY	4 x 400 m Relay	1. David Hansen	57.7	
	(1:09, 1:17, 1:14, 1:04)					2. Adam Lee	63.2	PB
	2. Dennis Gerold	5:39.9	PB			3. Seth Peterson	58.5	
	(1:19, 1:30, 1:28, 1:21)					4. Jared Clementson	<u>57.1</u>	

3:56.8 6th

4 x 100 m Relay	1. Travis Gerving	12.6		
	2. Matt Wirth	10.7		
	3. Ryan Connaker	14.9		
	4. Denis Riesmeier	<u>13.4</u>		

51.6 8th BTY

TEAM RESULTS:

1. CHISAGO LAKES	109
2. STMA	97
3. FOLEY	84
4. PRINCETON	75
5. BIG LAKE	62
6. NORTH BRANCH	58
7. MILACA	54
8. PINE CITY	43
9. MORA	42

400 m Dash	1. Seth Peterson	56.9	7th	PB
	2. Justin Palmer	61.7	PB	
	3. Jon Larson	65.4		

800 m Run	1. David Hansen	(63,76)	2:18.8	6th
	2. Jared Clementson	(69,66)	2:15.1	4th
	3. Mike Defenbaugh	(71, 81)	2:32.7	

200 m Dash	1. Dan Gregoire	26.2	BTY
	2. Ryan Connaker	28.8	
	3. Jeff Hussong	30.3	

3200 m Run	1. Chris Lutz	10:51.7	1st	PB
	(1:15, 1:19, 1:21, 1:23, 1:24, 1:24, 1:25, 1:17)			
	2. Dennis Gerold	12:54.6		
	(1:21, 1:32, 1:36, 1:37, 1:42, 1:44, 1:43, 1:37)			

**TRIANGULAR MEET AT PINE CITY
TUESDAY, APRIL 8, 2003
Pine City Boys' Results**

4 x 800 m Relay			High Jump	1. Jordan Kruse	5' 5"	1st	
				2. Jeff Hussong	5' 0"	2nd	
110 m Hurdles	1. Travis Gerving	18.3	1st	3. Jon Othoudt	NH		
	2. Jordan Kruse	18.6	2nd	4. David Jackson	NH		
	3. Mike Weber	23.4	3rd	5. Nick Speckman	NH		
100 m Dash	1. Travis Gerving	13.9		Long Jump	1. Denis Riesmeier	16' .5"	3rd
	2. Denis Riesmeier	12.8	2nd		2. Jordan Kruse	17'11"	1st PB
	3. Ryan Connaker	14.1			3. Matt Wirth	16' 11"	2nd BTY
	4. Antonio Barragan				4. Mike Weber	13' 11.5"	
					5. Nick Speckman	14' 2.5"	PB
4 x 200 m Relay	1. Justin Palmer	26.3					
	2. Mike Weber	30.4		Triple Jump	1. Matt Wirth	36' 2"	1st
	3. Jordan Kruse	25.8			2. Travis Gerving	32' 4"	2nd
	4. Dan Gregoire	<u>25.5</u>			3. Ryan Connaker	31' 7.5"	3rd
		1:47.9	2nd		4. Jon Larson	30' 9.5"	
1600 m Run	1. Jared Clementson	4:41.9	2nd	BTY			
	(1:10, 1:14, 1:14, 1:04)			Shot	1. Josh Barnes	35' 11"	1st
	2. Chris Lutz	5:02.5	3rd		2. David Johnson	33' 3.5"	2nd
	(1:09, 1:13, 1:21, 1:19)				3. Jed Derhaag	31' 7.5"	
					4. Matt Humann	28' 3"	PB 93' 9"
4 x 100 m Relay	1. Travis Gerving	15.4			5. David Jackson	27' 6"	
	2. Matt Wirth	12.8			6. Nick Speckman	27' 11.5"	PB
	3. Chase Honer	14.9			7. Antonio Barragon	20'	
	4. Dan Gregoire	<u>11.3</u>			8. Jon Othoudt	29' 3.5"	PB
		54.3	2nd				
				Discus	1. Josh Barnes	106' 2"	1st PB
400 m Dash	1. Seth Peterson	55.7	2nd	PB	2. David Jackson	66' 2"	PB
	2. Jon Larson	65.1			3. David Johnson	79' 6"	
					4. Jed Derhaag	55' 3"	
300 m Hurdles	1. Justin Palmer	51.8	2nd		5. Matt Humann	64' 11"	
	2. Mike Defenbaugh	50.7	1st				
	3. Jeff Hussong	55.6	3rd				
				Pole Vault	1. Mike Defenbaugh	7' 0"	1st
					2. Ryan Connaker	NH	
800 m Run	1. David Hansen	(64, 69)	2:15.9	2nd			
	2. Seth Peterson	(67, 75)	2:22.6				
	3. Adam Lee	(67, 75)	2:22.2	3rd	BTY		
	4. Dennis Gerold	(69, 80)	2:29.7	PB			
	5. Chase Honer	(70, 90)	2:40.2				
					TEAM RESULTS		
					1. PINE CITY		88
					2. MORA		51
200 m Dash	1. Dan Gregoire	26.1	BTY				
	2. Matt Wirth	26.6					
	3. Antonio Barragan	31.8					
3200 m Run	1. Chris Lutz	11:06.5	1st				
	(1:15, 1:17, 1:24, 1:26, 1:27, 1:27, 1:27, 1:22)						
4 x 400 m Relay	1. Mike Defenbaugh	61.1		1. Adam Lee	61.1		
	2. Dennis Gerold	63.3		2. Jared Clementson	59.4		
	3. Seth Peterson	62.9		3. David Johnson	69.9		
	4. Chris Lutz	<u>58.4</u>		4. David Hansen	58.1		
		4:05.3	2nd		4:08.3		

GIRLS' TIGERAMA @ RUSH CITY

Thursday, April 10, 2003

Pine City Girls' Results

<p>4 x 800 m Relay</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Jenna Fore</td><td style="text-align: right;">2:42.4</td><td></td></tr> <tr><td>2.</td><td>Deanna Dickey</td><td style="text-align: right;">3:03.5</td><td></td></tr> <tr><td>3.</td><td>Jacki Gregoire</td><td style="text-align: right;">2:59.8</td><td></td></tr> <tr><td>4.</td><td>Meleia Johnson</td><td style="text-align: right;"><u>2:52.9</u></td><td></td></tr> <tr><td></td><td></td><td style="text-align: right;">11:38.6</td><td>1st</td></tr> </table>	1.	Jenna Fore	2:42.4		2.	Deanna Dickey	3:03.5		3.	Jacki Gregoire	2:59.8		4.	Meleia Johnson	<u>2:52.9</u>				11:38.6	1st	<p>High Jump</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Kari Splett</td><td style="text-align: right;">5' 0"</td><td>3rd</td></tr> <tr><td>2.</td><td>Becky Osterdyk</td><td style="text-align: right;">4' 8"</td><td></td></tr> <tr><td>3.</td><td>Dani Lutz</td><td></td><td></td></tr> </table>	1.	Kari Splett	5' 0"	3rd	2.	Becky Osterdyk	4' 8"		3.	Dani Lutz								
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<p>100 m Hurdles</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Cassie Filler</td><td style="text-align: right;">18.1</td><td>3rd PB</td></tr> <tr><td>2.</td><td>Christina Marier</td><td style="text-align: right;">21.8</td><td></td></tr> </table>	1.	Cassie Filler	18.1	3rd PB	2.	Christina Marier	21.8		<p>Long Jump</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Becky Osterdyk</td><td style="text-align: right;">15' 2"</td><td>2nd PB</td></tr> <tr><td>2.</td><td>Meleia Johnson</td><td style="text-align: right;">12' 2"</td><td></td></tr> <tr><td>3.</td><td>Christina Marier</td><td style="text-align: right;">12' 4.5"</td><td>PB</td></tr> </table>	1.	Becky Osterdyk	15' 2"	2nd PB	2.	Meleia Johnson	12' 2"		3.	Christina Marier	12' 4.5"	PB																		
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<p>100 m Dash</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Allycia Bernard</td><td style="text-align: right;">14.1</td><td></td></tr> <tr><td>2.</td><td>Amy Nelson</td><td style="text-align: right;">14.3</td><td></td></tr> <tr><td>3.</td><td>Kasey Perell</td><td style="text-align: right;">15.1</td><td></td></tr> </table>	1.	Allycia Bernard	14.1		2.	Amy Nelson	14.3		3.	Kasey Perell	15.1		<p>Triple Jump</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Cassie Filler</td><td style="text-align: right;">29' 6"</td><td>4th PB</td></tr> <tr><td>2.</td><td>Dani Lutz</td><td></td><td></td></tr> <tr><td>3.</td><td>Kari Splett</td><td style="text-align: right;">28' 9"</td><td>6th</td></tr> </table>	1.	Cassie Filler	29' 6"	4th PB	2.	Dani Lutz			3.	Kari Splett	28' 9"	6th														
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<p>4 x 200 m Relay</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Amy Nelson</td><td style="text-align: right;">30.9</td><td></td></tr> <tr><td>2.</td><td>Brittany Grinde</td><td style="text-align: right;">28.4</td><td>PB</td></tr> <tr><td>3.</td><td>Kayla Johnson</td><td style="text-align: right;">29.3</td><td></td></tr> <tr><td>4.</td><td>Julianna Wirth</td><td style="text-align: right;"><u>29.7</u></td><td></td></tr> <tr><td></td><td></td><td style="text-align: right;">1:58.3</td><td>1st</td></tr> </table>	1.	Amy Nelson	30.9		2.	Brittany Grinde	28.4	PB	3.	Kayla Johnson	29.3		4.	Julianna Wirth	<u>29.7</u>				1:58.3	1st	<p>Pole Vault</p> <table border="0" style="width: 100%;"> <tr><td style="width: 10%;">1.</td><td>Julianna Wirth</td><td style="text-align: right;">7' 0"</td><td>3rd tie</td></tr> <tr><td>2.</td><td>Allycia Bernard</td><td></td><td></td></tr> </table>	1.	Julianna Wirth	7' 0"	3rd tie	2.	Allycia Bernard												
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4.	Cassie Filler	<u>65.1</u>	PB																																				
		4:35.9	2nd																																				

BOYS' TIGERAMA @ RUSH CITY

Tuesday, April 15, 2003

Pine City Boys' Results

4 x 800 m Relay	1. Chris Lutz	2:13.6		High Jump	1. Jordan Kruse	5' 2"	6th tie
	2. Adam Lee	2:22.1			2. Jeff Hussong		
	3. Seth Peterson	2:23.9			3. Jon Othoudt	NH	
	4. David Hansen	<u>2:19.2</u>					
		9:18.8	2nd	Long Jump	1. Matt Wirth		
					2. Mike Weber	13' 5"	
110 m Hurdles	1. Travis Gerving	18.8			3. Jordan Kruse	16' 2"	
	2. Jordan Kruse	18.6					
100 m Dash	1. Josh Barnes	14.6		Triple Jump	1. Matt Wirth		
	2. Dan Gregoire	12.9			2. Jared Clementson	37'3"	4th
	3. Mike Weber	DNR			3. Travis Gerving		
4 x 200 m Relay	1. Justin Palmer	28.9		Pole Vault	1. Mike Defenbaugh	7' 6"	
	2. Mike Weber	31.1			2. Ryan Connaker		
	3. Jeff Hussong	31.5		Shot	1. Josh Barnes	38' 1"	6th
	4. Jon Larson	<u>30.1</u>			2. David Johnson	35' 6"	PB
		2:00.1	DQ		3. Nick Speckman	29' 9"	PB
1600 m Run	1. Jared Clementson	4:53.2	1st	Discus	1. Josh Barnes	111' 7"	5th PB
	(1:08, 1:19, 1:19, 1:08)				2. David Johnson	85' 1"	PB
	2. Dennis Gerold	5:40.2			3. David Jackson	73'	PB
	(1:19, 1:28, 1:29, 1:24)						
4 x 100 m Relay	1. Travis Gerving	13.0					
	2. Matt Wirth	12.7					
	3. Jordan Kruse	11.4					
	4. Dan Gregoire	<u>12.5</u>					
		49.6	3rd BTY				
400 m Dash	1. Seth Peterson	57.8	6th				
	2. Dan Gregoire	65.3					
	4. Chris Lutz	57.4	5th				
300 m Hurdles	1. Travis Gerving	52.2					
	2. Mike Defenbaugh	54.9					
	3. Justin Palmer	54.0					
800 m Run	1. David Hansen	(68, 70)	2:18.7 3rd				
	2. Jared Clementson	(68, 66)	2:14.3 2nd				
	3. Adam Lee	(72, 72)	2:24.6 6th				
200 m Dash	1. Dennis Gerold	26.6					
	2. Ryan Connaker	28.9					
	3. Matt Wirth	26.8					
3200 m Run	1. Chris Lutz	10:51.6	2nd				
	(1:20, 1:19, 1:21, 1:26, 1:25, 1:25, 1:24, 1:10)						
4 x 400 m Relay	1. David Hansen	55.8					
	2. Mike Defenbaugh	61.9					
	3. Jared Clementson	59.6					
	4. Seth Peterson	<u>60.0</u>					
		3:57.5	3rd				

TEAM RESULTS

1. St. Croix Lutheran	143
2. Hinckley/Finlayson	122
3. Frederic	96
4. Pine City	63.5
5. Braham	49
6. Barnum	34
7. East Central	29
8. Rush City	13.5
9. MLWR	7

TRIANGULAR TRACK MEET @ HINCKLEY

Friday, April 11, 2003 - 4:00

Pine City Girls' Results

4 x 800 m Relay		High Jump	1. Kari Splett 4' 10" 1st 2. Becky Osterdyk 4' 4" 2nd 3. Dani Lutz 4' 0" 4th
100 m Hurdles	1. Cassie Filler 18.6 2nd 2. Christina Marier 21.6 3rd	Long Jump	1. Becky Osterdyk 14' 6" 1st 2. Meleia Johnson 12' 7.5" 2nd 3. Christina Marier 4. Jenna Fore 12' 6" 3rd
100 m Dash	1. Allycia Bernard 14.4 3rd 2. Amy Nelson 14.4 4th 3. Becky Osterdyk 13.8 1st PB 4. Andrea Hepburn 14.6 5th 5. Julianna Wirth 13.8 2nd	Triple Jump	1. Cassie Filler 28' 9.5" 2nd 2. Dani Lutz 3. Kari Splett 29' .5" 1st BTY 4. Andrea Hepburn 27' 5.5" 3rd
4 x 200 m Relay	1. Amy Nelson 29.8 2. Brittany Grinde 29.7 3. Kayla Johnson 28.4 4. Julianna Wirth <u>29.9</u> 1:57.8 1st BTY	Pole Vault	1. Julianna Wirth 7' 0" 2nd 2. Allycia Bernard 6' 6" 3rd
	1. Kasey Perell 31.7 2. Christina Marier 32.4 3. Deanna Dickey 31.2 4. Andrea Hepburn <u>29.7</u> 2:05.0	Shot	1. Kari Splett 2. Steph Gregoire
		Discus	1. Jenna Fore 61' 3" 5th 2. Steph Gregoire
1600 m Run	1. Jenna Fore 5:54.7 1st (1:13, 1:35, 1:36, 1:30) 2. Meleia Johnson 6:28.1 2nd (1:20, 1:38, 1:47, 1:43) 3. Steph Gregoire 7:02.7 4th (1:30, 1:50, 1:53, 1:49) 4. Jacki Gregoire 6:34.7 3rd (1:26, 1:42, 1:46, 1:38)	<u>TEAM RESULTS</u> 1. Pine City 149 2. Hinckley/Finlayson 53 3. Siren 40	
4 x 100 m Relay	1. Allycia Bernard 14.9 2. Amy Nelson 13.5 3. Kayla Johnson 13.5 4. Julianna Wirth <u>13.9</u> 55.4 1st BTY	3200 m Run	1. Jacki Gregoire 14:33.3 1st (1:35, 1:44, 1:48, 1:53, 1:55, 1:59, 1:57, 1:42)
400 m Dash	1. Andrea Hepburn 71.4 3rd PB 2. Kasey Perell 77.4 4th 3. Jenna Fore 68.3 1st	4 x 400 m Relay	1. Meleia Johnson 68.8 2. Deanna Dickey PB 73.4 3. Becky Osterdyk PB 66.4 4. Cassie Filler <u>72.4</u> 4:41.3 1st
300 m Hurdles	1. Brittany Grinde 3rd 2. Cassie Filler 55.6 1st		
800 m Run	1. Meleia Johnson (78,83) 2:45.8 1st 2. Deanna Dickey (82,92) 2:54.9 3rd PB		
200 m Dash	1. Kayla Johnson 30.3 2nd BTY 2. Allycia Bernard 29.7 1st 4. Kasey Perell 33.2 5. Christina Marier 32.8 5th		

Happy Birthday Brittany!!!!

