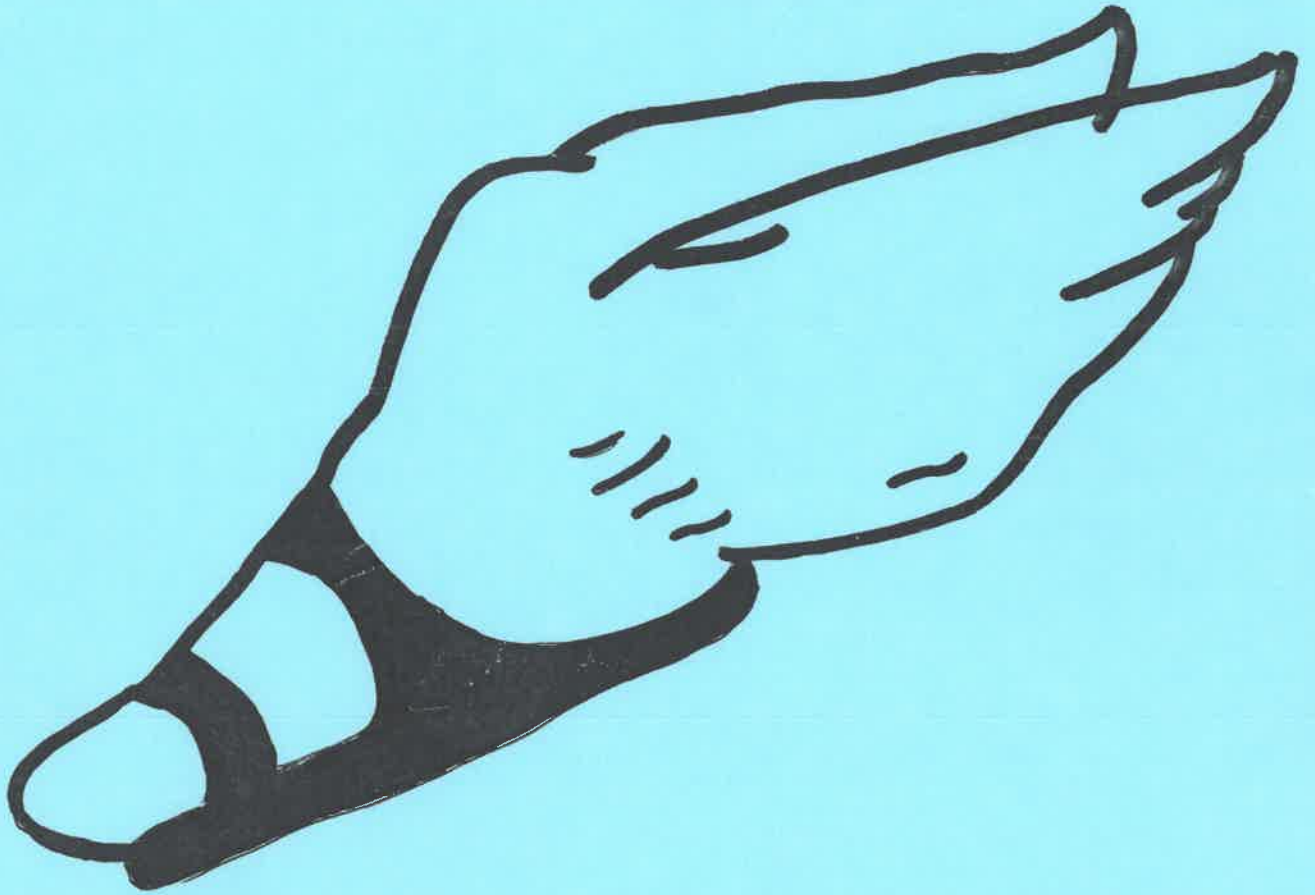


P
I
N
E

1996

IN
REVIEW



C
I
T
Y

R

A

C

K

***WHAT LIES BEHIND US
AND
WHAT LIES BEFORE US,
ARE TINY MATTERS
COMPARED TO
WHAT LIES WITHIN US.***

Ralph Waldo Emerson

**RUM RIVER CONFERENCE INDOOR TRACK AND FIELD MEET
SATURDAY, MARCH 23, 1996
PINE CITY GIRL'S RESULTS**

55 METER DASH: 1. Tera Kazek 8.07

4 x 800 METER RELAY: 1. Ali Weideman 2:58.9 4th
2. Lena Filler 2:52.3
3. Bree Fischer 2:58.9
4. Jessica Ammann 3:07.4
11:59.3

3200 METER RUN:

55 METER HURDLES: 1. Breckan Johnson 10.62
2. Lena Filler 11.96

4 x 200 METER RELAY:

1600 METER RUN: 1. Bree Fischer (1:29,1:42,1:46,1:50) 6:47
2. Nikki Carlson (1:26,1:49, 1:56, 1:46) 6:57

4 x 100 METER RELAY: 1. Breckan Johnson 15.93 6th
2. Jessica Ammann 14.99
3. Ali Weidemann 13.84
4. Tera Kazek 14.61
59.37

400 METER DASH: 1. Lena Filler 75.57

800 METER RUN: 1. Ali Weideman (1:20, 1:32) 2:53
2. Jessica Ammann (1:35, 1:31) 3:06

200 METER DASH:

4 x 400 METER RELAY:

LONG JUMP: 1. Tera Kazek 14' 9 3/4" (P.B.) 3rd

HIGH JUMP:

TRIPLE JUMP:

SHOT PUT: 1. Tera Kazek 28' 8 1/2"
2. Liz Bourke 16' 1/4"

TEAM SCORES:

1. Cambridge 106
2. N. Branch 104
3. Sauk Rapids 100
4. Chs. Lks 98
5. Mora 59
6. Foley 46
7. Milaca 29
8. Princeton 19
9. Pine City 14

**RUM RIVER CONFERENCE INDOOR TRACK AND FIELD MEET
SATURDAY, MARCH 23, 1996
PINE CITY BOYS' RESULTS**

TEAM RESULTS:

55 METER DASH:	1. Brian Olson 7.06 2. Jeff Johnson 7.16 3. Patrick Stephan 8.20	1. Cambridge 155 2. Mora 78 3. Foley 73 4. Chs Lks 66
----------------	--	--

3200 METER RUN:	5. Sauk Rapids 59 6. N. Branch 50
-----------------	--------------------------------------

55 METER HURDLES:	1. Nathan Anderson 10.87 2. Steve Peterson 10.35	7. Princeton 39 8. Milaca 35 9. Pine City 29
-------------------	---	--

SPRINT MEDLEY RELAY: (800, 200, 200, 400)	1. J. R. Anderson 2:16.00 2. Jason McSherry 27.06 3. Andy Auers 28.47 4. Jeff Arnold <u>53.43</u> 4:04.96	<u>4th</u>
--	---	------------

1600 METER RUN:

4 x 100 METER RELAY:	1. Jeff Johnson 12.85 2. Andy Auers 12.97 3. Jeff Arnold 11.56 4. Brian Olson <u>11.44</u> 48.78	<u>6th</u>
----------------------	--	------------

400 METER DASH:	1. John Hanson 63.54 2. Patrick Stephan 71.22
-----------------	--

800 METER RUN:	1. J.R. Anderson (66, 70) 2:15.85 2. Jessie Johnson (70, 97) 2:47.0 3. Steve Peterson (72, 86) 2:38.0	<u>7th</u>
----------------	---	------------

200 METER DASH:	1. Jeff Arnold 24.65 2. Jason McSherry 26.03 3. Jeff Johnson 27.60	<u>3rd</u>
-----------------	--	------------

4 x 400 METER RELAY:

LONG JUMP:	1. Brian Olson 17' 7" <u>4th</u> 2. Andy Auers 17' 8 1/2" <u>3rd</u> 3. Jeff Johnson 15' 1 1/2"	TRIPLE JUMP: 1. Jason McSherry - 2. Jessie Johnson 36' 1/2" <u>7th</u> 3. Nathan Anderson -
------------	---	---

HIGH JUMP:	1. Nathan Anderson 5' 0" 2. John Hanson 5' 0" 3. Patrick Stephan -	SHOT PUT:
------------	--	-----------

**GOLD BATON INDOOR TRACK MEET
NATIONAL SPORTS CENTER - BLAINE
MONDAY, APRIL 8, 1996 - 4:30 p. m.
Pine City Girls Results**

3200 m Run 1. Amy Johnson 14:07.4 **3rd** Shot Put 1. Tera Kazek 30'8" (PB) **2nd**
 (1:39, 1:43, 1:48, 1:48, 1:47, 1:47, 1:48, 1:47)
 2. Jessica Ammann 15:36.6 2. Sherre' Krein 19'6"
 (1:40, 1:45, 1:50, 1:58, 2:12, 2:07, 2:07, 2:07) 3. Liz Bourke 17' 0"

55 m Hurdles 1. Tricia Struss 11.23 **5th** Long Jump 1. Tera Kazek 14' 3/4" **1st**
 2. Breckan Johnson 10.95 **2nd** 2. Molly Sloan 13' 3" **4th**
 3. Lena Filler 11.41 3. Tricia Struss 11'5"

55 m Dash 1. Tera Kazek 8.52

High Jump

4 x 800 m Relay 1. Ali Weidemann 2:48 Triple Jump 1. Lena Filler
 2. Lena Filler 2:55 2. Jessica Ammann 27' 6" **5th**
 3. Becky Haavisto 2:55
 4. Amy Johnson 2:56
 11:37.2 **3rd**

1600 m Run 1. Bree Fischer (1:30, 1:44, 1:48, 1:40) 6:44.04

4 x 200 m Relay 1. Tricia Struss 34.4
 2. Jessica Ammann 33.7
 3. Molly Sloan 31.0
 4. Tera Kazek 30.0
 2:09.0 **5th**

400 m Dash 1. Rita Auers (30,36) 1:06.8 **2nd**
 2. Molly Sloan (35,37) 1:12.58 **6th**
 3. Breckan Johnson (32,44) 1:16.34

800 m Run 1. Ali Weidemann (1:20, 1:27) 2:47 **4th**
 2. Becky Haavisto (1:23, 1:32) 2:55 **6th**
 3. Bree Fischer (1:28, 1:35) 3:03.3

200 m Dash 1. Rita Auers 30.44 **2nd** **Participating teams:**
 2. Tricia Struss 34.35 - The Blake Schools
 3. Lena Filler 32.38 - Mounds Park Academy
 - Pine City

4 x 400 m Relay 1. Amy Johnson 1:11 - Visitation
 2. Molly Sloan 1:11 - Grantsburg
 3. Ali Weidemann 1:10 - Osceola
 4. Rita Auers 1:12 - Siren
 4:45.6 **4th** - St. Paul Academy

