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***2001***

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**The Year in Review**

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**GOLD BATON INDOOR TRACK MEET  
NATIONAL SPORTS CENTER - BLAINE  
Saturday, March 24, 2001  
Pine City Girls' Results**

3200 m Run				Shot Put	1. Melissa Thieman	28' 0"	8th
					2. Allycia Bernard	24' 7"	PB
55 m Hurdles	1. Jaime Kozisek	10.41	3rd				
				Long Jump	1. Meleia Johnson	12' 6"	9th
					2. Julianna Wirth	11' 4.5"	
55 m Dash	1. Kayla Johnson	8.45					
	2. Allycia Bernard	8.82					
	3. Julianna Wirth	8.60					
				Pole Vault			
4 x 800 m Relay							
1600 m Run	1. Heidi Larsen	6:54.61	8th	Triple Jump			
	(1:29, 1:46, 1:54, 1:45)						
	2. Jenna Fore	6:33.0	3rd	High Jump	1. Heidi Larsen	4' 4"	4th
	(1:27, 1:40, 1:40, 1:45)						
	3. Jacki Gregoire	6:35.2	4th				
	(1:28, 1:39, 1:47, 1:31)						
4 x 200 m Relay	1. Kayla Johnson	31.1					
	2. Julianna Wirth	30.7					
	3. Allycia Bernard	31.4					
	4. Ashley Mettling	<u>30.6</u>					
		2:03.69	5th				
400 m Dash	1. Tessa Korf	73.07	10th				
600 m Run	1. Steph Gregoire	2:22.15					
Sprint Medley Relay (400-200-200-800)							
800 m Run	1. Meleia Johnson	(1:21, 1:29)	2:50.41	5th			
	2. Jacki Gregoire	(1:24, 1:32)	2:56.60	7th			
200 m Dash	1. Kayla Johnson	31.09	10th				
	2. Ashley Mettling	30.98	9th				
	3. Steph Gregoire	36.61	PB				
4 x 400 m Relay	1. Jenna Fore	1:13.3					
	2. Tessa Korf	1:14.0					
	3. Meleia Johnson	1:10.0					
	4. Heidi Larsen	<u>1:12.0</u>					
		4:49.49	5th				

Participating Schools

Braham  
Byron  
Chaska  
Grantsburg  
Maple River  
Mpls SW  
Mounds View  
Osceola  
Pine City  
Somerset  
Washburn

**GOLD BATON INDOOR TRACK MEET  
NATIONAL SPORTS CENTER - BLAINE  
Saturday, March 24, 2001  
Pine City Boys' Results**

55 m Hurdles	Shot Put	1. Mike Rydberg 50' 8" 1st PB <b>****New School Record****</b> 2. Brian Knutson 29' 3" 3. Patrick Bombard 32' 6" PB
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4 x 800 m Relay	Long Jump	1. Mike Filler 11' 3" 2. Matt Wirth 16' 7"
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55 m Dash	1. Mike Rydberg 7.64 2. Kevin Skadsheim 7.88 3. Dan Gregoire 7.88	Triple Jump
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1600 m Run	1. Jared Clementson 5:07.5 6th (1:04, 1:17, 1:25, 1:20) 2. David Hansen 5:21.23 7th PB (1:11, 1:24, 1:26, 1:19)	High Jump	1. Kevin Skadsheim 5' 0"
		Pole Vault	

4 x 200 m Relay	1. Mike Rydberg 27.9 2. Chris Lutz 27.9 3. Brian Knutson 28.1 4. Dan Gregoire <u>27.6</u> 1:51.40 9th
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400 m Dash	1. Jared Peterson 68.41
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600 m Run

Sprint Medley Relay (400-200-200-800)	1. Matt Wirth 62.8 2. Mike Rydberg 27.6 3. Kevin Skadsheim 26.7 4. David Johnson <u>2:48.2</u> 4:45.30 8th
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Participating Schools  
Braham  
Byron  
Chaska  
Grantsburg  
Maple River  
Mpls SW  
Mounds View  
Osceola  
Pine City  
Somerset  
Washburn

800 m Run	1. Jared Clementson (1:10, 1:15) 2:25.79 6th 2. David Hansen (1:12, 1:15) 2:26.91 8th PB
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200 m Dash	1. Kevin Skadsheim 27.14 PB 2. Brian Knutson 27.69
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2400 m Run	1. Chris Lutz (1:19, 1:22, 1:24, 1:30, 1:33, 1:33) 8:41
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4 x 400 m Relay	1. Matt Wirth 1:07.5 2. David Johnson 1:12.4 3. Jared Clementson 1:01.3 4. Dan Gregoire <u>1:03.4</u> 4:24.62 9th
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**RUM RIVER CONFERENCE INDOOR TRACK AND FIELD MEET  
SATURDAY, MARCH 31, 2001  
PINE CITY GIRL'S RESULTS**

55 M DASH: (Exhibition)	1. Amy Nelson 2. Brittany Grinde	8.6 8.7	SHOT	1. Melissa Thieman 2. Lyndsay Mettling 3. Allycia Bernard	27' 6.5"
55 M DASH	1. Kayla Johnson 2. Julianna Wirth	8.14 PB 8.5 PB	HIGH JUMP	1. Meleia Johnson 2. Kari Splett	4' 6" PB 4' 4"
4 x 800 M RELAY:	1. Katie Splett 2. Jacki Gregoire 3. Lyndsay Mettling 4. Kim Connaker	2:54.5 2:50.3 2:52.0 <u>2:49.6</u>	LONG JUMP	1. Kari Splett	11' 6"
3200 M RUN:		11:26.38 4th	TRIPLE JUMP		
55 M HURDLES:	1. Jaime Kozisek 2. Brittany Grinde 3. Christina Mosher	10.42 11.66 PB	7th	POLE VAULT	
4 x 200 M RELAY:	1. Ashley Mettling 2. Allycia Bernard 3. Julianna Wirth 4. Amy Nelson	30.2 30.2 30.6 <u>31.2</u>	200 M DASH:	1. Ashley Mettling 2. Kayla Johnson 3. Amy Nelson	30.63 BTY 29.83 PB
1600 METER RUN:	1. Jenna Fore (1:22, 1:41, 1:47, 1:39) 2. Rebecca Craighead (1:27, 1:43, 1:50, 1:45) 3. Katie Splett (1:27, 1:44, 1:51, 1:54)	6:29.37 6:45.7 6:53.15	6th BTY	7th BTY	
4 x 100 METER RELAY:	1. Kayla Johnson 2. Jaime Kozisek 3. Julianna Wirth 4. Ashley Mettling	14.9 13.8 14.2 <u>13.9</u>	4 x 400 M RELAY	1. Kim Connaker 2. Tessa Korf 3. Christina Mosher 4. Meleia Johnson	67.6 73.3 BTY 75.0 <u>69.7 PB</u>
400 METER DASH:	1. Tessa Korf 2. Kari Splett	1:10.19 1:15.1	5th	TEAM RESULTS:	
800 METER RUN:	1. Meleia Johnson 2. Jacki Gregoire	(1:17, 1:30) (1:18, 1:37)	2:47.10 PB 2:55.9 PB	1. Sauk Rapids 2. Milaca 3. Chisago Lks 4. Foley 5. Princeton 6. North Branch 7. Mora 8. Pine City	187 104 85 63 59 59 24 22



**RUM RIVER CONFERENCE INDOOR TRACK AND FIELD MEET  
SATURDAY, MARCH 31, 2001  
PINE CITY BOYS' RESULTS**

55 METER DASH: (Exhibition)	1. Mike Filler 8.6	2. Jared Peterson 8.13	SHOT PUT	1. Mike Rydberg 51' 0" PB	
				<b>***NEW SCHOOL RECORD***</b>	
				2. Brandon Thiebault 35' 2"	
				3. Pat Bombard 32' ?"	
55 METER DASH:	1. Levi Williams 7.04	8th			
	2. Kevin Skadsheim 7.1	PB			
	3. Dan Gregoire 7.8				
4 x 800 METER RELAY:	1. Chris Lutz 2:26.5		LONG JUMP	1. Levi Williams 18' 11"	5th
	2. David Hansen 2:19.0				
	3. David Johnson 2:48.7		HIGH JUMP	1. Kevin Skadsheim	
	4. Jon BoorBoor 2:39.1				
		10:13.3			5th
3200 METER RUN:			POLE VAULT		
55 METER HURDLES:	1. Chris Teeman 11.43		TRIPLE JUMP	1. Peter Johnson 35' 8.5"	7th
	2. Brian Knutson 10.77			2. Jason Oare 37' 7"	3rd
4 x 200 METER RELAY:	1. Mike Rydberg 26.8	PB			
	2. Kevin Skadsheim 27.3				
	3. Brian Knutson 27.5	PB			
	4. Dan Gregoire 27.5	PB			
		1:49.1			7th
1600 METER RUN:	1. Jared Clementson 5:06.72	3rd			
	(1:12, 1:18, 1:22, 1:14)				
	2. David Hansen 5:16.79	PB			
	(1:15, 1:19, 1:26, 1:17)				
	3. Chris Lutz 5:24.15				
	(1:14, 1:19, 1:25, 1:24)				
4 X 100 METER RELAY	1. Mike Rydberg 12.0				
	2. Dan Gregoire 12.3				
	3. Chris Teeman 14.5				
	4. Brandon Thiebault 14.9				
		53.19			6th
400 METER DASH:	1. Jason Oare 54.10	2nd	4 x 400 M RELAY:	1. Jason Oare 56.9	
				2. Levi Williams 55.4	
				3. Jeremy Lee 57.7	
				4. Ryan Hammill 57.7	
					3:47.8 3rd
800 METER RUN:	1. Ryan Hammill (67.5, 66.9)	2:14.31	2nd		
	2. Jeremy Lee (67.9, 67.4)	2:15.27	3rd		
	3. Jared Clementson (65.7, 70.6)	2:16.10	4th		BTY
200 METER DASH:	1. Peter Johnson 25.06	4th	JV 4 x 400 M RELAY	1. David Johnson 70.9	PB
	2. Kevin Skadsheim 28.14			2. Robert Noyes 66.4	
	3. Jared Peterson 32.8			3. David Hansen 58.6	
				4. Jon BooBoor 60.4	
					4:16.2

TEAM RESULTS:

1. Sauk Rapids	182
2. Chisago Lakes	89
3. Pine City	74
4. North Branch	66
5. Princeton	55
6. Mora	51
7. Foley	48
8. Milaca	39

**RUM RIVER CONFERENCE INDOOR TRACK AND FIELD MEET**

**GIRLS' TRACK TIGERAMA at RUSH CITY**  
**THURSDAY, APRIL 17, 2001 - 3:45 - cool, breezy, sunny**  
**Pine City Girls Results**