TRIANGULAR TRACK MEET @ HINCKLEY

Friday, April 11, 2003

Pine City Boys' Results

4 x 800 m Relay	1. Chris Lutz (61,67) 2:08.7 PB 2. Adam Lee (64,76) 2:20.7 PB 3. David Hansen (61,71) 2:12.8 BTY 4. Jared Clementson (<u>60.68</u>) <u>2:08.8</u> 8:51.5 2nd PB	High Jump	1. Jordan Kruse 5' 4" 3rd 2. Jeff Hussong 4' 10" 3. Jon Othoudt 4. David Jackson 5. Nick Speckman
110 m Hurdles	1. Travis Gerving 18.5 4th 2. Jordan Kruse 18.2 3rd PB 3. Mike Weber 23.3 5th	Long Jump	1. Jordan Kruse 17' 1.25" 5th 2. Mike Weber 14' 3" 3. Matt Wirth 4. Denis Riesmeier 5. Nick Speckman
100 m Dash	1. Denis Riesmeier 12.4 4th PB 2. Justin Palmer 13.2 PB 3. Antonio Barragan 15.3	Triple Jump	1. Matt Wirth 36' 5.5" 2nd BTY 2. Travis Gerving 34' 5" 5th PB 3. Jared Clementson 36' 6.5" 1st 4. Jon Larson 5. Ryan Connaker
4 x 200 m Relay	1. Jordan Kruse 25.5 PB 2. Matt Wirth 28.1 3. Denis Riesmeier 25.1 PB 4. Dan Gregoire <u>25.4</u> 1:43.9 2nd BTY	Shot	1. Josh Barnes 36' 2.5" 4th 2. David Johnson 33' 3. Jon Othoudt 4. Dennis Gerold 5. David Jackson 6. Antonio Barragan 7. Nick Speckman
1600 m Run	1. Jared Clementson 4:50.5 1st (1:10, 1:15, 1:15, 1:10) 2. Dennis Gerold 5:41.7 4th (1:13, 1:27, 1:33, 1:28)	Discus	1. Josh Barnes 88' 9" 5th 2. David Johnson 69' 3. David Jackson
4 x 100 m Relay	1. Travis Gerving 12.7 2. Matt Wirth 12.7 3. Denis Riesmeier 12.2 PB 4. Dan Gregoire <u>12.3</u> 49.6 2nd BTY	High Jump	1. Jon Othoudt 13.5 2. David Jackson 16.5 3. Ryan Connaker 13.1 4. Jeff Hussong 15.7 57.7
400 m Dash	1. Seth Peterson 56.3 3rd 2. Chris Lutz 55.8 2nd 3. Justin Palmer 61.3 4th PB 4. Jon Larson 67.1	Pole Vault	1. Mike Defenbaugh 9' 6" 2nd PB 2. Ryan Connaker
300 m Hurdles	1. Travis Gerving 51.6 4th PB 2. Mike Defenbaugh 50.7 3rd 3. Jeff Hussong 56.1 5th	3200 m Run	1. Chris Lutz 10:48.3 1st PB (1:14, 1:21, 1:22, 1:24, 1:24, 1:26, 1:25, 1:11)
800 m Run	1. David Hansen (63, 66) 2:09.9 1st BTY 2. Adam Lee (71, 74) 2:25.3 4th 3. Dennis Gerold (74, 84) 2:38.9	<u>TEAM RESULTS</u>	
200 m Dash	1. Dan Gregoire 27.1 3rd 2. Seth Peterson 25.2 1st 3. Justin Palmer 27.2 4th PB	4 x 400 m Relay	1. Hinckley/Finlayson 106.5 2. Pine City 96.5 3. Siren 66
		4 x 400 m Relay	1. Mike Defenbaugh BTY 59.6 2. Jared Clementson PB 54.0 3. David Hansen BTY 55.3 4. Seth Peterson <u>PB 55.5</u> 3:44.9 1st BTY

DAWN HURNI INVITATIONAL @ PRINCETON
Thursday, April 24, 2003- cool, cloudy, slight breeze
Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (78,82) 2:37.8	High Jump	1. Kari Splett 5' 1" 1st
	2. Deanna Dickey (81,88) 2:49.8 PB		***new school record***
	3. Jacki Gregoire (75,90) 2:45.6 BTY		2. Becky Osterdyk 4' 10" 4th
	4. Meleia Johnson (76.84) 2:40.6		3. Dani Lutz
	10:54.21 1st BTY		
100 m Hurdles	1. Cassie Filler 17.80 3rd PB	Long Jump	1. Becky Osterdyk 14' 4.5" 1st
	2. Christina Marier 21.45 PB		2. Meleia Johnson 13' 1.5" 4th
			3. Christina Marier 12' .5"
100 m Dash	1. Allycia Bernard 14.66	Triple Jump	1. Kari Splett 28' 3" 5th
	2. Amy Nelson 14.36 6th		2. Cassie Filler
	3. Kasey Perell 15.03 PB		3. Dani Lutz
4 x 200 m Relay	1. Amy Nelson 28.5 BTY	Pole Vault	1. Julianna Wirth 7' 0" 4th
	2. Brittany Grinde 30.2		2. Allycia Bernard 6' 0" 6th
	3. Kayla Johnson 28.3 BTY		
	4. Julianna Wirth 28.8 BTY	Shot	1. Kari Splett
	1:55.82 3rd BTY		2. Steph Gregoire 21' .5"
1600 m Run	1. Jenna Fore 5:48.58 2nd PB	Discus	1. Jenna Fore 62' 1.5"
	(1:20, 1:28, 1:31, 1:29)		2. Steph Gregoire 56' 10.5" PB
4 x 100 m Relay	1. Allycia Bernard 14.3		
	2. Amy Nelson 13.7		
	3. Kayla Johnson 13.4		
	4. Julianna Wirth 13.5		
	55.076 2nd BTY		
400 m Dash	1. Kasey Perell 73.9 PB		
	2. Julianna Wirth DNR		
		<u>TEAM RESULTS</u>	
300 m Hurdles	1. Brittany Grinde 57.8	1. Pine City	106
	2. Cassie Filler 52.14 2nd PB	2. Mora	91
		3. Princeton	88
800 m Run	1. Meleia Johnson (73,79) 2:32.39 2nd BTY	4. Richfield	87
	2. Deanna Dickey (83,92) 2:55.04	5. Hinckley/Finlaysc	83
		6. Rush City	62
200 m Dash	1. Becky Osterdyk 28.96 5th	7. St. John's Prep	41
	2. Kayla Johnson 29.89 BTY		
	3. Allycia Bernard 30.23		
3200 m Run	1. Jacki Gregoire 14:10.3 3rd		
	(1:39, 1:41, 1:42, 1:47, 1:55, 1:55, 1:54, 1:41)		
	2. Steph Gregoire 15:01.5		
	(1:39, 1:48, 1:54, 1:57, 1:59, 1:58, 1:58, 1:48)		
4 x 400 m Relay	1. Meleia Johnson 66.3 BTY		
	2. Becky Osterdyk 66.1 PB		
	3. Jenna Fore 67.1		
	4. Cassie Filler 66.2		
	4:26.00 3rd BTY		

DAWN HURNI INVITATIONAL @ PRINCETON
Thursday, April 24, 2003 - cool, cloudy, slight breeze
Pine City Boys' Results

4 x 800 m Relay	1. Justin Palmer (67,80) 2:27.4	High Jump	1. Jordan Kruse 5' 6"
	2. Dennis Gerold (74,75) 2:29.4		2. Jeff Hussong 5' 3" PB
	3. Adam Lee (68,71) 2:20.2 PB		3. Jon Othoudt NH
	4. David Hansen <u>(62.73)</u> 2:15.7		
	9:32.68 5th	Long Jump	1. Matt Wirth 18' 9.5" 2nd BTY
110 m Hurdles	1. Travis Gerving 18.32 3rd		2. Denis Riesmeier 16' .5"
	2. Jordan Kruse 18.02 2nd PB		3. Jordan Kruse 17' 8.5" 6th
	3. Jeff Hussong 22.29 5th	Triple Jump	1. Matt Wirth 37' 3" 2nd BTY
100 m Dash	1. Denis Riesmeier 12.467		2. Jared Clementson 36' 8.25" 4th
	2. Dan Gregoire 12.358 6th PB		3. Travis Gerving 35' 5" 5th PB
4 x 200 m Relay	1. Travis Gerving 27.6 PB	Pole Vault	1. Mike Defenbaugh 8' 6" 4th tie
	2. Ryan Connaker 28.0 PB		2. Ryan Connaker NH
	3. Chase Honer 27.5	Shot	1. Josh Barnes 37' 5.5" 2nd
	4. Denis Riesmeier <u>24.1</u> PB		2. David Johnson 35' 6.5" 5th PB
	1:47.24 4th		3. Nick Speckman 29' 7.75"
1600 m Run	1. Jared Clementson 4:37.06 1st BTY	Discus	1. Josh Barnes 96' 3.5"
	(1:07, 1:14, 1:14, 1:02)		2. David Johnson 78' 4.5"
	2. Chris Lutz 4:51.18 3rd PB		3. David Jackson 75' 5.5" PB
	(1:08, 1:13, 1:17, 1:12)		
	3. Dennis Gerold 5:46.1		
	(1:18, 1:29, 1:32, 1:25)		
4 x 100 m Relay	1. Dan Gregoire 12.8		
	2. Matt Wirth 11.5		
	3. Jordan Kruse 13.8		
	4. Denis Riesmeier <u>10.6</u> PB		
	49.15 3rd BTY		
400 m Dash	1. Seth Peterson 54.73 3rd PB		
	2. Chris Lutz 55.719 5th PB		
	3. Justin Palmer 60.4 PB		
300 m Hurdles	1. Travis Gerving 49.39 5th PB		
	2. Mike Defenbaugh 51.0 6th		
	3. Jon Othoudt 56.0		
800 m Run	1. Jared Clementson (64,72) 2:15.99 4th		
	2. David Hansen (62,67) 2:09.02 3rd BTY		
	3. Adam Lee (71,70) 2:21.6 BTY		
200 m Dash	1. Seth Peterson 25.59 5th		
	2. Dan Gregoire 25.8 BTY		
	3. Matt Wirth 27.3		
3200 m Run	1. Chris Lutz 10:54.2 3rd		
	(1:14, 1:20, 1:23, 1:23, 1:24, 1:27, 1:27, 1:15)		
4 x 400 m Relay	1. Mike Defenbaugh 59.5 BTY		
	2. Jared Clementson 56.6		
	3. David Hansen 55.2 BTY		
	4. Seth Peterson <u>57.7</u>		
	3:49.29 5th		

TEAM RESULTS

1. PRINCETON	158
2. PINE CITY	112
3. HINCKLEY/FIN	110
4. ST. JOHN'S PREP	98
5. MORA	71
5. RUSH CITY	1

QUADRANGULAR TRACK MEET @ NORTH BRANCH

Tuesday, April 29, 2003 - 4:00 - cold, overcast

Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (72,86) 2:39.4 2. Deanna Dickey (88,92) 3:00.7 3. Jacki Gregoire (80,86) 2:46.4 4. Meleia Johnson (<u>76.83</u>) 2:39.2 11:05.6 2nd	High Jump	1. Kari Splett 5' 0" 2nd 2. Becky Osterdyk 4' 8" 4th 3. Dani Lutz
100 m Hurdles	1. Cassie Filler 18.4 3rd 2. Christina Marier 20.5 PB 3. Dani Lutz DNR	Long Jump	1. Becky Osterdyk 14' 8" 2nd 2. Meleia Johnson 3. Christina Marier 12' 10.5" PB 4. Jenna Fore 12' 11"
100 m Dash	1. Allycia Bernard 14.1 2. Kasey Perell 15.0 3. Becky Osterdyk 13.5 2nd PB 4. Andrea Hepburn 14.2 5. Julianna Wirth 13.7 4th	Triple Jump	1. Kari Splett 29' 4" 4th PB 2. Cassie Filler 3. Andrea Hepburn
4 x 200 m Relay	1. Amy Nelson 29.3 2. Brittany Grinde 30.2 3. Kayla Johnson 28.9 4. Julianna Wirth <u>29.6</u> 1:58.0 2nd	Pole Vault	1. Julianna Wirth 7' 0" 4th 2. Allycia Bernard
1600 m Run	1. Jenna Fore 5:44.6 2nd PB (1:19, 1:27, 1:34,1:25)	Shot	1. Steph Gregoire 21' 3"
4 x 100 m Relay	1. Allycia Bernard 14.1 2. Amy Nelson 14.5 3. Kayla Johnson 13.7 4. Julianna Wirth <u>13.5</u> 55.9 3rd 1. Brittany Grinde 14.3 2. Kasey Perell 13.9 3. Christina Marier 15.9 4. Andrea Hepburn <u>15.1</u> 58.9	Discus	1. Jenna Fore 79' 0" PB 2. Steph Gregoire 59'
400 m Dash	1. Andrea Hepburn 73.9	<u>TEAM RESULTS</u>	
300 m Hurdles	1. Brittany Grinde 55.3 5th PB 2. Cassie Filler 54.8 4th	1. Big Lake	110
800 m Run	1. Meleia Johnson (73,80) 2:32.8 1st 2. Deanna Dickey (79,94) 2:52.8 5th PB	2. North Branch	74
200 m Dash	1. Kayla Johnson 29.8 2. Kasey Perell 30.4 PB 3. Christina Marier 32.1	3. Pine City	56
3200 m Run	1. Jacki Gregoire 13:56.9 2nd BTY (1:34, 1:43, 1:45, 1:47, 1:51, 1:53, 1:48, 1:35) 2. Steph Gregoire 14:47.7 4th PB (1:38, 1:48, 1:51, 1:53, 1:56, 1:57, 1:58, 1:46)	4. Foley	30
4 x 400 m Relay	1. Cassie Filler 68.4 2. Deanna Dickey 74.7 3. Julianna Wirth 70.9 4. Becky Osterdyk <u>65.9</u> PB 4:39.8 2nd		

QUADRANGULAR TRACK MEET @ NORTH BRANCH

Tuesday, April 29, 2003

Pine City Boys' Results

4 x 800 m Relay	1. Chris Lutz (61,68) 2:08.5 PB 2. Adam Lee (66,72) 2:18.4 PB 3. David Hansen (62,69) 2:11.1 BTY 4. Jared Clementson (61,64) 2:05.5 PB 8:43.3 1st PB	High Jump	1. Jordan Kruse 5' 2" 4th 2. Jeff Hussong 5' 2" 5th 3. Jon Othoudt 4. David Jackson 5. Nick Speckman
110 m Hurdles	1. Travis Gerving 17.8 4th PB 2. Jordan Kruse 17.7 2nd PB	Long Jump	1. Jordan Kruse 18' 4" 4th PB 2. Mike Weber 13' 5" 3. Matt Wirth 4. Denis Riesmeier 17' 3" PB 5. Nick Speckman
100 m Dash	1. Dan Gregoire 12.1 3rd PB 2. Matt Wirth 12.3	Triple Jump	1. Matt Wirth 38' 1" 3rd BTY 2. Travis Gerving 3. Jared Clementson 36' 2.75" 4th
4 x 200 m Relay	1. Travis Gerving 27.5 2. Ryan Connaker 27.8 3. Dennis Gerold 29.1 4. Denis Riesmeier 23.6 1:48.1 2nd	Shot	1. Josh Barnes 2. David Johnson 3. Jon Othoudt 30' 11" PB 4. Dennis Gerold 5. David Jackson 6. Antonio Barragan 20' 11" PB 7. Nick Speckman 8. Jed Derhaag
1600 m Run	1. David Hansen 5:12.7 3rd (1:10, 1:23, 1:25, 1:15) 2. Dennis Gerold 5:55.4 (1:18, 1:31, 1:35, 1:30)	Discus	1. Josh Barnes 2. David Johnson 3. David Jackson 78' 8" PB
4 x 100 m Relay	1. Dan Gregoire 13.4 2. Matt Wirth 11.2 3. Travis Gerving 13.6 4. Denis Riesmeier 10.4 48.6 3rd	Shot	1. Josh Barnes 13.2 2. Ryan Connaker 14.7 3. David Jackson 14.3 4. Jon Othoudt 14.3 :56.4
400 m Dash	1. Seth Peterson 56.3 4th 2. Jared Clementson 54.0 1st tie 3. Dan Gregoire 61.5 PB	Pole Vault	1. Mike Defenbaugh 2. Ryan Connaker
300 m Hurdles	1. Mike Defenbaugh 51.6 3rd		
800 m Run	1. Chris Lutz (59,66) 2:05.0 2nd PB 2. Chase Honer (71, 82) 2:33.6 PB 3. Adam Lee (68, 78) 2:25.6		
200 m Dash	1. Seth Peterson 24.9 PB 2. Denis Riesmeier 25.3 3. Dennis Gerold 26.9		
3200 m Run	1. Jared Clementson 10:20.4 1st (1:14, 1:15, 1:16, 1:19, 1:21, 1:24, 1:19, 1:12)		
4 x 400 m Relay	1. Mike Defenbaugh 59.9 2. David Hansen 55.9 3. Seth Peterson 56.9 4. Chris Lutz 56.6 PB 3:49.6 3rd		
			TEAM RESULTS 1. Foley 89 2. North Branch 75 3. Pine City 56 4. Big Lake 43