**GOLD BATON INDOOR TRACK MEET
NATIONAL SPORTS CENTER - BLAINE
MONDAY, APRIL 8, 1996 - 4:30 p. m.
Pine City Boys Results**

55 m Hurdles 1. Nathan Anderson 10.28 **4th** Shot Put
2. Steve Peterson 10.61 **5th**

4 x 800 m Relay 1. J. R. Anderson (1:03, 1:08) 2:11 Long Jump 1. Brian Olson 17' 9" (PB) **2nd**
2. John Hanson (1:09, 1:33) 2:42 2. Jeff Johnson 16' 8.5" (PB)
3. Bill Runyan (1:07, 1:28) 2:35 3. Jayson Jahnz 16' 4 3/4"
4. Steve Peterson (1:14, 1:28) 2:42
10:03.88 **7th**

55 m Dash 1. Brian Olson 7.08 **3rd** Triple Jump 1. Jason McSherry 35' 10" (PB) **6th**
2. Jayson Jahnz 7.25
3. Jeff Johnson 7.2 **5th**

1600 m Run 1. Derek Sanders 7:14.25 High Jump 1. Nathan Anderson 5' 3 (PB)
(1:20, 1:49, 1:58, 2:05) 2. John Hanson 5' 0"
3. Patrick Stephan 5' 0"

4 x 200 m Relay 1. Jason McSherry 25.9 Pole Vault
2. Jeff Johnson 26.1
3. Jayson Jahnz 25.4
4. Brian Olson 25.3
1:42.66 **4th**

400 m Dash 1. Jeff Arnold 55.7 **3rd**

800 m Run 1. J. R. Anderson (1:05, 1:09) 2:13.4 **2nd**
2. Bill Runyan (1:10, 1:19) 2:29.6
3. Steve Peterson (1:14, 1:20) 2:34.4 (PB)

200 m Dash 1. Jeff Arnold 25.5 **2nd**
2. Jason McSherry 26.3 **6th**
3. Jeff Johnson 27.7

3200 m Run

4 x 400 m Relay 1. J. R. Anderson 58.5
2. Bill Runyan 65
3. John Hanson 63
4. Jeff Arnold 56.3
4:03.4 **2nd**

Participating schools:

- The Blake School
- Mounds Park Academy
- Pine City
- Grantsburg
- Osceola
- Siren
- St. Paul Academy
- Visitation

**PRINCETON - PINE CITY DUAL TRACK MEET at PINE CITY
 MONDAY, APRIL 22, 1996 - 4:30 - cold, very windy
 Pine City Girls' Results**

4 x 800 m Relay	1. Ali Weidemann 2:49 2. Jessica Ammann 3:04 3. Becky Haavisto 3:02 4. Amy Johnson <u>2:52</u> 11:47.24	Long Jump	1. Tera Kazek 13' 4" 2. Molly Sloan 13' 6" 3. Tricia Struss	2nd 1st
100 m Hurdles	1. Breckan Johnson 19.87 2. Tricia Struss 20.94	3rd	Triple Jump	
100 m Dash	1. Tera Kazek 14.65 2. Sherre' Krein 20.08	2nd	High Jump	
4 x 200 m Relay		Shot Put	1. Tera Kazek 29' 1" 2. Sherre' Krein 20' 6" (PB) 3. Molly Sloan 25' 6"	2nd
1600 m Run		Discus	1. Mary Misel 83' 7" 2. Tricia Struss 49' 2" 3. Sherre' Krein 54' 6 1/2"	2nd
4 x 100 m Relay	1. Mary Misel 13.84 2. Breckan Johnson 18.76 3. Molly Sloan 14.33 4. Tera Kazek <u>13.83</u> 60.76	1st		
400 m Dash				
300 m Hurdles	1. Breckan Johnson 61.7	3rd		
800 m Run	1. Ali Weidemann 2:53.49 (1:20, 1:33)	1st		
200 m Dash				
3200 m Run	1. Amy Johnson 13:34.85 (1:34, 1:42, 1:44, 1:45, 1:50, 1:45, 1:40, 1:35)	1st		
4 x 400 m Relay				

Team Scores:

Princeton	100
Pine City	37

**PRINCETON - PINE CITY DUAL MEET at PINE CITY
 MONDAY, APRIL 22, 1996 - 4:30 - cold, very windy
 Pine City Boys' Results**

110 m High Hurdles	1. Nathan Anderson	19.67 (PB)	2nd	Long Jump	1. Brian Olson	16' 2"	
	2. Steve Peterson	21.67	4th		2. Jeff Johnson	17' 3"	2nd
					3. Jessie Johnson	17' 1 1/2 "	3rd

100 m Dash	1. Brian Olson	12.26	2nd	Triple Jump	1. Jessie Johnson	36' 1/4"	1st
	2. Jeff Johnson	12.63			2. Jason McSherry	33' 11 1/2"	
	3. Jason McSherry	12.56	4th		3. Jeff Johnson	33' 7 1/2"	

Sprint Medley Relay

1600 m Run	1. J. R. Anderson	5:13.08	1st	High Jump	1. Nathan Anderson	4' 10"	3rd
	(1:12, 1:18, 1:22, 1:21)				2. Steve Peterson		

4 x 100 m Relay	1. Jeff Arnold	12.30		Discus			
	2. Jeff Johnson	11.72					
	3. Jessie Johnson	12.72					
	4. Brian Olson	<u>11.94</u>					
		48.76	1st				

400 m Dash	1. Jeff Arnold	57.27	1st	Shot Put	1. Derek Sanders	23' 10"	
	2. Jessie Johnson	74.8			2. Jeff Arnold	29' 4"	3rd
	3. Derek Sanders	74.1					

300 m Hurdles	1. Nathan Anderson	50.82	3rd	Pole Vault			
	2. Steve Peterson	54.4	4th				

800 m Run	1. J. R. Anderson	2:23.9	2nd				
	(1:04, 1:19)						

200 m Dash	1. Jeff Arnold	25.38	2nd				
	2. Jason McSherry	26.2	4th				

3200 m Run

4 x 400 m Relay

Team Results:

1. Princeton	107
2. Pine City	39

Cambridge Triangular April 16, 1996 Pine City Girls' Results

4 x 800 m Relay	1. Ali Weidemann 2. Jessica Ammann 3. Bree Fischer 4. Amy Johnson	2:43 3:03 2:57 <u>2:50</u>	11:36.3	2nd	Long Jump	1. Tera Kazek 2. Molly Sloan 3. Tricia Struss 4. Lena Filler	13' 8 1/4" 13' 3 1/2" 11' 11" 10' 8 1/2"	3rd 4th
100 m Hurdles	1. Breckan Johnson 2. Tricia Struss 3. Lena Filler	19.62 (BTY) 20.6 20.73		4th	Triple Jump	1. Jessica Ammann	26' 0"	3rd
100 m Dash	1. Tera Kazek 2. Kerri Smetana	13.94 14.95		2nd	Shot Put	1. Tera Kazek 2. Sherre' Krein 3. Kerri Smetana	29' 1/2" 19'1" 18"	1st
4 x 200 m Relay					Discus	1. Mary Misel 2. Sherre' Krein 3. Kerri Smetana 4. Tricia Struss	80' 4" 54' 43' 60' 8"	2nd
1600 m Run	1. Bree Fischer (1:33, 1:41, 1:48, 1:41) 2. Jessica Ammann (1:33, 1:42, 1:47, 1:31)	6:43 6:33 (PB)		4th				
4 x 100 m Relay	1. Breckan Johnson 2. Kerri Smetana 3. Molly Sloan 4. Tera Kazek	14.3 16.9 14.4 <u>12.4</u>	58.04		High Jump			2nd
400 m Dash	1. Rita Auers 2. Molly Sloan	1:06 (PB) 1:10 (PB)						2nd
300 m Hurdles	1. Breckan Johnson 2. Tricia Struss 3. Lena Filler	57.1 (PB) 60.4 57.11						3rd 4th
800 m Run	1. Ali Weidemann 2. Jessica Ammann	(1:19, 1:28) (1:30, 1:37)	2:46 3:07					3rd
200 m Dash	1. Rita Auers	29.76						3rd
3200 m Run	1. Amy Johnson (1:31, 1:44, 1:45, 1:46, 1:47, 1:49, 1:37)	13:45.8 (PB)						3rd
4 x 400 m Relay	1. Rita Auers 2. Lena Filler 3. Molly Sloan 4. Ali Weidemann	1:08.5 1:12.7 1:11.9 <u>1:09.3</u>	4:42.35					2nd

Team Results:

1. Cambridge	112.5
2. Pine City	38
3. Milaca	24.5

Cambridge Triangular April 16, 1996 Pine City Boys' Results

110 m High Hurdles	1. Nathan Anderson	20.43		Long Jump	1. Brian Olson 18' 5 1/2" (PB) 2nd
					2. Jeff Johnson 17' 3 1/2" (PB)
					3. Jayson Jahnz 16' 5" (PB)
100 m Dash	1. Brian Olson	11.91 (PB)		High Jump	1. Nathan Anderson 5'0"
	2. Jayson Jahnz	12.2			
	3. Jeff Johnson	12.28			
Sprint Medley Relay				Triple Jump	
1600 m Run	1. J. R. Anderson	4:59.5 (PB)	4th	Shot Put	
	(1:04, 1:16, 1:20, 1:20)			Discus	
4 x 100 m Relay	1. Derek Sanders	15.11		Pole Vault	
	2. Jeff Johnson	11.94			
	3. Jayson Jahnz	12.29			
	4. Brian Olson	<u>10.55</u>			
		49.89			
400 m Dash	1. Derek Sanders	1:10.53			
300 m Hurdles	1. Nathan Anderson	50.31			
800 m Run	1. J. R. Anderson	(1:03,1:12)		2:15.07	
	2. Derek Sanders	(1:16,1:39)		2:54.76	
200 m Dash	1. Brian Olson	24.99	4th		
	2. Jayson Jahnz	25.7			
3200 m Run				<u>Team Scores:</u>	
				1. Cambridge	134
				2. Milaca	39
				3. Pine City	5
4 x 400 m Relay	1. Jeff Johnson	60.0			
	2. Nathan Anderson	63.3			
	3. Bill Runyan	60.6 (PB)			
	4. J. R. Anderson	<u>58.2</u>			
		4:02.1			

GIRLS TRACK TIGERAMA at RUSH CITY
THURSDAY, APRIL 18, 1996 - 3:45 - cold, rainy
Pine City Girls Results