4 x 800 m Relay	1. Kim Connaker	2:36.2	BTY	Triple Jump		
	2. Lyndsay Mettling	2:48.5	BTY			
	3. Meleia Johnson	2:55.9				
	4. Miki Anderson	<u>2:54.0</u>				
		11:14.7	1st			
100 m Hurdles	1. Jaime Kozisek	18.4	4th	High Jump	1. Heidi Larsen	4' 6" 2nd-tie BTY
	2. Leanne Haugrud	19.8			2. Meleia Johnson	4' 6" 2nd-tie PB
	3. Christina Mosher	21.1			3. Kari Splett	4' 6" 5th-tie PB
100 m Dash	1. Ashley Mettling	13.8	3rd	Long Jump	1. Leanne Haugrud	12' 4"
	2. Allycia Bernard	14.4	PB		2. Julianna Wirth	12' 3.5" BTY
	3. Brittany Grinde	14.4			3. Kari Splett	11' 9" PB
4 x 200 m Relay	1. Kayla Johnson	30.1	BTY	Shot Put	1. Lyndsay Mettling	26' 6.5" 6th
	2. Ashley Mettling	29.4	BTY		2. Melissa Thieman	26' ?
	3. Julianna Wirth	30.9			3. Allycia Bernard	20' 8"
	4. Amy Nelson	<u>29.4</u>	BTY			
		1:58.8	2nd			
1600 m Run	1. Jenna Fore	6:13.9	3rd	Discus	1. Lyndsay Mettling	77' 10"
	(1:26, 1:36, 1:41, 1:30)		B TY		2. Melissa Thieman	69' ?
	2. Rebecca Craighead	6:34.1	BTY		3. Tessa Korf	?
	(1:27, 1:41, 1:48, 1:38)					
	3. Nikki Plasek	6:39.1		Pole Vault		
	(1:27, 1:42, 1:1:48, 1:42)					
4 x 100 m Relay	1. Jaime Kozisek	14.5				
	2. Leanne Haugrud	15.8				
	3. Kayla Johnson	14.6	BTY			
	4. Ashley Mettling	<u>12.6</u>	PB	3200 m Run	1. Jamie Johnson	15:51.0
		57.5	2nd		(1:32, 1:48, 2:01, 2:03, 2:05, 2:08, 2:09, 2:06)	
400 m Dash	1. Tessa Korf	1:11.2			2. Jacki Gregoire	15:03.3 4th
	2. Heidi Larsen	1:12.7			(1:32, 1:48, 2:00, 1:59, 2:00, 1:55, 2:03, 1:14)	
	3. Katie Splett	1:12.7		4 x 400 m Relay	1. Heidi Larsen	71.4 BTY
					2. Miki Anderson	71.4
300 m Hurdles	1. Christina Mosher	56.1	3rd		3. Meleia Johnson	69.8 BTY
	2. Brittney Jewell	60.8			4. Kim Connaker	<u>68.8</u>
						4th 4:41.5
800 m Run	1. Miki Anderson	(1:23, 1:33)	2:56.4			
	2. Kim Connaker	(1:18, 1:22)	2:40.2	2nd	TEAM RESULTS:	
	2. Katie Splett	(1:25, 1:37)	3:02.6		1. Hinckley	142
200 m Dash	1. Allycia Bernard	29.7			2. St. Croix Lutheran	122
	2. Kayla Johnson	29.4	BTY		3. Pine City	78.5
	3. Amy Nelson	30.1			4. Rush City	52
					MLWR	52
					6. Frederick	32.5
					7. Braham	26
					8. Barnum	19
					9. East Central	0

# Tigerama at Rush City

## Thursday, April 19, 2001 - 3:45 p.m. - cool, overcast, windy

### Pine City Boys' Results

4 x 800 m Relay	1. Jason Oare 2:12.9 2. Jeremy Lee 2:17.1 3. Peter Johnson 2:23.5 4. Ryan Hammill <u>2:12.7</u> 9:06.5   1st   BTY	3200 m Run	1. Jared Clementson 10:50.3   2nd (1:12, 1:18, 1:23, 1:26, 1:26, 1:25, 1:25, 1:15) 2. Chris Lutz 11:28.8   6th (1:17, 1:25, 1:30, 1:29, 1:28, 1:30, 1:29, 1:20)
110 m Hurdles	1. Brian Knutson 20.6 2. Chris Teeman 22.9	4 x 400 m Relay	1. Levi Williams 58.3 2. Jeremy Lee 56.3 BTY 3. Ryan Hammill 56.8 BTY 4. Jason Oare <u>54.7</u> BTY
100 m Dash	1. Levi Williams 11.7 2nd PB 2. Kevin Skadsheim 13.1 PB 3. Dan Gregoire 12.9 PB	High Jump	1. Kevin Skadsheim 3:45.6   2nd   PB
4 x 200 m Relay	1. Kevin Skadsheim 27.9 2. Brian Knutson 27.1 PB 3. Jon BoorBoor 25.4 4. Seth Peterson <u>25.6</u> 1:45.6   3rd   BTY	Long Jump	1. Levi Williams 18' 9.25"   3rd 2. Matt Wirth 16' 5" 3. Travis Gerving ?
1600 m Run	1. Jeremy Lee 5:03.9   4th (1:08, 1:19, 1:22, 1:16) 2. Jared Clementson 4:55.6   1st PB (1:07, 1:16, 1:22, 1:10)	Triple Jump	1. Jason Oare 39' 4"   1st PB 2. Peter Johnson ? 3. Matt Wirth 34' 5"
4 x 100 m Relay	1. Michael Rydberg 13.1 2. Matt Wirth 11.6 3. Levi Williams 11.8 4. Peter Johnson <u>11.8</u> 48.3 3rd   BTY	Pole Vault	1. Michael Rydberg 51' 5"   1st PB ***new school record*** 2. Patrick Bombard ? 3. Robert Noyes ?
400 m Dash	1. Jason Oare 54.5 1st 2. Chris Lutz 60.7 3. Mike Filler 69.9	Shot Put	1. Mike Rydberg 146' 7"   1st 2. Pat Bombard ? 3. Robert Noyes ?
300 m Hurdles	1. Jon BoorBoor 50.2 2. Travis Gerving 51.6 3. Brian Knutson 50.1 6th	Discus	1. Mike Rydberg 146' 7"   1st 2. Pat Bombard ? 3. Robert Noyes ?
800 m Run	1. Ryan Hammill (65, 70) 2:15.9   1st 2. Seth Peterson (73, 73) 2:26.6   4th 3. David Johnson (74, 75) 2:39.2   BTY	<b>TEAM RESULTS</b>	
200 m Dash	1. Peter Johnson 26.2 2. Kevin Skadsheim 28.5 3. Dan Gregoire 27.5 PB	1. St. Croix Lutheran 158 2. Pine City 124 3. Frederick 76 4. Braham 50 5. MLWR 49 6. Barnum 33 7. Hinckley-Finlayson 30 8. Rush City 20 9. Ogilvie 9 10. East Central 8	

# Rum River Conference Relays

## Tuesday, April 24, 2001 at Milaca- rainy then cool and sunny

### Pine City Girls' Results

100 m Dash	1. Allycia Bernard 14.3 PB 2. Brittney Jewell 15 3. Brittany Grinde 14.4	4 x 200 m Relay	1. Kayla Johnson 30.9 2. Brittany Grinde 28.6 3. Tessa Korf 32.4 4. Julianna Wirth <u>28.8</u> PB																
4 x 1600 m Relay co-ed	1. Rebecca Craighead 6:22.7 BTY 2. Chris Lutz 5:11.8 PB 3. Nikki Plasek 6:43.9 4. Jared Clementson <u>4:50.2</u> PB 13:06.8 6th	Distance Medley 400, 800, 1200, 1600	1. Christina Mosher 1:08.4 PB 2. Rebecca Craighead 2:59.8 3. Katie Splett 4:41.2 4. Jamie Johnson <u>7:13.1</u> 16:01.6 6th																
3 x 110 m Hurdles	1. Jaime Kozisek 18.5 2. Christina Mosher 21.2 3. Brittney Jewell <u>20.1</u> 59.62 5th	4 x 400 m Relay	1. Heidi Larsen 1:09.1 BTY 2. Miki Anderson 1:11.6 3. Meleia Johnson 1:08.9 4. Kim Connaker <u>1:07.0</u> BTY 4:36.5 BTY 7th																
4 x 100 m Relay	1. Jaime Kozisek 14.4 PB 2. Julianna Wirth 14.1 PB 3. Kayla Johnson 13.5 BTY 4. Ashley Mettling <u>13.5</u> 55.2 5th	High Jump	1. Heidi Larsen 4' 6" 2. Meleia Johnson 4' 2" 3. Kari Splett <u>4' 6"</u> 13' 2" 3rd																
4 x 800 m Relay	1. Meleia Johnson 2:41.5 PB 2. Miki Anderson 2:50.1 BTY 3. Lyndsay Mettling 2:44.0 BTY 4. Kim Connaker <u>2:36.2</u> 10:51.5 3rd	Long Jump	1. Allycia Bernard 11' 8.5" 2. Julianna Wirth 11' 2.5" 3. Kari Splett <u>11' 0"</u> 33' 11" 8th																
800 Medley Relay (100, 100, 200, 400)	1. Brittney Jewell 15.2 2. Allycia Bernard 12.1 3. Amy Nelson 30.1 4. Heidi Larsen <u>74.3</u> 2:11.6 7th	Triple Jump	1. Amy Nelson 26' 5" 2. Brittany Grinde 3. Kari Splett <u>25' 4"</u> 71' 9" 5th tie																
3 x 300 m Hurdles	1. Christina Mosher 54.3 BTY 2. Jaime Kozisek 56.9 3. Brittney Jewell <u>61.6</u> 2:52.9 8th	Pole Vault	1. Lyndsay Mettling 27' 5" 2. Melissa Thieman 27' 8" 3. Rebecca Overson <u>20' 1.5"</u> 75' 2.5" 6th																
1600 Medley Relay (200, 200, 400, 800)	1. Amy Nelson 29.1 2. Ashley Mettling 29.1 3. Tessa Korf 1:11.2 BTY 4. Kim Connaker <u>2:33.7</u> PB 4:42.8 1st	Discus	1. Lyndsay Mettling 78' 11" BTY 2. Melissa Thieman 68' 8.5" 3. Tessa Korf <u>74' 6.5"</u> 222' 2" 4th																
Co-Ed Weight Relay	1. Robert Noyes 13.1 2. Lyndsay Mettling 14.4 3. Melissa Thieman 15.5 4. Patrick Bombard <u>15.6</u> 58.5 7th	TEAM RESULTS: <table border="0" style="width: 100%; margin-top: 10px;"> <tbody> <tr><td>1. Sauk Rapids</td><td style="text-align: right;">139</td></tr> <tr><td>2. North Branch</td><td style="text-align: right;">90</td></tr> <tr><td>3. Ch Lks</td><td style="text-align: right;">70.5</td></tr> <tr><td>4. Milaca</td><td style="text-align: right;">68</td></tr> <tr><td>5. Princeton</td><td style="text-align: right;">65</td></tr> <tr><td>6. Foley</td><td style="text-align: right;">58.8</td></tr> <tr><td>7. Pine City</td><td style="text-align: right;">45.8</td></tr> <tr><td>8. Mora</td><td style="text-align: right;">38.8</td></tr> </tbody> </table>		1. Sauk Rapids	139	2. North Branch	90	3. Ch Lks	70.5	4. Milaca	68	5. Princeton	65	6. Foley	58.8	7. Pine City	45.8	8. Mora	38.8
1. Sauk Rapids	139																		
2. North Branch	90																		
3. Ch Lks	70.5																		
4. Milaca	68																		
5. Princeton	65																		
6. Foley	58.8																		
7. Pine City	45.8																		
8. Mora	38.8																		