CHENGWATANA TRACK MEET @ PINE CITY
Friday, May 2, 2003- beautiful spring day
Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (74, 82) 2:36.3	High Jump	1. Kari Splett 5' 0" 2nd
	2. Deanna Dickey (79, 88) 2:47.7 PB		2. Becky Osterdyk 4' 6" 6th
	3. Emily Branzovsky (77, 85) 2:42.0 PB		3. Dani Lutz 3' 10"
	4. Meleia Johnson <u>(76, 84) 2:40.0</u>		
	10:45.9 1st BTY	Long Jump	1. Becky Osterdyk 15' 2.5" 2nd PB
100 m Hurdles	1. Cassie Filler 17.1 2nd PB		2. Meleia Johnson 12' 7"
	2. Christina Marier 20.9		3. Christina Marier 12' 1"
	3. Katie Hughes 21.2	Triple Jump	1. Kari Splett 30' 5" 4th PB
100 m Dash	1. Allycia Bernard 14.1 (13.9 Pre) 5th		2. Cassie Filler 31' 2.5" 3rd PB
	2. Amy Nelson 14.0 3rd BTY		3. Andrea Hepburn 29' 0" PB
	3. Glenna Carlson 14.1 6th	Pole Vault	1. Julianna Wirth 8' 0" 1st PB
4 x 200 m Relay	1. Amy Nelson 29.2		2. Allycia Bernard NH
	2. Brittany Grinde 28.3 PB	Shot	1. Glenna Carlson 28' 5" 3rd
	3. Kayla Johnson 29.6		2. Steph Gregoire 20' 6"
	4. Julianna Wirth <u>28.3</u> PB		
	1:55.7 2nd	Discus	1. Jenna Fore 94' 4.5" 1st PB
1600 m Run	1. Jenna Fore 4:42.8 1st PB		2. Steph Gregoire 51' 5.5"
	(1:18, 1:28, 1:32, 1:25)		
	2. Emily Branzovsky 6:24.0 4th PB		
	1:28, 1:42, 1:44, 1:30)		
	3. Abby Olson 6:31.3 PB		
	(1:29, 1:43, 1:43, 1:34)		
4 x 100 m Relay	1. Allycia Bernard 13.2 BTY		
	2. Amy Nelson 13.6		
	3. Kayla Johnson 13.6		
	4. Julianna Wirth <u>12.7</u> PB		
	53.9 2nd PB		
400 m Dash	1. Kasey Perell 1:12.7 PB		
	2. Julianna Wirth 1:07.8 5th PB		
	3. Andrea Hepburn 1:09.2 PB		
300 m Hurdles	1. Brittany Grinde 54.1 5th PB		
	2. Cassie Filler 51.4 2nd PB		
	3. Katie Hughes 58.7		
800 m Run	1. Meleia Johnson (74,80) 2:34.6 1st		
	2. Deanna Dickey (82,87) 2:50.5 6th PB		
	3. Steph Purdy sick		
200 m Dash	1. Becky Osterdyk 28.3 (28.2 pre) 3rd BTY		
	2. Kayla Johnson 28.8 5th BTY		
	3. Allycia Bernard 29.3 (29.1 pre) 6th BTY		
3200 m Run	1. Jacki Gregoire 13:41.4 2nd BTY		
	(1:28, 1:39, 1:39, 1:45, 1:47, 1:49, 1:50, 1:43)		
	2. Steph Gregoire 14:39.3 PB		
	(1:34, 1:40, 1:49, 1:51, 1:53, 1:59, 1:48)		
4 x 400 m Relay	1. Meleia Johnson 67.2		
	2. Becky Osterdyk 68.1		
	3. Cassie Filler 64.2		
	4. Jenna Fore <u>66.6</u> PB		
	4:26.2 2nd PB		

TEAM RESULTS

1. Pine City	158
2. Mora	112
3. Mille Lacs	93
4. Braham	72
5. Hinckley/Fin	70
6. MLWR	25
7. Ogilvie	16

CHENGWATANA TRACK MEET @ PINE CITY

Friday, May 2, 2003 -

Pine City Boys' Results

4 x 800 m Relay	1. Justin Palmer (72, 78) 2:30.6 2. Dennis Gerold (71, 75) 2:26.5 PB 3. Adam Lee (65, 73) 2:18.0 PB 4. David Hansen (61, 70) 2:11.5 9:27.1 2nd	High Jump	1. Jordan Kruse 5' 4" 1st 2. Jeff Hussong 4' 10" 3rd 3. Jon Othoutd NH										
110 m Hurdles	1. Jordan Kruse 18.1 3rd 2. Jeff Hussong 22.2 4th PB	Long Jump	1. Matt Wirth 16' 11.75" 2. Denis Riesmeier 18' 0" 3rd PB 3. Jordan Kruse 18' 8.5" 1st PB										
100 m Dash	1. Denis Riesmeier 11.8 2nd PB 2. Dan Gregoire 12.1 5th	Triple Jump	1. Matt Wirth 37' 5" 2nd 2. Jared Clementson 38' 6.75" 1st BTY 3. Ryan Connaker 33' 0" 3rd PB										
4 x 200 m Relay	1. Dennis Gerold 29.7 2. Chase Honer 26.5 3. Ryan Connaker 29.2 4. Justin Palmer 25.1 PB 1:50.4 4th	Pole Vault	1. Mike Defenbaugh 8' 0" 5th 2. Ryan Connaker 8' 6" 4th PB										
1600 m Run	1. Jared Clementson 4:35.5 1st BTY (1:06, 1:15, 1:13, 1:01) 2. Chris Lutz 4:39.8 2nd PB (1:06, 1:15, 1:14, 1:05)	Shot	1. Josh Barnes 38' 6.5" 1st PB 2. David Johnson 34' .5" 3rd 3. Dennis Gerold 33' 9" 5th PB										
4 x 100 m Relay	1. Dan Gregoire 13.8 2. Matt Wirth 11.1 3. Dennis Gerold 13.5 4. Denis Riesmeier 9.9 48.4 1st	Discus	1. Josh Barnes 100' 6" 3rd 2. David Johnson 100' 1" 4th 3. David Jackson 86' 11" PB										
400 m Dash	1. Seth Peterson 55.3 2nd 2. Chris Lutz 55.5 3rd PB 3. Justin Palmer 59.8 PB	<u>TEAM RESULTS</u>											
300 m Hurdles	1. Jordan Kruse 44.8 3rd 2. Mike Defenbaugh injured 3. Jon Othoutd 55.0 5th	<table border="0" style="width: 100%;"> <tbody> <tr> <td style="width: 50%;">1. Pine City</td> <td style="text-align: right;">148</td> </tr> <tr> <td>2. Mora</td> <td style="text-align: right;">98</td> </tr> <tr> <td>3. Braham</td> <td style="text-align: right;">65</td> </tr> <tr> <td>4. MLWR</td> <td style="text-align: right;">33</td> </tr> <tr> <td>5. Ogilvie</td> <td style="text-align: right;">16</td> </tr> </tbody> </table>		1. Pine City	148	2. Mora	98	3. Braham	65	4. MLWR	33	5. Ogilvie	16
1. Pine City	148												
2. Mora	98												
3. Braham	65												
4. MLWR	33												
5. Ogilvie	16												
800 m Run	1. Jared Clementson (62, 61) 2:03.5 1st PB 2. David Hansen (61, 66) 2:07.9 3rd BTY 3. Adam Lee (69, 72) 2:21.9 5th												
200 m Dash	1. Seth Peterson 25.1 5th 2. Dan Gregoire 25.6 (25.3 pre) PB 3. Denis Reismeier 24.9 (24.4 pre) 4th PB												
3200 m Run	1. Chris Lutz 10:47.5 3rd PB (1:13, 1:18, 1:21, 1:20, 1:23, 1:24, 1:15, 1:23) 2. Jordan Clementson 12:35.1 (1:23, 1:30, 1:32, 1:36, 1:40, 1:41, 1:40, 1:31)												
4 x 400 m Relay	1. Mike Defenbaugh 59.3 BTY 2. David Hansen 54.7 PB 3. Seth Peterson 58.3 4. Jared Clementson 54.3 3:46.6 2nd												

SECTION 5AA TRUE TEAM TRACK MEET @ TOTINO-GRACE H.S.
Tuesday, May 6, 2003-
Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (75, 80) 2:35.0 PB	High Jump	1. Kari Splett 5' 0" 4th tie
	2. Deanna Dickey (84, 90) 2:53.1		2. Becky Osterdyk 4' 8" 10th
	3. Jacki Gregoire (80, 86) 2:46.6		
	4. Meleia Johnson <u>(74, 85) 2:38.9</u>		
	10:53.9 8th		
100 m Hurdles	1. Cassie Filler 17.5 9th	Long Jump	1. Becky Osterdyk 15' 3.5" 2nd PB
	2. Christina Marier 20.7 23rd		2. Meleia Johnson 13' 0" 17th
100 m Dash	1. Allycia Bernard 14.1 16th	Triple Jump	1. Kari Splett 30' 2" 10th
	2. Becky Osterdyk 13.7 12th		2. Cassie Filler 31' 0" 4th
4 x 200 m Relay	1. Amy Nelson 29.5	Pole Vault	1. Julianna Wirth 7' 0" 19th
	2. Brittany Grinde 28.2		2. Allycia Bernard 6' 0" 25th
	3. Kayla Johnson 29.6	Shot	1. Kari Splett 23' 1.5" 27th PB
	4. Julianna Wirth <u>28.3</u>		2. Steph Gregoire
	1:55.7 7th		
1600 m Run	1. Jenna Fore 5:44.8 8th (1:16, 1:28, 1:34, 1:27)	Discus	1. Jenna Fore 81' 7" 12th
			2. Steph Gregoire 53' 7.5" 27th
4 x 100 m Relay	1. Allycia Bernard 14.1		
	2. Amy Nelson 13.7		
	3. Kayla Johnson 13.6		
	4. Julianna Wirth <u>13.5</u>		
	55.1 11th		
400 m Dash	1. Julianna Wirth 65.9 17th PB		
	2. Andrea Hepburn 68.1 23rd PB		
300 m Hurdles	1. Brittany Grinde 56.7 21st		
	2. Cassie Filler 51.1 6th PB		
800 m Run	1. Meleia Johnson (75,78) 2:33.1 8th		
	2. Deanna Dickey (81, 91) 2:52.7 21st		
200 m Dash	1. Allycia Bernard 29.5 22nd		
	2. Kayla Johnson 29.2 17th		
3200 m Run	1. Jacki Gregoire 13:39.4 14th BTY (1:27, 1:35, 1:43, 1:48, 1:50, 1:48, 1:47, 1:41)		
	2. Steph Gregoire 14:48.2 21st (1:35, 1:44, 1:51, 1:55, 1:56, 1:59, 2:02, 1:46)		
4 x 400 m Relay	1. Meleia Johnson 65.5 BTY		
	2. Jenna Fore 66.7		
	3. Cassie Filler 62.3 PB		
	4. Becky Osterdyk <u>64.7</u> PB		
	4:19.6 5th PB		

TEAM RESULTS

1. Monticello	772
2. Mahtomedi	622.5
3. Big Lake	584
4. Becker	576.5
5. Totino Grace	537
6. Andover	516.5
7. Fridley	493
8. STMA	482.5
9. Chisago Lakes	455.5
10. Pine City	447.5
11. North Branch	408.5
12. Princeton	406
13. Milaca	365
14. Brooklyn Center	139.5

QUADRANGULAR TRACK MEET @ MILACA
Friday, May 9, 2003 - 4:00 - cool, damp, overcast
Pine City Girls' Results

4 x 800 m Relay	1. Jenna Fore (75, 83) 2:38.2	High Jump	1. Kari Splett 4' 10" 2nd tie
	2. Deanna Dickey (86, 90) 2:56.9		2. Becky Osterdyk 5' 0" 1st PB
	3. Jacki Gregoire (82, 90) 2:52.8		
	4. Meleia Johnson (<u>78, 86</u>) 2:44.8		
	11:13.09 1st	Long Jump	1. Becky Osterdyk 14' 11.5" 1st
			2. Christina Marier 11' 6.75"
100 m Hurdles	1. Cassie Filler 17.84 1st		
	2. Christina Marier 20.88 5th		
		Triple Jump	1. Kari Splett 29' 5.5" 1st
100 m Dash	1. Allycia Bernard 13.32 4th		2. Cassie Filler 29' 4" 2nd
	2. Amy Nelson 14.72		3. Andrea Hepburn 28' 7" 3rd
	3. Brittany Grinde 14.75		4. Kasey Perell
	4. Andrea Hepburn 14.65	Pole Vault	1. Julianna Wirth no vault - too wet
			2. Allycia Bernard
4 x 200 m Relay	1. Amy Nelson 29.1	Shot	1. Steph Gregoire 20' 8" 5th
	2. Brittany Grinde 29.4		
	3. Kayla Johnson 28.6		
	4. Julianna Wirth <u>28.7</u>	Discus	1. Jenna Fore 78' 7" 3rd
	1:56.30 3rd		2. Steph Gregoire 60' 5" PB
1600 m Run	1. Jenna Fore 5:58.80 1st		
	(1:22, 1:33, 1:34, 1:29)		
4 x 100 m Relay	1. Allycia Bernard 14.5		
	2. Amy Nelson 13.3		
	3. Kayla Johnson 13.4		
	4. Julianna Wirth <u>13.5</u>		
	54.92 3rd		
400 m Dash	1. Julianna Wirth 69.15		
	2. Andrea Hepburn 72.78		
	3. Kasey Perell 73.14		
300 m Hurdles	1. Brittany Grinde 57.14 4th		
	2. Cassie Filler 52.20 2nd		
800 m Run	1. Meleia Johnson (74, 85) 2:39.58 1st		
	2. Deanna Dickey (84, 91) 2:55.50 5th		
200 m Dash	1. Becky Osterdyk 27.9 5th		
	2. Kayla Johnson 29.5		
	3. Allycia Bernard 29.92		
	4. Kasey Perell 32.66		
3200 m Run	1. Jacki Gregoire 13:59.20 1st		
	(1:34, 1:41, 1:43, 1:46, 1:50, 1:51, 1:50, 1:43)		
	2. Steph Gregoire 14:51.29 3rd		
	(1:37, 1:55, 1:54, 1:54, 1:54, 1:57, 1:58, 1:42)		
4 x 400 m Relay	1. Meleia Johnson 67.0		
	2. Jenna Fore 67.8		
	3. Cassie Filler 68.1		
	4. Becky Osterdyk <u>68.2</u>		
	4:31.5 2nd		

TEAM RESULTS:

1. PINE CITY	158
2. PRINCETON	139
3. MORA	106
4. MILACA	96

QUADRANGULAR TRACK MEET @ MILACA

Friday, May 9, 2003 - cool, damp, overcast

Pine City Boys' Results

4 x 800 m Relay	1. Chris Lutz (60, 65) 2:05.0	High Jump	1. Jeff Hussong 5' 2" 4th tie
	2. Adam Lee (65, 72) 2:17.8		2. David Jackson NH
	3. David Hansen (60, 68) 2:07.9		
	4. Jared Clementson <u>(58, 65) 2:03.1</u>		
	8:34.13 1st PB		
110 m Hurdles	1. Travis Gerving 17.92 2nd	Long Jump	1. Denis Riesmeier 16' 9" 4th
	2. Jeff Hussong 23.13 4th		2. Mike Weber 13' 2"
			3. Matt Wirth 17' 5.25" 3rd
100 m Dash	1. Denis Riesmeier 12.33 4th		
	2. Dan Gregoire 12.66		
	3. Justin Palmer 13.37	Triple Jump	1. Matt Wirth 36' 8" 2nd
	4. Mike Weber 14.77		2. Travis Gerving 34' 10.5" 3rd
			3. Ryan Connaker 30' 9" 6th
4 x 200 m Relay	1. Travis Gerving 28.7		
	2. Chase Honer 27.6		
	3. Dennis Gerold 26.4		
	4. Justin Palmer <u>25.6</u>	Shot	1. Josh Barnes 37' 2" 2nd
	1:48.59 4th		2. David Johnson 34' 4.5"
			3. Dennis Gerold 33' 5"
	1. Jeff Hussong 28.3		4. Jed Derhaag 29' 3.5"
	2. Antonio Barragan 32.8	Discus	1. Josh Barnes 111' 5" 4th
	3. Mike Weber 28.5		2. David Johnson 101' 3" 5th PB
	4. Ryan Connaker <u>27.4</u>		3. David Jackson 83' 2"
	1:57.09		
1600 m Run	1. Chris Lutz 4:47.79 2nd		
	(1:11, 1:13, 1:14, 1:10)	Pole Vault	1. Ryan Connaker no vault-too wet
	2. Adam Lee 5:42.34 5th		
	(1:18, 1:30, 1:31, 1:21)		
4 x 100 m Relay	1. Dan Gregoire 12.4		
	2. Matt Wirth 12.4		
	3. Dennis Gerold 11.6		
	4. Denis Riesmeier <u>11.6</u>		
	48.22 2nd		
400 m Dash	1. Seth Peterson 56.08 3rd		
	2. Jared Clementson 57.18 4th		
	3. Justin Palmer 62.62 6th		
300 m Hurdles	1. Travis Gerving 48.39 3rd		
800 m Run	1. David Hansen (62, 68) 2:10.20 3rd		
	2. Dennis Gerold (70, 75) 2:25.69 6th PB		
	3. Chase Honer (72, 78) 2:30.62 PB		
200 m Dash	1. Seth Peterson 25.6		
	2. Denis Riesmeier 24.77 5th		
	3. Dan Gregoire 25.88		
3200 m Run	1. Jared Clementson 10:46.61 1st		
	(1:19, 1:27, 1:24, 1:25, 1:21, 1:22, 1:15, 1:12)		
4 x 400 m Relay	1. Seth Peterson 54.9		
	2. Matt Wirth 59.0		
	3. David Hansen 57.2		
	4. Chris Lutz <u>56.6</u>		
	3:47.9 4th		