4 x 800 m Relay	1. Ali Weidemann 2:50 2. Bree Fischer 2:58 3. Becky Haavisto 2:52 4. Amy Johnson <u>2:52</u> 11:32.68 3rd	Triple Jump 1. Jessica Ammann 25' 2"	High Jump
100 m High Hurdles	1. Breckan Johnson 19.74 2. Tricia Struss 20.31 3. Lena Filler 20.7	Discus 1. Mary Misel 80' 2 1/2" 2. Sherre' Krein 47' 1" 3. Tricia Struss	
100 m Dash	1. Tera Kazek 14.17 2. Kerri Smetana 15.46 3. Kim Connaker 16.89	Shot Put 1. Tera Kazek 28' 5" 2. Sherre' Krein 20' 4 1/2" (PB) 3. Kerrri Smetana 18' 7 1/2" (PB)	
4 x 200 m Relay		Long Jump 1. Tera Kazek 14' 1" 4th 2. Molly Sloan 13' 3" 3. Tricia Struss 11' 1"	
1600 m Run	1. Bree Fischer 6:34.76 (1:30, 1:41, 1:46, 1:38)		
4 x 100 m Relay	1. Breckan Johnson 15.74 2. Kerri Smetana 14.8 3. Molly Sloan 15.14 4. Tera Kazek <u>13.1</u> 58.68	<u>TEAM RESULTS:</u> 1. Barnum 80 2. East Central 59 3. Moose Lk/W R 53 4. Ogilvie 49 5. Grantsburg 48 6. SCL 42 6. Hinckley/Fin 42 8. Pine City 36 9. Rush City 32 10. Frederick 27 11. Braham 26 12. Siren 19 13. Carlton 14	
400 m Dash	1. Rita Auers 1:06.7 2. Molly Sloan 1:10.2	3rd	
300 m Low Hurdles	1. Breckan Johnson 58.72 2. Tricia Struss 62.31 3. Lena Filler 56.77	6th	
800 m Run	1. Ali Weidemann 2:44.09 (1:21, 1:24)	3rd	
200 m Dash	1. Rita Auers (prelims - 29.75)	29.81	4th
3200 m Run	1. Amy Johnson 13:40.17 (PB) (1:36, 1:42, 1:44, 1:45, 1:43, 1:48, 1:45, 1:37) 2. Jessica Ammann 15:17.3 (PB) (1:46, 1:49, 1:48, 1:52, 12:03, 2:06, 1:46, 1:46)	2nd	
4 x 400 m Relay	1. Rita Auers 71.2 2. Lena Filler 73.4 3. Molly Sloan 71.9 4. Ali Weidemann <u>74.1</u> 4:50.33	6th	

BOYS TRACK TIGERAMA at RUSH CITY
THURSDAY, APRIL 25, 1996 - 3:45 - very cold, very windy
Pine City Boys' Results

110 m High Hurdles	1. Nathan Anderson 18.92 (PB) 2. Steve Peterson 20.47 (PB)	Discus 1. Jessie Johnson 55'
100 m Dash	1. Brian Olson 12.03 2. Jayson Jahnz 11.95 (PB) 5th 3. Jeff Johnson 12.14 (PB)	Shot Put
Sprint Medley Relay	1. Andy Auers 28.8 2. Jason McSherry 24.4 3. Jessie Johnson 63.7 4. Bill Runyan 2:32.9 4:29.5	High Jump 1. Nathan Johnson Long 1. Brian Olson 17' 3" Jump 2. Andy Auers 16' 8" 3. Jayson Jahnz 17' 11 1/2" PB
1600 m Run	1. J. R. Anderson 5:15.2 6th (1:09, 1:17, 1:23, 1:25) 2. Steve Peterson 5:56.9 (1:15, 1:36, 1:37, 1:29)	Triple 1. Jessie Johnson 36' 2 1/2" 5th Jump 2. Jason McSherry 31' 6" 3. Jeff Johnson 33' 7"
4 x 100 m Relay	1. Jessie Johnson 12.85 2. Jeff Johnson 12.28 3. Jayson Jahnz 12.18 4. Brian Olson <u>11.70</u> 48.70 2nd	Pole Vault
400 m Dash	1. Derek Sanders 1:10.8	
300 m Hurdles	1. Nathan Anderson 51.5 2. Steve Peterson 54.1 (PB)	
800 m Run	1. J. R. Anderson 2:16.8 4th (1:06, 1:11)	
200 m Dash	1. Jayson Jahnz 24.9 (PB) 2. Brian Olson 24.8 (PB) 3. Jason McSherry 25.3 (PB)	<u>Team Results:</u> 1. Grantsburg 136 2. Ogilvie 57 3. Frederic 51 4. Braham 46 5. Siren 45 6. Rush City 36 7. Moose Lk/W R 32 8. Hinckley/Fin 26 9. Carlton 22 10. Pine City 18 11. East Central 15 12. SCL 12
3200 m Run		
4 x 400 m Relay	1. Jeff Johnson 62.3 2. Nathan Anderson 63.7 3. Bill Runyan 63.9 4. J. R. Anderson <u>60.7</u> 4:10.6 6th	

RUM RIVER CONFERENCE RELAYS at CAMBRIDGE
TUESDAY, April 23, 1996 - cool, windy - then rain
Pine City Girls' Results

100 m Hurdles	1. Breckan Johnson 20.5 3. Lena Filler 21.3	High Jump	
4 x 100 m Relay	1. Rita Auers 14.9 2. Kerri Smetana 14.3 3. Molly Sloan 13.2 4. Tera Kazek <u>14.8</u> 57.2 5th	Long Jump	1. Tera Kazek 13' 7" 2. Molly Sloan 13' 2 1/2" 3. Lena Filler <u>11' 2"</u> 37' 11 1/2" 4th
4 x 800 m Relay	1. Ali Weidemann 2:51 2. Becky Haavisto 3:01 3. Bree Fischer 3:02 4. Amy Johnson <u>2:49</u> 11:44.2 7th	Discus	1. Mary Misel 84' 4" 2. Kerri Smetana 50' 9" 3. Sherre' Krein <u>56' 2"</u> 1 91' 3" 8th
800 m Medley Relay (100, 100, 200, 400)	1. Breckan Johnson 15.8 2. Kerri Smetana 14.7 3. Tera Kazek 30.1 4. Rita Auers <u>69.0</u> 2:09.6 5th	Triple Jump	1. Jessica Ammann 26' 2"
1600 m Medley Relay (200, 200, 400, 800)	1. Mary Misel 36.9 2. Ali Weidemann 29.5 3. Molly Sloan 1:12.0 4. Jessica Ammann <u>3:05.0</u> 5:23.6 6th	Shot Put	1. Tera Kazek 28' 6 3/4" 2. Kerri Smetana 19' 3 1/4" (PB) 3. Sherre" Krein <u>22' 10 1/2" (PB)</u> 70' 8 1/2" 8th
300 m Hurdles	1. Breckan Johnson 62.2 2. Lena Filler 57.5		
		<u>Team Results:</u>	
4 x 200 m Relay		1. Sauk Rapids 85 2. Cambridge 73 3. Chisago Lakes 71 4. Foley 59 5. North Branch 50 6. Mora 46.5 7. Princeton 34 8. Pine City 22 9. Milaca 16.5	
Distance Medley (800, 400, 1200, 1600)	1. Ali Weidemann 2:46 2. Bree Fischer 1:16 3. Becky Haavisto 4:44 (1:28, 1:39, 1:37) 4. Amy Johnson <u>6:19</u> (1:31, 1:40, 1:39, 1:29) 15:06.3 7th		
Weight persons Relay			
4 x 400 m Relay	1. Lena Filler 2. Jessica Ammann 3. Molly Sloan 4. Rita Auers	cancelled due to rain	

RUM RIVER CONFERENCE RELAYS at CAMBRIDGE
TUESDAY, APRIL 23, 1996 - cool, windy - then rain
Pine City Boys' Results

110 m Hurdles	1. Nathan Anderson 19.9 2. Steve Peterson 20.7	Shot Put	1. Jeff Arnold 27' 1"
4 x 100 m Dash	1. Jeff Arnold 12.7 2. Jeff Johnson 11.3 3. Jayson Jahnz 11.3 4. Brian Olson <u>12.0</u> 47.3	Triple Jump	1. Jessie Johnson 34' 2. Jason McSherry 36' 2" 3. Jeff Johnson 33' 7" cancelled due to rain
4 x 800 m Relay		1st	
800 m Medley Relay (100, 100, 200, 400)	1. Jeff Johnson 13.0 2. Jayson Jahnz 10.9 3. Jason McSherry 25.6 4. Bill Runyan <u>65.2</u> 1:54.5	Discus	1. Jessie Johnson 2. Jeff Johnson 8th
1600 m Medley Relay (200, 200, 400, 800)	1. Brian Olson 25.5 2. Andy Auers 25.6 3. Jeff Arnold 57.4 4. J. R. Anderson <u>2:12.1</u> 4:01.6	Long Jump	1. Brian Olson 17' 1" 2. Andy Auers 17' 3/4" 3. Jayson Jahnz <u>17' 2"</u> (PB) 51' 3 3/4" 4th
300 m Hurdles	1. Nathan Johnson 50.0 2. Steve Peterson 52.9 3. Jessie Johnson <u>51.5</u> 1:55.7	High Jump	1. Nathan Anderson 5' 2" 2. Steve Peterson
4 x 200 m Relay	1. Jason McSherry 25.8 2. Andy Auers 27.0 3. Jayson Jahnz 24.3 4. Brian Olson <u>24.6</u> 1:41.7	Pole Vault	
Distance Medley (800, 400, 1200, 1600)	1. Steve Peterson 2:38.0 2. Jeff Arnold 55.7 3. Bill Runyan 4:00.0 (1:17, 1:19, 1:24) 4. J. R. Anderson <u>5:29.0</u> (1:12, 1:17, 1:24, 1:36) 13:02.7	<u>Team Results:</u>	1. Cambridge 74 2. Sauk Rapids 65 3. North Branch 44.5 4. Mora 44 5. Chisago Lakes 40 6. Foley 39 7. Princeton 38 8. Pine City 27 9. Milaca 13.5
Weight persons Relay		not scored due to rain	
4 x 400 m Relay			

PINE CITY/SAUK RAPIDS/ CHISAGO LAKES at CHISAGO LAKES
TUESDAY, APRIL 30, 1996 - sunny, cool, windy
Pine City Girls' Results