## Rum River Conference Relays

### Tuesday, April 24, 2001 at Sauk Rapids - rainy then cool and sunny

### Pine City Boys' Results

100 m Dash	1. Michael Filler 14.3 PB 2. Jared Peterson 13.4	4 x 200 m Relay	1. Levi Williams 25.0 2. Ryan Hammill 25.7 3. Jason Oare 23.0 4. Peter Johnson <u>25.1</u>
4 x 1600 m Relay	1. Rebecca Craighead 6:22.7 BTY 2. Chris Lutz 5:11.8 PB 3. Nikki Plasek 6:43.9 4. Jared Clementson <u>4:50.2</u> PB	Distance Medley 400, 800, 1200, 1600	1. Chris Teeman 1:03.1 2. Seth Peterson 2:30.2 3. Chris Lutz 3:43.3 4. Jared Clementson <u>5:02</u>
3 x 110 m Hurdles	1. Brian Knutson 20.6 2. Chris Teeman 21.4 PB 3. Travis Gerving <u>20.1</u> 61.9 8th	4 x 400 m Relay	1. Jeremy Lee 57.7 2. Ryan Hammill 56.0 BTY 3. Levi Williams 53.8 BTY 4. Jason Oare <u>53.9</u> BTY 3:41.1 PB 4th
4 x 100 m Relay	1. Michael Rydberg 13.3 2. Matt Wirth 12.2 3. Jon Boor Boor 11.3 4. Dan Gregoire <u>12.3</u> PB 48.8 7th	High Jump	1. Kevin Skadsheim 2. Matt Wirth
4 x 800 m Relay	1. Jeremy Lee 2:10.3 PB 2. Peter Johnson 2:09.9 PB 3. Jason Oare 2:08.7 PB 4. Ryan Hammill <u>2:13.7</u> 8:42.4 2nd	Long Jump	1. Levi Williams 18' 2.5" 2. Matt Wirth 16' 6" 3. Jon Boor Boor <u>15' 4.5"</u> 50' .5" 5th
800 Medley Relay (100, 100, 200, 400)	1. Jared Peterson 13.2 2. Dan Gregoire 12.9 3. Kevin Skadsheim 25.6 PB 4. David Johnson <u>71.9</u> 2:03.5 8th	Triple Jump	1. Peter Johnson 35' 7" 2. Jason Oare 37' 9.5" 3. Matt Wirth <u>33' 6"</u> 106' 10.5" 4th
3 x 300 m Hurdles	1. Brian Knutson 49.9 PB 2. Travis Gerving 51.0 PB 3. Chris Teeman <u>52.2</u> 2:33.2 8th	Shot Put	1. Mike Rydberg 46' 9" 2. Robert Noyes 31' 8" 3. Pat Bombard <u>31' 10.5"</u> 110' 4.5" 6th
1600 Medley Relay (200, 200, 400, 800)	1. Peter Johnson 25.6 2. Levi Williams 23.1 BTY 3. Seth Peterson 59.1 4. Jeremy Lee <u>2:13.9</u> 4:01.4 1st	Discus	1. Michael Rydberg 149' 2.5" <b>**NEW SCHOOL RECORD**</b> 2. Robert Noyes 79' 7" BTY 3. Pat Bombard <u>89' 5"</u> PB 31'8" 5" 4th
Co-Ed Weight Relay	1. Robert Noyes 13.1 2. Lyndsay Mettling 14.4 3. Melissa Thieman 15.5 4. Patrick Bombard <u>15.6</u> 58.5 7th	TEAM RESULTS:	
		1. Sauk Rapids 128 2. North Branch 118 3. Chisago Lks 86 4. Mora 62.5 5. Princeton 50.5 6. Pine City 47 Foley 47 8. Milaca 38	

# Chengwatana Invitational Track Meet @ Pine City

## Friday, May 4, 2001 - Pine City Girls' Results

4 x 800 m Relay	1. Meleia Johnson 2:44.2 2. Miki Anderson 2:44.8 BTY 3. Lyndsay Mettling 2:49.2 4. Kim Connaker <u>2:37.7</u> 10:54.9 3rd	200 m Dash	1. Kayla Johnson 28.8 BTY 3rd 2. Amy Nelson 28.6 PB 3. Brittany Grinde 28.2 PB
		3200 m Run	1. Jacki Gregoire 14:28.7 PB 3rd (1:42, 1:50, 1:50, 1:51, 1:54, 1:55, 1:32)
100 m Hurdles	1. Jaime Kozisek 18.0 BTY 4th 2. Leanne Haugrud 19.5 3. Christina Mosher 20.6 BTY		
100 m Dash	1. Ashley Mettling DQ 2. Rebecca Overson 14.4 3. Allycia Bernard 14.0 PB 5th	4 x 400 m Relay	1. Heidi Larsen 71.2 2. Miki Anderson 70.9 BTY 3. Meleia Johnson 68.7 BTY 4. Kim Connaker <u>66.6 BTY</u> 4:37.4 2nd
4 x 200 m Relay	1. Kayla Johnson 29.3 BTY 2. Julianna Wirth 29.0 3. Rebecca Overson 32.2 4. Ashley Mettling <u>26.9 PB</u> 1:57.3 BTY 3rd	High Jump	1. Heidi Larsen 4' 8" BTY 4th 2. Meleia Johnson 4' 6" 6th tie 3. Rebecca Craighead
1600 m Run	1. Jenna Fore 6:06.7 PB 4th (1:21, 1:38, 1:40, 1:27) 2. Rebecca Craighead 6:06.5 PB 2nd (1:16, 1:38, 1:44, 1:28) 3. Nikki Plasek 6:32.6 BTY (1:21, 1:42, 1:47, 1:42)	Long Jump	1. Leanne Haugrud 12' 11.25" 6th 2. Julianna Wirth 11' 10.5" 3. Allycia Bernard 11' 7"
		Triple Jump	1. Amy Nelson 27' 10.75" 2. Brittany Grinde 3. Heidi Larsen 30' 0" 3rd
4 x 100 m Relay	1. Jaime Kozisek 14.2 PB 2. Rebecca Overson 13.8 3. Kayla Johnson 13.5 BTY 4. Ashley Mettling <u>13.2</u> 54.7 BTY 1st	Pole Vault	1. Julianna Wirth 2. Allycia Bernard
400 m Dash	1. Tessa Korf 1:08.5 BTY 2. Heidi Larsen 1:08.8 PB 3. Jacki Gregoire 1:13.8	Shot Put	1. Lyndsay Mettling 28' 6" BTY 3rd 2. Melissa Thieman 26' 8" 5th
		Discus	1. Lyndsay Mettling 80' 5" BTY 4th 2. Melissa Thieman 70' 10" PB 6th 3. Tessa Korf
300 m Hurdles	1. Christina Mosher 52.3 PB 2nd 3. Jaime Kozisek 53.2 PB 4th		
		<u>TEAM RESULTS:</u>	
800 m Run	1. Kim Connaker 2:35.5 PB 1st (1:14, 1:21) 2. Lyndsay Mettling 2:49.2 (1:23, 1:26) 3. Rebecca Craighead 2:46.3 PB (1:17, 1:29)		1. Hinckley-Fin 166.5 2. Mille Lacs 118 3. Pine City 109.5 4. Mora 84 5. Braham 45 6. Barnum 23

# Chengwatana Invitational Track Meet @ Pine City

## Friday, May 4, 2001

### Pine City Boys' Results

<p>4 x 800 m Relay</p> <p>1. Chris Lutz 2:20.2 PB</p> <p>2. Seth Peterson 2:25.8 PB</p> <p>3. David Hansen 2:13.6 PB</p> <p>4. Jared Clementson <u>2:10.9 PB</u> 9:09.5 3rd</p>	<p>3200 m Run</p> <p>1. Jared Clementson 10:39.4 BTY 1st (1:07, 1:12, 1:22, 1:24, 1:23, 1:23, 1:15)</p> <p>2. David Hansen 11:45.5</p> <p>(1:18, 1:32, 1:32, 1:30, 1:33, 1:33, 1:31, 1:16)</p> <p>3. Chris Lutz 11:33.6 PB 4th (1:19, 1:32, 1:31, 1:26, 1:28, 1:29, 1:19)</p>
<p>110 m Hurdles</p> <p>1. Brian Knutson 19.7 PB 3rd</p>	<p>4 x 400 m Relay</p> <p>1. Jeremy Lee BTY 56.3</p> <p>2. Ryan Hammill 57.2</p> <p>3. Levi Williams 54.3</p> <p>4. Jason Oare <u>PB 52.2</u> 3:40.8 BTY 2nd</p>
<p>100 m Dash</p> <p>1. Levi Williams 11.5 PB 1st</p> <p>2. Kevin Skadsheim 12.2 PB</p>	<p>High Jump</p> <p>1. Kevin Skadsheim</p> <p>2. Matt Wirth 4' 10" 4th tie</p>
<p>4 x 200 m Relay</p> <p>1. Peter Johnson 25.1</p> <p>2. Jason Oare 25.6</p> <p>3. Seth Peterson 24.7</p> <p>4. Levi Williams <u>24.2</u> 1:39.6 DQ</p>	<p>Long Jump</p> <p>1. Levi Williams 19' 8.75" BTY 1st</p> <p>2. Matt Wirth 17' 0" BTY</p> <p>3. Michael Filler 12' 10.75" PB</p>
<p>1600 m Run</p> <p>1. Ryan Hammill 5:09.6 (1:08, 1:17, 1:21, 1:23)</p> <p>2. Jeremy Lee 4:59.3 BTY 3rd (1:09, 1:17, 1:20, 1:13)</p>	<p>Triple Jump</p> <p>1. Jason Oare 39' 3" 1st</p> <p>2. Peter Johnson 35' 7" 5th</p> <p>3. Matt Wirth 36' 9.5" PB 4th</p>
<p>4 x 100 m Relay</p> <p>1. Michael Rydberg 12.6</p> <p>2. Matt Wirth 12.9</p> <p>3. Kevin Skadsheim 14.8</p> <p>4. Jon BoorBoor <u>11.1</u> 51.5 4th</p>	<p>Pole Vault</p> <p>1. Dan Gregoire 8' 6" 5th</p>
<p>400 m Dash</p> <p>1. Jason Oare 54.0 PB 1st</p> <p>2. Peter Johnson 57.4 PB 4th</p> <p>3. David Johnson 68.7 PB</p>	<p>Shot Put</p> <p>1. Mike Rydberg 49' 1" 1st</p> <p>2. Pat Bombard 31' 6"</p> <p>3. Robert Noyes 30' 7"</p>
<p>300 m Hurdles</p> <p>1. Brian Knutson 48.1 PB 5th</p> <p>2. Jon Boor Boor 48.2 PB</p>	<p>Discus</p> <p>1. Mike Rydberg 144' 0" 1st</p> <p>2. Pat Bombard 83' 11.5"</p> <p>3. Robert Noyes 71' 2"</p>
<u>TEAM RESULTS:</u>	
<p>800 m Run</p> <p>1. Ryan Hammill (66,68) 2:14.6 1st</p> <p>2. Jeremy Lee (65,71) 2:16.5 2nd</p> <p>3. Seth Peterson (68, 76) 2:24.7 PB</p>	<p>1. Mora 104.5</p> <p>2. Pine City 101.5</p> <p>3. Braham 75</p> <p>4. Hinckley-Fin 63</p> <p>5. Barnum 24</p>
<p>200 m Dash</p> <p>1. Peter Johnson 24.9 BTY</p> <p>2. Jon Boor Boor 25.9</p> <p>3. Dan Gregoire 27.6</p>	

**SECTION 5AATRU TEAM TRACK MEET @ St. Michael**  
**Tuesday, May 8, 2001 - cool, very windy**  
**Pine City Girls' Results**

4 x 800 m Relay	1. Meleia Johnson	2:44.0		4 x 400 m Relay	1. Heidi Larsen		71.9
	2. Miki Anderson	2:49.2			2. Miki Anderson		72.1
	3. Lyndsay Mettling	2:47.1			3. Meleia Johnson		71.4
	4. Kim Connaker	<u>2:39.4</u>			4. Kim Connaker		<u>68.1</u>
		10:59.6	7th			4:41.3	10th
100 m Hurdles	1. Christina Mosher	21.16	20th	Pole Vault	1. Julianna Wirth	6' 0"	15th
	2. Brittney Jewell	20.43	18th			6:00	
				Discus	1. Lyndsay Mettling	90' 9"	10th PB
100 m Dash	1. Ashley Mettling	14.08	14th		3:30 2. Melissa Thieman	75' 3"	17th PB
	2. Rebecca Overson	14.61	21st				
				Long Jump	1. Leanne Haugrud	12' 8"	19th
4 x 200 m Relay	1. Kayla Johnson	28.9	BTY		6:00 1. Allycia Bernard	11' 2.75"	22nd
	2. Julianna Wirth	29.4					
	3. Amy Nelson	30.1		Triple Jump	1. Heidi Larsen	28' 11"	15th
	4. Ashley Mettling	<u>30.1</u>			3:30 2. Amy Nelson	25' 1"	21st
		1:58.6	8th				
1600 m Run	1. Rebecca Craighead	6:13.72	12th	High Jump	1. Heidi Larsen	4' 10"	2nd BTY
	(1:20, 1:37, 1:43, 1:34)				3:30 2. Meleia Johnson	4' 4"	17th
	2. Nikki Plasek	6:36.37	19th	Shot Put	1. Lyndsay Mettling	28' 4.5"	16th
	(1:22, 1:43, 1:48, 1:43)				6:00 2. Melissa Thieman	29' 11.5"	12th PB
4 x 100 m Run	1. Rebecca Overson	14.4					
	2. Julianna Wirth	13.8	BTY				
	3. Kayla Johnson	13.0	BTY				
	4. Ashley Mettling	<u>13.8</u>					
		55.19	9th				
400 m Dash	1. Tessa Korf	69.38	17th				
	2. Lyndsay Mettling	70.87	19th				
300 m Hurdles	1. Christina Mosher	54.29	11th	TEAM RESULTS:			
	2. Heidi Larsen	57.30	19th		1. TOTINO GRACE		525
800 m Run	1. Kim Connaker	2:35.21	8th PB		2. MAHTOMEDI		501
	(1:13, 1:22)				3. STMA		427
	2. Rebecca Craighead	2:49.42	15th		4. MONTICELLO		415.5
	(1:21, 1:28)				5. BIG LAKE		409
200 m Dash	1. Kayla Johnson	29.93	16th		6. BECKER		408
	2. Brittany Grinde	30.62	19th		7. CHISAGO LKS		369.5
3200 m Ren	1. Jacki Gregoire	14:10.1	14th		8. NORTH BRANCH		354
	(1:42, 1:48, 1:45, 1:49, 1:47, 1:50, 1:52, 1:38)				9. FRIDLEY		323.5
	2. Nikki Plasek	14:40.6	18th		10. BROOKLYN CNTR		317
	(1:30, 1:47, 1:55, 1:55, 1:58, 2:02, 1:57, 1:36)				11. PINE CITY		230