TEAM RESULTS

1. PRINCETON	149
2. PINE CITY	130
3. MILACA	116
4. MORA	108

RUM RIVER CONFERENCE TRACK MEET @ PRINCETON

Thursday, May 15, 2003 - 12:30 - warm, sunny

Pine City Girls' Results

4 x 800 m Relay 1. Jenna Fore (71, 78) 2:29.6 PB High Jump 1. Kari Splett 5' 0" 2nd
 2. Deanna Dickey (80, 84) 2:44.7 PB ***ALL CONFERENCE***
 3. Emily Branzovsky (77, 83) 2:40.7 PB 2. Becky Osterdyk 4' 8" 6th tie
 4. Meleia Johnson (72, 80) 2:31.9 BTY

NEW SCHOOL RECORD 10:27.01 3rd PB Pole Vault 1. Julianna Wirth 6' 6"

ALL CONFERENCE HONORABLE MENTION

100 m Hurdles 1. Cassie Filler 17:33 3rd * * ALL CONFERENCE HONORABLE MENTION
 2. Christina Marier 20.08 PB
 3. Katie Hughes 20.8 PB

100 m Dash 1. Becky Osterdyk 13.83
 2. Amy Nelson 14.00
 3. Andrea Hepburn 14.64

Triple Jump 1. Kari Splett 28' 3"
 2. Cassie Filler 27' 6"
 3. Andrea Hepburn 29' 8" 7th PB

4 x 200 m Relay 1. Amy Nelson 29.5
 2. Brittany Grinde 28.5
 3. Kayla Johnson 27.5
 4. Julianna Wirth 28.3

Shot 1. Steph Gregoire 20' 11"
 2. Glenna Carlson 26' .5"

1:53.86 3rd PB* ALL CONFERENCE HONORABLE MENTION

1600 m Run 1. Jenna Fore 5:37.70 3rd PB Discus 1. Jenna Fore 73' 8"
 NEW SCHOOL RECORD (1:17, 1:25, 1:32, 1:23) 2. Steph Gregoire 60' 0"

ALL CONFERENCE HONORABLE MENTION

2. Emily Branzovsky 6:16.20 PB
 (1:28, 1:41, 1:41, 1:26)
 3. Abby Olson 6:23.74 PB
 (1:28, 1:41, 1:43, 1:31)

Long Jump 1. Becky Osterdyk 14' 11" 5th
 2. Meleia Johnson 13'
 3. Emily Branzovsky 11' 10.5"

4 x 100 m Relay 1. Amy Nelson 13.3
 2. Brittany Grinde 14.2
 3. Kayla Johnson 13.1
 4. Julianna Wirth 13.4
 54.20 4th

TEAM RESULTS:

1. Big Lake 173.5
 2. North Branch 86.5
 3. Milaca 84
 4. Chisago Lakes 80
 5. STMA 62
 6. Princeton 60
 7. Mora 59.5
 8. Pine City 58.5
 9. Foley 37

400 m Dash 1. Julianna Wirth 66.26 PB
 2. Andrea Hepburn 67.87 PB

300 m Hurdles 1. Brittany Grinde 56.77
 2. Cassie Filler 51.23 3rd * * ALL CONFERENCE HORORABLE MENTION
 3. Katie Hughes 57.68 PB

800 m Run 1. Meleia Johnson DNR Injury
 2. Deanna Dickey (82, 88) 2:49.90 PB
 3. Steph Purdy (83, 91) 2:54.24 PB

200 m Dash 1. Kayla Johnson 28.92
 2. Glenna Carlson 29.96
 3. Kasey Perell 31.24

3200 m Run 1. Jacki Gregoire 13:29.58 5th BTY
 (1:28, 1:34, 1:35, 1:45, 1:46, 1:51, 1:50, 1:41)
 2. Steph Gregoire 14:30.57 PB
 (1:37, 1:43, 1:44, 1:48, 1:56, 1:58, 1:58, 1:45)

4 x 400 m Relay 1. Jenna Fore 64.9
 2. Emily Branzovsky 69.1
 3. Cassie Filler 64.7
 4. Becky Osterdyk 64.5
 4:23.3 4th

RUM RIVER CONFERENCE TRACK MEET @ PRINCETON

Thursday, May 15, 2003 - 12:30 - warm, sunny

Pine City Boys' Results

4 x 800 m Relay	1. Justin Palmer (69, 79) 2:27.3	High Jump	1. Jordan Kruse 5' 6" 7th
	2. Dennis Gerold (68, 78) 2:26.7		2. Jeff Hussong 5' 3"
	3. Adam Lee (69, 70) 2:29.4		3. Jon Othoudt
	4. David Hansen <u>(67, 72) 2:20.2</u>		
	9:33.65 8th		
110 m Hurdles	1. Jordan Kruse 18.33	Long Jump	1. Denis Riesmeier 16' 6.5"
	2. Travis Gerving 17.62 PB		2. Jordan Kruse 17' 1.24"
	1. Jeff Hussong 22.15		3. Matt Wirth 18' 6"
100 m Dash	1. Denis Riesmeier 11.81 4th PB		
	2. Dan Gregoire 12.51	Triple Jump	1. Matt Wirth 37' 11.5" 8th
			2. Travis Gerving 34' 0"
4 x 200 m Relay	1. Travis Gerving 27.2		
	2. Chase Honer 27.7		
	3. Dennis Gerold 25.3		
	4. Justin Palmer <u>25.6</u>	Shot	1. Josh Barnes 39' 0" PB
	1:45.7 DQ		2. David Johnson 34' 0"
			3. Dennis Gerold 32' 11.5"
1600 m Run	1. Jared Clementson 4:35.20 2nd		
	ALL CONFERENCE (1:09, 1:08, 1:12, 1:06)		
	2. Chris Lutz 4:36.97 3rd PB	Discus	1. Josh Barnes 103' 3.5"
	ALL CONFERENCE HONORABLE MENTION		2. David Johnson 100' 11"
	(1:09, 1:08, 1:10, 1:10)		3. David Jackson 81' 6"
4 x 100 m Relay	1. Dan Gregoire 12.7		
	2. Matt Wirth 11.8		
	3. Dennis Gerold 12.2	Pole Vault	
	4. Denis Riesmeier <u>11.1</u>		
	47.62 6th		
400 m Dash	1. Seth Peterson 53.97 8th PB		
	2. Matt Wirth 59.77		
	3. Justin Palmer 63.37		
		TEAM RESULTS	
		1. Princeton	122
		2. Chisago Lakes	114
		3. STMA	90
		4. Foley	76
		5. North Branch	73
		6. Mora	72
		7. Pine City	55
		8. Big Lake	50
		9. Milaca	49
300 m Hurdles	1. Travis Gerving 48.0 PB		
	2. Jordan Kruse 45.0		
800 m Run	1. Jared Clementson (62,60) 2:01.22 2nd PB		
	ALL CONFERENCE		
	2. David Hansen (62,66) 2:08.11 4th		
	3. Adam Lee (69, 70) 2:19.63		
200 m Dash	1. Seth Peterson DNR		
	2. Denis Riesmeier 24.25 PB		
	3. Dan Gregoire 25.44		
3200 m Run	1. Chris Lutz 10:21.43 2nd PB		
	ALL CONFERENCE		
	(1:16, 1:19, 1:20, 1:21, 1:20, 1:19, 1:18, 1:09)		
	2. Jordan Clementson 12:10.7 PB		
	(1:21, 1:29, 1:30, 1:34, 1:34, 1:39, 1:36, 1:27)		
4 x 400 m Relay	1. Seth Peterson 56.6		
	2. David Hansen 53.5 PB		
	3. Chris Lutz 54.7 PB		
	4. Jared Clementson <u>51.6</u> PB		
	3:36.6 4th		

SUB-SECTION TRACK MEET @ OGILVIE

Wednesday, May 21, 2003 - 3:45

Pine City Girls' Results

<p>4 x 800 m Relay 1. Jenna Fore (75,83) 2:38.2 2. Deanna Dickey (82,92) 2:54.5 3. Emily Branzovsky (80, 89) 2:48.5 4. Meleia Johnson (73, 85) 2:38.4 10:59.5 1st</p>	<p>High Jump 1. Kari Splett 5' 0" 3rd 2. Becky Osterdyk 4' 8" 6th</p>	
<p>100 m Hurdles 1. Cassie Filler 17.5 5th 2. Christina Marier 3. Katie Hughes 20.7 PB</p>	<p>Pole Vault 1. Julianna Wirth 7' 0" 4th 2. Allycia Bernard</p>	
<p>100 m Dash 1. Allycia Bernard 2. Amy Nelson 13.8 PB 3. Glenna Carlson 13.9 PB</p>	<p>Triple Jump 1. Kari Splett 2. Cassie Filler 30' 1.75" 5th 3. Andrea Hepburn</p>	
<p>4 x 200 m Relay 1. Amy Nelson 29.5 2. Brittany Grinde 29.0 3. Kayla Johnson 28.8 4. Julianna Wirth 28.5 1:55.9 1st</p>	<p>Shot 1. Steph Gregoire 20' 3" 2. Glenna Carlson 25' 3" 6th 3. Kari Splett</p>	
<p>1600 m Run 1. Jenna Fore 5:56.8 2nd (1:18,1:30, 1:37, 1:32) 2. Emily Branzovsky 6:16.4 5th (1:25, 40, 1:40, 1:31) 3. Abby Olson 6:42.1 (1:27, 1:42, 1:50, 1:43)</p>	<p>Discus 1. Jenna Fore 101' 1.5" 3rd PB 2. Steph Gregoire 53'</p>	
<p>4 x 100 m Relay 1. Allycia Bernard 14.2 2. Amy Nelson 12.9 3. Kayla Johnson 13.3 4. Julianna Wirth 13.4 53.8 2nd PB</p>	<p>Long Jump 1. Becky Osterdyk 14' 11.75" 2nd 2. Emily Branzovsky</p>	
<p>400 m Dash 1. Julianna Wirth 68.5 6th 2. Andrea Hepburn 70.3 3. Kasey Perell 75.6</p>	<p>The top 6 individuals and the top 3 relay teams qualify for the Section meet on May 31 at Macalaster College</p>	
<p>300 m Hurdles 1. Brittany Grinde 55.2 2. Cassie Filler 51.0 3rd PB 3. Katie Hughes 56.8 PB</p>	<p>TEAM RESULTS:</p>	
<p>800 m Run 1. Meleia Johnson DNR- injury 2. Deanna Dickey (82, 89) 2:50.9 3. Steph Purdy (84, 93) 2:57.2</p>	<p>1. Hinckley 123.5 2. Isle/Onamia 106 3. Pine City 100 4. Rush City 96 5. Braham 53.5 6. Meadow Creek 48 7. Ogilvie 19 8. East Central</p>	
<p>200 m Dash 1. Becky Osterdyk 28.3 2nd 2. Kayla Johnson 29.1 5th 3. Allycia Bernard 29.2</p>		
<p>3200 m Run 1. Jacki Gregoire 13:36.1 4th (1:20, 1:36, 1:42, 1:46, 1:48, 1:48, 1:50, 1:46) 2. Steph Gregoire 14:28.0 6th (1:29, 1:41, 1:49, 1:53, 1:56, 1:57, 1:57, 1:43)</p>		
<p>4 x 400 m Relay 1. Jenna Fore 65.7 2. Emily Branzovsky 67.2 PB 3. Cassie Filler 66.2 4. Becky Osterdyk 63.6 PB 4:22.7 1st</p>		

SUB-SECTION TRACK MEET @ OGILVIE

Wednesday, May 21, 2003 - 3:45

Pine City Boys' Results

<p>4 x 800 m Relay 1. Adam Lee (67, 73) 2:20.4 2. Justin Palmer (77, 74) 2:31.5 3. Dennis Gerold (73, 76) 2:29.1 4. David Hansen (61, 69) 2:10.5 9:31.6 3rd</p>	<p>High Jump 1. Jordan Kruse 5' 4" 4th 2. Jeff Hussong 3. Jon Othoudt</p>
<p>110 m Hurdles 1. Jordan Kruse 18.4 6th 2. Travis Gerving 19.9 1. Jeff Hussong 21.4 PB</p>	<p>Long Jump 1. Denis Riesmeier 15' 11" 2. Jordan Kruse 17' 7" 3. Matt Wirth 18' 4" 3rd</p>
<p>100 m Dash 1. Denis Riesmeier 11.8 4th 2. Dan Gregoire 12.4 3. Matt Wirth 12.1 PB</p>	<p>Triple Jump 1. Matt Wirth 37' 9.5" 3rd 2. Travis Gerving 33' 11.75" 3. Jared Clementson</p>
<p>4 x 200 m Relay 1. Travis Gerving 2. Chase Honer 3. Dennis Gerold 4. Justin Palmer DQ</p>	<p>Shot 1. Josh Barnes 39' 6.5" 2nd PB 2. David Johnson 34' 1.5" 5th 3. Dennis Gerold 29' 3"</p>
<p>1600 m Run 1. Jared Clementson 4:43.1 1st (1:10, 1:14, 1:12, 1:06) 2. Chris Lutz 4:48.2 2nd (1:10, 1:14, 1:13, 1:11)</p>	<p>Discus 1. Josh Barnes 127' 0" 1st PB 2. David Johnson 106' 7" 3rd PB 3. David Jackson 87' 11" 6th PB</p>
<p>4 x 100 m Relay 1. Dan Gregoire 12.6 2. Matt Wirth 11.6 3. Dennis Gerold 11.8 4. Denis Riesmeier 11.7 47.4 1st PB</p>	<p>Pole Vault 1. Mike Defenbaugh 9' 0" 6th 2. Ryan Connaker</p>
<p>400 m Dash 1. Seth Peterson 55.7 5th 2. Chris Lutz 55.9 6th 3. Justin Palmer 58.8</p>	<p>The top 6 individuals and the top 3 relay teams qualify for the Section meet on May 31 at Macalaster College</p>
TEAM RESULTS	
<p>300 m Hurdles 1. Travis Gerving 47.4 6th PB 2. Jordan Kruse 45.3 4th 3. Jon Othoudt 56.2</p>	<p>1. Hinckley 143 2. Meadow Creek 142 3. Pine City 113 4. Braham 53 5. Rush City 46 6. East Central 30 7. Ogilvie 15</p>
<p>800 m Run 1. Jared Clementson (60, 62) 2:02.7 1st 2. David Hansen (61, 65) 2:06.1 2nd PB 3. Adam Lee (67, 73) 2:20.3</p>	
<p>200 m Dash 1. Seth Peterson 24.9 2. Denis Riesmeier 24.3 6th 3. Dan Gregoire 26.3</p>	
<p>3200 m Run 1. Chris Lutz 10:40.8 1st (1:10, 1:16, 1:19, 1:20, 1:23, 1:25, 1:28, 1:18) 2. Jordan Clementson 12:19.3 6th (1:19, 1:28, 1:36, 1:37, 1:39, 1:39, 1:35, 1:25)</p>	
<p>4 x 400 m Relay 1. Seth Peterson 56.6 2. Mike Defenbaugh 57.8 3. David Hansen 55.0 4. Jared Clementson 52.3 3:41.5 2nd</p>	

SECTION TRACK MEET @ MACALASTER
Saturday, May 31, 2003 - 10:00 - sunny, cool, breezy
Pine City Girls' Results

Pole Vault 1. Julianna Wirth NH

3200 m Run 1. Jacki Gregoire 13:24.32 BTY
 (1:22, 1:33, 1:40, 1:44, 1:45, 1:47, 1:50, 1:42)

Discus 1. Jenna Fore injury

2. Steph Gregoire 14:26.98 PB
 (1:31, 1:40, 1:48, 1:53, 1:54, 1:57, 1:58, 1:46)

Long Jump 1. Becky Osterdyk 15' 6.75" 3rd PB

100 m Hurdles 1. Cassie Filler 17:77
 (Prelims)

High Jump 1. Kari Splett 4' 8"
 2. Becky Osterdyk 4' 8"

200 m Dash 1. Becky Osterdyk 29.01
 2. Kayla Johnson 29.76

4 x 800 m Relay 1. Jenna Fore (73, 80) 2:32.4
 2. Deanna Dickey (78, 87) 2:44.9
 3. Emily Branzovsky (73, 86) 2:39.7 PB
 4. Meleia Johnson (72, 83) 2:34.9
 10:32.55 7th

Triple Jump 1. Cassie Filler 31' 5.25" PB

Shot Put 1. Glenna Carlson 27' 2"

100 m Hurdles 1. Cassie Filler 18:04 8th
 Finals

TEAM RESULTS:

4 x 200 m Relay 1. Amy Nelson 28.0 PB
 2. Brittany Grinde 29.9
 3. Kayla Johnson 27.4 PB
 4. Julianna Wirth 28.8
 2:54.30 7th

1. Visitation	157.5
2. The Blake School	87
3. Hinckley/Finlayson	74
4. Mounds Park Academy	61
5. St. Croix Lutheran	58.5
6. Minnehaha Academy	57
7. Belle Plaine	51
8. Breck School	50
9. De La Salle	47
10. St. Paul Academy	12
11. Pine City	39
12. Braham	35
13. Jordan	27
14. Concordia Academy	24
14. Rush City	24
16. Trinity	18
17. New Life Academy	14
18. Brooklyn Center	14
19. Isle/Onamia	14
20. Christ's Household of Faith	12
21. Ogilvie	6
22. Meadow Creek Christian	4
23. West Lutheran	1