4 x 800 m Relay	1. Ali Weidemann 2. Becky Haavisto 3. Bree Fischer 4. Amy Johnson	2:48.6 3:06.9 3:01.6 <u>2:45.9</u> 11:43.0	1st	High Jump	
100 m Hurdles	1. Breckan Johnson 2. Tricia Struss	19.32 (BTY) 19.73 (BTY)	2nd	Long Jump	1. Molly Sloan 14' 1" (BTY) 2nd 2. Tricia Struss - 3. Tera Kazek 14' 3" 1st
100 m Dash	1. Tera Kazek 2. Kerri Smetana	14.3 14.6 (BTY)		Triple Jump	
4 x 200 m Relay					
1600 m Run	1. Bree Fisher (1:35, 1:42, 1:47, 1:43)	6:46.6		Shot Put	1. Tera Kazek 28' 6" 3rd 2. Mary Misel 23' 6 1/2" 3. Kerri Smetana 19' 4. Sherre' Krein 22' 3 1/2"
4 x 100 m Relay	1. Breckan Johnson 2. Kerri Smetana 3. Molly Sloan 4. Tera Kazek	14.89 16.04 12.34 <u>14.00</u> 57.37			
400 m Dash	1. Rita Auers	1:05.9 (PB)	2nd	Discus	1. Mary Misel 82' 8" 3rd 2. Tricia Struss 65' 3. Kerri Smetana 50' 4. Sherre' Krein 54'
300 m Hurdles	1. Breckan Johnson 2. Tricia Struss	61 (w/fall) 60.6			
800 m Run	1. Ali Weidemann (1:20, 1:25)	2:45.7	1st		
200 m Dash	1. Rita Auers	28.91 (PB)			<u>Team Results:</u> 1. Sauk Rapids 97 2. Chisago Lks 41 3. Pine City 33
3200 m Run	1. Amy Johnson (1:30, 1:40, 1:44, 1:45, 1:45, 1:47, 1:45, 1:32)	13:27 (PB)	3rd		
4 x 400 m Relay	1. Rita Auers 2. Bree Fischer 3. Molly Sloan 4. Ali Weidemann	1:08 1:16 1:10 <u>1:10</u> 4:46.4	2nd		

**PINE CITY/NORTH BRACH /MORA at PINE CITY
TUESDAY, MAY 7, 1996 - 4:30 P.M. - sunny, warm
Pine City Girls' Results**

4 x 800 m Relay	1. Ali Weidemann 2. Jessica Ammann 3. Becky Haavisto 4. Amy Johnson	2:39.4 3:02.0 2:56.3 <u>2:49.5</u> 11:27.2 (BTY)		High Jump	
100 m Hurdles	1. Breckan Johnson 2. Tricia Struss 3. Lena Filler	19.72 20.27 21.83	4th	Long Jump	1. Tera Kazek 13' 2" 4th 2. Molly Sloan 14' 2 1/2" (BTY) 1st 3. Lena Filler 12' 1/2" (PB)
100 m Dash	1. Kerri Smetana	15.03			
4 x 200 m Realy	1. Rita Auers 2. Ali Weidemann 3. Molly Sloan 4. Tera Kazek	30.3 29.3 29.8 <u>28.7</u> 1:58.13 (BTY)		Triple Jump	1. Jessica Ammann 25' 4"
1600 m Run	1. Jessica Ammann (1:42, 1:40, 1:45, 1:33)	6:41.3	3rd	Shot Put	1. Tera Kazek 30' 7 1/2" 3rd 2. Mary Misel 23' 5" 3. Sherre' Krein 22' 1" 4. Kerri Smetana 20' 6" (PB) 5. Liz Bourke 16' 9 1/2" 6. Molly Sloan 26' 9" (BTY) 4th
4 x 100 m Relay	1. Breckan Johnson 2. Kerri Smetana 3. Molly Sloan 4. Tera Kazek	14.54 15.01 14.31 <u>12.96</u> 56.82 (BTY)			
400 m Dash	1. Rita Auers	1:07.25	1st	Discus	1. Mary Misel 81' 6" 2. Tricia Struss 60' 11" 3. Sherre Krein 63' 10" (PB) 4. Kerri Smetana 56' 7" (PB) 5. Liz Bourke 38' 10 3/4"
300 m Hurdles	1. Lena Filler	56.51	(BTY) 3rd		
800 m Run	1. Ali Weidemann (1:15, 1:25)	2:40.7	(BTY) 3rd		
200 m Dash	1. Jessica Ammann 2. Lena Filler	33.7 32.6		<u>Team Results:</u>	
3200 m Run	1. Amy Johnson (1:36, 1:42, 1:43, 1:42, 1:44, 1:43, 1:32)	13:25.4	(PB) 1st		1. Mora 86 2. North Branch 63 3. Pine City 28
4 x 400 m Relay					

OGILVIE INVITATIONAL
THURSDAY, MAY 7, 1996 - 4:00
Pine City Boys' Results

110 m Hurdles	1. Nathan Anderson 2. Steve Peterson	19.16 20.02 (PB)	5th	High Jump	1. Nathan Anderson	
100 m Dash	1. Jeff Arnold 2. Jayson Jahnz 3. Brian Olson	11.86 12.01 12.00	1st 4th 3rd	Long Jump	1. Brian Olson 2. Jayson Jahnz 3. Jeff Arnold	15' 9" 16' 11" 16' 9 1/2"
Sprint Medley Relay	1. Jason McSherry 2. Andy Auers 3. Nathan Anderson 4. Bill Runyan	25.5 25.0 61.7 <u>2:27</u>		Triple Jump	1. Jessie Johnson 2. Jason McSherry 3. Jeff Johnson	37' 4" 4th 35' 8"
		4:19.9	5th	Shot Put		
1600 m Run				Discus	1. Jessie Johnson	88' 4"
4 x 100 m Relay	1. Jeff Arnold 2. Jeff Johnson 3. Brian Olson 4. Jayson Jahnz	12.3 10.4 11.3 <u>12.2</u>				
		46.2	1st			
400 m Dash	1. Jeff Arnold 2. Derek Sanders	54.82 68.0	3rd			
300 m Hurdles	1. Nathan Anderson 2. Steve Peterson	51.1 51.23 (PB)				
800 m Run	1. Bill Runyan (1:09, 1:17)	2:26.3 (PB)				
200 m Dash	1. Brian Olson 2. Jayson Jahnz 3. Jason McSherry	25.01 26.02 25.56	2nd			
3200 m Run						
4 x 400 m Relay	1. Steve Peterson 2. Jeff Johnson 3. Jessie Johnson 4. Bill Runyan	65.9 59.3 60.7 <u>65.4</u>				
		4:11.4	4th			
				Team Results:		
				1. Mora	126	
				2. Braham	84	
				3. Ogilvie	83	
				4. Milaca	67	
				5. Pine City	57	
				6. Mille Lacs	53	
				7. Royalton	37	
				8. Moose Lk/WR	24	
				9. EC Home S	0	

RUM RIVER CONFERENCE TRACK MEET at CAMBRIDGE
THURSDAY, MAY 16, 1996 - 3:00 -
perfect - warm, sunny, slight breeze
Pine City Girls' Results

4 x 800 m Relay	1. Ali Weidemann 2. Becky Haavisto 3. Bree Fischer 4. Amy Johnson	2:45 2:55 2:55 <u>2:45</u>		High Jump	
		11:22.6	6th		
100 m Hurdles	1. Tricia Struss	19.6 (BTY)		Long Jump	1. Tera Kazek 14' 4 3/4" 7th 2. Molly Sloan 14' 4 1/2" (PB) 8th 3. Tricia Struss
100 m Dash	1. Tera Kazek 2. Keri Smetana	13.8 (BTY) 14.8	8th		
4 x 200 m Relay				Triple Jump	1. Jessica Ammann 27' 8" (PB)
1600 m Run	1. Becky Haavisto (1:31, 1:48, 1:48, 1:44) 2. Bree Fischer (1:31, 1:46, 1:46, 1:42) 3. Jessica Ammann (1:33, 2:05, 3:16, 2:00)	6:51 6:45 7:54		Shot Put	1. Tera Kazek 2. Mary Misel 25' 9" (PB) 3. Sherre' Krein 22' 4 1/2"
4 x 100 m Relay	1. Mary Misel 2. Keri Smetana 3. Molly Sloan 4. Tera Kazek	15.3 14.4 13.4 <u>13.5</u>		Discus	1. Mary Misel 91' 11" (PB) 2. Tricia Struss 3. Sherre' Krein 63' 8"
		56.5 (BTY)	7th		
400 m Dash	1. Rita Auers 2. Molly Sloan	64.5 (PB) 67.0 (PB)	4th		
300 m Hurdles	1. Lena Filler 3. Tricia Struss	53.9 (PB) 60.4 (BTY)		<u>Team Results:</u>	
800 m Run	1. Ali Weidemann (1:15, 1:24)	2:38.8 (BTY)		1. North Branch 114.3 2. Chisago Lakes 106.8 3. Sauk Rapids 102.5 4. Cambridge 90.5 5. Mora 88.3 6. Foley 86.3 7. Princeton 29 8. Milaca 28.5 9. Pine City 16.7	
200 m Dash	1. Rita Auers	29.0	8th		
3200 m Run	1. Amy Johnson (1:27, 1:37, 1:39, 1:41, 1:43, 1:44, 1:43, 1:33)	13:06.9 (PB)			
4 x 400 m Relay	1. Rita Auers 2. Lena Filler 3. Molly Sloan 4. Ali Weidemann	1:07 1:12 1:08 <u>1:10</u>			
		4:38.5 (BTY)			

RUM RIVER CONFERENCE TRACK MEET at CAMBRIDGE
THURSDAY, MAY 16, 1996 - 3:00 -
perfect - warm, sunny, slight breeze
Pine City Boys' Results