# SECTION 5AA TRUE TEAM TRACK MEET @St. Michael

## Tuesday, May 8, 2001 - cool, very windy

### Pine City Boys' Results

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400 m Dash	1. Jason Oare	54.06	5th		
	2. Peter Johnson	56.63	14th	PB	

300 m Hurdles	1. Brian Knutson	51.67	20th		
	2. Jon BoorBoor	49.35	15th		

800 m Run	1. Ryan Hammill	2:15.37	10th		
	(63, 71)				
	2. David Hansen	2:08.11	5th	PB	

200 m Dash	1. Levi Williams	24.50	10th		
	2. Peter Johnson	25.89	16th		

3200 m Ren	1. Jared Clementson	10:44.51	10th		
	(1:11, 1:19, 1:21, 1:20, 1:23, 1:24, 1:24, 1:22)				
	2. Chris Lutz	11:15.39	12th	PB	
	(1:15, 1:25, 1:25, 1:27, 1:29, 1:26, 1:30, 1:18)				

#### TEAM RESULTS

1. MAHTOMEDI	560
2. TOTINO GRACE	498
3. NORTH BRANCH	479
4. BECKER	445
5. STMA	401
6. FRIDLEY	391
7. CHISAGO LAKES	390
8. PINE CITY	336.5
9. MONTICELLO	329
10. BIG LAKE	203.5
11. BROOKLYN CNTR	178.5



**TRACK MEET @ PRINCETON**  
**THURSDAY, MAY 10, 2001**  
**Pine City Boys' Results**

4 x 800 m Relay	1. Chris Lutz	2:17.8	PB	4 x 400 m Relay	1. David Hansen		57.1
	2. Seth Peterson	2:22.6	PB		2. Jon Boor Boor		56.2
	3. David Hansen	2:13.5	PB		3. Chris Lutz		61.1
	4. Jared Clementson	<u>2:13.5</u>			4. Seth Peterson		<u>60.3</u>
		9:07.2	1st			3:54.6	3rd
110 m Hurdles	1. Brian Knutson		19.8	High Jump	1. Kevin Skadsheim		
					2. Matt Wirth		
100 m Dash	1. Peter Johnson		12.3	2nd	3. Peter Johnson		
	2. Jon Boor Boor		12.6	5th			
	3. Kevin Skadsheim		12.9	Triple Jump	1. Jason Oare	37' 6.5"	3rd
	4. Dan Gregoire		13.2	PB	2. Peter Johnson		
					3. Matt Wirth	37' 6"	PB 4th
4 x 200 m Relay	1. Peter Johnson		24.5	BTY			
	2. Ryan Hammill		26.4	Shot	1. Michael Rydberg	47' 10"	1st
	3. Jason Oare		23.5	PB	2. Patrick Bombard	32' 8"	5th
	4. Levi Williams		<u>24.0</u>		3. Robert Noyes	31' 10"	
			1:38.4	3rd			
	1. Seth Peterson	25.0		Discus	1. Michael Rydberg	143' 8"	1st
	2. Kevin Skadsheim	27.0			2. Patrick Bombard	81' ?"	
	2. David Johnson	32.0			3. Robert Noyes	77' 5"	
	4. Jeremy Lee	<u>26.0</u>					
		1:50.0					
				Pole Vault	1. Jared Peterson		
1600 m Run	1. Chris Lutz		5:15		2. Dan Gregoire		
	(1:11, 1:17, 1:25, 1:22)						
	2. David Hansen		5:13	5th	Long Jump	1. Levi Williams	18' 6.5" 3rd
	(1:12, 1:20, 1:24, 1:17)				2. Matt Wirth	17' 7.75" PB 5th	
					3. Mike Filler	12' 9"	
4 x 100 m Relay	1. Michael Rydberg		12.8		4. Jon Boor Boor		
	2. Matt Wirth		11.7		5. Jeremy Lee		
	3. Kevin Skadsheim		12.6	PB			
	4. Dan Gregoire		<u>13.0</u>				
			50.2				
	1. Mike Filler		13.1				
	2. Brian Knutson		12.7				
	3. Robert Noyes		13.2				
	4. Jared Peterson		<u>13.7</u>				
			51.7				
400 m Dash	1. Jeremy Lee	57.1		5th			
300 m Hurdles	1. Jon Boor Boor	47.5	PB	3rd			
	2. Brian Knutson	50.2		5th			
800 m Run	1. Jason Oare	(62, 68)	2:10.3	2nd			
	2. David Johnson	(77, 81)	2:37.1				
	3. Ryan Hammill	(62, 68)	2:10.1	1st			
200 m Dash	1. Levi Williams	24.2	BTY	1st			
	2. Mike Filler	29.0					
3200 m Run	1. Jared Clementson	10:41.9		1st			
	(1:12, 1:22, 1:26, 1:18, 1:22, 1:23, 1:22, 1:15)						

**TEAM RESULTS**

1. MORA	103
2. PRINCETON	84.5
3. PINE CITY	67
4. CHISAGO LKS	15.5

**RUM RIVER CONFERENCE TRACK MEET @ MILACA**  
**THURSDAY, MAY 17, 2001 - 2:45 -warm, sunny, breezy**  
**PINE CITY GIRLS' RESULTS**

4 X 800 m Relay	1. Meleia Johnson	2:47.3		3200 m Run	1. Jacki Gregoire	13:19.80	PB	5th
	2. Miki Anderson	2:52.8			(1:33, 1:38, 1:39, 1:41,1:43, 1:44, 1:45, 1:34)			
	3. Lyndsay Mettling	2:53.5			2. Nikki Plasek	14:46.37		
	4. KimConnaker	<u>2:35.6</u>			(1:29, 1:45, 1:48, 1:57, 1:57, 2:00, 1:59,1:51)			
		11:09.39	4th	4 x 400 m Relay	1. Heidi Larsen			70.3
100 m Hurdles	1. Jaimie Kozisek		18.9		2. Miki Anderson			69.6
	2. Leanne Haugrud		injured		3. Meleia Johnson			68.8
	3. Brittney Jewell		19.9		4. Kim Connaker			<u>66.3</u>
								8th 4:35.15
100 m Dash	1. Ashley Mettling		14.3	7th	High Jump	1. Heidi Larsen		4' 9"
	2. Rebecca Overson		14.8			2. Meleia Johnson		
	3. Allycia Bernard		14.9			3. Kari Splett		4' 5"
4 x 200 m Relay	1. Kayla Johnson		29.0		Long Jump	1. Leanne Haugrud		14' 2.5" 8th
	2. Julianna Wirth		31.2			2. Jenna Fore		12' 1"
	3. Rebecca Overson		29.8			3. Allycia Bernard		12' 0"
	4. Ashley Mettling		<u>28.0</u>					
			1:58.20	8th	Triple Jump	1. Heidi Larsen		28' 11.5"
1600 m Run	1. Rebecca Craighead	5:58.43	PB	4th		2. Amy Nelson		26' 6.25"
	(1:21, 1:36, 1:35, 1:24)					3. Kari Splett		27' 9" PB
	2. Jenna Fore	6:09.68		6th				
	(1:23, 1:37, 1:39, 1:39)							
	3. Katie Splett	6:21.49	BTY		Pole Vault	1. Julianna Wirth		
	(1:26, 1:36, 1:40, 1:39)					2. Allycia Bernard		
4 x 100 m Relay	1. Rebecca Overson		14.2		Shot Put	1. Lyndsay Mettling		26' 9"
	2. Julianna Wirth		13.9			2. Melissa Thieman		24' 8.5"
	3. Kayla Johnson		13.3					
	4. Ashley Mettling		<u>13.2</u>					
			54.76	7th	Discus	1. Lyndsay Mettling		90' 9" 4th
400 m Dash	1. Tessa Korf		69.8			2. Melissa Thieman		69' 1"
						3. Tessa Korf		64' 4.5"
300 m Hurdles	1. Christina Mosher		51.85	PB	5th			
	2. Jaime Kozisek		60.65					
	3. Brittany Grinde		59.56					
800 m Run	1. Kim Connaker	(76, 80)	2:36.79	6th				
	2. Katie Splett	(82, 83)	2:47.04	BTY				
200 m Dash	1. Amy Nelson		29.88					
	2. Julianna Wirth		29.83					
					TEAM RESULTS:			
					1. SAUK RAPIDS			169
					2. NORTH BRANCH			135
					3. MILACA			114
					4. PRINCEON			78.5
					5. CHISAGO LKS			76
					6. FOLEY			65
					7. PINE CITY			38.5
					8. MORA			25



**SUB-SECTION 16 TRACK MEET @ HINCKLEY**  
**WEDNESDAY, MAY 23, 2001 - cold, rainy**  
**PINE CITY GIRLS' RESULTS**

4 X 800 m Relay	1. Meleia Johnson 2:40.8 PB	3200 m Run	1. Jacki Gregoire 13:01.4 PB 2nd
	2. Miki Anderson 2:46.6 BTY		(1:30, 1:37, 1:36, 1:37, 1:42, 1:43, 1:42, 1:34)
	3. Lyndsay Mettling 2:39.8 BTY		2. Nikki Plasek 13:53.8 PB
	4. KimConnaker <u>2:33.2</u> PB		(1:29, 1:43, 1:43, 1:45, 1:55, 1:52, 1:31)
	10:40.8 2nd		
100 m Hurdles	1. Jaimie Kozisek 18.3 4th	4 x 400 m Relay	1. Christina Mosher 71.3
	2. Leanne Haugrud		2. Miki Anderson 70.0
	3. Brittney Jewell 19.5 PB		3. Meleia Johnson 69.9
			4. Kim Connaker <u>66.1</u>
			3rd 4:37.7
100 m Dash	1. Ashley Mettling 14.1 4th	High Jump	1. Heidi Larsen 4' 8" 1st
	2. Rebecca Overson 14.1 5th		2. Meleia Johnson
	3. Allycia Bernard 14.2 6th		3. Kari Splett
4 x 200 m Relay	1. Kayla Johnson 28.8	Long Jump	1. Leanne Haugrud 13' 6.75" 6th
	2. Julianna Wirth 30.7		2. Jenna Fore
	3. Rebecca Overson 30.1		3. Allycia Bernard
	4. Ashley Mettling <u>28.3</u>		
	1:58.0 2nd		
1600 m Run	1. Rebecca Craighead 6:07.7 3rd	Triple Jump	1. Heidi Larsen 28' 10" 6th
	(1:17, 1:37, 1:41, 1:32)		2. Amy Nelson 27' 9.25"
	2. Jenna Fore 6:06.8 4th		3. Kari Splett 28' 1.1" PB 5th
	(1:18, 1:36, 1:43, 1:30)		
	3. Katie Splett 6:28.2	Pole Vault	1. Julianna Wirth 7' 0" PB 2nd
	(1:21, 1:39, 1:45, 1:38)		2. Allycia Bernard 6' 0" PB 6th
4 x 100 m Relay	1. Rebecca Overson 15.6	Shot Put	1. Lyndsay Mettling 28' 9" 4th
	2. Julianna Wirth 12.5		2. Melissa Thieman 28' 1" 5th
	3. Kayla Johnson 13.9		
	4. Ashley Mettling <u>13.8</u>		
	55.6 1st		
400 m Dash	1. Tessa Korf 1:05.6 PB 3rd	Discus	1. Lyndsay Mettling 85' 10" 2nd
	2. Heidi Larsen 1:09.7		2. Melissa Thieman 73' 9"
			3. Tessa Korf 63' 1"
300 m Hurdles	1. Christina Mosher 52.3 3rd		
	2. Jaime Kozisek 64.9		
	3. Brittany Grinde 55.5 5th		
800 m Run	1. Kim Connaker (76, 77) 2:33.6 2nd	<u>TEAM RESULTS</u>	1. HINCKLEY 144
	2. Miki Anderson (81, 94) 2:55.3		2. PINE CITY 120
	3. Rebecca Craighead (81, 97) 2:58.8		3. MILLE LACS 113
			4. OGILVIE 59
			5. BRAHAM 56
			6. RUSH CITY 49
200 m Dash	1. Kayla Johnson 29.6	###TOP 4 INDIVIDUALS - TOP 2 RELAYS###	
	2. Amy Nelson 30.0	###ADVANCE TO SECTIONS###	
	3. Julianna Wirth 29.5		