1600 m Run 1. Jenna Fore 5:51.25 8th
 (1:18, 1:26, 1:36, 1:30)
 2. Emily Branzovsky 6:06.99 PB
 (1:25, 1:35, 1:39, 1:27)

4 x 100 m Relay 1. Allycia Bernard 13.5
 2. Amy Nelson 12.9
 3. Kayla Johnson 12.5 PB
 4. Julianna Wirth 13.7
 53.03 5th PB

400 m Dash 1. Julianna Wirth 67.82

300 m Hurdles 1. Cassie Filler 49.23 5th PB
****** New School Record******

4 x 400 m Relay 1. Meleia Johnson 64.6 BTY
 2. Jenna Fore 64.8 PB
 3. Cassie Filler 63.4
 4. Becky Osterdyk 63.9
 4:16.81 3rd PB
****** New School Record******

SECTION TRACK MEET @ MACALASTER
Saturday, May 31, 2003 - 10:00 - sunny, cool, breezy
Pine City Boys' Results

100 m Dash	1. Denis Riesmeier	12.16	
3200 m Run	1. Chris Lutz	10:08.77	2nd PB
	(1:11, 1:14, 1:18, 1:21, 1:19, 1:18, 1:21, 1:07)		
	****Qualifies for State****		
	2. Jordan Clementson	12:36.03	
	(1:17, 1:24, 1:31, 1:38, 1:41, 1:45, 1:41, 1:31)		
110 m Hurdles Prelims	1. Jordan Kruse	18:54	
200 m Dash Prelims	1. Denis Riesmeier	24.24	PB
4 x 800 m Relay	1. Adam Lee	(65, 79)	2:24.2
	2. Justin Palmer	(70, 76)	2:25.4 PB
	3. Dennis Gerold	(69, 80)	2:29.0
	4. David Hansen	<u>(65, 76)</u>	2:21.4
			9:40.24 8th
1600 m Run	1. Jared Clementson	4:32.63	1st BTY
	(1:09, 1:10, 1:09, 1:03)		
	****Qualifies for State***		
	2. Chris Lutz	4:47.77	6th
	(1:10, 1:12, 1:13, 1:12)		
4 x 100 m Relay	1. Dan Gregoire	12.4	
	2. Matt Wirth	10.2	
	3. Dennis Gerold	12.1	
	4. Denis Riesmeier		
		DQ	
400 m Dash	1. Seth Peterson	54.93	
	2. Chris Lutz	57.30	
300 m Hurdles	1. Travis Gerving	47.96	
	2. Jordan Kruse	45.03	7th
800 m Run	1. Jared Clementson	(60, 61)	2:00.96 1st PB
	****Qualifies for State****		
	2. David Hansen	(62, 65)	2:07.32 7th
4 x 400 m Relay	1. Seth Peterson	57.8	
	2. Mike Defenbaugh	57.7	BTY
	3. David Hansen	55.3	
	4. Jared Clementson	<u>56.7</u>	
		3:47.95	8th

High Jump	1. Jordan Kruse	5' 4"
Triple Jump	1. Matt Wirth	38' 6" 8th
Shot	1. Josh Barnes	35' 7"
	2. David Johnson	35' 4.25"
Long Jump	1. Matt Wirth	18' 1.75"
Discus	1. Josh Barnes	102' 8"
	2. David Johnson	105' 7"
	3. David Jackson	77' 3"
Pole Vault	1. Mike Defenbaugh	injury

TEAM RESULTS

1. St. Croix Lutheran	93.5
2. Concordia Academy	81
3. Minnehaha Academy	80.7
4. De La Salle	72.5
5. Breck School	59.5
6. Brooklyn Center	56
6. Trinity	56
8. Hinckley/Finlayson	53
9. Meadow Creek Christian	50.3
10. Pine City	50
11. Jordan	46
12. Christ's Household of Faith	43
13. The Blake School	29.5
14. Belle Plaine	27
15. Mounds Park Academy	25
16. Braham	24
17. St. Paul Academy	21
18. East Central	20
18. 4th Baptist Christian	20
20. West Lutheran	4

***WHAT LIES BEHIND US
AND
WHAT LIES BEFORE US,
ARE TINY MATTERS
COMPARED TO
WHAT LIES WITHIN US.***

Ralph Waldo Emerson

STATE TRACK MEET @ BLAINE
FRIDAY, SATURDAY, JUNE 6 & 7, 2003

Friday, June 6, 2003

5:05	800 m Run (Prelims)	Jared Clementson	<u>1:57.49 PB</u>
5:55	3200 m Run (Finals)	Chris Lutz	<u>9:53.80 PB</u>

Saturday, June 7, 2003

12:27	1600 m Run	Jared Clementson	<u>4:24.08 - 5th PB</u>
		*** NEW SCHOOL RECORD ***	
2:27	800 m Run	Jared Clementson	<u>2:03.05 - 9th</u>

GIRLS' "BESTS" - 2003

1	Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
3	Deanna Dickey - 12	O3					2:49.90 - RRC		
4					31.2sp-H/F	73.4 sp-H/F	2:44.7sp - RRC		
6	Kayla Johnson - 12	98		14.4	30.3				
7		99		14.2	30.1				
8		OO	8.4 - RRCI		28.01 - RRC				
9				12.9sp-Monti	27.7 sp-RRC				
10		O1	8.14 -RRCI		28.8-Cheng				
11				12.9 sp-Pr	27.7sp - Pr				
12		O2		14.4 - Mo					
13				12.8sp-Sec	28.4sp-Sec				
14		O3	8.2-Foley		28.7 - RRC				
15				12.5sp-Sec	27.4sp - Sec				
17	Allycia Bernard - 11	OO		14.6					
18		O1	8.82 - NSC	14.0-Cheng	29.6 - jvPC				
19				12.1 sp - Pr	30.2sp-RRCI				
20		O2	8.3 - RRCI	13.8 - Mo					
21				13.8sp- Sec	30.1sp-Cheng				
22		O3	7.9-RRCI	13.8 - PC	29.1 - Cheng				
23				13.2sp-Chen	29.5sp- PC				
25	Brittany Grinde - 11	99							
26		OO			31.5				
27		O1	8.7-RRCI	14.0 - jvPC	28.2 - Cheng				
28		O2			30.54 - RRC				
29				15.6sp-Pr	28.5sp- Sec				
30		O3			30.8 -Foley	73.3 - RRCI			
31				14.1sp-Chen	28.2sp- TT				
33	Meleia Johnson - 11	99				1:11	3:01	6:25	
34		OO					2:49.6	6:17	13:55.02 -Monti
35		O1					2:47.10-RRCI		
36						68.7sp -Cheng	2:40.4 sp- Sec		
37		O2					2:28.2 - Sub	6:02.7 - Mo	
38						64.2sp-Cheng	2:30.1sp-Cheng		
39		O3					2:32.39 - Pr	6:28.1 - H/F	
40						64.6 sp- Sec	2:31.9sp - RRC		
42	Amy Nelson - 11	OO		14.3	30.5				
43		O1	8.6-RRCI	13.7 - jvPC	28.6 - Cheng				
44					28.5 sp - Pr				
45		O2		13.8 - Pr	30.0 - Cheng				
46				12.9sp- Sec	28.5 sp - Sub				
47		O3	8.0 -Foley	13.8 - Sub	30.6 - RRCI				
48				12.6sp- PC	28.0sp - Sec				
50	Kari Splett - 11	99				1:13.9			
51		OO							
52		O1				75.1 - RRCI			
53		O2							
54		O3							

GIRLS' "BESTS" - 2003

1	55 m hurdl	100 m hurdl	300 m hurdl	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
3									
4									
6									
7				3' 8"	11' 5"				
8									
9									
10									
11									
12									
13									
14									
15									
17								20' 4"	
18					12' 5.5" - jvPC			24' 7" -NSC	6' 0" - Sub
19									
20					10' 11.5"-RRCR				6' 0" - RRCR
21									
22									6' 6" - PC
23									
25		20.1		3' 8"	11' 5"				
26		19.5			11' 10"				
27			55.5 - Pr						
28			55.7 - Cheng						
29									
30			54.1 - Cheng						
31									
33				4' 2"					
34									
35				4' 6" - Tig	12' 6" - NSC				
36									
37				4' 4" - Pr	13' 11" - Pr				
38									
39					13' 5.5" - NSC				
40									
42							55' 3"		
43						28' 1" - jvPC			
44									
45									
46									
47									
48									
50		21.2		4' 6"	12' 1"				
51		20.4		4' 6"	12' 3"				
52			60.9 - Pr	4' 8" - Pr	11' 9" - Tig	28' 11" - Sub			
53				5' .5" - Cheng		29' 2" - Cheng			
54				5' 1" - Pr		30' 5" - Chena		23' 1.5" - TT	

BOYS' "BESTS" - 2003

1	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
3	Josh Barnes - 12	O2						
4		O3	13.2 sp-NB	29.9sp-H/F				
6	Ryan Connaker - 12	O3	13.1sp- H/F	28.9 - Tig				
8	Mike Defenbaugh - 12	O2			57.4sp-Cheng	2:23.1 sp-RRC		
9		O3			61.26-NSC	2:32.7 - RRCI		
10					57.7 sp -Sec	2:26.4sp-NSC		
12	Chase Honer - 12	O3	13.1sp-Foley	26.4sp-NB	66.2-Foley	2:30.62 - Mil		
14	David Johnson - 12	OO				2:31.9-Mora	5:37.6sp-RRCR	
15		O1			68.7-Cheng	2:39.2-Tig		
16		O3			69.9sp - PC			
18	Chris Lutz - 12	O1			60.7-Tig	2:21.7 -jvPC	5:11.8-RRCR	11:11.4 - Sub
19				27.9 sp- NSC		2:17.8 sp-Pr	3:43.4 (1200)	8:41-(2400)
20		O2					5:01.32-RRC	10:54.9 - Sec
21					60.4 sp-RRCR	2:14.5sp-Pr		
22		O3			55.2 - TT	2:05.0 - NB	4:36.97 - RRC	10:08.77 - Sec
23					54.7sp - RRC	2:05.0 sp - Mil		
25	Seth Peterson - 12	O1				2:21.1 -Sub		
26				24.7sp-Cheng	59.1sp-RRCR	2:22.6sp-Pr		
27		O3		24.7 - TT	53.97 - RRC	2:21.6-Foley		
28					55.5sp - H/F	2:17.2sp-RRCI		
30	Denis Riesmeier -12	O3	7.1-Foley	11.8 - Chen	24.24 - Sec			
31				9.9sp-Cheng	23.6 sp-Cheng			
33	Matt Wirth - 12	99	13.2	26.8				
34		OO	11.3 sp-RRC	27.45 - Monti				
35		O1	11.6 sp - Tig		62.8 sp - NSC			
36		O2	12.2 -Cheng	27.9 - RRCI				
37			12.1sp-Sub	25.5sp-Sub	65.6sp- RRCI			
38		O3	12.1 - Sub	26.6 - PC	59.87 - RRC			
39			10.7sp-RRCI	25.1sp - RRCI	57.3 sp - TT			
41	Jared Clementson -11	99				2:28.1	5:22.6	
42		OO				2:15.0 - Chen	5:04.3 - RC	10:27.05 - Sec
43						2:16 sp-Chen	4:59.0 - Mil	
44		O1				2:16.2 - RRCI	4:41.63 - Sec	10:29.03 - Sec
45					61.3 sp- NSC	2:10.9sp- Cheng		
46		O2					4:30.10 - State	10:19.52 - Sec
47					55.7sp- Mo	2:07 sp-RRCI		
48		O3			54.0 - NB	2:00.96	4:32.63 - Sec	10:20.4 - NB
49					51.6 sp - RRC	2:03.1 sp- Mil		
51	Travis Gerving - 11	99	14.9	32.3				
52		OO	14.4					
53		O1						
54		O2	13.2 - Mo	28.6 sp-RRCI	68.3 sp-RRCR			
55		O3	11.3sp-Foley	27.5sp - NB				

BOYS' "BESTS" - 2003

1	55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
3							91'0" - TT	37' 6.5" - Cheng	
4							127' 0" - Sub	39' 6.5" - Sub	
6						33' 0" - Cheng			8' 6" - Cheng
8									9' 0" - RRCR
9			50.7 - PC						
10									9' 6" - H/F
12									
14								30' 2" - PCJV	
15									
16							106' 7" - Sub	35' 6.5" - Pr	
18									
19									
20									
21									
22									
23									
25									
26									
27									
28									
30									16' 6" - Foley
31									18' 0" - Cheng
33				5' 2" -pcjh	16' 0"				
34				5' 0" - RRCR	17' 3" - JV	37' 3.5" - JV			
35				5' 2" - Sub	17' 7.75" -Pr	37' 6" - Pr			
36					19' 2" - Sub	40' 4" - Sub			
37									
38									18'9.5"-Chen
39									38' 6" - Sec
41				4' 4"	13' 8"				
42					15' 10"				
43									
44									
45									
46								38' 11" - Cheng	
47									
48								38' 6.75"-Cheng	
49									
51		19.6			11' 10"				
52		17.2		4' 4"	13' 3"				
53		20.1-RRCR				32' 7" -jvPC			
54		18.3 - Sub	52.2-Cheng			33' 10.75"-RRCR			
55	9.1 - RRCI	17.8 - NB	47.4 - Sub			35' 5" - Pr			

GIRLS' RELAY HISTORY - 2003

	FOLEY INDOOR	GOLD BATON	RRC INDOOR	PC/MORA	TIGERAMA	HIN/FIN TRI	PRINCETON
4 X 100 M RELAY (0:52.79)	K. Perell A. Nelson A. Hepburn K. Johnson		A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth
	59.7		57.3	55.2	55.5	55.4	55.076
4 x 200 M RELAY (1:50.8)	K. Perell B. Grinde C. Marier B. Osterdyk	D. Lutz J. Wirth A. Hepburn C. Filler	K. Perell B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Perell A. Bernard	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth
	2:02.4	2:04.82	2:00.3	1:59.2	1:58.3	1:57.8	1:55.82
4 x 400 M RELAY (4:16.81)	M. Johnson S. Gregoire J. Gregoire C. Filler	M. Johnson J. Gregoire D. Dickey C. Filler	C. Filler D. Dickey B. Osterdyk M. Johnson	C. Filler D. Dickey B. Osterdyk M. Johnson	M. Johnson D. Dickey B. Osterdyk C. Filler	M. Johnson D. Dickey B. Osterdyk C. Filler	M. Johnson B. Osterdyk J. Fore C. Filler
	4:58.8	4:48.04	4:48.1	4:51.1	4:35.9	4:41.3	4:26.00
4 x 800 M RELAY (10:27.01)	J. Fore S. Gregoire J. Gregoire M. Johnson	J. Fore S. Gregoire J. Gregoire M. Johnson	J. Fore D. Dickey J. Gregoire M. Johnson	J. Fore D. Dickey J. Gregoire M. Johnson	J. Fore D. Dickey J. Gregoire M. Johnson		J. Fore D. Dickey J. Gregoire M. Johnson
	11:12.3	11:05.89	11:03.3	11:19.7	11:38.6		10:54.21
800 MEDLEY RELAY (100, 100, 200, 400)							
1600 MEDLEY RELAY (200, 200, 400, 800)							
DISTANCE MEDLEY (400, 800, 1200, 1600)							

GIRLS' RELAY HISTORY - 2003

N. BRANCH	CHNGWTNA	TRUE TEAM	MILACA	RRC	SUB-SECTION	SECTION
A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth	A. Bernard A. Nelson K. Johnson J. Wirth
55.9	53.9	55.1	54.92	54.20	53.8	53.03
A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth	A. Nelson B. Grinde K. Johnson J. Wirth
1:58.0	1:55.7	1:55.7	1:56.30	1:53.86	1:55.9	1:54.30
C. Filler D. Dickey J. Wirth B. Osterdyk	M. Johnson B. Osterdyk C. Filler J. Fore	M. Johnson J. Fore C. Filler B. Osterdyk	M. Johnson J. Fore C. Filler B. Osterdyk	J. Fore E. Branzovsky C. Filler B. Osterdyk	J. Fore E. Branzovsky C. Filler B. Osterdyk	M. Johnson J. Fore C. Filler B. Osterdyk
4:39.8	4:26.2	4:19.6	4:31.5	4:23.3	4:22.7	4:16.81
J. Fore D. Dickey J. Gregoire M. Johnson	J. Fore D. Dickey E. Branzovsky M. Johnson	J. Fore D. Dickey J. Gregoire M. Johnson	J. Fore D. Dickey J. Gregoire M. Johnson	J. Fore D. Dickey E. Branzovsky M. Johnson	J. Fore D. Dickey E. Branzovsky M. Johnson	J. Fore D. Dickey E. Branzovsky M. Johnson
11:05.6	10:45.9	10:53.9	11:13.09	10:27.01	10:59.5	10:32.55