110 m Hurdles	1. Nathan Anderson 19.1	High Jump	1. Nathan Anderson
	2. Steve Peterson 20.1		
100 m Dash	1. Jeff Arnold 11.9	5th Long Jump	1. Brian Olson 17' 0"
	2. Brian Olson 12.3		2. Jayson Jahnz 16' 3"
	3. Jayson Jahnz 11.7 (PB)	3rd	3. Jeff Arnold 16' 7"
	All-Conference Honorable Mention		
Sprint Medley Relay	1. Jason McSherry 25.1	Triple Jump	1. Jessie Johnson 38' 4 1/2" (PB) 8th
	2. Andy Auers 25.1		2. Jason McSherry
	3. Nathan Anderson 59.7		3. Jeff Johnson 35'
	4. Bill Runyan <u>2:24.0</u>	8th	
	4:15.0		
1600 m Run		Discus	1. Jessie Johnson 88' 3" (PB)
4 x 100 m Relay	1. Jeff Arnold 13.2	Shot Put	
	2. Jeff Johnson 9.3		
	3. Brian Olson 11.8	Pole Vault	
	4. Jayson Jahnz <u>11.5</u>	2nd	
	45.8 (BTY)		
	All-Conference Honorable Mention		
400 m Dash	1. Jeff Arnold 54.6	3rd	All-Conference Honorable Mention
	2. Jeff Johnson 55.6 (PB)	6th	
	3. Derek Sanders 64.7 (PB)		
300 m Hurdles	1. Nathan Anderson 50.2		
	2. Steve Peterson 52.2		
	3. Jessie Johnson 47.2 (PB)		
800 m Run	1. Bill Runyan 2:26.2 (PB)		<u>Team Results:</u>
	(1:12, 1:14)		
200 m Dash	1. Brian Olson 24.3 (PB)	7th	1. Cambridge 160
	2. Jayson Jahnz 24.6 (PB)	8th	2. Chisago Lakes 101.5
	3. Jason McSherry 24.8 (PB)		3. Foley 99
			4. Mora 73.5
			5. North Branch 65.5
			6. Princeton 54.5
			7. Sauk Rapids 46
			8. Milaca 32
			9. Pine City 31
3200 m Run			
4 x 400 m Relay	1. Steve Peterson 65.3		
	2. Jeff Johnson 56.9		
	3. Jessie Johnson 63.8		
	4. Bill Runyan <u>64.5</u>		
	4:10.9		

CHENGWATANA TRACK MEET at PINE CITY
SATURDAY, MAY 18, 1996 - 9:30 -
warm and sunny, slight breeze
Pine City Girls' Results

4 x 800 m Relay	1. Ali Weidemann 2:34	Long Jump	1. Tera Kazek 13' 6 1/2" 5th
	2. Becky Haavisto 2:46		2. Molly Sloan 13' 10" 3rd
	3. Bree Fischer 2:57		3. Tricia Struss
	4. Amy Johnson <u>2:39</u>		
	10:58.5 (PB) 4th		

100 m Hurdles 1. Tricia Struss 19.9

High Jump

100 m Dash 1. Keri Smetana 14.8

Shot Put 1. Tera Kazek 33' 1" (PB) **3rd**
****** NEW SCHOOL RECORD******
 2. Mary Misel 24' 6 1/2"
 3. Sherre' Krein 21' 11"

4 x 200 m Relay

1600 m Run 1. Becky Haavisto 6:35
 (1:30, 1:36, 1:44, 1:45)
 2. Bree Fischer 6:48
 (1:30, 1:38, 1:46, 1:54)
 3. Jessica Ammann 6:56

Discus 1. Mary Misel 90' 5 1/2" **5th**
 2. Tricia Struss 75' (PB)
 3. Sherre' Krein 62' 1"

4 x 100 m Relay 1. Mary Misel 16.9
 2. Kerri Smetana 14.7
 3. Molly Sloan 14.1
 4. Tera Kazek 13.1
 58.8 **6th**

Triple Jump 1. Jessica Ammann 25' 11"

400 m Dash 1. Rita Auers 1:04.7 **2nd**
 2. Molly Sloan 1:07.1

300 m Hurdles 1. Lena Filler 57.5 (w/fall)
 2. Tricia Struss

Team Results:

800 m Run 1. Ali Weidemann 2:39.2 **3rd**
 (1:15, 1:24)

1. Mora 113
 2. Chisago Lakes 88.5
 3. Princeton 81
 4. Pine City 59
 5. Barnum 48
 6. Moose Lk/WR 47
 7. Hinkley/Finlayson 30
 8. Princeton 25.5
 9. Braham 24
 10. Rush City 10

200 m Dash 1. Rita Auers 29.6 **4th**
 2. Tera Kazek 29.7 **5th**

3200 m Run 1. Amy Johnson 13:25.6 **2nd**
 (1:31, 1:38, 1:41, 1:43, 1:45, 1:45, 1:43, 1:35)

4 x 400 m Relay 1. Rita Auers 1:06.4
 2. Lena Filler 1:09.6
 3. Molly Sloan 1:07.4
 4. Ali Weidemann 1:08.4

4:31.8 (BTY) 4th

**SUB SECTION TRACK MEET at OGILVIE
THURSDAY, MAY 23, 1996 - cool, windy
Pine City Girls' Results**

4 x 800 Relay	1. Alli Weidemann	2:39	Long Jump	1. Tera Kazek	13' 7 1/2"	3rd *
	2. Becky Haavisto	2:53		2. Molly Sloan	14' 0"	2nd *
	3. Bree Fischer	2:56				
	4. Amy Johnson	<u>2:42</u>				
		11:11.0				3rd

110 m Hurdles	1. Tricia Struss	19.5 (PB)	High Jump			
---------------	------------------	-----------	-----------	--	--	--

100 m Dash	1. Tera Kazek	13.6 (PB) 3rd *	Triple Jump			
------------	---------------	------------------------	-------------	--	--	--

4 x 200 m Relay

1600 m Run	1. Becky Haavisto	6:34	Shot Put	1. Tera Kazek	31' 8 1/2"	2nd *
	(1:27, 1:40, 1:45, 1:43)			2. Mary Misel	24'	
	2. Bree Fischer	6:36		3. Sherre' Krein	21' 6"	
	(1:27, 1:41, 1:47, 1:41)					

4 x 100 m Relay	1. Mary Misel	15.0	Discus	1. Mary Misel	93'10" (PB)	3rd *
	2. Kerri Smetana	13.9		2. Tricia Struss	80' 4" (PB)	
	3. Tricia Struss	15.8		3. Sherre' Krein	60' 1"	
	4. Amy Johnson	<u>13.6</u>				
		57.9				6th

400 m Dash	1. Rita Auers	1:05.1	4th *			
	2. Molly Sloan	1:07.7				

Team Results:

1. Mora	181
2. Ogilvie	81
3. Hinckley/Finlayon	76
4. Pine City	65
5. Braham	51
6. Isle/Onamia	35
7. Rush City	30

300 m Hurdles

800 m Run	1. Ali Weidemann	2:35.4 (BTY)	2nd *
	(1:15, 1:20)		

200 m Dash	1. Rita Auers	29.0
	2. Tera Kazek	28.9
	3. Molly Sloan	29.5

3200 m Run	1. Amy Johnson	12:38.0 (PB)	2nd *	*****New School Record*****
	(1:26, 1:34, 1:36, 1:38, 1:38, 1:39, 1:41, 1:26)			

4 x 400 m Relay	1. Rita Auers	1:09.7	
	2. Lena Filler	1:07.6	
	3. Molly Sloan	1:08.8	
	4. Ali Weidemann	<u>1:07.3</u>	
		4:33.4	4th

* will advance to the Section 4-A Track meet at Macalaster College on June 1

**SUB-SECTION TRACK MEET at OGILVIE
THURSDAY, MAY 23, 1996 - 3:30 - cool, windy
Pine City Boys' Results**

110 m Hurdles	1. Nathan Anderson	17.3 (PB)	5th	High Jump	1. Nathan Anderson
	2. Steve Peterson	19.3 (PB)			
100 m Dash	1. Jeff Arnold	11.7	5th	Long Jump	1. Brian Olson
	2. Jayson Jahnz	injured			2. Jayson Jahnz
	3. Brian Olson	11.75	6th		3. Andy Auers
Sprint Medley Relay	1. Jason McSherry	26.7		Triple Jump	1. Jessie Johnson 35' 8 1/4" 5th
	2. Andy Auers	25.2			2. Jason McSherry
	3. Derek Sanders	66.7			
	4. Steve Peterson	<u>2:32.3</u>			
		4:30.6	5th		
1600 m Run	1. J. R. Anderson	4:55.8 (PB)	2nd *	Discus	
	(1:09, 1:12, 1:11, 1:24)				
	2. Bill Runyan	5:15 (PB)	5th	Shot Put	
	1:11, 2:17, 1:23, 1:24)				
4 x 100 m Relay	1. Jeff Arnold	13.0			
	2. Jeff Johnson	10.3			
	3. Brian Olson	11.7			
	4. Andy Auers	<u>11.5</u>			
		46.5	2nd *		
400 m Dash	1. Jeff Arnold	56.7	6th	<u>Team Results:</u>	
	2. Jeff Johnson	55.6	3rd *	1. Mora	152
	3. Derek Sanders	64.2		2. Hinckley/Fin	89
300 m Hurdles	1. Jessie Johnson	49.2	5th	3. Ogilvie	80
	2. Nathan Anderson	50.4		4. Braham	77.3
	3. Steve Peterson	51.1 (PB)		5. Isle/Onamia	62
800 m Run	1. Bill Runyan	2:29.8		6. Pine City	42
	1:10, 1:19)			7. Rush City	24.7
200 m Dash	1. Brian Olson	24.8		8. 4 Seasons	0
	2. Jason McSherry	24.7			
	3. Andy Auers	25.6			
3200 m Run	1. J. R. Anderson	11:10.5 (PB)	5th		
	(1:20, 1:11, 1:21, 1:23, 1:30, 1:32, 1:29, 1:25)				
4 x 400 m Relay	1. Nathan Anderson	59.4			
	2. Jeff Johnson	59.1			
	3. Bill Runyan	63.1			
	4. J. R. Anderson	<u>61.5</u>			
		4:03.1	4th		

*will advance to the Section 4-A Track meet at Macalaster College on June 1.