**SUB-SECTION 16 TRACK MEET @ HINCKLEY**  
**WEDNESDAY, MAY 23, 2001- cold, rainy**  
**PINE CITY BOYS' RESULTS**

4 X 800 m Relay	1. Jeremy Lee	2:14.7		3200 m Run	1. Jared Clementson	10:49.6	1st
	2. Peter Johnson	2:13.7			(1:13, 1:19, 1:22, 1:23, 1:25, 1:25, 1:25, 1:25)		
	3. Ryan Hammill	2:09.9	BTY		2. Chris Lutz	11:11.4	4th
	4. Jason Oare	<u>2:07.8</u>	PB		(1:14, 1:24, 1:27, 1:28, 1:29, 1:28, 1:25, 1:15)		
		8:46.3	2nd				
110 m Hurdles				4 x 400 m Relay	1. Jeremy Lee		55.9
					2. David Hansen		55.8
					3. Ryan Hammill		57.7
100 m Dash	1. Levi Williams	11.6	1st		4. Levi Williams		<u>54.9</u>
	2. Kevin Skadsheim	12.4				1st	3:45.4
	3. Dan Gregoire	12.9					
4 x 200 m Relay	1. Dan Gregoire	25.8		High Jump	1. Kevin Skadsheim		
	2. Kevin Skadsheim	27.9			2. Matt Wirth	5' 2"	4th
	3. Jon Boor Boor	24.6		Long Jump	1. Levi Williams	18' 4.5"	2nd
	4. Seth Peterson	<u>26.7</u>			2. Matt Wirth	16' 9"	5th
		1:44.9	2nd		3. Jon Boor Boor		
1600 m Run	1. Jeremy Lee	4:58.5	BTY 3rd	Triple Jump	1. Jason Oare	35' 10"	4th
	(1:05, 1:16, 1:20, 1:17)				2. Peter Johnson	36' 4"	BTY 1st
	2. Jared Clementson	4:53.2	2nd		3. Matt Wirth	35' 6.25"	5th
	(1:03, 1:15, 1:19, 1:15)			Pole Vault	1. Jared Peterson	8' 0"	PB 6th
	3. David Hansen	5:02.9	5th		2. Dan Gregoire	8' 6"	5th
	(1:07, 1:18, 1:24, 1:13)						
4 x 100 m Relay	1. Michael Rydberg	12.3		Shot Put	1. Mike Rydberg	49' 8"	1st
	2. Matt Wirth	12.0			<b>***New Sub-section Record***</b>		
	3. Kevin Skadsheim	13.1			2. Patrick Bombard		
	4. Jon Boor Boor	<u>12.5</u>			3. Robert Noyes	34' 4"	
		49.9	3rd				
400 m Dash	1. Jason Oare		DNR-injury	Discus	1. Mike Rydberg	144' 3"	1st
	2. Peter Johnson	57.2	4th		2. Patrick Bombard	100' 3"	PB 5th
	3. David Johnson	68.9			3. Robert Noyes	90' 3"	PB 6th
300 m Hurdles	1. Jon Boor Boor	46.8	4th				

TEAM RESULTS

800 m Run	1. Ryan Hammill	(65,69)	2:14 .1	2nd	1. PINE CITY	168
	2. David Hansen	(64, 67)	2:11.7	1st	2. BRAHAM	160
	3. Seth Peterson	(67, 74)	2:21.1	PB 5th	3. HINCKLEY	106
200 m Dash	1. Levi Williams		24.6	2nd	4. RUSH CITY	61
	2. Peter Johnson		25.3	5th	5. OGILVIE	36
	3. Mike Filler		29.9		6. EAST CENTRAL	22

###TOP4 PLACES - TOP 2 RELAYS###  
 ###ADVANCE TO SECTIONS###

**SECTION 4-A TRACK AND FIELD MEET @ MACALASTER COLLEGE**  
**Saturday, June 2, 2001 - 10:00 a.m. - very windy, cool, partly cloudy**  
**Pine City Results**

DISCUS	Lyndsay Mettling	85' 7"	
POLE VAULT	Julianna Wirth	6' 6"	
100 M DASH	Ashley Mettling	14.6	
3200 M RUN	Jacki Gregoire	12:53.98	PB 10TH
	(1:26, 1:32, 1:35, 1:40, 1:41, 1:37, 1:44, 1:36)		
100 M HURDLES	Jaime Kozisek	19.39	
SHOT PUT	Lyndsay Mettling	29' 5.5"	PB
HIGH JUMP	Heidi Larsen	4' 10"	5TH
4 X 800 M RELAY	1. Meleia Johnson	2:40.4	PB
	2. Miki Anderson	2:44.0	BTY
	3. Lyndsay Mettling	2:39.8	
	4. Kim Connaker	<u>2:32.1</u>	PB
		10:36.61	PB 6TH
4 X 200 M RELAY	1. Kayla Johnson	28.6	
	2. Julianna Wirth	31.4	
	3. Rebecca Overson	28.4	PB
	4. Ashley Mettling	<u>28.9</u>	
		1:55.74	PB 7TH
1600 M RUN	1. Rebecca Craighead	6:07.60	
	(1:15, 1:32, 1:42, 1:39)		
	2. Jenna Fore	6:01.64	PB
	(1:17, 1:32, 1:41, 1:31)		
4 X 100 M RELAY	1. Rebecca Overson	13.6	BTY
	2. Julianna Wirth	12.7	
	3. Kayla Johnson	13.7	
	4. Ashley Mettling	<u>13.7</u>	
		53.71	PB 5TH
400 M DASH	Tessa Korf	66.38	
300 M HURDLES	Christina Mosher	51.64	PB 4TH
800 M RUN	Kim Connaker	2:28.35	PB 6TH
	<b>***NEW SCHOOL RECORD***</b>		

TEAM RESULTS:

1. Mayer Lutheran	108
2. The Blake School	101
3. Waconia	76
4. Minnehaha Academy	72
5. Mounds Park Academy	63
6. Breck School	60
7. Visitation	56
8. St. Paul Academy	51
9. Brooklyn Center	44
10. Norwood-Young Am Meadow Creek Christian	40
12. St. Croix Lutheran	37.3
13. Braham	29
<b>14. Pine City</b>	<b>27</b>
15. Isle-Onamia	23
16. Hinckley/Finlayson	17.7
17. De La Salle	14
18. Ogilvie	13
19. Concordia Academy	11
20. Watertown-Mayer	9
21. Rush City St. Agnes/St. Bernard's	5
23. East Central	4
24. New Life Academy	3



# SECTION 4-A TRACK AND FIELD MEET @ MACALASTER COLLEGE

## Saturday, June 2, 2001 - 10:00 a.m. - very windy, cool, partly cloudy

### Pine City Results

SHOT PUT            Michael Rydberg            50' 6.5"    1ST  
**\*\*\*QUALIFIES FOR THE STATE MEET\*\*\***

TRIPLE JUMP        1. Jason Oare            39' 2"    6TH  
                          2. Peter Johnson        35' 11.75"

HIGH JUMP            Matt Wirth

100 M DASH        Levi Williams            11.96    6TH

3200 M RUN        1. Jared Clementson    10:29.03    BTY    5TH  
                          (1:07, 1:17, 1:18, 1:20, 1:21, 1:25, 1:25, 1:07)  
                          2. Chris Lutz            11:20.97  
                          (1:13, 1:21, 1:28, 1:28, 1:31, 1:30, 1:30, 1:19)

DISCUS              Michael Rydberg            148' 11"    3RD

LONG JUMP         Levi Williams            19' 6.75"    4TH

4 X 800 M RELAY 1. Jeremy Lee            2:07.3    PB  
                          2. Peter Johnson        2:03.8    PB  
                          3. Ryan Hammill        2:08.8    BTY  
                          4. Jason Oare            2:08.1  
                          8:27.89    PB    3RD  
**\*\*\*NEW SCHOOL RECORD\*\*\***

4 X 200 M RELAY 1. Dan Gregoire            26.9  
                          2. Kevin Skadsheim      26.7  
                          3. Jon Boor Boor        22.9  
                          4. Seth Peterson        26.3  
                          1:42.48    PB    7TH

1600 M RUN        1. Jared Clementson    4:41.63    PB    4TH  
                          (1:05, 1:14, 1:15, 1:07)  
                          2. Jeremy Lee            5:24.15  
                          (1:08, 1:20, 1:28, 1:27)

400 M DASH        Peter Johnson            54.15    PB

300 M HURDLES    Jon Boor Boor            48.19

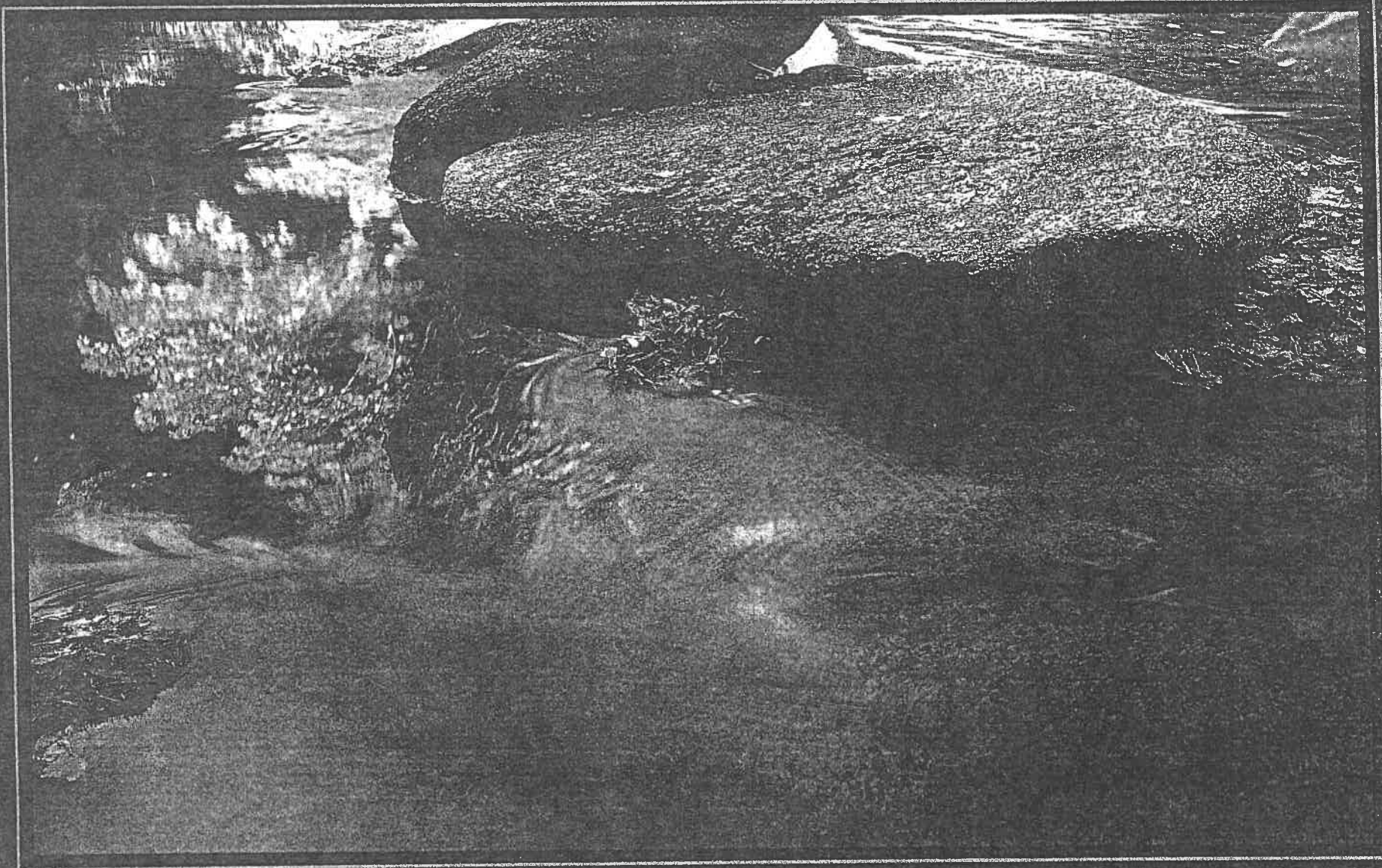
800 M RUN        1. David Hansen        2:12.0  
                          (56, 75)  
                          2. Ryan Hammill        2:12.91  
                          (64, 68)