BOYS' RELAY HISTORY - 2003

	FOLEY INDOOR	GOLD BATON	RRC INDOOR	PC/MORA	HIN/FIN TRI	TIGERAMA	PRINCETON
4 X 100 M RELAY	T. Gerving		T. Gerving	T. Gerving	T. Gerving	T. Gerving	D. Gregoire
(0:45.3)	C. Honer		M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth
	J. Barnes		R. Connaker	C. Honer	D. Riesmeier	J. Kruse	J. Kruse
	D. Gregoire		D. Reismeier	D. Gregoire	D. Gregoire	D. Gregoire	D. Riesmeier
	54.2		51.6	54.3	49.6	49.6	49.15
4 x 200 M RELAY	J. Palmer	D. Gregoire	J. Palmer	J. Palmer	J. Kruse	J. Palmer	T. Gerving
(1:36.6)	J. Kruse	J. Kruse	M. Wirth	M. Weber	M. Wirth	M. Weber	R. Connaker
	D. Jackson	J. Palmer	C. Honer	J. Kruse	D. Riesmeier	J. Hussong	C. Honer
	J. Hussong	D. Riesmeier	D. Gregoire	D. Gregoire	D. Gregoire	J. Larson	D. Riesmeier
	1:55.1	1:46.41	1:48.1	1:47.9	1:43.9	2:00.1 DQ	1:47.24
4 x 400 M RELAY	M. Defenbaugh	C. Lutz	D. Hansen	M. Defenbaugh	M. Defenbaugh	D. Hansen	M. Defenbaugh
(3:28.39)	D. Gerold	S. Peterson	A. Lee	D. Gerold	J. Clementson	M. Defenbaugh	J. Clementson
	C. Lutz	D. Hansen	S. Peterson	S. Peterson	D. Hansen	J. Clementson	D. Hansen
	J. Clementson	J. Clementson	J. Clementson	C. Lutz	S. Peterson	S. Peterson	S. Peterson
	4:03.1	3:49.6	3:56.8	4:05.3	3:44.9	3:57.5	3:49.29
4 x 800 M RELAY	C. Lutz	M. Defenbaugh	C. Lutz		C. Lutz	C. Lutz	J. Palmer
8:27.89	A. Lee	A. Lee	A. Lee		A. Lee	A. Lee	D. Gerold
	M. Defenbaugh	S. Peterson	S. Peterson		D. Hansen	S. Peterson	A. Lee
	J. Clementson	D. Hansen	D. Hansen		J. Clementson	D. Hansen	D. Hansen
	9:38.8	9:26.58	9:11.3		8:51.5	9:18.8	9:32.68
800 MEDLEY RELAY							
(100, 100, 200, 400)							
1600 MEDLEY RELAY							
(200, 200, 400, 800)							
DISTANCE MEDLEY							
(800, 400, 1200, 1600)							

BOYS' RELAY HISTORY - 2003

N. BRANCH	CHNGWTNA	TRUE TEAM	MILACA	RRC	SUB-SECTION	SECTION
D. Gregoire	D. Gregoire	D. Gregoire	D. Gregoire	D. Gregoire	D. Gregoire	D. Gregoire
M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth
T. Gerving	D. Gerold	D. Gerold	D. Gerold	D. Gerold	D. Gerold	D. Gerold
D. Riesmeier	D. Riesmeier	D. Riesmeier	D. Riesmeier	D. Riesmeier	D. Riesmeier	D. Riesmeier
48.6	48.4	53.6	48.22	47.62	47.4	DQ
T. Gerving	D. Gerold	T. Gerving	T. Gerving	T. Gerving	T. Gerving	
R. Connaker	C. Honer	C. Honer	C. Honer	C. Honer	C. Honer	
D. Gerold	R. Connaker	J. Palmer	D. Gerold	D. Gerold	D. Gerold	
D. Riesmeier	J. Palmer	D. Gregoire	J. Palmer	J. Palmer	J. Palmer	
1:48.1	1:50.4	1:46.1	1:48.59	D.Q.	D.Q.	
M. Defenbaugh	M. Defenbaugh	S. Peterson	S. Peterson	S. Peterson	S. Peterson	S. Peterson
D. Hansen	D. Hansen	M. Wirth	M. Wirth	D. Hansen	M. Defenbaugh	M. Defenbaugh
S. Peterson	S. Peterson	D. Hansen	D. Hansen	C. Lutz	D. Hansen	D. Hansen
C. Lutz	C. Lutz	J. Clementson	C. Lutz	J. Clementson	J. Clementson	J. Clementson
3:49.6	3:46.6	3:44.1	3:47.9	3:36.6	3:41.5	3:47.95
C. Lutz	J. Palmer	J. Palmer	C. Lutz	J. Palmer	A. Lee	A. Lee
A. Lee	D. Gerold	D. Gerold	A. Lee	D. Gerold	J. Palmer	J. Palmer
D. Hansen	A. Lee	A. Lee	D. Hansen	A. Lee	D. Gerold	D. Gerold
J. Clementson	D. Hansen	D. Hansen	J. Clementson	D. Hansen	D. Hansen	D. Hansen
8:43.3	9:27.1	9:23.67	8:34.13	9:33.65	9:31.6	9:40.24

GIRLS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Katie Meyer 13.0 98	Tera Kazek 13.3 98	T. Kazek 13.39 96	K. Meyer 13.4 00	Suzie Misel 13.51 92	B. Osterdyk 13.5 03	T. Kazek 13.5 97	S. Misel 13.54 94	Erica Delak 13.58 91	J. Wirth 13.6 02
200 M DASH	B. Osterdyk 27.9 02	Kayla Johnson 28.01 00	Tera Kazek 28.1 98	Melissa Odegard 28.22 94	B. Osterdyk 28.2 03	B. Grinde 28.2 01	M. Odegard 28.55 93	Amy Nelson 28.6 01	M. Odegard 28.67 95	K. Johnson 28.8 01
400 M DASH	M. Odegard 61.4 94	M. Odegard 62.0 95	A. Dufresne 63.54 00	Rita Auers 64.5 96	S. Johnson 64.6 00	Tessa Korf 65.6 01	R.Schimming 65.8 92	J. Wirth 65.9 03	Molly Sloan 66.6 98	SusanJohnson 66.6 98
800 M RUN	Kim Connaker 2:28.35 01	Meleia Johnson 2:28.2HH 02	A.Wiedemann 2:31.85 97	A. Wiedemann 2:32.01 96	M. Johnson 2:32.39 03	A. Wiedemann 2:32.8 95	K. Connaker 2:36.09 99	Miki Anderson 2:37.62 02	K. Connaker 2:38.91 00	Kim Connaker 2:39.7 98
1600 M RUN	Jenna Fore 5:37.70 03	Leah Schwartz 5:49.7 91	Heidi Larsen 5:57.4 99	R. Craighead 5:58.43 01	BeckyHaavisto 6:00.0 94	Jenna Fore 6:01.64 01	M. Johnson 6:02.7 02	AmyJohnson 6:03.0 94	B. Haavisto 6:06 93	AmyMunkberg 6:06.29 93
3200 M RUN	Amy Johnson 12:34.04 96	J. Gregoire 12:53.98 01	J. Gregoire 13:10.12 02	Jamie Johnson 13:11.3 98	A. Munkberg 13:20.12 93	J. Gregoire 13:24.32 03	Nikki Plasek 13:53.8 01	MeleiaJohnson 13:55.02 00	N. Plasek 14:05.6 02	Nikki Carlson 14:24.8 00
100 M HURDLES	C. Hersbergen 16.54 94	Cassie Filler 17.1 03	J. Koaisek 17.4 02	C. Hersbergen 17.83 93	Lena Filler 17.9 00	J. Kozisek 18.0 01	J. Kozisek 18.0 00	L. Haugrud 18.36 02	J. Kozisek 18.4 99	L. Haugrud 18.4 00
300 M HURDLES	C. Filler 49.23 03	C. Mosher 51.64 01	L. Filler 51.70 00	C. Filler 52.3 02	Lena Filler 52.4 98	L. Filler 52.9 99	C. Mosher 53.0 00	J. Kozisek 53.11 02	Lena Filler 53.9 96	C. Hersbergen 54.18 94
HIGH JUMP	Kari Splett 5' 1" 03	Kari Splett 5' .5" 02	Heidi Larsen 5' 0" 99	H. Larsen 5' 0" 02	H. Larsen 4' 10" 01	Kati Ovik 4' 10" 00	Kari Splett 4' 8" 01	K. Ovik 4' 8" 99	M. Johnson 4' 6" 01	Kari Splett 4' 6" 00
LONG JUMP	Erica Delak 16' 6" 91	E. Delak 16' 1.75" 93	E. Delak 15' 7.75" 92	B. Osterdyk 15' 6.75" 03	C. Hersbergen 15' 5.5" 93	Tera Kazek 15' 4.5" 96	S. Johnson 15' 2.5" 00	C. Hersbergen 15' 2" 94	Molly Sloan 15' .75" 96	L. Haugrud 15' .25" 02
TRIPLE JUMP	E. Delak 32' 3" 93	K. Meyer 32' .5" 00	C. Hersbergen 31' 9" 94	J. Ammann 31' 9.5" 00	S. Weichman 31' 7" 93	L. Haugrud 31' 6" 02	C. Filler 31' 5.25" 03	C. Hersbergen 31' 3" 93	K. Meyer 31' 2.5" 99	J. Ammann 30' 8" 97
DISCUS	Jenna Fore 101' 1.5" 03	Mary Misel 93' 10" 96	Molly Sloan 91' .5" 98	L. Mettling 90' 9" 01	L. Mettling 87' 6" 00	M. Misel 81' 2.5" 95	Tricia Struss 80' 4" 96	M. Thieman 76' 5" 01	M. Thieman 76' 5" 02	Tessa Korf 76' 2" 00
SHOT PUT	Tera Kazek 35' 10" 98	T. Kazek 35' 4.5" 97	T. Kazek 33' 1" 96	R.Schimming 30' 9.75" 92	M. Anderson 30' 1" 02	M. Thieman 29' 11.5" 01	Joell Werner 29' 11.25" 93	L. Mettling 29' 5.5" 01	T. Kazek 28' 10.75" 94	L. Mettling 28' 5.5" 00
POLE VAULT	S. Johnson 9' 0' 00	J. Ammann 8' 6" 99	J.Ammann 8' 6" 00	J. Wirth 8' 0" 03	Amanda Peil 8' 0" 98	S. Johnson 8' 0" 99	J. Wirth 7' 6" 02	J. Wirth 7' 0" 01	Sue Johnson 7" 0" 98	L. Filler 7' 0" 00

BOYS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Chris Olson 11.12 91	Paul Johnson 11.38 99	Jeff Arnold 11.49 96	L. Williams 11.5 01	J. BoorBoor 11.5 02	Brian Olson 11.6 98	C. Olson 11.63 90	B. Olson 11.68 96	Mike Johnson 11.7 98	Jayson Jahnz 11.7 96
200 M DASH	Paul Johnson 22.80 99	Chris Olson 23.1 91	C. Olson 23.65 90	M. Johnson 23.7 98	John Hansen 23.9 98	John Hansen 23.9 99	L. Williams 23.93 00	L. Williams 24.09 01	David Gross 24.19 02	D. Riesmeier 24.24 03
400 M DASH	Mike Johnson 51.73 99	M. Johnson 52.33 98	M. Johnson 53.30 97	Jeff Arnold 53.3 96	Andy Wirth 53.78 98	Seth Peterson 53.97 03	A. Wirth 53.9 99	Jeff Arnold 54.0 93	Jason Oare 54.0 01	D. Gross 54.01 02
800 M RUN	J. Clementson 2:00.96 -03	Chris Lutz 2:05.0 03	DavidHansen 2:06.1 03	JRAnderson 2:07.1 98	D. Hansen 2:07.31 02	DavidHansen 2:08.11 01	R. Hammill 2:09.1 99	R. Hammill 2:10.1 01	J. Oare 2:10.3 01	J. Lee 2:10.57 00
1600 M RUN	J. Clementson 4:30.10 02	Jon Bloom 4:30.5 91	J. Clementson 4:32.63 -03	Chris Lutz 4:36.97 03	J. Clementson 4:38.24 02	J.Clementson 4:41.63 -01	JR Anderson 4:44.6 98	R. Hammill 4:47.85 00	R. Hammill 4:48.1 99	JR Anderson 4:48.3 97
3200 M RUN	John Bloom 9:52 91	Chris Lutz 10:08.77 -03	John Bloom 10:18.69 90	J. Clementson 10:19.62 02	J. Clementson 10:20.4 03	R. Hammill 10:26.1 00	J.Clementson 10:27.05 00	J.Clementson 10:29.03 - 01	Dan Pangerl 10:46.76 99	Dan Pangerl 10:51.6 98
110 M HURDLES	Steve Kunze 16.44 91	N. Anderson 16.6 98	N. Anderson 17.2 97	N. Anderson 17.4 96	S. Kunze 17.69 90	Jordan Kruse 17.7 03	T. Gerving 17.8 03	Jon Baum 18.18 92	Travis Gerving 18.3 02	Chris Wiener 18.65 00
300 M HURDLES	N. Anderson 43.67 98	Steve Kunze 44.4 91	J. Kruse 44.8 03	S. Kunze 45.24 90	N. Anderson 45.6 97	C. Wiener 45.92 00	Josh Wiener 46.0 97	C. Wiener 46.3 99	Jon BoorBoor 46.66 01	Randy Root 46.9 98
HIGH JUMP	Travis Schwarz 6' 2" 00	T. Schwarz 6' 0" 99	Steve Kunze 5' 10" 91	Thiago Muller 5' 10" 02	N. Anderson 5' 8" 98	P. Stephan 5' 8" 98	Z. Mettling 5' 6" 98	P. Stephan 5' 6" 97	C. Wiener 5' 6" 00	James Jahnz 5' 6" 02
LONG JUMP	L. Williams 20' 1.75" -01	L. Williams 19' 6" 00	Chris Olson 19' 5" 91	Stu Auers 19' 3.75" 98	Brian Olson 19' 2.75" 98	Stu Auers 19' 2" 97	Matt Wirth 19' 2" 02	C. Christianson 19' 1" 92	Matt Wirth 18' 9.5" 03	Chris Olson 18' 9" 90
TRIPLE JUMP	Matt Wirth 40' 4" 02	Paul Johnson 39' 9" 99	J. Oare 39' 4" 01	J. Clementson 38' 11" 02	Darrin Freetly 38' 9" 90	J. Clementson 38' 6.75" 03	Matt Wirth 38' 6" 03	J. Oare 38' 6" 00	JessieJohnson 38' 4.5" 96	C. Christianson 38' 3.5" 92
DISCUS	M. Rydberg 157' 5.5" 02	Mike Rydberg 149' 2.5" - 01	M. Rydberg 147' 10.5" -00	B. Mettling 144' 0" 00	Scott Isaacson 132' 9" 90	Josh Barnes 127' 0" 03	D. Odegard 120' 2" 00	B. Mettling 119'11.5" -99	Matt Anderson 110' 10" 93	M. Rydberg 107' 0" 99
SHOT PUT	M. Rydberg 52' 11.25" -02	M. Rydberg 51' 9.5" 01	M. Rydberg 47' 6" 00	Brian Olson 44' 0" 98	Brian Olson 42' 0" 97	Scott Isaacson 42' 0" 90	M. Rydberg 41' 2.75" 99	J. Barnes 39' 6.5" 03	D. Odegard 38' 10" 00	B. Mettling 38' 6" 00
POLE VAULT	Nate Thieman 13' 0" 00	Patrick Stephan 12' 6" 98	N. Thieman 12' 0" 99	P. Stephan 11' 0" 97	Nate Thieman 11' 0" 98	Josh Wiener 10' 6" 97	Andy Wirth 10' 0" 00	P. Stephan 10' 0" 99	M. Defenbaugh 9' 6" 03	N. Thieman 9' 0" 97