***PAIN IS
TEMPORARY,***

***PRIDE IS*
*FOREVER!***

**SECTION 4-A TRACK AND FIELD MEET
MACALASTER COLLEGE
JUNE 1, 1996 - 10:00
overcast, cool**

10:00	Shot Put	1. Tera Kazek	31' 2 1/2"	7th
10:15	3200 m Run	1. Amy Johnson	12:33.9 (PB)	9th
		new school record		
		(1:23, 1:33, 1:36, 1:37, 1:42, 2:38, 1:40,1:24)		
11:15	100 m Dash	1. Tera Kazek	13.39 (PB)	
12:30	Discus	1. Mary Misel	84'	
12:30	Long Jump	1. Molly Sloan	15' 3/4" (PB)	
		2. Tera Kazek	15' 4 1/2" (PB)	8th
2:20	1600 m Run	1. J. R. Anderson	4:49.9 (PB)	9th
		(1:07, 1:11, 1:13, 1:18)		

2:40	4 x 100 m Relay	1. Jeff Arnold	12.7	
		2. Jeff Johnson	10.7	
		3. Brian Olson	11.8	
		4. Jayson Jahnz	10.4	
			45.66 (PB)	4th

Girls' Team Results:

1. Breck	93
2. Orono	89
3. Benilde-St. Marg	72
4. Concordia Acdy	63
5. Minnehaha Acdy	51
6. Brooklyn Center	49
7. Mounds Park	36
8. Visitation	32
9. St. Agnes/St. Bern	30
10. Holy Angels	25
11. Blake	24
12. Rush City	17
13. Mayer Lutheran	15
14. De La Salle	14
15. Hinckley/Fin	14
16. MoundWestonka	14
17. Rockford	14
18. St. Croix Luth	14
19. Ogilvie	10
20. Pine City	9
21. Braham	6
22. Isle/Onamia	5
23. CHF	1
24. New Life Acad	1
Mpls Luth	0
Int'l School	0

2:50	400 m Dash	1. Rita Auers	65.2	
3:00	400 m Dash	1. Jeff Johnson	56.3	
3:30	800 m Run	1. Alli Weidemann	2:31.7 (PB)	7th
		(1:11, 1:21)		

Boys' Team Results:

1. Brooklyn Center	139	18. Isle/Onamia	14
2. Holy Angels	101	19. De La Salle	9
3. Waconia	65	20. Hinckley/Finlayson	8
4. Rockford	64	21. Pine City	7
5. Mora	61	22. Blake	5.5
6. Mayer Lutheran	56.5	23. St. Croix Lutheran	3.5
7. Mounds Park	51	24. Rush City	3
8. Benilde-St. Margaret	43	Int'l School	0
9. St. Paul Academy	39	Mpls Lutheran	0
10. Concordia Academy	37	Mound-Westonka	0
11. Ogilvie	29	New Life Academy	0
12. Orono	26	Visitation	0
13. Minnehaha Acdy	24		
14. St. Agnes/St. Bern	23		
15. CHF	21.5		
16. Braham	19		
17. Breck	15		

BOYS' RELAY HISTORY - 1996

	RRC	NSC	CAM	PC	RELAYS	TIGER	CH LKS
4 x 100	J. Johnson A. Auers J. Arnold B. Olson 48.8		D. Sanders J. Johnson J. Jahnz B. Olson 49.9	J. Arnold J. Johnson Jes Johnson B. Olson 48.8	J. Arnold J. Johnson J. Jahnz B. Olson 47.3	Jes Johnson J. Johnson J. Jahnz B. Olson 48.7	Jes Johnson J. Johnson J. Jahnz B. Olson 47.2
S Medley	JR Anderson J. McSherry A. Auers J. Arnold 4:04.9				B. Olson A. Auers J. Arnold JR Anderson 4:01.6	A. Auers J. McSherry Jes Johnson B. Runyan 4:29.5	D. Sanders J. McSherry N. Anderson B. Runyan 4:29.5
4 x 400		JR Anderson B. Runyan J. Hanson J. Arnold 4:03.4	J. Johnson N. Anderson B. Runyan JR Anderson 4:02.1			J. Johnson N. Anderson B. Runyan JR Anderson 4:10.6	JR Anderson J. Johnson Jes Johnson B. Runyan 3:59.7
4 x 200		J. McSherry J. Johnson J. Jahnz B. Olson 1:42.7			J. McSherry A. Auers J. Jahnz B. Olson 1:41.7		
4 x 800		JR Anderson J. Hanson B. Runyan S. Peterson 10:03.9					
800 Medley					J. Johnson J. Jahnz J. McSherry B. Runyan 1:54.5		
Distance Medley					S. Peterson J. Arnold B. Runyan JR Anderson 13:02.7		

	PC	OGIL	RRC	CHENG	SUB-SEC	SEC 4-A
4 x 100	J. Arnold J. Johnson B. Olson J. Jahnz 45.94	J. Arnold J. Johnson B. Olson J. Jahnz 46.2	J. Arnold J. Johnson B. Olson J. Jahnz 45.8	A. Auers J. Johnson B. Olson J. Jahnz 46.4	J. Arnold J. Johnson B. Olson A. Auers 46.5	J. Arnold J. Johnson B. Olson J. Jahnz 45.66
S Medley	J. McSherry A. Auers N. Anderson B. Runyan 4:20.2	J. McSherry A. Auers N. Anderson B. Runyan 4:19.9	J. McSherry A. Auers N. Anderson B. Runyan 4:15.0		J. McSherry A. Auers D. Sanders S. Peterson 4:30.6	
4 x 400	J. Johnson D. Sanders Jes Johnson B. Runyan 4:15.7	S. Peterson J. Johnson Jes Johnson B. Runyan 4:11.4	S. Peterson J. Johnson Jes Johnson B. Runyan 4:10.9	N. Anderson B. Runyan Jes Johnson B. Runyan 4:07.8	N. Anderson J. Johnson B. Runyan JR Anderson 4:03.1	

GIRLS' TOP TEN - from the 90's

EVENT:	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Tera Kazek 13.39 96	Suzie Misel 13.51 92	Susie Misel 13.54 94	E. Delak 13.58 91	Dena Kirchberg 13.63 95	Tera Kazek 13.78 95	Tera Kazek 13.82 94	Dena Kirchberg 13.84 94	Christine Kroeze 13.88 92	Susie Misel 13.9 93
100 M HURDLES	C. Hersbergen 16.54 94	C. Hersbergen 17.83 93	C. Kroeze 18.8 92	Leah Rydberg 19.05 95	Breckan Johnson 19.24 95	Breckan Johnson 19.32 96	Tricia Struss 19.5 96	Leah Rydberg 19.52 93	B. Johnson 19.6 94	T. Struss 19.93 93
200 M DASH	Melissa Odegard 28.22 94	M. Odegard 28.55 93	M. Odegard 28.67 95	Tera Kazek 28.9 96	Rita Auers 28.91 96	Erica Delak 29.1 91	Rita Auers 29.30 94	Rita Auers 29.30 93	N. Koppen 29.3 91	Susie Misel 29.4 94
300 M HURDLES	Lena Filler 93.9 96	C. Hersbergen 54.18 94	C. Hersbergen 55.56 93	Holly Larson 55.6 95	Jaci Werner 55.9 93	Lena Filler 56.05 95	B. Carlson 56.05 91	Breckan Johnson 57.16 96	Jaci Werner 57.2 94	Holly Larsen 57.68 94
400 M DASH	Melissa Odegard 61.4 94	M. Odegard 62.0 95	Rita Auers 64.5 96	Robin Schimming 65.8 92	M. Sloan 67.0 96	R. Schimming 67.7 91	Jessica Odegard 68.0 94	Ali Wiedeman 69.0 94	Danelle Peterson 70.43 92	E. Greden 71.0 93
800 M RUN	Ali Wiedeman 2:31.7 96	Alli Weidemann 2:32.8 95	L. Schwartz 2:41.5 91	Danelle Peterson 2:42 93	Ali Wiedeman 2:43 94	Danelle Peterson 2:45.2 92	Kelly Troolin 2:47 94	Lara Greden 2:51 92	Lara Greden 2:52 94	L. Greden 2:52 93
1600 M RUN	Leah Schwartz 5:49.7 91	Becky Haavisto 6:00.0 94	Amy Johnson 6:03.0 94	Becky Haavisto 6:06 93	Amy Munkberg 6:06.29 93	Amy Johnson 6:11 93	Bree Fischer 6:23 95	Becky Haavisto 6:26.5 96	Amy Johnson 6:27 92	J. Ammann 6:33 96
3200 M RUN	Amy Johnson 12:33.9 96	Amy Munkberg 13:20.12 93	Marie Lovik 15:02.7 92	J. Ammann 15:17.3 96						
LONG JUMP	Erica Delak 16' 6" 91	Erica Delak 16' 1 3/4" 93	Erica Delak 15' 7 3/4" 92	Chantel Hersbergen 15' 5 1/2" 93	Tera Kazek 15' 4 1/2" 96	Chantel Hersbergen 15' 2" 94	Molly Sloan 15' 3/4" 96	Susie Misel 14' 4 1/2" 92	Molly Sloan 14' 3 1/2" 95	T. Kazek 14' 1/2" 95
HIGH JUMP	Bree Fischer 4' 4" 92	S. Weichman 4' 4" 94	Jaci Werner 4' 4" 93	Koppen 4' 0" 91	Holly Larson 3' 8" 94	Jaci Werner 3' 8" 94				
TRIPLE JUMP	Erica Delak 32' 2 1/4" 93	Chantel Hersbergen 31' 9" 94	C. Hersbergen 31' 3" 93	Steph Weichman 30' 2 1/2"	J. Ammann 27' 8" 96	Steph Weichman 27' 6 1/2" 94	Ali Weidaman 26' 10" 95	Jaci Werner 25' 0" 93		
SHOT PUT	Tera Kazek 33' 1" 96	Robin Schimming 30' 9 3/4" 92	Joell Werner 29' 11 1/4" 93	Tera Kazek 28' 10 3/4" 94	Molly Sloan 27' 6" 95	Julie Stumne 27' 4 1/2" 93	Molly Sloan 26' 9" 96	Molly Sloan 26' 3/4" 94	Mary Misel 25' 8" 96	J. Peterson 23' 9" 95
DISCUS	Mary Misel 93' 10" 96	Mary Misel 81' 2 1/2" 95	Tricia Struss 80' 4" 96	Mary Misel 73' 11" 94	Mary Misel 73' 3" 93	Holly Zemek 72' 7" 94	Tricia Struss 65' 3" 91	Sherre Krein 63' 10" 96	Holly Zemek 60' 5" 93	S. Johnson 60' 0" 94