200 M DASH        Levi Williams            24.09    PB    6TH

4 x 400 M RELAY 1. Jeremy Lee            57.4  
                          2. Ryan Hammill        56.6  
                          3. Levi Williams        53.2    PB  
                          4. Jason Oare            52.8  
                          3:40.28    5TH

#### TEAM RESULTS:

1. Mayer Lutheran	158
2. Concordia Academy	123
3. Waconia	100
<b>4. Pine City</b>	<b>62</b>
St. Croix Lutheran	
6. St. Paul Academy	46
7. Braham	43.5
8. CHOF	37
9. De La Salle	35
10. Watertown-Mayer	32
11. Norwood-Young Am	31
12. Lutheran, Bloomington	28
13. St. Agnes/St. Bernard's	24
14. Minnehaha Academy	22.5
15. Mounds Park Academy	20
Hinckley/Finlayson	
17. Rush City	12
18. Brooklyn Center	11
Breck School	
20. The Blake School	9
21. Trinity	7
22. East Central	3
4th Baptist Christian	
New Life Academy	
24. Ogilvie	2
Meadow Creek Christian	



# C O N F I D E N C E

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NOBODY WILL BELIEVE IN YOU UNLESS YOU  
BELIEVE IN YOURSELF.

# STATE TRACK MEET @ BLAINE

## FRIDAY, SATURDAY, JUNE 8, 9, 2001

=====  
 Event 30 Boys Shot Put Class A Finals  
 Friday 06/08/01 at 5:00 PM

2000 Class A: 56'00.00" Tom Stanger, Becker  
 State All Time: 62'08.00" Tim Senjem, Hayfield 1996  
 Class A Record: 62'08.00" Tim Senjem, Hayfield 1996  
 National H.S.: 77'00.00" Michael Carter, Jefferson H.S., TX 1979

Top 9 advance to finals.

Pos	#	Flight 1	Finals			
1	221	Heid, Aaron	12	Lake Crystal-Wellc	46'07.25"	_____
2	349	Anderson, Corey	11	St. James	46'11.25"	_____
3	126	Burdette, Pat	12	Brooklyn Center	47'00.75"	_____
4	243	McArthur, Nathan	11	Mahnomen	47'03.75"	_____
5	393	Perkins, Jeff	11	Warroad	47'05.75"	_____
6	101	Sogn, Matt	12	Agassiz Valley	47'06.00"	_____
7	180	Hudspith, Chris		Esko	47'08.00"	_____
8	115	Posthumus, Jarod	12	Becker	47'09.50"	_____

Pos	#	Flight 2	Finals			
1	239	Bosch, Craig		Luverne	47'11.50"	_____
2	280	Zuk, Zeb		Moose Lake/Willow	48'00.00"	_____
3	215	Ahrens, Travis		Jackson County Cen	48'06.25"	_____
4	123	Bogenrief, Dan	12	Breckenridge/Campb	49'00.00"	_____
5	372	Smith, Ricky	10	Stewartville	49'01.00"	_____
6	310	Rydberg, Michael	11	Pine City	50'06.50"	_____
7	351	Dumonceaux, Damien	12	St. John's Prep	50'09.50"	_____
8	403	Wells, Nathan	11	Zumbrota-Mazeppa	52'03.00"	_____

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**GIRLS' RELAY HISTORY - 2001**

A	B	C	D	E
	GOLD BATON	RRC INDOOR	TIGERAMA	RRC RELAYS
4 X 100 M RELAY (0:52.79)		K. Johnson J. Kozisek J. Wirth A. Mettling	J.Kozisek L. Haugrud K. Johnson A. Mettling	J. Kozisek J. Wirth K. Johnson A. Mettling
		56.58	57.5	55.2
4 x 200 M RELAY (1:50.8)	K. Johnson J. Wirth A. Bernard A. Mettling	A. Mettling A. Bernard J. Wirth Amy Nelson	K. Johnson A. Mettling J. Wirth A. Nelson	K. Johnson B. Grinde T. Korf J. Wirth
	2:03.69	2:02.2	1:58.8	2:00.7
4 x 400 M RELAY (4:17.59)	J. Fore T. Korf M. Johnson H. Larsen	K. Connaker T. Korf C. Mosher M. Johnson	H. Larsen M. Anderson M. Johnson K. Connaker	H. Larsen M. Anderson M. Johnson K. Connaker
	4:49.49	4:45.5	4:41.5	4:36.5
4 x 800 M RELAY (10:35.51)		Katie Splett J. Gregoire L. Mettling K. Connaker	K. Connaker L. Mettling M. Johnson M. Anderson	M. Johnson M. Anderson L. Mettling K. Connaker
		11:26.4	11:14.7	10:51.5
800 MEDLEY RELAY (100, 100, 200, 400)				B. Jewell A. Bernard A. Nelson H. Larsen
				2:11.6
1600 MEDLEY RELAY (200, 200, 400, 800)				A. Nelson A. Mettling T. Korf K. Connaker
				4:42.8
DISTANCE MEDLEY (400, 800, 1200, 1600)				C. Mosher R. Craighead K. Splett J. Johnson
				16:01.6

**GIRLS' RELAY HISTORY - 2001**

F	G	H	I	J	K
CHENGWATANA	TRUE TEAM	PRINCETON	CONFERENCE	SUB-SECTION	SECTION
J. Kozisek R. Overson K. Johnson A. Mettling	R. Overson J. Wirth K. Johnson A. Mettling	R. Overson J. Wirth K. Johnson A. Mettling	R. Overson J. Wirth K. Johnson A. Mettling	R. Overson J. Wirth K. Johnson A. Mettling	R. Overson J. Wirth K. Johnson A. Mettling
	54.7	55.19	54.3	54.76	55.6
					<b>53.71</b>
K. Johnson J. Wirth R. Overson A. Mettling	K. Johnson J. Wirth A. Nelson A. Mettling	K. Johnson B. Jewell A. Melson M. Anderson	K. Johnson J. Wirth R. Overson A. Mettling	K. Johnson J. Wirth R. Overson A. Mettling	K. Johnson J. Wirth R. Overson A. Mettling
	1:57.3	1:58.6	2:01.2	1:58.20	1:58.0
					<b>1:55.74</b>
H. Larsen M. Anderson M. Johnson K. Connaker	H. Larsen M. Anderson M. Johnson K. Connaker	C. Mosher M. Anderson H. Larsen M. Johnson	H. Larsen M. Anderson M. Johnson K. Connaker	C. Mosher M. Anderson M. Johnson K. Connaker	
	4:37.2	4:41.3	4:42.6	4:35.15	4:37.7
M. Johnson M. Anderson L. Mettling K. Connaker	M. Johnson M. Anderson L. Mettling K. Connaker	M. Johnson J. Fore R. Craighead L. Mettling	M. Johnson M. Anderson L. Mettling K. Connaker	M. Johnson M. Anderson L. Mettling K. Connaker	M. Johnson M. Anderson L. Mettling K. Connaker
	10:54.9	10:59.6	11:07.8	11:09.39	10:40.8
					<b>10:36.61</b>

### BOYS' RELAY HISTORY - 2001

	GOLD BATON	RRC INDOOR	TIGERAMA	RRC RELAYS
4 X 100 M RELAY (0:45.3)		M. Rydberg Dan Gregoire C. Teeman B. Thiebault	M. Rydberg M. Wirth L. Williams P. Johnson	M. Rydberg M. Wirth J. Boor Boor D. Gregoire
		53.19	<b>48.3</b>	48.8
4 x 200 M RELAY (1:36.6)	M. Rydberg C. Lutz B.Knutson D. Gregoire	M. Rydberg K. Skadsheim B. Knutson D. Gregoire	K. Skadsheim B. Knutson J. BoorBoor S. Peterson	L. Williams R. Hammill J. Oare P. Johnson
	1:51.40	1:49.1	1:45.6	1:38.5
4 x 400 M RELAY (3:28.39)	M. Wirth D. Johnson J. Clementson D. Gregoire	J. Oare L. Williams J. Lee R. Hammill	L. Williams J. Lee R. Hammill J. Oare	J. Lee R. Hammill L. Williams J. Oare
	4:24.62	3:47.8	3:45.6	3:41.1
4 x 800 M RELAY 8:41.97		C. Lutz D. Hansen D. Johnson J. BoorBoor	J. Oare J. Lee P. Johnson R. Hammill	J. Lee P. Johnson J. Oare R. Hammill
		10:13.3	9:06.5	8:42.4
800 MEDLEY RELAY (100, 100, 200, 400)				J. Peterson D. Gregoire K. Skadsheim D. Johnson 2:03.5
1600 MEDLEY RELAY (200, 200, 400, 800)	M. Rydberg K. Skadsheim M. Wirth D.Johnson			P. Johnson L. Williams S. Peterson J. Lee
	4:45.30			4:01.4
DISTANCE MEDLEY (800, 400, 1200, 1600)				C. Teeman S. Peterson C. Lutz J. Clementson 12:19.7

### BOYS' RELAY HISTORY - 2001

CHENGWATANA	TRUE TEAM	PRINCETON	CONFERENCE	SUB-SECTION	SECTION
M. Rydberg	M. Rydberg	M. Rydberg	M. Rydberg	M. Rydberg	
M. Wirth	M. Wirth	M. Wirth	M. Wirth	M. Wirth	
K. Skadsheim	J.Boor Boor	K. Skadsheim	K. Skadsheim	K. Skadsheim	
J. Boor Boor	K. Skadsheim	D. Gregoire	J.Boor Boor	J.Boor Boor	
51.4	50.01	50.2	50.7	49.9	
P. Johnson	K. Skadsheim	P. Johnson	K. Skadsheim	D. Gregoire	D. Gregoire
J. Oare	B. Knutson	R. Hammill	B. Knutson	K. Skadsheim	K. Skadsheim
S. Peterson	J. Boor Boor	J. Oare	J. Boor Boor	J. Boor Boor	J. Boor Boor
L. Williams	S. Peterson	L. Williams	S. Peterson	S. Peterson	S. Peterson
1:39.6 DQ	1:45.8	<b>1:38.4</b>	1:45.85	1:44.9	1:42.48
J. Lee	J. Lee	D. Hansen	J. Lee	J. Lee	J. Lee
R. Hammill	R. Hammill	J. Boor Boor	R. Hammill	D. Hansen	R. Hammill
L. Williams	L. Williams	C. Lutz	L. Williams	R. Hammill	L. Williams
J. Oare	J. Oare	S. Peterson	J. Oare	L. Williams	J. Oare
3:40.8	<b>3:39.61</b>	3:54.6	3:42.94	3:45.4	3:40.28
C. Lutz	J. Lee	C. Lutz	J. Lee	J. Lee	J. Lee
S. Peterson	P. Johnson	S. Peterson	P. Johnson	P. Johnson	P. Johnson
D. Hansen	J. Oare	D. Hansen	R. Hammill	R. Hammill	R. Hammill
J. Clementson	R. Hammill	J. Clementson	J. Oare	J. Oare	J. Oare
9:09.5	8:47.2	9:07.2	8:39.89	8:46.3	<b>**8:27.89 **</b>