GIRLS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 X100 M RELAY	K. Meyer	A. Bernard	C. Koppen	K. Meyer		R. Overson	C. Koppen	A. Bernard	A. Nelson	K. Meyer
	A. Peil	A. Nelson	S. Weichman	A. Mettling		J. Wirth	S. Weichman	A. Nelson	B. Grinde	A. Miller
	M. Sloan	K. Johnson	M Odegard	L. Ballis		K. Johnson	M. Odegard	K. Johnson	K. Johnson	M. Sloan
	T. Kazek	J. Wirth	S. Misel	K. Ovik		A. Mettling	S. Misel	J. Wirth	J. Wirth	T. Kazek
	52.79 98	53.03 03	53.05 93	53.23 99	53.41 91	53.71 01	53.86 94	53.94 02	54.20 03	54.5 97
4 x 200 M RELAY		A. Nelson	S. Misel	C. Koppen	K. Meyer	K. Johnson	K. Johnson	A. Miller	K. Meyer	K. Meyer
		B. Grinde	C. Koppen	S. Weichman	A. Miller	J. Wirth	A. Nelson	A. Peil	K. Johnson	A. Peil
		K. Johnson	S. Weichman	M. Odegard	M. Sloan	R. Overson	B. Grinde	M. Sloan	A. Dufresne	M. Sloan
		J. Wirth	R. Schimming	S. Misel	T. Kazek	A. Mettling	J. Wirth	T. Kazek	K. Ovik	T. Kazek
	1:53.2 91	1:53.86 03	1:54.12 92	1:54.31 93	1:54.8 98	1:55.74 -01	1:55.77 -02	1:56.0 98	1:56.16 00	1:57.23 98
4 x400 M RELAY	M. Johnson	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Johnson	K. Odegard	K. Connaker	K. Connaker	M. Sloan
	J. Fore	E. Branzovsky	M. Anderson	B. Osterdyk	M. Anderson	B. Osterdyk	L. Ballis	A. Dufresne	A. Dufresne	A. Wiedeman
	C. Filler	C. Filler	A. Dufresne	J. Fore	S. Johnson	C. Filler	M. Sloan	M. Anderson	L. Filler	L. Greden
	B. Osterdyk	B. Osterdyk	S. Johnson	C. Filler	A. Dufresne	J. Fore	S. Johnson	S. Johnson	S. Johnson	M. Odegard
	4:16.81 -03	4:22.7 03	4:25.4 00	4:26.00 03	4:26.07 00	4:26.2 03	4:27.1 98	4:27.34 00	4:27.8 00	4:30 95
4 x800 M RELAY	J. Fore	K. Connaker	M. Johnson	K. Connaker	M. Anderson	M. Anderson	K. Connaker	K. Connaker	M. Anderson	K. Connaker
	D. Dickey	M. Anderson	M. Anderson	L. Filler	H. Larsen	J. Gregoire	L. Mettling	B. Haavisto	H. Larsen	R. Craighead
	E. Branzovsky	L. Mettling	L. Mettling	M. Anderson	R. Craighead	R. Craighead	M. Anderson	M. Sloan	J. Gregoire	L. Mettling
	M. Johnson	L. Filler	K. Connaker	L. Mettling	M. Johnson	M. Johnson	L. Filler	L. Filler	M. Johnson	L. Filler
	10:27.01 03	10:35.51-99	10:36.61 01	10:38.3 00	10:39.81 02	10:41.5 02	10:45.09 -00	10:46.0 98	10:46.6 02	10:53.9 00
800 MEDLEY 100, 100, 200, 400	K. Meyer	T. Kazek	K. Meyer	A. Bernard	B. Johnson	K. Meyer	B. Jewell	A. Peil	N. Plasek	
	R. Overson	A. Miller	A. Miller	K. Johnson	K. Smetana	A. Miller	A. Bernard	L. Ballis	L. Haugrud	
	K. Ovik	K. Odegard	T. Kazek	J. Wirth	T. Kazek	K. Odegard	A. Nelson	A. Miller	L. Ballis	
	S. Johnson	S. Johnson	M. Sloan	T. Korf	R. Auers	M. Sloan	H. Larsen	K. Odegard	J. Stahlke	
	2:02.21 00	2:05.7 98	2:07 5 98	2:08.9 02	2:09.6 96	2:11.14 97	2:11.6 01	2:13.6 97	2:16.1 99	
1600 MEDLEY 200, 200, 400, 800	A. Nelson	A. Nelson	K. Meyer	A. Peil	T. Kazek	C. Milligan	A. Filler	M. Misel		
	A. Mettling	L. Haugrud	A. Miller	M. Soderbeck	S. Johnson	J. Kozisek	K. Meyer	A. Wiedemann		
	T. Korf	S. Gregoire	S. Johnson	L. Ballis	M. Sloan	N. Plasek	L. Haugrud	M. Sloan		
	K. Connaker	M. Anderson	K. Connaker	K. Connaker	A. Wiedeman	K. Splett	J. Kozisek	J. Ammann		
	4:42.8 01	4:54.8 02	4:55.1 99	5:00.1 98	5:03.2 97	5:09.7 99	5:18.44 00	5:23.6 96		
DISTANCE MEDLEY 800, 400, 1200, 1600	A. Wiedeman	J. Johnson	H. Larsen	L. Mettling	C. Mosher	C. Milligan	R. Craighead			
	B. Fischer	K. Odegard	S. Gregoire	C. Mosher	R. Craighead	N. Carlson	M. Soderbeck			
	B. Haavisto	B. Haavisto	N. Plasek	B. Haavisto	Katie Splett	R. Craighead	N. Carlson			
	A. Johnson	N. Carlson	R. Craighead	B. Fischer	J. Johnson	N. Plasek	J. Johnson			
	15:06.3 96	15:26.6 98	15:48.9	15:54.0 97	16:01.6 01	16:02.51	16:31.9 99			

BOYS' TOP TEN RELAYS - The 90's and Beyond

	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
4 x 100 M RELAY	B. Olson	J. Arnold	N. Thieman	J. McSherry	S. Auers	J. Arnold	T. Schwarz	M. Johnson	J. Hansen	M. Johnson
	S. Auers	Jeff Johnson	L. Williams	J. Johnson	J. Johnson	J. Johnson	J. Oare	Z. Mettling	M. Johnson	J. Johnson
	Z. Mettling	B. Olson	Pete Johnson	B. Olson	B. Olson	B. Olson	A. Wirth	B. Olson	B. Olson	B. Olson
	M. Johnson	J. Jahnz	T. Schwarz	S. Auers	J. Jahnz	S. Auers	L. Williams	S. Auers	S. Auers	P.D.Johnson
	45.3 98	45.87 96	46.0 00	46.08 97	46.4 96	46.6 96	46.6 00	46.7 98	46.7 98	46.9 97
4 x 200 M RELAY	J. Hansen	J. Hansen	J. Hansen	PeteJohnson	L. Williams	N. Thieman	T. Schwarz	S. Auers	B. Olson	Pete Johnson
	R. Root	A. Wirth	A.Wirth	R. Hammill	R. Hammill	A. Wirth	A. Wirth	R. Root	R. Root	R. Root
	A. Wirth	PeteJohnson	L. Williams	J. Oare	J. Oare	PeteJohnson	PeteJohnson	A. Wirth	A. Wirth	Z. Mettling
	M. Johnson	J. Oare	J. Oare	L. Williams	PeteJohnson	J. Oare	J. Oare	J. Hansen	J. Hansen	B. Olson
	1:36.6 99	1:36.8 00	1:38.28 00	1:38.4 01	1:38.5 01	1:39.0 00	1:39.44 00	1:39.6 98	1:40.2 98	1:40.3 98
4 x 400 M RELAY	J. Hansen	J. Hansen	J. Hansen	S. Peterson	J. Lee	J. Hansen	R. Hammill	N. Johnson	J. Hansen	J. Oare
	A. Wirth	N. Johnson	A. Wirth	D. Hansen	R. Hammill	M. Johnson	J. Lee	A. Wirth	N. Johnson	M. Johnson
	M. Johnson	JR Anderson	T. Schwarz	C. Lutz	L. Williams	P. Johnson	L. Williams	M. Johnson	M. Johnson	A. Wirth
	Paul Johnson	M. Johnson	J. Oare	J. Clementson	J. Oare	A. Wirth	J. Oare	JR Anderson	JR Anderson	JR Anderson
	3:28.39 -99	3:34.55 98	3:36.39 00	3:36.88 03	3:39.61 01	3:39.7 99	3:39.7 00	3:39.8 98	3:40.45 97	3:41.4 98
4 x 800 M RELAY	J. Lee	C. Lutz	J. Lee	Pete Johnson	Pete Johnson	J. Oare	P.Johnson	C. Lutz	P. Johnson	C. Lutz
	Pete Johnson	A. Lee	PeteJohnson	J. Oare	R. Hammill	JR Anderson	R. Hammill	A. Lee	R. Hammill	S. Peterson
	R. Hammill	D. Hansen	J. Oare	A. Wirth	A. Wirth	Pete Johnson	A. Wirth	D. Hansen	J. Oare	D. Hansen
	J. Oare	J. Clementson	R. Hammill	JR Anderson	JR Anderson	A. Wirth	J. Oare	J. Clementson	A. Wirth	J. Clementson
	8:27.89 -01	8:34.13 03	8:41.97 00	8:44.9 98	8:48.7 98	8:56.65 98	8:58.6 98	9:01.2 02	9:02.9 98	9:07.2 01
800 M Medley 100, 100, 200, 400	J. Hansen	B. Olson	B. Olson	M. Rydberg	N. Thieman	J. Johnson	J. Peterson			
	A. Wirth	S. Auers	P.D. Johnson	J. Jahnz	M. Wirth	J. Jahnz	D. Gregoire			
	M. Johnson	Z. Mettling	J. McSherry	D. Gregoire	J. Hansen	J. McSherry	K. Skadsheim			
	Paul Johnson	M. Johnson	JR Anderson	J. BoorBoor	A. Wirth	B. Runyan	D. Johnson			
	1:43.7 99	1:45.0 98	1:45.8 97	1:46.2 02	1:48.43 00	1:54.5 96	2:03.5 01			
1600 M Medley 200, 200, 400, 800		M. Johnson		J. McSherry	PeteJohnson	B. Olson	J. McSherry	A. Bodle	D. Gregoire	J. Schoen
		J. Hansen		P.D. Johnson	L. Williams	S. Auers	S. Auers	BJ Patzoldt	T. Muller	A. Bodle
		A. Wirth		M. Johnson	S. Peterson	J. Arnold	J. Arnold	J. Arnold	M.Defenbaugh	J. Kucera
		JR Anderson		JR Anderson	J. Lee	JR Anderson	JR Anderson	R. Bell	G. Bunce	R. Bell
	3:45.28 90	3:57.4 98	3:57.6 91	3:57.85 97	4:01.4 01	4:01.6 96	4:04.9 96	4:05 93	4:05.8 02	4:06 94
Distance Medley 400, 800,1200,1600	PeteJohnson	L. Williams	C. Teeman	J. Lee	S. Peterson	D. Sanders	T. Muller			
	M. Stahlke	S. France	S. Peterson	B. Mettling	J. Arnold	N. Thieman	M Defenbaugh			
	J. Lee	J. Lee	C. Lutz	S. France	B. Runyan	B. Mettling	G. Bunce			
	R. Hammill	R. Hammill	J. Clementson	D. Pangerl	JR Anderson	D. Pangerl	A. Lee			
	11:57.39 00	11:58.3 99	12:19.7 01	12:42.2 98	13:02.7 96	13:26.6 97	13:50.1 02			

PINE CITY GIRLS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	12.79	Karla Nelson	1983
200 m Dash	27.08	Lori Haugen	1982
400 m Dash	1:01.4	Melissa Odegard	1994
800 m Run	2:28.35 2:28.2 (HH)	Kim Connaker Meleia Johnson	2001 2002
1600 m Run	5:37.70	Jenna Fore	2003
3200 m Run	12:34.04	Amy Johnson	1996
100 m Hurdles	16.54	Chantel Hersbergen	1994
300 m Hurdles	49.23	Cassie Filler	2003
4 x 100 m Relay	52.79	Katie Meyer, Amanda Peil Molly Sloan, Tera Kazek	1998
4 x 200 m Relay	1:50.8	Karla Nelsen, Kris Lindstrom, Lara Lindstrom, Lori Haugen	1983
4 x 400 m Relay	4:16.81	Meleia Johnson, Jenna Fore, Cassie Filler, Becky Osterdyk	2003
4 x 800 m Relay	10:27.01	Jenna Fore, Deanna Dickey, Emily Branzovsky, Meleia Johnson	2003
High Jump	5' 1"	Kari Splett	2003
Long Jump	16' 7"	Erica Delak	1991
Triple Jump	32' 3"	Erica Delak	1993
Pole Vault	9' 0"	Susan Johnson	2000
Shot Put	35' 10"	Tera Kazek	1998
Discus	107' 2"	Gail Roubinek	1987

PINE CITY BOYS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	11.12	Chris Olson	1991
200 m Dash	22.6	Chris Harrison	1979
400 m Dash	51.73	Mike Johnson	1999
800 m Run	1:56.7	Tom Nelson	1980
1600 m Run	4:30.10	Jared Clementson	2002
3200 m Run	9:52.0	Jon Bloom	1991
110 m Hurdles	15.8	Tom Nelson	1980
300 m Hurdles	42.5	Allen Reinke	1988
4 x 100 m Relay	45.3	Brian Olson, Stu Auers, Zach Mettling, Mike Johnson	1998
4 x 200 m Relay	1:36.6	John Hansen, Randy Root, Andy Wirth, Mike Johnson	1999
4 x 400 m Relay	3:28.39	John Hansen, Andy Wirth Mike Johnson, Paul Johnson	1999
4 x 800 m Relay	8:27.89	Jeremy Lee, Peter Johnson, Ryan Hammill, Jason Oare	2001
High Jump	6' 8 1/4"	Tom Nelson	1980
Long Jump	21' 8"	Jerry Hoefler	1948
Triple Jump	40' 4"	Matt Wirth	2002
Pole Vault	13' 8 1/2"	Chuck Novak	1972
Shot Put	52' 11.25"	Mike Rydberg	2002
Discus	157' 5.5"	Mike Rydberg	2002

2003 Track and Field Awards

Track and Field - MVP	Jenna Fore Meleia Johnson	Jared Clementson Chris Lutz
Most Improved Athlete	Cassie Filler	Travis Gerving
Rookie of the Year	Emily Branzovsky	Jordan Kruse
Sportsmanship Award	Deanna Dickey	Mike Defenbaugh
“Work-horse” Award	Becky Osterdyk Julianna Wirth	Denis Reismeier
Perserverance Award	Kayla Johnson	Matt Wirth

New School Records:

High Jump	Kari Splett	5' 1"
1600 m Run	Jenna Fore	5:37.70
300 m Hurdles	Cassie Filler	49.23
4 x 800 m Relay	Jenna Fore, Deanna Dickey Emily Branzovsky, Meleia Johnson	10:27.01
4 x 400 m Relay	Meleia Johnson, Jenna Fore, Cassie Filler, Becky Osterdyk	4:16.81

All- Conference Awards:

Jared Clementson	1600 m Run and 800 m Run
Chris Lutz	3200 m Run
Kari Splett	High Jump

All- Conference Honorable Mention:

Jenna Fore	4 x 800 m Relay and 1600 m Run
Deanna Dickey	4 x 800 m Relay
Emily Branzovsky	4 x 800 m Relay
Meleia Johnson	4 x 800 m Relay
Cassie Filler	100 m Hurdles & 300 m Hurdles
Amy Nelson	4 x 200 m Relay
Brittany Grinde	4 x 200 m Relay
Kayla Johnson	4 x 200 m Relay
Julianna Wirth	4 x 200 m Relay
Chris Lutz	1600 m Run

2003 Track Letterwinners:

Chris Lutz
Josh Barnes
Ryan Connaker
Matt Wirth
David Hansen
Amy Nelson
Allycia Bernard
Travis Gerving
Jacki Gregoire
Cassie Filler

Kayla Johnson
Mike Defenbaugh
Seth Peterson
Chase Honer
Meleia Johnson
Julianna Wirth
Brittany Grinde
Adam Lee
Steph Gregoire
Becky Osterdyk

Deanna Dickey
David Johnson
Denis Riesmeier
Jared Clementson
Dennis Gerold
Dan Gregoire
Kari Splett
Jenna Fore
Jordan Kruse
Emily Branzovsky

CONTRIBUTE

**WE CAN'T TAKE ANY
CREDIT
FOR OUR TALENTS.**

IT IS HOW WE USE THEM THAT COUNTS.

The
attitude
of the individual
determines
the
attitude
of the group.