GIRLS' TOP TEN RELAYS - from the 90's

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
<i>4 X 100 M RELAY</i>	C. Koppen, S. Weichman M. Odegard S. Misel 53.05 93	53.41 91	C. Koppen, S. Weichman, M. Odegard, S. Misel 53.86 94	C. Koppen, R. Auers, C. Hersbergen, S. Misel 56.01 94	D. Kirchberg, H. Larson. T. Kazek, J. Odegard 56.01 94	C. Kroeze, S. Weichman, C. Koppen, S. Misel 56.31 92	H. Larson, D. Kirchberg, M. Sloan, T. Kazek 56.53 95	M. Misel K. Smetana M. Sloan T. Kazek 56.5 96	B. Johnson K. Smetana M. Sloan T. Kazek 56.82 96	R. Auers K. Smetana M. Sloan T. Kazek 57.2 96
<i>4 X 200 M RELAY</i>	S. Misel, C. Koppen, S. Weichman, R. Schimming 1:54.12 92	C. Koppen, S. Weichman, M. Odegard, S. Misel 1:54.31 93	1:53.2 91	C. Koppen, S. Weichman, M. Odegard, S. Misel 1:56.6 94	R. Auers A. Weidemann M. Sloan T. Kazek 1:57.6 96	M. Sloan, A. Wiedeman, J. Odegard, M. Odegard 1:57.8 95	D. Kirchberg, A. Wiedeman, J. Odegard, M. Odegard 1:58.56 95	L. Rydberg, D. Kirchberg, A. Wiedeman, M. Odegard 2:01.76 95	J. Nylan, R. Auers, H. Larson, K. Smetana 2:04.6 94	T. Struss J. Ammann M. Sloan T. Kazek 2:09.0 96
<i>4 X 400 M RELAY</i>	J. Peterson, A. Wiedeman, L. Greden, M. Odegard 4:30 95	R. Auers L. Filler M. Sloan A. Weidemann 4:31.8 96	J. Odegard, A. Wiedeman, L. Greden, M. Odegard 4:33 95	M. Sloan, A. Wiedeman, L. Greden, M. Odegard 4:39 95	A. Johnson, L. Greden, D. Peterson, R. Schimming 4:39.26 92	A. Johnson, J. Odegard, L. Greden, E. Greden 4:41 94	E. Greden, D. Peterson, L. Greden, A. Johnson 4:42 93	A. Johnson, J. Odegard, L. Greden, A. Wiedeman 4:43 94	A. Johnson M. Sloan A. Weidemann R. Auers 4:45.6 96	A. Johnson J. Odegard, L. Greden, E. Greden 4:48 94
<i>4 X 800 M RELAY</i>	A. Weidemann B. Haavisto B. Fischer A. Johnson 10:58.5 96	D. Peterson, C. Eberhart, E. Greden, A. Wiedeman 11:07.46 93	11:15.7 91	A. Weidemann L. Filler B. Fischer A. Johnson 11:16.4 96	A. Wiedeman, L. Greden, J. Odegard, B. Haavisto 11:18 94	K. Reitan, B. Fischer L. Greden, B. Haavisto 11:22.46 95	K. Reitan, B. Haavisto, B. Fischer, L. Greden 11:25 94	A. Weidemann J. Ammann B. Haavisto A. Johnson 11:27.2 96	K. Reitan, B. Haavisto, A. Wiedeman, L. Greden 11:36 94	A. Wiedeman L. Greden J. Odegard B. Haavisto 11:37.38 94

BOYS' TOP TEN - from the 90'

EVENT:	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
100 M DASH	Chris Olson 11.31 91	Jeff Arnold 11.49 96	Chris Olson 11.63 90	Brian Olson 11.68 96	Jayson Jahnz 11.7 96	Jeff Johnson 11.88 96	Haug 11.98 90	Brian Olson 12.09 94	Jeff Arnold 12.2 94	J. McSherry 12.2 96
110 M HURDLES	Steve Kunze 16.44 91	Nathan Anderson 17.3 96	Steve Kunze 17.69 90	Jon Baum 18.18 92	Steve Peterson 19.3 96					
200 M DASH	Chris Olson 23.1 91	Chris Olson 23.65 90	Jeff Arnold 24.21 94	Jeff Arnold 24.29 96	Jeff Arnold 24.3 93	Brian Olson 24.3 96	Jayson Jahnz 24.6 96	J. McSherry 24.7 96	Andre Bodle 24.85 94	Haug 24.91 90
300 M HURDLES	Steve Kunze 44.4 91	S. Kunze 45.24 90	Jessie Johnson 47.2 96	Derek Rydberg 48.3 94	Kris Zemek 49.49 94	Nathan Anderson 49.5 96	Josh Shoen 49.79 94	Steve Peterson 51.1 96	Josh Schoen 54.02 93	Raynor 55.3 91
400 M DASH	Jeff Arnold 53.3 96	Jeff Arnold 54.0 93	Doug Rarick 54.61 90	Jeff Johnson 55.6 96	J. R. Anderson 57.1 96	J.R. Anderson 58.9 93	B.J. Patzoldt 60.0 94	B. Bauman 63.1 91	Derek Sanders 63.9 96	C. Hammil 64.0 94
800 M RUN	J.R. Anderson 2:11.94 95	J.R. Anderson 2:13.4 96	J.R. Anderson 2:14 94	Ryan Bell 2:18 94	Bill Runyan 2:26.2 96	J.R. Anderson 2:26.95 93	Joel Kucera 2:27.82 93	Atkin 2:28.4 91	Bill Runyan 2:29 95	N. Johnson 2:30 95
1600 M RUN	Jon Bloom 4:30.5 91	J.R. Anderson 4:49.9 96	Ryan Bell 5:01 94	Joel Kucera 5:08 95	Joel Kucera 5:11.6 94	Bill Runyan 5:15 96	Joel Kucera 5:21 93	Nathan Johnson 5:36 95	J.R. Anderson 5:42 93	Reid Ovick 5:55 93
3200 M RUN	Jon Bloom 9:52 91	Jon Bloom 10:18.69 90	J.R. Anderson 11:10.7 96	Ryan Bell 11:17 94	Joel Kucera 11:30 93	Ryan Bell 11:34 93	Joel Kucera 11:39 94	Reid Ovick 12:45 93		
LONG JUMP	Chris Olson 19' 5" 91	Caleb Christianson 19' 1" 92	Chris Olson 18' 9" 90	Brian Olson 18' 5 1/2" 96	Jayson Jahnz 18' 5" 96	Jeff Arnold 18' 1" 96	Andy Auers 17' 8 1/2" 96	Kris Zemek 17' 4" 94	Jeff Johnson 17' 3 1/2" 96	Jess Johnson 17' 1 1/2" 96
HIGH JUMP	Steve Kunze 5" 10" 91	Darrin Freetly 5' 4 1/2" 90	D. Luginbill 5' 4" 91	Nathan Anderson 5' 3" 96	John Hanson 5' 0" 96	Patrick Stephan 5' 0" 96	Jim Bungert 4' 4" 94			
TRIPLE JUMP	Darrin Freetly 38' 9" 90	Jessie Johnson 38' 4 1/2" 96	Caleb Christianson 38' 3 1/2" 92	Brandon Stephan 37' 4" 92	Jason McSherry 36' 3 1/2" 96	Jeff Johnson 35' 3" 96	Jason McSherry 34' 10" 95	Andre Bodle 34' 9 3/4" 93	Kris Zemek 34' 8 1/2" 94	
SHOT PUT	Scott Isaacson 42' 0" 90	Matt Anderson 34' 9" 93	Leibel 32' 11" 91	Matt Anderson 32' 6" 92	Shane Utecht 32' 0" 93	Josh Schoen 31' 10" 92	M. Anderson 31' 1" 91	Jeff Arnold 29' 4" 96	Derek Sanders 27' 1 1/2" 96	J. Schoen 27' 0" 93
DISCUS	Scott Isaacson 132' 9" 90	Matt Anderson 110' 10" 93	Matt Anderson 105' 6 1/2" 92	Josh Schoen 97' 3" 92	Dan Fedder 95' 0" 94	Leibel 92' 7" 91	Jessie Johnson 88' 3" 96	F. Partida 86' 2" 91	Josh Schoen 83' 3" 93	Troy Finger 75' 0" 92
POLE VAULT	Patrick Stephan 8' 6" 96	Jim Soderbeck 7' 0" 93	Raynor 7' 0" 91	Nate Thieman 6' 0" 96						

BOYS' TOP TEN RELAYS - from the 90's

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	7TH	8TH	9TH	10TH
<i>4 x 100 M RELAY</i>	J. Arnold J. Johnson B. Olson J. Jahnz 45.66 96	A. Auers J. Johnson B. Olson J. Jahnz 46.4 96	J. Arnold J. Johnson B. Olson A. Auers 46.5 96	Jes Johnson J. Johnson J. Jahnz B. Olson 47.2 96	C. Olson T. Haug Ableman ? 47.4 91	B. Olson D. Fedder, D. Rydberg, J. Arnold 48.65 94		B. Stephan, J. Soderbeck, B. Bauman, C. Christianson 49.2 92	D. Sanders J. Johnson J. Jahnz B. Olson 49.9 96	J. Petersor D. Fedder, S. Utecht, J. Arnold 50.46 93
<i>MEDLEY RELAY</i>	3:45.28 90	3:57.6 91	B. Olson A. Auers J. Arnold JR Anderson 4:01.6 96	J. McSherry A. Auers J. Arnold JR Anderson 4:04.9 96	A. Bodle, BJ Patzoldt, J. Arnold, R. Bell 4:05 93	J. Schoen, A. Bodle, J. Kucera, R. Bell 4:06 94	J. Schoen, J. Arnold A. Bodle, R. Bell 4:09 94	J. Kucera, J. McSherry, B. Runyan, J. R. Anderson 4:11 95	A. Bodle J. Arnold, J. Schoen, R. Bell 4:11 94	J. McSherr A. Auers N. Anders B. Runyan 4:15.0 96
<i>4 X 400 M RELAY</i>	3:51.14 90	A. Bodle, J. Schoen, JR Anderson, R. Bell 3:55.37 94	JR Anderson J. Johnson Jes Johnson B. Runyan 3:59.7 96	J. Arnold, J. Peterson, J. Schoen, BJ Patzoldt 4:00.34 93	A. Bodle, J. Schoen, J. Kucera, R. Bell 4:02 94	J. Johnson N. Anderson B. Runyan JR Anderson 4:02.1 96	JR Anderson B. Runyan J. Hanson J. Arnold 4:03.4 96	J. Kucera, J. McSherry, B. Runyan, JR Anderson 4:04 95	N. Anderson B. Runyan Jes Johnson J. Johnson 4:07.8 96	J. Schoen, D. Rydberg, JR Anderson A. Bodle 4:11 94

PINE CITY GIRLS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>	<u>Place</u>
100 m dash	12.79	Karla Nelson	1983	Hinckley
200 m dash	27.08	Lori Haugen	1982	Pine City
400 m dash	1:01.4	Melissa Odegard	1994	White Bear Lk
800 m run	2:30.8	Dawn Butler	1981	Pine City
1600 m run	5:40.0	Becky Eberhart	1987	Virginia
3200 m run	12:33.9	Amy Johnson	1996	Macalaster College
100 m hurdles	16.54	Chantel Hersbergen	1994	White Bear Lk
200 m hurdles	31.6	Janet Roubinek	1984	Pine City
300 m hurdles	50.6	Janet Roubinek	1986	Hinckley
4 x 100 m relay	53.05	Chelsey Koppen Stephanie Weichman Melissa Odegard Suzie Misel	1993	White Bear Lk
4 x 200 m relay	1:50.8	Karla Nelsen Kris Lindstrom Lara Lindstrom Lori Haugen	1983	St. Francis
4 x 400 m relay	4:17.59	Allison Rosati Dana Sherman Dawn Butler Pam Carlson	1984	Grand Rapids
4 x 800 m relay	10:40.3	Lara Lindstrom Brenda Wanous Diana Gordon Kathy Schlemmer	1984	Pine City
High Jump	4' 9"	Brenda Wanous	1985	Cambridge
Long Jump	16' 7"	Erica Delak	1991	Cambridge
Triple Jump	32' 3"	Erica Delak	1993	Foley
Shot Put	33' 1"	Tera Kazek	1996	Chengwatana
Discus	107' 2"	Gail Roubinek	1987	Pine City