## GIRLS' TOP TEN - The 90's and Beyond

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
<b>100 M DASH</b>	Katie Meyer 13.0 98	Tera Kazek 13.3 98	T. Kazek 13.39 96	K. Meyer 13.4 00	T. Kazek 13.5 97	Suzie Misel 13.51 92	S. Misel 13.54 94	Erica Delak 13.58 91	D. Kirchberg 13.63 95	T. Kazek 13.78 95
<b>200 M DASH</b>	Kayla Johnson 28.01 00	Tera Kazek 28.1 98	Melissa Odegard 28.22 94	M. Odegard 28.55 93	Amy Nelson 28.6 01	M. Odegard 28.67 95	K. Johnson 28.8 01	T. Kazek 28.9 96	Rita Auers 28.91 96	Amanda Peil 29.0 98
<b>400 M DASH</b>	M. Odegard 61.4 94	M. Odegard 62.0 95	A. Dufresne 63.54 00	Rita Auers 64.5 96	S. Johnson 64.6 00	Tessa Korf 65.6 01	R.Schimming 65.8 92	Molly Sloan 66.6 98	SusanJohnson 66.6 98	M. Sloan 67.0 96
<b>800 M RUN</b>	Kim Connaker 2:28.35 01	A.Wiedemann 2:31.85 97	A. Wiedemann 2:32.01 96	A. Wiedemann 2:32.8 95	K. Connaker 2:36.09 99	K. Connaker 2:38.91 00	Kim Connaker 2:39.7 98	Miki Anderson 2:40.2 00	LeahSchwartz 2:41.5 91	D. Peterson 2:42 93
<b>1600 M RUN</b>	Leah Schwartz 5:49.7 91	Heidi Larsen 5:57.4 99	R. Craighead 5:58.43 01	BeckyHaavisto 6:00.0 94	Jenna Fore 6:01.64 01	AmyJohnson 6:03.0 94	B. Haavisto 6:06 93	AmyMunkberg 6:06.29 93	Jenna Fore 6:09 00	B. Haavisto 6:09.9 98
<b>3200 M RUN</b>	Amy Johnson 12:34.04 96	J. Gregoire 12:53.98 01	Jamie Johnson 13:11.3 98	A. Munkberg 13:20.12 93	Nikki Plasek 13:53.8 01	MeleiaJohnson 13:55.02 00	Nikki Carlson 14:24.8 00	B. Fischer 14:33.6 97	Jamie Johnson 14:44.3 99	B. Haavisto 14:58.94 97
<b>100 M HURDLES</b>	C. Hersbergen 16.54 94	C. Hersbergen 17.83 93	Lena Filler 17.9 00	J. Kozisek 18.0 01	J. Kozisek 18.0 00	J. Kozisek 18.4 99	L. Haugrud 18.4 00	Lena Filler 18.5 98	Breck Johnson 18.6 98	C. Kroeze 18.8 92
<b>300 M HURDLES</b>	C. Mosher 51.64 01	L. Filler 51.70 00	Lena Filler 52.4 98	L. Filler 52.9 99	C. Mosher 53.0 00	Lena Filler 53.9 96	C. Hersbergen 54.18 94	C. Mosher 54.2 99	L. Filler 54.7 97	Angela Filler 54.7 97
<b>HIGH JUMP</b>	Heidi Larsen 5' 0" 99	H. Larsen 4' 10" 01	Kati Ovik 4' 10" 00	Kari Splett 4' 8" 01	K. Ovik 4' 8" 99	M. Johnson 4' 6" 01	Kari Splett 4' 6" 00	S. Weichman 4' 5" 93	Jess Amman 4' 4" 97	J. Ammann 4' 4" 98
<b>LONG JUMP</b>	Erica Delak 16' 6" 91	E. Delak 16' 1.75" 93	E. Delak 15' 7.75" 92	C. Hersbergen 15' 5.5" 93	Tera Kazek 15' 4.5" 96	S. Johnson 15' 2.5" 00	C. Hersbergen 15' 2" 94	Molly Sloan 15' .75" 96	Sue Johnson 14' 7.75" 98	Becky Osterdyk 14' 7" 01
<b>TRIPLE JUMP</b>	E. Delak 32' 3" 93	K. Meyer 32' .5" 00	C. Hersbergen 31' 9" 94	J. Ammann 31' 9.5" 00	S. Weichman 31' 7" 93	C. Hersbergen 31' 3" 93	K. Meyer 31' 2.5" 99	J. Ammann 30' 8" 97	A. Miller 30' .5" 99	H. Larsen 30' 0" 01
<b>DISCUS</b>	Mary Misel 93' 10" 96	Molly Sloan 91' .5" 98	L. Mettling 90' 9" 01	L. Mettling 87' 6" 00	M. Misel 81' 2.5" 95	Tricia Struss 80' 4" 96	Tessa Kork 76' 2" 00	Jamie Rank 75' 5" 98	L. Mettling 74' 9.5" 99	M. Misel 73' 11" 94
<b>SHOT PUT</b>	Tera Kazek 35' 10" 98	T. Kazek 35' 4.5" 97	T. Kazek 33' 1" 96	R.Schimming 30' 9.75" 92	M. Thieman 29' 11.5" 01	Joell Werner 29' 11.25" 93	L. Mettling 29' 5.5" 01	T. Kazek 28' 10.75" 94	L. Mettling 28' 5.5" 00	M. Anderson 28' 4" 00
<b>POLE VAULT</b>	S. Johnson 9' 0" 00	J. Ammann 8' 6" 99	J.Ammann 8' 6" 00	Amanda Peil 8' 0" 98	S. Johnson 8' 0" 99	J. Wirth 7' 0" 01	Sue Johnson 7" 0" 98	L. Filler 7' 0" 00	A. Dufresne 6' 6" 98	L. Filler 6' 6" 99



## GIRLS' TOP TEN RELAYS - The 90's and Beyond

1		1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH	
3	4 X100 M RELAY	K. Meyer	C. Koppen	K. Meyer		R. Overson	C. Koppen	K. Meyer	J. Kozisek	K. Meyer	K. Meyer	
4		A. Peil	S. Weichman	A. Mettling		J. Wirth	S. Weichman	A. Miller	R. Overson	A. Miller	A. Miller	
5		M. Sloan	M Odegard	L. Ballis		K. Johnson	M. Odegard	M. Sloan	K. Johnson	A. Peil	A. Peil	
6		T. Kazek	S. Misel	K. Ovik		A. Mettling	S. Misel	T. Kazek	A. Mettling	T. Kazek	T. Kazek	
7		52.79	98 53.05	93 53.23	99 53.41	91 53.71	01 53.86	94 54.5	97 54.7	01 54.5	97 54.8	98
9	4 x 200 M RELAY		S. Misel	C. Koppen	K. Meyer	K. Johnson	A. Miller	K. Meyer	K. Meyer	R. Auers	M. Sloan	
10			C. Koppen	S. Weichman	A. Miller	J. Wirth	A. Peil	Kayla Johnson	A. Peil	A. Wiedemann	A. Wiedemann	
11			S. Weichman	M. Odegard	M. Sloan	R. Overson	M. Sloan	A. Dufresne	M. Sloan	M. Sloan	J. Odegard	
12			R. Schimming	S. Misel	T. Kazek	A. Mettling	T. Kazek	K. Ovik	T. Kazek	T. Kazek	M. Odegard	
13		1:53.2	91 1:54.12	92 1:54.31	93 1:54.8	98 1:55.74	01 1:56.0	98 1:56.16	00 1:57.23	98 1:57.6	96 1:57.8	95
15	4 x400 M RELAY	K. Connaker	K. Connaker	K. Odegard	K. Connaker	K. Connaker	M. Sloan	R. Auers	A. Dufresne	K. Odegard	J. Odegard	
16		M. Anderson	M. Anderson	L. Ballis	A. Dufresne	A. Dufresne	A. Wiedeman	L. Filler	L. Filler	S. Johnson	A. Wiedeman	
17		A. Dufresne	S. Johnson	M. Sloan	M. Anderson	L. Filler	L. Greden	M. Sloan	M. Sloan	L. Filler	L. Greden	
18		S. Johnson	A. Dufresne	S. Johnson	S. Johnson	S. Johnson	M. Odegard	A. Wiedeman	S. Johnson	M. Sloan	M. Odegard	
19		4:25.4	00 4:26.07	00 4:27.1	98 4:27.34	00 4:27.8	00 4:30	95 4:31.8	96 4:32.2	98 4:32.7	98 4:33	95
21	4 x800 M RELAY	K. Connaker	M. Johnson	K. Connaker	K. Connaker	K. Connaker	K. Connaker	L. Filler	L. Filler	A. Wiedeman	H. Larsen	
22		M. Anderson	M. Anderson	L. Filler	L. Mettling	B. Haavisto	R. Craighead	B. Haavisto	M. Anderson	B. Haavisto	M. Anderson	
23		L. Mettling	L. Mettling	M. Anderson	M. Anderson	M. Sloan	L. Mettling	B. Fischer	L. Mettling	B. Fischer	L. Mettling	
24		L. Filler	K. Connaker	L. Mettling	L. Filler	L. Filler	L. Filler	A. Wiedeman	H. Larsen	A. Johnson	L. Filler	
25		10:35.51	-99 10:36.61	01 10:38.3	00 10:45.09	-00 10:46.0	98 10:53.9	00 10:54.9	97 10:55.7	99 10:58.5	96 10:59.1	99
27	800 MEDLEY	K. Meyer	T. Kazek	K. Meyer	B. Johnson	K. Meyer	B. Jewell	A. Peil	N. Plasek			
28	100, 100, 200, 400	R. Overson	A. Miller	A. Miller	K. Smetana	A. Miller	A. Bernard	L. Ballis	L. Haugrud			
29		K. Ovik	K. Odegard	T. Kazek	T. Kazek	K. Odegard	A. Nelson	A. Miller	L. Ballis			
30		S. Johnson	S. Johnson	M. Sloan	R. Auers	M. Sloan	H. Larsen	K. Odegard	J. Stahlke			
31		2:02.21	00 2:05.7	98 2:07.5	98 2:09.6	96 2:11.14	97 2:11.6	01 2:13.6	97 2:16.1	99		
33	1600 MEDLEY	A. Nelson	K. Meyer	A. Peil	T. Kazek	C. Milligan	A. Filler	M. Misel				
34	200, 200, 400, 800	A. Mettling	A. Miller	M. Soderbeck	S. Johnson	J. Kozisek	K. Meyer	A. Wiedemann				
35		T. Korf	S. Johnson	L. Ballis	M. Sloan	N. Plasek	L. Haugrud	M. Sloan				
36		K. Connaker	K. Connaker	K. Connaker	A. Wiedeman	K. Splett	J. Kozisek	J. Ammann				
37		4:42.8	01 4:55.1	99 5:00.1	98 5:03.2	97 5:09.7	99 5:18.44	00 5:23.6	96			
39	DISTANCE MEDLEY	A. Wiedeman	J. Johnson	L. Mettling	C. Mosher	C. Milligan	R. Craighead					
40	800, 400, 1200, 1600	B. Fischer	K. Odegard	C. Mosher	R. Craighead	N. Carlson	M. Soderbeck					
41		B. Haavisto	B. Haavisto	B. Haavisto	Katie Splett	R. Craighead	N. Carlson					
42		A. Johnson	N. Carlson	B. Fischer	J. Johnson	N. Plasek	J. Johnson					
43		15:06.3	96 15:26.6	98 15:54.0	97 16:01.6	01 16:02.51	16:31.9	99				