John Maxwell

GIRLS' "BESTS" - 2003

1	Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
3	Deanna Dickey - 12	O3					2:49.90 - RRC		
4					31.2sp-H/F	73.4 sp-H/F	2:44.7sp - RRC		
6	Kayla Johnson - 12	98		14.4	30.3				
7		99		14.2	30.1				
8		OO	8.4 - RRCI		28.01 - RRC				
9				12.9sp-Monti	27.7 sp-RRC				
10		O1	8.14 -RRCI		28.8-Cheng				
11				12.9 sp-Pr	27.7sp - Pr				
12		O2		14.4 - Mo					
13				12.8sp-Sec	28.4sp-Sec				
14		O3	8.2-Foley		28.7 - RRC				
15				12.5sp-Sec	27.4sp - Sec				
17	Allycia Bernard - 11	OO		14.6					
18		O1	8.82 - NSC	14.0-Cheng	29.6 - jvPC				
19				12.1 sp - Pr	30.2sp-RRCI				
20		O2	8.3 - RRCI	13.8 - Mo					
21				13.8sp- Sec	30.1sp-Cheng				
22		O3	7.9-RRCI	13.8 - PC	29.1 - Cheng				
23				13.2sp-Chen	29.5sp- PC				
25	Brittany Grinde - 11	99							
26		OO			31.5				
27		O1	8.7-RRCI	14.0 - jvPC	28.2 - Cheng				
28		O2			30.54 - RRC				
29				15.6sp-Pr	28.5sp- Sec				
30		O3			30.8 -Foley	73.3 - RRCI			
31				14.1sp-Chen	28.2sp- TT				
33	Meleia Johnson - 11	99				1:11	3:01	6:25	
34		OO					2:49.6	6:17	13:55.02 -Monti
35		O1					2:47.10-RRCI		
36						68.7sp -Cheng	2:40.4 sp- Sec		
37		O2					2:28.2 - Sub	6:02.7 - Mo	
38						64.2sp-Cheng	2:30.1sp-Cheng		
39		O3					2:32.39 - Pr	6:28.1 - H/F	
40						64.6 sp- Sec	2:31.9sp - RRC		
42	Amy Nelson - 11	OO		14.3	30.5				
43		O1	8.6-RRCI	13.7 - jvPC	28.6 - Cheng				
44					28.5 sp - Pr				
45		O2		13.8 - Pr	30.0 - Cheng				
46				12.9sp- Sec	28.5 sp - Sub				
47		O3	8.0 -Foley	13.8 - Sub	30.6 - RRCI				
48				12.6sp- PC	28.0sp - Sec				
50	Kari Splett - 11	99				1:13.9			
51		OO							
52		O1				75.1 - RRCI			
53		O2							
54		O3							

GIRLS' "BESTS" - 2003

1	55 m hurdl	100 m hurdl	300 m hurdl	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
3									
4									
6									
7				3' 8"	11' 5"				
8									
9									
10									
11									
12									
13									
14									
15									
17								20' 4"	
18					12' 5.5" - jvPC			24' 7" -NSC	6' 0" - Sub
19									
20					10' 11.5"-RRCR				6' 0" - RRCR
21									
22									6' 6" - PC
23									
25		20.1		3' 8"	11' 5"				
26		19.5			11' 10"				
27			55.5 - Pr						
28			55.7 - Cheng						
29									
30			54.1 - Cheng						
31									
33				4' 2"					
34									
35				4' 6" - Tig	12' 6" - NSC				
36									
37				4' 4" - Pr	13' 11" - Pr				
38									
39					13' 5.5" - NSC				
40									
42							55' 3"		
43						28' 1" - jvPC			
44									
45									
46									
47									
48									
50		21.2		4' 6"	12' 1"				
51		20.4		4' 6"	12' 3"				
52			60.9 - Pr	4' 8" - Pr	11' 9" - Tig	28' 11" - Sub			
53				5' .5" - Cheng		29' 2" - Cheng			
54				5' 1" - Pr		30' 5" - Chena		23' 1.5" - TT	

GIRLS' "BESTS" - 2003

114	Name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m Run
116	Maria Bellinger - 8	O2		15.2	31.5				
117		O3		14.48	30.06				
119	Glenna Carlson - 8	O2		14.5					
120		O3		13.9 - Sub	29.96 - RRC				
121									
123	Katie Hughes - 8	O2				1:16.3			
124		O3				1:13.0			
126	Danielle Mettling - 8	O3		15.25	33.0				
128	Abby Olson - 8	O2			33.9			6:37	
129		O3						6:23.74 - RRC	
131	Steph Purdy - 8	O2			35.7	1:14.7		6:55	
132		O3				1:17.9	2:54.24 - RRC	6:39	
134	4 x 100 m Relay -8	98	59.2						
135		99	59.9						
136		00	57.87						
137		O1							
138		O2	57.7						
139		O3	56.9						
141	4 x 200 m Relay -8	98	2:11						
142		99	2:22						
143		00	2:04.5						
144		O1							
145		O2							
146		O3							
148	Emily Branzovsky - 7	O3		13.87			2:50.3	6:06.99 - Sec	
149						67.2 sp - Sub	2:39.7 sp - Sec		
151	Emily Erickson - 7	O3		16.16					
153	Brekka Gay - 7	O3				1:21.9			
155	Shannon Miller - 7	O3		14.17	32.93				
157	Ashley Spring - 7	O3		16.08					
159	4 x 100 m relay - 7	98	60.2						
160		99	59.6						
161		00							
162		O1	58.4						
163		O2	60.8						
164		O3	61.8						
166	4 x 200 m relay - 7	98	2:16.0						
167		99	2:08.6						
168		00							
169		O1	2:08.2						
170		O2							
171		O3							

BOYS' "BESTS" - 2003

1		yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
3	Josh Barnes - 12	O2							
4		O3		13.2 sp-NB	29.9sp-H/F				
6	Ryan Connaker - 12	O3		13.1sp- H/F	28.9 - Tig				
8	Mike Defenbaugh - 12	O2				57.4sp-Cheng	2:23.1 sp-RRC		
9		O3				61.26-NSC	2:32.7 - RRCI		
10						57.7 sp -Sec	2:26.4sp-NSC		
12	Chase Honer - 12	O3		13.1sp-Fole	26.4sp-NB	66.2-Foley	2:30.62 - Mil		
14	David Johnson - 12	OO					2:31.9-Mora	5:37.6sp-RRCR	
15		O1				68.7-Cheng	2:39.2-Tig		
16		O3				69.9sp - PC			
18	Chris Lutz - 12	O1				60.7-Tig	2:21.7 -jvPC	5:11.8-RRCR	11:11.4 - Sub
19				27.9 sp- NSC			2:17.8 sp-Pr	3:43.4 (1200)	8:41-(2400)
20		O2						5:01.32-RRC	10:54.9 - Sec
21						60.4 sp-RRCR	2:14.5sp-Pr		
22		O3				55.2 - TT	2:05.0 - NB	4:36.97 - RRC	10:08.77 - Sec
23						54.7sp - RRC	2:05.0 sp - Mil		
25	Seth Peterson - 12	O1					2:21.1 -Sub		
26				24.7sp-Cheng	59.1sp-RRCR		2:22.6sp-Pr		
27		O3		24.7 - TT	53.97 - RRC		2:21.6-Foley		
28						55.5sp - H/F	2:17.2sp-RRCI		
30	Denis Riesmeier -12	O3	7.1-Foley	11.8 - Chen	24.24 - Sec				
31				9.9sp-Cheng	23.6 sp-Cheng				
33	Matt Wirth - 12	99		13.2	26.8				
34		OO		11.3 sp-RRC	27.45 - Monti				
35		O1		11.6 sp - Tig		62.8 sp - NSC			
36		O2		12.2 -Cheng	27.9 - RRCI				
37				12.1sp-Sub	25.5sp-Sub	65.6sp- RRCI			
38		O3		12.1 - Sub	26.6 - PC	59.87 - RRC			
39				10.7sp-RRCI	25.1sp - RRCI	57.3 sp - TT			
41	Jared Clementson -11	99					2:28.1	5:22.6	
42		OO					2:15.0 - Chen	5:04.3 - RC	10:27.05 - Sec
43							2:16 sp-Chen	4:59.0 - Mil	
44		O1					2:16.2 - RRCI	4:41.63 - Sec	10:29.03 - Sec
45						61.3 sp- NSC	2:10.9sp- Cheng		
46		O2						4:30.10 - State	10:19.52 - Sec
47						55.7sp- Mo	2:07 sp-RRCI		
48		O3				54.0 - NB	2:00.96	4:32.63 - Sec	10:20.4 - NB
49						51.6 sp - RRC	2:03.1 sp- Mil		
51	Travis Gerving - 11	99		14.9	32.3				
52		OO		14.4					
53		O1							
54		O2		13.2 - Mo	28.6 sp-RRCI	68.3 sp-RRCR			
55		O3		11.3sp-Fole	27.5sp - NB				

BOYS' "BESTS" - 2003

1	55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
2									
3							91'0" - TT	37' 6.5" - Cheng	
4							127' 0" - Sub	39' 6.5" - Sub	
6						33' 0" - Cheng			8' 6" - Cheng
8									9' 0" - RRRCR
9			50.7 - PC						
10									9' 6" - H/F
12									
14								30' 2" - PCJV	
15									
16							106' 7" - Sub	35' 6.5" - Pr	
18									
19									
20									
21									
22									
23									
25									
26									
27									
28									
30						16' 6" - Foley			
31						18' 0" - Cheng			
33				5' 2" - pcjh	16' 0"				
34				5' 0" - RRRCR	17' 3" - JV	37' 3.5" - JV			
35				5' 2" - Sub	17' 7.75" -Pr	37' 6" - Pr			
36					19' 2" - Sub	40' 4" - Sub			
37									
38						18'9.5"-Chen	38' 6" - Sec		
39									
41				4' 4"	13' 8"				
42					15' 10"				
43									
44									
45									
46							38' 11" - Cheng		
47									
48							38' 6.75"-Cheng		
49									
51			19.6		11' 10"				
52			17.2	4' 4"	13' 3"				
53		20.1-RRRCR				32' 7" -jvPC			
54		18.3 - Sub	52.2-Cheng			33' 10.75"-RRRCR			
55	9.1 - RRRCI	17.8 - NB	47.4 - Sub			35' 5" - Pr			

BOYS' "BESTS" - 2003

57	name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m run
59	Dan Gregoire - 11	00		13.4	29.5	1:08.0			
60		01	7.88 -NSC	12.6-jvPC	27.5 Tig	63.4 sp-NSC			
61				13.2 sp - Pr	25.8 sp - Sub				
62		02	7.3 - RRCI	12.6 -Pr	25.6 - Mo				
63				11.8sp-Pr	24.6 sp-RC	61.9 sp- Mo			
64		03	7.1 - RRCI	12.1 - Chen	25.3 -Cheng	61.5 - NB			
65				11.3sp - PC	25.1sp-TT				
67	David Hansen - 11	00					2:34	5:43	
68		01					2:08.11 - TT	5:01.33 RRCR	11:45.5 - Cheng
69						55.8 sp-Sub	2:13.5sp-Pr		
70		02					2:07.31 - RRC	5:12.5 - Mo	
71						55.1sp-Cheng	2:06.9 sp- Sub		
72		03					2:06.1 - Sub	5:12.7 - NB	
73						53.5 sp - RRC	2:07.9 sp - Mil		
75	Adam Lee - 11	02					2:20.18 - RRC	5:33.9 - Mo	
76						64.5sp - Pr	2:23 sp-RRCR		
77		03					2:19.63-RRC	5:29.0 - RRCI	11:48.1 - TT
78						61.1sp - PC	2:16.8 sp - TT		
80	Dennis Gerold - 11	03			26.6 -Tig		2:25.69- Mil	5:39.9 - RRCI	12:54.6 - RRCI
81				11.8sp-Sub	25.3sp-RRC	63.6sp - PC	2:26.5sp-Cheng		
83	Jeff Hussong - 10	03			28.9sp-Foley				
85	David Jackson - 10	00		15.8		1:26			
86		01		14.8					
87		02		13.8sp-RRCR					
88		03		16.5sp-H/F	32.1sp-Foley				
90	Jon Othoudt - 10	00			:35.0	1:16	2:55		
91		01				1:13.0	2:55		
92		02				67.2 -RRCI			
93		03		13.5sp-H/F	30.3sp-NB	68.9-Foley			
95	Antonio Barragan - 9	03		15.3 - H/F	31.45 -NSC				
97	Jed Derhaag - 9	03							
99	Matt Humann - 9	03	7.9-Foley						
101	Jordan Kruse - 9	01							
102		02		12.8					
103		03		13.8sp-Pr	25.5sp - H/F				
105	Jon Larson - 9	01				1:11.1			
106		02							
107		03			31.3sp - H/F	65.1 - PC			
109	Justin Palmer - 9	01		14.5	30.3				
110		02							
111		03		13.2	27.2 - H/F	59.8-Cheng			
112					25.0sp-TT		2:25.4 sp - Sec		

BOYS' "BESTS" - 2003

114		yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m dash	1600 m dash	3200 m dash
116	Nick Speckman - 9	O2		15.7					
117		O3							
119	Mike Weber - 9	O1				1:14.1			
120		O2							
121		O3		29.69-NSC					
123	Jordan Clementson - 8	O2				1:10.1	2:53	5:54	
124		O3				1:06.21	2:36.4	5:37.01	12:10.7 - RRC
126	Zach Motyl - 8	O3		13.7					
128	4 x 100 m Relay - 8	O0	55.3						
129		O1	53.0						
130		O2							
131		O3							
133	4 x 200 m Relay - 8	O0	2:02.0						
134		O1	1:50.8						
135		O2							
136		O3							
138	Geoff Gregoire - 7	O3		14.1	29.52	1:03.8			
140	Steven Guttormson - 7	O3		14.1	31.5	1:09.5			
142	David Hambly - 7	O3		14.08			2:41.3	5:59	
144	Trevor McNally - 7	O3						6:14	
146	Zac Nelson - 7	O3		14.78	24.4	1:16.0			
148	4 x 100 m Relay - 7	98	54.5						
149		99							
150		O0	58.0						
151		O1	59.6						
152		O2							
153		O3	59.42						
155	4 x 200 m Relay - 7	98							
156		99							
157		O0	2:01.3						
158		O1	2:09.6						
159		O2							
160		O3							

GIRLS' RELAY HISTORY - 2003

	FOLEY INDOOR	GOLD BATON	RRC INDOOR	PC/MORA	TIGERAMA	HIN/FIN TRI	PRINCETON
4 X 100 M RELAY	K. Perell		A. Bernard	A. Bernard	A. Bernard	A. Bernard	A. Bernard
(0:52.79)	A. Nelson		A. Nelson	A. Nelson	A. Nelson	A. Nelson	A. Nelson
	A. Hepburn		K. Johnson	K. Johnson	K. Johnson	K. Johnson	K. Johnson
	K. Johnson		J. Wirth	J. Wirth	J. Wirth	J. Wirth	J. Wirth
	59.7		57.3	55.2	55.5	55.4	55.076
4 x 200 M RELAY	K. Perell	D. Lutz	K. Perell	A. Nelson	A. Nelson	A. Nelson	A. Nelson
(1:50.8)	B. Grinde	J. Wirth	B. Grinde	B. Grinde	B. Grinde	B. Grinde	B. Grinde
	C. Marier	A. Hepburn	K. Johnson	K. Perell	K. Johnson	K. Johnson	K. Johnson
	B. Osterdyk	C. Filler	J. Wirth	A. Bernard	J. Wirth	J. Wirth	J. Wirth
	2:02.4	2:04.82	2:00.3	1:59.2	1:58.3	1:57.8	1:55.82
4 x 400 M RELAY	M. Johnson	M. Johnson	C. Filler	C. Filler	M. Johnson	M. Johnson	M. Johnson
(4:16.81)	S. Gregoire	J. Gregoire	D. Dickey	D. Dickey	D. Dickey	D. Dickey	B. Osterdyk
	J. Gregoire	D. Dickey	B. Osterdyk	B. Osterdyk	B. Osterdyk	B. Osterdyk	J. Fore
	C. Filler	C. Filler	M. Johnson	M. Johnson	C. Filler	C. Filler	C. Filler
	4:58.8	4:48.04	4:48.1	4:51.1	4:35.9	4:41.3	4:26.00
4 x 800 M RELAY	J. Fore	J. Fore	J. Fore	J. Fore	J. Fore		J. Fore
(10:27.01)	S. Gregoire	S. Gregoire	D. Dickey	D. Dickey	D. Dickey		D. Dickey
	J. Gregoire	J. Gregoire	J. Gregoire	J. Gregoire	J. Gregoire		J. Gregoire
	M. Johnson	M. Johnson	M. Johnson	M. Johnson	M. Johnson		M. Johnson
	11:12.3	11:05.89	11:03.3	11:19.7	11:38.6		10:54.21
800 MEDLEY RELAY							
(100, 100, 200, 400)							
1600 MEDLEY RELAY							
(200, 200, 400, 800)							
DISTANCE MEDLEY							
(400, 800, 1200, 1600)							

BOYS' RELAY HISTORY - 2003

	FOLEY INDOOR	GOLD BATON	RRC INDOOR	PC/MORA	HIN/FIN TRI	TIGERAMA	PRINCETON
4 X 100 M RELAY							
(0:45.3)	T. Gerving		T. Gerving	T. Gerving	T. Gerving	T. Gerving	D. Gregoire
	C. Honer		M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth
	J. Barnes		R. Connaker	C. Honer	D. Riesmeier	J. Kruse	J. Kruse
	D. Gregoire		D. Reismeier	D. Gregoire	D. Gregoire	D. Gregoire	D. Riesmeier
	54.2		51.6	54.3	49.6	49.6	49.15
4 x 200 M RELAY							
(1:36.6)	J. Palmer	D. Gregoire	J. Palmer	J. Palmer	J. Kruse	J. Palmer	T. Gerving
	J. Kruse	J. Kruse	M. Wirth	M. Weber	M. Wirth	M. Weber	R. Connaker
	D. Jackson	J. Palmer	C. Honer	J. Kruse	D. Riesmeier	J. Hussong	C. Honer
	J. Hussong	D. Riesmeier	D. Gregoire	D. Gregoire	D. Gregoire	J. Larson	D. Riesmeier
	1:55.1	1:46.41	1:48.1	1:47.9	1:43.9	2:00.1 DQ	1:47.24
4 x 400 M RELAY							
(3:28.39)	M. Defenbaugh	C. Lutz	D. Hansen	M. Defenbaugh	M. Defenbaugh	D. Hansen	M. Defenbaugh
	D. Gerold	S. Peterson	A. Lee	D. Gerold	J. Clementson	M. Defenbaugh	J. Clementson
	C. Lutz	D. Hansen	S. Peterson	S. Peterson	D. Hansen	J. Clementson	D. Hansen
	J. Clementson	J. Clementson	J. Clementson	C. Lutz	S. Peterson	S. Peterson	S. Peterson
	4:03.1	3:49.6	3:56.8	4:05.3	3:44.9	3:57.5	3:49.29
4 x 800 M RELAY							
8:27.89	C. Lutz	M. Defenbaugh	C. Lutz		C. Lutz	C. Lutz	J. Palmer
	A. Lee	A. Lee	A. Lee		A. Lee	A. Lee	D. Gerold
	M. Defenbaugh	S. Peterson	S. Peterson		D. Hansen	S. Peterson	A. Lee
	J. Clementson	D. Hansen	D. Hansen		J. Clementson	D. Hansen	D. Hansen
	9:38.8	9:26.58	9:11.3		8:51.5	9:18.8	9:32.68
800 MEDLEY RELAY							
(100, 100, 200, 400)							
1600 MEDLEY RELAY							
(200, 200, 400, 800)							
DISTANCE MEDLEY							
(800, 400, 1200, 1600)							