PINE CITY BOYS' TRACK AND FIELD RECORDS

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>Year</u>
100 m dash	11.12	Chris Olson	1991
200 m dash	22.6	Chris Harrison	1979
400 m dash	52.3	Marty Sanders	1978
800 m run	1:56.7	Tom Nelson	1980
1600 m run	4:30.5	Jon Bloom	1991
3200 m run	9:52.0	Jon Bloom	1991
110 m Hurdles	15.8	Tom Nelson	1980
300 m Hurdles	42.5	Allen Reinke	1988
4 x 100 m relay	45.4	Marty Sanders Alby Pangerl Mike Kurzhals Chris Harrison	1978
Medley Relay	3:36.8	Chris Harrison Marty Sanders Tom Gahler Tom Nelson	1979
4 x 400 m relay	3:33.5	Dan Cummings Jim Kingen Troy Rohweder Tom Hatfield	1986
High Jump	6' 8 1/4"	Tom Nelson	1980
Long Jump	21' 8"	Jerry Hoefler	1948
Triple Jump	38' 9"	Darrin Freetly	1990
Pole Vault	13' 8 1/2"	Chuck Novak	1972
Shot Put	46' 1 3/4"	Dave Shuey	1978
Discus	142' 11"	Bill Sauter	1971

1996 Track and Field Awards

MVP - Running Events	Amy Johnson	Jeff Arnold	
MVP - Field Events	Mary Misel	Jessie Johnson	
MVP - Track and Field Events	Tera Kazek	Brian Olson	
Most Improved Athlete	Molly Sloan	Nathan Anderson	
Leadership Award		Alli Weidemann	
Sportsmanship Award		Kerri Smetana	
Rookie of the Year		Jeff Johnson	
New School Record	3200 m Run	Amy Johnson	12:33.9
New School Record	Shot Put	Tera Kazek	33' 1"

1996 Track Letterwinners:

Tera Kazek	Brian Olson
Alli Weidemann	Jeff Arnold
Amy Johnson	Jeff Johnson
Molly Sloan	Jayson Jahnz
Rita Auers	J.R. Anderson
Mary Misel	Nathan Anderson
Lena Filler	Jessie Johnson
Bree Fischer	Andy Auers
Breckan Johnson	Bill Runyan
Tricia Struss	Steve Peterson
Becky Haavisto	Jason McSherry
Kerri Smetana	Sherre' Krein

GIRLS' "BESTS" OF 1996

	<u>55 m</u>	<u>55 m H</u>	<u>100 m</u>	<u>200 m</u>	<u>400 m</u>	<u>800 m</u>	<u>1600 m</u>	<u>3200 m</u>
Rita Auers (12)				30.26(95) 28.91(Ch Lks)	64.5 (RRC)			
Liz Bourke (12)								
Amy Johnson (12)					1:11 sp	2:39sp(Chen)	6:19sp (Rel)	12:33.9(Sec)
Sherre' Krein (12)			20.08(PC)					
Mary Misel (12)			15.21 (95) 13.84sp(PC)	36.9 sp(Rel)				
Kerri Smetana (12)			14.41 (95) 14.6 (Ch Lks)					
Tricia Struss (12)								
Bree Fischer (11)					1:16sp	2:56sp(Sub)	6:23 (95) 6:34.8 (RC)	
Alli Weidemann (11)				29.3sp(PC)	67.3sp(Sub)	2:32.8 (95) 2:31.7(Sec)		
Becky Haavisto (10)						2:46sp (Chen)	6:25 (95) 6:26.5 (Ogil)	
Brekan Johnson (10)		10.62	14.3sp	33.84 (95)				
Tera Kazek (10)	7.9 (95) 8.07 (NSC)		13.78 (95) 13.39 (Sec)	28.9 (Sub)				
Molly Sloan (10)			12.34sp	29.6(Sub)	67.0 (RRC)			
Jessica Ammann (8)			14.99sp	33.7sp		3:06 (NSC)	6:44 (95) 6:33 (Cam)	15:17.3(RC)
Lena Filler (8)		11.41			67.6 (Sub)	2:52.2sp		
Nikki Carlson (7)							6:57 (NSC)	

GIRLS' RELAY HISTORY - 1996

	RRC	NSC	Cam	PineC	Relays	Tiger	
4 x 100	B. Johnson J. Ammann A. Weidemann T. Kazek 59.37		B. Johnson K. Smetana M. Sloan T. Kazek 58.04	M. Misel B. Johnson M. Sloan T. Kazek 60.8	R. Auers K. Smetana M. Sloan T. Kazek 57.2	B. Johnson K. Smetana M. Sloan T. Kazek 58.7	
4 x 200		T. Struss J. Ammann M. Sloan T. Kazek 2:09.0					
4 x 400		A. Johnson M. Sloan A. Weidemann R. Auers 4:45.6	R. Auers L. Filler M. Sloan A. Weidemann 4:42.4			R. Auers L. Filler M. Sloan A. Weidemann 4:50.3	
4 x 800	A. Weidemann L. Filler B. Fischer J. Ammann 11:59.3	A. Weidemann L. Filler B. Haavisto A. Johnson 11:37.2	A. Weidemann J. Ammann B. Fischer A. Johnson 11:36.3	A. Weidemann J. Ammann B. Haavisto A. Johnson 11:47.2	A. Weidemann B. Haavisto B. Fischer A. Johnson 11:44.2	A. Weidemann B. Fischer B. Haavisto A. Johnson 11:32.7	
800 medley (100, 100, 200, 400)					B. Johnson K. Smetana T. Kazek R. Auers 2:09.6		
1600 medley (200, 200, 400, 800)					M. Misel A. Weidemann M. Sloan J. Ammann 5:23.6		
Distance Medley (800, 400, 1200, 1600)					A. Weidemann B. Fischer B. Haavisto A. Johnson 15:06.3		

	Ch Lks	PC	Ogilvie	RRC	Cheng	Sub-Sec
4 x 100	B. Johnson K. Smetana M. Sloan T. Kazek 57.37	B. Johnson K. Smetana M. Sloan T. Kazek 56.82	M. Misel K. Smetana M. Sloan T. Kazek 57.3	M. Misel K. Smetana M. Sloan T. Kazek 56.5	M. Misel K. Smetana M. Sloan T. Kazek 58.8	M. Misel K. Smetana T. Struss A. Johnson 57.9
4 x 200		R. Auers A. Weidemann M. Sloan T. Kazek 1:58.1	R. Auers A. Weidemann M. Sloan T. Kazek 1:57.6			
4 x 400	R. Auers B. Fischer M. Sloan A. Weidemann 4:46.4			R. Auers L. Filler M. Sloan A. Weidemann 4:38.5	R. Auers L. Filler M. Sloan A. Weidemann 4:31.8	R. Auers L. Filler M. Sloan A. Weidemann 4:33.4
4 x 800	A. Weidemann B. Haavisto B. Fischer A. Johnson 11:43.0	A. Weidemann J. Ammann B. Haavisto A. Johnson 11:27.2	A. Weidemann L. Filler B. Fischer A. Johnson 11:16.4	A. Weidemann B. Haavisto B. Fischer A. Johnson 11:22.6	A. Weidemann B. Haavisto B. Fischer A. Johnson 10:58.5	A. Weidemann B. Haavisto B. Fischer A. Johnson 11:11.0

BOYS' RELAY HISTORY - 1996

	RRC	NSC	CAM	PC	RELAYS	TIGER	CH LKS	
4 x 100	J. Johnson A. Auers J. Arnold B. Olson 48.8		D. Sanders J. Johnson J. Jahnz B. Olson 49.9	J. Arnold J. Johnson Jes Johnson B. Olson 48.8	J. Arnold J. Johnson J. Jahnz B. Olson 47.3	Jes Johnson J. Johnson J. Jahnz B. Olson 48.7	Jes Johnson J. Johnson J. Jahnz B. Olson 47.2	
S Medley	JR Anderson J. McSherry A. Auers J. Arnold 4:04.9				B. Olson A. Auers J. Arnold JR Anderson 4:01.6	A. Auers J. McSherry Jes Johnson B. Runyan 4:29.5	D. Sanders J. McSherry N. Anderson B. Runyan 4:29.5	
4 x 400		JR Anderson B. Runyan J. Hanson J. Arnold 4:03.4	J. Johnson N. Anderson B. Runyan JR Anderson 4:02.1			J. Johnson N. Anderson B. Runyan JR Anderson 4:10.6	JR Anderson J. Johnson Jes Johnson B. Runyan 3:59.7	
4 x 200		J. McSherry J. Johnson J. Jahnz B. Olson 1:42.7			J. McSherry A. Auers J. Jahnz B. Olson 1:41.7			
4 x 800		JR Anderson J. Hanson B. Runyan S. Peterson 10:03.9						
800 Medley					J. Johnson J. Jahnz J. McSherry B. Runyan 1:54.5			
Distance Medley					S. Peterson J. Arnold B. Runyan JR Anderson 13:02.7			

	PC	OGIL	RRC	CHENG	SUB-SEC	SEC 4-A
4 x 100	J. Arnold J. Johnson B. Olson J. Jahnz 45.94	J. Arnold J. Johnson B. Olson J. Jahnz 46.2	J. Arnold J. Johnson B. Olson J. Jahnz 45.8	A. Auers J. Johnson B. Olson J. Jahnz 46.4	J. Arnold J. Johnson B. Olson A. Auers 46.5	J. Arnold J. Johnson B. Olson J. Jahnz 45.66
S Medley	J. McSherry A. Auers N. Anderson B. Runyan 4:20.2	J. McSherry A. Auers N. Anderson B. Runyan 4:19.9	J. McSherry A. Auers N. Anderson B. Runyan 4:15.0		J. McSherry A. Auers D. Sanders S. Peterson 4:30.6	
4 x 400	J. Johnson D. Sanders Jes Johnson B. Runyan 4:15.7	S. Peterson J. Johnson Jes Johnson B. Runyan 4:11.4	S. Peterson J. Johnson Jes Johnson B. Runyan 4:10.9	N. Anderson B. Runyan Jes Johnson B. Runyan 4:07.8	N. Anderson J. Johnson B. Runyan JR Anderson 4:03.1	