## PINE CITY GIRLS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	12.79	Karla Nelson	1983
200 m Dash	27.08	Lori Haugen	1982
400 m Dash	1:01.4	Melissa Odegard	1994
800 m Run	2:28.35	Kim Connaker	2001
1600 m Run	5:40.0	Becky Eberhart	1987
3200 m Run	12:34.04	Amy Johnson	1996
100 m Hurdles	16.54	Chantel Hersbergen	1994
300 m Hurdles	50.6	Janet Roubinek	1986
4 x 100 m Relay	52.79	Katie Meyer, Amanda Peil Molly Sloan, Tera Kazek	1998
4 x 200 m Relay	1:50.8	Karla Nelsen, Kris Lindstrom, Lara Lindstrom, Lori Haugen	1983
4 x 400 m Relay	4:17.59	Allison Rosati, Dana Sherman Dawn Butler, Pam Carlson	1980
4 x 800 m Relay	10:35.51	Kim Connaker, Lyndsay Mettling Miki Anderson, Lena Filler	1999
High Jump	5' 0"	Heidi Larsen	1999
Long Jump	16' 7"	Erica Delak	1991
Triple Jump	32' 3"	Erica Delak	1993
Pole Vault	9' 0"	Susan Johnson	2000
Shot Put	35' 10"	Tera Kazek	1998
Discus	107' 2"	Gail Roubinek	1987



## PINE CITY BOYS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m Dash	11.12	Chris Olson	1991
200 m Dash	22.6	Chris Harrison	1979
400 m Dash	51.73	Mike Johnson	1999
800 m Run	1:56.7	Tom Nelson	1980
1600 m Run	4:30.5	Jon Bloom	1991
3200 m Run	9:52.0	Jon Bloom	1991
110 m Hurdles	15.8	Tom Nelson	1980
300 m Hurdles	42.5	Allen Reinke	1988
4 x 100 m Relay	45.3	Brian Olson, Stu Auers, Zach Mettling, Mike Johnson	1998
4 x 200 m Relay	1:36.6	John Hansen, Randy Root, Andy Wirth, Mike Johnson	1999
4 x 400 m Relay	3:28.39	John Hansen, Andy Wirth Mike Johnson, Paul Johnson	1999
4 x 800 m Relay	8:27.89	Jeremy Lee, Peter Johnson, Ryan Hammill, Jason Oare	2001
High Jump	6' 8 1/4"	Tom Nelson	1980
Long Jump	21' 8"	Jerry Hoefler	1948
Triple Jump	39' 9"	Paul C. Johnson	1999
Pole Vault	13' 8 1/2"	Chuck Novak	1972
Shot Put	51' 5"	Mike Rydberg	2001
Discus	149' 2.5"	Mike Rydberg	2001

## 2001 Track and Field Awards

<b>MVP - Field</b>	Michael Rydberg	Lyndsay Mettling
<b>MVP - Track</b>	Ryan Hammill	Jeremy Lee Kim Connaker
<b>MVP - Track and Field</b>	Jason Oare	Levi Williams Peter Johnson
<b>Rookie of the Year</b>	David Hansen	Julianna Wirth
<b>Most Improved Athlete</b>	Christina Mosher	

### **New School Records:**

800 m Run	Kim Connaker	2:28.35
Shot Put	Mike Rydberg	51' 5"
Discus	Mike Rydberg	149' 2.5"
4 x 800 m Relay	Jeremy Lee, Peter Johnson Jason Oare, Ryan Hammill	8:27.89

### **All- Conference Awards:**

Mike Rydberg	Discus and Shot put
Levi Williams	Long Jump
Jared Clementson	3200 m Run
Jeremy Lee	4 x 800 m Relay
Peter Johnson	4 x 800 m Relay
Jason Oare	4 x 800 m Relay
Ryan Hammill	4 x 800 m Relay

### **2001 Track Letterwinners:**

Levi Williams	Peter Johnson	Christina Mosher	Jeremy Lee
Jason Oare	Ryan Hammill	Kim Connaker	Lyndsay Mettling
Miki Anderson	Leanne Haugrud	Mike Rydberg	Jaime Kozisek
Ashley Mettling	Melissa Thieman	Nikki Plasek	Rebecca Craighead
Rebecca Overson	Chris Lutz	Kayla Johnson	Jared Clementson
Jon Boor Boor	Heidi Larsen	David Hansen	Kevin Skadsheim
Meleia Johnson	Matt Wirth	Tessa Korf	Seth Peterson
Amy Nelson	Julianna Wirth	Dan Gregoire	Jenna Fore
	Jacki Gregoire	Allycia Bernard	















# GIRLS' "BESTS" - 2001

	A	B	C	D	E	F	G	H	I
151	name	yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m run	1600 m run	3200 m Run
153	Tasha Kreger - 8	O1		15.6					
155	Lacey Pixley - 8	OO		15.3	32.1				
156		O1		15.6	35.2				
158	4 x 100 m Relay -8	98	59.2						
159		99	59.9						
160		OO	57.87						
161		O1							
163	4 x 200 m Relay -8	98	2:11						
164		99	2:22						
165		OO	2:04.5						
166		O1							
168	Medley Relay -8	98	2:18.4						
170	Alex Bernard - 7	O1		16.3					
172	Cassie Filler - 7	O1			30.5	1:08.6			
174	Chelsie Gahler - 7	O1				1:18.7			
176	Steph Gregoire - 7	O1			36.61		2:57.5		
178	Andrea Hepburn - 7	O1		15.2	32.2				
180	Christina Marier - 7	O1			33.4	1:18.2			
182	Jenna Olson - 7	O1		15.3	33.9				
184	Becky Osterdyk - 7	O1		14.3					
186	Jennifer Overson - 7	O1		17.9					
188	Kasey Perell - 7	O1		15.0					
190	Amber Plasek - 7	O1		15.8	35.2	1:17.2			
192	Christine Wagner - 7	O1			32.3	1:17.4			
194	Beth Wimmer - 7	O1			32.5	1:11.6			
196	4 x 100 m relay -7	98	60.2						
197		99	59.6						
198		OO							
199		O1	58.4						
201	4 x 200 m relay - 7	98	2:16.0						
202		99	2:08.6						
203		OO							
204		O1	2:08.2						





# BOYS' "BESTS" - 2001

	J	K	L	M	N	O	P	Q	R
1	55 m hurd	110 m hurd	300 m hurd	High jump	Long jump	Triple jump	Discus	Shot put	Pole Vault
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
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42									
43									
44									
45									
46									
47									
48									
49									
50									
51									
52									

37' 6.5" - Chen

36' 4" -Sub

12' 0" - NSC

16' 1"-RRCR

38' 6" - Sec

39' 4" - Tig

35' 2" - RRCI

19' 9.5" -RRC

20' 1.75" - RRC

107' 0" - JV 41'2.75"-Sec

147'10.5"-Mil 47' 6" - RRCI

149' 2.5"-RRCR 51' 5" - Tig

66'5" - pc jv 30'11.5" - NSC

100' 3" - Sub 34' 1" - TT

46.66 - RRC

15' 4.5"







# BOYS' "BESTS" - 2001

	A	B	C	D	E	F	G	H	I
107		yr	55 m dash	100 m dash	200 m dash	400 m dash	800 m dash	1600 m dash	3200 m dash
109	Dan Adams - 8	OO		13.8					
110		O1		13.3					
112	Nathan Anaruk - 8	O1					3:08	6:48	
114	David Jackson - 8	OO		15.8		1:26			
115		O1		14.8					
117	Jon Othoudt - 8	OO			:35.0	1:16	2:55		
118		O1				1:13.0	2:55		
120	Oliver Rauschnot - 8	OO		13.8	:28.0				
121		O1							
123	Marvin Siedow - 8	OO					2:43	6:00	
124		O1					2:33		
126	Zach Vanderberg - 8	OO		13.4	27.4				
127		O1		13.0					
129	4 x 100 m Relay - 8	OO	55.3						
130		O1	53.0						
132	4 x 200 m Relay - 8	OO	2:02.0						
133		O1	1:50.8						
135	Jordan Kruse - 7	O1							
137	Jon Larson - 7	O1				1:11.1			
139	Justin Palmer - 7	O1		14.5	30.3				
141	Geoff Shelton - 7	O1		15.1					
143	Zeke Vandeberg - 7	O1		15.6		1:14.0			
145	Mike Weber - 7	O1				1:14.1			
147	4 x 100 m Relay - 7	98	54.5						
148		99							
149		OO	58.0						
150		O1	59.6						
152	4 x 200 m Relay - 7	98							
153		99							
154		OO	2:01.3						
155		O1	2:09.6						





## GIRLS' RELAY HISTORY - 2001

A	B	C	D	E
	GOLD BATON	RRC INDOOR	TIGERAMA	RRC RELAYS
4 X 100 M RELAY (0:52.79)		K.. Johnson J. Kozisek J. Wirth A. Mettling	J.Kozisek L. Haugrud K. Johnson A. Mettling	J. Kozisek J. Wirth K. Johnson A. Mettling
		56.58	57.5	55.2
4 x 200 M RELAY (1:50.8)	K. Johnson J. Wirth A. Bernard A. Mettling 2:03.69	A. Mettling A. Bernard J. Wirth Amy Nelson 2:02.2	K. Johnson A. Mettling J. Wirth A. Nelson 1:58.8	K. Johnson B. Grinde T. Korf J. Wirth 2:00.7
4 x 400 M RELAY (4:17.59)	J. Fore T. Korf M. Johnson H. Larsen 4:49.49	K. Connaker T. Korf C. Mosher M. Johnson 4:45.5	H. Larsen M. Anderson M. Johnson K. Connaker 4:41.5	H. Larsen M. Anderson M. Johnson K. Connaker 4:36.5
4 x 800 M RELAY (10:35.51)		Katie Splett J. Gregoire L. Mettling K. Connaker 11:26.4	K. Connaker L. Mettling M. Johnson M. Anderson 11:14.7	M. Johnson M. Anderson L. Mettling K. Connaker 10:51.5
800 MEDLEY RELAY (100, 100, 200, 400)				B. Jewell A. Bernard A. Nelson H. Larsen 2:11.6
1600 MEDLEY RELAY (200, 200, 400, 800)				A. Nelson A. Mettling T. Korf K. Connaker 4:42.8
DISTANCE MEDLEY (400, 800, 1200, 1600)				C. Mosher R. Craighead K. Splett J. Johnson 16:01.6



## BOYS' RELAY HISTORY - 2001

	GOLD BATON	RRC INDOOR	TIGERAMA	RRC RELAYS
4 X 100 M RELAY (0:45.3)		M. Rydberg Dan Gregoire C. Teeman B. Thiebault	M. Rydberg M. Wirth L. Williams P. Johnson	M. Rydberg M. Wirth J. Boor Boor D. Gregoire
		53.19	48.3	48.8
4 x 200 M RELAY (1:36.6)	M. Rydberg C. Lutz B. Knutson D. Gregoire 1:51.40	M. Rydberg K. Skadsheim B. Knutson D. Gregoire 1:49.1	K. Skadsheim B. Knutson J. BoorBoor S. Peterson 1:45.6	L. Williams R. Hammill J. Oare P. Johnson 1:38.5
4 x 400 M RELAY (3:28.39)	M. Wirth D. Johnson J. Clementson D. Gregoire 4:24.62	J. Oare L. Williams J. Lee R. Hammill 3:47.8	L. Williams J. Lee R. Hammill J. Oare 3:45.6	J. Lee R. Hammill L. Williams J. Oare 3:41.1
4 x 800 M RELAY 8:41.97		C. Lutz D. Hansen D. Johnson J. BoorBoor 10:13.3	J. Oare J. Lee P. Johnson R. Hammill 9:06.5	J. Lee P. Johnson J. Oare R. Hammill 8:42.4
800 MEDLEY RELAY (100, 100, 200, 400)				J. Peterson D. Gregoire K. Skadsheim D. Johnson 2:03.5
1600 MEDLEY RELAY (200, 200, 400, 800)	M. Rydberg K. Skadsheim M. Wirth D. Johnson 4:45.30			P. Johnson L. Williams S. Peterson J. Lee 4:01.4
DISTANCE MEDLEY (800, 400, 1200, 1600)				C. Teeman S. Peterson C. Lutz J. Clementson 12:19.7

